



Independence Greco / Freestyle Tournament  
Saturday April 25, 2015  
Independence JR/SR School  
700 20<sup>th</sup> Ave SW  
Kids, Cadet & Junior Divisions



## REGISTRATION

Preregister by Friday April 24th at 10pm at [www.trackwrestling.com](http://www.trackwrestling.com) \$15 for one style, \$25 to wrestle in both if pre-registered or Register at the door for \$20 per style or \$40 for both. Admission is \$3 for all spectators. Concession stand will be available .

## WEIGH INS

7:30-9am for Greco and 10-10:30am for Freestyle (Greco weigh in Counts for Freestyle). You must weigh in with Singlet and must bring your USA card with you.

## AWARDS

Medals to the top 3 place winners in each bracket.

## MEMBERSHIP

Must have a USA Wrestling Card. [www.usawmembership.com](http://www.usawmembership.com) Limited Folkstyle membership not valid. Coaches with USA membership will be admitted free.

## FORMAT

Wrestler will be grouped by weight in Vertical Pairing bracketing with double elimination. We will use 4 to 6 mats to help run this tournament smooth. Also need area coaches to help work. Our goal is to run a very efficient tournament.

## COMPETITION

Greco Wrestling starts at 10am. Freestyle Wrestling will follow the conclusion of Greco. FILA Rules with USA Wrestling modifications and age groups will be used. Intermediate, Novice, School Boy, Cadet, Junior-No 8<sup>th</sup> graders in the Junior division. No Bantam Division.

## QUESTIONS

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