



**Greetings!**

**I would like to welcome all new and returning families to the fall season! Practices and games are already underway, with 22 teams competing in the NISL and IWSL.**

**Exciting events coming up, mark your calendars:**

- Schwaben Cup this weekend - The tournament sold out all its spots so should prove to be a fantastic weekend for soccer.**
- German Day Fest/Von Steuben Parade - Saturday September 12th at 2pm. Schwaben players will be leaving via bus from the banquet hall to march in the parade. Join us! More info: <http://germanday.com/>**
- International Exchange Program - Oct 18-28th Schwaben will host**

players from Germany with combined practices, friendly games, dinner and Family Day activities. Come watch them play! See below for details.

-Hansa Indoor Academy is giving discounts to all Schwaben players - see details below.

-Anniversary Dance will be in November, more details to come.

-Holiday Party will be December 12th.

We are looking to put together a U8 Girls team (born in 2008) starting this winter or spring. If you are interested, please contact me.

**Go Schwaben!**

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## **SCHWABEN FAMILY PICNIC JULY 26TH**



We kicked off the season with the annual Schwaben Family Picnic. Great food, soccer, meeting new families and players and a fun water balloon toss were some of the highlights of a wonderful day.

**WELCOME NORTHWEST COMMUNITY**

## HEALTHCARE!

At Northwest Community Healthcare, we care about keeping your family healthy. Learn more about first-aid care, the symptoms of concussions, how to prevent sports overuse injuries and more at the [NCH Health Corner](#).



Northwest Community Healthcare

**Sign up and receive a free sports water bottle.**

NCH Medical Group physician offices are conveniently located in Arlington Heights, Buffalo Grove, Lake Zurich, Mount Prospect, Palatine and Schaumburg. The NCH Medical Group is the go-to healthcare provider in the northwest suburbs for all types of care, including neurology and sports medicine. To learn more about the NCH Medical Group, and to view physician bios and videos, visit [www.nchmedicalgroup.com](http://www.nchmedicalgroup.com). To find a physician, call HealthConnection at 847-618-4968.

## INTERNATIONAL EXCHANGE PROGRAM

The Schwaben International Exchange Program continues this fall. From October 18th - 28th Schwaben will be hosting a girls and boys team from the Hamburg Fussball



Verband. This is the fourth year of the program and we have a great itinerary of soccer and cultural events planned for the Hamburg kids. A club email will go out with activity and game times for those interested in joining the fun.

## HANSA INDOOR ACADEMY- DISCOUNT!

A reminder that all current Schwaben A.C. players receive a **\$40 discount** for the Hansa Winter Academy - use this voucher code when

registering: WAPCNV

[Please visit the Academy Page for more information and registration.](#)

## VISIT BENDE INC FOR DELICIOUS FOOD!

We are proud to have Bende as a Schwaben sponsor - stop in today to say hi to the Bendes while you pick up dinner!



The Bende family has been in the food trade since 1935 when a young Miklos Sr opened his first grocery store in Hungary. Soon after immigrating to the US in 1956 with his young family, they returned to their meat cutting and grocery roots. Today the third generation oversees every aspect of the business. While we have grown and adopted new technologies, we still use the original old world recipes carried from Hungary by Miklos Sr. We invite you to sample those recipes as well as foods imported from Germany, Poland, Croatia, Hungary and many more.

## CHECK OUT THE GREAT THINGS OUR SPONSORS ARE DOING!





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