

# SANDERSON'S STATE CHAMPIONS

## INDIVIDUAL NCHSAA STATE CHAMPIONS FROM SANDERSON HIGH SCHOOL.

### MEN'S TRACK & FIELD

1	1971	Haywood Ray	100 yd	(Ligon)	9.60
2	1972	Haywood Ray	100 yd		9.60
3	1972	Danny Schlesinger	2 mile		9:29.40
4	1972	John Holladay	Shot Put		56' 9"
5	1972	LeBaron Caruthers	Discus		168' 1"
6	1973	Danny Schlesinger	2 mile		9:13.70
7	1973	John Holladay	Shot Put		60' 8.5"
8	1975	Wayne Struble	Pole Vault		13' 6"
9	1976	Billy Lynch	2 mile		9:20.00
10	1977	Billy Lynch	2 mile		9:17.75
11	1997	Termarcus McNeil	High Jump		6' 6"
12	1997	Aaron Sink	300 m hurdles		37.81
13	2001	Frank Bonus	300 m hurdles		38.51
14	2001	B.J. Henderson	400 m		49.18
15	2004	Men's Relay	800 m		1:28.07
16	2005	J.R. Rogers	100 m		10.60
17	2005	Men's Relay	400 m		41.67
18	2005	Men's Relay	800 m		1:28.33
19	2011	Carl Marant	Triple Jump		46'10"
20	2015	Emmanuel Jackson	100 m hurdles		13.70

### WOMEN'S TRACK & FIELD

1	1978	Gail Hafley	1 mile		5:05.70
2	1991	Treshell Mayo	400 m		55.91
3	1992	Treshell Mayo	400 m		56.92
4	1992	Cameron Bader	300 m hurdles		46.29
5	2000	Molly Doyle	800 m		2:19.10

### MEN'S CROSS COUNTRY

1	1975	Billy Lynch			15:09
2	1976	Billy Lynch			14:52

\* set state record

### MEN'S SWIMMING & DIVING

1	1986	William Keever	200 yd Free		1:47.93
2	1986	Gordie Blackwell	100 yd Fly		0:52.53
3	1986	Gordie Blackwell	500 yd Free		4:48.49
4	1986		400 Free Relay		3:19.73
5	1987	Jim Crampton	500 yd Free		4:42.17
6	1988	David Fox	50 yd Free		0:21.19*
7	1988	David Fox	100 yd Free		0:46.21*
8	1988	William Keever	100 yd Fly		0:50.38
9	1988		400 Free Relay		3:14.44
10	1988		200 Medley Relay		1:41.73
11	1989	David Fox	100 yd Free		0:45.32*
12	1989	Matt Hand	100 yd Back		0:53.05
13	1989		200 Medley Relay		1:39.18
14	1993	Steve Bonack	100 yd Breast		0:59.51
15	2010	Matt Taylor	100 yd Free		0:46.28
16	2010	Matt Taylor	200 yd Free		1:39.81
17	2011	Ollie Clayton-Luce	50 yd Free		0:20.53**
18	2011	Ollie Clayton-Luce	100 yd Free		0:45.46

\* set state record

\*\* set state 4A record

### WOMEN'S SWIMMING & DIVING

1	1986	Staci Sawyer	500 yd Free		5:03.87
2	1986		200 Medley Relay		1:56.98
3	1987		400 Free Relay		3:48.56
4	1988	Jenny Huber	50 yd Free		0:24.47
5	1988	Jenny Huber	100 yd Free		0:53.69
6	1988		200 Medley Relay		1:54.20
7	1989	Jenny Huber	50 yd Free		0:24.26
8	1989	Jenny Huber	100 yd Free		0:53.73
9	1990	Julie McKinney	200 yd IM		2:07.85
10	1990	Julie McKinney	100 yd Fly		0:57.91
11	1990		200 Medley Relay		1:55.11
12	1991		400 Free Relay		3:40.88
13	1991		200 Free Relay		1:41.16
14	1992	Jolene Turner	200 yd Free		1:55.16
15	1992	Beth Humphrey	500 yd Free		5:02.83
16	1992		200 Free Relay		1:42.27
17	2018	Kenna Haney	200 yd Free		1:51.21
18	2018	Kenna Haney	500 yd Free		4:49.59

### WRESTLING

1	1977	David Cooke	105 class
2	1982	Geoff Cramer	158 class
3	1983	Jay Stainback	170 class
4	1983	Gregg Zwilling	198 class
5	1984	Mike Martin	138 class
6	1984	Chris Zwilling	188 class
7	1995	Terry Bogan	125 class

### WOMEN'S GOLF

1	1975	Susan Cary	Shot 79 at Finley
---	------	------------	-------------------

### MEN'S TENNIS

1	1991	Jon Golberg and Phil Bye	NCHSAA Doubles Champs
---	------	--------------------------	-----------------------

Note: David Chermak (SHS 2007) was the NCHSAA Individuals Singles Runner-up in Tennis in 2005 and 2007.

### TEAM STATE CHAMPIONS FROM SANDERSON HIGH SCHOOL

Men's Soccer (11)	1977, 1978, 1979, 1981, 1982, 1984, 1985, 1986, 1988, 1989, 1996
Gymnastics (6)	1979, 1983, 1985, 1988, 1989, 1991
Women's Swimming & Diving (5)	1977, 1983, 1984, 1986, 1987
Men's Swimming & Diving (4)	1982, 1983, 1985, 1986
Cheerleading (3)	2005, 2008, 2010
Volleyball (2)	1978, 1980
Wrestling (1)	1983
Women's Soccer (1)	1991
Men's Cross Country (1)	2009

Note: This list of individual and team state champions has been created on the basis of several different sources that are thought to be reliable. The most notable source is the NCHSAA website. We will be happy to add state championship performances to this list when they occur or if we get reliable information about missing entries. Contact the Sanderson athletic director.

SHS Athletics Hall of Fame Inductees shown in red.