

**WISCONSIN WRESTLING FEDERATION**  
**WOMENS HIGH SCHOOL AGE FOLKSTYLE STATE TOURNAMENT**  
**Saturday, March 12, 2016**  
**Wisconsin Dells Center, Wisconsin Dells WI**

**Open to any Women that are enrolled in the 2016 spring semester of High School  
and are a resident of the State of Wisconsin**

This is a Pre-Registration Tournament Only  
Wrestlers can register on-line at [www.trackwrestling.com](http://www.trackwrestling.com) by Wednesday, March 9<sup>th</sup>

Registration Fee - \$25.00

Weigh-ins - Saturday March 12<sup>th</sup>, 11:30am-Noon  
Wrestlers must wear a singlet to weigh-ins

Wrestling Begins at 1:00PM

**WEIGHT CLASSES:** 97, 105, 112, 117, 121, 125, 130, 139, 148, 159, 172, 198 (We will block wrestlers together if needed for matches)

All wrestlers must have a **Current USA Card** and must be shown at weigh-ins.. If you do not have a card you will be able to purchase one at the tournament site or can be bought online ahead of time by going to the Membership Page on the WWF website.

The tournament will be held at the same time as USAW's Dominate in the Dells but will be wrestled on their own mats until completed.

The WWF will be enforcing the WIAA finger nail length rule along with the hair length rule. If a wrestler's hair is too long, wrestlers will have to wear a bonnet. They also will enforce the WIAA mouth guard rule for wrestlers with braces. Wrestlers must wear a female cut singlet or wear an approved undergarment underneath their singlet. Head Gear is required.

Additional information and a map to the site can be found on the WWF website  
[www.wiwrestlingfederation.com](http://www.wiwrestlingfederation.com)

WWF Representatives

State Tournament Director – Jeff Jones 262-424-3672  
Women's Director – Alaina Berube 606-261-0002

**IN ORDER TO BE ALLOWED MATSIDE TO COACH AT THIS EVENT, ONE MUST BE A CURRENT USA WRESTLING COACH MEMBER. THIS INCLUDES PARENTS, CLUB COACHES, ETC.**

Individuals 18 years of age and older must successfully complete a mandatory background check before purchasing USA Wrestling Coaches Membership. Please allow 7-10 business days for the background check process, as USA Wrestling Coaches Memberships will not be available on-site.

All USA Wrestling member coaches will receive free admission to this event. You must show you current Coaches Card and ID at the door