

2016 NYWAY HUDSON VALLEY REGIONAL

When: Sunday, February 28th, 2016, Doors open at 7am - Check-In 7-8AM, Start Time 9am*

Where: Minisink Valley **HS**, 2320 Rte. 6, Slate Hill, NY 10973

Weigh-ins: 6-8PM Friday, February 26th, **ONLY**

Minisink Valley **MS**, 2320 Rte. 6, Slate Hill, NY 10973, (Located in back part of campus)

***Brackets to be finalized at 8:30am, wrestling will begin at 9 AM.**

Registration: \$25 and limited to current NYWAY Members. No day passes will be accepted

Online Registration only - closes 11:59 pm on Thursday February 25th, 2016.

NYWAY Memberships can be purchased at www.nyway.org

Admission: \$5 for Adults, \$2 for Students, Under 5 are FREE.

NYWAY Regional Divisions & Weights: 5 Mats

D1 (2010/2009): 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)

D2 (2008/2007): 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)

D3 (2006/2005): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)

D4 (2004/2003): 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)

D5 (2002/2001): 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)

D6*(2000 - 1997): Wrestlers will be paired using the Madison Style Pairing System at the Regional Tournament, but HS weight classes will be used at the State Tournament.



*Wrestlers born in 2000 must compete in this group at Regional and State regardless of grade level.

EXEMPTIONS – Varsity Wrestlers automatically qualify for the NYWAY State Tournament in Syracuse, NY, but are still encouraged to participate in their Regional Tournaments. JV and Modified wrestles will need to qualify for NYWAY State Championships. The \$17 NYWAY Membership is required for all wrestlers at the Regional and State Tournaments. **Varsity wrestlers must have a recorded resulted match to qualify for a varsity wrestler. Forfeits are not recorded matches.**

Regional Rules:

- ✓ All divisions are determined by birth year.
- ✓ NYS Modified High School Rules with NYS Certified Referees.
- ✓ NFHS overtime rules apply. Headgear is highly encouraged.
- ✓ Period lengths - Divisions 1, 2, & 3 (1-1-1) Divisions 4, 5, & 6 (1:30, 1:30, 1:30)
- ✓ Top 4 in each weight class qualify for the NYWAY Championships on March 12th and 13th at SRC Arena @ Onondaga Community College and **MUST** compete at same weight class at the NYWAY States
- ✓ Welcome to all wrestlers residing within Regional boundaries: **Section I & Section IX Schools Only:** Orange, Ulster, Westchester, Dutchess, Putnam, Rockland, Sullivan counties.
- ✓ Weight classes with 5 or fewer wrestlers will wrestle in a round robin format.
- ✓ **No weight allowance** and must weigh in a singlet.
- ✓ If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and must compete at the same weight in the NYWAY State championships.

Contact Tournament Director for more information:

Julia Massa: HUDSONVALLEYNYWAY@gmail.com

