

PACER WRESTLING NEWS - WEEK OF JANUARY 18

Great job at the tournament Saturday. It was a long day, but we got a lot of good matches. Congrats to Lucas for a 1st place finish and Jack for 2nd.

This is a big week for us as we begin our **conference dual meets** this Wednesday facing off at home against St. Joe's and BCC. Our conference champion is determined by who wins the dual meets, so the path to a conference championship begins with a win on Wednesday. Looking at expected match-ups, it's winnable but not automatic, so we need to put in the best preparation we can.

Note that our Monday practice is scheduled for 9:00-11:00. This is different than the original schedule on the calendar.

Practice Schedule

Monday - 9:00-11:00 AM

Tuesday - 3:12-5:25 **no study hall**

Wednesday - **wear shirt & tie**

study hall - 3:10-3:50

Home meet - St. Joe & BCC

Meet in Gym 5:26 - weight in 6:00 - wrestle at 7:00

Thursday - 3:12-5:25 Practice

Friday - **Wear wrestling T-shirts** 3:12-5:00 Practice

Saturday - Varsity tournament at Sheboygan North - load bus at 6 AM.

Note on weather conditions:

- If school is cancelled due to weather, all competitions and practices are also automatically cancelled/postponed.
- If an evening event is cancelled/postponed during the school day, that notification will go out in several different ways, including this email list.
- Saturday tournaments are usually not cancelled due to weather unless it is very extreme- they cannot really be made up. If I find out the morning of the tournament that it has been cancelled, I will send out an email to this list as soon as I can.

Home Meet vs. St. Joe's / BCC

5:25 PM - Meet in gym

6:00 - Weigh-in

7:00 Wrestle

BCC only has a few wrestlers, so format will be as follows:

1. BCC vs. St. Joe's
2. SHLS vs. St. Joe's
3. SLHS vs. BCC

We will arrange the weights so we can get through the 45-minute rest periods as quickly as possible. As a result, we may start wrestling a little early.

Varsity Tournament at Sheboygan North (Herb Tyler Memorial Invitational)

Location: 1042 School Avenue, Sheboygan, WI 53083

Bus: 6 AM --- Weigh in: 8 AM --- Wrestle: about 9:30 AM

This is a big, tough tournament where we will see some state-quality competition. It is a really great way to prepare our wrestlers for the postseason.

This is an all-electronic tournament - results may be followed live on Trackwrestling.com.

Admission: Adults \$5.00 Students \$3.00 Passes will not be honored.

The Sheboygan North Wrestling booster club will provide concessions.

Emergency Contact Information Ted Schermetzler phone 920-698-0418.