

North Kitsap Little Leagues - Player Registration Form – 2019 Season

Registration must be received by March 1st to guarantee placement. Team placement will be made after all paperwork has been received by NKLL, including registration forms and full payment. Registrations received after March 1st will be placed on a waiting list.

_____ Sex: M F
 First Name Last Name Birth Date

School: _____ Grade: _____

- Sign Me Up For: Baseball:** A Machine Pitch Age 7-8* AA Machine Pitch Age 8-9
 AAA – Majors Ages 8-12 Intermediate Ages 12-13
 Junior Baseball Ages 13-14 Senior Baseball Ages 15-16
Fastpitch Softball: AAA/Maj/Sen Ages 8-16 Machine Pitch Ages 7-8*
T-Ball: Ages 4-6 **Challenger:** Ages 5-22

Note: ALL baseball and softball players who wish to participate in the AAA division or above are required to attend at least one skills assessment. Every player who signs up will be placed on a team. The skills assessment is used to help place the players in the appropriate skill division. See schedule at www.nkll.org for dates and times.

* Players who are league-age 6 may participate in the Machine-Pitch Division if they have played at least one year of T-Ball

Please enter all information below including mailing and street address for **Both** parents. Enter "same" if appropriate for address & phone.

Father's Info Player lives with Father
 Name: _____
 Street Address: _____
 Mailing Address: _____
 City & Zip: _____
 Home Phone: () _____
 Day Phone: () _____
 E-Mail: _____

Mother's Info Player lives with Mother
 Name: _____
 Street Address: _____
 Mailing Address: _____
 City & Zip: _____
 Home Phone: () _____
 Day Phone: () _____
 E-Mail: _____

Comments or special requests we should know about _____

NKLL will occasionally use images of players on its website and advertising material. Please select the opt-out box below if you would prefer that no images of your child be used on the website or any materials for NKLL.

Opt Out Opt In

Participation in Little League baseball/softball requires the ability to run, throw, swing a bat, and catch a ball. Additionally, participation requires the capacity to understand the rules of the game. Does your child have any current condition that limits his/her ability to participate in this activity?

Yes No

If "Yes," please explain and identify any reasonable accommodations that would enable your child to participate: _____

I/We the parent(s) of player _____, hereby give my/our approval to participate in any and all Little League activities, including transportation to and from activities. I/We know that participation in baseball or softball may result in serious injuries and protective equipment does not prevent all injuries to players, and do hereby waive, release, absolve, indemnify, and agree to hold harmless the local Little League, Little League Baseball, Inc., the organizers, sponsors, participants, and persons transporting my/our child to and from activities for any claim arising out of any injury to my/our child whether the result of negligence or for any other cause except to the extent and in the amount covered by accident or liability insurance. I/We agree to return upon request the uniform and other equipment issued to my/our child in as good a condition as when received except for normal wear and tear. I/We will furnish a certified birth certificate of the above named candidate to League Officials upon request.

Parent(s) or Guardian Signature(s): _____

Registration Information

Name of Player Please enter the player's full name.

Date of Birth Enter player's date of birth including month, day, and year. See the separate charts on the www.nkll.org website to determine league age – league ages are used to determine placement/eligibility for the different divisions. Parents may be required to provide the League with a copy of the birth certificate such that league age may be verified. Returning players may have copies on file. Original copies are required if your child is selected to participate in All-Star games following the conclusion of the regular season.

Physical/Health Conditions Please describe any physical or health conditions that the League Officials should be made aware of.

Signature Read the waiver paragraph carefully and sign where indicated.

Concussion Information: Read and sign the Concussion Information Sheet attached to this registration.

Parent Code of Conduct: Read and sign the Parent Code of Conduct attached to this registration.

Fee(s) Early Registration to 2/16/2019:

<u>Players/Family</u>	<u>Baseball & Softball Program</u>
Oldest Player	\$130.00
2 nd Player	\$95.00
Additional Players	\$50.00
\$275 per family cap	
T-Ball Program	\$80.00
Int./Junior/Seniors	\$150.00

Fee(s) Registration after 2/16/2019:

<u>Players/Family</u>	<u>Baseball & Softball Program</u>
Oldest Player	\$150.00
2 nd Player	\$95.00
Additional Players	\$50.00
\$295 per family cap	
T-Ball Program	\$90.00
Int./Junior/Senior	\$170.00

***There is no fee for the Challenger program**

Make check or money order payable to NK Little Leagues (NKLL). To pay by credit card, register on-line at www.nkll.org. Team placement will not be made until full payment is received

It is the policy of North Kitsap Little Leagues, that no child will be prevented from participating due to financial difficulties. Please contact info@nkll.com for more information.

Donations Registration & Sponsor fees only cover a part of our costs. Any additional donation you wish to give will be greatly appreciated

Mail Application: North Kitsap Little Leagues, PO Box 1476, Poulsbo, WA 98370

Volunteer Sign-Up

North Kitsap Little Leagues serve over 800 children in our community. Managing, organizing, and planning for the Baseball, Softball, and T-Ball programs is a year-round activity. A small group of parents and civic-minded individuals give of their time through-out the year to keep the leagues running. During the season, these dedicated individuals can not accomplish all that needs to be done without your help.

To provide your child with a quality experience in Little League, a large number of additional volunteers is always needed. As a parent or guardian of a member of the North Kitsap Little Leagues, you will be called upon and expected to support the Little Leagues in one or more of the areas listed. **Volunteer form with Social Security number required for background check**

required. Please indicate your choice(s) below:

<u>Father</u>	<u>Mother</u>	<u>Activity</u>
_____	_____	(A) Umpire
_____	_____	(B) Manager (Please complete the application for position)
_____	_____	(C) Asst. Coach (Please complete the application for position)
_____	_____	(D) Concessions with a Food Handlers Card
_____	_____	(E) Concessions
_____	_____	(F) Team Parent
_____	_____	(G) Fields/Grounds
_____	_____	(H) Scorekeeper
_____	_____	(I) Sewing
_____	_____	(J) Equipment Repair
_____	_____	(K) Board Member
_____	_____	(L) Other _____

NORTH KITSAP LITTLE LEAGUE

Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:	
<ul style="list-style-type: none"> • Headaches • “Pressure in head” • Nausea or vomiting • Neck pain • Balance problems or dizziness • Blurred, double, or fuzzy vision • Sensitivity to light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns 	<ul style="list-style-type: none"> • Amnesia • “Don’t feel right” • Fatigue or low energy • Sadness • Nervousness or anxiety • Irritability • More emotional • Confusion • Concentration or memory problems (forgetting game plays) • Repeating the same question/comment

Signs observed by teammates, parents and coaches include:
<ul style="list-style-type: none"> • Appears dazed • Vacant facial expression • Confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily or displays incoordination • Answers questions slowly • Slurred speech • Shows behavior or personality changes • Can’t recall events prior to hit • Can’t recall events after hit • Seizures or convulsions • Any change in typical behavior or personality • Loses consciousness

**NORTH KITSAP LITTLE LEAGUE
Concussion Information Sheet**

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time"

and

"...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider."

You should also inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Student-athlete Name Printed	Student-athlete Signature	Date
Parent or Legal Guardian Printed	Parent or Legal Guardian Signature	Date

Sport Parent Code of Conduct

We, the North Kitsap Little League, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league.

Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is achieved when competition reflects these “six pillars of character.”

I therefore agree:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one’s best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Parent/Guardian Signature