

Atlantic Coast Wrestling Association (ACWA)
“Wrestling, Rocking & Ringing in the New Year”
Youth and Girls Folkstyle Wrestling Tournament
Monday, December 31st, 2018
“Some Proceeds to Benefit Breast Cancer Awareness”

Tournament Directors:
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DESCRIPTION: 1st Annual **Wrestling & Rocking in the New Year** Wrestling Tournament at the **Total Turf Experience** facility in Pitman, NJ. Tots, Bantams, Midgets, Juniors and Intermediate Divisions Madison-style; 2 matches minimum are guaranteed. 2 Girls Divisions. High School and 8th Grade and Under. More details on all age group / divisions are available online at: www.AtlanticCoastWrestling.com

ALL REGISTRATION & PAYMENT: \$35.00 ONLINE ONLY via www.AtlanticCoastWrestling.com. \$35.00 per wrestler for all age groups. ALL ONLINE REGISTRATIONS CLOSE at 8:00 PM, Saturday, Dec 29th, 2018. WALK-INS (\$40.00) are permitted at both weigh-ins.

LOCATION: Total Turf Experience, 614 Lambs Road, Pitman, NJ 08071; WEIGH-INS on-site, details available below. TOURNAMENT DATE is Monday, December 31, 2018. Wrestling at 9:00 AM

WEIGH-INS: Sunday, December 30, 6:00 – 8:30 PM or Monday, December 31, 7:00 – 8:30 AM at Total Turf Experience. Competitors MUST weigh-in wearing a singlet or underwear.

COMPETITION SCHEDULE: Monday, December 31, 2018

Wrestling Starts at 9:00 AM

CUSTOM Awards: (Top 3 places) will take place immediately after certification of results as each bracket completes. **Champions will be awarded a beautiful 32” high trophy!**

Modified NFHS rules. Headgear and a sanctioned Singlet or a 2-piece uniform. THIS IS REQUIRED!.

Juniors, Intermediates and Girls High School: bout times are 2-1-1. All other bout times are 1-1-1. ALL Wrestle-backs 1-1-1. OVERTIME FOR ALL DIVISIONS: 1 minute OT, 2 @ 30 second OT, Final 30 second Ultimate Tie Breaker OT.

INDIVIDUAL WRESTLER ELIGIBILITY: For Elementary School divisions: eligibility determined by birth year as described on information form (below). Girls High School Division wrestlers: must be ENROLLED in High School as of the date of the tournament.

CONTACT INFO: Email ONLY – info@AtlanticCoastWrestling.com, monitor www.ShoreWar.com for tournament updates

ADMISSIONS: Adults \$10.00, Senior citizens (65 and up) and students 6 and up \$5.00, under 6 free. Only wrestler and a maximum of 2 coaches will be admitted to the mat area during competition!!

Tots: 2012 – 2013 Bantams: 2010 – 2011 Midgets: 2008 – 2009 Junior: 2006 – 2007 Intermediate: 2004 - 2005

Girls: High School Currently Enrolled 9th-12th Grade

Girls: 8th Grade and Under

[Monitor AtlanticCoastWrestling.com for any updates...](http://www.AtlanticCoastWrestling.com)