

SLHS Volleyball - Week of August 24



Katie Gall <vb@slhs.us>

Welcome to the Shoreland Lutheran Volleyball Program! This is the start of the weekly email to provide the players and parents with the schedule for the week ahead.

You can always find our detailed schedules, both practices and matches on slpacers.org, under the volleyball page.

Also visit us at the Shoreland Lutheran Volleyball Facebook page: <https://www.facebook.com/pages/Shoreland-Lutheran-Volleyball/1181264178566861>

MONDAY AUGUST 24

JV2 (Freshman): Practice 9-11am

JV: Practice 10am-12pm

Varsity: Practice 11am-2pm (be at school by 10:30am for team pictures)

All Levels - Team Photos 10:50am (in the gym, uniforms will be handed out prior to pictures)

****All Levels - Program Player Meeting 11:15-11:45am (in gym, season schedules, player guidelines/expectations, weight lifting families, other season details. Handouts will be emailed as well after the meeting)****

TUESDAY AUGUST 25

JV2 (Freshman): Practice 3:15-4:45pm (first day of classes)

JV: Practice 4:45-6:15pm

Varsity: Practice 4:45-7:00pm (potential scrimmage v. Christian Life @SLHS, more to come)

WEDNESDAY AUGUST 26

JV2 (Freshman): Practice 3:15-4:45pm

JV: Practice 4:45-6:15pm (first day of classes)

Varsity: Practice 4:45-6:30pm (first day of classes)

BFS (All Levels): 4:15-4:45pm (Bigger Faster Stronger = weight lifting training program)

THURSDAY AUGUST 27

JV2 (Freshman): 3:15-4:15pm

JV: **HOME** Tournament 4:30pm vs. Franklin, Tremper, Central, Waterford (be in gym, dressed and ready at 3:30pm, set up gym)

Prayer Schedule to be determine by Coach B Bahr

Varsity: Practice 3:15-4:00pm, Line Judging and Score Keeping Assignment for the JV Tournament (Meal Provided, done about 9pm)

FRIDAY AUGUST 28

JV2 (Freshman): Practice 3:15-4:45pm

JV: Practice 4:45-6:15pm

Varsity: Practice 4:15-6:15pm

BFS (All Levels): 3:45-4:15pm

SATURDAY AUGUST 29

JV2 (Freshman): **AWAY @** Kettle Moraine Lutheran HS 9:00am vs. Kettle Moraine, Fox Valley Lutheran, Lake Country Lutheran, Lakeside Lutheran, Winnebago Lutheran Academy, Wisconsin Lutheran, Sheboygan Lutheran

Transportation to Kettle Moraine to be discussed with Coach H Bahr to determine if school transportation is necessary, look for further direction from Coach H Bahr.

Team Snack: TBD by Coach H Bahr

Team Prayer: TBD by Coach H Bahr

Varsity: **AWAY @** Wilmot HS - Tournament 9:00am vs. Wilmot, Christian Life, Cudahy, Stoughton, Badger, Milwaukee School of Languages, Random Lake

****Be at Wilmot HS by 8:00am (transportation to Wilmot will be discussed with players this week to determine if school transportation is necessary)**

Team Snack - PAYTON TINDALL

Team Prayer - PAYTON TINDALL

If there are any email address additions/corrections, please let me know (email me privately).

As we begin the season, may God bless your daughters to have a successful and enjoyable season.

Isaiah 40:31

*But those who hope in the Lord
will renew their strength.*

*They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.*