



THE *Minnesota* PREP COACH

Vol. 51 No. 1 Published by the Minnesota State High School Coaches Association September 2012

Expanding Our View, Twisting Our Lens, Redefining Our Purpose

Important Questions to Consider

With the start of another school year, we are provided with a fresh start and an opportunity to provide great experiences for the students we coach. As we begin this new year and reflect on this opportunity please take a moment and ask yourself the following simple question - "Why Do I Coach?"

Why Do I Coach?

To positively impact the students who participate on our teams, we must start with and identify our coaching purpose. In doing so, we purposefully identify the road we want to take, to get to the place we want to be, instead of ending up down an unintentional path, wondering how we got there.

We spend a considerable amount of time on the technical and tactical aspects of the sports we coach, but there is so much more to consider. Joe Ehrmann, author of *InSideOut Coaching*, states, "Coaching shouldn't start with the X's and O's but with the Y's. This WHY should be a clear and concise statement defining the impact we are trying to make in our players' lives. WHY directs the expenditures of our time, energy, and effort and provides a final destination. Answering the question 'Why do I coach?' can help a coach identify selfish agendas and develop a purpose that transcends personal, vocational, financial, or ego-driven needs. WHY prompts us to answer the questions of when and how to use the power of coaching to affect players for their lifetime."

A clear coaching purpose will assist us in focusing on the students we are entrusted with rather than on the X's and O's and winning and losing and will make us aware of the true value that comes from coaching opportunities. We have to get intentional, twist the lens and focus on the WHYS of what we do.

... continued on page 5

Thank You Vice President

The MSHSCA wants to thank Vice President Troy Urdahl and MSHSL Associate Director Jody Redman for all their hard work and effort on this article. In a time where our high school programs are coming under attack from numerous "special interest" groups; AAU, Club teams, JO's, Elite Teams, Elite leagues and now Academies what you do is more important than ever. This article challenges you to reflect on why you do the things you do as a coach. You influence so many young men and women in a positive way providing positive experiences as part of the mission of our schools to educate and prepare our young men and women to be our leaders of tomorrow.

John Erickson, Executive Director MSHSCA

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The Minnesota PREP COACH

Published quarterly by the
Minnesota State High School
Coaches Association and distributed,
without charge, to all members in
good standing.

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Softball	Terry Sadler (Warroad)		Shelly Hotzler (JCC)	Hilary Hansen (Burnsville)
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Retired Coaches	Jim Dotseth			

President's Message

By: Jon Wagner – Eveleth-Gilbert

Welcome to the 2012-13 school year!

Those of us who coach Fall season sports have already been busy with practices, parent meetings, games/meets/matches, and the fun that goes along with coaching young student-athletes. The start of the school year is always exciting for students, teachers, coaches, and administrators – who knows what new friends and experiences await around the corner? I personally look forward to meeting new coaches in my area and developing new relationships with our student-athletes and their parents. Fall is a time of renewal, and we often feel “younger” even as our bodies remind us that we’re getting “more mature” (older!).

As you proceed this Fall, please remember the following pieces of advice:

Communicate all possible problematic issues with your Athletic Director. Your A.D. needs to be in the loop to handle questions from parents regarding your sport, coaching methods, practice schedule, etc. Without good consistent communications, your administration cannot defend or support you “behind the scenes” when questions arise. Personally, this is one area I need to improve, as I hate to bother people unless it seems absolutely necessary. But think of this: A “heads-up” note or quick summary of recent events is always appreciated by your A.D., just as a matter of courtesy and general interest. So use your great communication skills you’ve honed as a coach, and make a commitment to keep your A.D. “in the loop” this year!

Support your fellow coaches. It is easy to be swallowed up by our competitive urges! As coaches, we often compete for wins, for talented students, and on behalf of our particular schools and communities. But underneath it all, all good coaches want the same thing; a society where our young people can learn and grow in a healthy athletic environment. So I encourage you to support your fellow coaches in their efforts to have a positive influence on

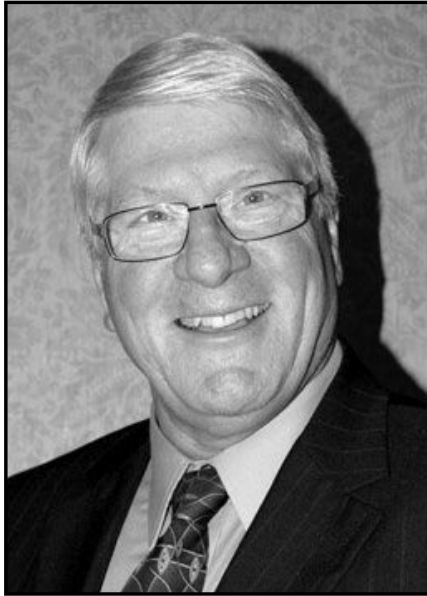
students, whether these coaches are in your sport, in other sports during your season, or coaching at competing schools. You are part of a noble tradition – do not forget to give a “pat on the back” to support others for the good work they do with our youth!

Have fun! If you are not having fun during your games and practices, your athletes will perceive that your activities are “not fun”. They may begin to regard your sport as all work, all business, and a required sacrifice during their time in school. Their enthusiasm will decline, and your team morale can take a hit. But if you enjoy your work as a coach – and show it – your energy and enthusiasm is bound to rub off on your athletes. Sports is one place where great effort is often rewarded with great satisfaction, both for the coach and athlete. So I encourage all of us to bring positive energy in our dealings with student-athletes, and it is bound to multiply and bounce right back to us!

Show you care. As a coach, it is easy to become immersed in the “X’s and O’s” and “Wins and Losses” in our sports. And most of the time, our student-athletes can appreciate and agree with our attempts to achieve as much success as possible. After all, they like on-field success, too! But underlying our efforts to succeed on the scoreboard is the larger task of bringing the gift of success to our athletes in the Game of Life. All athletes want to be valued and appreciated. All athletes need to know that you care about them as people, regardless of their athletic talent and position on the team. So please take the time to show you care, whether it be in the form of a positive comment, a quick “how are you doing today?,” or a note of congratulations on making the “A” honor roll. You all have your own personal ways of showing that you care, so please remember to take a little time each day to do this. Your athletes will benefit from this, and may actually thank you some day!

Again, have a great Fall!

**MANY ARTICLES ARE SUBMITTED
BY A DESIGNATED MEMBER OF PARTICULAR SPORT
ASSOCIATIONS & ARE NOT NECESSARILY
THE FEELINGS OF OTHER SPORT ASSOCIATIONS,
THE MSHSCA OR THE EDITOR.**



Ramblings from the Big Dog

By: John Erickson, MSHSCA EXECUTIVE DIRECTOR DETROIT LAKES

Welcome to the another year of MSHSCA membership. I know that each of you look forward to another year working with the great young men and women who chose to be part of the programs that you are all part of. You have the opportunity to positively impact the lives of the young men and women who are our future. Coaching is a very special calling and to be called Coach is an honor reserved for a very special group of men and women who truly understand the importance of their role in our athletes lives. The lead article in this Prep Coach has a lot to say about how we fill those roles and hopefully it will cause you to reflect on your coaching style and more importantly examine how you coach.

The MSHSCA has set an ambitious set of goals for the coming year. Much has been written and talked about regarding the treatment of coaches in the past few years. Coaches have been subjected to non renewals at an alarming pace as the scope of influence that parents cast over school boards and school administrators continues to strengthen. It is with these changes in mind that the MSHSCA will try and develop a "Coaches Bill of Rights". The Sport Association Presidents meeting along with the Fall Delegate Assembly will already have taken place when this Prep Coach Reaches you. A committee will have been formed to work on the Bill of Rights and hopefully be ready for Delegate Assembly adoption at the Spring Delegate Assembly on March 22nd, 2013.

The second piece of the MSHSCA goals is to revisit the current legislation commonly referred to as the "Coaches Bill" to bring about changes that will actually give coaches some protection. The work on this legislation needs to be a collaborative effort with Legislators, Coaches, School Board representation and AD's. I do believe that there are school districts who have a process in place for dealing with outside influences attacking coaches that provide time and space for sorting out the attacks and allowing the schools to handle the reviews in a way that is fair to all parties involved. We will try and keep you updated on the progress of these two ambitious goals either through the Prep Coach of emails if there is something that is going to need your support with Legislators.

CHANGE IN YOUR INSURANCE COVERAGE: There has been a significant addition to your membership liability insurance for the 2012-13. For the first time sexual abuse coverage will be included in your policy. This is a very significant change and I would ask you to make sure you share this information with all of the coaches on your

staff and point this out. Coaching in Minnesota and not belonging to the MSHSCA does not make any sense.

HALL OF FAME BANQUET: The Annual Hall of Fame and Awards Banquet will be held at the Crown Plaza River Front in St. Paul. If you were an award winner last year please make every effort to attend this banquet. Take a look at the Hall of Fame inductees and if you had a time in your life where you coached with or against these great coaches plan to attend the banquet and share an evening with them and with their families. A new policy has been put into place this year regarding the awarding of plaques. If we do not hear from a coach no plaques will be awarded. If a coach chooses not to attend the banquet they be responsible for paying the shipping and handling cost for having it mailed. This is consistent with what sport association have been doing with their award winners.

The transition from a paper registration to the on line registration system is now in the second year and with few exceptions it is working extremely well. Mary and I want to thank you for your patience when you have had trouble and please don't hesitate to call if you are having any trouble with the process. The shirt option that is being offered has proven to be very popular with a significant number of registrants ordering shirts. I would like to remind you that the shirts are shipped directly to you by our corporate partner Blue 84 every other week. The shirt will not come with your membership card. If you are using a password other than zzz please make note of the password for next year's registration.

LIFE MEMBERS AND RETIRED COACHES: I would like to encourage our retired coaches and life members to consider attending the Annual Retired Coaches Holiday Brunch. The brunch will be held at the Edinburgh Country Club on Saturday Dec. 1st at 10:30 a.m. This is a great chance to share time with fellow life members of the Coaches Association and reminisce. We have combined this brunch with the presentation of 25 year plaques and we truly hope that all the newest members of the 25 year club and life membership will choose to attend.

MAKE A COMMITMENT: I urge each of you to make a commitment to be involved in your Association. If you see a delegate opening (The open slots are listed in this issue) and would be willing to serve as a delegate please contact us. If you know members of your staff are not currently members of the MSHSCA invite them to membership and tell them about the benefits of membership. Remember a coach must be a member in order to be eligible for awards and to have their teams eligible for academic recognition. The liability insurance is huge benefit of membership as well as the membership card for admission into most high school games. Lastly, make a commitment to making this the best year possible. Thank you for all you do for your schools, your athletes and your community.

Expanding Our View. . . continued from page 1

Why Do You Coach the Way You Do?

Coaches have an incredible opportunity to dramatically influence their students' lives. Take a moment and think back: How did your high school coaches impact you? We can all name the coaches that we couldn't wait to spend time with and those whose practices dragged on, those who were heroes in our lives and those we despised. Why do you coach the way you do? How have the coaches in your past impacted the way that you coach today? Look in the mirror. Good or bad, how much of how you coach is based on what you learned from them?

Ehrmann defines the coach who strips away fun as a Transactional Coach, one who uses questionable tactics, manipulation and threats to achieve their goals. "When players perform well, they are rewarded. When they don't perform well, some kind of punishment is inflicted, be it yelling or the withholding of praise, playing time, or participation."

The coaches we aspire to be are Transformational Coaches. Ehrmann defines these coaches as those who inspire, motivate, and produce positive change in their student-athletes. They understand the needs of young people and "offer individual support and encouragement for each player and have a clear vision for the desired impact on their players' lives. And not surprisingly, a Transformational Coach, even in organized athletics, allows and encourages young people to simply play."

Spend a few moments and think about the coaches you played for and identify the experience. Was it a Transactional one in which you only got something when you proved your value and worth, or was it Transformational, an experience from which you consistently grew? Now that you are the coach, what type of experience are you providing the students who play for you?

What does it Feel Like to be Coached by You?

Identifying whether we are Transactional or Transformational will determine how it feels to be coached by us. Students who have played on a team will remember the time spent with their coach and have stories and memories of their experiences. Through every experience and interaction, we are creating pathways in our students for future responses, solutions, and attitudes. Positively or negatively, we will forever be a part of each person's life that we have had the privilege of coaching. We are modeling how to interact, how to treat others, how to deal with conflict, how to help others succeed, how to show appreciation, how to do our best, how to do things we don't want to do, and how to work with other people. We are leaving our imprint on the students we interact with for a lifetime.

What will our coaching legacy be with the students who played for us? Will it be a legacy of Transaction or Transformation? Will it be defined only by the outcome on the scoreboard or more intentionally by the process and the path that we experienced together? Much of this is determined by defining success.

How Do You Define Success?

Success can be determined in many ways. Unfortunately in our culture, it is most often defined by the outcome on the scoreboard. Our job as educators is to make students aware of additional possibilities. Ehrmann urges us to "define

success before we measure it. If we measure ourselves against ourselves, we can determine if we are truly successful. This is especially important in our 'win at all cost' sports culture where success is defined only by winning and in the vast majority of situations, we are left to feel that we didn't measure up." Focus your definition of success on the aspects of coaching we can control: improvement in performance rather than our record, providing a fun environment for participation, and making our students better people, not just better athletes.

How'd Ya Do?

Teaching students to answer the question 'How'd Ya Do?' with more than "we won" or "we lost" is the first step to creating awareness in them on how to define success. By focusing on the following WHY values as the outcome and a new way to answer the 'How'd Ya Do,' question, we teach them the true purpose of participation:

1. To have fun
2. To learn
3. To help others succeed
4. To improve
5. To conduct yourself well
6. To appreciate the opponent
7. To do your best
8. To learn life skills (Star Qualities)
9. To learn from both winning and losing

Redefining Our Focus

As coaches, we know there are important lessons to be learned through participation in high school athletics programs. By expanding our view, twisting our lens and redefining our purpose, we can provide a positive learning experience that will influence the students on our teams for a lifetime. Face it – with less than three percent of our students going on to play college or professional sports, we are not providing these opportunities to help them get scholarships or professional careers. A greater and more important purpose of our programs is to provide opportunities to make ethical, caring, empathetic people. It is an incredible opportunity and responsibility, one that we as coaches need to approach with conscious intent. We have the power over young people to either do a tremendous amount of good or a tremendous amount of harm.

If students who played for us can define winning and losing as an *outcome* of the WHY and not the *purpose* of the WHY, then we as coaches have been successful.

The key is being intentional, utilizing teachable moments, and holding ourselves as coaches accountable to the WHYS.

Choose intentionally, define your purpose, reflect on how it feels to be coached by you, and why you coach the way you do. Commit to making success about the WHY values and not the final score. Give students the positive experience we as coaches longed for as young people involved in high school athletics.

This article is the first of a four part series. The second will take an in-depth look at the WHY values of "How'd Ya Do?"

This article was written by Jody Redman, MSHSL Associate Director and Troy Urdahl, St Anthony Village Activities Director and Head Baseball Coach. The Resources are from InSideOut Coaching, by Joe Ehrmann and How'd Ya Do, a Top 20 Training Concept.

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MEMBERSHIP REPORT MAY 2012

<u>Types of Membership</u>	<u>2011-12</u>	<u>2010-11</u>
Active Class A & AA	6289	6273
Associates	1043	1156
Active Life	693	564
Retired Life	967	984
<u>Honorary</u>	<u>3</u>	<u>3</u>
	8,985	8,980

Breakdown of membership by sport association (2010-11 totals in parenthesis)

Adapted Athletics (19) 21	Boys Lacrosse (51) 52
Alpine Skiing (68) 77	Girls Lacrosse (47) 48
Athletic Directors (228) 251	Football (1105) 1106
Baseball (400) 435	Boys Hockey (259) 252
Boys Basketball (788) 797	Golf (boys & girls) (371) 401
Girls Basketball (736) 720	Soccer (boys & girls) (379) 403
Cross Country (316) 335	Softball (509) 494
Gymnastics (210) 191	Synchronized Swimming (16) 11
Nordic Skiing (114) 105	Girls Tennis (190) 202
Volleyball (740) 693	Boys Tennis (166) 175
Boys Swimming (165) 181	Track & Field (686) 709
Girls Swimming (217) 225	Wrestling (82) 108

Boys and girls swimming and tennis are reported separately and include coaches that are counted in both. Since their seasons are not at the same time our new system counts coaches in each of their seasons.

We have 71 coaches that have joined the MSHSCA and coach a sport that collects their own dues.
30- Girls Hockey, 17-Cheerleading, and 24-Dance

MSHSCA 2012-13 MEETING DATES

**MARCH 22, 2013 - Delegates Meeting
Mancinis, St. Paul**

PREP COACH DEADLINES TO SUBMIT:
Sept. 1 Dec. 1 Mar. 1 May 15

**The following activities have
not submitted an article for this
issue of the MN Prep Coach:**

**Synchronized Swimming and
Adapted Athletics.**

**It is hoped that they will
contribute in the
next issue in December**

COACHES CARING PROGRAM

Do you know of a Minnesota high school coach who is facing a catastrophe and could use some financial assistance?

You can nominate a coach for a \$100.00 Coaches Caring assistance donation by emailing your nomination to Rick Ringeisen at rtingerr@aol.com

When you nominate a coach for a Coaches Caring assistance donation, remember to provide background information for the committee to review.

Please note: A limited number of Coaches Caring Program assistance payments will be issued each year depending upon the amount of donations made by coaches association members.

SERVICE ACES

By: Robb DeCorsey
MSHSTCA President
Glencoe Silver Lake
High School

rdecorsey@gsl.k12.mn.us



Wow! The tennis season is already moving fast. As you read this, much of the regular season is already behind us. Our season flies by, August 13th feels like only a few days ago. In this short time we have the great opportunity to guide our athletes through the ups and downs, of a physical and emotional roller coaster. Tennis is such a different beast. Our kids learn to stand on their own, create plans on the go and revise those plans, many times throughout a match, and make tough split second decisions. What better way to mold our future leaders. It is such a great ride! Good luck to everyone as you move through your seasons and in to playoff time.

MEMBERSHIP: <http://www.mshsca.org/membapp.htm>

We thank those who joined last year and were a part of the association. We encourage you to join again and we would love to have those who were non-members last year become part of the coaches association. We want our association to grow. This will give us a stronger voice.

Lifetime members: You still need to join the sports association to be included in coach of the year and academic honors for your team. An area we really want to grow is getting assistant coaches to join and become involved within our association. Please encourage your assistant coaches to become members.

To join the coaches association, please go to <http://www.mshsca.org/membapp.htm>; to check out the benefits of being a member go to <http://www.mshsca.org> and click on Membership Benefits, on the left column.

RANKINGS: Please send any ranking information to Rick Engelstad.

If you would like to nominate an outstanding individual/team for the tennis polls, please contact your section representative and/or: Rick Engelstad: rengelstad@isd578.org

Rankings will come out every two weeks.

IMPORTANT DATES: Please mark these important dates on your calendar

10/1/12 Deadline for becoming MSHSCA Member (girls tennis)

10/3/12 Deadline for submitting Girls Academic **Team & Individual** Award Applications

10/28/12 - 11/4/12 Girls State Coach of the Year On-line Voting (Members only)

11/1/12 Deadline for MSHSTCA Hall of Fame Nominations

ACADEMIC AWARDS

The Tennis Coaches Association recognizes teams who have outstanding GPAs. Teams with GPAs of 3.5-3.74, receive “Silver Academic Team” awards, and teams with GPAs of 3.75-4.0, are recognized as “Gold Academic Teams.”

The deadline for **academic awards**, team and individual, is Monday, October 3rd. You can find the forms on the website, <http://www.mshsca.org/tennis/>, in the left hand column. Rick Engelstad, MSHSTCA Executive Secretary, will be sending you reminders.

When ready, you can e-mail your forms to Rick: rengelstad@isd578.org or mail them to: Rick Engelstad, Pine City HS, 1400 Main St. South, Pine City, MN 55063

INFORMATION

For those of you who are on facebook: <http://www.facebook.com/pages/Minnesota-State-High-School-Tennis-Coaches-Association/148978375150227>

Use this cite to get your tennis coaches association information.

TWO HOUR RECOVERY RULE

***Recovery Rule:** Extended length of rest between singles matches in Junior, Adult, Senior, NTRP and Wheelchair Divisions. In all singles matches in Junior, Adult, Senior, NTRP, and Wheelchair Divisions in which the match format is two out of three standard tiebreak sets or more, a rest period of two hours shall be offered by the Referee before the player’s next singles match. This Rule does not apply to short set matches and matches that play a tiebreak in lieu of a final third set, nor to any match played indoors where the duration of the match is less than 120 minutes.

SEEDING

- Team
- To begin this fall: **Seed Class AA only** - review after two years
- Follow current seeding guidelines - seed top 5
- Class A & AA singles: seed top 4 players
- To begin this fall
- All 16 players can qualify for seeding

REPORTING RESULTS

• Coaches must do a better job of reporting scores. We are our best promoters. The scores should be full scores—1-0 is not a full score. It is your responsibility, as the head coach, to keep your MSHSL website updated/coaches clipboard. Try to report your scores in full on the website—match by match.

CLINIC

The coaches clinic is March 1st and 2nd—look for information.

Enjoy the ride. It goes by fast!! Good luck!!

Over Hill *and Dale*

By: Thomas Sharp
Eastview High School

As I write this, we are two weeks into another season and I am excited for the races to begin. I am also excited to do my part to keep our sport and organization a strong, positive influence in the lives of Minnesota kids. While there are many things that will occur over the next two years, I have started by setting two goals I hope to accomplish. The short term goal is to look through all of our procedures and policies as an association and get everything organized and streamlined for future officers. The long term goal is to update our technology. Our website should be the first place everyone goes for results, news, etc. so I hope to upgrade our website to a highly functional part of the organization.

I will use this month's issue to make a couple requests. First, we do need your help filling out positions in the organization. We need a Vice President, who will then assume the Presidency of the organization in two years. Preferably a Class A coach would be requested, although not a requirement, it allows for both classes to alternate the Presidency every two years. More importantly, it ensures that the experience and perspective of each class is well represented among the officers. We also need another AA representative on the advisory committee. We had good representation at this year's advisory committee meeting with the High School League this year, but were short two valuable opinions without a Vice President and AA coach. I do want to thank Dave Chatelaine (Owatonna) for volunteering to become our Treasurer and Kevin Moorhead (Champlin Park) for volunteering for one of the AA positions on the Advisory Committee. With Dave assuming the duties of Treasurer, we could use a volunteer to coordinate our Hall of Fame program and relieve Dave of those duties. There will be other needs as we look at streamlining our different duties,

At the advisory committee meeting, we were able to get clarification on the medals that will be awarded at the Section Championships this year. I brought up the question, because of some confusion on the medals that occurred at my section meeting this year. For everyone's clarification; qualifiers to the State Meet will be both the first place and second place teams and the first eight individuals who are not a member of a qualifying team. If five individuals from a team that does not finish in first or second place all qualify as individuals, then they will only compete as individuals and not as a team. At the award ceremony, there will be nine medals for the first place team; nine medals for the second place team; medals for the first eight finishers in the race regardless of their team affiliation or team qualification; and

up to eight additional qualifier medals for individuals who qualify for the State meet, but do not finish in spots 1 – 8.

We also had a discussion about the race distance for girl's events. As you are aware, we have started discussions to examine the feasibility and effect of changing the race distance from 4K to 5K. Let me assure everyone that this is only a discussion after learning that 40 of 50 states run 5K. **There is no plan to change the race length at this time.** The High School League is neutral on the subject, but thought it time to open a dialogue in light of the number of states that run 5K. Thank you to all of you who participated in the on-line survey, it will not be the last on this subject. We now have preliminary data on your opinions, concerns, and benefits. The High School League will be assisting us in gathering data on how a change would affect numerous aspects of the team, including participation and athlete health. As we collect this information, we will continue to communicate with you and further solicit your opinions. Again for your assurance, there isn't any urgency or timeline to make a decision on the subject. We are going to examine other states and collect as much data as possible before the subject would advance beyond the open dialogue phase.

My second request is in regard to the State Meet Social. Dave Chatelaine has done a wonderful job of getting this gathering started for our athletes with speakers, food, and a raffle. My request is for the raffle. I want to solicit more companies to offer items for the athletes, and not solely from the running world. It occurred to me that while we do get donations from Twin Cities metro area businesses (Run N Fun, Marathon Sports, etc.), there must be companies outside of the metro area that would donate, and promote all areas of the state. If you have any thoughts, names, companies that may donate, just contact me through e-mail and I will connect with them; thomas.sharp@district196.org.

Best of luck this season, and thank you for your work and influence on kids!

***“Any time your defense
gives up more points
than your basketball team,
you're in trouble.”***

- Lou Holtz



Diamond Cuts

By: Terry Sadler
Warroad

My name is Terry Sadler. I have been tabbed at the president of the Softball Coaches' Association for 2012-13. I have been teaching and coaching in Warroad for 20 years. Along with head softball coaching duties, I have coached various levels of football during those 20 years. I am also the 8AA section representative to the Association.

Congratulations to all the section champions for putting on a very entertaining and exciting state tournament. Cherry High School won its first-ever state title in girls' athletics by capturing the Class A title. New Ulm High School kept their come-from-behind streak alive throughout the tournament and took home the Class AA title. Stillwater High School powered their way to a Class AAA championship. Congratulations to all the Section Coaches of the Year and State Coaches of the Year: Class A-Darrell Bjerklie, Cherry; Class AA-Kristi Anderson-Loose, New Ulm; and Bob Beedle, Stillwater.

Coach Tom Bang, Hermantown, was inducted into the MN Fastpitch Coaches' Association during the All-Star Banquet in June along with players Holly (Bonk) Corbin, Buffalo; Alyssa Honnette, Jackson County Central; and Monica (Eiden) Pack, Totino Grace. Congratulations to the 2012 Hall of Fame inductees.

The Minnesota sports world received sad news with the passing of Bob Laufenburger in August after a battle cancer. Bob was rules a clinician, officiated state tournaments and was head of officials for many years at the state tournament. I enjoyed watching games with him and getting his perspective of the play. He got as much joy out of the game as the kids did. He will be missed by many as the fields and gyms fill up this fall.

The big news for the upcoming 2013 season is double elimination at the section tournament level will now begin with the remaining eight teams. Special thanks go out to that committee for their efforts in accomplishing this goal with the baseball reps. Another rule change coming for the spring is regarding the batter being hit by the pitch. A batter will be awarded first base if "a pitched ball is entirely within the batter's box and it strikes the batter or her clothing. No attempt to avoid being hit by the pitch is required; however, the batter may not obviously try to get hit by the pitch." More on rules changes will be in the December issue.

What an inspiring summer of sport we've witnessed! How exciting it was to watch Gabby Douglas and Team USA

win gold medals in gymnastics, the performances of Team USA Men's and Women's basketball, the inspiring story of double amputee sprinter Oscar Pistorius of South Africa. How about the story of Team Uganda in the Little League World Series? And the never-say-die performances of Teams California and Tennessee the US Championship game? It all reminded me of great things athletics provide those involved and the important roles we play as coaches in developing and mentoring young people. We all should take the time to enjoy the great things happening with our teams, even though it seems we have to look pretty hard sometimes to find those great things.

Check out the December issue for information regarding the coaching clinic to be held Feb. 2, 2013.

Make this your best school year yet! _____

“You can turn painful situations around through laughter.

If you can find humor in anything, even poverty, you can survive it.”

- Bill Cosby

“I told the caddie I wanted a sand wedge and he brought me a ham on rye.”

- Chi Chi Rodriguez

M S H S C A MEMBERSHIP PERKS

- **AMERICINN LODGE & SUITES** - 2050 Freeway Blvd Brooklyn, Center MN 55430 - \$69.95
Includes full breakfast. Mention MNCS when making reservation. Contact Ralph Thomas
763-566-7500
- **CROWNE PLAZA MINNEAPOLIS NORTH** - 2200 Freeway Boulevard, Brooklyn Center, MN
55430 - On site restaurant and lounge. Ask for MN State High School Coaches Association
Preferred Discounted Rate 1-800-481-3556 or Contact Angela Wisely 763-489-2568.
- **COUNTRY INN & SUITES - Eagan** - 3035 Holiday Lane, Eagan, Mn 55121 - 651-287-8800
- **EMBASSY SUITES - Brooklyn Center** - (763) 560-2700 - Ask for MN Coaches Association
Rate - Hotel Code = MSPBR. Website: www.minneapolisbrooklyncenter.embassysuites.com
- **RAMADA PLAZA - Minneapolis** - \$75.00 - (612) 331-1900 (Based on availability)
- **MINNESOTA ZOO - Apple Valley Corporate Rates** - \$2.00 Off Adults, \$1.00 Off Children &
Seniors, \$1.00 Off IMAX.
Call John Erickson for discount card - (h) 218-847-6796
- **THE NORTHLAND INN** - 7025 Northland Dr Brooklyn Park, MN 55428 - Contact Jodie Fleck
10% off best rate available, mention MSHSCA 09 when making reservation. 800-441-6422
- **ROSEVILLE VISITORS Association DISCOUNTS** - www.visitroseville.com
- **SHERATON MINNEAPOLIS WEST HOTEL** - 12201 Ridgedale Dr 952-960-3538 - 12/31/2012

••Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$1,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of *The Minnesota Prep Coach*, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

HOOP SCOOP



By: Jeff Buffetta
Mt. Iron-Buhl
2012-2013 MGBCA President

I hope everyone had an outstanding summer and are all rested and ready to go for another outstanding school year and season of Minnesota Girl's Basketball.

It is an honor to serve as the President of the MGBCA for 2012-2013. I want to thank Jen Rademacher for her commitment and leadership as our President this past year and look forward to her continued support and dedication to Minnesota Girl's Basketball. I hope to continue the wonderful work our past presidents have put in for our organization. We are very fortunate to have an outstanding group of leaders in our association; Jen from Robbinsdale Cooper will serve as Past President, Jenny Johnson from Edina is Executive Director, and Kent Hamre is our President-Elect. In addition, Scott Bergman from Sauk Centre and Bill Gottenborg from Hawley are our fall clinic directors, and Pat Barrett is our MSHSL Liaison. Details on the Hall of Fame and All Star Games will be in the Winter Hoop Scoop.

We will be hosting our 34th annual Fall Coaches Clinic this year on October 26th and 27th. This year the clinic will be held at the University of St. Thomas. On Friday the 26th the speakers will include John Tschida, John Tauer, and Ruth Sinn from the University of St. Thomas and Mike Divilbiss from the University of Illinois. On Saturday the 27th the speakers will include Pam Borton from the University of Minnesota, Jon Herbrechtsmeyer from Bethel, Wendy Kohler from Alexandria, Brian Cosgriff from Hopkins, and Jeff Buffetta from Mt. Iron-Buhl. We have a wide arrange of coaches with topics covering all aspects of the game of basketball. Giveaways this year will include a Syskos DVD and Spalding gear. You may register online at mshsca.org/girlsbasketball. You may also check our website for full details.

We have continued our relationship with the American Cancer Society and Coaches vs. Cancer in the fight against cancer. Many programs have continued to be involved and have come up with many unique ways to raise money to fight cancer. Our goal continues to be to get every girl's basketball team in the state involved. Look for information on our MGBCA website.

Take a look at our website: www.mshsca.org/girlsbasketball. The website is a very helpful tool. It provides all the information for the Association leadership, including your Section Representative. You will also find all the forms and deadlines for Ms. Basketball, All Star and All State, Academic All State, Section Academic Championships and Hall of Fame.

The Association membership form is also accessible from the website. I would encourage all of you and your coaching staffs to become members of the organization. There are

many benefits to membership for you as an individual and for your programs. In order for your players to be eligible for any of the awards that association sponsors, the head coach must be a member of the girl's basketball association. You can register on line and it is easy and quick to complete be either using our link or going to www.mshsca.org and find the link for 2012-13 membership.

Our association continues to work productively with the Minnesota State High School League through our liaison, Pat Barrett.

I am looking forward to working with all of you this year. I hope to see you and all of your coaching staffs at the Fall Clinic. Remember to contact your section rep first if you have any questions, ideas, and input. If you need further help, please contact me via email at jbuffetta@mib.k12.mn.us or via telephone at 218-290-1354. Have a great year!

GIRLS BASKETBALL CLINIC

**October 26th & 27th
St. Thomas University**

**2 day clinic \$110 includes noon meal
Syskos DVD and Spalding gear!
(Spalding gear for first 200 registered)**

Saturday only, \$50

**Register Online for the clinic at
www.mshsca.org**

**The 1st 120 coaches registering
online will receive a sport specific t-
shirt from Lakeshirts Blue 84 division.**

***If you are sending one check for your whole staff, that can be done online also.

Each coach enters their information & prints out a receipt to be included with the payment.

Login with your email and password from last year's online registration.

**ALL Coaches attending the clinic are
encouraged to be members of MSHSCA**

**Out of state, college and club coaches
can join as associate members
The Mail-in form is for
Associate members Only**

For All Insurance Questions

General Liability Insurance Coverage

What to do if involved in a suit

Camp Coverage

Certificates of Insurance

Participant Accident Insurance

Contact Information:

Greg Joly gjoly@loomislapann.com

Kevin Joyce kjoyce@loomislapann.com

Karen Boller kboller@loomislapann.com

Loomis & LaPann, Inc.

18 Exchange St

PO Box 2158

Glens Falls, NY 12801

800-566-6479

518-792-3426 FAX

<http://www.loomislapann.com/>

GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will protect the Minnesota State High School Coaches Association and its members from claims made by negligent acts accidentally committed resulting in bodily injury, personal and advertising injury or property damage to others.

CARRIER

Lexington Insurance Company

Excess Surplus Lines ("A" A.M. Best)

POLICY PERIOD

August 1, 2011 – August 1, 2012

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$1,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$50,000	Fire Damage
Excluded	Medical Payments

For any additional information please contact Loomis & LaPann, Inc. 18 Exchange St., Glens Falls, NY 12801

Greg Joly, Kevin Joyce, Karen Boller

800-566-6479 Fax 518-792-3426

CAMP COVERAGE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows all members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is available that will cover coaches and/or participants. Should an accident occur during your camp, clinic or event, this secondary coverage could help offset the loss suffered by families affected by such accidents.

CERTIFICATE OF INSURANCE & PARTICIPANT ACCIDENT

If you have a camp and require proof of insurance, certificates are at no additional charge.

If you have a camp and require a certificate of insurance naming an Additional Insured the cost is \$150.00.

Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured.

Certificates of Insurance and Participant/Accident request forms are available through your coaches association. 218-847-6796 www.mshsca.org

www.loomislapann.com

gjoly@loomislapann.com

kjoyce@loomislapann.com

kboller@loomislapann.com

GIRLS BASKETBALL CLINIC REGISTRATION FORM

Name _____

Mailing Address:

City _____ State _____ Zip _____

Phone _____

Name of college or club:

E-Mail _____

Out of state, club & college coaches

Clinic Fee \$ 110.00 2 day clinic

MSHSCA Membership fee \$15.00

Sport Association

fee \$10 (H) \$ 5 (A) _____

TOTAL \$.00

Checks payable to MSHSCA

**Mail to: MSHSCA, PO Box 519,
Detroit Lakes, MN 56502**

**Questions? Call: 218-847-6796 or
email: jomar@lakesnet.net**

Special clinic rates at the Crowne Plaza North on I694.
Call 1-800-481-3556 and register under MN Girls
Basketball Clinic for a \$79/night rate.

FALL CLINIC ATTENDEES URGED TO USE ELECTRONIC MEMBERSHIP

Coaches who plan to attend clinics this fall are urged to obtain their membership in advance using the electronic membership opportunity.

Due to location of many of the clinics, the MSHSCA may not be able to hook up to provide membership cards using their computer. As a result, it will simplify things if membership is obtained prior to clinics to eliminate a lot of potential confusion regarding the reception of membership cards at the site of the clinic.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC.

CODE OF ETHICS -----

As a professional educator, I will...

- 1). Strive to develop in each athlete the qualities of leadership, and good judgement.
- 2). Respect the integrity and personality of the individual athlete.
- 3). Encourage the highest standards of conduct and scholastic achievement.
- 4). Seek to inculcate good health habits including the establishment of sound training rules.
- 5). Fulfill responsibilities to provide health services and an environment free of safety hazards.
- 6). Exemplify the highest moral character, behavior and leadership.
- 7). Provide ethical relationships among coaches.
- 8). Encourage a respect for all athletics and their values.
- 9). Abide by the rules of the game in letter and spirit.
- 10). Respect the integrity and judgement of sport officials.
- 11). Display modesty in victory and graciousness in defeat.
- 12). Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The Code of Ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate Assembly.

Have You Moved or Changed Your Email?



If you know of a member who has moved or is not receiving their Prep Coach, please ask them to notify us.

Send change of addresses to John and Mary Erickson, PO Box 519, Detroit Lakes, MN 56502, or email us at jomar@lakesnet.net. It is equally important for us to have current email addresses. Our webmaster will send notices and updates. Please notify us ASAP if there is a change. There are several life and retired life members that we do not have current addresses for. We do appreciate the help in updating these addresses so that all members get their Prep Coach and other mailings from the office of the MSHSCA.

Life and Retired Life Members

We would like to have all life and retired life members contact us if there has been any change in your address recently. It is important to let us know if you are receiving your *Prep Coach*. If you have access to email, we would like to have you email us at the following address jomar@lakesnet.net or you may drop us a note to MSHSCA, PO Box 519, Detroit Lakes, MN 56502. We are trying to do a better job of keeping the files updated and your help is much appreciated.

Need new Life Card?

Please send the life card you currently have to the MSHSCA address (above) and we will send a replacement.

Minnesota State High School Coaches Association, Inc. Executive Committee Liaison Assignments 2012-2013

Becky Leuer
Past President

B/G Soccer
G Swimming

B Swimming
Wrestling

Baseball
B Hockey

Jon Wagner
President

Football
Adapted Athletics

G Basketball
Gymnastics

G/B Golf

Tom Van Erp
President Elect

B/G Cross Country
G Tennis

Nordic Skiing
Alpine Skiing

B Tennis
B/G Track

Troy Urdahl
Vice President

Volleyball

Synch. Swimming
B Basketball

Softball
B/G Lacrosse

Sports Associations: If you need assistance from the MSHSCA for any reason, please contact your Liaison person listed above.

Minnesota State High School Coaches Association

HALL OF FAME

CRITERIA FOR THE SELECTION OF CANDIDATES

- Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
- Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
- They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

ELIGIBILITY REQUIREMENTS

- Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
- Nominees must be a life member of the MSHSCA.

SEND NOMINATIONS TO:

Jim Baker
 8185 E. Courthouse Blvd. Ct.
 Inner Grove Heights, MN 55076
 Email: jbad154@q.com



MINNESOTA STATE COACHES ASSOCIATION HALL OF FAME NOMINATING FORM

Name: _____
Last First Middle

Address: _____ City: _____ Zip: _____

Birthdate: _____ Single: _____ Married: _____ Phone #: _____

Deceased: _____ Spouse's Name: _____

Children and Ages: _____

Nominating Person or Group: _____

Rationale for Nominations: _____

Personal History: Hometown: _____

College: _____ Year: _____

College Honors: _____

Coaching History: (Sports-School & Years): _____

Coach Awards, Honors & Highlights: _____

Are you currently an inductee to a Sport Association? If yes, please list: _____

Present Status: _____ Organizations & Honors (other than coaching): _____

Coaches Association involvement & Present Status: _____

Please list Other Highlights & Experiences: _____

School(s) to be used on Award: _____

Nominated by: _____ Date: _____

**MORE HALL OF FAME NOMINEES ARE REQUESTED.
 THERE ARE A LOT OF DESERVING COACHES THAT SHOULD BE RECOGNIZED!!**



Goal Posts

By: Ron Stolski - Brainerd
Exec. Director MFCA

Few sports capture the hearts and minds of a community like our High School football. All across our state, in communities large and small, Fall and football are bonded by a tapestry of color and sound, tradition and emotion. Kids come, heart and ambition in hand, to play a game filled with the beautiful messages of life. Because of its very nature, football links the past with the present in unique and special ways. Each week-end of the fall, people, the young and the old, of schools and communities rally to our fields to share and celebrate the experience of 'The Friday Night Lights'.

While it is a game steeped in traditions, old and new, and the fundamentals are much the same as when Grandpa played, it is a game, too, of constant change and innovation. Just as in our past, when we moved from obsolete ideas (no water during

practice, no wt. training, etc.) new teaching methods and applied strategies are what inspires the coaching staffs to keep up with an everchanging sport landscape. Coaches are the finest of teachers. While we do cling to the fundamentals, many of which remain the same as decades ago, we are anxious and willing to adapt to the necessary change that is required in this day and time.

Some things do remain the same though. Years ago, in another time and place, I, like so many others of my time, set out to try do a bit of good as a teacher and coach in a small farming community in western Minnesota, I was met by ruddy faced boys, faces red from the sun from farm work and Legion baseball. Boys who came, heart in hand to play Ball. They were, even then, The Boys of Fall. It is a part of our history I shall never forget.

During our recent Labor Day weekend, I was reminded, again of the precious tradition of our football. Speaking of traditions, my wife, Sharron, and I have for the last thirty years or more, following our Friday night game, risen at sunrise, hooked up the rig, pointed it North and headed to our 'place' to the Border to fish... just

for awhile. We don't have a cabin, but we have a place. It is on the water and in the wind... "Do you think the Walleyes will be at Stevie's spot" she said, breaking the silence of the daylight drive. The spot, named for our beloved friend Steve Nunnink, is among the islands, and boulders of Sandpoint Lake,. It is ours and Steve's alone. If the wind is right, yes. Midway, we stopped at the only Cafe in a small northern town for a bite. It was early; we sat near the 'coffe guys'. A young boy came in, to work, I think. A scruffy faced older man said, 'Hey Rusty how'd you boys do last night?' We won big he said. 'What do you play?' I play offensive center, defensive line, the kid said. 'Kinda small, aren't ya?' Yah, but I'm quick. Well the old-timer said, hit 'em first. That's what I used to do, he said with pride and a grin.

They still remember, I thought. And, they still come with heart in hand. The wind was right. They were at Stevie's spot. And, we caught'em. No matter, though. The stop in the small town had been enough to remind me... they still come, the boys, they still come. And 26 hours later we were home preparing for the next game; the next challenge, the next chance to coach.

2013 MINNESOTA FOOTBALL COACHES CLINIC

The Official Clinic of our MFCA in Partnership with the University of Minnesota

If you can attend just one clinic, this is THE ONE!!

Doubletree Hotel in St. Louis Park

April 4, 5, & 6, 2013

FEATURED IN 2013

Gophers & Vikings Headliners
Tom Moore, Retired NFL Coach
Hal Mumme & Joe Lee Dunn, McMurry U.
High School Coaches from Michigan, Texas, Ohio
Area High School & College Speakers
Retired Coaches & Legends Events

2013 CLINIC COMMITTEE

Ron Stolski, MFCA Director stolski@yahoo.com
Dave Nigon, Booths dlnigon@yahoo.com
Jim Dotseth, Finances dotsethj@comcast.net
Ray Kirch, Registration kirchr@district279.org
Dave Nelson, Ads dave.nelson@minnetonka.k12.mn.us
Claud Allaire, Schedule & Speakers claud.allaire@comcast.net

Check for additional speakers on the MFC Clinic website, plus on-line registration

"Don Swanson" Tailgate Party & AWARDS!

Conducted by the MFCA – "The Keepers of the Game"

www.mnfootballclinic.com

FLIP NOTES



By: Jen Harmoning
MGGCA President
Becker High School

Happy Fall! I hope you all had a fun and relaxing summer. Back-to-school is upon us and that means that the gymnastics season is just around the corner. In order to best prepare yourself for season you'll want to take advantage of the upcoming coaching clinic. It will be held at Park High School of Cottage Grove on Thursday, October 4, and Friday, October 5. Please see the registration form that is in this publication. You can also find information in the current Chalk Talk issue or at either of the association web sites (mshsca.org and mggca.org). We have some wonderful presenters this year, and it promises to be an incredible two days of gymnastics education.

Please remember, rule interpretation will only be available online this year as they are no longer available as scheduled meetings. Because of this, we will once again be having a question-and-answer session Thursday night with two respected judges. This is the perfect opportunity to get answers to those nagging questions we all have about connections, deductions, and exactly what they are looking for. It will also be helpful to hear in person about some of the changes in this year's new rule book. In order for the judges to have an opportunity to meet and discuss the issues ahead of time, please submit all questions to me at jharmoning@becker.k12.mn.us no later than September 30. No question is too large or too small! All submitted questions will be answered first, and, if there is remaining time in the session, people will be able to ask questions that night.

Big thanks to Shelly Eklund, Debbie Driscoll, and Nicki Green for taking time out of their busy summers to help arrange and organize the clinic. Also a huge thank you to Mark Sikich and his staff and booster for planning, organizing, and hosting this wonderful event.

Gymnastics Clinic • October 4-5, 2012 Park HS in Cottage Grove

Register Online for the clinic at www.mshsca.org

The 1st 50 coaches registering online will receive a sport specific t-shirt from Lakeshirts Blue 84 division.

If you are sending one check for your whole staff, that can be done online also.

Each coach enters their information & prints out a receipt to be included with the payment.

Login with your email and password from last year's online registration.

ALL Coaches attending the gymnastics clinic must be members of MSHSCA

Out of state, college and club coaches can join as associate members. The Mail-in form is for Associate members Only

Name _____

Mailing Address _____

City _____

State _____ Zip _____ Phone _____

Name of college or club _____

E-Mail _____

Out of state, club & college coaches

Clinic Fee: (\$85.00 at the door) \$75.00

MSHSCA Membership fee \$15.00

Sport Association fee ... \$10 (H) \$5 (A) _____

TOTAL \$.00

Checks payable to MSHSCA

Mail to: MSHSCA, PO Box 519, Detroit Lakes, MN 56502

Questions? Call: 218-847-6796 or

email: jomar@lakesnet.net

There is an \$85/night rate at
Country Inn & Suites in Cottage Grove

2012 Fall Gymnastics Coaches Clinic

October 4th & 5th

Site: Park High School - Cottage Grove Clinic

Managers: Jen Harmoning/Mark Sikich

Clinicians: Kevin Brown- TAGS Gymnastics

Justin Ellevold -Trainer Park High School

MSHSL Judges

Thursday Night October 4th, 2012

5:30-6:00 Registration

6:00-7:30 Core Body Training and Conditioning
Justin Ellevold - Strength & Conditioning
Coordinator - Park High School

7:40-9:00 Judges Clinic - Judges from various
judging associations

**If you do have specific questions for the judges, please email your questions to Jen Harmoning at jharmoning@becker.k12.mn.us

9:00pm Coaches Mix & Mingle at the American Motorsports Bar & Grill Friday

Friday, October 5th, 2012

7:30-8:00am Registration and Breakfast - Coffee, Rolls, Bagels and Juice

8:05-9:05 Bars with Kevin Brown

9:05-9:15 Question and Answer time

9:15-10:15 Vault with Kevin Brown

10:15-10:25 Questions/Answer time

10:25-11:25 Beam with Kevin Brown

11:25-12:05 Association Meeting

12:05-12:50 Lunch and Section Meeting Break out time

12:50-1:50 Floor with Kevin Brown

1:50-2:00 Questions/Answer time

2:00-2:15 Clinic Wrap up and Evaluation

**If you have extra questions, skills or anything that has gone unanswered today at the clinic feel free to stay after longer, there will be coaches available to help answer any of your questions. Good Luck and Have an AWESOME Gymnastic Season!! ©

About our Clinicians:

Kevin Brown: Has been coaching gymnastics for over 22 years. Previous owner of Browns Gymnastics in Orlando Florida, presently is a Coaching at TAGS Gymnastics in Apple Valley. Kevin has coached over 30 gymnasts that have qualified to the National team both Jr. and Senior Elite Gymnasts. He coached Olympians Wendy Bruce f 1992 Olympics J and Brandy Johnson f1988 Olympics) He also coached Olympians Jaycee Phelps and Amanda Borden prior to the 1996 Olympics. He was the Head USA Coach of the World Championship Team in Germany in 1989. Head Coach of the Gold Medal Team in the Olympic Sports Festival in 1990 in Minnesota. He has been a clinician in many regional and national events.

Justin Ellevold: Strength and Conditioning Coordinator at Park High School. Justin will be presenting great information about core body strength and conditioning along with other bits of information for injury preventions.

The Six Ws: Work Will Win When Wishing Won't

Fall Gymnastic Clinic 2012 Hotel

Country Inn & Suites 8350 East Pointe Douglas Rd Cottage Grove, MN 55016 • (651) 768-7350 • Call For Reservations - Quoted room price was \$85.00/night

Direction to Park High School:

Hwy 494 to Hwy 61 South Toward Hastings, Exit 63B Take the 80 St/Grange Blvd Exit, take a left on 80 Follow 80 to Hyde Ave S. at the lights take a Left into the East Student Parking lot and drive all the way down to the football stadium and park there. You will enter the Activity Center through door #12, gym will be right there.

Directions From Park High School to the Car Bar and Hotel:

From Park to the Car Bar and to the Hotel for Thursday night festivities: Out of the parking lot at the lights, turn (Rt.) onto 80 St. Drive down .8 miles to East Point Douglas Rd. and turn left. Stay in left lane and take the next left into the strip mall. The "Car Bar" will be to the left of the Rainbow Grocery Store. After we close the bar down and we leave, drive down the parking lot past Rainbow and take a (Lt.) on East Point Douglas Rd. Drive straight ahead for 1.3 miles and the Country Inn & Suites will be on your left.

MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2012-2013 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- | | | |
|---|--|--|
| • Anoka Ramsey
Community College (Coon Rapids MN) | • Hamline University (St Paul MN) | • Northwestern College (St Paul MN) |
| • Augsburg College (Minneapolis MN) | • Hibbing Community College (Hibbing MN) | • Ridgewater Community College (Willmar MN) |
| • Bemidji State University (Bemidji MN)
(not hockey or playoffs) | • Itasca Community College (Grand Rapids MN) | • Riverland Community College (Austin MN) |
| • Bethany Lutheran College (Mankato MN) | • Macalester College (St. Paul MN) | • Rochester Community College (Rochester MN) |
| • Bethel University (St Paul MN) | • Martin Luther College (New Ulm MN) | • Southwest MN State University (Marshall MN) |
| • Carleton College (Northfield MN) | • Mesabi Community College (Virginia MN) | • St Cloud State University (St Cloud MN) |
| • Central Lakes College (Brainerd MN) | • Minnesota State University Mankato (Mankato, MN)
(Call ahead for DL Hockey) | • St Cloud Tech College (St Cloud MN) |
| • Century College (White Bear Lake MN) | • Minnesota State University - Moorhead (Moorhead MN) | • St John's University (Collegeville MN) |
| • College of St. Benedict (St Joseph MN) | • MN West Technical and Community College (Worthington MN) | • St Olaf College (Northfield MN) |
| • Concordia College (Moorhead MN) | • Northland Community College (Thief River Falls MN) | • U of MN - Crookston (Crookston MN) |
| • Concordia University (St Paul MN) | • North Central University (Minneapolis) | • U of MN - Duluth * (Duluth MN)
Men's Hockey on Availability |
| • MN State Comm. & Tech College (Fergus Falls MN) | | • U of Mn - Morris (Morris MN) |
| • Gustavus Adolphus College (St Peter MN) | | • University of St Thomas (St Paul MN) |
| | | • Vermilion Community College (Ely MN) |

* 1. MSHSCA Complimentary passes may not be available for all games.

2. MSHSCA Complimentary passes are not available for post season/play off games.

3. MSHSCA must be presented in person by the card holder along with a photo I.D. at the UMD ticket window.

4. A coach with a MSHSCA card may receive one additional complimentary pass for a fellow assistant coach ONLY. A second pass is not intended for a coach's spouse/relative or alike.

5. UMD reserves the right to deny complimentary admissions at their discretion for any reason.

Another example of the MSHSCA at work for the membership!



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Smooth • Fast • Natural

By, Robert Teslow
The Blake School



Girls' and Boys' Alpine Skiing moves into the 2012-2013 season without any major changes. This is a disappointment. An effort was made to advance skill development opportunities for student athletes during Minnesota's snow season by extending the time that coaches could have contact with their own athletes after the State meet. This proposal moved through portions of the amendment process smoothly. Recognizing that Alpine Skiing is weather dependent seemed to make sense to the five Designated School Representatives that brought the proposed amendment to the League office. Regional committees also recommended that the proposal be passed along for next steps. It was here [Representative Assembly] where the amendment met pushbacks, primarily from Assembly members that misunderstood the intent of the amendment.

The Alpine skiing Activities Committee is moving forward again to bring the Season Extension amendment back for consideration. Other recommendations that will be presented include: Tie Breaker to be used at the State Meet team competition, a revised seeding format for the State meet based on Sectional results, using single pole gates for sectional and state tournaments, adding an additional coach and reserve members to the recognized squad size for Sectional and State Tournaments.

The Alpine Coaches Association wants to thank Brad Schaeppi (The Blake School) and Nelson Carlson (St. Thomas Academy) for their leadership last season. While there are many difficult decisions yet to be resolved, some traction has been established that new Alpine Coaches Association President, Jason Nickelson (Visitation) can build on to take positive next steps.

Governance positions are available on the Alpine Activities Committee as well as a need for individuals to support Association President Nickelson. If you are interested in joining either group please contact Jason Nickelson 952-426-8315, Jason Nickelson gravitylabster@me.com, jason.nickelson@gmail.com

2011-12 CHALLENGE CUP WINNERS

Excellence in athletics and fine arts. It is what schools need to win the MSHSL Challenge Cup. Awarded annually to three high schools, the Challenge Cup is a statewide, year long competition among member schools. Points are awarded to schools based on their success in section and state fine arts and athletic tournaments. Three schools- one in each class with the most points at the end of the year are awarded the traveling Challenge Cup.

Dawson-Boyd, The Blake School and Eden Prairie were this year's winners.

Listed below are the top five in each class:

Class A	Dawson-Boyd Ada-Borup Minneota Nevis Bethlehem Academy
Class AA	The Blake School St Cloud Cathedral Breck Rochester Lourdes Detroit Lakes
Class AAA	Eden Prairie Minnetonka Edina Eastview Wayzata

*“Welcome to the
Salvation Army.*

*I've never been associated
with an offense so nice
about giving the ball away.”*

- Doug Larson

Delegates Corner

By: Tom VanErp, President Elect, Wadena-Deer Creek HS

Just two years ago I was writing an article for the Prep Coach thanking the MSHSCA members for your generosity after the devastating tornado that damaged parts of Wadena and destroyed the Wadena-Deer Creek High School building. In many ways it seems like a long time ago, but in other aspects it still remains a very recent memory. I am happy and excited to report that the NEW Wadena-Deer Creek High School is ready for school to start on Sept. 4th! There are many new beginnings ahead as we look to 2012-2013 kids are still kids, but how we teach and how we communicate has changed as the years have passed.

As we head into the 2012-13 school year and sports seasons I have very mixed emotions. My oldest son is a senior this year, we are opening a new school, and the list of "last time" has already begun. You may be experiencing for the first time the joys and challenges of balancing coaching, teaching and parenting and learning how they all fit together. I have spent a lot of time this summer thinking about coaching, being a parent, and how can you succeed at both.

Our new school is full of technology. Kids and now parents communicate via many modes of technology. I have had to change how I communicate with my athletes because technology IS their world. I do send texts to my players. Anything basketball related is sent out in the form of a text. Very little information goes home with them via paper. Texts, email, school website, or a phone call are the main forms of communication. My wife maintains a Facebook page just for our basketball team. Don't be afraid to jump in and use technology to your advantage. If you need help, ask a kid!

Be there. When I am at home I try very hard to be engaged with my kids. I don't do practice plans, watch film, or other coaching related "work" until after my kids have gone to bed. This does make for a few late nights, but the Dad time is well worth the occasional late night.

Remember they're kids, be yourself, have fun. Many of you will have the privilege of coaching very high skilled athletes. But ALL of us will also have the privilege of coaching the kids who would be considered average. High School sports are about the kids, the fun, the teamwork, the memories created. Compete hard, but have fun. Accept winning and losing as part of life and the high school sports experience.

Delegates, please stay in touch with the people you represent. Send an email introducing yourself or to reconnect with coaches in your area. Encourage young coaches in your school and area to join the organization and get involved with their sports associations. If you can't attend a delegate meeting, please find someone to take your place.



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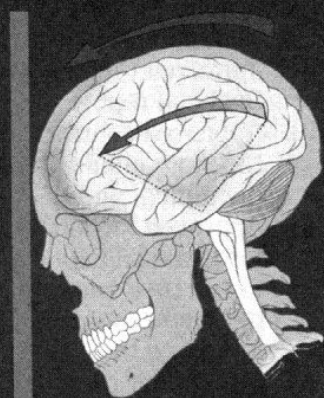
- *toll free customer service
- *order forms
- *online store
- *handling of the checks and credit card transactions
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- *easy distribution because every order is bagged and tagged with the purchaser's name
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- *100% guarantee so if something isn't right we fix it – no questions asked.

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Risk Free, Easy, Money Back and Great Apparel!

The FACTS CONCUSSIONS



A concussion is a **brain injury**.

All concussions are **serious**.

Concussions can occur **without** loss of consciousness.

Concussions can occur **in any sport**.

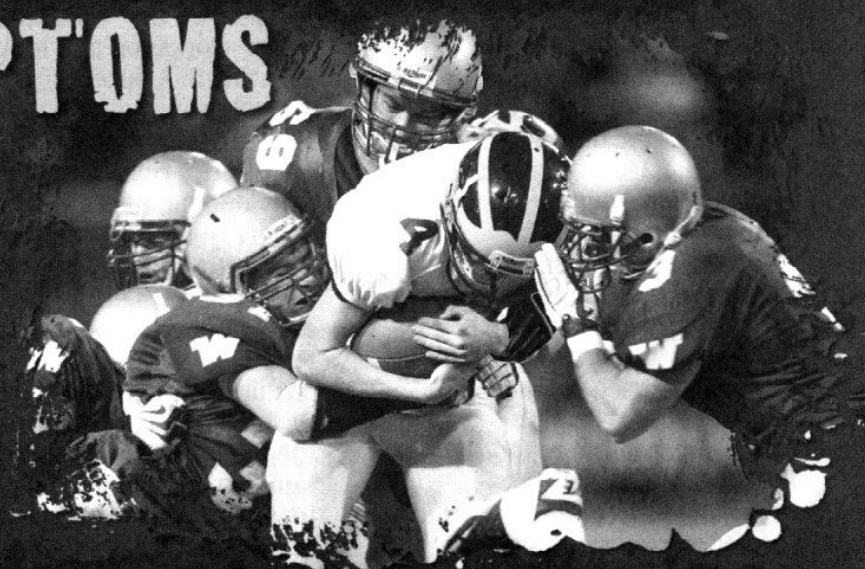
Recognition and proper management of concussions when they **first occur** can help prevent further injury or even death.

Athletes who experience **one or more** of the signs and symptoms listed below after a bump, blow, or jolt to the head or body may have a **concussion**.

The SIGNS and SYMPTOMS

Signs Observed by Coaching Staff

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to a hit or fall
- Can't recall events after a hit or fall



Symptoms Reported by Athlete

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

**Information taken
from the Winter 2012
MSHSL Bulletin**

The ACTION PLAN

If you suspect that an athlete has a concussion, you should take the following four steps:

1. Remove the athlete from play.
2. Ensure that the athlete is evaluated by a health care professional experienced in evaluating for concussion. Do not try to judge the seriousness of the injury yourself.
3. Inform the athlete's parents or guardians about the possible concussion and give them the fact sheet on concussion.
4. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says the athlete is symptom-free and it's OK to return to play.

For more information on Concussion Management and the MSHSL Return to Play protocol, visit www.mshsl.org

SCHOLARSHIP WINNER

Zoe Hanson: “I was very excited to hear that I was a recipient of the Past Presidents Scholarship. I would like to thank the Minnesota State High School Coaches Association for granting me this award. I plan to use it to the best of my ability at St. Olaf College this coming fall. I am looking forward to playing basketball and participating in track at St. Olaf. This scholarship will greatly assist me in becoming a successful student athlete.”



Sean Terres: “Dear Minnesota State High School Coaches Association, It is an honor to be chosen by your association to receive the Darien DeRocher scholarship. This will assist me as I further my education along with playing baseball at NDSU this upcoming year. Thanks again!”



Casey Bruggeman: I would like to thank the Minnesota State High School Coaches Association for choosing me to be the recipient of the Howard B. Emerson scholarship. There are so many great student athletes in our state and to be picked to receive this scholarship is a great honor. The scholarship money will help me continue my academic and athletic career at Concordia College in Moorhead.”



Erin Dingmann: “Dear Minnesota State High School Coaches Association, I would like personally thank you for awarding me with the Val Tichrow scholarship. I am very honored to have been chosen as a recipient of this wonderful award. This scholarship will be of great assistance to me in my coming years at the University of St. Thomas. Thank you again, and the scholarship will be put to great use!”



Kelsey Hennen: Minnesota Coaches Association, I want to thank you for the MN Coaches Association for the scholarship I received. I realize it takes a lot of dedication and hard work on your part to provide the athletes of Minnesota with all of these great activities. I appreciate everything that you have done to make athletics in Minnesota as great as they are. It has made my high school experience something I will always remember. Thank you again for the scholarship. I will put it to use at SMSU in the fall studying in the pre-occupational therapy field.”



Braxton Lindow: “Dear Coaches of Minnesota, I would like to thank you for supporting the Minnesota State High School Coaches Association. Because of your efforts, you made it possible for me to receive a \$1,000 scholarship award. This scholarship means a lot to me because of how much I have learned through athletics. These valuable lessons include: how to manage time, handle adversity, and be part of a team. I would like to thank you again and this will be a big help as I head to St. Olaf College for my freshman year.”



Nick Schimek: “Thank you Minnesota State High School Coaches Association, for the scholarship. You have granted me for next fall. This scholarship will be very beneficial because it will support me through my year of college. I very much appreciate all the hard work and generosity. Thank you again for the great opportunity you have given me!”



COACHES SAY THANK YOU . . .

Kaley Peterson: “Dear Coaches of the Minnesota State High School Coaches Association. I, Kayley Peterson, am honored to be awarded the Kathy Fredrickson scholarship. Throughout high school, athletics proved to be vital in my academic development and I feel truly grateful that I am being recognized for all my hard work. I would like to express my gratitude to the Minnesota State High School Coaches Association for the gift of this scholarship.”



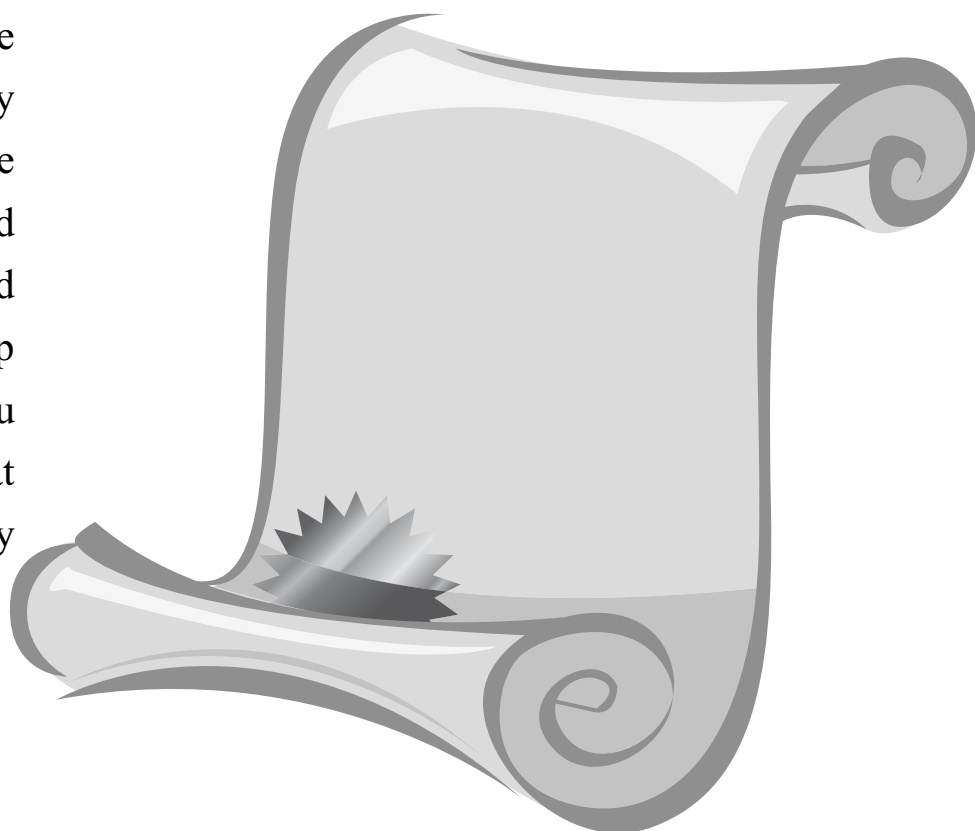
Nicole Ries: Dear MSHSCA, I would like to thank everyone on the committee of the Minnesota State High School Coaches Association for awarding me the Betsy Farness Scholarship for 2012. This is a really nice honor for me in my senior year, and I appreciate being selected. I have been fortunate to have participated in high school athletics over the past several years in 3 sports, and have received excellent coaching at Mankato East. Under their guidance I have been able to develop both as an athlete, student and person. I have enjoyed competing against many outstanding teams and coaches in the Minnesota State high School League throughout my career, and have a lot of respect for what they have done and how I have been treated. I understand the time and dedication required to be a successful coach, and appreciate all the efforts and sacrifices they make to help make high school sports what they are today. Thank you again for the scholarship award, I will be using it at Minnesota State Mankato, where I will be continuing my softball pitching career.”



Lucas Zellmer: MSHSCA Scholarship Committee: Thank you for the scholarship I received from your organization. I am truly grateful for the numerous lessons and values my high school coaches have instilled in me throughout the years. The money will be used to pursue my biology/pre med major at River Falls.



*Thank
You!*



HALL OF FAME BANQUET WILL RECOGNIZE COACHES OF THE YEAR

The 2011-12 Coaches of the Year, selected by their peers in the various sport associations, will be presented a plaque by the MSHSCA at the Annual Hall of Fame Banquet. The banquet will take place on Saturday, October 13th at the Crown Plaza in St Paul. Persons wishing to attend the banquet to help celebrate with the award recipients can obtain information on times, price of tickets, how to obtain tickets and room reservation info can be found in a separate article in this issue of the MN Prep Coach.

The 2011-12 Coaches of the Year that are members of the MSHCA are listed below:

Boys Soccer

Class A Chris Laird

Heritage Christian Academy

Class AA Danny Storlien

Blomington Jefferson

Girls Soccer

Class A Chris Soderberg

Kasson-Mantorville

Class AA Dave Wald

Mahtomedi

Girls Tennis

Class A Les Zellmann

St James

Class AA Steve Paulson

Edina

Volleyball

1A Franz Boelter

Bethlehem Academy

2A Dan Westby

Marshall

3A Chad Becker

Eden Prairie

Football

Carl Lemke St Croix Lutheran

Nordic Skiing

Terry Waslund Little Falls

Wrestling

Class A Joel Skillings

Minneota

Class AA Randy Zimmer

Milaca

Girls Basketball

1A Jeff Buffetta

Mountain Iron- Buhl

2A Scott Bergman

Sauk Centre

3A Josh Mohagen

Fergus Falls

4A Matt Nielsen

Edina

Boys Basketball

1A Dave Montbriand

Belgrade-Brooten - Elrosa

2A Ron Vorwald

Worthington

3A Bob Brink

Rocori

4A Scott Swansson

Woodbury

4A Tim Theisen

Osseo

Boys Hockey

Class A Bruce Plante

Hermantown

Class AA Ken Pauley

Benilde-St Margaret's

Girls Swimming

Class A Dave Olson

Sartell-St Stephen

Class AA Jeff Mace

Edina

Class AA Sarah Mitchell

Edina

Boys Swimming

Class A Dirk Westveer

Monticello

Class AA Kelly Boston

Eden Prairie

Girls Gymnastics

Class A Jennifer Bartlet

Rogers/Elk

River/Zimmerman

Class AA Mark Sikich

Park

Boys Lacrosse

Travis Wells Edina

Boys Golf

1A Peter Hedstrom

Springfield

2A Bob Gorden

Detroit Lakes

3A Alan Christophers

Wayzata

Girls Golf

1A Greg Gile

Lincoln HI

2A Ron Kallheim

Fairmont

3A Mike Schumacher

Wayzata

Softball

1A Darrell Bjerklie

Cherry

2A Kristie Andersen

New Ulm

3A Bob Beedle

Stillwater Area

Boys Tennis

Class A Tim Engelstad

Thief River Falls

Class AA Randy Ronning

Elk River

Girls Lacrosse

Andrew Lecker Cretin-Derham Hall

Judy Baxter Eden Prairie

Baseball

1A Mike Streitz

St Agnes

2A Bryan DeLorenzo

Holy Family Catholic

3A Tom Strey

Eastview

Girls Cross Country

1A Kent Viesselman

United South Central

2A Greg Greeno

St Michael-Albertville

Boys Cross Country

Class A Roger Twigg

Crosby-Ironton

Class AA Janie Kirkpatrick

Edina

Girls Track and Field

Class A Tim Lindquist

Esko

Class AA Nick Lovas

Hopkins

Boys Track and Field

Class A Ken Henkels

Worthington

Doug Brands

Worthington

Class AA Jay Hateli

Rosemount

ASSISTANT COACHES OF THE YEAR TO RECEIVE AWARD

Team success goes beyond the head coach as excellent assistant coaches contribute significantly to program success. Too often assistant coaches do not receive credit for their contributions.

The MSHSCA created an Assistant Coach of the Year Award a number of years ago and included a presentation of an award as part of the Annual Hall of Fame Awards Banquet. The banquet will be held on Saturday, October 13th at the Crown Plaza Hotel in St Paul. Information on times, cost of tickets and how to obtain can be found in a separate article in this edition of the MN Prep Coach.

Listed below are the names of the Assistant Coaches of the Year who are members of the MSHSCA. Some associations, unfortunately, named coaches who are not members. The sport associations have been informed and encouraged to select members for the award for future years.

Girls Tennis

Class A Mary Freeman
Staples-Motley
Class AA Perry Forster
Edina

Volleyball

1A Rick Haberman
Tracy-Milroy-Balaton
2A Sarah Quiram
Marshall
3A Tim Carroll
Hutchinson

Football

Mark Ritter Eden Prairie

Girls Basketball

1A Brian Buffetta
Moutain Iron-Buhl
2A Don Peschel
Sauk Centre

3A Al Wuetrich
Hutchinson
4A Cameron Mahlum
White Bear Lake

Boys Basketball

1A Neil Doose
St Peter
2A John Kruger
Hayfield
3A Brad Schuster
Owatonna

Boys Hockey

Class A Ken Jones
Two Harbors
Class AA Terry Johnson
Duluth East

Boys and Girls Swimming

Jody Cullen Blaine
Erick Vogen Eastview

Girls Gymnastics

Class A Cassie Schoenberg
Melrose
Class AA Kristen Driscoll
Mahtomedi

Boys Golf

Class A Bob Schissel
Nevis
Class AA Jerry Greupner
Rosemount

Girls Golf

Class A Diane Spaeth
Mahnomen
Class AA Phil Johnson
Elk River

Boys Tennis

Class A Karin Kispert
Minnehaha Academy
Class AA Robert Olson
Becker

Girls Lacrosse

Ana Bowlsby Eden Prairie

Girls Cross Country

Class A Lindsay Cooper
Redwood Valley
Class AA Andrea Loger
Edina

Boys Cross Country

Class A Tim Lindquist
Esko
Class AA Jason Lemkuhle
Edina

Boys Track and Field

Class A Al Stoakes
Luverne
Class AA Boyd Emmel
Buffalo

*“There are plenty
of difficult obstacles
in your path.
Don’t allow yourself
to become on
of them.”*

- Ralph Marston

MSHSCA HA

SIX TO ENTER MSHSCA HALL OF FAME ON OCTOBER 13TH.

A total of six more Minnesota coaches are scheduled to be inducted to the Minnesota State High School Hall of Fame. The induction is the conclusion of an evening of various recognitions for MN coaches.

The 2012 inductees include: Carolyn Hummel (Jackson County Central), David Hylla (Proctor), Bill Quenette (Moorhead), Buz Rumrill (Glencoe-Silver Lake), Tom Saterdalen (Bloomington Jefferson) and Gary Schuler (Fergus Falls).

Carolyn Hummel (Jackson County Central)



After graduating from Danube High School and the University of Minnesota, she began teaching and coaching in Lakefield MN in 1970. Carolyn was one of the pioneers in girls athletics. She initiated the volleyball and girls basketball programs at Lakefield and also coached track and field. When Lakefield paired with Heron Lake-

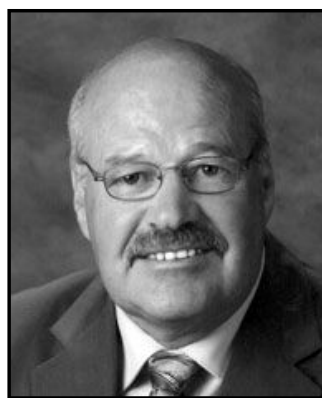
Okabena in 1987 Carolyn focused on volleyball while continuing to coach junior high girls basketball. In 1997, Lakefield consolidated with Jackson to form Jackson County Central where she continued to serve as the varsity volleyball coach. Her teams were always fundamentally sound which made them very competitive. Her teams won numerous conference titles and sub-district and district crowns. Under her direction, Jackson County Central won two state championships in 1999 and 2003. Overall her teams won 550 matches. Hummel was named sub-section, section and state Coach of the Year on several occasions. She was named to the MN Volleyball Coaches Hall of Fame. She organized a very successful JO program which began with HLOL and continued with JCC. Carolyn had the privilege of coaching her daughters, Michelle and Angela.

The following quotation is an excerpt from a tribute written by a former player. "Coach Hummel was a competitor and did not accept anything but our best efforts. She expected her girls to play with the same heart and soul that she used to coach, and she did not tolerate excuses or laziness. Sometimes we did not like her for it. She did not allow us to think of ourselves as anything less than strong, powerful capable women who could accomplish anything that we set our minds to. Giving up in the presence of adversity was not an option. Teenage self pity could only distract you from being everything that you are capable of being. Coach Carolyn Hummel lived her life the same way that she coached with passion for those she

loved and a desire to influence others to seek excellence."

Carolyn and her husband, Ron have three children - Michelle, Angela and Jon and one grand child, Nevaeh. Sadly Carolyn died on June 12, 2009. Her life continues to inspire family, friends and the many young women she coached.

Dave Hylla (Proctor)



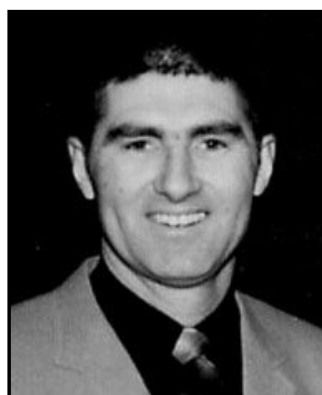
The Holdingford native had a passion for coaching. Whether he spent his time on a field, court or track, he was most comfortable surrounded by fellow coaches and athletes. Though he is best known for his contributions to football in the state of Minnesota, Dave also coached basketball and track and field throughout his career. In total, Hylla coached for over 30

years with 27 years spent in Proctor HS as head coach. He won numerous awards including an induction in to the MN Football Coaches Association Hall of Fame in 2009. Other recognitions include:

- Ten time conference COTY - 1989, 92, 94, 96, 98, 99, 2002, 03, 06, 07.
- 4 Section COTY selections — 1991, 98, 2006, 07
- All Sports 710 Perkins Trophy - 1999
- Minnesota All Star Football Game coach - 1994
- President of the MSHSCA in 1998
- George Haun Award recipient - 2007
- Power of Influence Award - 2008
- National COTY FB COTY nominee - 2008

Dave's untimely death left him with a 197-77 football record. His passion and devotion for the sport touched thousands of lives throughout the small town of Proctor and the State of Minnesota.

In his spare time, Dave enjoyed cooking, gardening and spending time with his family and friends.



William (Bill) Quenette (Moorhead)

Bill Quenette is a 1951 graduate of West Fargo ND High School. After two years of attending Concordia College in Moorhead, he enlisted in the US Army and was stationed in Germany, where he played football, basketball and baseball for the 4th Division Special Troops. In 1955,

HALL OF FAME

he came back to Concordia where he was captain and standout multi-sport athlete for the Cobber football, basketball and baseball teams.

Following graduation from Concordia in 1957, Bill became a faculty member and coach at the college. Also during this time, he coached the West Fargo Legion Baseball team. In the summer of 1959, his team was the Class B State Tournament runner up.

Bill attended Washington State University and earned a Master Degree in 1959 followed by a return to Concordia College in the fall of 1960. In the spring of 1962, he guided the Cobbers to their first ever conference baseball title. He moved to Port Angeles WA in the fall of 1962 where he spent four years at Peninsula College teaching Phy Ed and head basketball and baseball coach.

In 1966, Bill came back to Minnesota to anchor a highly successful teaching and coaching career at Moorhead High School. His coaching tenure for the Spuds lasted 39 years. The coaching ranks for Moorhead HS in the 1966-2005 period had him coaching football, boys and girls basketball, baseball and golf for the Spuds with a few short stints as an assistant in men's basketball at Concordia College and also football at Shanley HS in Fargo.

At Moorhead, Coach Q was head basketball coach for the Spuds from 1967-82 compiling 232-96 record. He guided his first basketball team to a state tournament runner-up finish. His 1981 team also made a state tourney appearance. As head baseball coach, he guided his first two teams to state tournament play. Throughout his 39 years coaching for the Spuds, he played a key role in many other state tournament appearances as an assistant in football, basketball and golf.

In 1990, Quenette was inducted into the Concordia College Athletic Hall of Fame. In 2004, he was inducted to the

MN Basketball Coaches Hall of Fame. Bill has been awarded MN State Assistant COTY three times during his career.

Coach Q's coaching career spanned 48 years. His contributions to the communities where he coached and his dedication and passion for the profession are being rewarded with this honor bestowed on him. He joins an elite group of people who have been shining examples to their communities and prep athletics in Minnesota.

Bill still resides in Moorhead with his wife Darlene(Andy). They have children — David, Suzanne, Stephen and Mark.

Buz Rumrill

(Glencoe-Silver Lake)



After high school in Madison SD, Buz attended General Beadle (now Dakota State) and earned Bachelor and Masters degrees.

His teaching coaching experiences include stops at Marietta MN (1962-67), Ipswich SD (1967-70), Silver Lake MN (1970-94) and Glencoe-Silver Lake (1994-98.)

His coaching resume includes head football coach (37 years), head track coach (10 years), head wrestling coach (10 years), head baseball coach (5 years), head basketball coach (4 years) and many years as assistant coach in many sports.

His football coaching record is 249-118-4 which provided 12 conference titles, six sectional titles and eight appearances in the state tournament. His teams won the Nine Man title in 1983 and 1987 and second place in 1984 and 1986.

He is a Life Member of both the

Coaches Hall of Fame

I am getting excited to honor this group of great people and hope that you, as coaches, will attend to support your profession. We need to give one another a hardy congratulations on a "job" well done.

The banquet will be held at the Crown Plaza St Paul Riverfront Hotel on Saturday, October 13th. Registration and social hour will begin at 5:30. Dinner will be served at 6:30 with the awards program starting at approximately 7:30. I will be mailing directions to the hotel along with your tickets. They do have valet parking @ \$10.00 and ramp parking for \$7.00 for the banquet.

Tickets are still available at \$25.00 before September 24th by contacting me at jbada154@q.com or (651)357-2937.

Tables will be assigned - so all of your friends will sit together.

Jim Baker



. . . continued on page 30

MSHSCA HALL OF FAME

MSHSCA and MFCA and was president of the MFCA in 1993-94 he remains active with the MFCA as he serves on the Hall of Fame selection committee.

He belongs to three previous Halls of Fame including MFCA, Glencoe-Silver Lake and KDUZ-KARP.

His hobbies include hunting, fishing, golf, playing cards and following Gopher football.

Rumwill and his wife Georgia have two sons (Tim and Jon) and a daughter (Elizabeth) and soon to be proud grandparents of seven grand children.

Tom Saterdalen (Bloomington Jefferson)



Saterdalen graduated in 1964 with a BS degree in Physical Education having played both tennis and hockey for Bemidji State College. He began his career as assistant hockey coach at Cloquet and then became assistant hockey coach at Bemidji State. In 1966, Tom became head hockey coach at Superior WI where his teams won two state titles. From 1970-73 he was

assistant hockey coach at the University of Minnesota.

Saterdalen returned to high school assignments as a teacher and hockey and tennis coach at Jefferson HS in Bloomington.

His career at Jefferson included 545 wins 167 losses and 21 ties. His teams won 13 Lake Conference titles, 15 section crowns and seven state championships (5 in MN, 2 in WI) and three third place trophies.

He was MN Hockey Coach of the Year in 1981,1988,1989,1992,1993,1998 and 2002. In addition he won the Gunderson Lake Conference COTY four times. In 1986 he was inducted to the Bemidji State Athletic Hall of Fame. Saterdalen also won the John Mariucci Award presented by the American College Hockey Coaches Association in 2003.

It all started in Rochester where he was a student of John Marshall HS and graduated in 1960 and won eight letters in football, hockey and baseball. His Rochester career and ensuing coaching career found him selected to the Rochester Quarterback Club Hall of Fame

In 2010 he was selected to the MSHSL Hall of Fame. Other recognitions include MN HS Hockey Hall of Fame and the Achievement Award for Distinguished Service to the Lake Conference

He was able to send a total of 82 players to Division 1 Hockey,85 to Division 3, 21 professional and eight to the NHL.

The sport of tennis benefited from his coaching expertise as his team's compiled a record of 284-102 including eight Lake Conference titles, three sectional crowns and two state

championships which earned him more honors as the 1996 Tennis COTY

Saterdalen was honored by the publication of a book that traces the development of his 2001-02 hockey team as they made their way to state. He is the central character in the book, "Blades of Glory."

He has also spent 30 years organizing, training and recruiting coaches and officials for the Youth Hockey League in Bloomington. He has also organized and presented numerous skills and fan clinics for youth and adults in tennis and hockey.

Gary Schuler (Warren)



Schuler graduated from Grand Forks Central HS in 1966. Following his high school graduation, he attended the University of North Dakota and earned majors in Spanish, Phy Ed, Health and coaching. Later he obtained a Masters degree in Athletic Administration from North Dakota State in 2003.

His professional experiences include Summer Recreation Director in Bowman ND in 1968-69. In 1970 he was hired as Spanish and Phy Ed teacher in Kennedy MN. At Kennedy he was assistant basketball, assistant baseball and jr high football coach. Schuler returned to North Dakota to teach Spanish at Red River HS in Grand Forks and was the head tennis and assistant boys basketball coach. During his stay in Grand Forks, he coached American Legion Baseball. Warren MN was Gary's next destination where he was head volleyball,7th football, assistant softball and head boys basketball coach over a span of years covering 1973-97. He left Warren for Fergus Falls as head boys basketball and eventually Activities Director.

Educational honors include the Tom Clifford Award from UND in 1993 and Excellence in Education at Fergus Falls in 2005.

Athletic achievements include 1973 North Dakota Tennis COTY. District 31A COTY in 1976, 81,84,89 and 97. Region 8A also recognized Schuler's coaching mastery with COTY honors 1981, 84, 89 and 97. He was the Fergus Falls HS COTY in 1999-2000 and again in 2003-04.s

Success with the Otters earned 8AAA COTY in 1999,2002 and 2004. The MN Basketball Coaches Association inducted Gary to the Basketball Hall of Fame. Grand Forks Central also added Schuler to their Athletic Hall of Fame. His career record was 544-199.

Schuler and his wife of 45 years, Shawna have three sons and a daughter.

MSHSCA HALL OF FAME

1980

Art Avis (Hutchinson)
Wayne Courtney (Mpls Roosevelt)
George Haun (Staples)
George "Baldy" Hayes (Blue Earth)
Stan Nelson (Anoka)
Vern Morrison (St. Cloud Tech)
George Rose (St. Paul Como Park)

1981

Ove Berven (Austin)
Lloyd Holm (St. Louis Park)
George Saunders (Pine City)
Earle Teas (Pipestone)
Clifford Thompson (Eveleth)
Herb Wolf (Fairmont)

1982

Oscar Almquist (Roseau)
William Broekemeier (Cass Lake)
Jerry Eckstein (Plainview)
William Hanson (Willmar)
John Hermes (Fergus Falls)
Burt Monson (Mountain Lake)
Herman Woock (Crosby-Ironton)

1983

Al Halley (Mpls Southwest)
A.J. Kramer (Roseau)
Ralph Peterson (Plainview)
Bob Roy (St Louis Park)
Granville Smith (Park of Cottage Grove)
Arnold Veglahn (St. James)

1984

Verne Hermann (Plainview)
R. "Butzie" Maetzvold (Hopkins)
Ralph Skay (Theif River Falls)
Ab Strommen (St. James)
Louis Todnem (Mankato West)

1985

Fred Kellett (Brainerd)
Steve Kerzie (Gilbert)
John Nett (Winona Cotter)
Milt Osterberg (Worthington)
Rudy Rauker (Warroad)

1986

Bruce Frank (LeSueur)
Del Mollberg (Detroit Lakes)
William Ochs (Bloomington Lincoln)
K.T. Smith (Breckenridge)

Angelo Taddie (Nashwauk-Keewatin)

1987

Duane Baglien (Edina)
Chester Bisel (Lynd-Butterfield)
Herb Claffy (Milaca)
John Rengel (Staples)
Dick Seltz (Austin)

1988

Art Hass (Austin)
Jim Hastings (Duluth Central)
Dale Scholl (Redwood Falls)
Lloyd Stussy (Wells-Easton)
Don Swanson (Mpls Patrick Henry)

1989

Jack Conley (Forest Lake)
Wayne Dietz (Anoka)
Roy Hokkanen (Cotton)
Clyde McDonald (St. Paul Harding)

1990

Jerry Bernatz (Chatfield)
Leo Grossman (Wabasso)
Dick Lynch (Silver Bay)
Larry Ross (International Falls)
Bob Ryan (St. Paul Humboldt)
Archie Sailer (Frazee)

1991

Ralph Boline (Fosston)
Paul Busch (Roseville Area)
Harlan Kirkeby (Lewiston)
Tom Mahoney (Fairmont)
W. "Max" West (Brownton)

1992

John Conzemius (Wadena-D.C.)
Malcolm "Mac" Dahl (LaCrescent)
Les Drechsel (Crookston)
Hugo Goehle (Hills-Bvr Creek)
Al Wold (Rochester John Marshall)

1993

Lloyd Carlson (Win-E-Mac)
John Davies (Crosby-Ironton)
Don Fox (Austin)
Stan Otness (Farmington)
Bob Turner (St. Paul Como Pk)

1994

Kermit Aase (Brainerd)
Willard Ikola (Edina)

Angelo Pergol (Cloquet)
Ron Raveling (Columbia Hts)
Evar Silvernagel (Rochester)

1995

Walter Chapman (Mpls Marshall)
Bernard Broderick (St. Paul Murray)
Kerwin Engelhart (Rochester John Marshall)
Tony Thiel (Battle Lake)
Dick Lawrence (Eveleth)

1996

Malcolm "Mac" Doane (St. Cloud Tech)
Chuck Elias (Mpls Central)
Jim Gotta (Moorhead)
Dave Peterson (Mpls Southwest)
Bill Selisker (Crosby-Ironton)

1997

Edgar Braun (Norwood-Yng Am)
Stave Canakes (Edina)
Ron Malcolm (Anoka)
Steve Lipp (Breckenridge)
Stan Thorton (St. Paul Highland Pk)

1998

Lou Cotroneo (St. Paul Johnson)
Pete Herges (Albany)
Albert "Bud" Higgins (Austin)
Ed Prohofsky (Mpls Marshall-U High)
Bill Rose (Rothsay)

1999

Bill Hare (Greenway of Coleraine)
Mike Jerabek (Prior Lake)
Pat Lanin (Hopkins)
Jerry Snyder (Lake City)
Richard Traen (Delano)

2000

Noel Bailey (Aitkin)
Deryl "Skip" Boyum (Northfield)
Darien DeRocher (Foley)
Jim Muchlinski (Marshall)
Harold "Hal" Schroeder (Blue Earth)

2001

Guido Kauls (Minnehaha Acad)
Stephen Kjorness (Wstbrk-Wlnt Grove)
"Tink" Larson (Waseca)
Len Olson (Owatonna)
George Thole (Stillwater)

MSHSCA HALL OF FAME

2002

Ken Baumann (Mahnomen)
Klem Haugen (Austin)
Jerry Riewer (Staples-Motley)
Grady Rostberg (Hutchinson)
Dick Skogg (Duluth East)

2003

James Flim (Winona)
George Larson (Cambridge)
Bob Hoisington (Mpls Central & S.W.)
E. James Senske (New Ulm)
Dean Taylor (Sartell)

2004

Elaine Engle (Wilmar)
Bob Streetar (Grand Rapids)
Donald Nesheim (St. Peter)
Hartvick "Shocky" Strand (Moorhead)
Ken Nelson - Sauk Centre

2005

Al Bauman (Little Falls)
Jerry Daniels (Foston)
Elmer Luke (Hopkins)
Bill Simpson (Stillwater)
Ted Pelzl (NRHEG)

2006

Bob Brink (Rocori)
Brian Kispert (Richfield)
Bill Kroschel (Park)
Bob McDonald (Chisholm)
George Sawyer (Wheaton)

2007

Art Downey - Edina
Gordy Genz - Roseville Area
Dennis Ranta - Plainview
Lowell Searcy - Brainerd
Del Schiffler - Woodbury

2008

Warren Bailey - Pipestone
Pete Beckermann - USC
John DeLosier - Roseau
Gary Hokanson - Roseau
Stuart Nordquist - International Falls
Elden Sparby - Badger-Greenbush Middle River

2009

Myron J. Glass, Rochester Lourdes
Wyne Heisinger, Heron Lake
Jerry Peterson, Bloomington Kennedy
Jerry Simpson, Woodbury
Glen Thieschafer, Melrose
Ken VanDenBoom, Caledonia

2010

Al Eckman, Austin
Debbie Driscoll, Mahtomedi
Warren Keller, Arglye
Jim Reinhardt, Rushford-Peterson
Walt Weaver, Apple Valley

2011

Carolyn Hummel, Jackson County Central
Dave Hylla, Proctor
William Quenette, Moorhead
Buz Rumrill, Glencoe-Silver Lake
Tom Saterdalen, Bloomington Jefferson
Gary Schuler, Warren

STEVE KERZIE DELEGATE SERVICE AWARD PAST WINNERS

- 2006** Steve Kerzie, Eveleth Gilbert
2007 Milo Larson, Canby
2008 Gerald Keenan, St Paul Harding
2009 Mike Lhotka, Dassel-Cokato
2010 Donna Johnansen, Murray County Central
2011 Diane Pettis, Sebeka

MARK O'NEILL TO RECEIVE KERZIE AWARD

Steve Kerzie of Gilbert was a long time dedicated delegate for the Minnesota State High School Coaches Association. During the decades that he was involved he rarely missed a meeting. In honor of his service the association created the Steve Kerzie Delegate Service Award.

This year the recipient is Mark O'Neill of Champlin Park. Similar to Kerzie, O'Neill has been a faithful delegate for Section 5AA for many years.

O'Neill is a graduate of Fridley High School and Bemidji State University.

Mark has coached for 34 years including football (32), Swimming (1) and Track and Field (25).

He and his wife, Cheryl have two sons — Shaughn and Andrew.

The award will be part of the Annual Hall of Fame Banquet that will be held at the Crowne Plaza Hotel in St Paul on October 13th. (Information on the banquet may be found elsewhere in this issue of The MN Prep Coach).

SCHUMACHER EARNS THE GEORGE HAUN LEADERSHIP AWARD

John Schumacher of Park Rapids is the epitome of what the George Haun Leadership Award represents. The award was designed to recognize people that dedicate extra time to their profession and to the Minnesota State High School Coaches Association.



George Haun was the "founding father" of the MSHSCA back in 1936. Shortly after Hahn's induction to the MSHSCA Hall of Fame, it was decided to create an award in his honor.

Since 1986, a total of 41 people have received the award. (See list of previous recipients in this issue)

John will receive the award at the Annual Hall of Fame Banquet scheduled for October 13, 2012 at the Crowne Plaza Hotel in St Paul.

Schumacher finds time to serve the Park Rapids Area Schools as Activities Director and also represent member coaches of the MSHSCA and the MSHSL.

His close affiliation with the MSHSCA started in 1995 as he became the Delegate representing Section 8A. During his tenure he has served in many capacities. He was on the Finance Committee from 1999 to 2002. He was elected to the Executive Committee from 2002-06. "Schu" was instrumental in dealing with a dues increase that allowed members to obtain Liability Insurance.

In 2004, John was asked to lead the selection of the Distinguished Service Award for Officials. The year 2007, found Schumacher successful in an election bid to the MSHSL Board of Directors. He served as Treasurer of the MSHSL in his final year on the Board of Directors.

He indicates that during his 29 years of coaching involvement, his time with the MSHSCA has been an extremely rewarding experience.

People wishing to share the evening with the Schumacher family may find information dealing with the banquet including times, cost, how to obtain tickets and information on room reservations in this issue of The MN Prep Coach.

MSHSCA GEORGE HAUN AWARD RECIPIENTS

- 1986** Bobby Roy - St. Louis Park
Darien DeRocher - Foley
- 1987** Art Avis - Hutchinson
- 1988** Tom Mahoney - Fairmont
- 1989** Bob Ryan - ST. Paul Humboldt
- 1990** Lloyd Stussy - Wells-Easton
- 1991** Steve Kerzie - Gilbert
- 1992** Jarvis Anderson - Plainview
- 1993** Ab Strommen - St. James
- 1994** Malcolm "Mac" Dahl - LaCrescent
- 1995** Gordy Genz - Roseville Area
- 1996** Jim Deane - Osseo
- 1997** Howard Emerson - Warren
- 1998** Ken Sagedahl - Murray County West
- 1999** Mary DeRocher - Brainerd
- 2000** Bob Hooper - Detroit Lakes
Chuck Elias - Minneapolis
Don Swanson - Minneapolis
- 2001** Jeff Pitts - Wells-Easton
Bill Baumann - North Branch
Rick Johnson - Wabasso
- 2002** Bruce Johnson - Robbinsdale Armstrong
- 2003** Jim Baker - Richfield
H.T. Buisman - Aitkin
- 2004** Jay Johnson - Eden Valley Watkins
Tim Johnson - Mankato East
- 2005** Len Olson - Owatonna
Graydon "Soup" Stromme - Duluth
Don Tangen - Glencoe - Silver Lake
- 2006** Dave Halgren - Elk River
Lowell Searcy - Brainerd
- 2007** Dave Bauer - Park Center
Dave Hylla - Proctor
- 2008** Becky Leuer - North Branch
John Eberhart - Pine City
- 2009** Dennis Kalpin, Alexandria
Gordon Klomps, Zumbrota/Mazeppa
- 2010** Craig Anderson, Pine Island
Art Downey, Edina
- 2011** Gregory A Juba, Park/Cottage Grove
Art Downey, Edina

MSHSCA TO PRESENT AWARD TO CHAMPIONSHIP COACHES ON OCTOBER 13TH

Championship coaches of the 2011-12 school year that are members of the MSHSCA will become part of the award ceremony at the Annual Hall of Fame Banquet scheduled for October 13th. A plaque will be presented as a memento of their championship season.

The Hall of Fame Banquet will be held at the Crown Plaza Hotel in St Paul. People wishing to attend and share in the honor will find information on times, price, how to obtain tickets and make room reservations in a separate article found elsewhere in this issue of the MN Prep Coach.

Member championship coaches that will be honored are listed below:

Girls Tennis

1A	Jeannette Vickman	The Blake School
2A	Steve Paulsen	Edina

Girls True Team Swimming

1A	Rory Fairbanks	Hutchinson
2A	Brian Luke	Stillwater Area

Girls Soccer

1A	Paul Menge	The Blake School
2A	Tony Peszneker	Wayzata

Boys Soccer

1A	Dave Platt	Benilde-St Margaret's
2A	Vince Thomas	Eden Prairie

Volleyball

1A	Franz Boelter	Bethlehem Academy
2A	Dan Westby	Marshall
3A	Chad Becker	Eden Prairie

Girls Cross Country

1A	Kelly Haws	St Cloud Cathedral
2A	Gail Grieme	Monticello

Boys Cross Country

1A	Fred Rupp	St Cloud Cathedral
2A	Scott Christensen	Stillwater Area

Girls Swimming (MSHSL)

1A	David Olson	Sartell-St Stephen
2A	Jeff Mace	Edina

Adapted Soccer

PI	Ted Johnson	Anoka-Hennepin
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Football

9 Man		Dean Wieck
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Edgerton-Ellsworth

1A	Cory Larson	Dawson-Boyd
2A	Brent Schroeder	Caledonia
3A	Carl Lemke	St Croix Lutheran
4A	Mike Rowe	Rocori
5A	Mike Grant	Eden Prairie

Boys True Team Swimming

1A	John Barnes	St Thomas Academy
2A	Kelly Boston	Eden Prairie

Nordic Skiing

Girls	Bonnie Fuller-Kask	Duluth East
Boys	Kevin Brochman	Roseville Area

Girls Gymnastics

1A	Katie Masog	Melrose
2A	Mike Flatten	Roseville Area
2A	Mark Curley	Roseville Area

Boys Swimming (MSHSL)

1A	John Barnes	St Thomas Academy
2A	Kelly Boston	Eden Prairie

Boys Hockey

1A	Tom Vannelli	St Thomas Academy
1A	Greg Vannelli	St Thomas Academy
2A	Ken Pauley	Benilde-St Margaret's

Girls Basketball

1A	Jim Hammond	Maranaths Christian Academy
2A	Ray Finley	Providence Academy
3A	Faith Johnson-Patterson	DelaSalle
4A	Brian Cosgriff	Hopkins

Boys Basketball

1A	Dave Montbriand	Belgrade-Brooten-Elrosa
2A	Kirk Thompson	Plainview-Elgin Milville
3A	Dave Thorson	DeLaSalle
4A	Tim Theisen	Osseo

Wrestling

1A	Randy Baker	Jackson County Central
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Adapted Floor Hockey

CI	Bill Newell	Anoka-Hennepin
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Girls Track and Field (True Team)

1A	Tim Lindquist	Esko
2A	Chris Beach	TotinoGrace
3A	Andrew Hilliard	Lakeville South

Boys Track and Field (True Team)

1A	Ben Youngs	Maple Lake
2A	Chris Beach	Totino-Grace
3A	Chris Cohen	Minnetonka

Softball

1A	Darrell Bjerklie	Cherry
2A	Kristi Andersen	New Ulm
3A	Bob Beedle	Stillwater Area

Boys Lacrosse

Tim Roche	Eastview
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Girls Lacrosse

Laura Mark	The Blake School
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Boys Tennis

2A	Randy Ronning	Elk River
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Adapted Softball

CI	Ted Johnson	Anoka-Hennepin
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Boys Track and Field (MSHSL)

2A	Aaron Berndt	Wayzata
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Girls Track and Field (MSHSL)

1A	Charles Cracraft	The Blake School
2A	Andrew Hilliard	Lakeville South

Boys Golf

1A	Mark Yaeger	Legacy Christian Academy
2A	Bob Gorden	Detroit Lakes
3A	Eric Tollefson	Moorhead

Girls Golf

1A	Julie Hennessy	Lewiston-Altura
2A	Cali Harrier	Detroit Lakes
3A	Matt Shetka	New Prague

Baseball

1A	Mike Streitz	St Agnes
2A	Bryan DeLorenzo	Holy Family Catholic
3A	Tom Strey	Eastview

HALL OF FAME CANDIDATES NEEDED

Jim Baker, MSHSCA Hall of Fame Coordinator would like to issue a plea for more Hall of Fame nominations.

There are a lot of deserved people that should be nominated.

Use the form found in this issue of The Minnesota Prep Coach and submit one or more coaches that deserve to be recognized as a Hall of Fame inductee.

Baker's Email: jbad154@q.com

Spring 2012 Team Academic Results

The MHSCA would like to take this opportunity to congratulate the teams that qualified to receive team academic recognition.

The MN Prep Coach is including the sports that were submitted. If your sport does not appear in the spring results it is because they were not submitted.

There are a variety of ways that sports select their academic winners. They are printed below, as submitted.

BASEBALL

Class AAA Gold

Eden Prairie

Hopkins

Eastview

Roseville Area

Totino-Grace

Maple Grove

Hutchinson

Cambridge-Isanti

Class AAA Silver

Robbinsdale Armstrong

Chanhassen

Cretin-Derham Hall

St Cloud Tech

North Branch

Bemidji

Sauk Rapids-Rice

Andover

Burnsville

Coon Rapids

Eagan

Orono

Minneapolis Southwest

Mahtomedi

Class AA Gold

Albany

Maple River

Benson

Montevideo

Pine Island

LeSueur-Henderson

Litchfield

Class AA Silver

Kasson-Mantorville

Cannon Falls

Delano

Holy Family Catholic

St Paul Highland Park

St James

Roseau

Mound-Westonka

Stewartville

Luverne

Maple Lake

Ottertail Central

Class A Gold

St John's Prep

New York Mills

Fosston

Mankato Loyola

Norman County East-Ulen Hitterdal

Wabasso

West Lutheran

Maranatha Christian Academy

Blackduck

Tracy-Milroy-Balaton

Class A Silver

Windom Area

Springfield

St Agnes

Mt Lake/Butterfield/Odin

BOYS GOLF

Class AAA

1 = Rochester Mayo

2 = Eden Prairie

3 = Eagan

4 = White Bear Lakes

5 = Anoka (State Champion)

6 = Robbinsdale Armstrong

7 = Elk River

8 = Willmar

Class AA

1 = Byron

2 = LeSueur- Henderson

3 = Marshall

4 = St Croix Lutheran

5 = Litchfield

6 = Melrose (State Champion)

7 = International Falls

8 = Bagley

Class A

1 = Wabasha-Kellogg

2 = Madelia

3 = Red Rock

4 = NA

5 = Dawson-Boyd (State Champion)

6 = Mahnommen

7 = Ely

8 = Fosston

GIRLS GOLF

Class AAA

1 = Rochester Mayo (State Champion)

2 = Eden Prairie

3 = Eastview

4 = Cretin-Derham Hall

5 = Blaine

6 = Robbinsdale Armstrong

7 = Cambridge-Isanti

8 = St Cloud Apollo/St John's Prep

Class AA

1 = Lake City

2 = Blue Earth Area

3 = Jackson County Central

4 = Fridley

5 = Providence Academy

6 = Osakis

7 = International Falls

8 = Detroit Lakes (State Champion)

Class A

1 = Kingsland (State Champion)

2 = MN Valley Lutheran

3 = Wabasso

4 = Legacy Christian Academy

5 = West Central Area

6 = Mahnommen

7 = Mesabi East

8 = Climax-Fisher

SYNCHRONIZED SWIMMING

Silver

Columbia Heights

Eden Prairie

Edina

Hopkins

Itasca

Maple Grove/Osseo

St Louis Park

Wayzata

SOFTBALL

Gold

Adrian	New York Mills	East Grand Forks
Albany	North Branch	Fergus Falls
Anoka	North	Fertile-Beltrami
Ashby	Northfield	Foley
Belle Plaine	Osakis	Forest Lake
Big Lake	Paynesville	Glencoe-Silver Lake
Blue Earth Area	Pine Island	Goodhue
BOLD	Plainview-Elgin-Milville	Hastings
Brainerd	Providence Academy	Heritage Christian Academy
Buffalo Lake/Hector/Stewart	Randolph	Hibbing
Cambridge-Isanti	Rochester Lourdes	Hill City
Centennial	Rocori	Hutchinson
Chanhassen	Rosemount	Kimball Area
Chatfield	Rushford-Peterson	Mankato East
Clinton-Graceville-Beardsley	Sacred Heart	Mankato Loyola
Cook County	St Peter	Mankato West
Dassel-Cokato	Sebeka	Minneapolis South
Dawson-Boyd	St Anthony Village	MN Valley Lutheran
Detroit Lakes	St Francis	Minnewaska Area
Duluth Denfeld	Stewartville	Morris Area/Chokio-Alberta
East Ridge	Stillwater Area	Mounds Park Academy
Eden Prairie	Tartan	Mt Lake/Butterfield-Odin
Eden Valley-Watkins	Totino-Grace	Nevis
Eveleth-Gilbert	Tracy Area	New Ulm Cathedral
Faribault	Trinity Schools	Norman County East/Ulen Hitterdal
Frazee	Wabasha-Kellogg	Northern Freeze
GFWe	Wayzata	NRHEG
Hawley	Wheaton-Herman-Norcross	Ogilvie
Hayfield	Willmar	Orono
Henry Sibley	Zumbrota-Mazeppa	Ortonville
Hopkins		Osseo
Kenyon-Wanamingo	Silver	Owatonna
Kerkhoven-Murdock-Sunberg	Academy of Holy Angels	Park Center
Lakeview	Apple Valley	Pelican Rapids
Lakeville South	Atwater-Cosmos-Grove City	Pequot Lakes
Lester Prairie/Holy Trinity	Austin	Pierz
Lewsiton-Altura	Badger-Greenbush-Middle River	Pillager
Little Falls	Belrade-Brooten-Elrosa	Pipestone Area
Long Prairie-Grey Eagle	Benilde-St Margaret's	Princeton
Maple Grove	Bethany Academy	Red Lake Falls
Maple River	Blake	Red Wing
Melrose	Blaine	Rochester John Marshall
Milaca	Blooming Prairie	Roseau
Minnehaha Academy	Bloomington Jefferson	Roseville Area
Monticello	Bloomington Kennedy	Rush City
Moorhead	Byron	St Agnes
Mora	Champlin Park	St Cloud Apollo
Mound Westonka	Chaska	St Charles
Mounds View	Cherry	St Cloud Tech
Minneapolis Washburn	Cretin-Derham Hall	St Cloud Cathedral
Murray County Central	Crookston	St Croix Lutheran
New London-Spicer	Delano	St James
New Prague	Duluth East	
New Ulm	Eagan	

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Spring Academic Results . . . continued from page 36

St Louis Park
 St Paul Highland Park
 Sauk Rapids-Rice
 Shakopee
 Sleepy Eye
 South St Paul
 Southwestern United
 Spring Grove/Caledonia
 Springfield
 Triton
 Virginia
 Visitation
 Waconia
 Walker-Hackensack-Akeley
 Warroad
 Watertown-Mayer
 West Central Area
 White Bear Lake
 Windom Area
 Yellow Medicine East

Bronze

(The MSHSCA does not provide bronze awards but the Prep Coach is including for school recognition.)

Andover
 Becker
 Cannon Falls
 Cass Lake-Bena
 East Central
 Elk River
 Farmington
 Grand Rapids
 Hill-Murray
 Houston
 Howard Lake-Waverly-Winsted
 Jackson County Central
 LeSueur-Henderson
 MACCRAY
 Montevideo
 Moose Lake-Willow River
 Ottertail Central
 Park
 Park Rapids
 Red Rock Central/Westbrook-Walnut Grove
 Richfield
 Robbinsdale Armstrong
 Robbinsdale Cooper
 Rockford
 Simley

Spring Lake Park
 St Mary's
 Two Harbors
 Verndale
 Wadena-Deer Creek

BOYS TENNIS

Class AA Gold
 Academy of Holy Angels
 Apple Valley
 Becker
 Bemidji
 Bloomington Jefferson
 Buffalo
 Cambridge-Isanti
 Centennial
 Cretin - Derham Hall
 Hutchinson
 Irondale
 Lakeville North
 Mankato West
 Maple Grove
 Minneapolis Washburn
 Monticello
 Mounds View
 Red Wing
 Rochester Century
 Rochester John Marshall
 St Paul Johnson
 Woodbury

Class AA Silver

Andover
 Brainerd
 Chanhassen
 Coon Rapids
 Eagan
 Eastview
 East Ridge
 Hill-Murray
 Lakeville South
 Mahtomedi
 Mankato East
 North
 North Branch
 Richfield
 Roseville Area
 Sartell-St Stephen
 St Cloud Tech
 St Louis Park
 St Michael- Albertville

Spring Lake Park
 Totino-Grace
 White Bear Lake
 St Francis

Class A Gold

Aitkin
 DeLaSalle
 Luverne
 St Paul Humboldt
 St Peter
 Waseca

Class A Silver

Cook County
 Foley
 Heritage Christian Academy
 Montevideo
 Mound-Westonka
 New London - Spicer
 Pine City
 Rochester Lourdes
 St James
 Thief River Falls
 Winona Cotter

BOYS TRACK AND FIELD

Class A Gold
 Annandale
 Blue Earth Area
 Byron
 Esko
 Fairmont
 Glencoe-Silver Lake
 Jordan
 Lac qui Parle Valley/Dawson-Boyd
 LaCrescent
 Mankato Loyola/Cleveland
 Maple Lake
 Maple River
 Milaca
 Montevideo
 Mora
 Ottertail Central
 Pine Island
 Plainview-Elgin-Millville
 Rochester Lourdes
 Rush City
 St Croix Lutheran

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St Peter
Tri County United
United South Central
Winona Cotter
Zumbrota-Mazeppa

Class A Silver
Bagley-Fosston
Dilworth-Glyndon-Felton
Foley
Lake City
Mesabi East
Pillager
Redwood Valley
Rushford-Peterson/Houston
St Cloud Christian
Sauk Centre
Triton
West Marshall
Waseca
Warroad

Class AA Gold
Alexandria
Apple Valley
Brainerd
Buffalo
Edina
Faribault
Holy Family Catholic
Lakeville North
Mankato East
Monticello
Park of Cottage Grove
Princeton
Rochester Century
Rochester Mayo
Sartell-St Stephen
Sauk Rapids-Rice
St Cloud Apollo
St Francis
St Michael-Albertville
Wayzata
Willmar

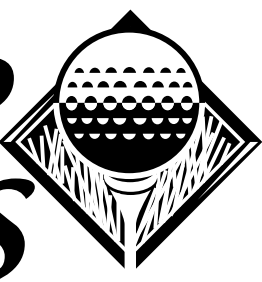
Class AA Silver
Andover
Chisago Lakes
Hutchinson
Mounds View
Richfield
Spring Lake Park-St Anthony

GIRLS TRACK AND FIELD
Class A Gold
Ada-Borup
Annandale
Bagley-Fosston
Barnesville
Belle Plaine
Blue Earth Area
Byron
Crookston
Dilworth/Glyndon-Felton
Eden Valley- Watkins/Kimball
Esko
Fairmont
Foley
Glencoe-Silver Lake
Grand Meadow/LeRoy-Ostrander
International Falls
Jordan
LaCrescent
Lake City
Mankato Loyola/ Cleveland
Maple Lake
Maple River
Montevideo
Mora
Northome/Kelliher/Blackduck
Ottertail Central
Park Rapids
Pillager
Pine Island
Plainview- Elgin- Milville
Redwood Valley
Rochester Lourdes
Rush City
Rushford-Peterson/Houston
St Croix Lutheran
St Cloud Christian
St Peter
Sauk Centre
Stewartville
United South Central
Waseca
Waterville-Elysian-Morristown
Warroad
West Marshall
Winona Cotter

Class A Silver
Cannon Falls
Frazee
Grygla-Gatzke
Lewiston-Altura
Martin County West

Milaca
Paynesville
Class AA Gold
Alexandria
Albert Lea
Apple Valley
Becker
Big Lake
Brainerd
Buffalo
Burnsville
Chisago Lakes
Coon Rapids
Detroit Lakes
Eagan
East Ridge
Edina
Elk River
Faribault
Farmington
Hermantown
Holy Family Catholic
Hopkins
Hutchinson
Lakeville North
Lakeville South
Mankato East
Minnetonka
MoundsView
Owatonna
Park of Cottage Grove
Princeton
Prior Lake
Red Wing
Richfield
Rochester Century
Rochester Mayo
Rocori
Roseville Area
St Cloud Apollo
St Francis
St Michael-Albertville
St Louis Park
St Paul Highland Park
Sauk Rapids-Rice
Simley
Spring Lake Park/ St Anthony
Triton
Visitation
Wayzata
Willmar

CHIP SHOTS



By: Todd Petterson
Red Wing H.S.

I hope all of you are having a great end to summer and early fall and for those of you that are teachers you are going back refreshed and ready for the school year. We have had a number of changes in high school golf over the past few years and my hope is that they continue to go smoothly and even improve as time goes on.

A special thank you goes out to the coaches who continue to handle the academic awards and the ratings awards for the coaches association—Steve Heslop-academic and Barry Wallin and Brian Johnson-weekly ratings. Also, another thank you goes out to the coaches who handle the golf banquets at the state tournaments and the golf clinic in the spring: Rich Aulie-A, Mike Frankenfield-AA, and Tim Kallevig-AAA, and Mike Seifert the golf clinic director. A reminder-in order for your players to make academic all-state at the state tournament banquet a coach needs to be a member of the Golf Coaches Association. It seems that each year I get emails inquiring how a player gets this recognition or gets on to the coaches all-state teams. I hope you consider joining the Golf Coaches Association this year. Remember any senior who plays in the first round of the section meets and has un-weighted grade point average of 3.7 or higher makes academic all-state.

Remember there are other advantages for joining the coaches association like free entrance into high school events, deals on hotels, insurance, etc. So remember to join the coaches association early in the school year so both you and your players can benefit. At the fall golf advisory board meeting eight winning programs are drawn which qualified by selling a minimum of only twenty-five Birdie Marketing Golf Cards. Our association, golf courses, and the eight lucky programs all benefit. Being drawn each five to six years is usually about the odds. The number for Birdie Marketing, Inc. is (763)753-6988. Strongly consider the Birdie Marketing Golf Card as a fundraiser next spring.

Last, we had some very worthy Coach-of-the-Year recipients in 2011-this is a second announcement for these coaches-as they will be invited to the fall banquet. For boys Class A: Peter Hedstrom-Springfield, AA: Bob Gorden-Detroit Lakes and Alan Christopherson-Wayzata. On the girls side Class A: Greg Gile-Lincoln Hi, AA: Ron Kallheim-

Fairmont and Mike Schumacher-Wayzata. We have gone from having as few as about a dozen nominees a few years ago to twenty-seven in 2011. As I write this I am in the midst of putting the 2012 names together for a vote-we currently are at 24 and I really hope we can get to thirty nominees in the next few days.

The 2011 assistants have also been recognized with the best turnout since I have been doing this. Class A boys: Bob Schissel-Nevis and girls: Diane Spaeth Mahnomen. AAA boys: Jerry Greupner-Rosemount and girls: Phil Johnson-Elk River. Let's keep getting your fellow coaches nominated at the section tournaments each year. Congrats to all head and assistant winners. I keep getting suggestions on how to handle these Coach-of-the Year awards.

This is my last Chip Shots article and I would like to let you know that your next president is going to be Bob Gorden of Detroit Lakes. You are going to be in very capable hands! I would like to thank all of the coaches in the state for all of the support, ideas, suggestions and comments over the past four years. I would like to especially thank Glen Hasselberg as past president for his guidance/support and another special thank you as well to all of the advisory board members I worked with these years. I have worked with a lot of great people that put high school golfers first. I have really enjoyed the experience and hope to see you all on the golf course.

***“Competition is the
spice of sports;
but if you make
spice the whole meal
you’ll be sick.”***

- George Leonard



Dig This

By: Jim Lee
Waconia HS

Recently announced: the Minnesota Twins will be hosting baseball's All-Star game in 2014.

Recently finished: the MNVBCA All-Star match was played at St. Michael-Albertville High School during our annual coaches' clinic on July 25th and 26th. Ryan Dehnel provided tremendous support, as the gracious host, while Dan Westby (All-Star match coordinator) awarded Monica Turner with the Lindi Fogelberg Award as the MVP of the All-Star match; plus, Greg Sayuk quickly prepared an impressive video montage highlighting the All-Star participants' preparations to display following the match. With Heidi Hahn and Janet Golden-Landquist running the clinic throughout the week, there's no way anything could go wrong!

During the clinic, Pete Waite from Wisconsin and Christy Johnson-Lynch from Iowa State were the featured speakers provided by Baden and the MNVBCA. The action on the court was hot during the All-Star match itself while the clinician's presentations were nice and cool due to STMA's air-conditioning—which was so appreciated!

Since the clinic wrapped up, some deadlines have crept up on us: The deadline for nominating an All-State athlete has already passed. The athletes whom were submitted need to have their statistical information entered by Monday, October 22 at <http://www.mshsca.org/volleyball>. In addition, the All-State Team and Individual Academic deadline is Saturday, October 27th.

Recently, it was announced that Heidi Hahn of Brainerd and Jeff Groves of Apple Valley will be inducted into the MNVBCA Hall of Fame! These two all-stars will join the rest of the lineup at the State Tournament Banquet on Wednesday, November 7th along with the All-State recipients, state tournament participants, and their respective parents!

Even though the Twins are preparing for the All-Stars coming to town in 2014, hopefully you don't have to wait that long and can get out and see some bona fide superstar action on the volleyball court throughout the season!

USE YOUR MEMBERSHIP CARD

Your 2011-2012 Membership & Insurance Expires July 31st.

Have your new card for fall sporting events.

The possession of the MSHSCA membership card is a privilege extended to paid up members of the MSHSCA. The use of the MSHSCA card to gain admission to regular season high school events and some college events is controlled by the school at which the card is used to gain admission. There is a variety of policies that schools follow in regards to allowing admission with the card. The MSHSCA is not empowered to dictate to the schools what the school policy should be in terms of accepting the MSHSCA card or the number that will be admitted with each card. A letter is sent to the Activity Directors of all schools in July and all schools are asked to inform us if their school would not accept the card. It has also been brought to our attention over the past that some private venues do not accept the card for admission and this is especially true for hockey schools using private venues for their contests.

Park Center H.S. does NOT accept Membership Cards for admission.

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION LIFE MEMBERSHIP

A member of the coaching profession
for 25 years or more

Date Issued

Executive Director

The card is white with Gold Ink for the year 2012-2013.

2012-2013 Membership Card

Minnesota State High School Coaches Association
John Erickson, Director, Detroit Lakes
Phone: (218) 847-6796 • Email: jomar@lakesnet.net
Website: www.mshsca.org
President, Jon Wagner - Eveleth-Gilbert



John Doe
Eveleth-Gilbert HS

Asst. Football
Head Wrestling
Asst. B/G Track



By: Reggie Perkins, MBCA President (Bloomington Kennedy HS)

Greetings Coaches,

I am very privileged to represent all of you this year as your MBCA president. I would like to take this time to thank Brad Strand for the marvelous job he did representing our organization the past year and wish him the best in his transition to coaching high school girls.

It was great to see a lot of you in the gyms throughout the summer working with your players and promoting the beautiful game we love to coach. I hope that you feel that your players made progress and grew closer together. I know the summer can wear on coaches and players alike, but its obvious through the level of play in our teams and players that basketball continues to improve in our state.

MBCA Fall Clinic:

The MBCA Fall Clinic is scheduled for Friday, October 26th and Saturday, October 27th. Cost of the Fall Clinic is \$100 prior to October 18th. The Hyatt Regency Hotel in Minneapolis will once again be the site for the clinic. Tubby Smith (U of MN) along with Brian Wardle (UW-Green Bay) and Dave Odom former head coach (Wake Forest/South Carolina) will be a few of this year's featured clinicians. This year you can expect to see more on-court sessions. Details, including a registration form, hotel reservation information, and clinicians are also posted on the MBCA website (<http://www.mshsca.org/boysbasketball/>). Other information available to assist you on the website includes timeline/deadlines of all forms such as academic all-state, all-star nomination, and hall of fame nomination.

Membership Info:

As always it is important that you become a member of the MBCA in order for you and your athletes to be considered for various awards. We want to welcome all new

coaches to join both the MSHCA and the MBCA and invite you to encourage your assistant coaches and lower level coaches to do the same. There are many great benefits such as awards for coaches, teams, athletes and an opportunity to be an All Star Coach. As part of your MBCA membership you will also become a member of the National High School Basketball Coaches Association, as we are one of the founding states in the organization. Coaches will be receiving more information about the organization in the near future. Member coaches are encouraged to visit the website (<http://nhsbca.org>) for such things as coaching resources, job openings, events, special offers from suppliers, and a "Play of the Day" option.

Board Representatives:

Elections will be conducted this year for a new Secretary and Section Representatives for coaches who have retired or moved to positions. Coaches in those sections will be polled for interest with an elections following for all interested candidates.

MBCA Hall of Fame & Hall of Honor Recipients:

We would like to say congratulations to the new members of the MBCA Hall of Fame: **Franz Boelter** – Faribault Bethlehem Academy, **Ron Causton** – St. Paul Highland Park, **Don Roberts** – Simley, and **Bruce Young** – Long Prairie-Grey Eagle.

We would also like to congratulate our newest members of the MBCA Hall of Honor: Steve Kerzie – Gilbert (Official), Matt Pederson – Starbuck (Media/Friend of Basketball), Rene Pulley – Minneapolis (Friend of Basketball), Dave Pike – Eveleth-Gilbert (Coach) and Bob and Judy Techam – Shakopee (Friend of Basketball).

Updates:

Note that the 2013 State Tournaments for all classes (boys only) will be seeded 1-5 with random draw to determine opponents for seeds 1,2, and 3.

Again, thank your for letting me represent you this year. Please feel free to contact me with any questions or comments at (Reginald.Perkins@mpls.k12.mn.us). I want to wish you all the best of luck as the season approaches and I look forward to seeing you all at our Fall Clinic. Take advantage of the clinic, it's an excellent time to connect and socialize with each other.

FOUR NAMED FOR INDUCTION TO MBCA HALL OF FAME

By: Tom Critchley;
MBCA Executive Director

The Minnesota Basketball Coaches Association has named four men who will be inducted into the MBCA Hall of Fame this October. The purpose of the MBCA Hall of Fame is to give special recognition to the people of Minnesota who have made significant contributions to promote high school basketball in the state via their achievements and service.

The 2012 inductees are:

Franz Boelter – Bethlehem Academy
Ron Causton – St. Paul Highland Park

Don Roberts – Simley

Bruce Young – Long Prairie-Grey Eagle

The induction ceremonies will be held at the MBCA Hall of Fame Luncheon on **Sunday, October 28th, 12:00 p.m.**, at the Hyatt Regency Hotel in Minneapolis.

Franz Boelter became the head boys basketball coach at Bethlehem Academy in 1984 and will begin his 28th season this November at the helm of the Cardinals program. Franz's high school coaching career began as a head basketball coach and assistant volleyball coach at Medford High school in 1978. During his 27 year tenure at Bethlehem Academy, his teams

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2012 Fall Clinic October 26th & 27th

The 2012 Minnesota Basketball Coaches Association Fall Clinic will be held on Friday, October 26th and Saturday, October 27th at the Hyatt Regency Hotel in Minneapolis. As of 9-03-2012 the clinic will feature the following with additional speakers added as they commit:

- **Tubby Smith - University of Minnesota;**
"Gopher Basketball"
- **Brian Wardle – UW-Green Bay;** (2 sessions)
- **Dave Odom – South Carolina/Wake Forest** (retired); (2 sessions)
- **Wayne Walters -** innovator of the SWARM Defense
- **Mitch Ohnstad –** Personal Skills Trainer,
- **Derek Robey – Sioux Falls O’Gorman H.S.**
(SD State Champs)
- **Dave Montbriand – Belgrade-Brooten-Elrosa H.S.** (MN Class A State Champs)
- **Larry McKenzie –** Academy of Holy Angels

Tentative agenda and registration forms are available for view and print on the MBCA website. As speakers are confirmed, updated information, including schedule, and topics will be posted on the MBCA website.

Exhibitors will be in attendance with displays to provide coaches with information and assistance in current or future needs. The annual Awards Luncheon, a coaches’ social, and awarding of door prizes, including several major prizes, will also highlight the event.

The noon luncheon for all clinic participants will begin at 11:50 a.m. The luncheon will include the presentation of coaching awards, including: 2011-12 Section Coaches of the Year, 2011-12 Assistant Coaches of the Year, 2011-12 State Coaches of the Year, coaching milestone awards, and achievement awards. The 2012 Hall of Fame inductees in attendance will be introduced and recognized. Members of the HOF Class of 2012 are; **Franz Boelter, Ron Causton, Don Roberts, and Bruce Young.** The luncheon will also feature the induction of the members of the MBCA Hall of Honor; **Steve Kerzie, Matt Pederson, Dave Pike, Rene Pulley, and Bob and Judy Techam.**

Friday evening’s on-the-court sessions at Hyatt Regency Stay-Fit gym featuring **Dave Odom** will be followed by the annual MBCA Social.

All clinic participants will receive a MBCA/Spalding/Russell gift and an MBCA personalized

name badge, provided by Spalding and the MBCA. Friday’s luncheon and the coaches social will be complimentary for all clinic registrants. A wide variety of exhibitors will display their wares and provide door prizes for clinic participants during the sessions. Opportunities to visit the exhibitors will be scheduled and are highly encouraged. The clinic will also include the distribution of exhibitor and MBCA door prizes, including major door prizes, i.e. state tournament ticket packages, Timberwolves weekend, to those in attendance.

The cost of the Fall Clinic is \$100 if registered prior to October 16th. **Cost after October 16th and at the door will be \$120.**

Registration forms are available and updated clinic information will be available online at:

<http://www.mshsca.org/boysbasketball>

The Hyatt Regency is providing a clinic special for coaches’ rooms. **These rooms should be booked prior to October 14th. Early bookings are encouraged. You are encouraged to register online by using the following link:**

<https://resweb.passkey.com/go/bball1>

The phone number to make a reservation is **1.888.421.1442.** When registering via phone call you must mention that you are a MBCA Clinic participant. This will qualify you for the special group rate and assist the MBCA in meeting a pre-determined quota for rooms.

For any further needed information please contact Ron Larson, MBCA Clinic Director, at ron.larson@anokaramsey.edu or Tom Critchley at hctirc@earthlink.net.

MBCA FALL CLINIC REGISTRATION FORM October 26th and 27th, 2012

Name(s):

School

E-Mail contact

School Phone

_____ Pre-Registrations @ \$100 \$ _____

TOTAL Enclosed \$ _____

Make checks Payable to: **MBCA Clinic**

DEADLINE: TUESDAY, October 16
(\$120 after this date)

Remit to: Tom Critchley - MBCA Clinic
2660 Mackubin St.; Roseville, MN 55113
hctirc@earthlink.net

Registration is \$120 at the door. (Clip and Mail to address above)

MBCA HALL OF FAME . . . continued from page 26

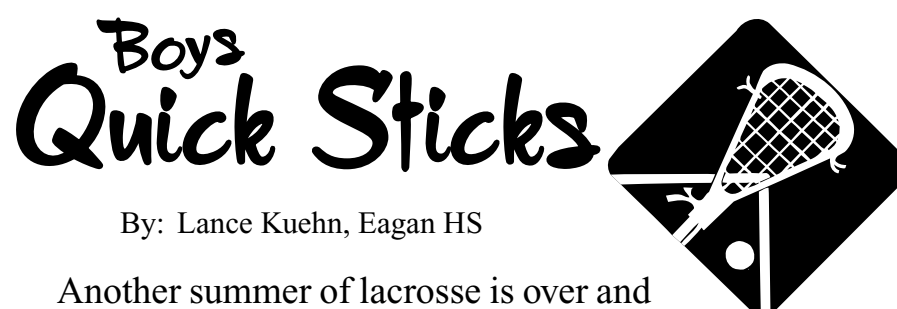
have won 14 Gopher Conference titles and Section Championships in 1993, 1994, 2002, and 2009. His 1993 Cardinals finished as Class A State runners-up and a return trip to the State Tournament the following year netted them a third place finish. Franz is a member of the 500 win club with over 570 victories entering the coming season. Coach Boelter has multiple Section Coach of the Year awards and was honored as State Class A Coach of the Year in 1993. Boelter also served on the MBCA Executive Board as a Section Representative and is a past MBCA President. In addition to his success on the basketball court, Coach Boelter has also experienced great success on the volleyball court; leading the Cardinals to multiple State titles and recognition as one of Minnesota's elite volleyball programs.

Ron Causton spent the first ten years of his coaching career, 1962-72, at Murray H.S. in St. Paul. In an unusual transition in 1966, Causton gave up his head wrestling coach duties and became the head basketball coach at Murray. He led his Murray teams to three conference titles and a 1972 Region Championship and State Tournament appearance. At the conclusion of the 1971-72 school year, he moved to St. Paul Highland Park and promptly guided the Scots to the 1973 St. Paul City title. During his 16 seasons at Highland Park, his squads won four conference titles and earned Region championships resulting in State Tournament appearances in 1975 and 1977. Ron was an active member in the early years of the MBCA and aided in creating the "Hoop Scoop" communication for member coaches. He also served as a member of the Region 4 committee and is a member of the Highland Park and Mancinis' Halls of Fame. In addition to coaching boys basketball he also coached wrestling, baseball, football, and girls basketball (2 years at Johnson H.S.). Coach Causton retired from coaching with an overall record of 311-172 as a varsity boys basketball coach.

Don Roberts' coaching career began in 1954 in Lake Crystal, MN. He spent five years coaching in Lake Crystal before he moved to Inver Grove Heights as a math teacher, assistant basketball coach, and defensive coordinator for the football team (a position he held until his retirement). He became the head hoops coach in 1964 and led the Simley program until his retirement in 1987. His 1974 Spartans team won the Region 1 Tournament and finished as consolation champions in that year's State Tournament. His 1985 squad finished as Section 1 runners-up. Don was also one of the early leaders of the MBCA and like fellow inductee, Coach Causton, was a driving force in the creation and distribution of the Hoop Scoop communication for member coaches. He was also actively involved at the regional and state levels with initiatives promoting and improving basketball. After retirement from Simley, he continued his involvement in sports by serving as an assistant basketball coach and assistant football coach at Bethel College from 1987-1999. Coach Roberts is a member of the Simley High School Athletic Hall of Fame and the Fellowship of Christian Athletes Hall of Fame.

Bruce Young has coached boys basketball at Long Prairie/Long Prairie-Grey Eagle H.S. for 20 years and just completed the 33rd season of a coaching career that began at Bellingham H.S. in 1972. He guided teams to seven conference

titles and led Long Prairie/LP-GE teams to Section titles and State Tournament appearances in 1991, 1998, 1999, 2001, and 2002. The 1991 Long Prairie State entrants won the consolation championship and the 1998 LP-GE squad battled their way to a State Tournament second place finish. Bruce's coaching achievements earned him recognition from his peers as the recipient of three Section Coach of the Year awards and honors as the State Class AA Coach of the Year. During his career he has also served as a coach at Round Lake, Baldwin, WI, New Richland, and Braham. After a seven year hiatus from boys basketball, including one year as girls coach, he returned to lead the Thunder program in 2009 and continues in that position today. In addition to coaching basketball, Bruce has coached football and served in the role of Athletic Director. Coach Young is a member of the 500 win club and has compiled an overall record of 502-280.



By: Lance Kuehn, Eagan HS

Another summer of lacrosse is over and the off-season has begun. During the "off-season," most coaches are completing the great deal of behind the scenes work for their teams. Coaches are working to plan competitive non-conference games, reserving indoor practice time and fields, hiring coaching staff, and planning plays that will lead their team to the State tournament.

This past year was a great year for Minnesota lacrosse. Congratulations to Tim Roche of Eastview High School for leading his team to win the state tournament. This was Eastview High School's first state championship trophy in their school's history. Congratulations to Travis Wells for earning "Coach of the Year" from our organization. He had a very successful year as a first-year head coach at Edina High School.

This spring will bring some major changes to our sport. The girls' and boys' lacrosse leagues have grown enough to support an eight-team state tournament. It is very exciting to see lacrosse grow in Minnesota. With the needed and desired bigger state tournament, all of the sections have been reassigned by the MSHSL. Some teams will remain in the same section while others will be moved to new sections. Almost every coach wanted the expansion, but with growth comes more responsibility for our association. Our awards committee consisted of eight coaches representing the association board and each section. This year we will need more coaches to help in the award selection process. Each section will need a representative. Please consider volunteering on your section committee to help represent your team and section. As more coaches help out, awards become

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Minnesota State High School League Board of Directors 2012-2013

By: Mark Solberg, Cambridge-Isanti HS

On behalf of Shelly Hotzler, from Jackson County Central (girls sports representative) and myself Mark Solberg, from Cambridge-Isanti (boys sports representative), we wish you the best as you begin the 2012-2013 school year educating students and building people of integrity through athletics and activities. Two of the best things learned by students in Minnesota State High School League offerings is leadership and modeling great sportsmanship. We all lead someone.

One of the belief statements from the Minnesota State High School League:

Sportsmanship needs to have a constant presence in all school based activity programs.

Many athletic conferences host leadership and sportsmanship summits throughout the school year. I will share some of the events of the Mississippi 8 Conference student leadership and sportsmanship summit held in Buffalo earlier this fall.

Student Leadership and Sportsmanship Meeting:

On Monday, August 20th, the Mississippi 8 Conference athletics and activities directors hosted a student leadership meeting at Buffalo High School. There were over 120 student leaders in attendance representing fall teams of cheerleading, boys and girls cross country, football, boys and girls soccer, girls swimming and diving, girls

tennis, and volleyball. Student-athletes from Big Lake, Buffalo, Cambridge-Isanti, Monticello, Rogers, and St. Michael-Albertville made the trip to Buffalo. Former Minnetonka High School, St. Cloud State University honor graduate, and Vikings Captain Keith Nord spoke and led the leadership summit. He stressed that all present were leaders and as such are held to a high standard of personal conduct. Nord pointed out that it takes a lifetime to build a great name and reputation. That positive reputation can be destroyed with one poor decision. Keith challenged the leaders to seek out teammates and classmates on their teams and in school who need support and friendship. Leaders look out for those in need. He also challenged the student leaders to go out of their way to be positive and boost the self esteem of those in their lives. Keith Nord's philosophy of life is to work hard, be positive, never quit, get out of your comfort zone, better yourself daily, and have fun in all aspects of life.

Sportsmanship Goals to be shared by students at events across the Mississippi 8 Conference:

It was decided by the Mississippi 8 activities directors that for conference and nonconference athletic events, the Mississippi 8 Sportsmanship Code will be recited by students prior to events. Erika Schmieg, Cambridge-Isanti Bluejacket junior girls tennis player,

was the first student athlete in our conference to recite this code on Tuesday, August 21st at the first varsity tennis match. Erika welcomed the North Branch girls tennis team and challenged the student-athletes on both teams to model outstanding sportsmanship.

The code:

One of the goals of the Minnesota State High School league and the Mississippi 8 Conference is the teaching of lifetime values. Sportsmanship is one such value that makes these games so enjoyable and such a valuable learning experience. Please remember whether you are a participant or in the stands, be a good sport. We all represent the Mississippi 8 Conference, our communities, schools, and families.

After every Minnesota State High School League Board meeting, associate director Howard Voigt, writes a synopsis of the meeting. They can be accessed on the mshsl.org website. Thank you Howard.

Thank you Coaches for your hard work, passion, expertise, and positive role modeling you provide to the students in your schools. Schools and coaches throughout the great state of Minnesota provide opportunities for students to excel in academics, arts, and athletics!

Quick Sticks . . . continued

more meaningful.

In addition to the growth of the tournament, there is another change. The MSHSL moved the boys' and girls' official start date back one week to **APRIL 1ST, 2013**. Many coaches have voiced their concerns regarding the date change. Coaches have asked about the process to make changes. There is an official process to follow. There are a few coaches who are putting together a series of lacrosse related proposals for the league. You may be asked to sign on for support.

With a growing and changing sport, we, as coaches, can make 2013 a productive and purposeful year. As you make

your decisions this fall for your team, keep in mind the players we coach are high schoolers who play for a variety of reasons. They may play lacrosse for a shot at a college scholarship. They may play because they love the sport. They may play because it is a chance to hang out with their friends. Whatever their reason may be, make sure what you have planned will help them grow as an athlete and, most importantly, as a person. Our decisions as a coach contribute to the choices lacrosse players make as they grow up. Think about how to make sure that the memories of the team are positive experiences for all including starting players, new athletes, or team managers.

dugout chat



By: Bruce Waitas

Sleepy Eye St. Mary's High School
President Minnesota State High School
Baseball Coaches Association

The 2012 season is now a great memory and what a fantastic year it was! The weather was primarily outstanding. When we reached the State Tourney, a few weather-related issues arose, but, once again, our sites for the three classes did a tremendous job in preparing the fields for play. I was fortunate to be at the Chaska site for day one and their staff must be commended for their excellent work in getting the games in on that first day.

As we take the time to recall the 2012 season, we remember what a great success it was! For the third year, all three State Championship games were played at Target Field. A very special thank you to the Minnesota Twins for making this possible! The Minnesota State High School League and Kevin Merkle also deserve a tremendous thank you for all of their hard work in preparing for this great day. Congratulations to our three State Champions: St. Agnes, Holy Family Catholic and Eastview. Three outstanding championship games were played this year with shut-outs in all three games (a State Tournament first!), creating priceless memories for all of the players and fans at Target Field.

Our focus now must turn to the 2013 season. The fall coaches' clinic is quickly approaching; the dates are October 26, 27, and 28, 2012. It will again be held at the Ramada Plaza Hotel in Minneapolis. On Saturday night, our 2012 Hall of Fame inductees will be honored with a special banquet. The eight coaches who will be inducted into the Hall of Fame include:

Jerry Coe-Coon Rapids
Dick Jonckowski-Shakopee
Ricky Michel-Stillwater
Don Sauter-Sibley East
Joe Scublewski-Albert Lea
Chuck Tabor-Robbinsdale

Bob Wasko-South St. Paul
David Wendlandt-McLeod West
(Brownton)

Tickets for the banquet are \$25.00; order forms are available on the baseball coaches' website. Please plan to join us in honoring these outstanding individuals and thank them for all they have given to our great game of baseball!

In addition, our annual awards for contributions to the game of baseball will be presented. Congratulations to these phenomenal individuals! Our 2012 award winners are:

Dick Siebert Award = Bucky Lindow of Cannon Falls

Angelo Giuliani Award = Dick Osdoba of Chaska

Jim Dimick/Retired Coach Award = Jeff Neutzling of Dassel-Cokato and Bucky Mieras of Orono

Assistant Coach of the Year Award = Jim Thompson of Deer River and Dick Realdsen of Paynesville

Coach of the Year Award = Tom Strey of Eastview (Class AAA), Bryan DeLorenzo of Holy Family Catholic (Class AA) and Mike Streitz of St. Agnes (Class A)

High School Players of the Year = Mitch Brown of Rochester Century (Class AAA), Kasey Ralston of Holy Family Catholic (Class AA), and Charlie Turch of St. Agnes (Class A)

Field of the Year = Veterans Field Minnetonka High School

Our association is seeking nominations for all of the listed awards; you can find the forms on the baseball coaches' website. Please take time to fill them out and send them in. This is a wonderful way to honor those who do so much for this sport that we all love!

Our Annual Showcase, held at the Minnetonka field, was another great success! It was very well attended by both college coaches and scouts. Thank you to John Wilkens and Tink Larson for all of their work in putting together the showcase for our juniors. We would also like to thank all of the coaches who took time that day to assist us in any way.

Our association would also like to thank all those who played a part in the Lions' All-Star games in June. The games were returned to Chaska this

year. What a way for our top seniors to end their high school careers!

The High School League passed the coaches' continuing education requirement. All head coaches needed to take online classes last year through the Coach's Clipboard (found on the League's website). This year, all assistant coaches are mandated to take those same classes as well as the rules test. Please contact your AD if you have questions regarding this.

As most of you know, the League did pass the double elimination for the final eight in section play. In our opinion, this will be a positive change for our sport. Thanks again for all who helped with this process.

Our Advisory Committee had several topics on our August Agenda. To recap what we have been focusing on: The State Championship day may not be at Target field this year as the Twins' schedule appears to have conflicts on both ends of our State Tourney. Our Advisory Committee would still like to see the Championship day at one site, but we may have to leave Target field for this year to make that happen. Kevin Merkle will be working on this and may have an answer by our clinic in October. We are also looking to start the process of increasing our roster size by either two or four players. More information regarding that will be shared at the fall clinic. We may look at what it would take to get our week back that we lost many years ago. Both track and softball would like to work with us on this issue. One final thing we plan to review is the Lions' All-Star games. We want to outline a policy for selection and review the school placement in order that all four teams are done with the same format. It looks to again be a busy year ahead for our association. All of this information will be updated at the fall clinic, so your attendance is extremely important!

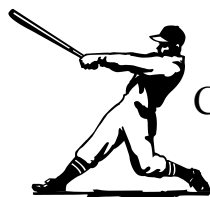
Please take time to join the association! Your membership is important to us and joining the association can be done online this year. In addition, please remember that the National Organization's BCA is in St. Louis on November 30-December 2 and the ABCA is in Chicago this year

on January 3-6.

As the year progress, we know it will become increasingly busy, so please take the time now to fill out nomination forms and to get your membership in. Hope to see you all at the fall clinic!

“If you don’t practice, you don’t deserve to win.”

- Andre Agassi



2012 Minnesota Baseball Coaches Clinic

Co-Sponsored by the MINNESOTA HIGH SCHOOL COACHES ASSOCIATION



October 26, 2012	Friday	Registration from 4:30-5:30	<input type="checkbox"/> Session I starts at 5:30
October 27, 2012	Saturday	Registration continues at 7:30am	<input type="checkbox"/> High School Coaches Meeting at 8:00am <input type="checkbox"/> Session 4 starts at 9:45 with other sessions following
October 28, 2012	Sunday		<input type="checkbox"/> 9:15am – 11:00pm

SITE: Ramada Plaza Hotel Same location as last year.
1330 Industrial Blvd
Minneapolis, MN
Phone (612) 331-1900
Toll Free (877) 774-4315

SPEAKERS: Justin Dehmer Martensdale-St. Mary's High School in Iowa ***
 John Lowery Winchester High School Martinsburg, West Virginia ***
*****Confirmed** Ron Polk University of Alabama-Birmingham
 Matt Magers Minnesota State University/Mankato
 Jerry Haugen St. John's University
 Ron Gardenhire Minnesota Twins Will be invited

Cost of the Clinic: \$60 Pre-Registration (received by October 22, 2012) No refunds!!
\$70 at the door

Hotel Rooms: You must make your own reservations and make sure you mention the baseball clinic and special room rate. A single or double room will run \$85 plus tax. Make reservations by October 10, 2012. Requests will be accepted on space availability and room rate availability.

Clinic Features: Coaches handouts-on website MSHSBCA.org; free soda product; door prizes for everyone . T-Shirt; exhibitors; clinic notebook; FCA breakfast to those who sign-up; social hour on Friday after last session (beverage and chips); and free parking. Clinic schedule/speakers outlines available on MSHSBCA.org.

****Your early registration is appreciated and helpful. Bring your staff with you.**

Please fill out and mail in with your payment

Name: _____ Phone (Home): _____
School or Organization: _____
Home Address _____
Email Address _____

Make checks payable to MSHSBCA(\$60 Pre-Registration or \$70 at door). Mail the checks to: John Wilkens – P.O. Box 203, St. Michael, MN 55376. Email wilks@charter.net to check on if registration has been received. You won't be notified.

T-Shirt Size-Circle M L XL XXL XXXL Please make sure to circle size

Do you plan on attending the FCA Breakfast on Sunday morning (Oct. 28) at 7:30 AM? We have to pay for all meals ordered. Coaches who would like to bring wives or children may do so. Just include that number at bottom of the sheet. Do you plan on attending the FCA Breakfast? Yes _____ No _____

CLEARING THE HURDLES

By: Mark Alcorn, Holdingford HS
 President: Minnesota Track & Field
 Coaches' Association
 jmarkalcorn@gmail.com



On behalf of the coaches association I would like to thank Kent "Buzz" Viesselman for the two years that he served as president. There were two big changes in Minnesota high school track and field during his presidency. First, the coaches clinic that Buzz, Craig Nelson, Dave Wieber and others have worked so hard on has turned into a fantastic clinic that has been called "as good as it gets" by a speaker who travels the world speaking at clinics. The second big change is the second relay team that automatically advances from each section meet. I think it changed the dynamics in some ways we did not anticipate, but moving forward it will continue to evolve and will be great for the meet and, most importantly, the kids. Whether coaches realize it, the success of the second relay in the state meet is almost completely due to Buzz's efforts.

Last year we had a slide show at the banquet and meeting. We are in need of pictures of your track athletes for the slide show. The last time I talked to Cal Froelich of Annandale, we did not have very many. Cal will make every attempt to include all pictures sent to him into the slide show. I think it makes a classy addition to our meeting and banquet, but we need coaches to send in pictures. Cal's address is chem_cal@mac.com. Like anything else in the association, it does not work without your cooperation and efforts.

The association's website is something we need to utilize more and it should be easy thanks to webmaster, Rob Nielsen, who is a very easy person with whom to work. We have online now the advisory committee members, the section representatives, as well as the officers and contact people for True Team. If anybody has ideas on how to use twitter or Facebook to increase communication within the association, please contact me.

While I am on the topic of section representatives and advisory committee members I would like to explain a new process we are implementing for putting forth proposals for track and field. This process will be used for any issues with the exception of True Team. If you have a proposal you would like the advisory to consider, you need to submit a proposal using a form that will be on the website. The proposal must be signed by at least two head coaches. At least two different sections must be represented among the head coaches signing the proposal and coaches of both genders must be represented among the signees. The proposal should then be sent electronically to one of the advisory committee members and their contact information is listed on the association website. The purpose of this procedure is to be sure the advisory committee is spending its time only considering issues with

somewhat broad support.

An update on the jewelry rule: Jody Redman and Lisa Lissimore, the League's Associate Directors responsible for administering track and field and cross country requested from the NFHS an experiment to do away with the jewelry rule in these two sports. The NFHS rejected Minnesota's request for this experiment. The League's Board of Directors will consider it's options at the October Board of Director's meeting. Additional information regarding the status of this experiment will be shared at the Track and Field Coaches Clinic in January and through the next edition of the *Prep Coach*.

Earlier in this column I discussed the clinic. Due to issues with the hotel and the overwhelmingly positive feedback the three clinic directors have received about the facilities, the clinic committee has changed the dates of the clinic to the first weekend in February and this year that will be February 1 and 2.

Please feel free to contact me if you have questions, concerns, or suggestions about the association. I would ask that if you have a criticism or concern that when you express it you also suggest a solution.



By: Rachel Aiken Chaska/ Chanhassen

The 2012 lacrosse season was a huge success. We had a lot of milestones this year and we are celebrating loudly from the girls' side. First we had our highest number of student athletes ever this year participate in girls lacrosse and with that came our highest ever attendance at our state tournament. Our final four teams played hard and aggressive and gave us games that were thrilling all the way down until the final whistle. Congratulations to the Blake Bears 2012 Girls Lacrosse State Champs.

As we get set for the 2013 school year we are excited to move to the eight team sections and have more participants involved in post season play. The growth of lacrosse has been impressive especially in our youth organizations around the state. The Lewis Sports Foundation partnered with St. Paul Parks and Recreations and together introduced the game of lacrosse to over 300 kids. Our sport is certainly making an impact.

I hope all the coaches have an enjoyable offseason and take advantage of all the opportunities there are to play lacrosse and pass the information on to their athletes.

Swim Strokes



By: Jennifer Marshall
Farmington HS

As August rolls around and I make my annual trip to the State Fair, I quickly realize how excited and grateful I am to be back in the pool. When I entered the coaching world, I had no idea how much it would change my life. The two-a-day practices in August, creating meet line-ups for hours, and riding a school bus during Indian summers to a pool 45 minutes away are not the first things that come to mind when I reflect on why I am a coach. It's the camaraderie among coaches and athletes, the practical jokes played on the team during practices, and the lifelong friendships that have formed that are at the pinnacle of this great journey. This summer I was fortunate enough to attend the weddings of three former student-athletes, one of whom currently serves as my assistant coach. It was at each reception where memories and laughter were shared that I realized how much coaching has impacted my life. I am blessed not only for the student-athletes I get to work with but also for the amazing people statewide who have become friends after meeting on the pool deck. Thank you for enriching my life.

This will be the 9th season the Coaches Association has

sponsored the True Team Section and State meets. I am pleased to announce that the Section meets will be held on Saturday October 13th with the State meet on Saturday October 20th at the University of Minnesota Aquatic Center. The host schools and sites for all section meets can be found on the True Team website – www.pantherboosters.org/true. All teams across the state are encouraged to participate in True Team Sections as it provides a unique opportunity for many student-athletes to compete in the meet. True Team has become a big success and it allows our athletes to participate in a championship setting in the middle of the season. Let's continue that success this year and build on it!

With the excitement of this summer's Olympic Games and the enthusiasm from last year, the 2012 season has a lot to live up to. As coaches we all play a role in the outstanding atmosphere of high school swimming and diving. Think back to your coaches from your high school days. I know mine had a profound effect on my life and they still do. As I get older, I realize just how much that I learned from them and how those lessons are part of everything I have accomplished and formed who I am today. I'd like to say Thank You to all of you for your service to our great sports and wish you all the best throughout your season!

MEMBERSHIP YEAR FOR THE MSHSCA!

In the last 2 months, we have gotten memberships from spring coaches that also coach a fall sport and are paying for both now.

***We want to repeat, our membership year does NOT run from January 1 to December 31.**

***Our membership year IS August 1 to July 31.
(like the school year)**

*If you coach a fall sport and a spring sport, you should be joining in the fall to be covered by insurance for both seasons.

Those of you that have joined the MSHSCA after the first of the year, please note that your membership expires on July 31st.
(after summer camps)

FAST TRACKS

By: Dan Josephson
Detroit Lakes

School is back in session, the days are getting shorter, and we are finally seeing a break from the dog days of summer. As we look forward towards the 12th of November and the start of the 2012-1013 Nordic Ski season there are a few items that we need to keep in mind as we prepare.

First and most importantly there have been some changes in the requirements for us as coaches. This year all coaches working at the Varsity or JV levels must complete the Coach's Education requirement under the "Coach's Clipboard" located on the High School League website www.mshsl.org. Every coach must also attend a rules

interpretation meeting starting this year. Most sports have an online version so the coaches can take care of this requirement wherever they have internet access. Nordic skiing does not have this luxury and we must attend an actual meeting. Currently there are three meetings scheduled that will satisfy this requirements. The first one is will take place at our fall coach's association meeting which will be held on October 27th starting at 9:00 am. The other meetings will be both on October 31st. There will be one meeting at Robbinsdale Cooper and one held at the Marshall School in Duluth. Both meetings will start at 7:00pm. I am in the process of trying to get more information and possibly getting another rules meeting scheduled to allow for more flexibility of our coaches.

The next item that needs to be addressed is the election of officers. I had mentioned this in our last installment of FastTracks but we now need to make progress in getting people elected to these positions. I know I have talked to a

few people that are interested in stepping up and taking on a leadership role but I would like to officially get volunteers or nominations so we can take action and elect a President-Elect, Secretary/Treasurer, and a couple of advisory board members. If you are interested or would like to nominate someone for one of these roles please email me at Dan@herzogroofing.com.

Finally with the results to the 5 by 3 state meet proposal poll last spring, we currently do not have any pending proposals on the table for discussion. With that being said, if there are state meet proposals that members would like to bring up and act upon at the fall association meeting those will need to be forwarded to me in the next couple of weeks. The advisory board will need and little time to act on them and give us enough time to get the proposal back out to the membership two weeks prior to our fall meeting. If there are any proposals, please email them to me so we can get things rolling.



Procedure for Online Registration

*You do not have to use a credit card to register online!

All memberships run from Aug. 1 to July 31
This corresponds to the school year NOT the calendar year.

1. To begin, go to www.mshsca.org.
2. Use the link for 2012-13 membership.
3. Use the right hand side to *join* for the new members.
Use left hand side for returning members.
4. Login is your email address and your password is zzz if you did not change it last year.
5. Follow the steps to join, on page 3, you will have to choose at least one sport association to support.
6. On the last page, you will have a chance to choose your method of payment. (check, money order OR credit card)
7. Click finish to have the printable copy appear.
8. Print your receipt before you click continue.
9. The receipt can be for your business office if the school is paying with one check.
10. The last step is to click continue and that will take you back to the login page.

Please note: if you choose to pay by check or money order, your card will be sent when payment is received.

Questions????

Please call 218-847-6796 or email jomar@lakesnet.net with questions

Please do not hesitate to call, we work out of our home and should be home most of the time to answer your questions.

Thank you for using our online system, *John and Mary Erickson*

Mat Chatter

By: Tom Ellison, MWCA President,
Head Wrestling Coach
Alexandria High School



Welcome to all Wrestling fans to another school year! With the start of school brings Fall Activities, which in turn, roll into Winter Activities and of course the Wrestling season! Being a coach in the sport of Wrestling for 27 years now, I have to give props to our great sport of wrestling. After all, you are reading a column titled Mat Chatter, so you must be a fan as well. Actually, I am a fan of all Activities for students. We all know the benefit of having students being involved in sports or other extra-curricular activities. I also encourage our wrestlers to get involved in fall and spring activities. We also all know that having kids being involved in multiple activities will help them have success in each of those activities by creating a better conditioned and overall better athlete. Get your athletes out for multiple sports! They will have a much better high school experience for doing so.

With this being a Summer Olympic year, it was great to catch the Olympic athletes competing on the world stage. Especially, our Olympic wrestlers as they battled against the best wrestlers in the world! One wrestler that I took particular interest in was Olympic Champion, Jordan Burroughs. I had about 20 of our Alexandria wrestling team members attend a camp at St. John's University this past summer. One of the clinicians was Jordan Burroughs. Coach Novak pulled off quite an impressive list of clinicians including Kyle Dake, David Taylor, Quentin Wright to go along with Burroughs. Kudos should go to Coach Novak and his St. John's staff for bringing in such high caliber talent. Going back to Burroughs though, all camp clinicians bring in their own style of techniques and most are basically the same thing, but they have little nuances that have enabled that particular athlete to have success at a high level. If you know Jordan Burroughs he has a knock down double leg attack that everyone in camp was expecting to see right off the get go. Jordan started his session like all others by introducing himself. Jordan is a very soft spoken young man so it was difficult to hear what he had to say, but what I did hear him say was that he spends a lot of time just practices his stance and perfecting that position.

Then he sent the campers out to practice stance and position for a while. He brought them back in and talked more about stance and position, very basic stuff, but very important foundations to any sport. Jordan continued this for a good share of his time with the athletes at camp. At the end he even told the kids, "after a hard work out if I want to continue to challenge myself I will go back to my stance a position". The important lesson that Jordan taught everyone in attendance at the camp is to not over look the basic foundations of our sports. If you want to perform like a champion you need to be in the best athletic position you can be in to perform the skills of your sport. Jordan validated what all of the coaches in attendance preach to their athletes. To perform at your best you need to build that foundation of the basic athletic positions that will provide the best results for all the other techniques that we learn in our sport. Everyone was "wowed" by the throws Quentin demonstrated, or the mat wrestling that Dake and Taylor showed. But in my book, the session that was worth the money was Jordan Burroughs taking close to an hour and working with the athletes on the foundation upon which all of their other skills will be built on- stance and position. Jordan parlayed that into Olympic Gold this past summer. Congrats to Jordan Burroughs!



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Mention MSHSCA and show your Coaches' Card to receive: 25% off Best Available Rate*

Through 7/30/13 we will donate \$5.00 per night back to MSHSCA!

Country Inn & Suites

3035 Holiday Lane

Eagan, MN 55121

651-287-8800

Located Right off Interstate 35 Exit 98 or 494 Exit 69

*Subject to availability. Taxes, restrictions & blackout dates apply.

Thanks to Liberty Mutual

I was recently at the Spring Delegate meeting and filled out a quote form for Liberty Mutual. Thinking I was just benefiting the association little did I know it would benefit us greatly. We were able to save \$400 on our Auto Insurance and about \$900 on our Home owners policy. It was an awesome benefit . . . especially this close to the Holidays. It took 5 minutes to fill out the form! So a big “Thanks!” to Dave and the staff at Liberty Mutual!!

Shelly Hotzler - Past President of the MSHSCA



Quote Form Auto & Home Insurance



Minnesota State High School Coaches Association has partnered with Liberty Mutual to save you money with substantial discounts*.

And the best part- 2% of your premium goes back to the organization.
You receive knowledgeable support, immediate claims assistance, and the latest information to keep you and your family safe.

Complete the form below for a no-obligation home and auto insurance quote.

Insured # 1

Full Legal Name

Date of Birth ____ / ____ / ____

Insured # 2

Full Legal Name

Date of Birth ____ / ____ / ____

Year / Make / Model or VIN (If available)

Coverage

Vehicle 1:

full liability

Vehicle 2:

full liability

Vehicle 3:

full liability

List names of all operators (include dates of birth and D.L. numbers):

Home Address

Address:

City _____ **State** _____

Zip _____

Year Built _____ **Age of Roof** _____

Insurance Dwelling Coverage \$ _____

(Or purchase price if new purchase)

Prior Address (if less than three years):

Address:

City _____ **State** _____

Zip _____

Contact Info:

Daytime Telephone: _____

Email Address: _____

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ATTENTION COACHES:

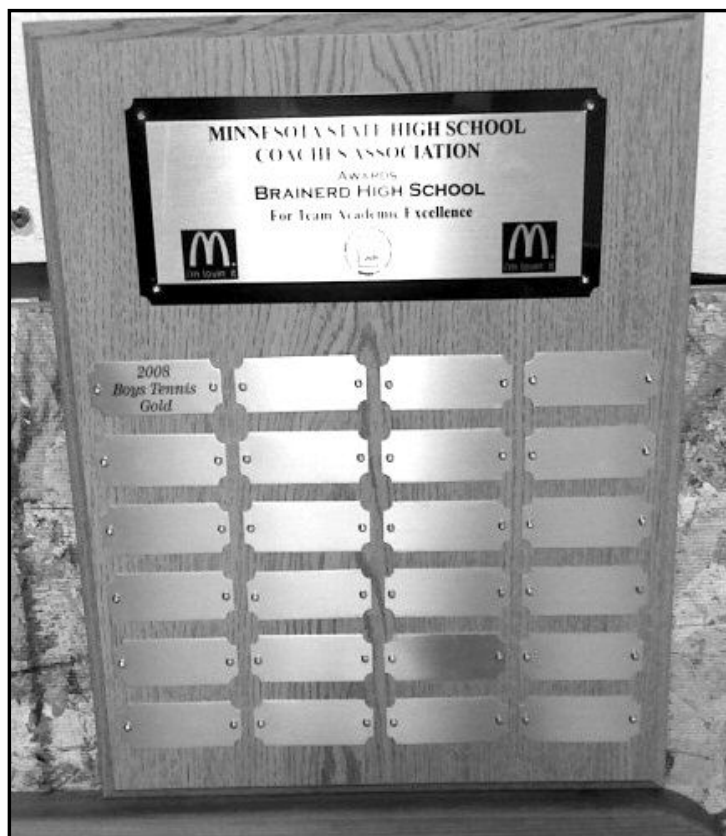
If your team qualifies for an academic award please notify your A.D. to look for it!

The MSHSCA continues the Academic Awards program

Many schools are receiving plaques and plates similar to the one pictured for sports that qualified as a gold or silver academic team. You should receive them within a month after your season ends.

GPA's were submitted, by the coach, to their sport association President along with a varsity roster.

The sport association then determined that the coach was a member of the MSHSCA and sport association for the roster they submitted.



This process is true for each sport.

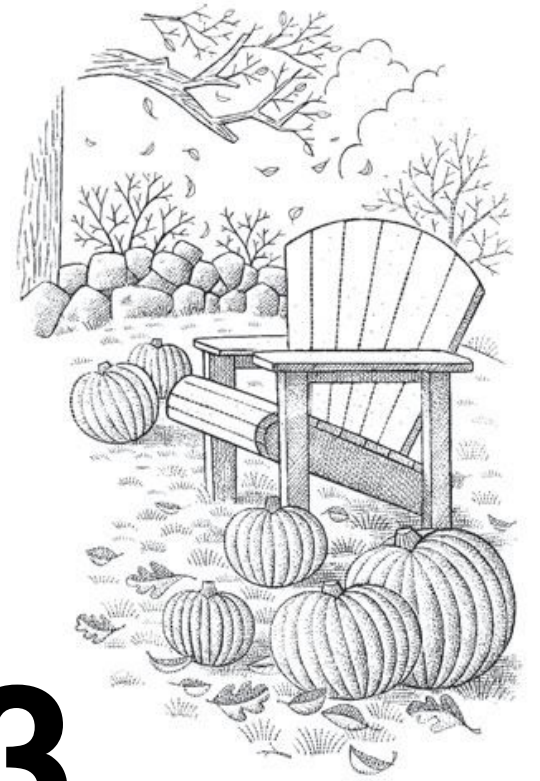
Your school will receive a plate for each of the teams that qualify.

Please be alert to envelopes with the return address of Beachs Awards they will contain additional plates.

We are very pleased with our new program since it will recognize more teams for their outstanding efforts.

**Thank you for your help with this program,
John and Mary Erickson**

MSHSCA's CORPORATE SPONSORS 2012-2013



The following friends of Minnesota coaches and Minnesota prep sports have made contributions to the MSHSCA that will assist the association in providing opportunities for coaches to better their programs and provide the ultimate possible experience for the athletes that take part in their programs.

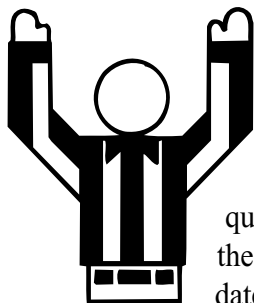
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- JK Sports, Fergus Falls
- RJY Development Inc - Rochester

COACHES:

Please support the sponsors who are concerned
about your athletes and your programs!
Good luck in 2011-2012
Thanks for your support

MSHSCA Seeks Nominations for Officials Distinguished Service Award

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

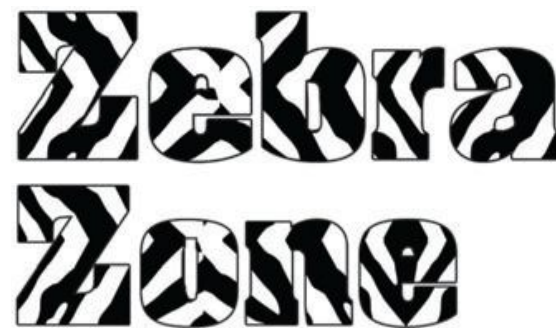
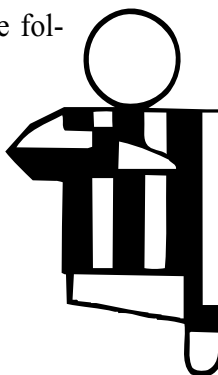
The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to Minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

John Schumacher
16332 Deer View Rd
Park Rapids, MN 56470



By: Terry Eiter
Detroit Lakes

By now coaches, student-athletes, administrators and all staff are back at it after hopefully enjoying some much deserved time off over the summer. Not being known for being an avid reader I did bring myself to do a little reading this summer. One of the selections that I spent some time on was "Prairie Blitz" by David Almany. It focuses on three successful high school football programs on historic Highway 83. Highway 83 runs from Canada to Mexico (through the Dakota's, Nebraska and south through Texas) and is dotted with many, many small rural communities. In many of them football is king.

It gets to the heart of the importance of football in these tidy and wholesome places. As one would expect Almany found many interesting, unique and humorous stories to tell. One of my favorites from "Prairie Blitz" was of a young players' pure excitement after a big road win over a school that was much larger than them. Those of you from the larger school may not get this - those of you from the smaller schools will appreciate the pureness of it. The book states, "Overcoming a two touchdown deficit in the 4th quarter, the Lions (Linton, ND) rallied for a 34-28 win (over the much larger Mobridge, SD school). One excited Lion player informed his head coach after the game that "they (Mobridge) have a McDonalds AND a Pizza Hut. We have beaten a lot of Dairy Queen towns, but NEVER a McDonalds or a Pizza Hut - and they have both!" Great to see that there is still some enthusiasm and innocence in our kids. Not a surprising comment when one reads on.

The Lions head coach, Dan Imdieke, a Sauk Centre, MN native, stresses that the key to the success (288-

Officials Distinguished Service Award Nomination Form

Name _____

Address _____

Phone () _____

Years officiated at varsity level _____

Sport(s) Officiated _____

Other information to support this nominee: _____

Nominating Person _____

Address _____

Phone () _____

... continues on page 57

67 in his 35 years) is that they keep it fun for the players. Most of his players live on farms and ranches and he feels that “if it wasn’t fun they wouldn’t come.” He feels that football for the kids is a distraction from other stresses of their lives. He feels there is no need to add more to it. Sounds like good advice. It’s a good read and I’d recommend it.

I have not finished the novel “Unbroken” by Laura Hillenbrand, but it is something I intend on doing. If you are a history buff, sports enthusiast or someone that has an interest in stories of inspirational people this one is for you. “Unbroken” tells the story of Louis Zamperini. Zamperini was the focus of a recent Sports Illustrated article that told of his incredible feats of survival in WWII and now of his relationship with current USC quarterback, Matt Barkley.

In 1943, Zamperini’s plane went down over the Pacific. He and two buddies ended up afloat on rafts. While afloat Zamperini caught lice from a bird and killed a shark with a pair of pliers as they were surrounded by sharks several times. Things got worse as they were captured by the Japanese and became POW’s after 47 days afloat on the raft. As described by one reviewer, “Yet through torment after hellish torment, he demonstrated the kind of survival skills that would make Paul Bunyan look like a marshmallow in comparison.” Most of us Minnesotans don’t like people calling Paul Bunyan a softie. He was eventually released and returned home to a heroes welcome. The “sports” connection is that he placed 8th in the 1936 Olympics in the 5000 meter run. Zamperini is now a very sharp 93 and with a memory that is incredible. If you are not a reader it is my prediction you can probably wait for the movie. An incredible story.

On a lighter note. There was a recent football game played between the Big Animals and the Little Animals. As expected the first half was dominated by the Big Animals as they took a 38 - 6 halftime lead. As the horn sounded to end the 2nd quarter the teams took to their respective locker rooms to discuss any needed adjustments. While down by several scores the Little Animals were not ready to roll over. The third quarter started as the Little Animals kicked off. The Elephant received the ball and returned it up the right sideline where was abruptly flattened by the Centipede at the 16 yard line. The Little Animals were exuberant with the big hit as they congratulated him. On first and 10 the Big Animals went off tackle to the Rhino. Bam! The Rhino was flattened for no gain by the pesky Centipede! A celebration followed by the Little guys. Now at 2nd and 10 the Big Animals pitch the ball to the Giraffe to the left side. Breaking through the line the Centipede crashes down and sacks the Giraffe for a 3 yard loss. Excitement by the Little Animals ensues! In the huddle the Little Animals are congratulating the Centipede on his great hits. The Snail turns to the Centipede and says, “Wow, those were great plays.....we needed that.....where the heck were you the first half?” The Centipede calmly replies....”getting my ankles taped!”

Remember it’s just a game – try and keep it fun.

Eiter is a high school teacher and baseball coach in Detroit Lakes, MN. He currently officiates football and basketball and is a former baseball and softball umpire. He can be contacted at dlref@hotmail.com.

MSHSCA TO HONOR THREE OFFICIALS FOR DSA AWARD

During Ken Bauman’s presidency of the MSHSCA, he indicated the importance of qualified officials for the proper conductance of high school athletic events.

During the discussion with MSHSCA officers it was determined to recognize officials as a “thank you” for their year’s of service to Minnesota prep sports. As a result, the Officials Distinguished Service was established in 1992. Since the creation of the award a total of 95 officials have been recognized.

Officials scheduled to receive the honor this year include Raquel Buschman (Hutchinson), Sharon Howe (Bertha) and Dick Hommerding (Sartell).

Buschman was a noted Softball umpire while Howe was a Volleyball official and Hommerding spread his talents to Volleyball, Football, Boys Basketball and Softball.

The will receive the award at the Annual Hall of Fame Awards Banquet scheduled for October 13th at the Crowne Plaza Hotel in St Paul.

Family and friends that wish to share the evening with the award recipients can find information on times, costs, etc in a separate blurb in this issue of The MN Prep Coach.

**OFFICIALS DISTINGUISHED SERVICE AWARDS
FOUND ON PAGE 50**

“We’re totally committed to defense. I’m not sure our defense is committed to defense, but the rest of our team is.”

- Lou Holtz, Notre Dame Coach

OFFICIALS DISTINGUISHED SERVICE AWARD

1992

Don Bertek - Fridley
 Jake Boomgarden- Luverne
 Jerry Doebbert- Detroit Lakes
 Neil Hanson - Austin
 Jim Kovalski- Waconia
 A.P. "Ozzie" Loeffler - Bemidji
 Duane Mettler- Madison lake

1993

Warren Bailey - Pipestone
 John Bartz - Vadnais Heights
 Roman Gail - Fergus Falls
 Steve Kerzie - Gilbert
 Don McDowell - Park Rapids
 Otto Siewart - Redwood Falls
 Jon Springer - Rochester
 Virg Trewick - St Cloud

1994

John Conzemius - Wadena
 Wayne Dietz - Anoka
 Chuck Fuller - Owatonna
 Robert Montbriand - Alexandria
 Bill Thomas - Moorhead
 Roy Ward - Maplewood

1995

Roger Cercine - Edina
 Con Eckstrom - Marshall
 Ray Enz - Minneapolis
 Dave Leuthard - Chokio
 Roger Wilson - St Cloud
 Bruce Wojak - Brooklyn Park

1996

Bill Hafner - St Paul
 Jerry Krieger - St Paul
 Paul Sannes - Breckenridge
 Jim Sims - Crookston
 Darrell Wincek - Crystal

1997

Matt Bergan - Hibbing
 Tony Bratovich - Eveleth
 Jack Kelly - Windom
 Bernie Kukar - Edina

1998

Jack Coombe - Gilbert
 Phil Hall -Redwood Falls
 Jerry Kittelson - Rochester
 John Matthews - Brainerd

1999

Jerry Hegna - Moorhead
 Mike Madden - Maple Grove
 Robert Meslow - Mahtomedi
 John Suomi - Babbitt

2000

Brian Boettscher - Mankato
 Glen Hasselberg - Staples
 Terry Knauf - Cold Spring
 Dave Thill - Sauk Rapid
 Heinrich Von Mende - Maple Grove

2001

Don Dravis - Staples
 Harry Kitts - St Paul
 Jim Larson - Burnsville
 Ken Norman - Winsted
 Lowell Roisum - Wadena
 Bill Schimmel - Mankato

2002

Al Colligan - Mahnomen
 Don Hanson - Hutchinson
 Pat Milinovich - Duluth
 Dean Taylor - Sartell
 Tom Williams - Thief River Falls

2003

Mike Carr - St Cloud
 Chuck Evert - Battle Lake
 Derald Severson - Plainview
 Jim Weinzerl - Park Rapids

2004

Dick Goose - Rochester
 Bill Hare - Cohasset
 Marsh Nichols - Alexandria
 Mike Torkelson

2005

Ken Baumann - Mahnomen
 Dan Bergan - Hibbing
 Dean Jaacks - St Cloud

2006

John Klinnert - Underwood
 Gale Falk - Bemidji
 Robert C. Hoisington - Minneapolis
 Jerry Head - Dodge Center
 Ron Poeschel - St Louis Park

2007

Dale Freese - St Cloud
 Elaine Engle - Willmar
 Ken Belanger - Zumbrota
 Armin "Kokie" Miller - Minneapolis

2008

Charlie Johnson - Hitterdal
 Jack Boomgarden - Luverne
 Pat Whalen - Lake City
 Buzz Olson- East Grand Forks

2009

Jim Erzar - Deer River
 Bill Fisher - Alexandria
 John P. Hovick - Fairmont
 Ron Moog - St. Cloud

2010

Chuck DeCorsey, Fairmont
 Tom Vucetich, Hibbing
 Jack Schwan, Ecko
 Mark Schliesmanm Slayton

2011

Mike Sheldon, Frazee
 Harold Meissner, Brandon
 Dennis Roisum, Glencoe



Ice Chips

By: Craig Roberts
MHCA Director of Communications
Benilde-St. Margaret's School

Summer development programs have ended, schools are open and fall leagues have begun. The 2012-13 season is upon us.

For coaches, the Minnesota Hockey Coaches Association will hold its annual meeting and workshop for the second consecutive year in Duluth, Oct. 26-27. The Duluth Sheraton will host the event in conjunction with the University of Minnesota-Duluth, which hosts the University of Wisconsin in a weekend series at Amsoil Arena.

Coaches from both UMD and UW will speak and presentations will also be given by former Bulldog and Michigan Tech coach Mike Sertich, along with MHCA President and 2012 Class AA coach of the year Ken Pauly of Benilde-St. Margaret's.

The lineup will also include several other coaches from the high school ranks as well as coaches from other area college coaches.

Coaches wishing to reserve a hotel room at the Sheraton at the MHCA group rate of \$99 must make reservations by Oct. 1.

An ad with more information regarding registration and accommodations is included with this issue of *Ice Chips* as well as in *Let's Play Hockey*.

Key dates for the upcoming season:

Rules Meetings: Begin on October 22, 2012 and must be completed by November 27, 2012

Start of Practice: November 12, 2012

First Available Contest Date: November 21, 2012

Maximum number of Contests: 25

Deadline to complete the Eligibility Verification Form: November 23, 2012

Sub-Sections begin: The week of February 19, 2013

Deadline to certify rosters, schedule, photos, etc. for the State Program: February 26, 2013

Last Day to hold Section Tournaments: March 1, 2013

Deadline to certify team stats: March 3, 2013

The MHCA is not only an association of coaches, it offers support and resources for all of its members and it is hoped that all high school coaches can make use of what the organization has to offer.

Best wishes to everyone and we hope to see all of you in Duluth, Oct. 26-27.

Minnesota Hockey Coaches Association Fall Clinic - 2012

Dates: October 26th and 27th

Site: Sheraton Hotel & Greysolon Ballroom; Duluth, MN

Times: Friday - 8:30am to 6:00pm
Saturday - 8:30am to 1:00pm

Lodging: Sheraton Hotel; 301 East Superior St;
Duluth, MN 55802; (218) 733-5660



Make sure you state "MHCA" when making your reservation. Confirm reservation by October 13, 2012.

Clinic Cost: Advance Registration - \$65.00 – Day of Clinic - \$70.00

Games: Friday & Saturday - Duluth vs. Wisconsin

Questions: Contact – Mike MacMillan @ 612-247-0507

Email: mikejmacmillan@hotmail.com

Visit MHCA Website: www.mnhockeyhub.com



TST Media

Registration Form

Name: _____ School: _____

Home Address: _____

Home Phone: _____ School/Work Phone: _____

Email Address: _____

Current Status: (circle one) Head/Assistant/Retired

Number of years coaching high school hockey in Minnesota _____

Number of years coaching high school hockey out of Minnesota _____

Cost of Clinic: Pre-Registration: \$65

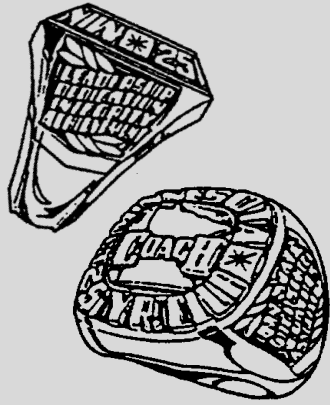
At the Door: \$70

* USA Hockey Certification

Send to: Mike MacMillan, Executive Director MHCA

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Stones _____

Options _____

Sub total _____

Add 6.5% State Tax _____

Total _____

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5044 Edgewater Drive
Mound, Minnesota 55364
Phone 952-472-6738

TOTAL OF 36 TO BE ADDED TO 25 YEAR CLUB ON DECEMBER 1ST

Edinburgh Golf Club in Brooklyn Center will once again be the site for the Annual 25 Year Club gathering.

A major part of the ceremonies include the induction of new members that became eligible at the conclusion of the 2011-12 school year.

A total of 36 candidates are eligible for induction and the names are included below:

Eric Anderson	Montevideo
Robert Bitzan	Goodhue
Katy Bohnsack	Prior Lake
Pat Bowlin	Winona Cotter
Douglas Carlson	Bagley
Pat Coffee	Anoka / Milaca
Dan Douglas	Montevideo
Jon Deye	Montevideo
Ron Dreschsel	Moorhead
Robert Erdman	Roseville Area
Jeff Ferguson	Totino - Grace
Charles Fleck	Perham
Greg Garmen	Crookston
Ira Gurewitz	St Louis Park
Brian Hoff	Kingsland
Steven Houge	St Paul Johnson
William Hubbell	Bemidji
Bradley Johnson	Richfield
Marsha Lee Johnson	Ada-Borup
Dale Koestler	United South Central
Gregory Matthews	Litchfield
Michael Miller	Spring Lake Park
Scott Paukert	Zumbrota-Mazeppa
Wayne Petermeier	Browerville
John Peterson	Greenway (Coleraine)
Brett Rasmussen	Hutchinson
John Riewer	Pine River - Backus
Rodney Scheit	Adrian
Brent Schimek	Deer River
Rick Schmiedeberg	Warren - Alvarado - Oslo
Brian Skadsem	Virginia
Randy Schwanhorst	Crosby-Ironton
Henry Tressel	Park
Mike Vrklan	Sibley East

The candidates have been contacted by the Office of the Executive Director of the MSHSCA. They are requested to

respond if they will be in attendance to receive the plaque. If they respond that they are unable to attend, the MSHSCA will mail the plaque on the reception of a \$10.00 shipping cost. Those that do not respond will not receive their plaque.

25 Year Club members are also eligible to become Life Members of the MSHSCA and should contact the Executive Director if they have not already been informed of the process.

“A winner listens’ a loser just waits until it is his turn to talk.”

- Unknown

25 Year Coaches Party

Saturday
December 1, 2012

Social Hour: 10AM-11AM – Brunch Grand Buffet: 11AM
Edinburgh Golf Course – Brooklyn Park, MN – 8700 Edinbrook Crossing

Each club member is encouraged to bring a friend to the first Holiday Party of the year!

SPECIAL WELCOME to the first year members!
Let's double our attendance and have a super time!

DOOR PRIZE DONATIONS APPRECIATED!

25 Year Awards to be presented at the brunch!

Coaches Holiday Party • Please RSVP by November 26, 2012

_____ # attending x \$25/person = \$_____ check amount

Contact Name _____

dotsethj@comcast.net

Phone No. (_____) _____

MAIL RESERVATIONS & CHECK TO:

Jim Dotseth
4180 Trenton Lane No.,
Plymouth, MN 55441

H: (763) 544-2970

Cell: 612-226-6260

Fax: (888) 590-8819

CORNER KICKS



Ron Kruschwitz

North St. Paul Boys (retired)

Soccer Communications Officer

It sure seems like the summer was really short, but soccer season has arrived and we are excited about playing again. We had our 22nd annual Minnesota High School Soccer Coaches Association annual soccer clinic at Hopkins on August 10th. It was well attended and we thank Hopkins High School for their willingness to host this event. We were privileged to have John and Mary Erickson from the Minnesota State High School Coaches Association attended our event. Once again Greg Juba (Park of Cottage Grove Girls) did a remarkable job in getting this event organized. Thanks to the many organizations that had exhibitions at the clinic.

Mark Obarski (Eagan Girls) is now our new President. He will be assisted by the new President Elect Steve Hendrickson (Trinity of River Ridge Boys) for the next two years. Bill Vance will serve on the board as Past President. Vince Thomas (Eden Prairie Boys) is our Secretary and Art Seplak (Bloomington Kennedy Girls retired) is our Treasurer. If you have any concerns about the MSHSSCA, you can contact our Executive Secretary, Dave Halgren, with your concerns.

Information about contacting any of the Executive Committee is available on the website.

As coaches, it is your responsibility to be aware of certain deadline dates for our association. The first is the Oct. 1 deadline for becoming a member of the MSHSSCA. You can do it all on line at the MSHSCA.org website. Make sure you check the correct position you have and join the MSHSSCA. This will allow your players to be able to receive All-State and All-State Honorable Mention Awards. This allows seniors on the list the privilege of playing in the Senior Classic.

This event will be held in the Metrodome on Wednesday November 7.

In addition, you must submit your Academic Awards forms to Crissy Makela (Mankato West Girls) and Len Woelfel (Mankato West Boys) who are the co-chairs of the Academic Awards Committee. All the information you need to have regarding the guidelines for entering your team can be found on our website. In addition, if you are nominated for Coach of the Year or Assistant Coach of the Year, the forms are on the website for you to fill in. The website is MSHSSCA.org and all the forms or information you need can be found there. Thanks again to Deb and Keith Randa (Apple Valley Girls) for their

work keeping the website current. The website is in the process of being updated.

Bill Vance (Totino-Grace Boys) chairman of the Hall of Fame Committee made the following announcement at the Clinic.

“The coach who is selected to the MSHSSCA Hall of Fame has established a successful high school soccer program. This coach has promoted high school soccer, contributed time, expertise and effort to community programs. This coach has been significantly involved as a member of the MSHSSCA in various capacities through the years and is held in high esteem by his/her fellow coaches. The following two coaches have been selected to the MSHSSCA Hall of Fame Class of 2012.

Len Woelfel With a record of 178 wins, 53 losses and 29 ties over 15 seasons Len’s Mankato West results speak for themselves. In addition to knowing how to win, Len’s commitment to improving the quality of soccer for nearly 20 years in Minnesota is obvious. He has served in many capacities at the club and high school levels including Mankato Soccer Club President, MSHSSCA Board member, section 2A boys representative, coaches clinic student demonstrator co-coordinator, academic award co-coordinator and All-Tournament selection committee member. Each role has allowed Len to actively promote the values and philosophy of our association and to strengthen the quality of soccer in the state. Whether it is improving communication & providing education with the coaches in his section, recognizing quality soccer players for the All-State team, identifying students for academic awards or helping select the All-Tournament teams, Len has given literally hundreds of hours back to the Mankato soccer community as well as our coaches’ association. While serving on the MSHSSCA board, he contributes to the discussions by providing valuable perspective from the eyes of a boys coach of a class A school in the southwestern MN. The coaches in his section recognize his commitment to their needs and appreciate his effective communication with them. They have also recognized him as their section COY multiple times throughout his career. Most recently, he was selected by the MN members of the NSCAA as the NSCAA Boys Small School COY for MN. Just another indication of the great respect his peers have for him and for what he has done to promote high school soccer in MN. Congratulations Len!

Crissy Makela If you were to add up each year of service Crissy has dedicated to our coaches’ association (it includes roles as section rep, organizer of clinic demonstrator, senior classic host, all-tournament committee member, academic award coordinator, board member, and MSHSL advisory committee member) it adds up to 41 years of service all in the name offering student-athletes throughout our state the opportunity to enjoy high school soccer. As the founding varsity women’s coach at Mankato West, Crissy used her collegiate playing experience to build

a program that consistently develops well-rounded student athletes. Crissy is a humble coach who educates through the medium of soccer. Because of her leadership and organization Crissy has helped recognize hundreds of players for their athletic and academic accomplishments. Her professionalism while selecting players for the MSHSL All-Tournament Team is the result of objective technical and tactical feedback. In board and committee meetings Crissy regularly makes observations and suggestions that advocate for the greater good of student-athletes while balancing the hopes and needs of coaches and referees. She is fair, ethical, and extremely responsible. Enthusiasm and passion are the best words to describe what Crissy brings to Minnesota high school soccer. Crissy's flexibility and optimism is contagious. When people are around her it is impossible to not notice her yearning to share her knowledge and passion for soccer and life. She is always willing to go beyond what is expected of her. She is always giving of herself to help others. Crissy is a role model for young women who strive for excellence on and off the field. Congratulations Crissy!

Congratulations to both of these fine coaches. As Senior Classic Coordinator these two have served as team managers for all of the Classic games played at the Dome. The MSHSSCA chose two coaches who are more than worthy of this honor. Thanks Len and Crissy for all the time you have given to the Senior Classic. They will be formally presented with their awards at the State Tournament Banquet on October 21st at the River Centre in St. Paul.

The seeding procedure for the tournament has changed for the 2012 year. Now the teams will be seeded 1 through 5, with a blind draw determining the opponents for seeds 1, 2 and 3. The 4 and 5 seeds will play each other. This was determined at the Board of Directors Meeting on June 11, 2012.

The first round of the state tournament will be held on October 24th, 25th, and 26th at various sites. The tournament finals will be held on Monday October 29th, Tuesday October 30th and November 1st and the Metrodome. Our association makes the press box available to all members (with your MSHSL) card. Come and enjoy the tournament and the company of other coaches.

Our first Board Meeting will take place on September 19th at Eagan High School. This is a change of meeting sites for us. The address is 4185 Braddock Trail in Eagan. The meeting will be held in room 080.

We continue to keep Ron Sellnow in our prayers as he continues his battle with cancer.

Get your dues paid and make sure you do your coaches clipboard on the High School League website. Hope your season is going well. Remember, you have the greatest job in the world, working with your kids. _____

MnIAAA CORNER

By: Bryan Wormley

President MNIAA - Nevis High School

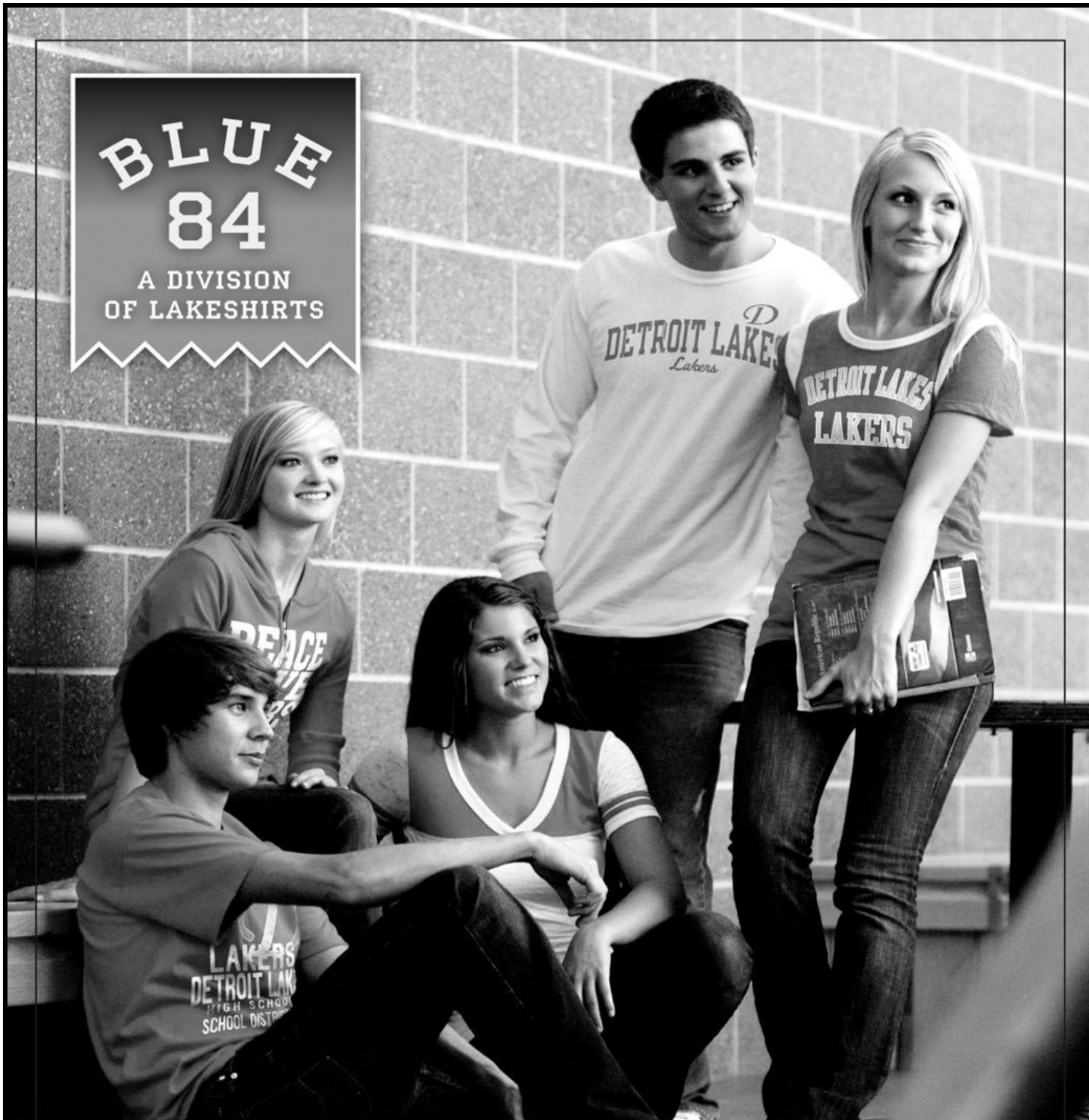
We are under way, fall activities and school. Many of you have just completed "the first season", which is comprised of the first practice, first day of pads, first scrimmage, first home volleyball game and football game, first class, and the first day of school along with countless other firsts. We in the Activity/ Athletic world understand that now that we are under way it just keeps going. We in the MnIAAA are doing the same with our first everything with Mike Beck as our Executive secretary. Mike is doing and will do an outstanding job for our organization and all of you as he succeeds Pete Veldman our outstanding leader over the past 18 years.

Coaches I just want to thank all of you for all of the work that you do with all of the student athletes in our schools and on our teams. This fall season marks the first time all levels of coaches must complete the online training provided by the MSHSL. Many of us have heard this "I just coach Junior High I don't have to do that training stuff do I?" Well, yes you do and in reality our Junior High coaches are some of our most important components/ members of our programs. We will all benefit from the increased level of professionalism due to the knowledge that all of you will continue to accrue as all of our organizations, and the league work together to raise the bar each season, just as we do with our athletes.

Educationally Based Athletics is a phrase that I use on a regular basis when dealing with parents, school board members, administration, teachers, sometimes coaches and almost everyone with questions about our programs and when I am having to explain "why". This is the business we are all in and we need to remind ourselves of that from time to time. As many schools are required to charge participation fees and many more must keep raising them limiting participation due to economic constraints, we start to lose the Education side of the equation and it all just becomes athletics. As your seasons progress this fall and this upcoming year remember the vast majority of our athletes will not play at the next level in your sport. Remember that we are a strong component of our educational system, the real life lab to put it all together. Students learn to set, work for and attain goals in their various sports through hard work and dedication. Students learn to work together, with friends, and with other students that in any other setting they might not. So as all of the various issues come up in the next few weeks of your seasons I ask you simply to "remember why we do all of this "and the answer is, because of and for, the student/athletes. _____

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