

High Performance Hockey League



2022-2023
Manager/Coach
INFORMATION GUIDE



Welcome to the League



Agenda



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Introduction of League Staff



President – Jill Hare – j_hare@sbcglobal.net

· Referee in Chief –

⑩ Detroit – Andy Hempel- hockeyref024@gmail.com

⑩ Chicago – IHOA

· Webmaster – John Tuscher - tuscherj@gmail.com

Due Dates:



- League Fees are to be paid to your organization directly. Please do not pay the league directly.
- **All parents/guardians of players, coaches and managers need to complete a player registration online at hphl.us. Players are not eligible to play in HPHL games until the registration is complete. A registration is necessary for each player playing in the HPHL.** Registration will open August 8, 2022 at 9:00amEST.
- Helmet stickers will be distributed by Compuware.
- Academic Program information due Jan 29. Compuware will send out the process of collecting the information.
- Local Home Game schedules – The league will schedule all local homes games with a schedule provided by your Director. You do not need to schedule any games. If there is a change to a home local game, please enter a game change form at www.hphl.us. [Game Change/Add Form - High Performance \(hphl.us\)](#)

Period Lengths – Midgets



CHANGE: Overtime added this season!

Length of League Non-Playoff Games.

Youth 18 and under, 16 and under (Youth 15 Only/16 Only) games:

- i) League Scheduled Non-Playoff Games: All League Scheduled Non-Playoff games shall be 17-minute stop-time periods with a five (5) minute pre-game warm-up. This section applies to all HPHL League Scheduled Non-Playoff Games.
- ii) Local League games: for HPHL local League games all HPHL 18 and under, 16 and under (Youth 15 Only/16 Only) games will be 17-minute stop-time periods with a five (5) minute pre-game warm up. iii) If the game is tied after regulation play, the following will apply:
 - a) A five (5) minute sudden death 4 on 4 (four on four) overtime period. Any overtime period shall be considered part of the game and all unexpired penalties shall remain in force. If a team ended the game in regulation time with a 5 on 4 advantage, the advantage will continue as 4 on 3 in the overtime period. If there is still no winner at the end of the overtime period, a shoot out will commence.
 - b) Three different shooters from each team will take alternate shots. The team with the advantage in goals scored will be deemed the winner. All designated players will have an opportunity to shoot unless it is evident by the score a clear cut winner can be determined.
 - c) If no clear winner emerges, the teams will continue in a “sudden death” shootout, until the game is decided. If the first player scores, the next player from the opposing team will have the opportunity to score. If this player does not score, the game is over and a winner is declared. All players must be used prior to using a single player again. Once all players have been used, any player can be used if the game is still tied. The players of both teams will take the shots alternately.
 - d) Any player whose penalty was not over when overtime ended cannot take the shots and must stay in the penalty box.
 - e) Only the decisive goal will count in the results.
 - f) The home team will choose whether to shoot first or second.
 - g) Shots will be taken at both ends of the ice. The goalkeepers will defend the same goal, as determined by the referee.
 - h) If either team declines to play in the necessary overtime period or shoot out, the game shall be declared a loss for that team.



Period Lengths (cont'd)

b) Youth 14U and Younger League Non-Playoff Games:

- i) League Scheduled Non-Playoff Games: All HPHL 14U and younger weekend nonplayoff games shall be 15-minute stop-time periods with a three (3) minute pre-game warm-up. This section applies to all HPHL games.
- ii) Local League games: for HPHL local League Games all HPHL 14U and younger games will be 15-minute stop-time periods with a three (3) minute pre-game warm up

HPHL Season



The HPHL regular season shall begin on September 1st of each year. All games must be completed and posted by Sunday January 26, 2023 at 5:00pmEST. For 12U, the last game should be played and scored by January 13, 2023 at 5:00pmEST.

Showcase schedules are posted on the Gamesheet platform.

Please check often to see any changes to the schedule.

Game Change Form must be submitted for any game change to the Gamesheet schedule. This includes any missing games.

Find the Game Change Form at: <https://hphl.us/game-change-form/>

All games are to be scored via GAMESHEET app. Paper scoresheets will not be accepted.

Gamesheet Live Scoring

- ▶ Each manager should receive a code to enter their rosters. This code should be received from your organization.
- ▶ Each manager should take ALL of the training tutorials regarding scoring games and entering rosters.
- ▶ Teams must enter their games LIVE. Coaches are required to upload all games with the referee at the end of the game. Any organization where a coach has not uploaded a game LIVE will be assessed a fine.
- ▶ If a scorekeeper does not show up, it is the HOME team's responsibility to score the game in gamesheet LIVE.
- ▶ GAMESHEET KEY: [iPad League Key](#): `ipad-hphlfctI`

Local Games

- ▶ Will be scheduled into Gamesheet
- ▶ Detroit - The RIC will take the schedule from Gamesheet and schedule your refs.
- ▶ Detroit - For Compuware, teams will pay the referees at the time of the game
- ▶ Chicago - You will schedule local games with the refs directly as in previous years.
- ▶ Chicago - Your organization will pay the local game refs.
- ▶ All showcases game referees will be scheduled by the league.

Hotel Program



- Very important –
There is a financial penalty per trip each time you do not use the travel program for any league related trip. All trips are tracked by showcase.
- Teams – Use the travel form on the www.hphl.us website.
- Accuracy is critical when requesting rooms
- Please notify Jill at j_hare@sbcglobal.net of any cancellations or date changes first
- Choose a hotel off the list and submit a request for each trip. A contract will be returned to you from the hotel.
- Hotel conduct is a representation of our league. The highest code of conduct will be expected of all players/parents when traveling.
- The hotel list is posted online at www.hphl.us. Under the Rinks/Hotels tab.

HPHL Academic Program 2022-2023

What: Academic excellence recognition for the 2022-2023 season.

Why: The HPHL is driven to celebrate and acknowledge both individual and team achievements on-ice and off-ice.

Who: All HPHL players are eligible.

How: Awarded by the coach.

When: Submittal dates: January 29, 2023 to Bob DeSpirt on the excel file to be provided.

The Criteria and Process:

If a player has a 3.50 + GPA, they submit their Report Card to their coaches or team manager by 1/29/2023. Each team submits a list of names by January 29, 2023 to Bob DeSpirt.

The Recognition:

A. All 3.50+ GPA's receive a CERTIFICATE



B. All 3.80+ GPA's receive a CERTIFICATE AND ACHIEVEMENT PIN





HPHL Award of Excellence

Congratulations to the 2021-2022 winner

Chicago Mission

- ▶ Organizations will again have the opportunity to win the HPHL Award of Excellence for the 2022-2023 season.
- ▶ This trophy is awarded to the organization at the end of the season with the highest winning percentage at the end of the regular season.

Keep update by checking the HPHL website throughout the season!





Continuing for the 2022-2023 season!

Division Champions

- ▶ This season along with the Award of Excellence, the first place team in each division for the regular season will be awarded a banner of excellence.

Playoff Champions

- ▶ This season along with the Award of Excellence, the first place team in each division for the HPHL Playoffs receive medals and a banner.



Website/Social Media
www.hphl.us



Please send us your photos and content this season!
Please tag us on facebook and Instagram.
@hphlhockey

All communications can be found on the website.

We recommend a "Communications Liaison" be assigned for each team so someone is responsible for sending in relevant information to be posted on the website and other social media outlets along with pictures.

Check the site often throughout the season for updates.

When we make changes to the schedules etc...we will post on the website .

Please send directly to Jill Hare at j_hare@sbcglobal.net

Your team and its accomplishments are newsworthy!