

Sets

- **Figure I** – High 1-4 Set with Player 1 centered with the basketball, Players 2 and 3 are set up high on the wings, and Players 4 and 5 are set up high at both elbows.
- The play is initiated with a dribble entry from Player 1 (Figure IA).
- The ballside wing that gets dribbled at sets a backscreen on the opposite high post (Player 5), bringing him to the ballside block for a post up.
- After Player 2 sets the backscreen, the opposite high post (Player 4) sets a screen for Player 2 for a shot at the top of the key. Player 1's options are a post entry pass to Player 5 *or* a pass to Player 2 up top for a shot. (Figure IB)

- **Figure II** – Same High 1-4 Set as Figure I
- The play is initiated with a pass from Player 1 to the wing.
- On the pass to the wing, Player 1 receives a backscreen from the opposite high post (Player 5) and cuts down the lane and out. The ballside high post (Player 4) cuts down to post up on the ballside block. (Figure IIA)
- If a pass to the backscreened Player 1 or a posting up Player 4 isn't there, the ball is reversed through Player 5 at the top, Player 3 diagonal downscreens for Player 4 bringing him block to block. Player 5 continues to reverse to Player 1 and he looks to get it inside to Player 4. (Figure IIB)

*If either of these sets breakdown, players get to their Motion Offense spots.