



**ROOSEVELT HIGH SCHOOL
ACTIVITIES/ATHLETIC
STANDARDS**

**TO BE READ BY ALL PARENTS/GUARDIANS
AND ATHLETE/PARTICIPANTS**

ROOSEVELT
ROUGHRIDERS

ROOSEVELT HIGH SCHOOL

Extracurricular Standards

The primary purpose of the extracurricular program at Roosevelt High School is to promote the physical, mental, social, emotional, and moral well being of the participant. It is hoped that these experiences in our school will be a positive force in preparing youth for an enriching and vital role in American life.

The extracurricular program is an important and integral part of the total school program and is open to participation by all students regardless of individual differences. Though voluntary participation, the student gives time, energy, and loyalty to that program. He/she also accepts any rules, regulations, and responsibilities, which are unique to any of these programs. In order to contribute to the welfare of the group, the student must willingly assume certain obligations. Participation demands that the individual makes sacrifices not required of others whom do not participate.

I. ELIGIBILITY

- A. Any student involved in any C.H.S.A.A. sanctioned extracurricular activity must meet any standards set forth by the C.H.S.A.A. and Weld County School District Re-5J.[A copy is on file in the athletic director's office]
- B. An eligibility check will be made by the athletic/activities department for all participants in extracurricular activities every two (2) weeks. Any student not passing five credited classes (failing no more than one) at this time would be ineligible for the following two (2) weeks.
- C. Students must be in attendance four {4} class periods during the day to be eligible to play on that day. Prior arrangements must be made with the principal or designee to waive this restriction. Attendance criteria, to be eligible for practice, are covered by individual athletic head coaches and activity sponsors in their respective contracts. This rule excludes Saturday contests and/or emergency situations.
- D. Students who have not passed five or more classes at the close of the semester will not be eligible until the eligibility date determined by CHSAA, at which time, the student must be eligible. If the student is not eligible, the student remains ineligible to participate in athletics/activities for the remainder of the current semester.
- E. For eligibility purposes, students who withdraw failing from any class after being enrolled more than 2 weeks will carry the failing grade through the end of each trimester/semester.

II. SPORT SEASONS

- A. The school year is divided into three {3} sport seasons. These are:
1. Fall –Boy’s & Girl’s Cross Country, Football, Volleyball, Softball, Boy’s Golf, Boy’s Soccer, and Spirit.
 2. Winter—Boy’s & Girl’s Basketball, Wrestling, Spirit
 3. Spring—Boy’s & Girl’s Track, Baseball, Girl’s Golf, and Girl’s Soccer.
- B. The last day to check out in a given sport season is the first scheduled contest of a sport. This rule excludes those students who have an opportunity to become eligible for participation under the provisions of section I-D and transfer students.
- C. A \$35.00 sport fee {per sport} will be assessed to each athlete participating in a sport at Roosevelt High School. The maximum a family will be assessed per year is \$140.00. (Not including section D below.) This fee will be refunded only if the athlete quits a sport prior to the first contest of a sport. Waivers are only approved upon completion of waiver form (Front Office). Sport fees waivers are not contingent on free/reduced lunch and are not available for international/exchange students.
- D. Each individual team may include an additional team fee (Not to exceed \$35.00 or \$70.00 total with the sport fee) this fee may only be used for items that are immediately spent on athletic needs. Example..Baseball Practice items (Clothing, Hats, etc.,) that each athlete uses and keeps as a personal item.
- E. A sport season at Roosevelt High School extends from the first practice through the state meet or the sports awards night, whichever occurs last.
- F. A student, who quits a sport after the first contest has been held, regardless of whether he/she participated, is not eligible to work out for another sport until all gear is checked in and a conference has been held with the coach.
If the participant quits a sport and wants to go out for another sport occurring that same season, he/she must attend a conference with both coaches involved.

III. ACTIVITY SEASONS

- A. The school year, as it pertains to activities, is considered year round and is determined by the activity sponsor.
- B. The last day to check out in a given sport/activity season is the first scheduled competition. This rule excludes those students who have an opportunity to become eligible for participation under the provisions of section I-D and transfer students.
- C. The fee for each individual activity is determined by the needs of each activity and approval for by the Principal. This fee may or may not be refundable up until the first competition pending any expenses already accrued.
- C. An activity season at Roosevelt High School extends from the first scheduled practice through the final competition or awards night, whichever occurs first.

IV. PARTICIPATION STANDARDS

In addition, to be eligible to participate in activity/athletic programs, a participant must conform to district and individual school standards of conduct and sportsmanship.

Rules of Conduct (Athletics)

1. The following conduct regardless of whether it constitutes a single incident or a pattern of activity will be grounds for disciplinary action. The below rules apply to all students who have registered for a sport at RHS and have a signed copy of the parent agreement. Once the student has registered for their first sport at RHS they will be held to these rules until the conclusion of their athletic career at RHS (This is regardless of what sport they chose next). **Please note that once this agreement is in place, a student will be held accountable even during the offseason.**
 - A. **Use, possession, sale and/or exchange, regardless of the quantity, of alcoholic beverages or illegal controlled substances.**
 1. 40% of scheduled contests, if conclusion of season occurs prior to the full suspension being served the suspension will carry over to the next sport the athlete participates in. This suspension could include post season play if indeed the infraction happened towards the end of the season.
 - a. Sentence can be reduced to 30% with self-admission prior to the school's knowledge. Option only available on first offense.
 2. Second offense is removal from athletics for one calendar year. Students with this punishment will not be eligible for any athletic honors including but not limited to lettering, all conference, all conference honorable mention etc...
 3. Every athlete will start on step one after 1 calendar year without violating this policy.
 - B. **Use, possession, sale and/or exchange, regardless of the quantity of tobacco.**
 1. 20% of scheduled contests, if conclusion of season occurs prior to the full suspension being served the suspension will carry over to the next sport the athlete participates in. This suspension could include post season play if indeed the infraction happened towards the end of the season.
 - a. Sentence can be reduced to 10% with self-admission prior to the school's knowledge.
 2. Second offense is 40% of scheduled contests, if conclusion of season occurs prior to the full suspension being served the suspension will carry over to the next sport the athlete participates in. This suspension could include post season play if indeed the infraction happened towards the end of the season.
 3. Third offense is removal from athletics for one calendar year. Students with this punishment will not be eligible for any

- athletic honors including but not limited to lettering, all conference, all conference honorable mention etc...
4. Every athlete will start on step one after 1 calendar year without violating this policy.

C. Unacceptable behavior

1. Unacceptable behavior will be determined by the Administration, Athletic Director and Head Coach.
 - a. Unacceptable behavior could include but is not limited to willful disobedience, defiance of authority, destruction/damage/defacing of any school property (home or away), behavior that is detrimental to the welfare and safety of others and behavior which could be characterized as unsportsmanlike, (It is emphasized that *attendance* at a party or similar event, where underage drinking and or drugs are present, is deemed unacceptable behavior.)
2. Violation of any item deemed as unacceptable behavior will result in any of the below, depending on the severity of the violation which is determined by administration.
 - a. Reduced Playing Time
 - b. Suspension for 1 scheduled contest, if conclusion of season occurs prior to the full suspension being served the suspension will carry over to the next sport the athlete participates in.
 - c. Suspension for 20% of scheduled contests, if conclusion of season occurs prior to the full suspension being served the suspension will carry over to the next sport the athlete participates in.
 - d. Suspension for 40% of scheduled contests, if conclusion of season occurs prior to the full suspension being served the suspension will carry over to the next sport the athlete participates in.
 - e. Suspension from participation in the sport for the remainder of the season
 - f. Suspension from participation in any sport or activity for one calendar year.

D. Hazing

1. Any action or behavior that is deemed as being hazing by the School Administration and Head Coach will result in the following consequences.
(Hazing includes but not limited to: illegal acts, humiliation rituals, sexual acts, sexual battery, physical abuse, confinement, disgusting substances, alcohol consumption, or inappropriate clothing.)
 - a. Removal from athletics for one calendar year from time of incident. (In school punishment may also occur per student handbook)

Sport	Allowable Contests	10%	20%	30%	40%	Type of Contest
Baseball (Games)	19	2	4	6	8	Games
Basketball (Games)	23	2	5	7	9	Games
Cross Country (Meets)	11	1	2	3	4	Meets
Football (Games)	10	1	2	3	4	Games
Golf (Holes)	198	20	40	59	79	Holes
Soccer (Games)	15	2	3	5	6	Games
Softball (Games)	19	2	4	6	8	Games
Track (Meets)	11	1	2	3	4	Meets
Volleyball (Matches)	23	2	5	7	9	Matches
Wrestling (Points)	30	3	6	9	12	Points
Cheer (Games)	26	2	4	6	8	Games

V. ADDITIONAL POLICIES AND/OR CONTRACTS

- A. Head coaches and activity sponsors have the authority to establish additional rules for their activities. In no instance shall these rules be less stringent than those provided for in the participation standards of Roosevelt High School.
- B. Each contract will contain the lettering requirements of that sport or activity.
- C. No student will be allowed to participate {including practice} in a sport/activity until he/she has completed the registration process.
 Registration process-athletes/participant must turn in the following:
 Release from prior sport/activity (turned in all equipment & fees)
 Completed & signed Emergency Card
 Completed & signed Parent Consent & Insurance
 Physical (Only for Athletics)
 CHSAA Form 2 (Only for Athletics)
 Specific sport/activity contract signed by athlete/participant & parent/guardian
 Parent Agreement signed
 Fee (If Applicable)
- D. Athletes/Participants may participate in more than one sport/activity per season if all of the below Conditions are met:
 Parental agreement
 Agreement between the participating coaches/sponsors
 The athlete/participant designates a primary sport/activity
 Athlete meets all CHSAA practice requirements
- E. Coaches/Sponsors may use Saturdays and vacation periods for practice and/or rehearsals as long as the practice/rehearsal meets CHSAA guidelines and are not mandatory. Sunday practice/rehearsal is prohibited
- F. Any over night travel must be approved by and on file with the Athletic/Activities Department in advance. Overnight travel supervision requires that there be one coach/administrator per every eight athletes for the entire trip.

VI. CANCELLATION OF SCHOOL

If school is canceled or dismissed by the district administration, all scheduled contests, matches, etc, are canceled. On any day school is canceled, I.e., snow day, there will be no practices, rehearsals, etc, and the buildings and school facilities are closed.

VII. APPLICATION

- A. This policy applies to the following activities at Roosevelt High School.
1. Athletics
 2. Student Council
 3. Music (band & choir)
 4. Drama
- B. All other extracurricular activities at Roosevelt High School are regulated by individual activity contracts.

VIII. CLUB SPORTS AND OUTSIDE GROUPS

- A. While Roosevelt High School understands the benefit of some “Club” participation, we maintain the importance of staying dedicated during the CHSAA governed season to the RHS team to which a student athlete makes a commitment. It is also important that students and parents understand the risks of sport specific conditioning and training when athletes are not benefitting from rest periods.
- B. The following should be taken into account:
- a. It is required that your #1 athletic priority, loyalty, and concern during this season be your Roosevelt Sport. Your coaches and fellow players are relying on you to perform at your best while participating in this program.
 - b. Will participating in “Club or Outside Groups” affect your level of stamina?
 - c. Will participating in “Club or Outside Groups” affect your commitment to this program?
 - d. Participating in “Club or Outside Groups” will increase the possible risk of injury.
 - e. You will increase time constraints on school work and eligibility.
 - f. It is CHSAA policy that you fill out Form 24 (Permission to play with outside groups), and be granted permission by the Principal to play with clubs sports or outside groups in the same school sport.
- C. It is very rare that club sports do not adversely affect your school season. High School seasons last up to 4 months and are basically 6 days a week. High school sports are high intensity with high energy output. As such, down time becomes critical and participating in clubs or outside groups all but eliminates any down time. Missing practice, games, or team activities due to club sports or outside groups is not representative of the expected level of commitment to athletics at RHS. This is a very delicate area for all coaches and athletes. In all fairness to your teammates, you are expected to put Roosevelt first before clubs and outside groups. An athlete having a practice or game day absence due to club sports or outside groups will be consider unexcused. Please review the individual sport contracts as they pertain to unexcused absences. Under rare and unforeseen special circumstances (i.e. McDonalds All-American), approval must be obtained from Coach, AD, and Principal at first knowledge of a conflict.



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