



Team Virginia Elementary & Middle School National Team

Purpose

The Virginia Wrestling Association proudly presents Team Virginia Elementary and Middle School National Duals Teams. These teams will be formed to have the best wrestlers from the state wrestling together on one team to compete and succeed at a high level. The focus, as with any team will be to win individual and team matches and succeed at the highest level possible. This team is for wrestlers that live in Virginia.

Events

VACW Holiday Duals- 2 ES Teams & 2 MS Teams

Mason Dixon Quad-1 Middle School Team

McDonogh Duals-1 Middle School Team

ACWA National Duals-1 ES team & 1 MS Team

Team Selection

The team will be assembled through participation in the VAWA Fall Classic on Sunday November 15, 2015 at Deep Run High School in Glen Allen, VA.. This tournament will be seeded and wrestle back to true 2nd. Weigh-ins will be on site Sunday morning with no allowance. Any wrestler wishing to wrestle on the team will be required to wrestle in this tournament. The tournament will feature 2 divisions, K-6, Elementary School and K-8th, Middle School. Wrestlers may enter one or both divisions.

K-6th Weight Classes: 45,50, 55, 60, 65, 70, 75, 80, 85, 90, 95 ,100, 105, 115, 150

K-8th Weight Classes: 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 152, 175, 235

Earning Spots on the Team

- Wrestlers winning their weight class in the K-6th division will earn the primary spot on the Elementary team for both events. Note that the 45lb weight class is not offered at ACWA National Duals. *The ACWA duals does not offer a 45lb weight class.
- Wrestler winning their weight class in the K-8th division will earn the primary spot on the Middle School team for all four events. Note: For McDonogh Duals and Mason Dixon Quad the 60 & 65 lb spots will be taken from the winners in the K-6th division.
- For the VACW Holiday Duals the second teams in both divisions will be filled with the next highest placer available in each weight class.
- The 60 lb and 65 lb spots for the Mason Dixon Quad and McDonogh Duals will be offered to the highest placer from the K-6th Division in the 60 lb & 65 lb weight class.
- We will be taking two teams at each level to the Holiday Duals. The second team will be filled by offering spots to the second place wrestler in each division. Any open spots will be offered to the next highest placer. After this process open spots will be filled by any means necessary.



- ***All placing wrestlers may get an opportunity to compete on a team.*** There will be two teams at each level for the Holiday Duals. In the event the first place wrestler cannot attend, the spot will be offered to the ***next highest placing wrestler***. **All placing wrestlers are required to visit the team table after awards to complete the application.**
- Committed Alternates-Three to five Alternates may be rostered on each team. The Primary wrestler will not be required to split matches with the Alternate. Alternates fill-in for the Primary when injured. Coaches will attempt to get Alternates an equitable number of exhibition matches, or place the Alternate on another team. Any wrestler interested an Alternate spot on the team must complete the securing spots process prior to leaving the venue.
- Weight Class Selection & Stabilization. Parents should carefully consider which weight class they register their wrestler in for the tournament. The weight class earned at the tournament is that wrestler's weight class for the season. A Primary wrestler who desires to change weight classes during the season has no right to a wrestle-off.
- Securing Earned Spots- The goal is lock in tournament rosters for the season. Coordinators will be set up at tables adjacent to the awards stand at the end of the tournament. **All placers** interested in competing on the team should visit the table to fill out the application. All wrestler earning primary spots or secondary spot on a team must complete the following prior to leaving the event. If these requirements are not completed prior to leaving the venue the wrestler forfeits his right to the spot and the Team Coordinator will fill the spot with the next highest placer.
 - Complete the application.
 - Pay fees. Online payments and payment plans will be available.
 - Purchase required team gear.
- Filling Holes in Line-up. In the event a Primary wrestler cannot attend a dual event the Committed Alternate (if one exists) gets the spot. If the vacated spot is not filled by a Committed Alternate, then the vacated spot will be offered to other wrestlers in order of tournament placement. Parents who are offered vacated spots must commit within 24 hours of the offer or forfeit their right to the spot. Any weight class that cannot be filled with a placer from this tournament will be filled by the Team Coordinator by any means possible.
- Wrestler Reliability. A Primary wrestler who causes a hole in the team line-up (e.g. fails to show, fails to make weight, fails to have a NFHS Skin Lesion Medical Release Form present (as required), is disqualified, etc.) or engages in misconduct, forfeits his right to the spot. If the Team Coordinator decides to offer the spot to another wrestler, he will do so per the above procedure for filling holes.



Costs

Team Fees

- \$250 for all four Tournaments for the Middle School Team. \$135 for the 2 Tournaments for the Elementary team.
 - Payment plans are available with a debit, credit or checking auto draft if payment in full is not made at the qualifying tournament.
 - Minimum deposit of \$100 is due at the tournament if you are using a payment plan.
 - Training Days \$20 (This is paid at the training day)
- Holiday Duals Second Team for Elementary and Middle School \$65 due at qualifying tournament.

Team Uniform Package

- Required package \$TBD
- The required uniform package consists of shirt, shorts and singlet.
- This package will be available and must be purchased at the qualifying tournament.

Travel Costs

- Travel costs are not included in the tournament entry fees. VAWA is not responsible for any food, travel or lodging costs.
- The Holiday Duals is a Stay to Play event. This means we are required to stay in an event sponsored hotel. VAWA has a block of rooms at Holiday Inn Express & Suites Oceanfront 26th Street, Virginia Beach, The rate is \$85 per night. Please use group name VAWA when booking. The deadline to book your room at this hotel is December 10, 2015. The hotel website is <http://hiexpressvb.com>. If you are staying in a hotel for this event and do not stay in the team hotel or a tournament sponsored hotel you are breaking tournament rules and jeopardize the team's ability to advance and be invited back for next year. Team members that are commuting to the event from home are exempt from this requirement.

Team Governance:

- The Director of the Elementary and Middle School Teams is VAWA Executive Board member Gary Davis. email: gary.davis@eeco-net.com.
- The Executive Director will appoint individual Team Coordinators & Coaches.
 - Coordinators will handle all administrative duties of the team.
 - Coordinators will be responsible for filling vacancies on the team per the above outlined procedures.
 - Coordinators will be responsible for communicating with the team regarding all competition details prior to each event.
 - Coaches will be responsible for all mat-side competition decisions.



- All wrestlers and parents will be required to abide by and sign Code of Conduct and wrestler and parent responsibility contracts.
- VAWA is committed to making these teams a positive experience for everyone involved. We welcome all feedback and suggestions. Please submit them to the Executive Director.
- VAWA has also established a grievance and complaint resolution procedure for these teams.
 - Grievances or complaints must be submitted to the MS/ES Team Director Gary Davis in writing within 7 days of the incident occurrence at gary.davis@eeco-net.com
 - The Director will review the complaint and contact you for resolution within 5 business days.
 - If this resolution is not acceptable you can request final review by the Grievance Committee. This committee will consist of: The Team Director, the VAWA Executive Director, and a parent from the program that is not on the same team. The committee will meet with all parties involved within 5 business days from the request for review by the committee. The decisions of this Grievance committee are final and binding.
 - Final resolutions to all complaints will be communicated in writing to all parties involved.



2015-2016 Schedule

November 15, 2015 Qualifying Tournament VAWA Fall Classic Deep Run High School, Richmond VA

December 6, 2015 National Team Training Day Time & Place TBD

December 10-13, 2015 Virginia Challenge Holiday Duals, Virginia Beach, VA 2 Elementary & Middle School teams.

Elementary Weight Classes: 45, 50, 55, 60, 64, 68, 72, 76, 80, 85, 90, 95, 100, 105, 110, 140 (1 lb allowance)

Middle School Weights: 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 175, 230 (1 lb allowance)

January 3, 2016 Mason Dixon Quad McDonogh School, Owings Mills MD. 1 MS Team

Weight Classes: 60, 65 (born 2004 or later only)

70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 140, 150, 165 (1lb allowance)
14 years old and under as of December 31, 2015

January 17, 2016 National Team Training Day Time & Place TBD

January 30-31, 2016 McDonogh Duals Owings Mills, MD ,Middle School

Weight Classes: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 152, 175, 235, (2lb allowance)

February 11th-14th, 2016 ACWA National Duals, Wildwood New Jersey. 1 Elementary & 1 Middle School

Elementary Weight Classes: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 115, 150 (No allowance)

Middle School Weight Classes: 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 175, 230 (No allowance)