

MKVWA Skin, Nail and Hair Check Procedures Checks at Meets
[updated Nov. 29, 2018]

At practice week before the meet:

- Wrestlers weighed in shoes & singlet at practice.
- Wrestlers skin and nails checked at practice.

Before Pairings the day of the meet:

- Team Director turns in team roster with MVKWA Weigh-In Cards before Pairing starts:
 - Use “MVKWA Team Roster for Skin Checks”
 - List wrestlers in order – either alphabetic order or age/weight order
- Host Team’s Tournament Director checks that MVKWA Weigh-In Cards match the MVKWA Team Roster for Skin Checks.

Notes on Skin/Nail Checks:

1. No wrestlers are to be on the mats until their skin is checked.
2. OHSAA Skin Condition Forms must be the original signed by the doctor and not a copy.
3. The Host Team can have one Doctor for the Meet for a final appeal of a skin condition decision of the referees.
4. No Doctors out of the stands, No trainers and No parents will have a say in the skin condition decision of the referees.
5. No arguing with the referees on their decision on a skin condition issue.
6. The appeal procedure for a skin condition issue noted by a referee:
 - a. Parents must go to the Team’s Head Coach, not to a referee.
 - b. Assistant Coaches must go to the Team’s Head Coach, not to a referee.
 - c. The Head Coach can appeal the skin condition decision to the Head Referee.
 - d. The Head Referee can consult with the Host Team’s one designated doctor if they choose to.
 - e. If the Host Team’s one designated doctor says the wrestler cannot wrestle due to the skin issue, that is final.
 - f. If the Host Team’s one designated doctor says the wrestler can wrestle, the referee normally goes with that.
 - g. However, the Head Referee can overrule the doctor, and the Head Referee’s decision on the skin condition is final.
7. If a wrestler has an OHSAA skin form, the original form needs to be with the wrestler at the mat when he wrestles.
8. A referee can still disqualify a wrestler before/during a match if the referee sees an obvious skin issue.
9. Charlie Smith will impose a \$100 penalty for each instance of a team not following these procedures or if a team that has an excessive number of wrestlers failing skin checks at meets. This will be Charlie’s discretion as to if a penalty is levied.

Actual Logistics of Skin/Nail Check for Wrestlers:

1. No wrestlers are to be on the mats until their skin is checked.
2. Host team should provide a hall or area next to or near the gym where each team’s wrestlers can be checked.
 - a. Should be an easy entrance/path from the gym to the hall or area that is different from where they will exit.
 - b. The hall or area should accommodate one to several teams.
 - c. Should have an easy exit/path back to the gym that is different from the entrance from the gym.
3. If a wrestler has an OHSAA Skin Condition Form, the Head Coach must have the original at the Skin Checks.
4. One coach per team must have a nail clipper at the Skin/Nail Checks.
5. Head Coach shows any OHSAA Skin Condition Forms to the referees before the skin checks start.
6. Four and only a maximum of four coaches per team must be at the Skin/Nail Checks:
 - a. The Coaches must have all the wrestlers ready for the skin checks:
 - i. T-shirts off, singlet straps down (for the boys) and no tights on.
 - ii. Have special equipment ready to show the referee (some examples: head coverings, head gear, mouth guards if braces, special glasses, braces – knee, elbow, etc.).
 - b. One coach keeps the wrestlers in the order they are on the team roster form.
 - c. One coach clips fingernails as needed during the Nail checks.
 - d. Two coaches monitor wrestlers and move out wrestlers once each is checked.
 - e. **No other coaches, parents, friends, etc. should be in the skin check area.**
7. The referee records on the on the “MVKWA Team Roster for Skin Checks” form if each wrestler is OK or has issue(s).
8. The coach keeping the wrestlers in order has all the wrestlers sit, and then stand only when that one is being checked.
9. Team’s Director gets late wrestlers checked with Head Referee.
 - a. Team’s Director initials “Director’s Initials if Wrestler Late for Checks”.
10. The team’s skin check referee initials the top of the “MVKWA Team Roster for Skin Checks” form and then gives it to the Head Referee:
11. **The Head Referee pulls the MVKWA Weigh-In Cards of the wrestlers with skin issues and makes sure the wrestlers that did not pass skin check are removed from the Pairing Forms & the Bout Sheets for the wrestlers are pulled out.**
12. Once done, the Head Referee gives Team Rosters back to Tournament Director.
13. **Any wrestlers that did not pass skin check are not allowed on the mats. The Head Coach needs to police this.**

Number of Referees for skin/nails/hair checks: 3 referees for 8 mats, 4 referees if 10 mats, 6 referees if 12 mats.

After the Meet: **Tournament Director** of Host Meet Site **mails all the final “MVKWA Team Roster for Skin Checks” forms** for all the teams at the meet **to Charlie Smith** at 1316 Graceland Dr., Fairborn, OH 45324. For any questions on this, contact Charlie at cell/text: 937-499-3907.