

# Faribault Youth Baseball Association

## Coach Handbook

Welcome Coach,

Thank you for being a volunteer baseball coach for the Faribault Youth Baseball Association. Your role as a coach is vital as players at this level are learning the game, improving skills and most importantly playing to have fun.

Mission: The Faribault Youth Baseball Association (FYBA) is committed to enriching the lives of our youth and fostering a love of the game of baseball. FYBA will:

- provide a healthy environment for the youth of our community
- develop character, discipline and promote teamwork
- strive to provide quality instruction in the development of baseball skills, sportsmanship, competitiveness and fair play
- advocate citizenship and community pride.

FYBA will adhere to the general rules established by the Metro Baseball League (MBL), which also follows the guidelines set forth by the National Federation of State High School Associations.

- Metro Baseball League: [www.mbl.bz](http://www.mbl.bz)
- National Federation of State High School Associations: [www.mfhs.org](http://www.mfhs.org)

### **Coaches Code of Conduct**

As a FYBA coach I will:

- maintain disciplinary control of their players at all times that they are under their jurisdiction.
- address the Umpire(s) in a respectful manner and accept all judgment calls as final.
- abide by all Minnesota Baseball League rules and regulations
- set a definite example of sportsmanlike conduct for the players to follow regarding umpires, opponents and spectators.
- conduct themselves toward opposing players as they would toward their own players.
- maintain control of the spectators without denying the spectators their rights to sportsmanlike conduct such as cheering, shouted comments, etc., as long as these actions

do not become derogatory, abusive or defamatory in nature.

- make certain that their players observe all the rules of good sportsmanship at all times avoiding bickering with umpires, unsportsmanlike “riding” of opponents, and any unnecessary rough play that is likely to cause injury.
- No manager, coach, or any other adult officially connected with a team shall ask or suggest, directly or indirectly, to a player of another team in a division (league) covering that age group, that they are desirous of having such player play for their team (recruiting). Recruiting will not be tolerated.

**Penalty:**

Any misconduct penalty of players, coaches and/or spectators may vary from a minimum of a one game suspension to permanent restriction for that season depending on the FYBA board’s findings.

**Problem Resolution Guidelines:**

When a player or parent has a question regarding the general policies or procedures of FYBA, they should address their questions to the coach of their team. If the question or concern cannot be resolved to the satisfaction of both parties, the coach will refer the player or parent to the Player Advocate, David Pribbenow 507-334-2064.

**Basic Rules for Coaches:**

- Be on time and prepared
- Give praise and be constructive in criticism to players
- Never leave the fields until all of the kids have been picked up for all practices and games.

**Post Evaluations:**

The FYBA will select the coaches for each team based on submitted applications. There will be at least two coaches per team; one head coach and at least one assistant coach. The Travel Director will contact the head coach via email and provide their team roster.

To apply: [www.faribaultbaseball.com](http://www.faribaultbaseball.com)>Coaches Corner> Coaches Application

**Roster Selections:**

The FYBA board will determine the level (“A”, “AA”, or “AAA”) of the teams in each age bracket and final team selection based on the results of the spring tryouts.

**Register Your Team on the Metro Baseball Site:**

Coaches need to go to the MBL website which is located at [www.mbl.bz](http://www.mbl.bz) to register your team. If you have never registered, you will need to click on the “New Registration” button and it will open an information window that lets you complete this process. Follow the instruction on the site. This must be completed as soon as possible.

**Equipment and Practice Schedule:**

Coaches will receive equipment at the spring coaches meeting. If you have any questions regarding the items issued to your team, or what is available at the field, please contact the Equipment Director. [www.faribaultbaseball.com](http://www.faribaultbaseball.com) > Contacts > Equipment Director

**FYBA Coaches/Players Clinic: Dates TBA**

- Coaches Clinic: The Major and Minor League Directors will run a coaches clinic with Minor League coaches. All coaches are expected to attend this clinic that will be held at Shattuck Dome or Bell Field.

**Team Parents/Player Meeting:**

FYBA requires that all head coaches host parent/player meeting the night of the first practice or home game. A parent/player meeting is a great time to introduce yourself and set expectations for the season.

**Practices:**

**Communication:** FYBA requires each team to practice once a week throughout the entire season. The practice days and times are determined by each coaching team. The head coach will communicate their practice and game schedule on a weekly basis with their players via email.

**Field Assignments: Games & Practices**

Age Group & Bracket	Field & Diamond
11U	
12U	
13U	

14/15U A	
14U AA	
15U AA	

**Routines:**

All Teams should develop a 10-15 minute warm up routine that includes; a light run, stretching, progression warm warm up, fielding drills, and batting practice. With some consistency they will learn to perform these same steps before each game so that you can work with individual players instead of being in charge of running group drills.

**Inclement Weather:**

In case of inclement weather or an unplayable field the home team’s coach is responsible for determining whether the game will be started. In this event the home team coach must notify the other coach as soon as the decision is made; no later than 3:45 pm. The home team’s coach will report the weather cancelation via the MBL website ([www.mbl.bz](http://www.mbl.bz)) and then reschedule with the opposing coach.

**Tournaments:**

FYBA will pay for 1 state qualifying tournament for each Metro League team. Contact our Tournament Director to register your team and pay the fees. If your team would like to play in additional tournaments your team is responsible for the funds and registering on the Metro Baseball Tournament (MBT) website.

**Background Check:**

FYBA requires all board members, coaches, assistant coaches and volunteers to sign a consent form for a formal BCA Background Check for a minimum of the duration of the applicant’s service to the FYBA for that year. The background check will be required of all personnel named above prior to assuming his/her duties for the current season. The FYBA will not permit any person to participate in any manner, whose background reveals a conviction or guilty plea for any crime involving or against a minor. If FYBA becomes aware of information, by any means whatsoever, that any personnel named above has been convicted of or plead guilty to any crime involving or against a minor the FYBA will be required to confirm the accuracy of the information. Upon confirmation of a conviction for, or guilty plea to, a crime against or involving a minor, FYBA shall not permit the individual to participate in any manner.

## **Metro Baseball League Meetings:**

**MBL Scheduling Meeting: The MBL Scheduling Meeting will be held mid-April, at Eastview High School. The Travel Director will communicate the details of this meeting at the FYBA coaches meeting.**

One representative from each team is required (FYBA recommends at least one or two other representatives from each team attend to help with scheduling which could be coaches, team managers or parents).

Please check your team age group school schedules for band concerts, field trips, class trips, and any and all potential conflicts so you can schedule around them at the MBL Scheduling Meeting.

Check in at least 15 minutes before the start of your scheduling time to receive your schedule, information, and instructions. Check the MBL.bz website for specific times for age and level.

In preparation for these meetings, the FYBA will provide you with a monthly calendar which will show you what days the fields you are using are available, and you will then need to also monitor the dates that you have school related functions and other functions that will not allow you to hold a game that day.

The MBL will have designated areas for your age group/classification/region to which your team was assigned. The rest of the teams in your region will be sitting by you and one-by-one you will sit with the opposing communities and schedule your home and/or away games. You must mark these on the calendars we give you as well as on the MBL provided forms so that we can then pass the calendar on to the next group who is scheduling and will be sharing the designated Faribault fields with your team. Once all of the games in your region have been completed they will have you make copies (on-site) PLEASE NOTE: Upload your game schedule on the FYBA website as soon as possible.

## **MBL MANDATORY Coaches Meeting:**

The MBL will hold meetings that will address many of the inseason issues you may face, and they will provide you with a 3-Ring binder of information for your team that includes contact info for each of the teams in your league. **One representative from each team** will be required to attend one of the three scheduled meetings: