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# Coaches



## **Varsity Head Coach: Nathan Farabee (Syracuse University, c/o 2010)**

Born in Winchester, VA and raised in Durham, NC, Coach Farabee played soccer and lacrosse, lettering a combined five times in both, at Northern Durham High School. As a lacrosse player, he began playing attack and eventually moved to goalie, earning All-Conference high school honors his junior and senior years while setting several school records, including saves in a season (409) that still stands today. Upon graduating in 2006, he chose to attend Syracuse University and enrolled in the LC Smith College of Engineering and Computer Science.

While earning his Bachelor of Science in Electrical Engineering at Syracuse, he was a walk-on member of the fall 2007 lacrosse team and played for three seasons (2008-2010) for Coach John Desko. In both 2008 and 2009 the team won the NCAA D1 Championship.

After college he was a member of the first training camp and practice squad roster for the Charlotte Hounds of Major League Lacrosse. He joined the staff at JF Webb High School in Oxford, NC, under his father, David Farabee, who still remains the head coach. While at Webb, he served as an assistant coach and the team's Defensive Coordinator.

Player development was his main focus and players he coached won such awards as:

- All-Conference players
- All-Region Team
- All-State LSM
- All Old Dominion Athletic Conference Third team honors as a freshman

For the past two years, Coach Farabee was the assistant coach at Coppell High School and assistant defensive coordinator where he helped train one of the area's top goalies to a spot on the Under Armour South Region Underclass team in 2013 along with All-North District honors in 2013 and 2014. Coach Farabee currently resides in Carrollton and works as an engineer for Zodiac Aerospace in Gainesville, TX.



**Robert McCarthy, CSCS**  
**JV Head Coach**  
**Varsity Assistant Coach, Defensive Coordinator**  
**Hendrix College, c/o 2013**

Robert McCarthy graduated from Berkner High School in 2009. Robert played LSM and Defenseman for Plano East Lacrosse from 2006 - 2009. Robert helped coach the Murphy Lacrosse 7/8 team his senior year. After graduating from Berkner, he attended Hendrix College in Arkansas, where he started 50 games in his four year career, seeing action in 55 total. As a senior, he was named to the 2013 Southern Athletic Association All Conference Honorable Mention team as a Long Stick Midfielder. As of the beginning of the 2015 season, his career totals in groundballs (263) and caused turnovers (61) ranked 2nd and 1st on Hendrix's all-time ledger respectively. He also is third all time in both groundballs per game (4.78) and caused turnovers per game (1.11). In addition to this he ranks second in groundballs in a single game (15; tied with three others) and is tied for the school record for caused turnovers in a game (6). Lastly, he is the only player in Hendrix history with 50+ starts to his name.

Coach McCarthy graduated from Hendrix with a degree in Kinesiology and is in his second season as Plano East's defensive coordinator for both Varsity and JV teams.



**Aaron Farabee**

**Assistant Coach, Offensive Coordinator**

**Savannah College of Art & Design, c/o 2013, 2014**

Aaron Farabee was born in Lynchburg, VA and was raised in Durham, NC, where he lettered in soccer, lacrosse, and football his senior year at Northern Durham High School. He was a three year member of the Varsity team at Northern, receiving MVP honors from his team his senior year.

While earning a Bachelor of Fine Arts in Architecture degree and, subsequently, his Masters of Architecture degree from the Savannah College of Art and Design, he was a walk-on member and eventual scholarship athlete for the 2009 lacrosse team and played for five seasons (2009-2014) for coach Michael Cummings. While playing for the SCAD Bees, the team went to 5 National tournaments and won a conference championship in the South Eastern Lacrosse Conference of the Men's Collegiate Lacrosse Association.

In 63 career games for the Bees, Coach Farabee scored 36 goals and handed out 13 assists, while picking up 39 groundballs; his best season came in 2013, when he scored 19 of his goals and 5 assists; his goals total was good for 4th best on the team that year.

While attending SCAD he was an assistant coach for the U-15 Coastal Carolina club lacrosse team under head coach Richard McAllaster for two years. During this time he helped several key players progress to receive such awards and achievements such as:

- All-State players
- A top 15 spot in the 2014 Georgia Recruiting class
- Nationally ranked statistics (number two spot nationally for ground balls)
- Commitments to D1 lacrosse teams

Coach Farabee is a current residence of the Dallas area and works as an Intern Architect for Symmetry Architects in Dallas.



**Dalton Ortiz** was born in Houston, TX and was raised in McKinney, TX , where he lettered in lacrosse for three years at McKinney Boyd High School. He was a three year member of the Varsity team at McKinney and was also a three year captain.

Still in the process of getting a Bachelors Degree in Kinesiology, Coach Ortiz spent a year playing lacrosse at Division III Aurora University. Being moved from his original position of Midfield to LSM, Coach Ortiz learned tremendous amounts of lacrosse knowledge and is excited to help build a better over all knowledge and love for the game of lacrosse.

Coach Ortiz has also coached for Hebron High



**Bryce Barnett**



Hendrix College, c/o  
2014

**Patrick Diamonon** was born and raised Houston, Texas and graduated from Lamar High School. At Lamar, he lettered 4 times each in football and lacrosse. As a senior, he was the recipient of the team's MVP award in both football and lacrosse. After graduating from Lamar, he played 3 years of college lacrosse at Hendrix College as a midfielder and attackman, missing his senior year due to a season-ending knee injury. In 41 career games he netted 13 goals and had 8 assists for a total of 21 points alongside 57 groundballs.

Currently, Coach Diamonon is a member of the Philippine National Team, having been an active member of the roster since his freshman year of college. Most recently, he was with the Philippine team at the 2014 World Lacrosse Festival, where he averaged 6 points a game.

During the summers of college he would help coach the Houston-based Houston Hurricanes U-13 and U-15 teams. During that time the teams placed no lower than 3rd place in all their tournaments.

Coach Diamonon graduated from Hendrix College with a bachelors in Health Science.





## **One Team, One Goal, One Family!**

*Class of....*

### **2015**

Steven Barnes, Zach Parmer, Jaquawan Douglas, Tony Yourell

### **2014**

Ali Albarq, Alex Blizzard, Steven Boss, Matthew Brown, Adam Dandis, Garrett Godwin, Trevor Kovitch, Caleb Larson, Skyler Macon, Connor Mooter, Collin Spence

### **2013**

Justin Allen, Hunter Kimmerle, Marcus Pettit, Julian Qunitero, Horacio Rayna, Zach Tate, Chris Winters

### **2012**

Connor Birches, Aaron Cassel, Chris Janowski, Ian Johnson, Joseph Lamb, Billy Marlow, Will Matera, Herman Randhawa, Dakota Skinner

### **2011**

Steven Allen, Cameron Cooper, Hayden Hoyt

### **2010**

Lucas Armendariz, Lawrence Glass, Carl Grubenman, Carson Jones, Alex Keller, Travis Marshall, Max Pearl, Reid Schrodel

### **2009**

Cortez Benavides, Colin Benson, Brandon Boylan, Derek Centola, Javen Crank, Collin Dennis, Tyler Hawkins, Austin Kimmerle, Taylor Kimmerle, Kelly Law, Mark Linsky, Robert McCarthy, Gregg Ness, Dominique Turner

### **2008**

Hamilton Baker, Jack Merino, Mason Morrison, Shelton Polka, Derric Propes, Ian Walton, Nick Williams, Matt Worsham, Pedro Yarahuan

# Varsity 2016 Spring Game Schedule

Date	Result	Opponent	Location	Status
Sat Jan 30	W <a href="#">8-6</a>	@Edmond Memorial High School	<a href="#">Paul Laird Field</a>	<a href="#">FINAL</a> 
Sat Jan 30	W <a href="#">11-10</a>	@Tulsa Jenks High School	<a href="#">Paul Laird Field</a>	<a href="#">FINAL</a> 
Sat Feb 6	W <a href="#">10-8</a>	Prosper High School	<a href="#">John Clark Central Field</a>	<a href="#">FINAL</a> 
Tue Feb 9	-	@Allen High School	<a href="#">Curtis Middle School</a>	<a href="#">6:00 PM CST</a>
Fri Feb 12	-	@Coppell High School	<a href="#">Coppell West Middle School</a>	<a href="#">8:30 PM CST</a>
Sat Feb 20	-	Hebron High School	<a href="#">John Clark Central Field</a>	<a href="#">1:00 PM CST</a>
Sun Feb 21	-	Round Rock High School	<a href="#">John Clark Central Field</a>	<a href="#">3:00 PM CST</a>
Sat Feb 27	-	Airline High School	<a href="#">John Clark Central Field</a>	<a href="#">4:00 PM CST</a>
Fri Mar 4	-	@Northern Durham High School	<a href="#">Armstrong-Hill Stadium</a>	<a href="#">7:30 PM CST</a>
Sat Mar 5	-	@Athens Drive High School	<a href="#">Jaquars Stadium</a>	<a href="#">7:30 PM CST</a>
Sat Mar 19	-	@Plano Senior High School	<a href="#">John Clark Central Field</a>	<a href="#">TBD</a>
Tue Mar 22	-	@Highland Park High School	<a href="#">Highlander Stadium</a>	<a href="#">7:30 PM CDT</a>
Fri Mar 25	-	Westlake High School	<a href="#">John Clark Central Field</a>	<a href="#">7:00 PM CDT</a>
Fri Apr 1	-	@Rockwall High School	<a href="#">Kyle Field</a>	<a href="#">7:00 PM CDT</a>
Tue Apr 5	-	McKinney High School	<a href="#">John Clark Central Field</a>	<a href="#">7:30 PM CDT</a>
Sat Apr 9	-	@Lovejoy High School	<a href="#">Willow Springs Middle School</a>	<a href="#">3:00 PM CDT</a>
Sat Apr 16	-	Hillcrest High School	<a href="#">John Clark Central Field</a>	<a href="#">1:00 PM CDT</a>
Fri Apr 22	-	Prestonwood Christian Academy	<a href="#">John Clark Stadium</a>	<a href="#">7:30 PM CDT</a>

# East Lacrosse Association

## Official Roster of Varsity

Printed 02/14/2016 6:59PM

**Coaches:** Aaron Farabee, Nathan Farabee, Robert McCarthy, CSCS, Dalton Ortiz

#	Name	Grade	Pos
2	Blake Pearson	Junior	A
5	Parker Davis	Senior	D
6	Alexander Davis	Junior	SSMD
7	Jakob Watson	Junior	M
8	Jonathan Carrillo	Junior	A
9	Jonah Melander	Junior	M
12	Emilio Ames	Junior	D
17	Sage Luna	Junior	M
18	Yosef Dandis	Senior	LSM
21	Adam Fey	Junior	M
23	Robbie Andolina	Senior	LSM
24	Jake Jenkins	Junior	M
25	Nick Chesley	Senior	D
28	Joseph McCoy	Sophomore	G
31	McNeil Ito	Junior	M
33	Ryan Hamilton	Junior	D
34	Waleed Suhwail	Senior	SSMD
41	Brennan Blakeborough	Senior	A M
42	Patrick Ames	Freshman	A
44	Kris Moyer	Junior	M
48	Dylan Powell	Junior	M
50	Sado Miller	Junior	LSM
65	Jacob Farquhar	Sophomore	D
67	Matt Caldwell	Freshman	M
68	Russell Sutton	Senior	D
74	Alex Weis	Sophomore	A
91	Nicholas Richardson	Senior	G
99	Cody Leach	Senior	A

# Jr Varsity 2016 Spring Game Schedule

Date	Result	Opponent	Location	Status
Sat Jan 30	-	@Edmond Memorial High School	<a href="#">Paul Laird Field</a>	<a href="#">11:00 AM CST</a>
Sat Jan 30	-	@Tulsa Jenks High School	<a href="#">Paul Laird Field</a>	<a href="#">2:30 PM CST</a>
Sat Feb 6	-	Prosper High School	<a href="#">John Clark Central Field</a>	<a href="#">3:00 PM CST</a>
Tue Feb 9	-	@Allen High School	<a href="#">Curtis Middle School</a>	<a href="#">7:30 PM CST</a>
Fri Feb 12	-	@Coppell High School	<a href="#">Coppell West Middle School</a>	<a href="#">6:00 PM CST</a>
Sat Feb 20	-	Hebron High School	<a href="#">John Clark Central Field</a>	<a href="#">3:00 PM CST</a>
Sun Feb 21	-	Round Rock High School	<a href="#">John Clark Central Field</a>	<a href="#">1:00 PM CST</a>
Sat Feb 27	-	Airline High School	<a href="#">John Clark Central Field</a>	<a href="#">2:00 PM CST</a>
Fri Mar 4	-	@Northern Durham High School	<a href="#">Armstrong-Hill Stadium</a>	<a href="#">6:00 PM CST</a>
Sat Mar 5	-	@Athens Drive High School	<a href="#">Jaquars Stadium</a>	<a href="#">5:00 PM CST</a>
Sat Mar 19	-	@Plano Senior High School	<a href="#">John Clark Central Field</a>	<a href="#">11:30 AM CDT</a>
Tue Mar 22	-	@Highland Park High School	<a href="#">Highlander Stadium</a>	<a href="#">6:45 PM CDT</a>
Fri Mar 25	-	McKinney High School	<a href="#">John Clark Central Field</a>	<a href="#">5:30 PM CDT</a>
Fri Apr 1	-	@Rockwall High School	<a href="#">Kyle Field</a>	<a href="#">6:30 PM CDT</a>
Tue Apr 5	-	McKinney High School	<a href="#">John Clark Central Field</a>	<a href="#">6:00 PM CDT</a>
Sat Apr 9	-	@Lovejoy High School	<a href="#">Willow Springs Middle School</a>	<a href="#">5:00 PM CDT</a>
Sat Apr 16	-	Hillcrest High School	<a href="#">John Clark Central Field</a>	<a href="#">3:00 PM CDT</a>

# East Lacrosse Association

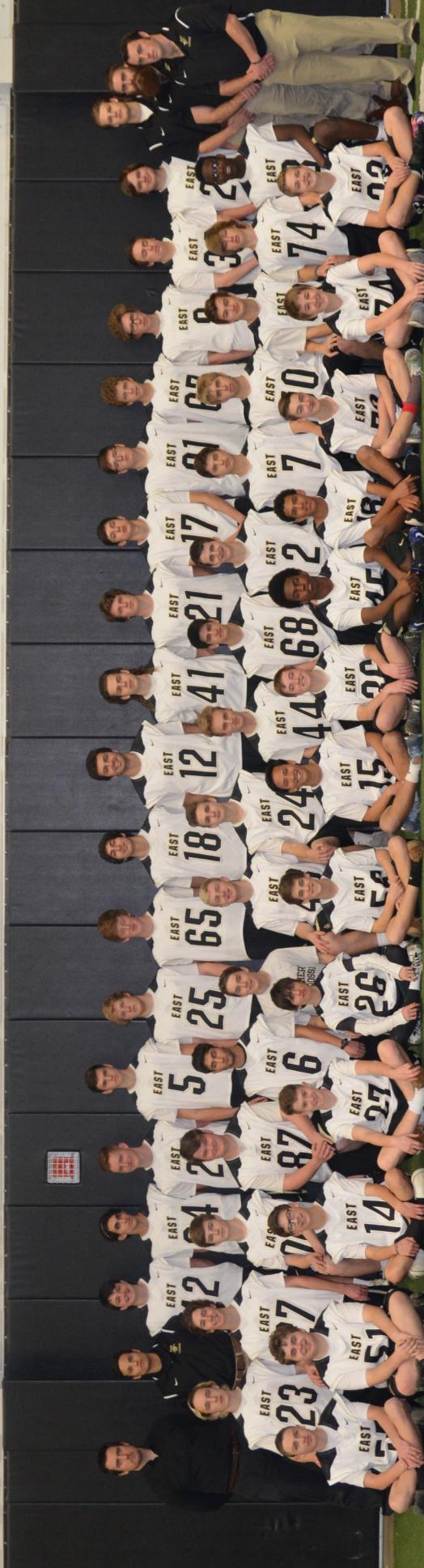
## Official Roster of Jr Varsity

Printed 02/14/2016 7:01PM

Coaches: Robert McCarthy, CSCS, Patrick Diamonon, Bryce Barnett, Dalton Ortiz

#	Name	Grade	Pos
00	Cole Schrodel	Sophomore	A
1	Colby Johnston	Freshman	D
3	Sean Nkem	Sophomore	M
13	Dylan Tovery	Freshman	D
14	Josh Watson	Freshman	M
15	Travis Nguyen	Sophomore	M
16	Japree Noys	Sophomore	M
23	Clay Carpenter	Freshman	M
26	Alex Lomonaco	Freshman	M
27	Grayson Godwin	Sophomore	D
33	Dylan Loveless	Freshman	M
37	Austin Skinner	Freshman	M
45	Jalen Cofield	Sophomore	LSM
51	Mateo Miller	Sophomore	D
55	Kyle Beckmann	Sophomore	D
56	Jake Ryan	Sophomore	A
57	Andrew Guerra	Freshman	M
72	Ben Folsom	Freshman	M
74	Alex Winston	Freshman	A
77	Andy Doan	Freshman	M
87	Crofts Morrow	Sophomore	G

One Team, One Goal





**Parker Davis** #5-D

Grade: Senior



**Yosef Dandis** #18-LSM

Grade: Senior



**Robbie Andolina** #23-LSM

Grade: Senior



**Nick Chesley** #25-D

Grade: Senior



**Waleed Suhwail** #34-SSMD

Grade: Senior



**Brennan Blakeborough** #41-A/M

Grade: Senior



**Russell Sutton** #68-D

Grade: Senior



**Cody Leach** #99-A

Grade: Senior



**Blake Pearson** #2·A

Grade: Junior



**Alexander Davis** #6·SSMD

Grade: Junior



**Jakob Watson** #7·M

Grade: Junior



**Jonathan Carrillo** #8·A

Grade: Junior



**Jonah Melander** #9·M

Grade: Junior



**Emilio Ames** #12·D

Grade: Junior



**Sage Luna** #17·M

Grade: Junior



**Adam Fey** #21·M

Grade: Junior



**Jake Jenkins** #24·M

Grade: Junior



**McNeil Ito** #31-M

Grade: Junior



**Ryan Hamilton** #33-D

Grade: Junior



**Kris Moyer** #44-M

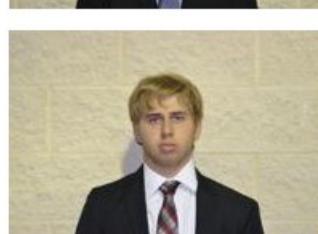
Grade: Junior



**Dylan Powell** #48-M

Gender: Male

Grade: Junior



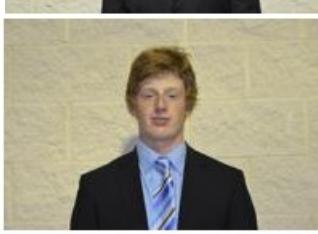
**Sado Miller** #50-LSM

Grade: Junior



**Joseph McCoy** #28-G

Grade: Sophomore



**Jacob Farquhar** #65-D

Grade: Sophomore



**Alex Weis** #74-A

Grade: Sophomore



**Cole Schrodell** #00-A

Grade: Sophomore



**Sean Nkem** #3-M

Grade: Sophomore



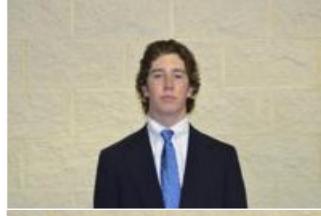
**Travis Nguyen** #15-M

Grade: Sophomore



**Japree Noyes** #16-M

Grade: Sophomore



**Grayson Godwin** #27-D

Grade: Sophomore



**Jalen Cofield** #45-LSM

Grade: Sophomore



**Mateo Miller** #51-D

Grade: Sophomore



**Kyle Beckmann** #55-D

Grade: Sophomore



**Jake Ryan** #56-A

Grade: Sophomore



**Crofts Morrow** #87-G

Grade: Sophomore



**Colby Johnston** #1-D

Grade: Freshman



**Josh Watson** #14-M

Grade: Freshman



**Clay Carpenter** #23-M

Grade: Freshman



**Alex Lomonaco** #26-M

Grade: Freshman



**Dylan Loveless** #33-M

Grade: Freshman



**Austin Skinner** #37-M

Grade: Freshman



**Ben Folsom** #72-M

Grade: Freshman



**Crofts Morrow** #87-G

Grade: Sophomore



**Alex Winston** #74-A

Grade: Freshman



**Craig Staples** #36-A

Grade: Freshman



**Andy Doan** #77-M

Grade: Freshman



**Dylan Tover** #13-D

Grade: Freshman





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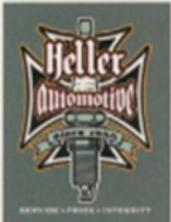
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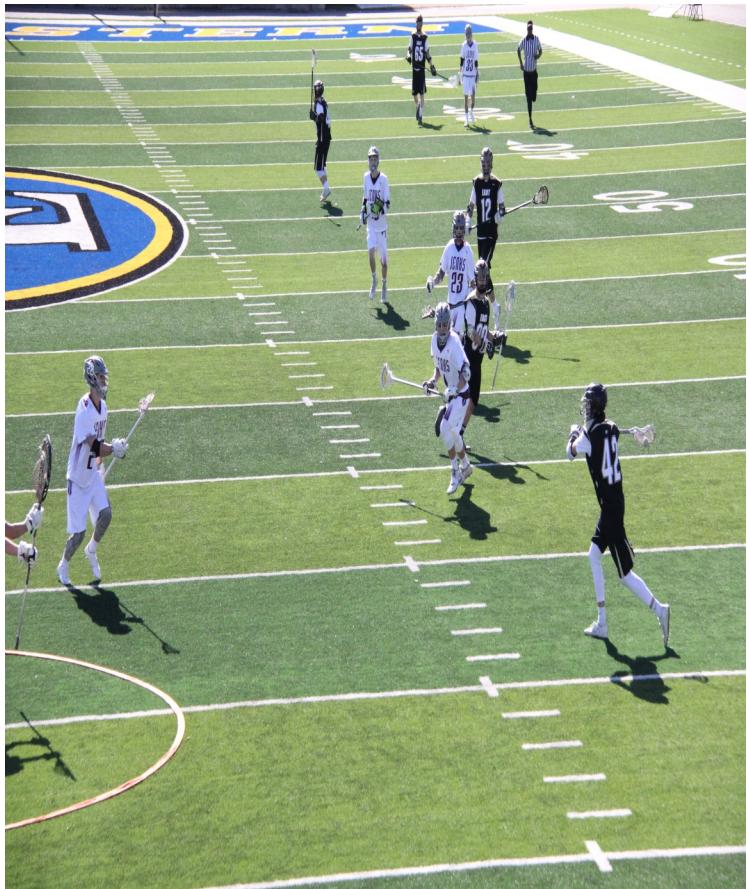
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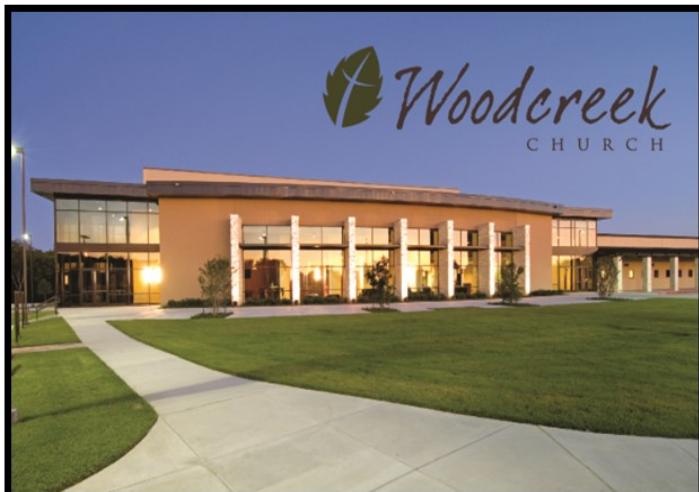
We are located 1445 Los Rios Blvd at the corner of 544/14th street and Los Rios Blvd. Check out our web site: [www.amotiondance.com](http://www.amotiondance.com) or contact us at 972-633-3790.

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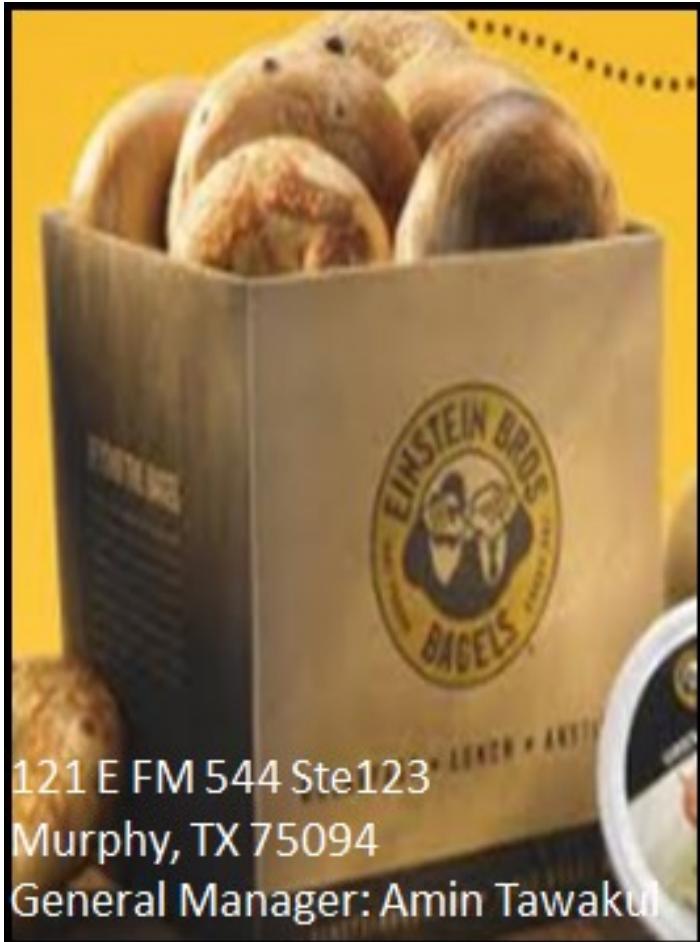
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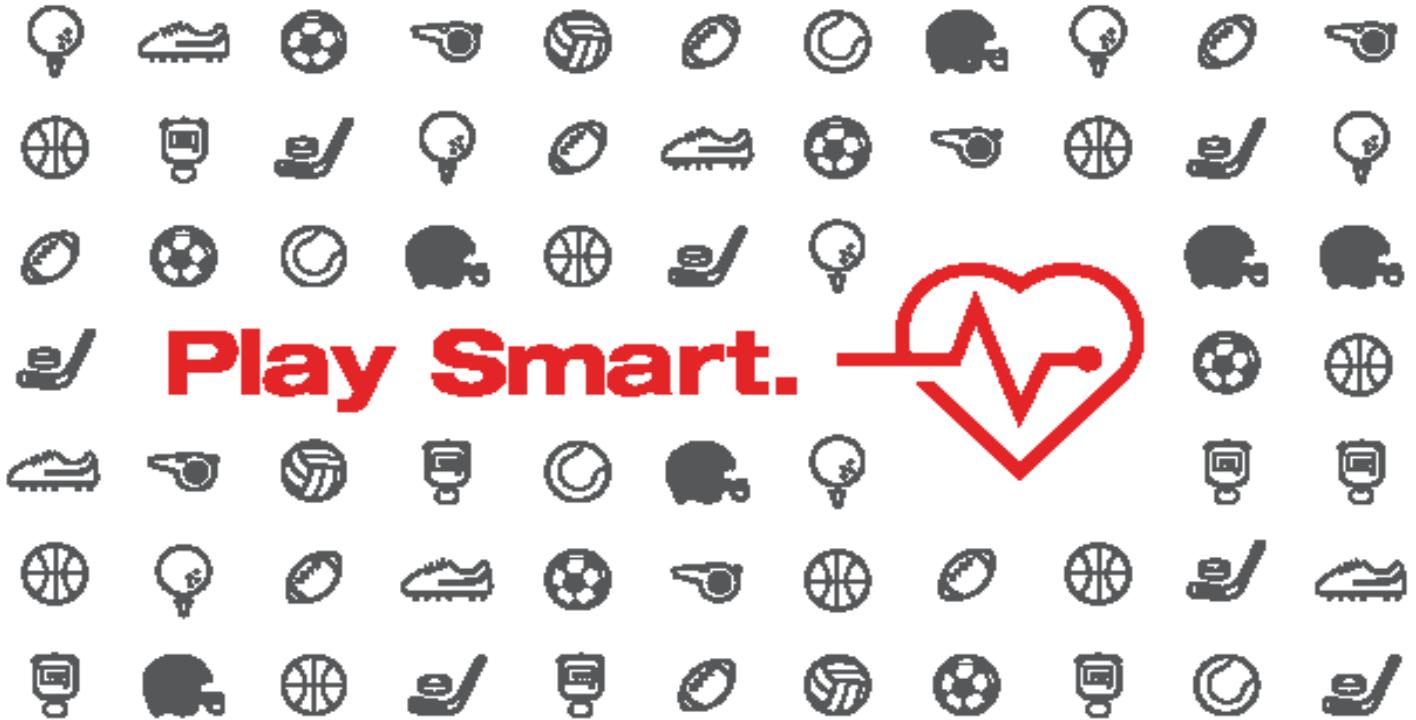
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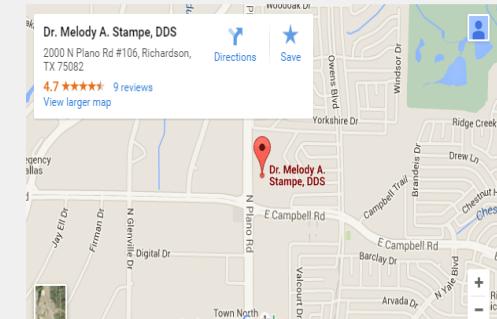
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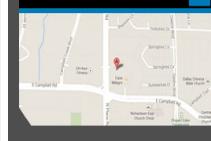
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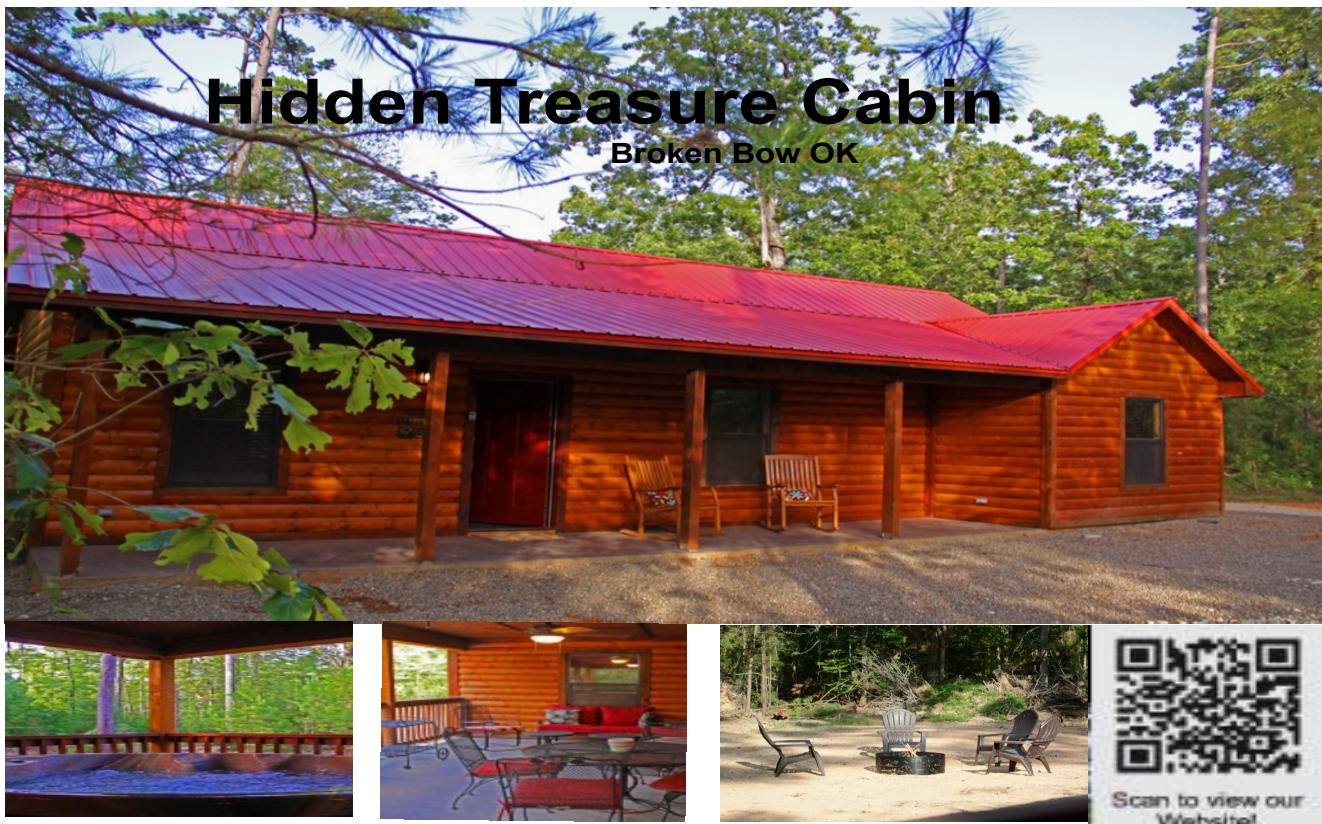


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