

IOWA/USA WRESTLING

WARRIOR ELITE GIRLS/WOMEN'S FREESTYLE CHAMPIONSHIPS

May 2, 2015- Iowa City West High School

REGISTRATION

www.trackwrestling.com Iowa USA
Kids/Cadets Freestyle includes Girls K-12.
Pre-registration online is required by 4/30/15.
\$25 entry fee, No Walk-ins.

ELIGIBILITY/MEMBERSHIP

iowa/USA Wrestling is pleased to open this event for out of state and Iowa female athletes. USA Wrestling 2015 Athlete membership is required and can be purchased online at www.usawmembership.com. USA Wrestling General membership (\$40) or High Performance Membership (\$100) eligible to compete.

COACHES

No Coaches Bands Required.
USAW Bronze or Copper Certified Coaches with current membership get free admission.
Only 2 coaches per corner.

WEIGH-INS 5/2/15 @ WEST HIGH

All Girls Divisions - 9:30-10AM
Participants must weigh in wearing a competition singlet.

DIVISIONS AND WEIGHTS

Round Robin Brackets will be built based on actual weights

Girls Intermediate (2006-2008)

Girls Novice (2003-2005)

Middle Schoolgirls (2000-2002 & in grades 6-8)

Junior Girls- High School (1995 or later, Grades 9-12)

WRESTLING TIMES

All Girls/Women's Freestyle Wrestling starts at 1PM. Kids Greco will run alongside the girls/womens' freestyle event.

UPCOMING WOMEN'S EVENTS

Freestyle Season continues with:

Body Bar May 15-17, Irving, TX

North. Plains Regional Jun 18-20 Rockford, IL

Asics Cadet/Jr Nationals Jul 18-25, Fargo, ND

HOTEL INFORMATION

Comfort Suites

2431 James St.
Coralville, IA 52241
319-338-3400
\$129/night doubles

Homewood Suites

921 E. 2nd Ave.
Coralville, IA 52241
319-338-3410
\$119/night doubles

Heartland Inn

87 2nd St.
Coralville, IA 52241
319-351-8132
\$75/night doubles

Americ-Inn

2597 Holiday Rd.
Coralville, IA 52241
319-625-2400
\$90/night doubles

Please visit www.iowacitycoralville.org for other great hotel accommodation options.



Contact:

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www.iowausawrestling.org

