

2011 ANNUAL REPORT



Niverville Recreation and Wellness Commission

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Recreation and Wellness Director's Message

Dear Reader,

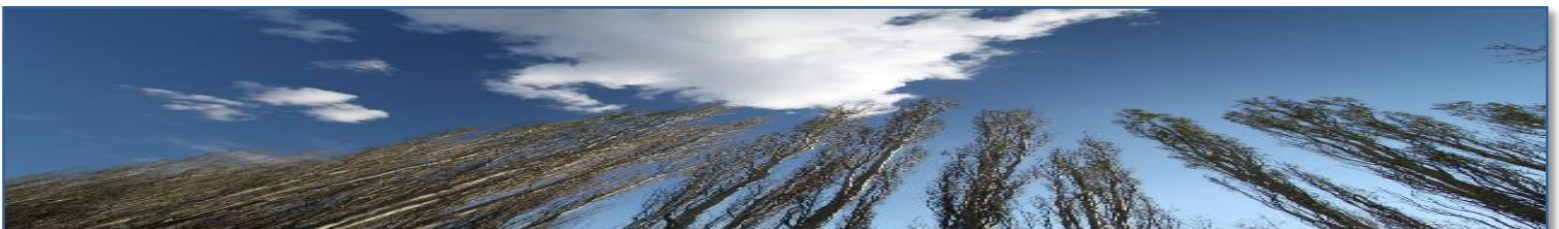
The Niverville Recreation and Wellness Commission enjoyed a tremendous year of exciting changes, growth and success throughout 2011 and I am proud to share our accomplishments in this Annual Report.

Some of the highlights from 2011 are of particular note. Due to several grant opportunities, we were able to purchase gps units, snowshoes, and curling supplies that are all available for community members to borrow. We held our 3rd Annual February Family Fitness month, the 3rd Annual Recreation and Wellness Showcase, and completed phase 2 improvements to Hespeler Park, which included more asphalted walking paths, a honeycomb climbing feature and an outdoor fitness circuit. Our plans for phase 3 of Hespeler Park include an accessible playground and a natural playground area. Many programs that ran this past year were running at full capacity with increased use of the Niverville Recreation facilities. Summer camps were well attended, especially the British Soccer one. We participated in the Niverville Old Tyme Country Fair, held a "get green Niverville" day and also held a snowman building contest in February. A new recreation office was constructed inside the Niverville arena, and a part time recreation assistant position was also created. It has been a busy and exciting year for the Niverville Recreation and Wellness Commission!

I welcome your feedback, questions or comments about our Annual Report, and hope that it will provide you with information that is useful and informative.

Donna Watts

Director of Recreation and Wellness, Town of Niverville



Our Vision

Our vision is to offer a full range of accessible recreational opportunities for all ages and abilities and to provide a commitment to meeting the challenges of today and the opportunities of the future.

Our Mission

The Niverville Recreation and Wellness Commission is the community connection for sports, recreation, health and leisure, arts, programs and entertainment. The Recreation and Wellness Commission seeks to promote and encourage programs that benefit all ages - children, youth, teens, adults and seniors; programs that promote personal growth, self-esteem and health awareness and that significantly contribute to the quality of life enjoyed by all Niverville Residents.



Contact information

Donna Watts, Director of Recreation and Wellness

Box 1269

Niverville, MB

R0A 1E0

Ph: 204.388.4600 ext 110

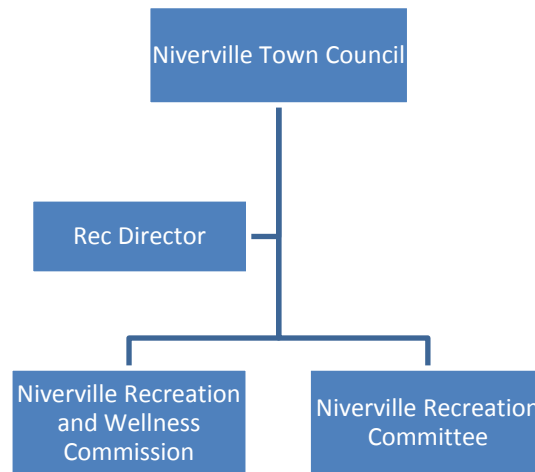
Fax: 204.388.6110

Email: Donna.Watts@whereyoubelong.ca

Robyn Yates, Recreation Assistant

Email: Recreation@whereyoubelong.ca

Organizational Flow Chart



2011 Board of Directors

Chairperson / Town Council Appointed Representative	<ul style="list-style-type: none"> •Angela Janz •Angela.Janz@whereyoubelong.ca
Hanover School Division Appointed Representative	<ul style="list-style-type: none"> •Ruby Wiens •Ruby.Wiens@gmail.com
Community Representative	<ul style="list-style-type: none"> •Susan Watson •Susan@ALittleNutrition.com
Community Representative	<ul style="list-style-type: none"> •Annette Fast •annette@vonast.mb.ca
Community Representative	<ul style="list-style-type: none"> •Rod Downey •Downey@mymts.net
Community Representative	<ul style="list-style-type: none"> •Lyndsay Eidse •DLEidse@mymts.net
Secretary / Community Representative	<ul style="list-style-type: none"> •Robyn Yates •robyn.aldred@shaw.ca

2011 Program Participation

2011 was the first year of running recreation programming in Niverville and we experienced a lot of success and excitement over many of our programs. The monthly “Cooking Around the World” class was one of our most successful, with these monthly classes featuring a different country each month. During the month of February, we offered a lot of free classes in order to encourage community members to try new and different activities (Scottish dancing, speed skating and more). Over the course of the year, we offered a wide variety of programming – arts, cultural, fitness, safety and more.

Winter 2011

Program	Location	Duration	Dates	Times	Participation
Cooking Around the World - Thailand	Arena - south End	Thursday	January 20	6:30-8:00 pm	24
Free Curling Clinic	Curling Club	Sunday	February 6	1:30-3:30pm	12
Car Care Classes	Arena- South End	Tuesday	February 8	evening	4
Open Gym Night	Niverville Elementary	Tuesdays	February 8, 15	7:30-9:00pm	65
Tour of Gym - Elite Fitness	Elite Fitness	Wednesday	February 9	1:00pm-8:00pm	20
Wrestling/Jujitsu try for free class	Niverville Wrestling Club	Wed, Fri	February 16, 18, 23, 25	evenings	6
Elite Fitness- try free dance and fitness class	Elite Fitness	Thursday	February 3, 10, 17, 24	evenings	15
Scottish Dancing	Arena - South End	Friday	February 11	7:00-9:00pm	20
Free Speed Skating	Arena	Monday	February 21	10:30am-noon	20
Come and Try Ringette	Arena	Monday	February 21	1:30-3:00pm	20
Free Drop in Curling	Curling Club	Monday	February 21	2:00-4:00pm	33
Cooking Around the World - Italy	Arena - south End	Thursday	February 24	6:30-8:00 pm	22
Cross Country Skiing (try it for free)	Hespeler Park	Saturday	February 26	10:00am-3:00pm	10
Snowshoeing Lessons (free)	Hespeler Park	Saturday	February 26	10:00am-3:00pm	15
Snowman Building Contest	Town of Niverville	Every day	February 1-28	all day	17 entries
Cooking Around the World - Morocco	Arena - south End	Thursday	March 24	6:30-8:00 pm	24
Growing Culinary Herbs	Arena - south End	Thursday	March 31	6:30-8:00 pm	13



Spring 2011

Program	Location	Duration	Dates	Times	Participation
Cooking Around the World - Asia	Arena - South End	Thursday	April 21	6:30-8:00pm	15
Lunchtime Yoga	Healthful Beginnings	5 weeks Wednesday	April 13-May 11	12:10-12:50pm	5
Claymation	Arena - South End	Saturday	April 16	9:00am-3:30pm	9/cancelled
Mom and Baby Yoga	Curling Rink	4 weeks Tuesday	June 7-June 28	9:30-10:30am	9

Summer 2011

Program	Location	Duration	Dates	Times	Participation
Evening yoga	Curling Rink	8 weeks Monday	July 4-Aug 28	8:00-9:30pm	5
Sunrise Yoga	Curling Rink	8 weeks Tuesday	July 7-September 1	6:00-7:00am	1 plus drop ins
Zumba	Arena - South End	5 weeks Saturday	July 9-August 6	9:00-9:45am	7 plus drop-ins
Zumba	Arena - South End	5 weeks Saturday	July 9-August 6	6:00-6:45pm	3/cancelled
Summer Camp - Multi Sport Camp	Hespeler Park	Mon-Fri	July 11-15	9:00am-4:00pm	11
Summer Camp - Kinder Camp	Hespeler Park	Mon-Fri	July 18-22	9:00am-noon	16
Summer Camp - Science Camp	Hespeler Park	Mon-Fri	July 25-29	9:00am-4:00pm	3
Summer Camp - Arts and Crafts	Hespeler Park	Tues-Fri	August 2-5	9:00am-4:00pm	11
British Soccer Camp	Hespeler Park	Mon-Fri	August 15-19	9am-4pm	36
Summer Camp - H2-Oh!	Hespeler Park	Mon-Fri	August 22-26	1:00-4:00pm	11
Tuff-n-up Bootcamp	Arena - South End	6 weeks Tues, Thurs	August 30-October 6	6:00-7:00pm	17
Sunrise Yoga	Curling Club	8 weeks Tuesday	September 6-October 25	6:00-7:00am	0/cancelled
Evening Yoga	Curling Club	8 weeks Wednesday	September 7-October 26	8:00-9:30pm	10 plus drop-ins
Zumba	Arena - South End	5 weeks Saturday	September 10-October 8	9:00-9:45am	5 plus drop-ins
Tyson Method Bootcamp for Moms	Arena - South End	6 weeks Tues, Thurs	September 13-October 20	10:00-11:00 am	15 plus drop-ins
Lunch Hour Yoga	Curling Club	7 weeks Tuesday	September 13-October 25	12:05-12:45pm	2
Mom and Baby Yoga	Curling Club	7 weeks Tuesday	September 13-October 25	9:30-10:30am	0/cancelled
Photography	Curling Club	4 weeks Tuesday	September 20-October 11	7:00-9:00 pm	16
Baby Sign Language	Curling Club	4 weeks Wednesday	September 21-October 12	10:00-11:00am	2/cancelled
Cooking Around the World - Greece	Arena - South End	Thursday	September 22	6:30-8:00pm	20
Hunter Safety	Curling Club	Saturday	September 24	9:00am-5:00pm	9

Fall 2011

Program	Location	Duration	Dates	Times	Participation
Claymation	Arena - South End	Saturday	October 1	9:00am-3:30pm	2/cancelled
CyberSafety for Kids	Curling Club	Friday	October 4	6:00-8:30pm	0/cancelled
Babysitters course	Curling Club	Saturday	October 15	9:00am-4:00pm	7
Crockadoodle	Arena - South End	Saturday	October 15	9:30am-noon	2/cancelled
Cooking Around the World - India	Arena - South End	Thursday	October 20	6:30-8:00 pm	25
Tyson Method Bootcamp for Moms	Arena - South End	6 weeks Tues, Thurs	November 1 - December 8	9:30-10:30 am	9
Mom and Baby Yoga	Curling Club	5 weeks Tues	November 1- November 29	10:00-11:00 am	3
Lunch Hour Yoga	Curling Club	8 weeks Tues	November 1- December 20	10:05-10:45am	0/cancelled
Sunrise Yoga	Curling Club	8 weeks Tues	November 1- December 20	6:00-7:00am	2
Evening Yoga	Curling Club	8 weeks Wed	November 2- December 21	8:00-9:30pm	2 plus drop-ins
CPR/First Aid	Arena - South End	Wed/Thurs	November 9, 10	6:00-10:00pm	1/cancelled
Kids Corner	Arena - South End	Monday	November 14	9:00am-4:00pm	2/cancelled
Cooking Around the World - Mexico	Arena - South End	Thursday	November 17	6:30-8:00 pm	21
Cooking Around the World - Appetizers	Arena - South End	Thursday	December 8	6:30-8:00 pm	23
Creating a Christmas Centerpiece	Arena - South End	Wednesday	December 12	7:00-9:00pm	0/cancelled
Tyson Method Bootcamp for Moms	Arena - South End	2 weeks Tues, Thurs	December 13-22	10-11am	6
Free Holiday Skate	Arena	Thursday	December 22	7:45-9:30pm	100

Parks and recreation opportunities are essential for strengthening and maintaining a healthy community. Positive impacts are evident throughout the community. Recreation brings neighbours together, encourages safer, cleaner neighbourhoods and creates a livelier community atmosphere.

Parks and recreational facilities also help improve a community's image, socioeconomic status and enhances the area's desirability.

Vision Plans for 2012

During our annual planning session, the Niverville Recreation and Wellness Commission created an action plan for 2012, focusing on five main planning areas – Programming, the Community Recreation Plan, Resource, Public Awareness and Education, and Parks and Facilities.

ACTION PLAN

Planning Area #1: Programming

Strategic Statement: To encourage the development of public recreation which will include physical recreation, social recreation, artistic and group’s recreation, intellectual recreation, audience entertainment and wellness promotion based on identified need.

ACTIVITY / TASK	EVALUATION	FUTURE DIRECTION
<ul style="list-style-type: none"> - Art classes for Kids and Adults - February Fitness Month - Broad range of classes to develop well-rounded community - Kids in the kitchen cooking class - Summer camps for kids (skill development) - Guest speakers (variety of areas including health promo, athletes, famous people) - Movie nights in the Park - Frozen walking path / obstacle course in the park - Programming for seniors (working with services for seniors) - Volunteer appreciation - 3 on 3 outdoor basketball tournament 		

Recreation is Essential to Personal Health and Quality of Life
Recreation is Key to Balanced Human Development
Recreation Reduces Self-Destructive and Anti-Social Behaviour
Recreation Builds Strong Families and Healthy Communities
Recreation Reduces Health Care, Social Service and Police/Justice Costs
Parks, Open Space and Natural Areas are Essential to Ecological Survival

ACTION PLAN

Planning Area #2: Community Recreation Plan

Strategic Statement: To work with a committee to develop a Community Recreation Plan

ACTIVITY / TASK	EVALUATION	FUTURE DIRECTION
<ul style="list-style-type: none"> - More members on RWC (broaden representation) - Use feedback from survey to guide future plan for recreation in Niverville - Use results of community recreation plan data to make recommendations to Town Council - Experiment with ideas now to learn what works for future Multi-Use Facility and mini multi-use facilities 		

ACTION PLAN

Planning Area #3: Resource

Strategic Statement: To facilitate the exchange of information between community groups and the government, funding bodies and provincial organizations.

ACTIVITY / TASK	EVALUATION	FUTURE DIRECTION
<ul style="list-style-type: none"> - Increase current part time staff to 2nd full time position in recreation office (Robyn) - Develop website – important community tool - Community Facility Inventory - Utilize school, church and business networks as a resource 		

"Recreation's purpose is not to kill time, but to make life, not to keep a person occupied, but to keep them refreshed; not to offer an escape from life, but to provide a discovery of life."

-Author Unknown

The word recreation is really a very beautiful word. It is defined in the dictionary as "the process of giving new life to something, of refreshing something, of restoring something." This something, of course, is the whole person.

Bruno Hans Geba

ACTION PLAN

Planning Area #4: Public Education and Awareness

Strategic Statement: To promote the value of Recreation and Wellness and the important contribution that it makes to lead a healthy lifestyle.

ACTIVITY / TASK	EVALUATION	FUTURE DIRECTION
<ul style="list-style-type: none"> - Community cookbook on improving nutrition of recipes - Have loan programs available for items such as snowshoes, skates, etc - Challenges within community groups to encourage engagement - Rec and Wellness Fair - Increased presence at community events - Continued involvement in schools - Invite Church community involvement 		

ACTION PLAN

Planning Area #5: Parks and Facilities

Strategic Statement: To promote and encourage sustainable multiuse facilities

ACTIVITY / TASK	EVALUATION	FUTURE DIRECTION
<ul style="list-style-type: none"> - Warming huts - Tennis courts converted to ice rinks - Crow Wing Trail interactive signs - Extra picnic shelters and picnic tables with bbq pits - Canteen storage facility - Amphitheatre - Clusters of Evergreen trees along Hespeler Walkway - Solar lamps on path in Hespeler - Outdoor skating trail - Community Facility Inventory - Develop Hespeler Park through lens of Crow Wing Heritage - Increase community participation in Beautification project - Experiment with ideas now to learn what works for Future Multi-Use facility (+ feasibility/planning) - Explore idea of future pond/wetland/boardwalk area - Outdoor skating area by arena 		

Community Partners

The Niverville Recreation Commission has developed a number of valuable partnerships with community organizations. Working in cooperation with our partners, we jointly serve the needs of the Niverville community. Our community partners make valuable contributions that enhance Niverville's recreational experience and quality of life.

Organizations the commission works in partnership with, liaises with, provides resources to, etc.

- Niverville Recreation Committee
- Niverville Community Recreation Planning Committee
 - Niverville Heritage Gardens Committee
 - Niverville Arts and Culture Group
 - Old Tyme Country Fair Committee
 - Niverville Soccer Club
 - Niverville Flag Rugby
 - Niverville Baseball Committee
 - Crow Wing Trail Association
 - Imagine Run Committee
 - Niverville Collegiate Institute
 - Niverville Elementary School
 - Niverville Preschool
 - Niverville Curling Club Committee
 - Clipper Ice Sports
 - Niverville Jr. and Sr. Clippers
 - Niverville Wrestling Club

The Niverville Recreation and Wellness Commission does not have a joint use agreement in place.

According to the most recent Statcan census (in 2006), Niverville had a population of 2,464 people. This represented 0.21% of the total population of Manitoba, making it the province's 21st most populous community. The median age in Niverville is 30.8.

Niverville has seen a 28.27% increase since 2001, when it had a population of 1,921 people.

The Statcan 2006 census shows that Niverville has an area of 3.39 square miles [8.8 km²].

Using the above population and land area values, Niverville had a 2006 population density of 726 people per square mile [280.3 people/km²], making it the province's 50th most densely populated area.