



**Mark your calendar!**  
**Additional NORCO Open Gyms have been announced!**

This summer, NORCO will be hosting several Open Gyms and Pre-Tryout Clinics prior to Tryouts. Dates are subject to change, please check our [website](#) for updates or changes.

**Open Gyms - \$5, pay at check-in**

**Dates and Times:**

(New!) Players trying out at the 15s age division: Wednesday, July 1st 6:00 - 8:00 pm; Thursday, July 2nd 6:00 - 8:00 pm; Thursday July 9th, 6:00 - 8:00 pm

All Ages: Wednesday, July 8th 5:30 - 7:30 pm

Players 14 & Under: Tuesday, July 21st 5:30 - 7:30 pm

**14 & Under Pre-Tryout Clinics:**

Thursday, August 6th 6:00 - 8:30 pm

Tuesday, August 11th 6:00 - 8:30 pm

**Online registration for Pre-Tryout Clinics will be available soon**



## **Hitting Clinic with Tom Hunter**

**Ages 5-13**

**July 1st, 5:30 - 7:30 pm**

All hitting positions welcome - middles, outsides, and opposites. We will work on specific roles of each position, starting with the technical skills of attacking. The two-hour hitting clinic is designed to breakdown the swing and provides hitters a ton of repetitions. Techniques will be broken down from footwork, jumping technique, arm-swing, and landing. Special focus will also be given to ball control and shot development.

**Click Below to Register:**

**[Hitting Clinic](#)**

## **Serving/ Jump Serving Clinic with Heather Evans**

**Ages 14-18**

**July 15th, 9:00 - 11:00 am**

This two-hour clinic will teach the basics of footwork, body position, the toss, arm swing, and follow-through. The clinic will also teach the techniques, skills, and mindset needed to serve at a consistent and accurate level. Participants will have the opportunity to learn how to do various overhand and jump serves including top-spin and float serves.



**Click Below to Register:**

**[Serving/ Jump Serving Clinic](#)**



# Hitting Clinic with Dri Culbert

Ages 5-13

**July 20th, 5:30 - 7:30 pm**

All hitting positions welcome - middles, outsides, and opposites. We will work on specific roles of each position, starting with the technical skills of attacking. The two-hour hitting clinic is designed to breakdown the swing and provides hitters a ton of repetitions. Techniques will be broken down from footwork, jumping technique, arm-swing, and landing. Special focus will also be given to ball control and shot development.

**Click Below to Register:**

**[Hitting Clinic](#)**

## **Congratulations Kelley Johnson!!**

Kelley Johnson, a former NORCO player, was recently crowned Miss Colorado!

Kelley competed against more than 20 other women and will represent Colorado in the Miss America pageant later this year.

Good Luck, Kelley!!

