

Agenda for Jr. Baseball meeting 2015.
Coaching grades K-1. 10 – 12 kids per team.

1. Have Patience
 - Huge difference between 1st and 2nd graders
 - Keep it FUN, keep it a game
 - No need for strategies
2. Acquire Coaches
 - More parents means more focus.
 - 2-4 kids in a group.
 - You hand them your practice plan.
3. Communication
 - Get parents preferred means of communication – email, text, etc
 - Important that they are at practice, games, etc.
 - NUJB for use of fields, pitching machines
4. Pitching machines
 - Most amount of reps, quickest amount of time.
 - Assign a parent to be in charge?
5. Bats
 - Make sure they are not too heavy
 - Teach them how to set it down
6. Positions/Rotations
 - They should all rotate positions each inning – common sense.
 - Teach them the positions
7. Each practice
 - Practice organization – very easy to lose them
 - Playing catch
 - Facing pitching machine
8. Drills
 - Keep them fun
 - Should be drills that they can do at home
 - Tell them and they will forget, show them they might remember, involve them and they will remember.
9. Most important thing
 - Positive motivation, Positive relationships, Positive Family
 - Get to know them and their parents.
10. Questions, concerns, or comments