

PITTSBURGH PENGUINS ELITE™

PENNSYLVANIA'S PREMIER AAA AMATEUR HOCKEY ORGANIZATION



PITTSBURGH
PENGUINS ELITE™



PITTSBURGH
PENGUINS BLACK™



PRESENTED BY



MISSION STATEMENT

“To promote the development of young hockey players by providing on-ice and off-ice training and opportunities that allow each player to maximize his or her potential in a competitive learning environment, while providing positive lessons that allow them to excel in life.”

THE ORGANIZATION EMPHASIZES EDUCATION, LEADERSHIP, COMMUNITY INVOLVEMENT AND THE FOLLOWING CORE VALUES:

TEAMWORK
HARD WORK
WINNING
ATTITUDE
RESPECT
DISCIPLINE
INTEGRITY
PROFESSIONALISM
GOOD
SPORTSMANSHIP



THE PITTSBURGH PENGUINS ELITE ORGANIZATION

Continues to Set the Bar for Development Focused Elite Youth Hockey

The Pittsburgh Penguins Manager of Youth Hockey Mike Chiasson says that “Hockey in Pittsburgh continues to grow. With the expansion of the Penguins Elite organization, it gives more opportunity for players to train in a state of the art facility providing them with a quality on and off ice program. The Penguins Elite continues to deliver a quality product on the ice from a team and individual player perspective. It is testament to the organization to continuously see teams at each level competing with other top programs in the country.”

Starting in 2015-16, the Pittsburgh Penguins’ official youth hockey program expanded to two teams in the 2006, 2005, 2004, 2003, 2002 & 2001 birth years for boys and the U10 and U12 age classifications for the girls teams.

“Our goal was to provide local players with the opportunity to have the best possible hockey development without having to leave the Pittsburgh area — and to continue to make Penguins Elite one of the premier AAA hockey organizations in the country.”

The UPMC Lemieux Sports Complex, opened in late summer of 2015, is the home and headquarters of Penguins Elite. Games, practices, specialized training sessions and

tournaments all take place at the new facility, which will also be the practice home of the NHL’s Pittsburgh Penguins. The performance training program is overseen by former Penguin Gary Roberts, a noted expert in sports fitness and nutrition.

The two teams — **Pittsburgh Penguins Elite** and the **Pittsburgh Penguins Elite Black** — **will both play AAA schedules.** The Pittsburgh Penguins Elite teams continue to play a full schedule of games and showcase events against the most elite programs in North America. The Pittsburgh Penguins Elite Black teams play a highly competitive AAA schedule, featuring games and tournaments designed to maximize each player’s development.

Penguins Elite continue to field one team in the midget age groups for boys (U15, U16 & U18) and the U14, U16 and U19 age classifications for the girls program.

All players in the program continue to receive the best coaching and instruction available in the Pittsburgh region. During the 2016-17 season, each youth team will have two practices per week, plus one on-ice skill session with NHL skating coach Max Ivanov and NHL skills coach Ty Hennes. These skill sessions are designed to follow a four week progression, or "Skills Quad".

Week 1: Blocked Training (Individual, single skill, repetitive muscle memory pattern with NO decision making process.

Week 2: Blocked Training with or versus another player (Build on individual skill and ADD one decision making event with a teammate or against an opponent.

Week 3: Variable Training (Individual Skills + Teammate or Opponent + multiple decision making events = odd man situation pattern recognition)

Week 4: Random Training (Small Area Games = Individual Skills + Teammate AND Opponents + 4 Situational Concepts of Hockey)

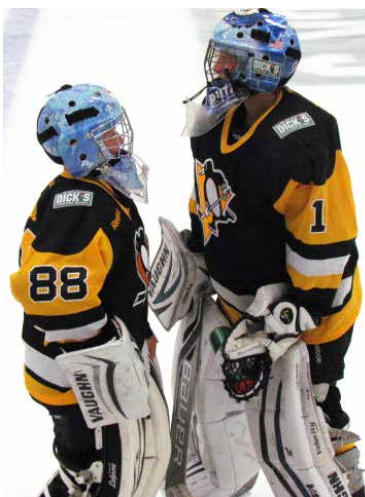
This progression highlights the four situational concepts of:

- 1) Offense with the puck
- 2) Offense Away from the puck
- 3) Defense with the Puck Carrier
- 4) Defense Away from the Puck Carrier

Beyond that, our relationship with UPMC means that our players will have access to outstanding in-season strength-and-conditioning programs and nutrition counseling. This includes 3D mapping, concussion baseline testing, and an athletic trainer at all home games. The new complex is a first-of-its kind sports medicine facility that focuses specifically on hockey-related performance training, injury prevention and rehabilitation. In addition to two regulation NHL ice sheets, it features 5,500 square feet of off-ice training space and 50,000 square feet of a world-class medical center.

One of the many other great advantages of Penguins Elite is that the funding from our corporate partner, DICK'S Sporting Goods, allows us to provide these services as part of your participation fee, with no additional charge. DICK'S Sporting Goods also provides free uniforms and apparel, and their support helps reduce the overall cost of the program for each family.





Pittsburgh Penguins Elite is Western Pennsylvania's premier AAA amateur hockey organization.

A joint effort of the NHL's Pittsburgh Penguins and corporate partner DICK'S Sporting Goods, Pittsburgh Penguins Elite offers a comprehensive program for player development that includes the region's premier coaching staff, professional management, world-class training facilities and unique opportunities, along with career guidance. The Penguins Elite program is the only program in the region that offers a full complement of teams for boys and girls at all age groups.

PENGUINS ELITE



PRESENTED BY



HISTORY

In March 2012, the NHL's Pittsburgh Penguins partnered with the Pittsburgh Hornets amateur hockey association and DICK'S Sporting Goods to create a new era of AAA hockey in Pittsburgh. The vision was to form a unified elite program comprised of both boys and girls teams to represent Pittsburgh at the highest level of competition in the United States and Canada.

The Pittsburgh Hornets provided a great foundation for the new program, having forged a long tradition of developing players and advancing them to the USHL, NAHL, NCAA and the NHL. These players include Brandon Saad, John Gibson, JT Miller, Vince Trocheck, Nate Guenin, Ryan Malone and RJ Umberger, to name a few. The support of DICK'S Sporting Goods, the Pittsburgh Penguins and the Pittsburgh Penguins Foundation provided strong corporate backing that significantly reduced participation fees for players and their families.



PARTNERSHIPS

The funding provided by DICK'S Sporting Goods and the Pittsburgh Penguins Foundation has reduced player participation fees by nearly 35% annually. In addition, DICK'S Sporting Goods provides FREE game jerseys and socks, practice jerseys and socks, pant shells, warmups and equipment bags to players each season. Players and parents also receive discounts on equipment and team-branded apparel purchased through DICK'S Sporting Goods.

The NHL's Pittsburgh Penguins provide unique opportunities for PPE players, including training at an NHL practice facility, practicing at CONSOL Energy Center, participating in the Icebreaker and NHL Youth Cup Tournaments and having the opportunity to attend select games and special events.

SUPPLEMENTAL FUNDING OPPORTUNITIES:

The organization understands that hockey requires a significant financial and time commitment from families, many of whom do not have the means to participate at the highest level of amateur hockey in Pittsburgh. For those families that require additional financial assistance, the Penguins Elite program offers a "needs based" scholarship known as the Player Emergency Fund. Applications are submitted to and reviewed by an independent committee. Funds are awarded on a matching basis and applied against the player participation fees up to a maximum of 50% of the total participation fee. Criteria considered as part of the review process includes financial need, academic record, community service, and the player's positive contributions to his/her team and the organization. Since 2012, the organization has awarded families upwards of \$70,000 in financial assistance through this program.

In addition to the Player Emergency Fund, the organization and teams conduct fundraisers throughout the season in an effort to help offset player fees and individual team funds.



PROFESSIONAL MANAGEMENT

The organization is a 501(c)(3) non-profit entity operated by a board of directors. The current board is comprised of the following members:

President | Charles Potter

Vice President | Rich Hixon

Chief Financial Officer | Kevin Hart

Director of Hockey Operations | Chris Stern

Secretary/Boys Representative | Jan Lehigh

Girls Representative | Stephen Walkom

Member at Large | Matt Herr

Member at Large | David Natale

BUSINESS AND HOCKEY OPERATIONS

In 2015 the board of directors named **Tim Cook** as Hockey Director; **Kathy Pippy** director of operations; and **Chris Stern** as Director of Player Advancement.

Tim Cook, former University of Michigan defenseman and Ottawa Senators NHL draft pick, is responsible for managing business and hockey operations for the Pens Elite. He is also tasked with creating and implementing a developmental progression plan and schedule from squirt-midget major designed to maximize each player's potential. In addition, he is responsible for recruiting, hiring, training, supporting and evaluating PPE coaching staff and consultants. Tim can be reached by email at tcCook@pittsburghpenguins.com.

In her role as director of operations, Kathy is responsible for developing systems and synergies for the organization around travel, scheduling, character-building programs, fundraising and general administration.



She is the primary point of contact for any business or operational questions that may arise throughout the season. Should you have any questions related to the organization's business operations please feel free to contact Kathy by email at penselitegirls@aol.com.

As director of player advancement, Chris is responsible for the promotion of PPE players as well as managing the database of PPE player's profiles. These profiles will be used to coordinate skill development strategies between coaches, skill instructors, and PPE management.



Developing More Than Elite Athletes

ACADEMICS

On-ice performance is an important element to the organization. However, our goal is for our coaches to provide positive life lessons that will groom our players into well-rounded student athletes who will positively impact our community. Our coaches emphasize academics, and will designate periods of time on each road trip for study time and homework. They may request to review players' grades periodically throughout the season. While on extended road trips, the organization encourages team visits to cultural destinations and college campuses.

COMMUNITY SERVICE

The Pittsburgh Penguins are known as an organization that gives back to its community. In 2014-15, the Pittsburgh Penguins Foundation donated over \$5.5 million to programs throughout Southwestern Pennsylvania that are designed to keep children active. As an extension of the NHL Penguins, the Pittsburgh Penguins Elite organization believes in giving back to our community. As such, each team is required to complete a minimum of one community service project each season. In the past, teams have donated time to assist at soup kitchens, raised money for school supplies for children in Haiti, worked at 'Produce to People', volunteered at 'World Vision' and helped raise funds for a number of local charities. This season the Pens Elite organization also partnered with "Skating for Little Hearts" and continued its association with Mighty Penguins, participating in numerous practices between our teams.



PLAYER/PARENT EDUCATION & GUIDANCE

The organization has a long history of advancing players to prep schools, the NAHL, USHL and NCAA programs. Each of these options provides an opportunity for players to continue their development process at a higher level of competition. With so many options available, the organization felt the need to continue to educate parents and players on each league and the opportunities that may be offered. The organization coordinated a presentation from former Boston College and Bowling Green Coach Scott Paluch who spoke to our older teams about college hockey and what it takes to make it at the next level. The Finnish Federation also had a delegation come visit our club, help out in skills session, and give parent presentations about how they are developing their high number of NHL players and championships in International Play. In house we are lucky to have Ty Hennes (NHL skills coach) and Lorne Goldenberg (NHL trainer) who have given a number of presentations to our club.



FACILITIES

UPMC LEMIEUX SPORTS COMPLEX

In 2015, the Pittsburgh Penguins Elite began play in the UPMC Lemieux Sports Complex, a first-of-its-kind, hockey specific training facility, located just north of Pittsburgh in Cranberry Township, Pennsylvania. A joint venture between the Pittsburgh Penguins and their world-renowned sports medicine partner, UPMC (formerly University of Pittsburgh Medical Center), the \$70 million complex is the first medical facility in the country to focus specifically on hockey-related training, treatment, rehabilitation and research.

The new practice home for the NHL Penguins includes two NHL-sized ice rinks, an NHL-quality weight room and fourteen locker rooms. In addition, the facility includes 1,500 square feet of hockey skills training space that features a Rapidshot System, three Rapidhands training stations and a 66 foot resistance skating lane. The facility will also be the home ice for the Pittsburgh Penguins Elite Tier I youth program.

The medical facility features 50,000 square feet of clinical space for training, testing and therapy from some of the world's leading doctors and specialists. It offers expert care in orthopedics, concussion management, imaging, physical and occupational therapy, nutrition and sports-performance training, making it the premier facility in North America for elite hockey training.

SHADYSIDE ACADEMY

The single-sheet facility is the Pittsburgh Penguins Elite organization's secondary home rink. It's located on the campus of Shadyside Academy and is home to the SSA Boys and Girls prep school program, which competes in the Midwest Prep Hockey League (MPHL).





Hockey Operations

TEAM EXPANSION

In 2015-16, the Penguins Elite organization expanded to 22 teams, fifteen boys' and seven girls'. The boys' program now offers two teams at the 2006, 2005, 2004, 2003, 2002 & 2001 birth years along with a U15, U16 and U18 team. The Penguins Elite girls' program now features two teams at the U10 and U12 age classifications along with one team at the U14, U16 and U19 age groups. This expansion has provided even more players from the region with the opportunity to experience the many benefits that this program has to offer. Both teams at each level have the ability to work collaboratively in order to promote healthy competition in hopes of maximizing each individual's development at his/her pace.

The success of the two team system was proven this year as the 2003 Black tied the #1 team in the nation, and 2001 Black participated in Districts along with our 2001 Elite team.

COMPETITION

Pittsburgh Penguins Elite Midget and Bantam Major (boys) teams compete in the Tier 1 Elite Hockey League. The Tier 1 Elite is known as the nation's premier amateur hockey league, featuring 24 organizations from across the country. Many programs are affiliated with NHL teams, including the Ohio Junior Blue Jackets, Dallas Junior Stars, the Phoenix Junior Coyotes and the Los Angeles Junior Kings, among

others. With significant visibility, top-level talent, and elite coaching, the Tier 1 Elite League provides young, talented players with the opportunity to advance their careers to Tier 1 Jr. Hockey, U.S. National Teams, NCAA hockey, the NHL and other professional leagues.

Penguins Elite youth teams, that include Bantam Minor, Pee Wee (Major and Minor) and Squirt (Major and Minor) boys teams, along with all of our girls teams, play an independent schedule which provides each team with the flexibility to create a competitive schedule, while managing their own game count and travel costs.

COACHING

Pittsburgh Penguins Elite has assembled a coaching staff comprised of the region's premier coaching talent to lead the program, many of whom played the game at the highest levels. The coaching staff follows an age-specific progression plan designed to provide players with the ability to achieve their individual potential while emphasizing the team-first environment.

All Pittsburgh Penguins Elite coaches are USA Hockey certified and have successfully completed background screening and USA Hockey's SafeSport training.

POWER SKATING & SKILL DEVELOPMENT

In addition to great coaching, players receive weekly power skating and skill development sessions as part of their participation fee. These sessions are led by Max Ivanov, an accomplished power skating and skill development coach in North America and Eastern Europe, and NHL skills coach Ty Hennes. Max played professional hockey for seven years, primarily in Russia and Finland. Over the past five years, he has participated in or organized a series of elite camps in North America and Europe. In addition to working with former Penguins defenseman Sergei Gonchar and current Penguins forward Evgeni Malkin, Max works with amateur and professional athletes in Finland, Sweden, Canada, USA and Germany. He is also one of the founders of IHPro (Ice Hockey Pro International Academy).

Ty Hennes is a former National Champion winner at Boston College and pro hockey player. Since retiring, Ty has worked for USA Hockey, both as a regional manager and by serving as an evaluator for USA Hockey player development camps, and also as a presenter at multiple USA Hockey coaching clinic. He also presented at 2 IIHF Player Development Symposiums in Europe. Currently Ty is a skills coach for Wilkes-Barre in the AHL, and also works with the Pittsburgh Penguins injured players and their prospects.



SPORTS PERFORMANCE TRAINING & TREATMENT

Former Penguin and 21-year NHL veteran Gary Roberts will continue to oversee the performance training program for Pittsburgh Penguins Elite players. Roberts currently trains over 60 professional and junior players at the Gary Roberts High Performance Centre in Toronto and brings his successful training, nutrition and recovery strategies to our program here in Pittsburgh. Roberts played 1,224 NHL games over 21 seasons with Calgary, Carolina, Toronto, Florida, Pittsburgh and Tampa Bay.

Pittsburgh Penguins Elite players receive weekly team off-ice training sessions at the UPMC Lemieux Sports Complex included in their participation fee. UPMC's world-class physicians and trainers utilize a science-based approach to evaluate each athlete and provide him/her with the proper program for preparing, training and recovering from this physically-demanding sport. In addition, UPMC's experts will provide on-going education for players and parents relative to nutrition, mental training and injury prevention.





EVALUATION AND RESEARCH

For the first time, because of the world-class UPMC Lemieux Sports Complex, we are able to conduct research on training, skill development, injury prevention, and injury treatment. The Pittsburgh Penguins Elite program participates in both the research and benefit from the results. We use the research data to continue to improve our program for years to come. We also continue to vigorously evaluate our training, coaching, and the experience of each player.

This season the Pens Elite was able to conduct both on and off ice testing of our players. On the ice we utilized the state of the art "Sport Testing" system to test our players speed, reaction time, and quickness. UPMC trainers were used in conjunction with Gary Robert's staff in testing our player's off ice, as well as 3D mapping to try to predict injuries.

We are also pleased to announce that we have partnered with Pointstreak to be able to use their software as a database for our players. We will house team and skill coach's assessment, video, self evaluations, and testing data within this portal. This information will be used to devise development models for each player and track improvement over a number of years.



TOURNAMENT SERIES

PRESENTED BY



MID-WINTER CLASSIC

Over 40 teams from as far away as Florida and Canada descended upon Pittsburgh from December 18-20th to play in the Mid-Winter Classic. Games were played in the state of the art 180,000 sq ft UPMC Lemieux Sports Complex. 2002-2006 birth years were represented as teams battled for the trophies.



NHL YOUTH CUP

In 2016, the Pittsburgh Penguins Elite will participate in the fourth annual NHL Youth Cup. This weekend-long tournament provides NHL-affiliated youth hockey programs with the opportunity to compete against one another at each age group from Squirt through Bantam Minor. The tournament has historically included visits from current and former NHL players and coaches and a special guest appearance by the most recognized championship trophy in professional sports: the Stanley Cup.



GIRLS' THANKSGIVING TOURNAMENT

Girls' hockey continues to flourish in Western Pennsylvania. Since the 2005-06 season, the region has experienced an 82% increase in registered female participants, including an 11% increase in 2013-14. In an effort to continue providing added exposure for girls' hockey, the organization created the Girls' Thanksgiving Classic Tournament, presented by DICK'S Sporting Goods. The tournament features both Tier 1 and Tier 2 girls' programs from across North America at each age level, from 10 & under to 19 & under. Last season, a total of 70 teams participated, including 49 from outside of the Pittsburgh region – attracting nearly 1,200 participants to Western PA. The tournament is a testament to the growth of women's hockey and the popularity of the sport both locally and nationally.

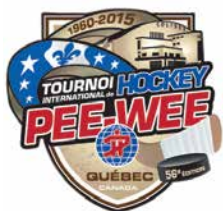


USA HOCKEY

Pittsburgh Penguins Elite are hosting the 16U and 18U USA Hockey National Championships in April of 2017. The event will be held at the state of the art UPMC Lemieux Sports Complex, and our 16U and 18U teams will have an automatic bid.



INVITATIONAL TOURNAMENT TEAMS



PEE WEE QUEBEC INTERNATIONAL TOURNAMENT

The Quebec International Pee Wee Hockey Tournament, one of the most prestigious minor hockey tournaments in the world for Pee Wee-age players (11 and 12 years old), takes place over a 12-day period each February in Quebec City, Quebec. The tournament, founded in 1960, features 2,200 young hockey players from 15 countries and attracts over 200,000 fans annually. It takes place during Quebec's Winter Festival, the largest in the world, and provides players and their families with the opportunity to experience Canadian culture.

In each of the past three seasons, the Pittsburgh Penguins Elite Pee Wee Major team has been invited to participate in the tournament, following in the footsteps of some of the greatest hockey players of all time, including; Penguins owner and Hall of Famer Mario Lemieux, Wayne Gretzky, ROOT Sports broadcaster Bob Errey, and current and former Penguins players Marc-Andre Fleury, David Perron, Pascal Dupuis, Rob Scuderi, Steve Downie and Beau Bennett.



TEAM PENNSYLVANIA

Since 2013, the Pittsburgh Penguins, Philadelphia Flyers and GNC partnered to send Team Pennsylvania to the Brick Invitational Tournament in Edmonton, Alberta. This prestigious tournament features some of the most talented 10-year-old hockey players from across North America. The Brick Tournament offers these promising young athletes and their parents their first opportunity to compete in an elite international tournament, along with the opportunity to participate in a number of unique off-ice activities – including the famous Brick Tournament Beach Party at the Water Park. There is also a skills competition and a number of other events which provide a fun-filled hockey vacation for the entire family. Team Pennsylvania is comprised of players from Pennsylvania, Ohio, and West Virginia, including many who participate in our Penguins Elite program.

INDIVIDUAL & TEAM RESULTS

PLAYER ADVANCEMENT

Pittsburgh Penguins Elite, formerly the Pittsburgh Hornets, has a history of attracting the most talented hockey players in the region and providing them with the training necessary to reach his or her full potential. Over the years, the program has promoted a number of players to the NAHL, USHL, NCAA and various levels of professional hockey because of the foundation established here in Pittsburgh. Notable alumni include RJ Umberger (Philadelphia Flyers), Nate Guenin (Colorado Avalanche), Brandon Saad (Chicago Blackhawks), JT Miller (New York Rangers), Vincent Trocheck (Florida Panthers) and John Gibson (Anaheim Ducks).

Since 2012, over fifty players (boys and girls) have advanced their careers to either NAHL, USHL & NCAA programs.



A full list of Penguins Elite/Pittsburgh Hornets alumni that have gone on to play in the NAHL, USHL, NCAA, ECHL, AHL and NHL can be found on the Penguins Elite website **www.pittsburghpenguinselite.com** in the Alumni section.





ORGANIZATIONAL/TEAM ACCOMPLISHMENTS

Over the past four seasons:

- Only organization in the region to offer teams at all age groups for both boys and girls
- Fortyone (41) teams have finished in the Top 25 nationally at the Tier I level*
- Twentythree (23) teams have finished in the Top 15 nationally at the Tier I Level*
- Two teams won Tier 1 Elite League Championships (U-18 Boys & U-14 Girls in 2013)
- Six teams have represented the Mid-Am District at USA Hockey's Tier 1 National Championships
- Successfully hosted USA Hockey's Tier 1 National Championships in 2012
- Developed and hosted three signature tournament events (Mid-Winter Classic, NHL Youth Cup and the Girls Thanksgiving Tournaments)
- 14U Girls were USA Hockey National Championship finalists in 2015
- Chosen to host USA Hockey's Tier 1 National Championship for 16U and 18U age groups in 2017.

*According to the myhockeyrankings.com website.

FAQ'S

Why the Pittsburgh Penguins Elite Organization?

- Recognized as one of the Top Tier I (AAA) programs in the country
- Associated with one of the top brands in all of sports
- A first-of-its-kind facility that offers world-class treatment and training services by UPMC
- Reduced participation fees due to our community oriented partner DICK'S Sporting Goods
- A holistic developmental approach with an emphasis on providing positive life lessons
- Two on-ice practices, one dryland training session and one power skating & skill development session each week
- Premier coaching and skill development professionals
- A competitive schedule that includes a series of high profile events
- Professional management
- FREE uniforms (home, away & practice), warmups and hockey bags
- Unique experiences provided by the Pittsburgh Penguins
- A proven history of assisting players realize their individual talents in a "positive, team first" atmosphere

Why is the Pittsburgh Penguins Elite organization expanding in 2015-16?

Last season over 900 players attended our tryouts. As we all know, athletes develop at different pace...some are more gifted and physically mature earlier than others. Trying to evaluate players and finalize a roster in April for a season that begins in the fall can be somewhat challenging. While our tryout process is organized, well thought out and thorough, it is not a proven science. In the past, our evaluation team was forced to make some difficult decisions and a significant number of quality players were not offered roster spots.



With the UPMC Lemieux Sports Complex opening in the summer of 2015, we felt that this was the perfect opportunity to expand the program and provide even more of the area's top athletes with the opportunity to train at a world class facility under the region's premier coaching talent.

How does the team selection process work?

- Interested players should register online via the Pittsburgh Penguins Elite website **www.pittsburghpenguinselite.com**
- Once you have successfully registered, you will receive a confirmation e-mail that includes all of the required documents that must be completed and returned to the organization the evening of your first tryout session.
- All registered participants will be invited to attend three sessions where players will be evaluated by members of the Pittsburgh Penguins Elite coaching staff.
- At the conclusion of the third session, the organization will invite a select group of players to a fourth session which will be used to determine the final placement.
- Following the fourth and final evaluation session, players will be informed if they have been offered a spot on either team, or released. (It is expected that players will accept or decline their position at this time.)"
- Once the rosters have been finalized, they will be circulated via e-mail to the entire team and your head coach will reach out to each family to introduce themselves shortly thereafter.

PITTSBURGH PENGUINS ELITE
ORGANIZATIONAL OVERVIEW - BOYS

Structure, Participation Fees & Travel

PITTSBURGH PENGUINS ELITE TEAMS	SQUIRT	PEE WEE	BANTAM	MIDGET (U15/U16/U18)
How many AAA teams will Pens Elite field at each age level?	Two Teams-2007, Two Teams-2006	Two Teams-2005, Two Teams-2004	Two Teams-2003, Two Teams-2002	One -U15 (01), One-U16, One -U18
What will the 1st team be called?	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite
What will the 2nd team be called?	Pittsburgh Penguins Elite Black	Pittsburgh Penguins Elite Black	Pittsburgh Penguins Elite Black	N/A

2015-16 Participation Fee & Value Add Amenities

What is the tryout fee?	\$135	\$135	\$135	\$135
What is the commitment fee?	\$500	\$500	\$500	\$500
What is the participation fee? (commitment fee is subtracted from participation fee)	\$2,800	\$3,950	\$3,950	\$4,500
Is there a payment plan option?	Yes, 3 installments	Yes, 3 installments	Yes, 3 installments	Yes, 3 installments
What type of financial aid is available?	Need Based	Need Based	Need Based	Need Based
How is financial aid awarded?	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee
Are there any mandatory organizational fundraisers?	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle
What is the price of uniforms (Home, Away, & Practice Jerseys & Socks; Shell; Warmups; Equipment Bag)?	FREE	FREE	FREE	FREE
Do we pay extra for coaches salary?	No	No	No	No
Do we pay extra to cover coaches travel & lodging?	Yes via Team Fund	Yes via Team Fund	Yes via Team Fund	Yes via Team Fund
Are there any mandatory team fundraisers?	One (1) Organizational / Team is optional	One (1) Organizational / Team is optional	One (1) Organizational / Team is optional	One (1) Organizational / Team is optional

Roster Size

How many skaters per team?	14-16	15-17	16-18	16-18
How many goalies per team?	2	2	2	2
How many total players per team?	16-18	17-19	18-20	20

League Participation & Fees

Does the team participate in a league or independent schedule?	Independent	Independent	Tier I Elite League/Independent	Tier I Elite League
How is league fee covered?	N/A	N/A	Included in Fees	Included in Fees

Game Count & Competition

How many home games are included in the participation fee?	15	15	15	15
Who sets the game schedule for each team?	Team	Team	Team/League	Team/League
What is game count for the 2015-16 Season	40-45	45-50	45-50	50-55

Tournaments

How much does organization allocate to each team for tournaments?	\$8,000/team	\$8,000/team	\$4,000/ Major, \$8,000/Minor	\$4,000/team
Do we have to pay extra for tournaments?	Only if above team allotment	Only if above team allotment	Only if above team allotment	Only if above team allotment
Who selects the tournaments and/or showcases for each team?	Team/Organization	Team/Organization	Team/League/Organization	Team/League/Organization

Practice Schedule/Format

Number of Practice Slots/Week?	2	2	2	2
Are practices full ice or shared ice?	Shared Ice	Full Ice & Shared (40-30-40)	Full Ice & Shared (40-30-40)	Full Ice
Is the practice schedule fixed each week?	Yes	Yes	Yes	Yes
Is there team Power Skating (in addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Are there skill development sessions (in addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Is goaltending instruction provided?	2 sessions per month	2 sessions per month	2 sessions per month	2 sessions per month
Is dryland/strength & conditioning provided in-season?	1 session per week	1 session per week	1 session per week	1 session per week

PITTSBURGH PENGUINS ELITE

ORGANIZATIONAL OVERVIEW - GIRLS

Structure, Participation Fees & Travel

PITTSBURGH PENGUINS ELITE TEAMS	U10	U12	U14	U16/U19
How many AAA teams will Pens Elite field at each age level?	Two - U10	Two - U12	One - U14	One - U16, One - U19
What will the 1st team be called?	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite
What will the 2nd team be called?	Pittsburgh Penguins Elite Black	Pittsburgh Penguins Elite Black	N/A	N/A

2015-16 Participation Fee & Value Add Amenities

What is the tryout fee?	\$135	\$135	\$135	\$135
What is the commitment fee?	\$500	\$500	\$500	\$500
What is the participation fee? (commitment fee is subtracted from participation fee)	\$650	\$1,100	\$1,800	\$2,250/\$2,400
Is there a payment plan option?	Yes, 3 installments	Yes, 3 installments	Yes, 3 installments	Yes, 3 installments
What type of financial aid is available?	Need Based	Need Based	Need Based	Need Based
How is financial aid awarded?	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee
Are there any mandatory organizational fundraisers?	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle
What is the price of uniforms (Home, Away, & Practice Jerseys & Socks; Shell; Warmups; Equipment Bag)?	FREE	FREE	FREE	FREE
Do we pay extra for coaches salary?	No	No	No	No
Do we pay extra to cover coaches travel & lodging?	No	No	No	No
Are there any mandatory team fundraisers?	No	No	No	No

Roster Size

How many skaters per team?	14	15	16	18
How many goalies per team?	2	2	2	2
How many total players per team?	16	17	17	20

League Participation & Fees

Does the team participate in a league or independent schedule?	Independent	Independent	Independent	Independent
How is league fee covered?	N/A	N/A	N/A	N/A

Game Count & Competition

Who sets the game schedule for each team?	Team	Team	Team	Team
What is projected game count for the 2015-16 Season?	20-25	30-35	35-40	50-55

Tournaments

Do we have to pay extra for tournaments?	No	No	No	No
Who selects the tournaments and/or showcases for each team?	Team/Organization	Team/Organization	Team/Organization	Team/Organization

Practice Schedule/Format

Is the practice schedule fixed each week?	Yes	Yes	Yes	Yes
Is there team Power Skating (in addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Are there skill development sessions (In addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Is goaltending instruction provided?	2 sessions per month	2 sessions per month	2 sessions per month	2 sessions per month
Is dryland/strength & conditioning provided in-season?	2 sessions per month	2 sessions per month	2 sessions per month	2 sessions per month

TRYOUTS

We would like to wish everyone participating in this year's tryouts the very best of luck. Tryouts can be a stressful process for players and parents. We know that every player on the ice will strive to put forth their best effort. Whether or not you make one of the teams, you should be proud of your accomplishments to date, and continue to chase your dreams . . . whatever they may be.

Most importantly, we hope that you enjoy your experience and always remember to have fun!

PENS ELITE YOUTH TRYOUT SCHEDULE 2016-17

DATE	DAY	UPMC Lemieux Sports Complex	TIME	TEAM
3/14/2016	Mon.	Main Rink 2 (Community)	5:45 PM-6:45 PM	2007 Alpha 1
3/14/2016	Mon.	Main Rink 2 (Community)	6:55 PM-7:55 PM	2007 Alpha 2
3/16/2016	Wed.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:45 PM	2007 Alpha 2
3/16/2016	Wed.	DICK'S Sporting Goods Rink - 1	6:55 PM-8:05 PM	2007 Alpha 1
3/20/2016	Sun.	DICK'S Sporting Goods Rink - 1	5:50 PM-6:50 PM	2007 Group 1
3/20/2016	Sun.	DICK'S Sporting Goods Rink - 1	7:00 PM-8:00 PM	2007 Group 2
3/21/2016	Mon.	DICK'S Sporting Goods Rink - 1	5:30 PM-6:30 PM	2007 Final
3/15/2016	Tue.	Main Rink 2 (Community)	5:50 PM-6:45 PM	2006 Alpha 1
3/15/2016	Tue.	Main Rink 2 (Community)	6:55 PM-7:55 PM	2006 Alpha 2
3/16/2016	Wed.	Main Rink 2 (Community)	5:50 PM-7:00 PM	2006 Alpha 2
3/16/2016	Wed.	Main Rink 2 (Community)	7:10 PM-8:20 PM	2006 Alpha 1
3/20/2016	Sun.	Main Rink 2 (Community)	4:20-5:20 PM	2006 Group 1
3/20/2016	Sun.	Main Rink 2 (Community)	5:30-6:30 PM	2006 Group 2
3/21/2016	Mon.	DICK'S Sporting Goods Rink - 1	6:40 PM-7:40 PM	2006 Final
3/21/2016	Mon.	Main Rink 2 (Community)	5:45 PM-6:45 PM	2005 Alpha 1
3/21/2016	Mon.	Main Rink 2 (Community)	6:55 PM-7:55 PM	2005 Alpha 2
3/22/2016	Tue.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:40 PM	2005 Alpha 2
3/22/2016	Tue.	DICK'S Sporting Goods Rink - 1	6:50 PM-8:00 PM	2005 Alpha 1
3/23/2016	Wed.	Main Rink 2 (Community)	5:50 PM-7:00 PM	2005 Group 1
3/23/2016	Wed.	Main Rink 2 (Community)	7:10 PM-8:20 PM	2005 Group 2
3/24/2016	Thur.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:45 PM	2005 Final
3/22/2016	Tue.	Main Rink 2 (Community)	5:50 PM-6:55 PM	2004 Alpha 1
3/22/2016	Tue.	Main Rink 2 (Community)	7:05 PM-8:15 PM	2004 Alpha 2
3/23/2016	Wed.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:45 PM	2004 Alpha 2
3/23/2016	Wed.	DICK'S Sporting Goods Rink - 1	6:55 PM-8:05 PM	2004 Alpha 1
3/24/2016	Thur.	Main Rink 2 (Community)	5:50 PM-7:00 PM	2004 Group 1
3/24/2016	Thur.	Main Rink 2 (Community)	7:15 PM-8:25 PM	2004 Group 2
3/28/2016	Mon.	Main Rink 2 (Community)	5:45 PM-6:55 PM	2004 Final

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PENS ELITE YOUTH TRYOUT SCHEDULE 2016-17

DATE	DAY	UPMC Lemieux Sports Complex	TIME	TEAM
3/28/2016	Mon.	DICK'S Sporting Goods Rink - 1	5:30 PM-6:30 PM	2003 Alpha 1
3/28/2016	Mon.	DICK'S Sporting Goods Rink - 1	6:40 PM-7:40 PM	2003 Alpha 2
3/29/2016	Tue.	DICK'S Sporting Goods Rink - 1	5:45 PM-6:55 PM	2003 Alpha 2
3/29/2016	Tue.	DICK'S Sporting Goods Rink - 1	7:05 PM-8:15 PM	2003 Alpha 1
3/30/2016	Wed.	DICK'S Sporting Goods Rink - 1	5:45 PM-7:05 PM	2003 Group 1
3/30/2016	Wed.	DICK'S Sporting Goods Rink - 1	7:15 PM-8:35 PM	2003 Group 2
3/31/2016	Thur.	DICK'S Sporting Goods Rink - 1	7:00 PM-8:00 PM	2003 Final
4/4/16	Mon.	Main Rink 2 (Community)	5:45 PM-7:05 PM	2002 Alpha 1
4/4/2016	Mon.	Main Rink 2 (Community)	7:15 PM-8:35 PM	2002 Alpha 2
4/5/2016	Tue.	Main Rink 2 (Community)	5:50 PM-7:10 PM	2002 Alpha 2
4/5/2016	Tue.	Main Rink 2 (Community)	7:20 PM-8:40 PM	2002 Alpha 1
4/6/2016	Wed.	Main Rink 2 (Community)	7:00 PM-8:00 PM	2002 Group 1
4/6/2016	Wed.	DICK'S Sporting Goods Rink - 1	7:55 PM-8:55 PM	2002 Group 2
4/7/2016	Thur.	DICK'S Sporting Goods Rink - 1	6:45 PM-7:45 PM	2002 Final
4/9/2016	Sat.	Main Rink 2 (Community)	4:10 PM-5:25 PM	U15 Alpha 1
4/9/2016	Sat.	Main Rink 2 (Community)	4:10 PM-5:25 PM	U15 Alpha 1
4/10/2016	Sun.	DICK'S Sporting Goods Rink	1:50 PM-3:05 PM	U15 Alpha 1
4/10/2016	Sun.	DICK'S Sporting Goods Rink	3:15 PM-4:30 PM	U15 Alpha 2
4/12/2016	Tue.	Main Rink 2 (Community)	7:50 PM-8:50 PM	U15 Group 1
4/12/2016	Tue.	Main Rink 2 (Community)	9:00 PM-10:00 PM	U15 Group 2
4/14/2016	Thur.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:35 PM	U15 Final
4/6/2016	Wed.	DICK'S Sporting Goods Rink - 1	7:55 PM-8:55 PM	U16 Alpha 1
4/6/2016	Wed.	DICK'S Sporting Goods Rink - 1	9:05 PM-10:05 PM	U16 Alpha 2
4/7/2016	Thur.	DICK'S Sporting Goods Rink - 1	7:55 PM-8:55 PM	U16 Alpha 2
4/7/2016	Thur.	DICK'S Sporting Goods Rink - 1	9:05 PM-10:05 PM	U16 Alpha 1
4/8/2016	Fri.	DICK'S Sporting Goods Rink - 1	7:15 PM-8:30 PM	U16 Group 1
4/8/2016	Fri.	DICK'S Sporting Goods Rink - 1	8:40 PM-9:55 PM	U16 Group 2
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	4:00 PM-5:10 PM	U16 Final
4/4/2016	Mon.	DICK'S Sporting Goods Rink - 1	7:50 PM-9:05 PM	U18 Group A1
4/4/2016	Mon.	DICK'S Sporting Goods Rink - 1	9:15 PM-10:30 PM	U18 Group A2
4/5/2016	Tue.	DICK'S Sporting Goods Rink - 1	7:50 PM-9:05 PM	U18 Group A2
4/5/2016	Tue.	DICK'S Sporting Goods Rink - 1	9:15 PM-10:30 PM	U18 Group A1
4/6/2016	Wed.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:35 PM	U18 Group 1
4/6/2016	Wed.	DICK'S Sporting Goods Rink - 1	6:45 PM-7:45 PM	U18 Group 2
4/7/2016	Thur.	DICK'S Sporting Goods Rink - 1	5:35 PM-6:35 PM	U18 Final

TRYOUTS continued from page 21

PENS ELITE GIRLS TRYOUT SCHEDULE 2016-17

DATE	DAY	UPMC Lemieux Sports Complex	TIME	TEAM
4/9/16	Sat.	DICK'S Sporting Goods Rink - 1	8:40 AM-9:40 AM	U10 Girls
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	11:00 AM-12:00 PM	U10 Girls
4/10/2016	Sun.	Main Rink 2 (Community)	8:10 AM-9:00 AM	U10 Girls
4/9/16	Sat.	DICK'S Sporting Goods Rink - 1	9:50 AM-10:50 AM	U12 Girls
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	12:10 PM-1:10 PM	U12 Girls
4/10/2016	Sun.	Main Rink 2 (Community)	9:10 AM-10:00 AM	U12 Girls
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	1:20 PM-2:30 PM	U14 Girls
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	5:20 PM-6:30 PM	U14 Girls
4/10/2016	Sun.	Main Rink 2 (Community)	10:10 AM-11:10 AM	U14 Girls
4/9/2016	Sat.	Main Rink 2 (Community)	12:20-1:50pm	U16 Girls
4/10/2016	Sun.	DICK'S Sporting Goods Rink - 1	8:30 AM-9:30 AM	U16 Girls
4/10/2016	Sun.	Main Rink 2 (Community)	11:20 AM-12:30 PM	U16 Girls
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	2:40 PM-3:50 PM	U19 Girls
4/9/2016	Sat.	DICK'S Sporting Goods Rink - 1	6:40 PM-7:50 PM	U19 Girls
4/10/2016	Sun.	Main Rink 2 (Community)	12:40 PM-1:50 PM	U19 Girls

AS BADGER BOB JOHNSON LIKED TO SAY . . .
It's always A GREAT DAY FOR HOCKEY!

2016-17 SEASON

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SPORTS COMPLEX



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