

SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2015 Coaches Symposium



Evan Hardy Collegiate

Saskatoon

August 17 - 18, 2015



306-721-2151

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SHSAA COACHES SYMPOSIUM
AUGUST 17 - 18, 2015



Name:		School Affiliation:	
Address:		School Phone:	
		Summer Phone:	
		NCCP #	
Email address:			

Registration Fee:	\$150 prior to JUNE 30
	\$175 after JUNE 30
Additional Manual Fees:	
<input type="checkbox"/> Volleyball Development Coach Manual	\$55.00
<input type="checkbox"/> Volleyball Advanced Development Coach Manual	\$95.00
<input type="checkbox"/> Basketball Intro to Competition Manual	\$55.00
<input type="checkbox"/> Making Ethical Decisions Manual	\$25.00
TOTAL PAYABLE	\$

PLEASE INDICATE THE SESSIONS YOU WILL BE ATTENDING

PRE-CONFERENCE SESSIONS
<input type="checkbox"/> Sport Taping - Bruce Craven (Monday 9:00am-4:00pm)
<input type="checkbox"/> Volleyball - NCCP Development Coach Program (Monday 8:30am-5:00pm, Tuesday 9:00am-11:45am)
<input type="checkbox"/> Volleyball - NCCP Advanced Development Coach (Monday 8:30am-5:00pm)
<input type="checkbox"/> Basketball - NCCP Introduction to Competition - Modified Games Module (Monday 8:30am-5:00pm)
<input type="checkbox"/> Fitness Training - Bart Arnold (Monday 9:00am-12:00pm)
<input type="checkbox"/> Team Building - Building a Positive Team Culture - Bob Braybrook (Monday 1:00-4:00pm)
<input type="checkbox"/> Making Ethical Decisions (Monday 8:30am-12:00pm)

✓ **Opening General Session - 5:45pm @ Evan Hardy**

Monday 6:00pm	<input type="checkbox"/> Basketball Steve Burrows	<input type="checkbox"/> Basketball Trevor Mirtle	<input type="checkbox"/> Volleyball Blaine Donauer	<input type="checkbox"/> Volleyball Brittany Marshall	<input type="checkbox"/> Cross Country Janet Christ	<input type="checkbox"/> Football Cody Halseth
Monday 7:30pm	<input type="checkbox"/> Basketball Steve Burrows	<input type="checkbox"/> Basketball Trevor Mirtle	<input type="checkbox"/> Volleyball Blaine Donauer	<input type="checkbox"/> Volleyball Brittany Marshall	<input type="checkbox"/> Cross Country Janet Christ	<input type="checkbox"/> Football Cody Halseth

✓ **Delegate Social - 8:45pm @ Evan Hardy**

Tuesday 9:00am	<input type="checkbox"/> Nutrition Alison Friesen	<input type="checkbox"/> Concussions Rhonda Shishkin	<input type="checkbox"/> Mental Training Ralph Schoenfeld	<input type="checkbox"/> Drug Education Al Bodnarchuk	<input type="checkbox"/> Badminton Cory Schmaltz
Tuesday 10:30am	<input type="checkbox"/> Nutrition Alison Friesen	<input type="checkbox"/> Concussions Rhonda Shishkin	<input type="checkbox"/> Mental Training Ralph Schoenfeld	<input type="checkbox"/> Drug Education Al Bodnarchuk	<input type="checkbox"/> Badminton Cory Schmaltz

✓ **Delegate Luncheon - 11:45am @ Evan Hardy** (Sponsored by Coaching Association of Saskatchewan)

Tuesday 12:30pm	<input type="checkbox"/> Basketball Steve Burrows	<input type="checkbox"/> Basketball Wayne Morrison	<input type="checkbox"/> Volleyball Blaine Donauer	<input type="checkbox"/> Volleyball Tracy Hazen	<input type="checkbox"/> Track & Field Rebecca Atkinson
Tuesday 2:00pm	<input type="checkbox"/> Basketball Steve Burrows	<input type="checkbox"/> Basketball Wayne Morrison	<input type="checkbox"/> Volleyball Blaine Donauer	<input type="checkbox"/> Volleyball Tracy Hazen	<input type="checkbox"/> Track & Field Rebecca Atkinson

Send Registration Form and Cheque to:

SHSAA
#1 - 575 Park Street
Regina, SK S4N 5B2

FOR OFFICE USE ONLY:

Date Received:

Payment:

PRE-CONFERENCE SESSION DETAILS:

Volleyball NCCP - Development Coach program (formally known as Level 1)

Monday 8:30 - 5:00; Tuesday 9:00 - 11:45

Adam Ewart and Rob Tomin will be the lead presenters for this program. This is the principal entry point for most coaches in the volleyball NCCP system. The program has three distinct steps required for certification. Completion of each step also provides the coach with one of three coaching "designations": In Training, Trained, or Certified. *Additional manual cost for those registering for this program.*

Volleyball NCCP - Advanced Development Coach program (formally known as Level 2)

Monday 8:30 - 5:00

Rene Quintal and Cara Orr will be the lead presenters for this program. This is the second level in the volleyball NCCP system and is recommended for Development Coach level certified coaches seeking additional coach education, training, and certification. Due to time restraints at the symposium, participants will be able to complete some of the modules of the Advanced Development Coach and then be provided with follow up opportunities to complete the training at subsequent SHSAA Coaches Symposium or Sask Volleyball offerings. *Additional manual cost for those registering for this program. For more information on this program and the Development coach program please contact Myron Mehler (myron@saskvolleyball.ca).*

Basketball NCCP - Introduction to Competition - Modified Games Module (formally known as Level 1)

Monday 8:30 - 5:00

Paul Humbert will once again be the lead presenter for this module of Basketball NCCP certification. This is an offering designed to teach coaches how to break down and teach fundamental basketball concepts (including: shooting, loading, dynamic warm-ups, 1-second advantage, spacing, footwork, and error detection/correction). *Additional manual cost for those registering for this program.*

Making Ethical Decisions

Monday 8:30 - 12:00

By successfully completing the Make Ethical Decisions (MED) training, coaches will be fully equipped to handle ethical situations with confidence and surety. MED training helps coaches identify the legal, ethical, and moral implications of difficult situations that present themselves in the world of team and individual sport. MED training is a cornerstone of the National Coaching Certification Program (NCCP), any coach wishing to attain 'trained' status should investigate taking MED training. *Additional manual cost for those registering.*

Team Building and Developing Leadership

Monday 1:00 - 4:00

Bob Braybrook is a master course conductor for Hockey Canada and has done presentations on team building and leadership to a wide range of clientele from school groups to minor hockey organizations to elite level coaches within Hockey Canada. More importantly, Braybrook is an educator and school administrator that has spent many years involved with school sport. This pre-session was first offered last year and was very well received by the session participants. This will be a great start to your symposium experience and your upcoming year of coaching.

Sport Taping

Monday 9:00 - 4:00

Bruce Craven will once again facilitate this year. This 7 hour session teaches the basic sport taping skills. This very popular session has been offered for a number of years at the Symposium.

Fitness Training

Monday 9:00 - 12:00

Bart Arnold will provide an in-depth session on how to utilize training techniques for your student athletes and school teams. Bart has often presented at the symposium covering topics such as weight training, core fitness, and cross training. He has an extensive background in training athletes at all levels of ability to improve their performance through strength and conditioning.

TECHNICAL SESSION PRESENTERS

Steve Burrows (Basketball)

Steve is the men's basketball head coach at the University of Regina. In addition to his time in the CIS coaching ranks he also has coaching experience with high school and elite provincial teams. Steve served as the Director of Coaching Development for Basketball Saskatchewan from 2010 - 2013.

Wayne Morrison (Basketball)

Wayne is a veteran of the high school coaching ranks and has experienced great success with his teams over the past 25 years including numerous trips to HOOPLA and medal finishes. Wayne led the U15 girls provincial team to a national title in the summer of 2014.

Trevor Mirtle (Basketball)

Trevor is a Level III certified basketball coach and has an extensive background in coaching high school basketball. He has also served on coaching staffs of Basketball Saskatchewan provincial teams as well as spending some time with the U of S as an assistant coach.

Blaine Donauer (Volleyball)

After a successful career as a player at the elite level, Blaine has continued his involvement in the sport as a successful coach and teacher. Blaine is an assistant coach with the men's volleyball program at the University of Saskatchewan. In addition to this role, Blaine is also an active coach in the Sask Volleyball elite programs.

Tracy Hazen (Volleyball)

Tracy is the head coach of the girls volleyball team at St. Joseph High School. She is a fully certified Level 3 coach. Tracy is also the lead instructor at Saskatoon Stars Volleyball camp which is dedicated to promoting skill development in younger athletes.

Brittany Marshall (Volleyball)

Brittany is the Women's High Performance Coach for Saskatchewan Volleyball. After playing four years of NCAA Division 1 volleyball at the University of Maine she has built her coaching resume with USAV and AAU programs in the United States. In addition to her role with Saskatchewan Volleyball, she is also the lead in the rebuild of the girls volleyball program at Kyle School.

Rebecca Atkinson (Track & Field Throws)

Rebecca excelled in the throws area as a university level athlete and now passes on this experience and expertise in her coaching. Her sessions will center on the three throws utilized in the SHSAA (javelin, shot put, and discus). Error detection and correction along with numerous drills to help develop your throwers will be the focus of these two sessions.

Janet Christ (Cross Country & Distance Running)

Janet first presented at the symposium in 2009. Each time she has presented her sessions have been very well received and provided the delegates with very practical ideas to develop runners and a cross country program. In addition, Janet will take the delegates on a tour of the site being used for the SHSAA provincial cross country championships that are being hosted by Saskatoon.

Cody Halseth (Football - 6 man and 9 man emphasis)

Cody is the High Performance Director for Football Saskatchewan. His sessions will focus on the 6 & 9 man games. A graduate of Outlook High School, Cody is an example of a six-man player that went on to be very successful in the junior and university ranks. Cody is currently the defensive coordinator of the Saskatoon Valkyries women's tackle football team.

Cory Schmaltz (Badminton)

Cory is the Athletic Director at Carrot River High School. He coaches many activities at the school including Badminton. The badminton program at the school has experienced much success over the past few years including a gold medal in mixed doubles at the 2015 SHSAA Provincial Badminton Championships. Cory will provide two sessions that will focus on his teaching techniques and practice planning for the program that he has developed.

SPORT MEDICINE and SCIENCE COUNCIL of SASKATCHEWAN SESSION PRESENTERS

Al Bodnarchuk

Doping, banned and illegal substances, athlete rights and responsibilities, and alternatives to doping are topics that Al will touch on in this session designed to provide Drug Education and Awareness for coaches as it relates to our student athletes.

Alison Friesen

Alison is a Sport Dietitian working on behalf of Sport Medicine & Science Council of Saskatchewan. Alison's session will focus on the nutritional challenges athletes' face, the outcomes of poor nutritional intake and how the athletes can be supported and educated to overcome these challenges.

Ralph Schoenfeld

Ralph has presented many times at the symposium and his presentations always have very practical applications for coaches to take back and utilize with their athletes and teams.

Rhonda Shishkin

Rhonda was last at the symposium in 2013. She is the head therapist for Huskie athletics and will provide the most up to date information on concussion management including recognition, prevention, and follow-up.

*Thank you for your time and dedication to the
student athletes of the SHSAA*

