

MLK TOURNAMENT RULES

40 minute games.

Please vacate field immediately after game to allow next game to begin.

8 v 8 style of play

- 7 field players and 1 goalie
 - 5 players on offensive side, two pairs stay back
 - Each team can call 1 – 1 minute times out (not in last 5 minutes of game if score is within 5 goals)
- * clock will be set at 20 minutes, games will begin at 18 min or when teams are ready (whichever comes first).