



Summer 3 on 3 Official Rules

Format

- All players must be USA hockey registered and be rostered with a team
- Everyone on bench MUST have USAH membership, pass background check and complete Safe Sport module
- At least one USA Hockey registered and team rostered adult coach on the bench at all times.
- All players must have full ice hockey equipment
- Scores and Standings will NOT be kept
- On the ice, each team will play with 3 skaters and a goalie, unless otherwise agreed upon.
- Games played length of ice. Nets placed on goal line and inside center ice circle, approx 10' from end boards
- All time slots will begin with a 2 minute warm-up.
- All games are 2, 17 minute periods with one minute intermission.
- NO referees. One registered coach from each team will be on ice, responsible for overall game management.
- Face-offs are only held at the beginning of a game/period, or as the on ice coaches deems necessary.
- Line changes will be on the fly unless the whistle is blown for whatever reason.
- Teams will change sides after period stoppage. Teams will also switch positions on the bench.
- If a shot on goal results in the goalie covering the puck, whistle is blown then the puck is given to the defensive team and play is resumed. Offensive team must reset to their "half" of the ice then attack when play begins.
- If a goal is scored, on ice coach signals goal and blows whistle. Offensive team resets to their "half" of the ice and can attack once play is resumed.
- No CHECKING and no SLAP SHOTS for all divisions.
- All penalties result in a penalty shot. Major penalties also incur ejection from game. All major penalties will be reviewed for suspension/expulsion from program without refund.
- Players must move to side boards during penalty shot.
- Once the penalty shot has been taken, whether a goal is scored or not, the defensive team takes possession. Offensive team resets to their half of the ice and can attack once defensive team begins play.
- No overtime or timeouts
- In the case where both teams have the same color jersey, the Home team gets their choice. (Pack a second jersey of a different color, even if it's mismatched)

Set Up/Transition/Break Down – *Be prepared so the last groups stay on time!*

- First games - 1 coach from each of the 4 teams is responsible for putting out goals, boards & divider net at center ice.
- Zamboni break - On ice coaches from the 2 games ending are responsible for moving goals and corner boards for ice resurface.
- Last games - 1 coach from each of the 4 teams is responsible for putting away nets and boards.

