



Welcome to LHVA's 2015-2016 Information Meeting

Co-Directors: Mark Finegan & Sloane Dill

Treasurer: Cindy Finegan

Contact: info@lhvavolleyball.com

Tryouts - Must Attend Both Days

November 17th and 18th at Hooperstown (Mount Vernon, NY)

Tryout Fee is \$60 on or before 11/4 or \$75 from 11/5 - 11/17

Credit Card online or Cash or Check to Lower Hudson Volleyball Association on day of tryouts

15 and Under	Registration on 11/17: 5:30pm	Tryouts: 6:00-7:30pm
16 and Up	Registration on 11/17: 7:00pm	Tryouts: 7:30-9:00pm

What to do before Tryouts:

- Register for Tryouts @ www.lhvavolleyball.com
- Register with GEVA @ www.geva.org (separate fee)
 - Print out and bring GEVA Player Membership Card & GEVA Player Medical Release Form
- Bring \$75 Tryout Fee- if not paid online or mailed on or before 11/5

Teams & Coaches

18s or 17s Travel	Gegy Corzo, Gabby Brown & Deanna Maruschak
17s/16s Regional	Liz Millan & Karina Negrón
15s Regional	Mike McGovern & Monica Argentina
14s Regional	Jessica Mann & Christina Ricci
13s Regional	Sloane Dill

2015-2016 Developmental Program (Grades 2-8)

This program begins on December 5th. Practices are on Saturdays at Pelham High School from 1-2:30pm for a total of 10 sessions. There are no tryouts for this program. The cost is \$300! Registration is on December 2nd @ Pelham Middle School from 7:00-8:00 pm or Saturday, December 5th @ Pelham High School from 12:00-1:00pm. (Dates: 12/5, 12/12, 12/19, 1/9, 1/16, 1/23, 1/30, 2/6, 2/27, 3/5)

Tentative Tournament Schedule for a 18s or 17s Travel Team (Dates and times are subject to change)

January 2 or 3, 2016	New Year's Tournament
January 17-19, 2016	New England Winterfest- NERVA (Hartford, CT)
January 31, 2016	GEVA Tournament
February 13-15, 2016	Capitol Hill Classic (Washington, DC)
March 13, 2016	GEVA Tournament
April 10, 2016	GEVA Regional Championships
May 7 & 8, 2016	Jersey Surfside Festival Tournament (Atlantic City, NJ)

*One More Date-TBA

Tentative Tournament Schedule for a 17s/16s Regional Team (Dates and times are subject to change)

January 2 or 3, 2016	New Year's Tournament
January 31, 2016	GEVA Tournament
March 13, 2016	GEVA Tournament
April 10, 2016	GEVA Regional Championships

*Three More Dates-TBA

Tentative Tournament Schedule for a 15s Regional Team (Dates and times are subject to change)

January 2 or 3, 2016	New Year's Tournament
January 23, 2016	GEVA Tournament
February 27, 2016	GEVA Tournament
April 16, 2016	GEVA Regional Championships

*Three More Dates-TBA

Tentative Tournament Schedule for a 14s Regional Team (Dates and times are subject to change)

January 2 or 3, 2016	New Year's Tournament
January 30, 2016	GEVA Tournament
March 12, 2016	GEVA Tournament
April 30, 2016	GEVA Regional Championships

*Three More Dates-TBA

Tentative Tournament Schedule for a 13s Regional Team (Dates and times are subject to change)

February 20, 2016 GEVA Tournament
April 9, 2016 GEVA Tournament
April 23, 2016 GEVA Regional Championships

***Two More Dates-TBA (one in January and one in March)**

Practice Times and Locations (Times are subject to switch)

Monday, Tuesday & Thursday: Pelham Middle School **Wednesday:** Hooperstown

18s or 17s Travel:	Tuesday 8:00-10:00pm	Thursday 8:00-9:30pm
17s/16s Regionals:	Tuesday 8:00-9:30pm	Thursday 8:00-9:30pm
15s & 14s:	Monday 8:00-9:30pm	Wednesday 6:00-7:30pm or 7:30-9:00 (Switch every week)

13s: Monday 5:30-7pm (2x a Month) & Wednesday 4:30-6pm @ Hooperstown
(Mondays @ Hooperstown: 12/7, 12/21, 1/4, 1/25, 2/8, 2/22, 3/7, 3/21)

All Teams Positional Practices @ Pelham MS/Saturdays before Developmental/ 12-1pm
(Tentative Dates: 12/5, 12/12, 12/19, 1/9, 1/16, 1/23, 1/30, 2/6, 2/27, 3/5)

Total Payment: (First Payment for all teams is due on 11/23)

18s or 17s Travel- \$2,500	First payment: \$1,000
17/16s Regional- \$1,600	First payment: \$600
15s Regional- \$1,500	First payment: \$500
14s Regional- \$1,500	First payment: \$500
13s Regional- \$1,300	First payment: \$400

What Payment Includes:

- * Uniforms for the Travel Team: 2 practice shirts, 2 jerseys (1 short sleeve & 1 long-sleeve) , 2 spandex, warm-up jacket and pant, bag, & two pair of socks
- * Uniforms for the 17s/16s, 15s & 14s Regional: 2 practice shirts, 1 jersey, 1 spandex, warm-up jacket and pant, bag, & a pair of socks
- * Uniform for the 13s: 2 practice shirts, 1 jersey, 1 spandex, warm-up jacket and pant, & drawstring bag
- * Gym Rental- Two practices a week
- * Qualified Coaching- Impact certified coaches
- * Extra Practice Time at the Positional or Setters Practice
- * Med kits, balls, ball carts, training equipment
- * Tournament Entry Fees
- * Travel Team-Room accommodations in Connecticut, Atlantic City & Washington, DC

Player Commitment: LHVA is designed to improve and enhance a female athlete's skills and abilities. It is the player's responsibility to fully commit to the club and their team in order to get the best experience from the program. 100 % commitment of the player's time and effort is required. Other sports should not consistently interfere with practices and/or tournaments. Any school conflicts must be presented to the coach at the beginning of the season.

Parent Commitment: Parents are a key role in this experience. Your dedication to your daughter and their commitment to the club is essential. Driving your daughter back and forth to tournaments within our region and practices takes a lot of commitment on your part. Also, one parent from each team is asked to volunteer as a team parent.

Important Dates:

November 17 th and 18 th	Tryouts @ Hooperstown
November 23 rd	Ice Cream Social & Commitment Date (1 st Payment Due) @ PMS- Cafeteria C- 7pm
November 30 th	Practice Begins for 15s & 14s @ Pelham Middle School
December 1 st	Practice Begins for 18/17s Travel and 17s/16s Regional @ Pelham Middle School
December 2 nd	Practice Begins for 13s @ Hooperstown
December 5 th	First Positional Practice @ Pelham High School

Questions: Any further questions, please feel free to contact the staff either through info@lhvavolleyball.com or by phone: **Mark Finegan (914) 602-1912 or Sloane Dill (914) 557-2570.**

www.LHVAVolleyball.com