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USA HOCKEY SLED SELECT CAMP

VIDEO UPLOAD

CREATING VIMEO ACCOUNT

1. Go to www.vimeo.com
2. On the home page, fill-in your first and last name, email address and password and click "Join"
3. On the following screen, pick the "Continue with Basic Account" option.
4. You will receive an email to confirm your account, in that email click "Complete Your Registration" to verify and complete your registration

UPLOAD VIDEO TO VIMEO

1. After creating your video, log into Vimeo (www.vimeo.com) and click "Upload a Video"
2. Click "Choose a Video to Upload"
3. Navigate to you the video stored on your computer and click "Open" ("Choose" if using a mac)
4. Click "Upload Selected Videos"
5. The video will begin to upload, as it is uploading, update the title to be your full name followed by the year (i.e. John Doe 2013) and click "Save Changes"
6. Click the "Privacy" tab and under "Who can watch this video?" select "Only people with a password" and enter a password
7. Under "What can people do with this video?" make both "Download the video" and "Add to their collections" are selected and click "Save Changes"
8. Click "Return to Video"

SHARE VIDEO WITH USA HOCKEY

1. With your video on the screen, when you move your mouse over the video a "Share" button will appear in the upper right corner of the video, click that
2. On the window that pop-ups, enter dublj95@aol.com in the "Email" field.
3. Enter a message if you wish, then press "Send"

Your video will be emailed to USA Hockey for review. If you have any questions or problems, please contact Jeremy Kennedy at jeremyk@usahockey.org or 719.538.1117



USA Hockey, the national governing body for the sport of ice hockey, is a member of the International Ice Hockey Federation and the United States Olympic Committee

