

## **Breaking In Your Composite Baseball Bat**

With the season fast approaching, you're probably shopping around for a new bat. When you're considering all of your options, there is a simple but important thing to remember: alloy and composite materials are different. An alloy bat is game ready the day you buy it. However, composite bats need to be broken in to reach their maximum potential.

Breaking in your composite bat is fun, easy and can be done in about an hour. To properly break in your composite bat, we recommend taking 150-200 swings playing soft toss or off a tee using real baseballs. Begin swinging at 40% power and work our way up to full strength as you get closer to 200 swings. It's also important to rotate the bat ¼" after each swing to ensure that you get complete barrel coverage. Never break in your bat in a cage that uses yellow dimpled balls. Yellow dimpled balls are very dense and can damage your bat and decrease its lifespan.