



Basic DC 'D-Zone' Face-off #2 – “Strong-Hand Center”

- 1) The Center will win the draw to his strong hand – forcing the puck to the wall. He will then tie his guy up. (Use a Righty on the ~~Left~~ side; Use a Lefty on the ~~Right~~ side).
- 2) Forward on the wall, will collect the puck and begin moving up-ice. If he has room – carry the puck out of the zone. IF NOT, make in-direct pass to the incoming Forward off the weak-side.
- 3) Inside D-man, tie your guy up.
- 4) Inside Forward, should be positioned in tight directly next to the defenseman. (cheat inside the circle as much as the official will allow). Upon, winning the draw to the boards – this forward will streak behind the opposing center and be available for an in-direct pass off the boards.
- 5) Far-side forward, will streak towards his point and then cut between both opposing defenseman to support the puck and/or puck carrier.
- 6) If executed correctly – this should lead to an odd-man rush out of the zone.