

1st ANNUAL

CENTRAL IOWA FREESTYLE BRAWL

April 26, 2015



Ballard High School



Sponsored by:

BALLARD WRESTLING CLUB & CYCLONE WRESTLING CLUB

BOY'S AGE DIVISIONS

Bantam: Born in 2007-08
Intermediate: Born in 2005-06
Novice: Born in 2003-04
Schoolboy: Born in 2001-02
Cadet: Born in 1999-2000
Junior: Born 9/1/1995 & after plus
enrolled in grades 9-12

GIRL'S AGE DIVISIONS

Intermediate: Born in 2006-2008
Novice: Born in 2003-2005
Schoolgirl: Born in 2001-2002
Cadet: Born in 1999-2000
Junior: Born 9/1/1995 & after plus
enrolled in grades 9-12

WT. CLASSES: All weight classes for all divisions will be paired after weigh-ins (no set weight classes)

WEIGH-INS: All weigh-ins will be conducted on site. USA weight classes and divisions will be used. If there are not enough wrestlers competing in a weight class, classes will be combined where applicable and within reason.

11:00 – 12:00 PM Ballard High School

SCHEDULE: 11:15 AM Rules session for Officials (coaches to serve as officials.)
12:00 PM Clinic for Athletes
1:00 PM Wrestling begins (schedule based on number of entries)

ENTRY FEE: \$17.00 per contestant for those pre-registered @ TrackWrestling by April 23 / \$25.00 at the door.
USA Wrestling card is required and may be purchased at <http://www.usawmembership.com>.
USA cards WILL NOT be available at registration. All checks payable to *Ballard Wrestling Club*.

RULES: The tournament will be governed by the 2015 International Freestyle Rules. Membership in USA Wrestling is mandatory – NO CARD...NO COMPETE.

AWARDS: Medals will be awarded for 1st, 2nd and 3rd places at each weight.

OFFICIALS: Coaches will serve as officials during the tournament, we will provide food and drink to those that do. (Please bring your own equipment)

UNIFORMS: Singlets or regular wrestling uniforms (red and blue singlet recommended)

VALUABLES: We will not be responsible for loss or theft of items, please be prepared to protect valuables.

QUESTIONS: Nick Britton – 515-450-1689 or nbritton@ballard.k12.ia.us

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****Pre-register at trackwrestling.com by Thurs. April 23rd****

PRE-ENTRY FEE: \$17 @ trackwrestling.com by 4/23/15

ON SITE: \$25 (checks payable to Ballard Wrestling Club)

Name _____ USA Membership # _____

D.O.B. _____ Weight _____ (actual weight will be taken onsite)

Division (please circle):

Boy's Division Age Division: Bantam Intermediate Novice Schoolboy Cadet Junior

Girl's Age Division: Intermediate Novice Schoolgirl Cadet Junior

Home Address _____ School/Club _____

City _____ State _____

Parent Name _____ Parent Cell # _____

I, _____ the undersigned, on behalf of myself, my heirs and next of kin, personal representatives, agents, insurers, successors and assigns (all hereinafter "Releasers") here-by forever release, discharge and covenant not to sue the United States of America Wrestling, Inc., its insurers, its affiliated clubs, administrators, agents, directors, officials, state organizations, members, committees, volunteers, all employees of USA Wrestling, and all participants, officials, referees, coaches, host clubs, sponsoring agencies, sponsors, advertisers, local organizing committees, owners, leasers and operators of premises used to conduct any USA Wrestling sanctioned event, meet, practice or activity (all hereinafter "Releases") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past, present, or future, direct or consequential that I may hereafter have for personal injury, permanent, temporary, total or partial disability, disfigurement, paralysis, and any other losses or damages to person or property or death, arising out of my participation in, attendance at or traveling to and from any USA Wrestling sanctioned event or activity including, but not limited to, losses caused by the passive or active negligence of the releases, or hidden, latent or obvious defects in the facilities or equipment used.

Releaser understands and acknowledges that USA Wrestling sanctioned activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision, or expertise can eliminate. Releaser expressly and voluntarily assumes all risk of personal injury, permanent, temporary, total or partial disability, disfigurement, paralysis, and any other losses or damages to person or property or death, sustained while participating in, attending, preparing for, or traveling to and from any USA Wrestling sanctioned event, meet, practice, or activity, including the risk of passive or active negligence of the releases, or hidden, latent, or obvious defects in the facilities or equipment used.

Releaser acknowledges and fully understands that each participant in any USA Wrestling sanctioned event, meet, practice or activity including Releaser, will be engaged in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses or damages to person or property including death, and that severe social and economic losses may result not only from Releaser's own actions or negligence, but also from actions or negligence of others notwithstanding the rules of play or the condition of the premises or of any equipment used. Further, Releaser acknowledges and fully understands that there may be other associated risks with such activities, which are not reasonably foreseeable at this time. **I acknowledge that I have had sufficient opportunity to review the provisions of this document and understand its purpose, meaning, and intent.**

Wrestler's Signature

Print Name

Date

Parent/Legal Guardian Signature

Print Name

Date