

New Richmond Baseball Club

T-Ball and Coach Pitch

#6

Coaching Notes	Drill	Time	Skill
	Dynamnic Warmup(running)	3 min	Speed, Flexibility
*Make sure that kids have fun and want to come back.	*Meet with your coach *Introductions	3 min	Social Interaction
*Learn all of the kids names and call each kid by his name as much as possible.	#1 Run the Bases Teach how to run through 1 st base, Home to 2 nd , 1 st to 3 rd , and 2 nd to home.	7 min	Running
*Demonstrate all of the drills and games.	#2 Starfish Throwing at buckets One Knee and standing Follow through with the back leg.	5 min	Throwing
*Participate in the drills and games with the kids.	#3 Block It Use mini hand pads or gloves. Game: 1 st partners to 10, 15, 20	5 min	Stopping the ball with your glove
*Kids like to move and compete, make your drills active and competitive.	#4 Milk Jug Baseball Ground balls & Pop – Ups Game: 1 st partners to 10, 15, 20 Use Gloves when you feel your team is ready.	5 min	Catching and Fielding
*Lots of high-fives, etc for this group.	#5 Bucket Drop Place buckets behind each bag. Hit or roll balls to fielders and tell them which base they need to throw or run to for the force out.	5 min	Fielding
*Everything is POSITIVE!	#6 Hitting off of a Tee or from a Coach	10 min	Hitting
	#7 Freeze Out Create a big square with cones and give one of the players a ball to hold in his glove and try to tag the rest of the players out.	5 min	Tagging a runner out
	#8 T-Ball Game or Coach Pitch Game. Make sure each kid bats in an inning. *Soft Orange Ball or T-Ball*	15 min	Hitting, Fielding, Catching, Throwing, Running the Bases

Effort

Attitude

Teamwork

Competition

Fundamentals

