

MAYO

TRACK AND FIELD

(Varsity Letter Requirements)

Throwers(SP+DC)/Distance Runners(800-3,200m)

50 Varsity Season Points

Sprinter/Jumpers/Hurdlers/Vaulters

75 Varsity Season Points

“Guidelines”

* Off-Season Fall/Winter School Sport / Winter/Summer Mayo Training Programs Are Each 5 Pts

* Relay Points In True Team Meets Are Divided By Four For Each Relay Athlete

* Entry Into Conference/Section and State Meet Are Each Additional 5 pts

Finish Season Competing in 80% or More Varsity Meets 15 pts

* Must Not Have Any Mayo Athletic Violations

*All Seniors In Good Standing Will Letter

* Final Ruling Under Coaches Discretion