

## Fire Juniors Elite ID Camp (Girls Residential)

*'Leading the Evolution of Youth Soccer In the United States'*

Wednesday, August 2 to Saturday, August 5, 2017  
Lake Forest Academy, Lake Forest, IL



### Frequently Asked Questions (FAQ)

#### **What is the Elite ID Camp?**

The Elite ID Camp is part of a wider drive to raise standards of female soccer and identify 'emerging talent' in Fire Juniors clubs in Illinois, Indiana, Michigan, Kentucky, Louisiana and Florida. Devised by Fire Juniors coaches for Fire Juniors players, the program aims to identify elite female performers, place them in a professional elite training environment, and assess their potential before deciding on what age groups can compete in a high-profile showcase tournament events. The program has 3 stages:

Stage 1 Player Identification: Chicago Fire technical staff at Toyota Park will work closely with Fire Juniors Directors of Coaching to identify elite female soccer players born in the following birth years:

- 2004's (born on/after 1/1/04 through 12/31/2004)
- 2005's (born on/after 1/1/05 through 12/31/2005)
- 2006's (born on/after 1/1/06 through 12/31/2006)

Stage 2 Elite ID Camp (Girls Residential): Fire Juniors players will be invited to attend a 4-day residential training camp at Lake Forest Academy from Wednesday, August 2 to Saturday, August 5, 2017. Players will participate in a series of games and practice sessions led by Fire technical staff. Off the field, players will attend mental preparation and hydration/nutrition workshops.

Stage 3 Elite Player Selection: Technical staff will use camp to identify emerging talent in each age group or across two age groups. 16-18 players will be selected to play for Fire Juniors Elite SC at a signature tournament event and/or an international tour. At time of print the teams are in application to participate in the Disney Juniors Showcase in Orlando, FL (Nov 24-26, 2017).

#### **Who can participate in the Elite ID Camp?**

The ID camp is invite only. Directors of Coaching and technical staff from each Fire Juniors club nominate the top female players born in 2004, 2005, & 2006. Official invites will issued to these players.

#### **When and where will the Elite ID Camp take place?**

The camp will start with afternoon check-in on Wednesday, August 2 and finish at noon on Wednesday, August 5. The camp will take place at Lake Forest Academy, 1500 West Kennedy Road, Lake Forest, IL 60045. You can visit the school website at [www.lfanet.org](http://www.lfanet.org) for more campus information.

#### **What is the cost of the event?**

\$459 per player. Some Fire Juniors clubs may slightly increase the price to cover travel expenses for their club representative (coach/parent volunteer) that accompany the player from your club to Elite ID Camp.

#### **How do I get to Lake Forest Academy?**

Directions to the campus can be found at [www.lfanet.org/about/map\\_directions](http://www.lfanet.org/about/map_directions)

#### **Are parents permitted at the Elite ID Camp?**

Parents will be expected at the opening and closing addresses. Otherwise Lake Forest Academy has guidelines regarding parents on campus. Parents are welcome during check-in and check-out but will need to obtain a visitors pass outside those hours. Parents are not permitted in dorms or classroom sessions at any time but the pass will allow parents to observe games and practices in the field area. Lake Forest

Academy provide a list of recommended hotels. The Hilton Garden Suites hotel is the nearest and most cost effective, about 3 minutes from campus.

For more information visit: <http://www.lfanet.org/admissions/visit/guide>

### **What will happen upon arrival?**

At check-in players will be required to submit a copy of their birth certificate, a copy of their family health insurance card and a signed copy of the ID camp waiver if not submitted online already. Players will be issued with a camp t-shirt and their room keys. Lake Forest Academy staff will be available to conduct a campus tour of sports facilities in the evening. Players will be expected at the opening address at 3pm and will have individual team meetings at 8pm. The first camp meal will be dinner at 6.30pm on Sunday evening.

### **What can players wear?**

During free time players are permitted to wear casual gear. Players will be issued a camp t-shirt upon arrival to wear during classroom sessions. Players will be expected to wear their Fire Juniors game day and practice uniform during practical sessions. A full suggested packing list will accompany this document.

### **What meals will be provided?**

All meals will be offered in the dining hall on campus and includes:

Breakfast on Thursday, Friday, & Saturday from 7.30am to 8.00am

Lunch on Thursday & Friday from 11.30am to 12.30pm

Dinner on Wednesday, Thursday, & Friday at varying times (please refer to schedule for daily times)

There are no stores at, or within walking distance of, Lake Forest Academy. Players can bring food for snack. For more information on dining visit: [http://www.lfanet.org/student\\_life/dining](http://www.lfanet.org/student_life/dining)

### **What is the campus lodging?**

Players will stay approximately 4 to a room on the campus of Lake Forest Academy. Players must adhere to specific lights out and wake-up calls, and will be supervised in dorms by female camp counsellors.

For more information on lodging visit: [http://www.lfanet.org/student\\_life/residential\\_life](http://www.lfanet.org/student_life/residential_life)

### **Can I make room requests?**

Rooming requests will try to be honoured where possible but are not guaranteed. If you require a room request please contact [firejuniors@chicago-fire.com](mailto:firejuniors@chicago-fire.com) with the player name and club name of all four players 30 days prior to the start of camp.

### **What staff will be attending camp?**

Fire Juniors coaching staff will supervise the on-field activities and Residential Assistants will supervise off-field movements.

### **What steps are taking to ensure Health and Safety during Elite ID Camp?**

Health and safety is a key component of 'Elite ID Camp Risk Assessment' we are conducting in partnership with Lake Forest Academy. Some areas of consideration include:

- 1) Staffing: All staff have undergone a complete background check which is required by Lake Forest Academy and to coach at their own Fire Juniors club.
- 2) Supervision: Players will be supervised by coaching staff on the field and a designated Residential Assistant off the field.
- 3) Waiver: Each player and guardian will be expected to sign a Medical Treatment Authority, Release and Liability Waiver prior to arrival. This waiver includes: No Remuneration or Insurance Coverage: Medical Treatment Authorization: Authorization for Release of Protected Health Information: Assumption of Risks: Release & Waiver: Indemnification: Publicity Consent: Severability & Venue: and Acknowledgment of Rules & Standards of Conduct.
- 4) Trainer & Medical Staff: A trainer will be available for players during practical sessions and First Aid staff will be on call during hours off the field.
- 5) Venue Assessment: Lake Forest Academy is a secure and safe venue that falls in line with private boarding school criteria for overnight stay. The school houses students during fall, winter and spring

semesters, and residential events run by groups such as US Soccer and Chicago Fire during the summer months.

- 6) Down time: Players will be permitted to use the school sports facilities (running track, fitness suite etc...) during designated 'free time', however will not be allowed use the facility swimming pool.
- 7) Nutrition & Hydration: Lake Forest Academy will be issued with specific dietary requirement for meals aimed at refuelling players for high level performance.

#### **What are the next steps after the Elite ID Camp?**

Technical staff will evaluate players during the 4-day Camp, and using recommendations from club staff will select a number of players per age group to participate in U12-U14 Fire Juniors elite teams. Parents and players will be notified approximately 30 days after the event.

#### **How can my child get feedback after the Elite ID camp?**

It is a Fire Juniors core value to encourage players (rather than parents) to have a dialogue with their coach. This should occur with players as young as 11 or 12 years old. Players attending the ID Camp should demand more from coaching staff and regularly ask "how did I perform?", "how can I improve a particular technique?" or "what do I need to do to take my game to the next level?".

#### **What happens if my child doesn't make the team?**

An informed coach knows that players develop at different rates and this year your son/daughter may not meet our evaluation criteria. The important thing is he/she is in the correct environment and his/her Fire Juniors club will allow him/her to grow and develop. As a Fire Juniors player, your son/daughter will have the opportunity to showcase his/her technical ability at the regional tournaments in the 2017/18 season, the Valspar Invitational in 2017 or future 'ID Camps' co-ordinated by Chicago Fire Soccer Club.

A FULL ID CAMP SCHEDULE will follow shortly.