



BLAINE HIGH SCHOOL GIRLS HOCKEY ATHENA AWARD WINNER'S

The Minneapolis Athena Award was founded in 1972 to recognize the outstanding senior young female athletes from each of the Minneapolis city, suburban and private schools and to honor each woman for her achievements in one or several sports. Blaine High School has been selecting an Athena athlete since 1976. 12 Hockey Players have won this distinguished award.

1994 TARA JOOSTEN

1997 LAURA TRYBA

1999 KATIE BEAUDUY

2001 JODY HORAK

2002 TIFFANY HAGGE

2004 KRISTINA BUNKER

2005 KIM HANLON

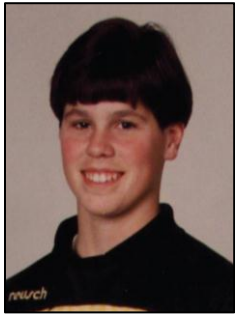
2007 ASHLEY NIXON

2009 LAUREN ZRUST

2012 BRITTANY PALMER

2013 ASHLEY PAFKO

2014 KIERSTEN FALCK



1994
Athena Award Winner
Tara Joosten
Blaine Girls Hockey
Ice Hockey – Soccer



Ice Hockey

Very first year of women's hockey. It was unsanctioned. 8 total teams

Captain – 12

Team MVP – 12

Soccer

Letters – 10, 11, 12

All-Conference – 10, 11, 12

All-State – 11

All-State Honorable Mention – 12

All-American – 11

Voted top Player in Minnesota – 11

Team MVP – 11, 12

Captain - 12



1997

Athena Award Winner

Laura Tryba

Blaine Girls Hockey

Ice Hockey – Soccer



Ice Hockey

Captain – 12
Team MVP – 10, 11, 12
Team Outstanding Offensive Player – 12
Team Most Dedicated Player – 12
All-Conference – 10, 11, 12
All-Metro – 10, 11, 12
All-State – 10, 11, 12
State All-Tournament Team – 11, 12
All-Time Single Season Point Leader – 87
All-Time Single Season Goal Scoring Leader – 51
3rd All-Time Single Season Assist Leader – 39
3rd Career All-Time Point Leader 230
2nd Career All-Time Goal Scoring Leader – 144
4th Career All-Time Assist Leader - 86

Soccer

- ◆ Letters 93-94, 94-95, 95-96, 96-97
- ◆ All-Conference 94, 95, 96, 97
- ◆ All-State 95-96, 96-97
- ◆ All-Metro 96-97
- ◆ MVP 96, 97

Softball

- ◆ Lettered 95-96

Track

- ◆ Lettered 96-97



1999

Athena Award Winner

Katie Beauduy

Blaine Girls Hockey

Ice Hockey – Softball – Soccer



Ice Hockey

- ◆ Record 63-32-7
- ◆ Minutes Played 4,706 (State Record)
- ◆ Shots Faced 2,222
- ◆ Saves Made 2,043 (State Record)
- ◆ Goals Allowed 179
- ◆ Save % .919
- ◆ Goals Against Avg. 1.71
- ◆ Shutouts 33 (State Record)
- ◆ Played in 102 Consecutive Games
- ◆ 1st Ms. Hockey – Goalie for State of MN
- ◆ 1st Team All-State – 10, 11, 12
- ◆ 1st Team All-Conference – 9, 10, 11, 12
- ◆ 1st Team All-Metro – 12
- ◆ State All-Tournament Team – 9, 10
- ◆ Team MVP – 10, 11, 12
- ◆ Team Captain – 12
- ◆ Letters – 9, 10, 11, 12
- ◆ “Team Minnesota” Goalie – 9, 10, 11
- ◆ “Minnesota Select” Goalie – 10, 11, 12
- ◆ USA National Olympic Development Camp – 1997, 1999

Softball

- ◆ Letters – 10, 11, 12
- ◆ Team Captain – 12
- ◆ All-Conference – 10, 11

Soccer

- ◆ 9, 10, 11

Academics

- ◆ Letters – 9, 10, 11, 12
- ◆ Academic All-State – 12
- ◆ National Honor Society – 11, 12
- ◆ Cumulative GPA- 4.45



2001
Athena Award Winner
Jody Horak
Blaine Girls Hockey
Ice Hockey – Tennis – Softball



Ice Hockey

Letters – 11, 12
Most Valuable Player – 11, 12
All-Conference – 11, 12
Team Captain – 12
State Tournament Runner-up – 12
State All-Tournament Team – 12
1st Team All-State – Pioneer Press, Star Tribune – 11, 12
1st Team All-State – MN Coaches Association – 12
1st Team All-Metro – Star Tribune – 12
Metro Player of the Year – Star Tribune – 12
“Let’s Play Hockey” Senior Goalie of the Year – 12
Prep Athlete of the Week – KARE 11, Star Tribune, and Varsity Online – 12
Overall Record – 42-7-5; 2000 Record – 25-1-3
Signed Division I Hockey Scholarship with the University of Minnesota

Tennis

Letters – 10, 11, 12
Most Valuable Player – 11
All-Conference – 11, 12
Team Captain – 12
Coaches Award – 12
Overall Record – 48-18; 2000 Record – 22-2

Other Sports

Letter Winner – Boys Hockey – 10
Letter Winner – Fast Pitch Softball – 10, 11
All-Conference – Fast Pitch Softball - 11

Academics

Graduated with High Honors
Cummulative GPA 3.937



2002
Athena Award Winner
Tiffany Hagge
Blaine Girls Hockey
Ice Hockey



Ice Hockey

Letters – 8, 9, 10, 11, 12

Team Captain – 12

Team Most Valuable Player – 12

Team Most Valuable Offensive Player – 9, 11, 12

Team Most Dedicate Player – 11, 12

All-Conference – 8, 9, 10, 11, 12

All-Metro – 11, 12

All-State – 10, 11, 12

State All-Tournament Team – 11

Senior Classic Selection – 12

Ms. Hockey Finalist – 12

12th All Time Single Season Scoring Leader – 61 Points

All-Time Single Season Leader for Goals by a Defenseman – 18

8th All-Time Single Season Leader for Goals – 35

2nd All-Time Single Season Points by a Defenseman – 39

Tied for 2nd All-Time Single Season Assists by a Defenseman – 21

8th All-Time in Career Scoring – 136 Points

6th All-Time in Career Goals – 72

9th All-Time in Career Assists – 64

10th All-Time in Career Points by a Defenseman – 39

Tied 3rd All-Time Goals by a Defenseman – 18

10th All-Time Assists by a defenseman - 21



2004

Athena Award Winner

Kristina Bunker

Blaine Girls Hockey

Ice Hockey – Softball



Ice Hockey

- ◆ Letters – 99, 00, 01, 02, 03, 04
- ◆ 1st Team All-State – 01, 02, 03, 04
- ◆ Honorable Mention All-State – 00
- ◆ 1st Team All-Metro – 03, 04
- ◆ 2nd Team All-Metro – 01
- ◆ All Conference – 00, 01, 02, 03, 04
- ◆ First Bank State All-Tournament Team – 01
- ◆ Kare 11 Athlete of the Week – December 02
- ◆ Team Captain – 03, 04
- ◆ Team MVP – 03, 04
- ◆ Outstanding Offensive Player – 00, 01, 02, 03, 04
- ◆ Most Dedicated Player – 01, 03, 04
- ◆ Rookie of the Year – 99
- ◆ USA Junior National Olympic Development Camp – 00, 01, 02, 03
- ◆ Top 10 Finalist Ms. Hockey
- ◆ Blaine High School All Time Leading Scorer
- ◆ Career Points – 325
- ◆ Career Goals 172
- ◆ Career Assists – 153

Softball

- ◆ Letters – 02, 03, 04
- ◆ Team captain – 03, 04
- ◆ All Conference – 01, 02, 03
- ◆ 1st Team All-Metro – 03
- ◆ 2nd Team All-Metro – 01
- ◆ All Region – 03
- ◆ Honorable Mention All-State – 03
- ◆ Offensive Player of the Year – 01, 02, 03
- ◆ Team Leader in Batting Average – 01, 02, 03
- ◆ Career Batting Average - .472
- ◆ Team Leader in on Base Percentage – 01, 02, 03
- ◆ Career on Base Percentage - .537
- ◆ Team Leader in Runs Scored – 01, 02 tied for first, 03
- ◆ Career Runs Scored – 42
- ◆ Career Stolen Bases - 30



2005
Athena Award Winner
Kim Hanlon
Blaine Girls Hockey
Ice Hockey – Soccer – Softball



Ice Hockey

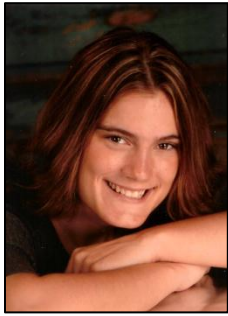
- ◆ Letters – 8, 9, 10, 11, 12
- ◆ Team Captain – 12
- ◆ All-State – 12
- ◆ All-State Honorable Mention – 10, 11
- ◆ All-Conference – 9, 10, 11, 12
- ◆ All-Metro 2nd Team – 12
- ◆ Defensive MVP – 10, 11, 12
- ◆ Rookie of the Year – 8
- ◆ Top 5 Finalist Let's Play Hockey Goalie of the Year – 12

Soccer

- ◆ Letters – 10, 11, 12
- ◆ Team Captain – 12
- ◆ All Conference – 12
- ◆ All Conference Honorable Mention – 11
- ◆ Defensive MVP – 12

Softball

- ◆ Letters – 9, 10, 11, 12
- ◆ Team Captain – 11, 12
- ◆ All Conference – 11
- ◆ All Conference Honorable Mention – 10
- ◆ Defensive MVP – 11
- ◆ Team RBI Leader – 11



2007
Athena Award Winner
Ashley Nixon
Blaine Girls Hockey
Ice Hockey – Tennis – Softball



Ice Hockey

- ◆ Letters – 10, 11, 12
- ◆ Elected Team Captain – 11, 12
- ◆ Most Valuable Player – 11, 12
- ◆ Outstanding Defensive Player – 11
- ◆ Rookie of the Year – 10
- ◆ Northwest Suburban All-Conference – 10, 11, 12
- ◆ All-State – 11, 12
- ◆ Honorable Mention All-State – 10
- ◆ All-Metro – 12
- ◆ 3rd Team All-Metro – 11
- ◆ Let's Play Hockey Goaltender of the Year – 12
- ◆ USA Hockey Jr. National Olympic Development Camp – 2003-2006
- ◆ (#1 Rated Goalie in the Nation 2006)
- ◆ Winner of the Mike Guider Award – 12
- ◆ Selected to the Senior Festival – 12
- ◆ Selected to the Chicago Showcase – 11, 12
- ◆ Appeared in Sports Illustrated – February 12, 2007

Career Stats

- Record – 39 – 24 – 4
- Minutes Played – 3481:05
- GAA – 1.80
- Save % - .927
- Shutouts - 21

Tennis

- ◆ Tennis Participant – 10, 11, 12
- ◆ Letter – 12
- ◆ 3rd Doubles Varsity Conference Tournament 4th Place



2009
Athena Award Winner
Lauren Zrust
Blaine Girls Hockey
Ice Hockey – Soccer – Track & Field



Ice Hockey

- ◆ Games Played – 134
- ◆ Goals – 114
- ◆ Assists – 75
- ◆ Points – 189
- ◆ +/- - +97
- ◆ Varsity Letters - 05, 06, 07, 08, 09
- ◆ Elected Team Captain – 08, 09
- ◆ Most Valuable Player – 08, 09
- ◆ Outstanding Offensive Player – 06, 07, 08, 09
- ◆ Rookie of the Year – 05
- ◆ Mike Guider Award Winner – 09
- ◆ Northwest Suburban All-Conference – 07, 08, 09
- ◆ NWSC Honorable Mention All-Conference – 06
- ◆ All-State – 09
- ◆ Honorable Mention All-State – 08
- ◆ 2nd Team All-Metro – 09
- ◆ 3rd Team All-Metro – 08
- ◆ Top 10 Finalist Ms. Hockey – 09
- ◆ Senior Festival Selection – 09
- ◆ USA Junior National Olympic Development Camp – 07, 08
- ◆ National Camp All-Star Team – 08
- ◆ National Camp 2nd Leading Scorer – 07

Soccer

- ◆ Varsity Letters – 06, 07, 08, 09
- ◆ Team Captain – 09
- ◆ Best Offensive Player – 06, 09
- ◆ All Conference – 09
- ◆ Honorable Mention All-Conference – 06, 08

Track & Field

- ◆ Varsity Letters – 06, 07

LaCrosse

- ◆ Varsity Letter - 08



2012
Athena Award Winner
Brittany Palmer
Blaine Girls Hockey
Ice Hockey – Soccer



Ice Hockey

- ◆ Games Played – 93
- ◆ Goals – 26
- ◆ Assists – 28
- ◆ Points - 54
- ◆ Varsity Letters – 9, 10, 11, 12
- ◆ Elected Team Captain – 11, 12
- ◆ Most Dedicated Player – 11, 12
- ◆ Rookie of the Year – 9
- ◆ Northwest Suburban All Conference – 9
- ◆ Hobey Baker Award Winner – 12
- ◆ Senior Classic Selection – 12

Soccer

- ◆ Varsity Letters – 8, 9, 10, 11
- ◆ All Conference Honorable Mention – 9, 11



2013
Athena Award Winner
Ashley Pafko
Blaine Girls Hockey
Ice Hockey – Soccer – Track & Field



Ice Hockey

- ◆ Letter – 2013
- ◆ Team Most Improved – 2012

Soccer

- ◆ Letters – '09, '10, '11, '12
- ◆ Team Captain – '12
- ◆ All-State – '12
- ◆ Star Tribune All-Metro Team – '12
- ◆ St. Paul Pioneer Press Honorable Mention All-Metro – '12
- ◆ State All-Tournament Team – '12
- ◆ All-Region Team – '12
- ◆ All Conference – '12
- ◆ Team Most Valuable Player – '12
- ◆ Team Most Valuable Defender – '12
- ◆ Hardware Hank Athlete of the Week – '12

Track & Field

- ◆ Letters – '10, '11, '12, '13
- ◆ All-Conference 400 Meters – 2012
- ◆ Honorable Mention All-Conference 4 x 400 Meter Relay - 2012



2014
Athena Award Winner
Kiersten Falck
Blaine Girls Hockey
Ice Hockey – Soccer – Track & Field



Ice Hockey

- ◆ Varsity Letters – 9, 10, 11, 12
- ◆ Elected Captain – 11, 12
- ◆ Named Team MVP – 11, 12
- ◆ Team Outstanding Offensive Player – 10, 11
- ◆ Team Most Dedicated Player – 10, 11, 12
- ◆ Team Rookie of the Year – 9
- ◆ NWSC All Conference – 9, 10, 11, 12
- ◆ All-State – 11, 12
- ◆ All Pioneer Press Team – 11, 12
- ◆ Academic All-State – 12
- ◆ Minneapolis Star Tribune 3rd Team All-Metro - 12
- ◆ Top 10 Finalist for Ms. Hockey – 12
- ◆ USA National 16 Camp Participant. Leading goal scorer in the camp selected to the All Star Game – 11
- ◆ USA National 17 Camp Participant. Selected to the All Star Game – 12
- ◆ Committed to play hockey next year at Princeton University.

Soccer

- ◆ Varsity Letters – 11, 12
- ◆ Elected Captain – 12
- ◆ Minnesota Soccer Coaches Association Academic Excellence Award
- ◆ 4th Place finish in the State Soccer Tournament

Track & Field

- ◆ Varsity Letters – 9, 10, 11
- ◆ Academic All State – 9, 10, 11
- ◆ Team Rookie of the Year – 9
- ◆ All Conference 4 x 400 Relay – 9
- ◆ All Conference 4 x 200 Relay – 10
- ◆ Honorable Mention All Conference 4 x 200 Relay – 9
- ◆ Honorable Mention All Conference 4 x 400 Relay – 10
- ◆ Honorable mention All Conference 400 Meters – 11
- ◆ Honorable Mention all Conference 4 x 400 Relay – 11
- ◆ All State - State Meet 4 x 200 Relay – 3rd Place – 10
- ◆ True Team State Participant - 11

Athena Award Winner

**Blaine Girls Hockey
Ice Hockey -**

