



**Elizabethtown Area
School District**

**DR. GREG DALE
DUKE UNIVERSITY**

DATE: *August 26, 2015*

TIME: *7:00 PM*

LOCATION: *Elizabethtown
Area High School*

COST: *Free & Open to the
Public*

CONTACT: *Mackenzie
Deardorff, 367-1533, ext. 1121*

Dr. Dale is the Director of the Sports Psychology and Leadership Programs for Duke University. Dr. Dale consults with organizations and corporations around the world. He has been featured on Good Morning America, MSNBC and numerous radio programs. He is a member of the Sport Psychology staff for USA Track and Field and is a dynamic speaker who provides a variety of interactive and innovative workshops around the country and the world.

***THE SPORT PARENT:
Helping Your Child Maximize
His or Her Potential***

Is your child having a positive experience in sports? What type of environment are you creating for your child to help him/her thrive in THEIR athletic experience?

In this “must-see” workshop, Dr. Dale, one of our nation’s leading sport psychology consultants and peak performance coaches, will speak to the significance of the coach-athlete-parent triangle. Dr. Dale will discuss lessons parents want children to learn from sport and the importance of modeling those lessons, as well as effective goal-setting that parents can use with their children to positively impact their children’s athletic experience.

This workshop is for:

- Parents who want to examine the role they play as a sport parent and learn practical strategies to make their child’s sport experience a positive one.
- Athletes or performers seeking to maximize their potential.
- Coaches looking for ways to enhance team cohesion and leadership on their team.
- Administrators attempting to develop more credible coaches and help parents keep sport in perspective.

Coaching you to be your best!

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