



# Skating Treadmill Training

## How to Sign Up for Training Sessions

All sign ups for the skating treadmill are done online through our online reservation system. We hope that you will find this to be an easy and convenient way to see the schedule, make appointments, and purchase packages. Follow the steps below to create your All-N-Stride account!

### Step #1

Go to [allnstride.com](http://allnstride.com) and create your free account. Use your email as your login, and on the 2<sup>nd</sup> page where it asks for name, address, phone, etc., **ENTER IN YOUR CHILD'S NAME. PLEASE DO NOT ENTER YOUR NAME. IT WILL SAVE YOU A LOT OF COMPLICATIONS DOWN THE ROAD!** If you have more than 1 child who will be participating, enter in one of your children's names, you can add in the others as siblings.

### Step #2

Click on the Online Store tab. Use a credit card to make a purchase. Single sessions are the most expensive way to purchase training time at \$40/session. There are also discounted packages. There is a 5-pack (\$37.50/session), 10-pack (\$35/session), or 15-pack (\$30/session). Packages are good for ONE YEAR and may be shared between siblings.

We also offer an Unlimited Package for those players who know they are going to use the skating treadmill frequently. This is by far the least expensive option! It is also good for ONE YEAR,, but cannot be shared between siblings.

### Step #3

Once you have successfully created an account and made a purchase, you may reserve a session on any day and time that works best for you. Notice that the schedule will have "Grand Rapids", "Novi", and "Ann Arbor" training sessions-make sure you select the right location!

Visit us at [allnstride.com](http://allnstride.com)  
See you soon!