

BRACKETING:

All teams entered will be split up into regions based on location to minimize travel. Regions will be wrestled in a line bracket format (based on 8 teams per region) until a region champion is determined. Each Region champion will then move to the finals to be held on February 20th at Corner Canyon High School to determine top 4 Junior High Dual Teams in the State

DIVISIONS:

Middle School: 9th grade and below (9th graders can not be practicing with the high school team to be eligible)

WEIGHTS:

Middle School: 65, 70, 77, 84, 91, 98, 105, 112, 120, 135, 155, 180, Hwt

PERIOD LENGTH:

All period lengths will be 90 seconds

ELIGIBILITY:

Each team must represent a middle school, junior high or high school. No club teams or all-star teams allowed in the Utah Junior High State Duals.

ROSTERS:

Rosters must be sent in to Jeff Newby. Rosters can change anytime but will need to update on trackwrestling. All results must be posted to trackwrestling.com. Jeff Newby or Trint Richins can help with getting results posted.

MEMBERSHIP:

Limited folkstyle USA card required for participants. Updated brackets will be located on TrackWrestling.com with rosters.

OFFICIALS:

All Region duals must have an official supplied by the home team. Official encouraged to be high school certified. If the official is not high school certified then we prefer two officials per mat and must be at least a varsity high school wrestler (if varsity high school wrestler you must have two per mat)

COST:

\$100/team. Region duals will be set up with a home and away team. The home team is responsible for dual set up (can wrestle dual in wrestling room), table help and supplying the official

AWARDS:

Team awards for top 4 teams. MVP awards to each team in the tournament - picked up at the High School Super State tournament.







