



Girls Only **GIVE HOCKEY A TRY**

Sunday, October 18, 2015

It's Free! **Equipment and Coaching are provided**

**Hockey is for everyone.
Come check it out!**

**Sign-up/Register at:
www.stjudehockey.org**



If you know a girl age 14 and under who would like to try hockey for free, the St. Jude Knights Hockey Club will be hosting a “Girls Try Hockey for Free” session on Sunday, October 18, 2015 from 2:40 pm to 3:50 pm at Southwest Ice Arena!

(Those needing equipment, please arrive 1 hour early)

And, after the skate, stick around to cheer on the Knights Girls A1 U12 Hockey Team in their game at 4:00 pm.

Thank you to Southwest Ice Arena for generously providing food (hot dogs and side) for each participant from 3:30 pm - 5:30 pm



With the success and popularity of the 2014 USA Olympic Women's Hockey Team, girls hockey has exploded in popularity! With that in mind, the St. Jude Hockey Club and its girls hockey program are planning a **"Hockey for Free" event** designed to allow girls ages 14 years and under an opportunity to try ice hockey. Under the direction of our girls hockey program director, this event will provide instruction in the beginning aspects of the game, while also highlighting the sportsmanship and character building that this sport provides players. **We invite you to join us for this exciting event!**

WHO CAN TRY HOCKEY FOR FREE?

Girls ages 14 and under

WHEN CAN GIRLS AGES 14 AND UNDER TRY HOCKEY FOR FREE?

Sunday, October 18, 2015 • Southwest Ice Arena • 5505 127th Street, Crestwood, IL
Registration and equipment check out starting at 1:40pm • On ice from 2:40pm - 3:50pm

HOW MUCH WILL IT COST FOR MY DAUGHTER AGE 14 AND UNDER TO TRY HOCKEY FOR FREE?

Nothing. No skate rental fees, no ice fees. You don't even need to bring a wallet.

HOW MUCH SKATING EXPERIENCE IS REQUIRED TO PARTICIPATE?

None. The event is targeted toward girls of varying levels of skill and experience. We will divide the ice into different stations to meet the needs of absolute beginners who have no skating or hockey experience, intermediate players who have some experience, and advanced players who have played hockey for several years. The idea is to allow all girls to sample hockey and see if something that they want to pursue further.

WHAT EQUIPMENT IS REQUIRED?

Whatever you have. All participants will be required to have ice skates, a helmet, gloves, and a hockey stick (hockey gloves or ordinary winter gloves are okay). If you don't have your own equipment, we will provide skates, helmets, and hockey sticks for use during the event at no charge. Please bring your own gloves and any other hockey equipment that you have.

WHAT WILL THE EVENT CONSIST OF?

St. Jude Knights coaches will be on hand along with current members of the Girls Knights hockey teams. We'll do some light skating drills and let the girls shoot some pucks around. The current Knights will talk a little bit about why they like to play hockey and what it means to them.

HOW DOES MY DAUGHTER SIGN UP?

Please visit the St. Jude website (www.stjudehockey.org) to register your child.

WHAT IF I HAVE MORE QUESTIONS?

Contact the St. Jude Girls Hockey Program Director, Jackie Wedster-Kooistra at 773-640-1133 or e-mail the St. Jude Girls Program Representative, Steve Groszek at sgroszek@att.net or call 773-415-8207.