

---

# PFWA FAQ

---

## Passion First Wrestling Academy

---

### PFWA FAQ continued

---

***“My son/daughter want to wrestle in xyz tournament this year. Is that okay with you? It is just one or two...”***

We are firm in our philosophy that competition can wait. In fact, we even named this program around that belief. The Passion First program was developed to support part of Wrestling With Character’s mission “to grow participation by retaining more young athletes in the sport of wrestling...”

We want to create a passion inside of our kids that comes from having a positive experience with the sport. Many kids get “thrown into the fire” way too soon when it comes to youth wrestling and have a bad experience before they even get a chance to really figure out what is going on. We want to take a different approach by giving kids a platform to learn some basic wrestling skills and experience the sport for what it is at its core - before adding on the extra stress and pressure of a kids wrestling tournament.

For those reasons and more we strongly urge against PFWA members entering into outside wrestling competitions. We intentionally integrate plenty of live wrestling, mini-tournaments, situational competitions, etc. throughout our practice to ensure that kids are getting experience to compete and scrap against each other.

Our wrestlers will be physically and mentally challenged many times during the course of the program. They will still get to experience that first cross face, fat lip, bloody nose, and mat burn - in a safe, controlled practice environment. By facing these challenges first at practice, they will be better prepared for the mental and physical stress of tournaments.

This is not saying that our way is the right way or the best way. We encourage all families to research their options to find a club whose philosophies match their own. We will always operate according to our club mission, philosophy and guiding principles.

We recommend takedown tournaments for Green shirt athletes as an introduction to competition.

***My child begins soccer next month and her games will be during PFWA practice?***

We believe that children should participate in a wide variety of sports and activities growing up. One great thing about PFWA is that it gives young athletes an opportunity to learn wrestling any time of year that fits their schedule. Families may begin, freeze, rejoin, etc. throughout the year as they need to. We are excited to provide an option for families to try wrestling any time of year, without a season long commitment.

