



The mission of the Portage High School Rugby Football Club* is to safely introduce and teach the sport of rugby to high school aged students living in the Portage area. Upon leaving high school, there will be ample opportunities to play at the college or men's level with teams such as Western Michigan University RFC or the Kalamazoo Dogs RFC.

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What: High School Rugby is coming to Portage!

Who: High school aged boys living in the Portage area.

When: Rugby is a spring sport and all are welcome and encouraged to give rugby a try! No experience necessary. There is a 7 match season not including state playoffs and scrimmages. We will have winter training/conditioning indoors. When the weather breaks we will move outside (in March usually). The season is finished by mid-May.

See practice schedule, registration, and cost information on back.

Is Rugby right for you? If you like the following, you will love rugby!

- Contact Sports
- Tackling and running with the ball

NO EXPERIENCE NECESSARY! We will train you!

Portage Muskie Website: <http://www.rugbymichigan.org/page/show/2371784-portage>

For more information contact Coach Brian Varney

Email: bvarney9@gmail.com Cell: (269) 365-1755

Check out our Facebook Page! PortageMuskiesRugbyFootballClub

Text @pmhsrfc to 81010 to join the Portage Muskies HS RFC text group

*The Portage Muskies Rugby Football Club is not affiliated with Portage Public School Athletics.



Bring friends along to practice. The more the merrier!

Upcoming Practice Schedule (we will move outside as soon as feasible)

Oshtemo SoccerZone Address: 6255 Technology Ave., Kalamazoo, MI 49009

- Thursday 2/25 7:35pm-8:30pm @ Oshtemo SoccerZone
- Monday 2/29 7:35pm-9:00pm @ Oshtemo SoccerZone
- Thursday 3/3 7:35pm-8:30pm @ Oshtemo SoccerZone
- Monday 3/7 7:35pm-9:00pm @ Oshtemo SoccerZone
- Thursday 3/10 7:35pm-8:30pm @ Oshtemo SoccerZone
- Monday 3/14 7:35pm-9:00pm @ Oshtemo SoccerZone
- Thursday 3/17 7:35pm-8:30pm @ Oshtemo SoccerZone
- Monday 3/21 7:35pm-9:00pm @ Oshtemo SoccerZone
- Thursday 3/24 7:35pm-8:30pm @ Oshtemo SoccerZone
- **Outside or bust!**
- **The first game is the week of 3/28**

Registration and Cost Information

- **By February 28th (but now is better):** \$70 when registering at www.rugbymichigan.org
 - Make sure you are at .org and not .com
 - Be sure to register to Portage Muskies High School RFC
- **By March 15th:** \$55 for team expenses
 - We may have to do a car wash or other fundraiser in the spring if we are running in the red too far

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