

**BYLAWS OF THE WCHSAA**  
**Amended September 2022**

**ARTICLE I – ELIGIBILITY**

- a) All WCHSAA activities shall be carried out in accordance with SHSAA regulations, policies, and instruction
- b) For junior district activity play downs (except track and field & cross country) competitors must be in Grade nine (9) or lower **and** under sixteen (16) as of August 31 of that school year.
- c) Definitions:
  - i) West Central District: includes all schools within the boundaries of the Sun West School Division regardless if said schools belong to the Sun West School Division.
  - ii) Sections: is the grouping of schools for the purpose of athletics.

**ARTICLE II – FINANCES**

- a) District fees collected from a school will only be refunded if the school has not participated in any competition in the activity and submits a written request to the district president and SHSAA Office on or before the activity's E-5 deadline.
- b) Mileage, per diem, and accommodations will be paid at a rate set at the Annual General Meeting. This is to be reviewed annually.
  - i) Meals - \$25.00/day (breakfast - \$7.50, lunch - \$10.00, supper - \$15.00)
  - ii) Hotels - total cost covered with receipts
  - iii) Mileage - \$0.41/km
- c) Schools hosting district competitions (except cross country and golf) are expected to charge a daily gate admission of six (6) dollars for adults, four (4) dollars for students grades 7 – 12.
  - i) The school shall pay officials expenses (mileage and game fees) at the end of the competition using gate receipts. If the gate is not sufficient to cover expenses, reimbursement will be provided by the district for the shortfall.

Note: A cheque should be issued to officials from a school account the day of the competition. The host will then apply to the district for any shortfall using the appropriate form provided by the Officials Commissioner

- ii) Net profits will be split 50/50 with West Central (pays for District medals)
- iii) For Curling, schools are responsible for the cost of the facility. All profits will be shared with West Central on a 50/50 basis once the cost of the facility is covered. In the case of a financial loss the district will reimburse to a maximum of \$300.00 for senior curling and \$300.00 for junior curling.
- iv) If a gate is not charged the host will be responsible for all costs associated with the event
- v) For Badminton, the gate will be shared with West Central on a 50/50 basis. Schools use the profits for the shuttlecocks. West Central's portion goes to the cost of the District medals.

## **ARTICLE III – SPONSORED ACTIVITIES**

### **Section 1: Awards**

- a) Activities for which the association shall provide medallions are:
  - i) Fall Golf - Boys and Girls (10)
  - ii) Cross Country - Boys and Girls (10), ribbons 2<sup>nd</sup> – 10<sup>th</sup>
  - iii) Volleyball - senior and junior - Boys and Girls (15/tm)
  - iv) Curling - senior and junior - Boys, Girls, Mixed (19x2)
  - v) Basketball - senior and junior - Boys and Girls (15/tm)
  - vi) Badminton - senior and junior - Boys, Girls, Mixed (8x2)
  - vii) Track and Field - Boys & Girls -12 aggregate medals, ribbons 1<sup>st</sup> – 6<sup>th</sup>
  - vii) Soccer – Boys and Girls (21/tm)
- b) Medallions will be awarded only when a competition is held or contested by two or more teams
- c) Additional medals may be purchased from WCHSAA for \$5 each. Contact the Athletics Commissioner if you wish to purchase.

### **Section 2: Playoff Hosting**

- a) The rotation for activities will be:

**North Section:** Biggar, Plenty, Rosetown, St. Gabriel

**East Section:** Outlook, Kenaston, Davidson, Loreburn, LCBI

**South Section:** Beechy, Dinsmore, Elrose, Kyle, Lucky Lake

**West Section:** Eaton, Marengo, Kindersley, Eston, Elizabeth School

**NOTE:** Track and Field uses a 2 Section model. See the track and field section for details.

- b) This rotation shall be picked up at the appropriate place in the rotation based on the Section that hosted in the previous year.
- c) Sections will be skipped if the activity does not apply to that Section.
- d) In special circumstances Sections may exchange position in the rotation for an activity. The President will be authorized to make these changes if necessary and will notify Executive members as soon as possible.
- e) If a Section passes its host responsibilities for district play downs, they may not enter athletes/teams in that play down at the discretion of the executive.

## **ARTICLE IV - ACTIVITY PLAY DOWN DIRECTION**

### **Section 1: Guidelines**

- a) Whenever feasible, district play downs should be held in the evening and/or Saturday (with the exclusion of cross country, golf, track and field and curling), in order to reduce the loss of classroom instructional time.
- b) The district activity playdown commissioner shall be responsible for organizing the tournament subject to the WCHSAA and SHSAA guidelines in each sport.
- c) All district activity play downs must be held on or before the weekend immediately preceding the provincial championship or regional or conference championship in that activity. Dates are subject change based on exceptional circumstances as deemed appropriate at the West Central AGM
- d) Officials for all district championships must be coordinated through the District Officials Commissioner and from within the WCHSAA boundaries whenever possible and practical.
- e) See SHSAA web site for further details regarding host responsibilities. See West Central Website for District Host Checklist
- f) Joint Sponsorship: Members may make an application at the West Central AGM or to the Executive Council for the Fall Executive Meeting to allow two or more schools to

sponsor a joint team which will involve the participation of students from more than one school for West Central sponsored Junior sports.

- i) Each application must be made for volleyball and basketball only.
- ii) Each application must be for only a period of one year.
- iii) Each application must be made by schools that are located with close geographical proximity.
- iv) Each application must have the signatures of each school's athletic director and principal.
- v) Each application will only apply to schools that are situated in different communities. Communities with feeder schools will determine locally if they wish to use elementary students in their Junior programs.
- vi) Improving the quality of a team shall not be a criterion in deciding whether approval will be granted. The goal of allowing joint teams is to increase the number of students that participate in activities by making activities available for students that would not otherwise be available if joint teams were not accepted.
- g) All junior coaches will follow SHSAA regarding coach education and concussion courses.

## **Section 2: Uniforms**

- a) The association shall provide uniforms for track and field and cross-country. Any such uniforms that are not returned by the specified date will be fined \$50.00 and will be paid for by the school under whose jurisdiction the offending student falls. Jerseys must be returned by the following dates, or the school may be subject to the fine.

Track and Field – June 30

Cross Country – October 30

## **Section 3: Cross Country**

- a) Up to 10 competitors per age class per school will be eligible to compete.
- b) The date of the meet will be determined annually at the Fall AGM.

Traditionally it has been held 10 days prior to the provincial meet.

- c) The meet will start at 2:30 with the course walk-through to be held at 1:30.
- d) The West Central District supplies ribbons for the second to tenth place finisher for each classification. (The president shall order each year)

e) After the meet is over the Commissioner must send the results to SHSAA as soon as possible.

f) The Cross-Country Commissioner is responsible for collecting the West Central District uniforms after the Provincial Cross-Country meet and forwarding the uniforms to the Uniform Commissioner by Oct 30<sup>th</sup> of each year.

g) Age Classes

Pee Wee	Under 11 (as of August 31 of the current school year)
Bantam	Under 13 (as of August 31 of the current school year)
Intermediate	Under 15 (as of August 31 of the current school year)
Junior	Under 16 (as of August 31 of the current school year)
Senior	16 and over (as of August 31 of the current school year)

h) Distances

Pee Wee Boys	2000m	Peewee Girls	2000m
Bantam Boys	3000m	Bantam Girls	3000m
Intermediate Boys	3000m	Intermediate Girls	3000m
Junior Boys	4000m	Junior Girls	4000m
Senior Boys	5000m	Senior Girls	4000m

i) Advancement to Provincial Meet: The Cross-Country Commissioner may take up to 10 competitors per age class to the provincial meet.

*Note: an exception to the maximum 10 competitors per division will be allowed when a school qualifies only 3 runners for the provincial meet. The school may add another runner from their school to the district team entry so they may qualify for the school team competition. The runner must have competed in the District cross-country meet.*

j) West Central Provincial Cross-Country Numbers:

The following numbers have been assigned to West Central for the Provincial Cross-Country Meet 250-299. Competitors shall wear the District Uniform with the assigned number they have been given by the West Central District Track Coach.

## Section 4: Grass Green Golf

a) Senior Golf will an OPEN Tournament. There will be no sectional play for Senior. Schools will enter a school team or if cannot field a team will enter as individuals. Any

school wishing to enter more golfers than one complete team will be able to do so with the following provisions; males must be able to score below 125 on 18 holes and no more than 72 golfers would be allowed in total. The limit of competitors on a Nine-hole course would be 40 golfers. Females will have no cap on scores. Coaches will contact the Athletics Commissioner to enter more golfers than one complete team.

Junior Golf will hold Sectional Playoffs. The winning team and the next top 3 males and top 3 females will advance to the District championships. All schools must declare their team members to the respective commissioner prior to the start of the tournament

b) TEAMS

i) Junior: School team must consist of both genders to a maximum of 6 golfers with no more than 4 of one gender.

ii) Senior: The boys' team may be made up of 3 members to a maximum of 4; the girls' team may be made up of 2 members to a maximum of 4

c) Golfers shall be responsible for payment of their own green fees.

d) Golfers may not compete in both Jr. and Sr. events

e) **Team Scoring**

i) Senior –the total of the three best scores recorded by the team on each hole of the competition will determine team scoring for the boys; the total of the two best scores recorded by the team on each hole of the competition will determine team scoring for the girls' category.

ii) Junior – the total of the best four scores recorded by the team on each hole of the competition regardless of gender.

iii) Tie Breaking Procedures: If 2 or more individuals (male/female) or school teams are tied for low score after the completion of the competition then a sudden death playoff shall occur. In the team events all members of the tied teams will participate in the playoff. The team score per hole will be calculated as per team scoring.

f) The competition will be an eighteen-hole event with a shot gun start

g) **Dress code for West Central golf events will follow SHSAA policy. The dress code will also include that hats must be worn with the peak forward.**

## **Section 5: Soccer**

See the SHSAA website for details

## **Section 6: 6 Man, 9 Man and 12 Man Football**

- a) The SHSAA provincial office will determine the playoffs for West Central teams. See website for details.

## **Section 7: Volleyball**

### **Senior:**

- a) The SHSAA provincial office will determine the playoffs for West Central teams. See SHSAA website for details

### **Junior**

- a) Four Section Champions will advance to a one-day Championship. Date of championship will be determined at the Fall AGM.
- b) The draw will be a round robin format with the playoff round of 2vs3 and 1 receives bye to final.
- c) All matches are the best of three including the round robin games.
- d) Net height: *Girls – 2.14m, Boys – 2.24m*

## **Section 8: Curling**

### **Senior**

- a) Four Section Champions will advance to the District Championship. Teams will be seeded by drawing names out of a hat.
- b) The draw will be a double knockout. All games will be 8 ends. There will be an extra end in the event of a tie.
- c) If a Section(s) does not have a representative then the Athletics Commissioner will seek out a wildcard entry. If more than one team wants a wildcard spot, the team will be drawn by lot.
- d) Highest finishing team shall have the hammer in the playoffs.

- e) Regional Hosts: if a West Central team is hosting a regional playoff, the host team and the District winner will advance. If the host is the District winner, then the 2<sup>nd</sup> place team shall also advance.
- f) Schools are allowed to have 2 teams in a category
- g) Categories include: Boys, Girls and Open mixed (3:1, 2:2, 1:3, following the SHSAA model).
- h) The highest finishing team shall have the hammer in the 1vs2 game. If a second game is necessary, LRA will be determined by a draw to the button.
- i) The Last Rock advantage (LRA) will be determined by one team member throwing stone towards the home end and having the official measure, it. (SHSAA procedures)

### **Junior**

- a) The District Championship will be a two-day four team modified double knockout event.
- b) Each section will declare a champion.
- c) Teams shall begin the competition with at least four eligible curlers except as provided in CCA rules.
- d) All games shall be six ends. If the game is tied after six ends, the teams shall play extra ends until the tie is broken.
- e) Time outs shall be as per the SHSAA handbook.
- f) Substitution or changing order of players shall be as per CCA rules and the SHSAA handbook.
- g) Highest finishing team shall have the hammer in the final. If a second game is necessary, a coin toss determines LRA.
- h) In mixed curling, teams will be allowed to be composed of 3 of the same sex and 1 of the opposite sex. Delivery of stones can be in any order. Curlers of the same gender must play alternate positions
- i) No special 'local' rules shall be used except when necessary to ensure the safety of the players.
- j) There will be a Friday 12noon start for facilities with three (3) sheets of ice. Two hours shall be allowed for each draw. Draws will run with an ordered number of games regardless of start times. Ice sheets will be assigned by the commissioner.



k) There will be Friday 2pm start for facilities with four (4) sheets of ice. Two hours shall be allowed for each draw. Draws will run according to the draw created before the event. Ice sheets will be assigned by the commissioner.

## **Section 9: Basketball**

### **Senior**

a) The SHSAA provincial office will determine the playoffs for West Central teams. See SHSAA website for details

### **Junior**

a) Four Section Champions advance to the District Championship. The date will be determined at the Fall AGM. The District Championships will be hosted on a rotational basis each year, set by the WC executive. Each section will run a playoff format of their own choosing to determine the Section winner to be completed no later than the Tuesday before Districts. Note: pay attention to Sr. playoffs when setting dates.

b) A wildcard team(s) will be selected if representation is not available from all Sections. The criteria for wildcard selection will be based on head-to-head matchups during the season. If there were no head-to-head matchups, then common opponents will be taken into consideration. The Wild Card teams(s) will be selected from those that do not win their Section and express interest in being a Wild Card team to the WC President. Section Reps should make the President and Officials Commissioner aware of the playoff format and timetable.

c) Each potential Wild Card team(s) shall provide the WC President with a list of games and scores so that there is information provided for the selection of a Wild Card Team (or teams) (Seeding Form)

d) The Championship format will be a single elimination bracket draw with a consolation side being played (#1 vs #4, #2 vs #3). All contests will be 8-minute quarters with a 5-minute half time break. Overtime would be 1 period 4 minutes in length.

e) The Championship will be held on a Saturday determined by the membership of West Central at the Fall AGM unless otherwise approved at the West Central AGM

f) Teams will be seeded by the President / Official's Commissioner / Event Commissioner / Section Reps

## **Section 11: Badminton - Junior and Senior**

a) Participants may each enter only one of the five categories.

- Boys and Girls Singles
- Boys and Girls Doubles
- Mixed Doubles

b) Protective eyewear will be mandatory during interschool badminton contests, for all doubles badminton.

c) Current International Badminton Rules will be followed with the following exceptions and SHSAA modifications:

- 1) A game shall be won by the side which first scores 21 points, except as providing by the following: If the score becomes 21-all, the side which gains a two-point lead first will win the game. If the score becomes 29 all, the side scoring the 30<sup>th</sup> point shall win the game. In the third game, players change ends when a side scores 11 points.
- 2) A match winner shall be the player or team winning the best of three games against an opponent.
- 3) Any athlete who deliberately alters the flight of a bird (doctoring) will be disqualified from the competition.
- 4) All competitors must dress in a predominantly white uniform or in a school uniform that reflects school colours. Doubles teams must be uniform in dress.
- 5) There shall be no coaching of playing during the course of any one game. Coaching is limited to coaching breaks as currently allowed. 90 seconds at conclusion of first game and after conclusion of second game.
- 6) Protective eyewear will be mandatory during interschool competition for all doubles play.
- 7) Each Section will declare **TWO** teams per category to advance to the District competition.
- 8) The Championship format will be an 8 team, two pool, 80 match draw (including a 3<sup>rd</sup> place match).
- 9) Senior & Junior Championships will be held on the Saturday before SHSAA Regionals.
- 10) A third-place game must be played at each District level. In the event a team is unable to represent the division or district, the next highest ranked team shall be eligible for that spot (third place winner).

- f) **FACILITY:** This competition will be played in a facility with a minimum of 4 courts. As of the 2022 school year this would include the following schools: Biggar, Rosetown, LCBI and Kindersley
- g) **Starting time:** The event will start at 10:00 am with a coaches/ player meeting at 9:30 am for district games.
- h) **TIE BREAKING PROCEDURE:** use current tie breaking procedure as found in the SHSAA Handbook.

## **Section 12: Track and Field**

- a) Each competing Section will declare SIX competitors per track event and SIX from per field event. The District is divided into TWO Sections for Track and Field only. The Sections are:

**West:** Marengo, Kindersley, Eaton, Eston, Plenty,

St. Gabriel, Biggar, Rosetown, Kyle, Elizabeth School

**East:** Lucky Lake, Beechy, Davidson, Kenaston, Loreburn, Outlook, LCBI, Elrose, Dinsmore

- b) Age groups for District Track meet:

Bantam Under 13 (as of August 31 of current school year)

Intermediate Under 15 (as of August 31 of current school year)

Junior Under 16 (as of August 31 of current school year)

Senior 16 and over (as of August 31 of current school year)

- c) Bantam Boys will run 80m hurdles at Intermediate Girls' spacing.
- d) The schedule of events shall be posted on the District Website
- e) Each competitor is limited to four (4) events plus one relay. Senior boys and girls 400 metre relays shall not be counted as one of the four events or as the one relay.
- f) The 3000m, 1500m and 800m and 200m shall be timed finals. 100m will advance the top two finishers in each heat and the next four fastest times.
- g) Hurdles and 400m are timed finals with a minimum of 2 runners per race.
- h) Ribbons
  - First place competitors shall receive their ribbon once they have delivered the event sheet to the results booth

Field event ribbons for 2nd to 6th place will be handed out at the event site by the people in charge of that event.

Track ribbons for 2nd to 6th place finishers will be given out at a convenient location near the track.

- i) In all field events the top six (6) competitors in the preliminary round will receive three (3) more attempts in the final round.
- j) Medals will be awarded to aggregate winners in each category
- k) Late entries and scratches to the District track meet may be made up to 24 hours prior to the scheduled start of the first event of the meet. Only scratches will be accepted after 24 hours prior to the scheduled start of the first event of the meet.
- l) There shall be no bumping of athletes. Athletes shall only be able to represent the district in the classification in which they compete.
- m) Athletes may compete at older classification levels. Records set will only apply to the classification level at which the competition was held.
- n) There will be a coaches meeting at the end of the meet to finalize choices for the team to go to Provincials. Changes to the decision of the coaches meeting shall only be to replace an athlete unable to attend Provincials. A representative from each school that has an athlete going to Provincials must attend the coaches meeting at the end of the meet.
- o) District track coaches will put the 4x100 and 4x400 relay teams together. Each team shall be assigned a coach.
- p) After the provincial track meet is over, it is the responsibility of the coach and athlete to return the uniform to the uniform supervisor by the June 30 deadline. Any uniform not returned prior to the June 30 deadline shall be charged a replacement fee of \$50.00

### **West Central Track Numbers**

- q) The Track entires coordinator will assign numbers to athletes prior to the event.
- r) The District meet will be held the Saturday prior to the Provincial Meet.
- s) All relays run at the District Track and Field Meet will be run with school teams for scoring purposes. The categories for relays for both boys and girls will be: Bantam-Midget, and Junior- Senior combined. Additional Sectional teams may be added the day of the meet for additional students to be given an opportunity to compete

## **ARTICLE V – CONDUCT**

- a) The use of alcohol or drugs by the high school athlete, coach or official is not condoned under any circumstance and will not be tolerated while athletes are under the jurisdiction of the school.
- b) Any athlete or coach may not touch or attempt to touch an official in protest of an official ruling.
- c) Coaches shall not behave in a manner likely to have an adverse influence on the attitudes of players and/or spectators.
- d) The host school is responsible for general crowd control, but each team is responsible for the actions of their fans.
- e) Unsportsmanlike conduct will not be tolerated.
- f) Schools will not compete against a suspended school.
- g) The WCHSAA will follow the Sask. Sport guidelines for their harassment policy.

## **ARTICLE VI – AWARDS**

### **Section 1: Service Award**

- a) West Central Recognition Awards (pins)
  - i) Recognition Pins are given out at 5-year intervals for years of service within the District. Athletic Directors are to forward a list of eligible recipients each year along with updating and forwarding their staff list of members who act in the capacity of coaches, managers, officials, etc.
- b) West Central Service Award – (plaque)
  - Chosen by West Central Committee,
  - Nomination forms are to be filled out and forwarded to the committee.
- c) SHSAA Outstanding Male and Female Coaches
  - Each year a male and female coach will be recognized for outstanding contributions to a sport in the West Central District.
- d) **SHSAA Outstanding Officials Award**
  - Each year an individual will be recognized for outstanding contributions in the officiating field.
- e) SHSAA Service Award - West Central District
  - Nominees to the committee by Spring Executive Meeting
  - 1 winner for West Central each year

- SHSAA Nomination form is located in the SHSAA Handbook or web site
- f) SHSAA Merit Award
- West Central may nominate a person to the Provincial Executive. Award criterion is listed in the SHSAA Handbook.
- g) Each school will be allowed to submit names for each of the categories per year.
- h) Names, which are not chosen may be submitted again in subsequent years.
- i) The application should be filled out on the appropriate forms located under forms on the web site.
- j) The awards committee will be comprised of all former Service Award winners who are currently active in teaching in the teaching profession in West Central and are present at the West Central AGM. If this is not possible, the committee will be made up of the President, Officials Commissioner and one Section Rep.
- k) Deadline for submissions is April 30 of each year.

## **ARTICLE VII – OFFICIALS’ COMMISSION**

### **Section 1: Officials Pay Scale for District Competitions**

Basketball	SABO Member: \$36.50	Non-Member: \$26.50
Football	SAFOA Member: Head Ref: \$47.00	Others: \$37.00
	Non-Member: Head Ref: \$42.00	Others: \$32.00
Soccer	SSOA Member: Referee: \$40.00	Linesman: \$26.00
	Non-Member: Referee: \$28.00	Linesman: \$18.00
Volleyball	SVA Member: 1 <sup>st</sup> Referee: \$21.00	2 <sup>nd</sup> Referee: \$18.00
	Non-Member: 1 <sup>st</sup> Referee: \$14.50	2 <sup>nd</sup> Referee: \$12.50
Badminton	SBA Member: \$60.00 per day	
	Non-Member: \$40.00 per day	
Wrestling	Regional/Provincial Tournaments	
	One day - \$90	Two days - \$180
Curling	Regional and Provincial Tournaments	
	\$175 honorarium per competition	

Meal Costs: Host schools to provide meals to officials

## **Registration Fees**

**Section 1:** All officials who attend a WCSHSAA clinic (District or local) shall be entered within the officials' registry. Note: officials registering with the provincial sport governing body, who wish to be entered in the WC officials' registry must contact the official's commissioner.

## **Section 2: Clinics**

- a) District level officials' clinics shall be held each year in volleyball, football, and basketball.
- b) Other clinics as decided by the Officials Commissioner and/or Executive Council may also be held.
- c) If a member who has attend a District clinic goes back to his/her home school and conducts a local clinic, West Central will reimburse \$25.00 to the member.

## **Section 3: Commissioners Duties**

### **a) West Central Officials Commissioner**

- i) West Central Officials Commissioner shall be elected for a two-year term at alternating spring West Central District Executive Council meeting.
- ii) Commissioner may appoint an assistant
- iii) Oversee all District level clinics
- iv) Assign in conjunction with schools all officials for District and Provincial Playoff games
- v) Approve and pay all District officials expenses
- vi) Collect all gate fees from schools and clinic registration fees
- vii) Attend the SHSAA Provincial Officials Commissioner meeting

## **Section 4: Playoffs**

- a) District Playoff costs

- i) The school shall pay officials expenses (mileage and game fees) at the end of the competition using gate receipts. If the gate is not sufficient to cover expenses, reimbursement will be provided by the district for the shortfall.

**Note:** A cheque should be issued to officials from a school account the day of the competition. The host will then apply to the district for any shortfall using the appropriate form provided by the Officials Commissioner

- ii) At all levels of play where SHSAA issues payment for officials, WCHSAA registered officials may submit a formal request to have SHSAA game fees bumped up to WCHSAA

- iii) The official's fee will be adjusted to the SHSAA rate provided that the official attends an official's clinic in that year for the sports of volleyball and football.

- iv) Any official that registers with their respective Sport Governing Body will be paid \$15 towards registration providing that they officiate at a West Central District or SHSAA Conference/Regional/Provincial event.

#### **Article VIII – SHSAA COACHING SYMPOSIUM**

- a) WCHSAA will pay a minimum of \$100 to delegates attending the SHSAA Coaching Symposium. More funds may be distributed to delegates if there is grant money still available after the initial payout.