

Rocket Hockey

John Marshall / Lourdes



Girls High School Hockey

2008 - 2009 Season

2008-2009 John Marshall / Lourdes

ROCKET HOCKEY



Conference 5-12-0 Overall 7-20-0



Wednesday, November 12, 2008

HIGH SCHOOL GIRLS HOCKEY / SEASON PREVIEW

Going from ballet to goalie

John Marshall/Lourdes glad Bonapace-Potvin made the switch

By Ben Pherson
bpherson@postbulletin.com

Over time, Michelle Bonapace-Potvin's French-Canadian accent has faded.

She's now lived in Minnesota for most of her life, having moved to Fairmont when she was just 6.

But Rochester John Marshall/Lourdes girls hockey coach Steve Russell says he still sees plenty of French-Canadian in Bonapace-Potvin.

"I think it's that French-Canadian in her that brings out the goaltending," Russell said.

Bonapace-Potvin didn't start playing hockey until she was a seventh-grader in Fairmont, but from Day 1, she was a goalie.

"My brother has been playing hockey his whole life," she said. "I guess his goalie at the time was really bad, and I thought I could do a better job. At that point I was a dancer and doing ballet and stuff, then all of a sudden I'm putting on hockey pads."

About a year after she started playing hockey, Bonapace-Potvin's family moved to Rochester and she enrolled at Lourdes High School.

That move has been a blessing for Russell.

Over the last two years, Bonapace-Potvin has been one of the best goalies in the state, earning Associated Press All-State honorable mention as a freshman and sophomore.

Despite playing on a team with a less-than-flattering record, Bonapace-Potvin has kept her save percentage above .820.

What makes her so good? Russell



Michele Jokinen, mjokinen@postbulletin.com

John Marshall/Lourdes goalie Michelle Bonapace-Potvin received all-state honorable mention honors last year as a junior.

says it's about fundamentals. "She's very fundamental; that's what other coaches have noticed," Russell said. "She skates with the boys team in the summer, and those coaches have said she's the most fundamentally sound goaltender in the city."

"But she'll also make that huge save, where the other team has an easy back-door goal, then the next

thing you see are these huge pads flying across butterfly style and she just stones them."

While being fundamentally sound is important, Bonapace-Potvin says it's even more imperative for a goalie to be mentally sharp.

"Being a goalie is a lot different than being a regular player. It's 90 percent in your head. If you think

you'll stop the puck, you'll stop it. That's just the way it is," she said.

Bonapace-Potvin has done a great deal to prepare for the upcoming season, which begins for John Marshall/Lourdes on Tuesday at home against South St. Paul. The standout netminder attended several off-season camps and tryouts and now considers hockey a year-long activity.

That extra offseason work didn't surprise Russell. He said Bonapace-Potvin works hard, regardless of the activity.

"She strives to be the best, whether it's getting good grades in school, singing in the choir, playing a musical instrument or playing sports," Russell said.

Last summer, Bonapace-Potvin nearly made the under-17 team that was chosen to represent Minnesota at the U.S. National Development Program showcase in Lake Placid, N.Y. Bonapace-Potvin was with the team until the final cut, when just 52 players remained.

The opportunity to try out for the U-17 team almost didn't happen, because until last year, Bonapace-Potvin was not a U.S. citizen.

"They wanted me to try out, but I couldn't because I was Canadian," said Bonapace-Potvin, who was born in a small town in northern Canada. "So I was like, 'Mom, I have to become an American so I can do it next year.'"

So the Bonapace-Potvin family went through the process of becoming U.S. citizens. "My parents had to become Americans, and then we just had to file for me to become a citizen and it was just a lot of paper work," she said. "It was a big deal when I finally became a citizen, and trying out for that team was a great experience for me."

Now entering her junior season, Bonapace-Potvin is receiving attention from college coaches. College hockey is something she definitely sees in her future.

"I love hockey, it's what makes me happy, so I absolutely want to keep playing in college," she said. "I don't care whether it's Division I or whatever, I'm looking forward to playing at whatever level I can play."

Page C4: Season previews

HIGH SCHOOLS / RECOGNITION



HALL OF FAME

- **Induction:** Dec. 7.
- **Time:** 5 p.m., reception and silent auction; 6 p.m., dinner.
- **Where:** International Event Center.
- **Tickets:** \$25, at the scrap and athletic offices at Lourdes or by calling the Lourdes Foundation (283-2584).
- **Inductees:** Gene Macken (fall), Tom Wente (winter), Pat Clark (spring), Tom Murphy (coach).

Lourdes Hall of Fame adds four new members

Macken, Wente, Clark, Murphy will be inducted

By Paul Christian
pchristian@postbulletin.com

The second class of the Lourdes High School Sports Hall of Fame has been announced, and includes former football and basketball players, a track athlete and longtime boys golf coach.

The new class will be inducted Dec. 7 at the International Event Center.

New hall members include Gene Macken (football), Tom Wente (basketball), Pat Clark (track and field) and Tom Murphy (golf).

The Lourdes Foundation launched the hall of fame last year. An athlete was chosen from each of the high school sports seasons — fall, winter and spring — along with a coach.

Last year's inductees included Gerald "Buck" Miller (fall), Lori Lawler Still (winter), Kathy Reichert (spring) and Joe Mayer (coach).

• Macken, a lineman, graduated in 1967. He played football for four years and was all-conference his senior year and played a key role in the Minnesota Catholic League state championship teams of 1966 and 1967.

He also wrestled two years, was co-captain his senior year and took second at state, finishing with a 19-1 record.

Macken played on scholarship for three years at the University of South Dakota (Division II). He was honorable mention all-America as a junior and co-captain, all-conference and conference MVP offensive lineman as a senior.

Macken was also named to two different all-America teams and was drafted in the ninth round by the St. Louis Cardinals.

He was named to the South Dakota Hall of Fame in 1991 and is currently a special education learning disabilities teacher in Glendale, Wis.

• Wente was a four-year starter at center, leading the Eagles to the Minnesota Catholic School League state championship in 1973 and runner-up in 1974. He is the second-leading scorer in school history.

He received a scholarship to Division I Colorado State and remains as the only Lourdes boys basketball player to ever receive one. Wente transferred to Regis University (Division II) for his final three years.

Wente, an accountant in Rochester, works as a volunteer at Hiawatha Valley Homes. He has four children, all in the Rochester Catholic School system.

• Clark was the Minnesota Catholic School League state champion in the 100 and 220 in 1956 and 1957 and the long

jump in 1957. Lourdes won state championships from 1955-57.

He also earned all-state football honors in 1956 and was a Catholic all-America in 1957.

Clark, retired, who lives in Klamath Falls, Ore., received a Division I football scholarship to Northwestern University and was elected to the Rochester Quarterbacks Hall of Fame in 2007.

• Murphy, a 1969 graduate, retired as golf coach two years ago. He started coaching in 1978 and his teams won 19 Hiawatha Valley League championships, 17 district titles and six Minnesota State High School League championships (1995, 2000, 2001, 2002, 2003 and 2005).

Murphy, a Rochester businessman, is a member of the Minnesota State Golf Coaches Hall of Fame and was inducted into the Rochester Quarterbacks Hall of Fame last spring.

McLeod West has played its last football game



PRESSBOX VIEW • CRAIG SWALBOSKI
swalbo@postbulletin.com

McLeod West's football dream came crashing down on Oct. 25 with a section semifinal playoff loss.

Eleven days later, the McLeod West district's slim chances of survival beyond the current school year died quietly as a levy referendum failed — not unexpectedly — by a vote of 949 to 772.

The levy would have kept alive a chance to work out a deal in which the McLeod West district might have saved its elementary school.

The high school's fate, though, was clear long before the football team started play this autumn, when part of the 86-year-old building was declared structurally unsound this summer and had to be shut down.

High school students have been bused to neighboring Gibbon-Fairfax-Winthrop for four hours of classes each day.

"We all know this is the last time we're going to wear these uniforms," starting full-back Zak Neubarth, a junior, told Rick Reilly. "Right now, football is about the only thing keeping this school going."

Yes, I said Rick Reilly. The team's difficult and unusual situation got the attention of the former Sports Illustrated columnist in a piece he did for espn.com and ESPN The Magazine. CBS Evening News picked up on the story, too.

And what a story!

As the facilities crumbled, enrollment dropped by half. The football program, which last year had 35 players, was down to 19. And they play 11-man football.

Coach Bill Neubarth, Zak's dad, had to put coaches and former players on the field in

order to scrimmage.

Yet the Falcons had an amazing season, knocking off then No. 2-ranked Wabasso the second week of the season and ending the season 6-2, losing only to powerful New Ulm Cathedral and another 6-2 team, Cedar Mountain/Confrey. (Cedar Mountain used a no-huddle offense, wearing out McLeod West and winning 18-14.)

Then in the second round of the Section Two, Class A playoffs, the No. 4-seeded Falcons drew top seed New Ulm Cathedral, the No. 1-ranked team in the state in Class A and a program with 62 players out for football.

Cathedral won 30-14, and

McLeod West's uniforms were put away forever.

Goodhue was its nemesis
This is a program that has been strong.

In 2005, it lost in the first round of the Section 4A playoffs to Goodhue, which went on to reach the Prep Bowl.

The following year it was 8-1 in the regular season, but was thumped 32-14 by Goodhue in the section semifinals as the Wildcats went to state for what would be the fourth of five straight years.

So the towns of Stewart and Brownston, which had their separate high schools before 1925's consolidation, now face the sad chore of bargaining with a nearby district for further consolidation. That process might fail, since it would require approval from voters who have long been divided over issues.

If so, the county will need to draw some lines and send McLeod West's students to as many as four different districts. Recent Minnesota history has seen dozens of consolidations of small school districts; there are currently 340 districts, 95 fewer than in 1985. But there have been only two dissolutions: Verdi in 1980 and Mentor in 2000.

Craig Swalboski is sports editor for the Post-Bulletin. He can be contacted at swalbo@postbulletin.com.

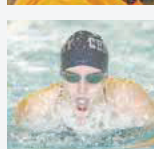
Up next in... Sports



Thursday

The opener

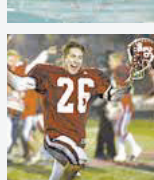
The hunting was slow but the friendships made while waiting for the deer made up for it.



Friday

Swim and dive

We'll cover the preliminaries of the Section One, Class AA meet at the Rec Center.



Saturday

Day at the Dome

Houston and Caledonia play state football semifinals on Friday and we'll be there.

YOUTH SPORTS / WRESTLING

Out with the old, in with the new

The three public schools have established separate programs

By Ben Pherson

bpherson@postbulletin.com

So far, so good.

The Rochester Youth Wrestling Association disbanded after last season, but the move already is paying off for city wrestling programs.

When RYWA disbanded, it put the onus on the three Rochester public schools to create their own wrestling associations.

Each school stepped up, and now Century, Mayo and John Marshall all have separate programs for wrestlers

YOUTH WRESTLING

What: The three Rochester public schools have split into three youth wrestling programs.

Who: Children in grades K-6 may participate in the youth program.

When: Registration is still open for Mayo, Century and John Marshall, there is no sign-up deadline.

How much: Cost for wrestlers at Century is \$35, JM is \$45 and Mayo is \$75 (Mayo fee includes membership in USA Wrestling). All three programs have an option that allows interested wrestlers to sign up at a discounted rate through January. If they like it and want to stick with the program, they would pay the full rate.

How to sign up: All three schools have set up Web sites, and registration information is available there. Century — www.pantherswrestling.com; John Marshall — rocketwrestling.org; Mayo — mayowrestling.org.

in kindergarten through sixth grade. It's a move that has been in the works for years, and it's something coaches feel will only help promote wrestling in Rochester.

"I definitely think this is going to be a positive," John Marshall coach Brian Parlin said. "We're kind of trying to break it down into the small-school model, and the model some of the successful teams in the Big Nine Conference have used."

The new model splits youth wrestlers into groups according to which high school they likely will attend.

"We've kind of moved in this direction over a two- or three-year period," Century coach Steve Larsen said. "We tried to have just one wrestling club last year, but even a few years ago, coaches started discussing having their own clubs."

When Larsen first joined the Century program, there were two youth wrestling associations in Rochester — RYWA and The Matmen. This caused logistical problems.

"You wanted to be involved, but you couldn't be in two places at once. And you didn't know which kids were living in (the Century school boundaries) or not," Larsen said.

All three city coaches are hoping the move will lead to higher participation numbers, and eventually, more competitive varsity programs in Rochester.

While the switch to individual youth programs puts more organizational responsibility on the head coaches and their assistants, coaches say it's worth it.

"It's in our hands now," Parlin said. "Now everything is solely set up by us. We went out and created our own nonprofit, got our own board members, we've done our own recruiting. It's up to us to put in the hard work, and if we don't, it will be on our shoulders."

Century has reaped the most immediate rewards from the switch, Larsen



Post-Bulletin file photo

The Rochester Youth Wrestling Association disbanded last year and subsequently the three Rochester public schools have created their own associations.

said numbers in the youth program already have doubled, and registration is still open, meaning the number of youth wrestlers could grow between now and the first practice Dec. 2.

"Last year, we had 13 kids in grades K-2, and 13 more in grades 3-6. Now we have 26 kids in each of those groups," Larsen said.

Century and John Marshall open youth practice Dec. 2, with Mayo starting a day earlier. All three programs are hoping to keep fees low. At Century, it's \$35 to participate in the youth program, and it's \$45 at JM. The

fee at Mayo is \$75, though that includes a USA Wrestling membership. Registration for all three schools will remain open throughout the season.

When RYWA ended, it divided up its remaining funds between the three schools, and the Southeastern Minnesota Wrestling Coalition also has chipped in money to get the programs off the ground. So far the money has been used for things like insurance, building rental and helping to keep fees low.

"We have a nice start. Our goal as a whole is to make Rochester wrestling

better," Parlin said.

Assistant coach Art Trimble is president of the wrestling association at Mayo. Trimble said it will take a few years for Rochester varsity programs to see the benefits, but he believes the switch will pay off in the long run.

"It allows us to really work on the family aspect of wrestling," Trimble said. "It creates a sense of a wrestling family on our side of town, and everyone gets to work together the whole way through, and hopefully pick up some friends along the way."

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER ROUNDUP



Scott Jacobson, sjacobson@postbulletin.com

JM/Lourdes' Sarah Armstrong takes a high stick from South St. Paul's Anna Erickson while they battle for a loose puck in Tuesday's game at the Rochester Recreation Center.

Century cracks the win column

Panthers win a game for the first time in nearly two years

Post-Bulletin staff

WASECA — It's a feeling the Rochester Century girls hockey team has waited a long time for.

Eighth-grader Rebecca Lorusung capped a memorable night for her and her team by scoring the winning goal with 4:22 remaining in the third period to lift Century to a 4-3 non-conference victory over Waseca on Tuesday.

Lorusung not only scored her first varsity goal, she collected two more to record a hat trick and help Century even its record at 1-1-0, a big lift after going winless last season.



Lorusung



Mills

Allie Schulte put the Panthers on the board first. Lorusung scored twice on power plays in the second period before netting the game-winner in the third.

Senior Lindsey Mills and junior Dana Olofson each had two assists.

Senior goalie Liz Maidl made 26 saves, including two big ones in the final minute, as Waseca outshot the Panthers 28-12.

"There were some tears ... the whole gamut of emotions," Century coach Dan Maidl said of the Panthers' first victory in nearly two years. "It was a fun, exciting game. All of the girls worked really hard tonight."

Century plays at Dodge County at 7 p.m. on Saturday.

JM/Lourdes falls

South St. Paul defeated John Marshall/Lourdes 5-1 in the non-conference season opener Tuesday night at the Rochester Recreation Center.

The Packers came to Rochester having won their first two games by a combined score of 16-2.

Page C3: Game story

Rauen has been there, through thick and thin



PRESSBOX VIEW • PAUL CHRISTIAN
pchristian@postbulletin.com

Ed Rauen was on hand for the final University of Minnesota home game at Memorial Stadium on Nov. 21, 1981. Wisconsin won that one, 26-21, leaving the Gophers with a 6-5 record.

"What I remember most about that game," he said, "was that it snowed something like 14 inches the night before, and they never bothered to shovel off the benches or stands. I can't imagine why they didn't, probably because it was the last game."



Rauen

Rauen will be on hand again Saturday night when the Gophers host Iowa in the annual battle for Floyd of Rosedale. Most important, it's also the final Gopher game at the Metrodome. "I won't tear up or anything like that; I'm not that sentimental," said Rauen, who, at most, has missed only a handful of Minnesota home games over the past

35 years. Quite a streak, and how many can say that?

It all started in high school. "They used to invite all the high school football teams in the state," he said, "and put us on the open end of the stadium by Cooke Hall. In November, when the wind would blow, it would get really, really cold."

"Back then, the tickets cost a buck." Rauen also worked as color analyst with the late Bernie Lusk on KROC-AM for 14 years.

"Memorial Stadium had no elevators," he said. "It was 57 steps up to the main press box, and on top of that was a wooden press box for all the radio broadcasters. So you had to climb up another 8 or 9 feet on a ladder to get into it."

"They had no bathrooms up there, either. I made sure not to drink anything before those games."

Rauen also worked Gophers games on radio for the first two seasons at the Metrodome.

"Of course, there are so many memories," he said, "but a couple of games stick out. It was the last year we did local radio (1983), and Nebraska came in and beat us 84-13. Our job was to try and keep things as positive as you can, but how in the world do you do that when you're losing by over 60 points?"

Rauen is no fan of Iowa, either. "I still can't forget the Iowa fans (in 2002) when they won (45-21), and stormed the field and tore down the goal post. But they couldn't get one of

those big arms out of the stadium. It was too big."

Sadly, it's the losses that stick out the most. Like the Michigan game in 2003, when the Gophers blew a big lead and lost 38-35. That was on a Friday night.

Or against Wisconsin in 2005, when the Badgers won on a last-second blocked punt.

Or Purdue in 2001, losing 35-28 in overtime.

Or, well, let's stop here.

"I still maintain that the Metrodome is a good place to play," said Rauen, but admits that he's probably in the minority on that one.

Most would probably say good riddance.

"Back when Lou Holtz came on board, you couldn't believe all the excitement. They said, what a great recruiting tool, and I believed that," Rauen said.

"But about 10 years ago, people kept saying the Metrodome was a terrible place to play, and they kept hammering it away, and pretty soon you had the whole state believing it was bad."

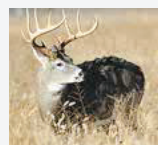
Rauen will undoubtedly be on hand Sept. 12, 2009, when the Gophers host Air Force in the first game at the new TCF Bank Stadium.

"I had a chance about three weeks ago to tour it (new stadium)," he said, "and it's really something."

First things first, however, and that's the home finale. "Beating Iowa and winning back the 'pig' on Saturday would be great," he said. "I can't think of a better way to close up the Dome than that."

Paul Christian is a Post-Bulletin sports writer. He can be reached at pchristian@postbulletin.com.

Up next in... Sports



Thursday

Good choice?

John Weiss bypassed shooting one buck in hopes a bigger one would come along.



Friday

Bowl season

We'll preview RCTC's appearance in Saturday's first Star of the North Bowl.



Saturday

State girls prelims

Rochester has a number of entries in the state swimming and diving meet, which we'll cover.

Local Sports

TENNIS / COLLEGE

LHS's Palen officially goes with Gophers

Post-Bulletin staff

Rochester Lourdes' Alexa Palen made it official last week, signing a national letter of intent on Nov. 12 to play women's tennis at the University of Minnesota.

Palen is the two-time defending state Class A champion. The senior is also ranked 58th in the country for her age group.

"We are extremely excited that Alexa chose to attend Minnesota," Gophers coach Tyler Thomson said. "She is an excellent athlete with a very versatile game, and she will strengthen our team immediately. We're very eager for her career as a Gopher to begin."

Palen will become the fourth member of her family to play college tennis. Alyssa is a current player at Iowa State; Jill is a former player there; and Lindsey played at Division III Gustavus Adolphus, where she won a national doubles title.

The Gophers finished 15-11 last spring.

FOOTBALL

COLLEGE

NCAA NATIONAL POLL
Through Nov. 18

	Record	Pts	Pre
1. Snow (Ithaca) (7) . . .	110	140	2
2. Butler CC/Kansas . . .	104	133	3
3. Georgia Military Coll. . .	94	122	4
4. Harper (Ill.) . . .	101	117	5
5. Blinn (Texas) . . .	92	114	16
6. Navarro (Texas) . . .	104	107	1
7. Miss. Gulf Coast CC . . .	82	99	10
8. Phoenix (Ariz.) . . .	73	88	8
9. Glendale CC (Ariz.) . . .	82	81	9
10. Dean (Mass.) . . .	100	79	10
11. East Mississippi CC . . .	82	71	11
12. Pearl River CC (Miss.) . . .	83	64	13
13. Jones City (C. Miss.) . . .	72	51	13
14. Fort Scott CC (Kan.) . . .	82	44	12
15. Eastern Arizona . . .	83	42	16
16. Iowa Central CC . . .	73	31	17
17. Hutchinson CC (Kan.) . . .	74	26	15
18. Elsworth CC (Iowa) . . .	73	23	18
19. Vermilion CC (Iowa) . . .	83	20	18
20. RCTC . . .	72	13	18

HIGH SCHOOL

ALL-SOUTHEAST CONFERENCE

Head coach: Andy Sires, sr. Kevin Lindh, sr. Pete Kidahl, sr. Brett Benson, sr. Zach Stackhouse, sr. Trent Kertgen, sr. **Glennville-Emmons:** Garrett Schumaker, sr. **Grand Meadows:** Michael Gehring, jr. **Andrew Hardecoff:** jr. **Quentin Stejskal:** sr. **Lanesboro:** Colin Bakke, sr. **Pilon Draper:** jr. **Shane Austin:** sr. **Le Roy Ostrander:** Jacob Hamlin, sr. **Lyle/Dillon:** Nate Williamson, sr. Justin Hutchinson, sr. **Mabel-Canton:** Sam Storlie, sr. Sean Stewart, sr. Joe Smith, jr. Dalton Steen, so.

Linebacker of the year: Pete Kidahl, sr. **Houston, Defensive player of the year:** Sam Storlie, sr. **Mabel-Canton, Offensive player of the year:** Kevin Lindh, sr. **Houston, Coach of the year:** Jason Fried, Houston.

TUESDAY RESULTS

GIRLS HOCKEY

NON-CONFERENCE

Farmington 5, Dodge County 1.
Farmington . . . 3 2 0 — 5
Dodge County . . . 0 1 0 — 1
Farmington: Rachel Peroutky 2 goals; Brittney Braatz 22 saves.
Dodge County: Hillary Stevens 1 goal; Emily Mundy 1 assist; Emily Gunderson 1 assist; Anna Hunter 22 saves.
Notes: Hunter, an eighth-grader, made her first varsity start in goal for Dodge County. . . The Wildcats play at South St. Paul on Friday, then play host to Rochester Century on Saturday at 7 p.m.

LOCAL CALENDAR

TODAY

Men's College Basketball
North Iowa Area Community College at RCTC, 8 p.m.
Women's College Basketball
North Iowa Area Community College at RCTC, 6 p.m.

THURSDAY

High School Girls Hockey
John Marshall/Lourdes at Farmington, 7:15 p.m.
High School Girls Swimming/Diving
Mayo, John Marshall, Century at Class AA State Meet, diving preliminaries at University of Minnesota Aquatic Center.

FRIDAY

High School Girls Swimming/Diving
Mayo, John Marshall, Century at Class AA State Meet, diving preliminaries at University of Minnesota Aquatic Center, 6 p.m.

Read Guy Limbeck's Local Sports Notebook every Tuesday and Saturday in the Post-Bulletin sports section.

HIGH SCHOOL HOCKEY / GIRLS

Tradition-thick foe tops JM/Lourdes

By Ben Pherson

bpherson@postbulletin.com

The end result wasn't what Rochester John Marshall/Lourdes girls hockey coach Steve Russell envisioned, but he was certainly pleased with the effort his team put forth during Tuesday's season-opener against South St. Paul at Rochester Recreation Center.

The Packers outplayed JMLourdes in the first period, but Russell said he felt his team skated with the Packers over the final two frames, even on a night when Michelle Bonapace-Potvin didn't have her best shot.

Still, the Rockets were unable to generate enough quality scoring chances to seriously threaten the Packers and lost a 5-1 non-conference loss.

The Packers came to Rochester having won their first two games by a combined score of 16-2, while the Rockets were skating together in a live game for the first time.

"It's always tough to play a program like South St. Paul, which has a lot of tradition," Russell said. "And it's even tougher when they've got a couple games under their belts. But this was a good chance for us to get our feet wet against a good non-conference opponent."

Russell has two eighth-graders and four freshmen on his roster this season. With only 18 players dressed for Tuesday's game, all six of the freshmen and eighth-graders were forced to contribute immediately.

"I think our two eighth-graders (Kelly Bier and Sydney Dison) were really impressive in their first varsity game,"



Russell said. "All of the younger players stepped in and did a nice job adjusting to varsity hockey."

One of those players was Brennan Englund, a freshman forward.

The Rockets trailed 2-0 after the first period, but they came out flying in the second. And Englund played a major role in the offensive push, scoring her first varsity goal at the 4:13 mark of the second period.

"I was able to skate in deep and get into the center slot, and (Katie Armstrong) made a nice pass to get it to me," Englund said. "And I beat the goalie on the far left side (under her stick)."

Englund said all of the new players did a good job of adjusting to varsity hockey.

"I thought all the young girls just stepped up and we're fitting in," Englund said. "The pace of the game was really

fast, everyone is faster. But we adjusted to it."

Englund's tally made it 2-1, and the Rockets generated two more good scoring chances over the next five minutes.

It remained a one-goal game until South St. Paul scored with one minute left in the second. The Packers added a goal early in the third to put the game out of reach, and another tally at the 10:20 mark of the third.

Sam LaShomb was outstanding for the Packers, scoring three goals and adding an assist.

Bonapace-Potvin was solid in net, stopping 36 shots on goal. The Packers outshot the Rockets 41-11, including 15-2 in the first period.

"We were strong in the second period and pretty good in the third, but we were still giving up too many shots from the point," Russell said. "But

JM/Lourdes goaltender Michelle Bonapace-Potvin makes a big save as two South St. Paul forwards get around the defense Tuesday at the Recreation Center.

Scott Jacobson, sjacobson@postbulletin.com

overall, for a first game, it wasn't too bad. We played pretty good, especially considering how many girls were skating with the varsity team for the first time."

John Marshall/Lourdes is back in action Thursday at Farmington.

South St. Paul 5, JM/Lourdes 1

Scoring: South St. Paul . . . 2 1 2 — 5
JM/Lourdes . . . 0 1 1 — 1
First period — 1. South St. Paul, All Chulia (Sam LaShomb, Emily Rebert), 1:03; 2. South St. Paul, LaShomb (Rebert), 15:30.

Second period — 3. John Marshall/Lourdes, Brennan Englund (Katie Armstrong), 4:13; 4. South St. Paul, LaShomb (Chulia, Rebert), 15:54.

Third period — 5. South St. Paul, LaShomb (Riley West), 2:53; 6. South St. Paul, Abbie Wisneski (Katherine Brisson), 10:20.

TEAM STATISTICS
Shots on goal — South St. Paul 41-15-8-41; John Marshall/Lourdes 11-3-6-11.
Penalties — South St. Paul 0 for 0 minutes; John Marshall/Lourdes 1 for 0 minutes.
Saves — South St. Paul, Sam LaShomb 10 saves on 11 shots; John Marshall/Lourdes, Michelle Bonapace-Potvin 36 saves on 41 shots. **Power-play chances** — South St. Paul 0-for-1; John Marshall/Lourdes 0-for-0.

HOCKEY / COLLEGE

Kangas honored by WCHA

Post-Bulletin staff

The awards keep piling up for Rochester Century graduate Alex Kangas.

The University of Minnesota sophomore goalie was named the WCHA's Defensive Player of the Week on Tuesday for the second time this season. He shared the honor with St. Cloud State goalie Jase Weslosky, who led Denver University to three goals in a weekend sweep.

Kangas backstopped the No. 1-ranked Gophers (6-0-4) to a three-point weekend against Michigan Tech this past weekend. The Gophers and the Huskies tied 2-2 on Saturday afternoon, then Kangas notched his first college shutout on Sunday when the Gophers won 3-0 at Mariucci Arena.

Kangas stopped 38 shots in his shutout victory on Sunday. He stopped 2-2 on Saturday in Saturday's tie. He had a 0.96 goals-against average and a .989 save percentage for the two-game series.

Kangas earned his first shutout in his first college start. He has allowed one goal in a game 11 times.

Kangas, who has started every game for the Gophers this season, has a 1.84 GAA and a .936 save percentage this season.



Kangas

RCTC WRESTLING SEASON PREVIEW

Head coach: Randy Rager (4th year).

Assistant coaches: Klaus Alberts, Eric Hassan.

Last season: The Yellowjackets finished third in the Division III National Tournament that was held in Rochester.

Season outlook: The Yellowjackets have three strong returning wrestlers and a freshman class which is loaded with high school state qualifiers and champions. RCTC looks to make another strong showing on the national level. Ethan Hackbart (174 pounds) was an NJCAA All-American a year ago while Luke Eylon (165) just missed earning All-American honors. Dan Copp (157) was a national qualifier a year ago, but will be pushed by RCTC teammates in his weight class this season. Among the incoming freshmen, Lee Burg (133) was a two-time state champion while Parker Brand (197) and Tyler Lind-

hart (heavyweight) won state titles as seniors. Devin Clark (184) was a state champion in his senior year in North Dakota. Brand also placed third at the Senior Nationals in 2008 and won the Pin Award with four falls.

Coach's quote: "As long as they keep working hard, and remain healthy, they can accomplish whatever they want as a team," coach Randy Rager said. "The biggest thing with this group is keeping them together, and making sure that they are having fun while working hard."

ROSTER

Returning sophomores: Ethan Hackbart (184, 174); Luke Eylon (Hayfield, 165); Dan Copp (Lake City, 157).

Freshmen: Luke Schlee (Grand Meadows, 125); Dan Anderson (Rushford, 125); Lee Burg (Caledonia, 133); Jade Mehling (Mantorville, 133); Joe Selly (Le Center, 141);

Jake Zeiler (Sibley East, 149); Jake Orth (Byron, 157); Mike Giglio (Woodbury, 157); Zach Gehrmann (Cottage Grove, 157); Devin Clark (Sioux Falls, S.D., 184); Parker Brand (Rushford, 197); Tyler Lindhart (Zumbrota, heavyweight).

SCHEDULE

Nov. 22 — at Augsburg Open, 9 a.m.
Nov. 25 — at St. Olaf JV, 7:30 p.m.
Dec. 6 — at NAJCC Regional Quad, 4:30 p.m.
Dec. 10 — Itasca, 6 p.m.
Dec. 13 — at St. Cloud State Open, 9 a.m.
Jan. 9 — Minnesota West, 7 p.m.
Jan. 15 — Iowa Central, 7 p.m.
Jan. 17 — at Minnesota West Open, 9 a.m.
Jan. 22 — Ridgewood, 7 p.m.
Jan. 27 — St. Olaf JV, 7 p.m.
Jan. 30-31 — at Maracme Duals (St. Louis), 7 p.m., 10 a.m.
Feb. 3 — at Iowa Lakes, 7 p.m.
Feb. 15 — at North Central District Regional (I.P. Dodge, Iowa), 10 a.m.
Feb. 27-28 — NJCAA National Tournament (Rochester), TBA

— Guy N. Limbeck

STATE FOOTBALL PLAYOFFS

SEMINALS

At the Metrodome
CLASS AAAA
Friday, Nov. 14
Blaine 2B, Cretin-Derham Hall 27, OT
Saturday, Nov. 15
Wayzata 3A, Rosemount 10
CLASS AAAA
Friday, Nov. 14
Northfield 31, Onono 14
Saturday, Nov. 15
Mankato West 3B, St. Michael-Albertville 14
CLASS AAA
Friday, Nov. 14
DeLaSalle 31, New London-Spicer 14

CLASS AAA
Friday, Nov. 14
Glencoe-Silver Lake 3A, Holy Family 0
CLASS AA
Friday, Nov. 14
Caledonia 44, Moose

Lake/Willow River 13

CLASS AAAA
Saturday, Nov. 29
Northfield (10-3) vs. Mankato West (12-1), 3 p.m.

CLASS AA
Saturday, Nov. 29
DeLaSalle (13-0) vs. Glencoe-Silver Lake (12-1), noon

CLASS AA
Friday, Nov. 28
Caledonia (12-1) vs. Luverne (12-1), 4 p.m.

CLASS A
Friday, Nov. 28
Kerkhoven-Murdock-Sunburg (11-2), 1 p.m.

NINE-MAN
Friday, Nov. 28
Houston (15-0) vs. Clinton-Gracerville-Beardsley (13-0), 10 a.m.



Roll Forward With Quality!

Passenger

ON SALE as low as

78.95 each

185/70R14T 78.95
185/65R14T 81.95
205/70R15T 86.95
215/70R15T 92.95
215/65R15T 94.95
215/65R16T 102.95

Additional Sizes Available. See Store For Details.

LT/SUV

as low as

104.95 each

225/75R15 104.95
235/75R15XL 109.95
31X10.50R15LC 143.95
265/70R17 159.95
LT245/75R16C 159.95
LT265/75R16C 165.95

Additional Sizes Available. See Store For Details.

Discoverer ATR

Receive \$50 back by mail when you purchase any four qualifying Cooper tires. See Service Desk for details.

Auto Service Special

4 Tire Diagnostic Vibration Analysis

Special \$39.96

Vibration Control Featuring State-Of-The-Art Computer Balancing. Appointments available. Not available at West Bend.

*Does your steering wheel vibrate?
*Does your whole vehicle shake at certain speeds?
*Have you balanced your tires and not solved the problem?
Maybe no one has been able to find the problem. No one, that is, until now!

2008 Mills Fleet Farm

GET THE LOWEST OVERALL PRICES - EVERYDAY!

MILLS FLEET FARM

Rochester • 4891 Maine Avenue SE

Store Hours: Mon.-Fri. 8am-9pm • Sat. 8am-6pm • Sun. 8am-6pm
Auto Center Hours: Mon.-Fri. 8am-9pm • Sat. 8am-6pm • Sun. 8am-6pm

Auto Racing

SPRINT CUP / SEASON WRAPUP

NASCAR ends on down note

Despite Johnson's history-making achievement

By Jenna Fryer

AP Auto Racing Writer

CHARLOTTE, N.C. — Kyle Busch and Carl Edwards opened the 2008 season intent on knocking Jimmie Johnson from the top of NASCAR.

They chased him all year, but never quite caught him.

Despite a combined 17 Sprint Cup Series victories, the challengers came up short in the end when Johnson won his record-tying third consecutive championship. He never bothered to contemplate what tying Cale Yarborough's 30-year-old mark would mean, but in the whirlwind media blitz since Sunday's season finale, little things have happened to help Johnson appreciate his accomplishment.

Encounters with Mike Ditka and Cris Carter at the ESPN Studios this week humbled Johnson, as both NFL greats took time to praise his effort.

"When people like that notice what we have done and compare us to other teams in sports history, that's special," Johnson said. "I'm so proud to be a part of this and so happy for the team and myself."

It's a celebratory conclusion to another long season, one that started with the usual hope and anticipation only to end shrouded in the uneasiness of the economic crisis.

The season ended just days ago, but NASCAR teams are in the midst of mass layoffs because the crisis has forced car owners to tighten their belts. The staff reductions have crested toward the top teams and crippled the smaller organizations.

Bill Davis Racing is down to just a handful of employees as it seeks 2009 sponsorship, and Michael Waltrip Racing joined Petty Enterprises and The Wood Brothers as organizations that have let go from 18 to 30 employees in the past few days.

And Hendrick Motorsports, Joe Gibbs Racing and Roush Fenway Racing have not been immune: All three NASCAR super teams have reduced their staffs to trim their hefty budgets.

"Obviously, it's very difficult ... on our whole industry," said NASCAR chairman Brian France. "But we will come out of this. We will do our part with the rest of the sports and entertainment (business) to weather the storm. We've been here before and it's never fun. It's never easy. But we will get through it."

It won't be easy. Sponsorships are hard to come by, at-track attendance is down and the Big Three automakers are in dire trouble. NASCAR will do what it can to help — and so far has suspended all 2008 testing — but is not considering curbing the schedule, races, or three-day race weekends.

Despite the depressing end to the season, there were plenty of highlights.

The emergence of new stars Busch and Edwards. Both drivers came storming out of the gate and never looked back, as Busch won 21 races across NASCAR's top three series, and Edwards won three of the final four Cup races as part of his series-best nine victories.

But what initially looked to be a three-man battle for the title never materialized. Mechanical failures at the start of the Chase relegated Busch to a 10th-place finish, and Edwards struggled in two races to fall so far beyond Johnson that his frantic final push hardly helped. He finished second in both the Cup and Nationwide standings — despite sweeping the season finales in both series.

Toyota rebounded from its dismal first season in NASCAR, largely behind the addition of Joe Gibbs Racing. Busch, Tony Stewart and Denny Hamlin combined to give the manufacturer 10 Cup wins, and JGR won the owner's championship in the Nationwide Series.

There was also improvement at Red Bull Racing and Michael Waltrip Racing, where David Reutimann won the pole for the finale. And Toyota was still successful even after NASCAR throttled the manufacturer's edge over the competition through a late-summer change to engine specifications.

With Chrysler, Ford and General Motors struggling financially, Toyota showed it could become unbeatable before long. Stewart, after two championships and 33 victories, decided to leave JGR following



Associated Press

A sight seen six times during the 2008 NASCAR Sprint Cup series: Jimmie Johnson crossing the finish line first, here on Sept. 28 at Kansas City. Johnson won the Sprint Cup championship for the third year in a row after finishing second the two seasons before that.

a successful 10-year run. After contemplating a contract extension for several months, he explored the market and found other compelling offers.

He took the one that handed him 50 percent ownership in HaasCNC Racing, and the Haas part is one of the few things that will remain the same next season. Stewart Haas Racing has new drivers in Stewart and Ryan Newman, new sponsors and new personnel. The move also returns Stewart to Chevrolet, which has been a longtime supporter of his racing programs.

The owner-driver role might be one Stewart is slow to adapt to, especially the struggles on the track next year. But he's eagerly anticipating the new venture, and it took some of the

sting off of his final disappointing days at JGR.

Not every open-wheel driver is as good as Juan Pablo Montoya, which was proven this year when a handful trying to make the switch to NASCAR flamed out.

Jacques Villeneuve didn't qualify for the season-opening Daytona 500, and the former Formula One champion hasn't been seen since. Dario Franchitti was back in IndyCars by the end of the summer when Chip Ganassi folded that slumping team because of a lack of sponsorship.

Patrick Carpentier was let go from Gillett Evernham Motorsports before the end of the season, and Sam Hornish Jr. lost his bid for rookie of the year when he failed to qualify

for the season finale at Homestead. Meanwhile, Scott Speed hasn't exactly lit the world on fire in his handful of starts for Red Bull Racing.

Getting a victory became more difficult, as former series champions Jeff Gordon and Matt Kenseth both went winless on the season. Gordon had not been shut out since his 1988 rookie year, and Kenseth last went winless in 2001 and finished 11th in the standings.

It took Stewart until the 30th race of the year to make his only trip to Victory Lane, and there were no first-time winners this season.

Twelve drivers shared the 36 race wins, and Kasey Kahne, Kurt Busch and Ryan Newman were the only non-Chase participants to win this year.

Sports

HIGH SCHOOL HOCKEY / GIRLS

Goalie makes 47 saves, but JM/Lourdes loses

Post-Bulletin staff

FARMINGTON — Three different players scored as Farmington toppled John Marshall/Lourdes 3-0 in non-conference girls hockey on Thursday.

The host Tigers held a commanding 50-10 shot advantage. Goaltender Michelle Bonapace-Potvin kept JM/L in the game with 47 saves.

"She was really on top of her game tonight," JM/L coach Steve Russell said.

Farmington led just 1-0 until midway through the third period. The Tigers then scored twice in a five-minute span to secure the victory.

John Marshall/Lourdes (0-2) will play Century on Tuesday at the Recreation Center.



Bonapace-Potvin

LOCAL CALENDAR

TODAY

High School Girls Swimming/Div.
Mayo, John Marshall, Century at Class AA State Meet, diving preliminaries at University of Minnesota Aquatic Center, 6 p.m.

SATURDAY

High School Girls Hockey
Century at Dodge County (Four Seasons Arena, Kasson), 7 p.m.

High School Girls Swimming/Div.

Mayo, John Marshall, Century at Class AA State Meet, diving preliminaries at University of Minnesota Aquatic Center, 6 p.m.

College Wrestling

RTC at Augsburg Open (Minneapolis), 9 a.m.

SUNDAY

(No local events scheduled).

HIGH SCHOOL FOOTBALL

PREP BOWL

At the Metrodome

FRIDAY, NOV. 28

NINE-MAN
Houston (13-0) vs. Clinton-Graceville-Beardsley (13-0), 10 a.m.

CLASS A

Royalton (12-1) vs. Karthoven-Murdoch-Surburg (11-2), 1 p.m.

CLASS AA

Northfield (10-3) vs. Luverne (12-1), 4 p.m.

CLASS AAAA

Blaine (11-1) vs. Wayzata (12-0), 7:30 p.m.

SATURDAY, NOV. 29

CLASS AAA
DeSable (13-0) vs. Glencoe-Silver Lake (12-1), noon

CLASS AAAA

Northfield (10-3) vs. Mankato West (12-1), 3 p.m.

The P-B's Ben Pherson and Jason Feldman write daily updates to their blog, "Faceoff." To find it, go to our Web site, www.postbulletin.com, click "Sports," then "Faceoff blog."

DELVE

into the holidays

The latest touch-screen phone

Samsung delve™

ONLY \$99.99

after \$100 mail-in rebate and 2-yr. Smart Choice Pack agreement.

- Customizable touch-screen display
- E-mail, Alltel Navigation, TV and video capable
- Full HTML browser

Get up to four LG camera phones **FREE**

after \$30 mail-in rebates & 2-yr. service agreement on each line

with the purchase of the new LG Rhythm™

come and get your love

alltel wireless

FREE GIFT WITH PURCHASE!

Get XM Radio Mobile and Alltel Navigation subscription-free for one month with the purchase of any new phone. Hurry in! Available for a limited time.

alltel.com 1-800-alltel-1

Alltel Retail Stores

• New Retail Store Now Open Sunday

Fairfield

1818 Grant St. N.W. | (507) 334-9728

Northfield

2014 Jefferson Rd. | (507) 645-4229

Owatonna

685 Bridge St. | (507) 444-9843

Red Wing

188 Tenth St. S. | (551) 389-4204

For Business & Government Accounts call 1-866-WLS-BIZZ or visit alltelbusiness.com

Rochester

• 322 Augusta Mall | (507) 251-7777

1100 N. Broadway | (507) 288-2600

• 2800 S. Broadway | (507) 288-8807

• 2100 Marketplace Dr. | (507) 529-7447

Winona

138 17th Ave. N.E. | (507) 835-2169

55 E Third St. | (507) 433-9599

Shop at a participating retailer:

Equipment & promotional offers at these locations may vary.

Cannon Falls

K.L. Comm. | (507) 263-6300

Grand Meadow

On-Site Computers | (507) 754-5548

Houston

Area Telephone Assn. | (507) 896-3192

Kasson

K.L. Comm. | (507) 634-6800

Lake City

The Cellular | (855) 345-9002

Red Wing

Red Wing Comm. | (800) 541-5586

Rochester

All Star Wireless Inc. | (507) 281-5447

Wireless Toys | (507) 269-5100

Spring Grove

Spring Grove Coop Telephone | (507) 498-3456

St. Charles

Audio Designs | (507) 832-6246

Winona

Audio Designs | (507) 452-1985

Zumbrota

S.J. Wireless | (507) 732-4122

Proud Sponsor of:

12

12

12

12

12

12

12

12

12

12

12

12

12

Local Sports

FOOTBALL / CLASS AA STATE CHAMPIONSHIP

Luverne hopes third time will be a charm

Caledonia's foe has lost in past two Prep Bowls

By John Milles
McClatchy news services

LUVERNE — The Luverne Cardinals aren't thinking about the 2007 Prep Bowl. And they aren't thinking about the 2006 Prep Bowl, either. The Cardinals are focusing on the now, which is Friday's Class AA championship game against Caledonia.

This is Luverne's third consecutive Prep Bowl berth, and the Cardinals are hoping it will be their first championship. They lost to Triton 20-21 in the 2006 Prep Bowl; last year, Caledonia came away with a 14-7 victory.

'Sick of second'

"I've been saying since the beginning of the year that I'm sick of second," said Luverne senior Sam Dooyema, who plays linebacker and offensive tackle. "There's that one final step to be taken. We just want to go out and play the game and have fun, but in the end you want to get the victory."

The Cardinals (12-1) know something about avenging defeats. After losing to Triton in the Prep Bowl two years ago, they defeated the Cobras in last year's state quarterfinals (and did so again this year). The hump they are trying to get over now is Caledonia (12-1).

The Warriors have been dominant in the state playoffs this year, defeating Norwood Young America 21-0 and Moose Lake-Willow River 44-13. Luverne has pulled out two narrow victories, holding off Triton 48-42 in overtime and edging Hawley 21-14 in a semifinal game that came down to the final play.

"Caledonia was pretty fast

last year, and they look a little better than last year," Luverne coach Todd Oye said. "We have to figure out some new things, like how to attack that defense."

"They're so fast, it seems like they have 12 or 13 guys playing defense."

Caledonia coach Carl Pruechte has a similar view of Luverne.

"I think they're better; they have a lot of returning kids," he said. "Todd has done a great job, and we have a lot of respect for what they're doing."

"They have a nice team and they'll be the toughest opponent we've faced, and rightfully so."

Oye, a 1990 Luverne graduate in his seventh year as coach, has led the Cardinals to a 34-7 record over the past three years. That includes a 6-2 mark in the state tournament.

A tough schedule

The Cardinals were in Class AAA until a declining enrollment moved them down to AA four years ago. Their South-west Conference opponents include Class AAAA Marshall and AAA teams Worthington and Redwood Valley, and the Cardinals' only loss this season was a 28-14 loss to Harrisburg, S.D., a team that reached the state semifinals in South Dakota's second-largest class.

Any team would love to play in three consecutive Prep Bowls, and Luverne is no exception.

"We talked about it at the beginning of the season, how actually doing it three years in a row would be something else," Luverne senior center Tanner Skattum said. "Most people would just like to be there one year."

FOOTBALL / CLASS AAA CHAMPIONSHIP

DeLaSalle's Barker is a true triple threat

By Dean Spiros
McClatchy news services

MINNEAPOLIS — Most football coaches are fortunate enough, at some point in their careers, to describe a player's contributions by saying, "I wish I had 22 just like him."

DeLaSalle's Dick Weinberger has gotten closer to coaching nirvana than most the past two seasons. He's had the luxury of having three A.J. Barkers.

There is Barker the receiver, who this season became the state's all-time leader in receiving yards and touchdown catches. There is Barker the placekicker, who possesses one of the strongest legs in Minnesota high school football. And there's Barker the punter, whose long, tight spirals are a defense's best friend.

And speaking of defense, Barker would take more than a few snaps at defensive back if Weinberger didn't find the need to give the kid a break once in a while.

A do-it-all player

Doing it all? Barker said he's just doing what comes naturally.

"I'm an athlete and I'll go wherever they need me," he said. "It's a lot of fun; I love always being on the field."

When he's not on the field he's on the basketball court as the Islanders' starting shooting guard. Or competing in track, in which he qualified for the state meet last year in the long jump.

Not to be overlooked: Barker is considering attending an Ivy League school next fall.

Barker (6-1, 180) became Minnesota high school's all-time leader in career receptions and touchdowns this season. He spent his first two high school years at St. Paul Academy/Mounds Park Academy and established the records despite playing in a run-oriented offense at DeLaSalle the past two seasons.

Barker has 37 catches for 704 yards and 12 touchdowns

this season.

"He takes a lot of pride in his blocking, which is something that isn't always high on a wide receiver's priority list," Weinberger said. "He's had a number of what we call touchdown blocks, the key block downfield on a run that has allowed the running back to score. That is just pure desire."

A humble side

As for the records, Barker seemed unfazed by the accomplishment.

"It's cool," he said, "but I don't think about it much. I'd trade the records for a state championship any day."

The Islanders will get a second chance at beating Glencoe-Silver Lake for the Class AAA title on Saturday at the Metrodome. The Panthers defeated DeLaSalle 56-20 in the championship game last season.

Win or lose, Barker will play a major role for the Islanders.

"One of his major contributions that is somewhat overlooked is his ability to kick the ball into the end zone on kick-offs," Weinberger said. "As an offense-minded coach I know how tough it is to have to go 80 or more yards for a touchdown."

"And if A.J. doesn't reach the end zone he can kick it high enough that we can make the tackle inside the 20."

Weinberger said Barker has the best leg he has seen in high school since Chip Lohmiller kicked for Woodbury in the late-1980s. Lohmiller went on to kick for the Gophers and for nine seasons in the NFL.

Barker is open to kicking in college but said he believes he can contribute as a receiver on the Division I level. He has received invitations from the Gophers and Wisconsin to join their programs as a walk-on.

"Regardless of where I go, I'm going to have to prove myself, whether it's as a walk-on or not," Barker said. "So I would be fine with walking on."

He could prove to be quite the package for someone.

GIRLS HOCKEY / ROUNDUP

JM/Lourdes powers past Century

Armstrong scores twice for JM/Lourdes in shutout

Post-Bulletin staff

Rochester John Marshall/Lourdes got a pair of goals from Sarah Armstrong and powered its way to a 5-0 Big Nine Conference girls hockey win over Century on Tuesday at the Rochester Recreation Center.

Scoring single goals for JM/Lourdes were Marissa Bruesewitz, Breanna Englund and Megan Dekutoski.

Michelle Bonapace-Potvin was in goal for JM/Lourdes (1-2 overall), which out-shot Century 51-11. Century is 1-3.

"We came out flying and surprised (JM/Lourdes) in the first period," Century coach Dan Maidl said. "But then we got tired. All in all it was an improvement from past years by our team. We made some plays."

MAYO 4, FARIBAULT 1 Spartans get first 'W'

FARIBAULT — Rochester Mayo picked up its first victory of the season, and started Big Nine Conference play by topping Faribault.

Faribault opened the scoring early in the first period, but Mary Grace Fleisher scored with an assist from Alyssa Weise to tie it after the first.

Nelson scored twice in the third period and Fleisher added an empty-net goal late to cap the scoring.

Weise finished with two assists, while Fleisher and Anna Billings had one each. Nelson and Weise each snapped four-



Scott Jacobson, sjacobson@postbulletin.com

Century goaltender Liz Maidl denies a wrap-around attempt of John Marshall/Lourdes' Eleanor Lemish during their game Tuesday at the Recreation Center.

game scoring droughts, which coach Jeff Phillips said is a big emotional lift for the duo.

"We set three team goals: To get a lot of shots on net, deny them time in our zone and play with 100 percent energy," Phillips said. "They met all three of these goals which was key to our win (Tuesday). We got great effort from all three lines."



Nelson

D. COUNTY 9, M. EAST 1 Wildcats cruise to victory

MANKATO — Dodge County scored a 9-1 win over Mankato East, using four first-period goals to put the game away early.

Kortney Kleber, Tara Rasmussen, Darby Dodds and Alaina Pappas each had goals in that first period.

Rasmussen and Pappas finished with two goals each. Taryn Wohlfiel got two assists for Dodge County.

Dodge County out-shot East 54-5.

DANCE TEAMS / ROCHESTER ALL-CITY MEET



The John Marshall Rockettes perform their high kick routine during a triangular meet Tuesday at John Marshall High School.

Scott Jacobson, sjacobson@postbulletin.com

Century, Mayo victorious at all-city meet

Post-Bulletin staff

Rochester Century and Rochester Mayo are off to good starts after the first of three All-City dance team competitions.

Century captured first place, edging Mayo, in the high kick competition Tuesday at John Marshall, while Mayo topped JM in the jazz competition.

The team accumulating the most points as judged by certified, outside professionals — from all three meets will be awarded overall first place for the season. Mayo was the All-City Grand Champion in 2006-07 and 2007-08.

Future tri-meets will be held at Mayo (a rescheduled date to be announced soon) and on Jan. 9 at Century. Other upcoming local competitions include the Mayo Invitational on Dec. 6 and the JM Invitational on Dec. 20.



The Century Silver Stars perform their routine in the Jazz Dance competition during a triangular meet Tuesday at John Marshall High School.

Scott Jacobson, sjacobson@postbulletin.com

DANCE TEAM PREVIEW

JOHN MARSHALL

Head coach: Bethany Morrissey, fifth year.
JV head coach: Lisa Miller, second year.

Assistant coaches: Angie Radosevich, first year. Tara Keith, first year.

Season outlook: Last season the Rockettes placed in the top half of their section in both high kick and jazz and fifth overall in the Big 9 conference. This season, they are hoping to improve on their scores one competition at a time to earn a trip to the State tournament. This is the hardest working team I have coached and I look forward to each competition being a challenge and hopefully a team success.

History: The Rockettes have been an MSHSL competition team for six years. The Rockettes started with an 18 member squad and now have 40 members. It has

also expanded to include a competitive JV program.

Coach Morrissey: "To coach these athletes is an honor and a privilege. Every season brings its challenges and each year the team raises the bar by setting high expectations for themselves, the team, and the coaches. This season are squad is young and relatively new. However, this has encouraged them to learn from and rely on one another to exceed all expectations."

"I am anxious to see what the future holds for these athletes as they have developed into a strong group mentally and physically. I thank God everyday for blessing me with the ability to teach and learn from these athletes while receiving the support and encouragement from fellow coaches and Rockette parents."

VARSITY ROSTER

• denotes captains
Seniors — Amanda Miller, Libby Pike,

*Megan Parker, Hillary Lehman, Ashley Johnson, Ely Endes, Kelly Green, Juniors — Bridget Severson, Megan Townsend, Brianna Mulcahy, Rosalee Mickelberg, Ariel Amy, Megan Ariel, Sophomores — Sophie Hackman, Kayla Saari, Chelsey Crowley, Molly Hauschild, Stephanie Winter, Nicole Fabian, Nicole Miller, Cati Rinnehofer, Lauren Hick, Freshman — Alyssa Alward, Liz Jorgensen, Leah Walkley, Sarah David, Kirstyn Hansen, Amy Moir, Susan Hansen, Alexis Burg, Hannah Eckerman, Katy Eckerman, Rebecca Schaffhausen, Eighth-graders — Maddi Glaeser, Hannah Harens, Alyssa Tichner, Anna Hick, Ali Asteli, Haley Bartsch, Haley Jochum.

VARSLITY COMPETITION SCHEDULE

Nov. 25 — All City Tri-Meet (John Marshall) 7 p.m.
Dec. 6 — Mayo Invitational
Dec. 13 — Lakeville Invitational
Dec. 18 — All City Tri-Meet (Mayo) 7 p.m.
Dec. 20 — John Marshall Invitational
Jan. 9 — All City Tri-Meet (Century) 7 p.m.

Jan. 10 — Henry Sibley Invitational
Jan. 17 — Simley Invitational
Jan. 31 — Big Nine Conference (John Marshall)
Feb. 7 — Sections (Bloomington Kennedy)
Feb. 13-14 — State (Target Center)

Stats from 2007-2008 season:

1. MSHSL stats indicate that dance team has the second-highest number in female athlete participation.
2. MSHSL stats indicate that dance team profits \$60,000 per season for the High School League ranking it seventh amongst all high school sports. 23 sports make no money for the High School League.
3. MSHSL stats indicate that dance team is second in spectator attendance at the state tournament level. First is boys hockey.

Local Sports

HIGH SCHOOL BOYS HOCKEY / ROCHESTER ROUNDUP



Ken Klotzbach, klotzbach@postbulletin.com

Century forward Jordan Martini avoids a poke check by Lakeville North defenseman Tim Kuznar in the third period Thursday night at the Rochester Recreation Center.

Century solid in setback

Balanced effort lifts JM to first win; Lourdes, Mayo also pick up victories

Post-Bulletin staff

INVER GROVE HEIGHTS — Rochester John Marshall boys hockey coach Scott Lecy had high hopes for both his veterans and youngsters entering the season.

Though he's had a small sample, he's impressed on both counts so far. The seniors are providing the leadership he hoped for, and the sophomores are bringing the energy and excitement.

That all added up to JM's first win of the season, a 3-2 non-conference victory in an emotionally charged game against Simley on Thursday.

"It was a good, gritty effort," Lecy said of the game which saw 83 penalty minutes dished out. "We have a lot of sophomores playing and contributing, and the seniors stepped up and looked very good."

That started with senior captains Derek Hovick, who scored JM's first two goals, and Max Foley, who assisted on Ryan Yezzer's game-winning. Sophomores Zach Johnson, Anthony Johnson and Reed Miller added one assist each.

JM outshot Simley, 31-21, and sophomore Bryan King was strong in goal, with 19 saves.

JM (1-1-0) hosts Con Rapids at 7:30 p.m. Saturday at the Rochester Recreation Center.

LOURDES 8, OWATONNA 3 No. 2 Eagles roll in opener

OWATONNA — Rochester Lourdes lived up to its lofty state ranking, rolling over a team expected to challenge for a Big Nine Conference championship.

The Eagles, ranked No. 2 in the latest Class A state poll, scored three goals in the first period and four in the second en route to a 8-3 thumping of Owatonna on the Huskies' home ice, the Four Seasons Centre.

Each member of Lourdes' top line — Cole Peterson, Tyler Voigt and Taylor Funk — had a goal and an assist in the first period, and top defenseman Pete Spratte had two assists in the period.

Voigt scored twice more in the second period to complete his hat trick, while Funk added one more assist for a three-point night.

Senior Todd Bestgen had one assist and scored twice, including an unassisted,



Ken Klotzbach, klotzbach@postbulletin.com

The Lakeville North defense ties up Century's Tyler Anderson (left) and Joe Faupel during a third-period skirmish in front of the Lakeville North goal.

short-handed goal with 1:29 to go in the game.

Alex Kurth also scored for Lourdes (1-0-0), while Charlie Hexum, Brett Dennis and Brandyn Chetick each had an assist.

The Eagles outshot Owatonna 39-18, and sophomore goalie Nick Heimer picked up his first varsity win with a 15-save performance.

Lourdes plays its home opener at 7:30 p.m. Tuesday at Graham Arena against New Prague.

MAYO 8, EAST 1 Spartans clicking already

MANKATO — Rochester Mayo already has proven it can win without scoring from its top line. The Spartans showed Thursday they are almost unstoppable when that top line is clicking.

Mayo's BAT line (Brad Fisher-Alex Whitney-Tom Alexander) combined for six points and senior defenseman Rick Weber (two goals, two assists) had a team-best four points in a blowout win over Mankato East.

"That line was dominant," Mayo assistant coach Dustin Hookson said. "They work so well together."

"Rick Weber played his heart out and showed why he is a captain and leader of this team."

Senior forward Brandon Buske scored the game-winning goal and collected the first two goals of his varsity career. Ten players had at least one point for Mayo.

Alexander also had two goals and one assist, while Fisher and Chris Goslee had one goal each. Whitney had two assists, while James Powers, Myles Flott, Alex

Heroff and Marcus Nigbur had one each. Mayo (2-0-0 overall, 1-0-0 Big Nine) outshot East 53-21. Jordan Yaggy picked up his second win of the season, stopping 20 shots.

Mayo hosts Champlin Park at 7:30 p.m. Saturday at Graham Arena.

LAKEVILLE N. 4, CENTURY 3 Good effort, tough outcome

Century coach Bruce Frutiger and his players were more pleased after a one-goal tie to section rival Lakeville North Thursday than they were after a three-goal win on Tuesday.

The Panthers cut down on their penalties, increased their scoring chances and outplayed Lakeville North for a majority of a 4-3 loss at the Rec Center.

Century took 15 penalties in a victory against Simley on Tuesday. That number was cut to six on Thursday.

Century rallied from down 2-0 in the first to tie the score at 2 on power-play goals by Tyler Anderson and Joe Faupel. Anderson and Bill Grinde had assists on Faupel's goal, and Jeff Nagel assisted on Anderson's.

Jordan Martin capped Century's scoring in the third with assists from Drew Anderson and Cory Kautz.

"In a battle like that, when you play as a team and play hard to the finish, it brings the guys together," Frutiger said. "It was a great game in that sense; I come out of it excited."

Sophomore Cam Sellnow held his own in goal, stopping 26 shots. Century outshot North 42-30.

Century (1-2-0) plays at Austin next Thursday.

For more on high school hockey throughout the season, check out the "Faceoff" blog at postbulletin.typepad.com/faceoff

LOCAL CALENDAR

TODAY	Rochester DuSais, at RCTC, 9 a.m.
High School Boys Basketball	High School Boys Hockey
Lourdes at Waseca, 7:30 p.m.	Champlin at Mayo (Graham), 7:30 p.m.
Mayo at Chaska, 7:15 p.m.	Con Rapids at John Marshall (Recreation Center), 7:30 p.m.
John Marshall at Farmington, 7:30 p.m.	High School Girls Basketball
High School Girls Basketball	Lourdes at Goodhue, 7:30 p.m.
Lourdes at Goodhue, 7:30 p.m.	Farmington at Mayo, 7:30 p.m.
Farmington at Mayo, 7:30 p.m.	Hastings at Century, 7:30 p.m.
Hastings at Century, 7:30 p.m.	Men's Junior College Basketball
Men's Junior College Basketball	RCTC at Itasca, 8 p.m.
RCTC at Itasca, 8 p.m.	Women's Junior College Basketball
Women's Junior College Basketball	RCTC at Itasca, 6 p.m.
SATURDAY	
High School Boys Basketball	High School Gymnastics
Chattfield at Lourdes, 7:30 p.m.	Mayo, John Marshall, Century at Austin Invitational, 11 a.m.
Richfield at Century, 7:30 p.m.	Men's Junior College Basketball
High School Girls Basketball	RCTC at Northland, 3 p.m.
Chattfield at Lourdes, 6 p.m.	Women's Junior College Basketball
High School Wrestling	RCTC at Northland, 1 p.m.
	Junior College Wrestling
	RCTC at Regional (Quad Iowa), 4:30 p.m.

THURSDAY'S AREA RESULTS

GIRLS BASKETBALL

THREE RIVERS CONFERENCE
Low-Altura 58, Fillmore Central 51
LEWISTON-ALTURA (86)
 Alyssa Franzen 17, Angela Harstad 14, Junyi Mundt 10, Sharayah Rinn 6.
Other stats: Alyssa Franzen 11 rebounds, Rinn 6 rebounds, LA had 30 rebounds.
FILMORE CENTRAL (81)
 Katie Melver 11, Connor Nagle 11, Melody Ostad 8, Morgan Menzies 8.
Other stats: Fillmore Central had 22 rebounds.
Halttime: LA 30, Fillmore Central 26.
Free throws: Fillmore Central 14-23; LA 14-23.
Notes: Both teams are 1-1 in league play.

Kingsland 70, St. Charles 59
 Kim Storey 16, Tague Thoreson 10, Kaitlyn Guthrie 4, Shelby Staveen 8, Stacia Heim 2, Emily Nelson 19.
Other stats: Kingsland 70, St. Charles 59.

KINGSLAND (70)
 Molly Greiner 14, Kristy Pirtch 7, Emily Eberle 3, Hanna Losey 16, Morgan Thomas 7, Erin Bernad 18.
Other stats: Losey 10 rebounds, Greiner 6 rebounds.
Halttime: STC 33, KING 30.
Free throws: STC 21-32, KING 27-36.
3-point goals: STC 4 (Storey 3, Thoreson 1), KING 5 (Bernad 2, Thomas 1, Pirtch 1, Eberle 1).

Caledonia 66, Chattfield 35
CHATTFIELD (35)
 Jordy Dudek 4, Emily Vonwald 5, Ashley Vonwald 4, Mackenzie Kerska 6, Hilary Denton 3, Erica LaPante 1, Emily Miller 4.
Other stats: Caledonia 66, Chattfield 35.

CALEDONIA (66)
 Laquila Becker 3, Amber Sorenson 10, Megan King 3, Molly Mullins 1, Cassie Grant 12, Aly Meyer 16, Libby Augestad 21.
Other stats: Meyer 12 rebounds; King 6 steals, 5 assists.
Halttime: Caledonia 49, Chattfield 17.
Free throws: Chattfield 4-7, Caledonia 6-12.

3-point goals: Chattfield 1 (E. vonwald 1), Caledonia 6 (Sorenson 2, King 1, C. Grant 1, Augestad 2).
Notes: Caledonia improves record to 2-0, and 4-0 in conference. — Chattfield goes to 2-2, and 1-1 in the conference.

Rushford-Peterson 61, W-K 43
WABASHA-KELLOGG (43)
 Any Wallenst 2, Danielle Genske 6, Nic holt Alexander 8, Christine Burkhardt 23, Christine Reister 6.
Other stats: Rushford-Peterson 61, W-K 43.

RUSHFORD-PETERSON (61)
 Michelle Ruberg 3, Mariah Mierau 8, Rachelle Ruberg 12, Heather Via 4, Danielle Christian 2.
Halttime: RP 27, WK 19.
Free throws: WK 13-21, RP 11-17.
3-point goals: WK 0, RP 8 (Pelz 4, Ruberg 2, Mierau 2).

SOUTHEAST CONFERENCE
Grand Meadow 60, Randolph 30
GRAND MEADOW (60)
 Bailey Gomer 9, Brittany Olson 4, Jessi ca Benson 21, Haley Hanken 0, Hilary Olson 11, Abbie Fay 0, Alex Swanson 10, Allison Gynn 3, Andrea Swanson 9, Tina Fink 0, Kristina Siler 0, Ashley Wilson 4.
Other stats: Jessica Benson 14 rebounds, 10 assists Bailey Gomer 6 assists.
RANDOLPH (30)
 Heather Vek 3, Rachel Frandrup 0, Tiana Entres 9, Ashley May 1, Brenna Oke 4, Megan Errington 2, Kelly Schaffer 4, Kayla Volkert 0, Rhea Moorhouse 12.
Halttime: GM 37, Randolph 16.
Free throws: GM 14-18, Randolph 10-20.
3-point goals: GM 2 (Alex Swanson 1, Andrea Swanson 1), Randolph 0.
Notes: This game was first game of the day. Southland Tournament, played at Adams, Grand Meadow bottled to a 27-2 lead to start the game. — Randolph had 16 turnovers in the first half.

Glenville 56, Glenville-Emmons 16
GLENVILLE-EMMONS (16)
 Kaiti Rysak 9.
SOUTHLAND (56)
 Jana Schammel 16, Haley Hansen 8, Sarah Nelsner 7, Chelsea Smith 7, Hilary Johnson 4, Megan Mullenbach 4, Brandi Schammel 4, Kim Craig 2, Lindsey Bottema 2, Madi Schmitt 2.
Halttime: Southland 32, Glenville-Emmons 16.
Free throws: Glenville-Emmons 6-13; Southland 8-13.
3-pointers: GE 0; Southland 2-3.
Notes: Both teams are 1-1.

WINONA COTTER 62, P-E-M 38
PLAINVIEW-ELGIN-MILLVILLE (38)
 Courtney Harmon 6, Jessica Rutish 1, Kayla Lehnertz 4, Kaylin Wolters 2, Lind sey Olson 20, Megan Wingert 5.
WINONA COTTER (62)
 Renee Pecarica 8, Lauren Bowlin 6, Nicole Kriesel 10, Whitney Wiscup 16, Courtney Dennis 2, Kelly Roemer 5.
Halttime: Cotter 20, PEM 17.
Free throws: PEM 6-15; Cotter 6-9.
3-point goals: PEM 0; Cotter 4 (Wiscup 2, Bowlin 1, Roemer 1).
Notes: Cotter used full court pressure to break open a close game with a 16-4 run to start the second half.

LA CRESCENT 73, Spring Grove 69
LA CRESCENT (73)
 Stacy Schiltz 2, Becky McCoy 6, Kayla Tripp 8, Lauren Smith 2, Jenna McDonough 15, Leah Albrecht 7, Anna Donschier 4, Kayla Sandvik 15, Sarah Olson 4, Liz Gilbertson 10.
SPRING GROVE (69)
 Jordan Olen 10, Taylor Elton 11, Kye Vickerman 2, Rachel Mahus 1, Jacqui Anderson 10, Eva Gleason 4, Kristine Johnson 9, Becky Myhre 10, Kaitlyn Spier 12.

Other stats: Anderson 6 rebounds, 6 assists Olen 5 steals.
Halttime: LAC 36, SG 36.
Free throws: LAC 16-26; SG 10-20.
Three-point goals: LAC 1 (McCoy); SG 5 (Elton 3, Anderson 2).

BOYS BASKETBALL
NON-CONFERENCE
St. Charles 50, Grand Meadow 31
ST. CHARLES (50)
 Jared Senola 11, Jason Thoreson 2, Ben Colvin 7, Joseph Montgomery 7, Matt Potter 4, Matt Ellinghuysen 19.
GRAND MEADOW (31)
 Jordan Wyle 2, Zach Finley 0, Mike Gehling 6, Kellan Smith 11, Dezmron Johnson 0, Jason Sier 0, Andrew Hardsop 7, Avenice Rowe 3, Jayson Chavez 2.
Other stats: Johnson 6 rebounds; Hardsop 6 rebounds, 4 assists.
Halttime: STC 29, GM 18.
Free throws: STC 4-7, GM 2-2.
3-point goals: STC 8 (Ellinghuysen 5, Colvin 1, Montgomery 2), GM 3 (Smith 1, Hardsop 1, Rowe 1).

WRESTLING
HIAWATHA VALLEY LEAGUE
Lake City 46, Goodhue 24
103 — Elliot Cox (LC) pinned Matt Levold 5:33. **112 —** Tristan Douglas (LC) pinned Kyle Dretzel 3:06. **119 —** Mitchell Breuer (G) pinned Chris Breuer 1:27. **125 —** Rusty Gelin (LC) maj. dec. Charles Dretzel 1:31. **130 —** Chris Moyer (LC) pinned Cody Levold 4:44. **135 —** Wade Dagstad (LC) dec. Tyler Breuer 1:59. **140 —** Webster Cox (LC) pinned Ty Stecklein 5:33. **145 —** Brady Ferguson (G) dec. Tanner Douglas 6:35. **150 —** Shane Collins (LC) pinned Zach Schneider 1:59. **160 —** Josh Moeckling (LC) pinned Mike Austin 1:34. **171 —** Ethan Tutewelt (G) pinned Cole Dierick 4:12. **189 —** Brad Berg (KW) won by forfeit. **195 —** Chad Levold (KW) pinned Matt Thoreson 1:13. **200 —** Drew Levold (KW) pinned Jake Krier 1:23. **215 —** Guy Nauden (KW) pinned Cody Fenske 1:40. **240 —** James Hart (B) maj. dec. Nathan Cordes 9:0. **245 —** Dalton Ruff (B) pinned Alex Johnson 2:39. **207: 152 —** Derek Melthouse (CW) dec. Trevor Manguluf 4:3 (207). **160 —** Aaron Geddo (KW) pinned Hunter Rud 2:35. **171 —** John Mielowski (B) pinned David Bevan 2:36. **189 —** Heath Rud (B) maj. dec. Aaron Dahlgren 9:0. **215 —** Caleb Langer (KW) maj. dec. Allen Pofferson 18:17. **240 —** Luke Hanika (KW) dec. Tim Klemen 7-1.

Stewartville 48, Cannon Falls 26
103 — Brett Stolarzyk (S) pinned Derek Johnson 2:44. **112 —** Nate Leoy (S) pinned Roman Wundrow 1:01. **119 —** Eric Twohey (S) pinned Jo Schutte 1:17. **125 —** Eric Nelson (S) dec. Bryant Nygaard 4:4. **130 —** Robert Ottensm (CF) pinned Zach Jaeger 1:21. **135 —** Cooper Reibart (CF) won by forfeit. **140 —** Ryan Rich (CF) maj. dec. Cody Buchanan 1:52. **145 —** Jeff Smith (S) pinned Joey Van Bovel 1:49. **152 —** Spencer O'Reilly (CF) maj. dec. Justin Hansen 14:42. **160 —** Brock Gopin (CF) pinned Nate Geller 6:22. **171 —** Mike Kellner (S) pinned Jesse Nelson 1:15. **189 —** Adam Jensen (S) pinned Zach Baker 4:48. **215 —** Jake Kuske (S) pinned Jon Grimes 2:35. **240 —** Tim Twilley (S) dec. Jacob Rohlfert 6-1.

NON-CONFERENCE
Hayfield 46, Southland 25
103 — Angel Paz-Reyes (S) won by forfeit. **112 —** Myles Moreno (H) maj. dec. Mark Engesser 14:2. **119 —** Connor Nelson (H) pinned Cotton Peterson 5:5. **125 —** Jared Pruske (H) dec. Mike Churchill 6:5. **130 —** Grant Hegge (S) pinned Derek Ellis 1:44. **135 —** Matt Schroder (S) dec. Nick Masching 7:40. **140 —** Christian Patis (T) won by forfeit. **145 —** Dustin Mauer (S) dec. Joe Volpogione 17:6. **149 —** Dustin Mauer (H) dec. Alex Churchill 5:2. **150 —** Matt Schaefer (H) pinned Mike Schaefer 2:15. **160 —** Sam Leocher (S) won by forfeit. **171 —** Paul Blanchard (H) pinned Nick Posthusta 3:21. **189 —** Caleb Salluhalper won by forfeit. **215 —** Tyler Strodel (H) pinned Casey Sedstrom 2:37.

Hayfield 37, Triton 35
103 — Caleb Johnson (T) won by forfeit. **112 —** Mason Moreno (H) maj. dec. Levi Hely 12:0. **119 —** Dakota Jensen (T) won by forfeit. **125 —** Jared Frankie (H) pinned Tanner Krickbecker 1:59. **130 —** Jordan Johnson (T) dec. Derek Ellis 6:4. **135 —** Nick Masching (H) won by forfeit. **140 —** Casey Boettcher (T) won by forfeit. **145 —** Kaitler (H) tech. fall Dustin Mauer 5:36. **152 —** Tyler Nelson (H) pinned Joe Blakek 1:20. **160 —** Ethan Siem (T) won by forfeit. **171 —** Paul Blanchard (H) pinned Danny Daniel 1:13. **189 —** Caleb Faulhaber (H) dec. Jason Jennings 5:35. **215 —** Tyler Strodel (H) pinned Kyle Remold 10:7. **240 —** Parker Berg (T) dec. Zach Davis 10:7.

Triton 42, Southland 24
103 — Caleb Johnson (T) dec. Paz-Reyes 11:10. **112 —** Brock Frank (T) dec. Enger 9:6. **119 —** Dakota Jensen (T) won by forfeit. **125 —** Mike Churchill (S) dec. Tanner Krickbecker 5:2. **130 —** Hegge (S) pinned Jordan Johnson 4:33. **135 —** Schroder (S) dec. Brady Hickley 20:14. **140 —** Casey Boettcher (T) pinned Patrick 3:02. **145 —** Dylan Kaiser (T) pinned Alex Churchill 19. **160 —** Leocher (S) pinned Ethan Siem 1:54. **171 —** Posthusta (S) pinned Danny Rudel 4:20. **189 —** Jason Jennings (T) won by forfeit. **215 —** Kyle Remold (T) won by forfeit. **240 —** Parker Berg (T) pinned Sedstrom 5:8.

St. Charles 45, Logan (Wls.) 36
 Complete results not reported.

Highlights and heroes

Girls basketball

• Alyssa Franzen had 17 points and 11 rebounds as Lewiston-Altura beat Fillmore Central 58-51.

• Jessica Benson starred with 21 points and 14 rebounds for Grand Meadow in a 60-30 win over Randolph in the first round of the four-team South.

• South Benson land got 16 points from Jana Schammel in a 56-16 win over Glenville-Emmons.

• Libby Augestad scored 21 points to power Caledonia in a 66-35 win over Chattfield.

• Lindsey Olson accounted for more than half of Plain-

view-Elgin-Millville's scoring with 20 points in the Bulldogs' 62-38 loss at Winona Cotter.

• Whitney Wiscup led the Ramblers with 16.

• Erin Bernard scored 18 points, and Hanna Losey had 16 points and 10 rebounds as Kingsland downed St. Charles.

Boys basketball

• Matt Ellinghuysen made five 3-pointers and had 19 points in leading St. Charles to a win over Grand Meadow.

Wrestling

• Elliot Cox had a pin in just 33 seconds at 103 pounds to lead Lake City in a 46-24 win over Goodhue.

• Mitch Levold (103), Chad Levold (125) and Drew Levold (130) all had pins to help Kenyon-Wanamingo pick up a 52-20 win over Byron.

• Guy Wunderlich (135) had the fastest pin in just 16 seconds.

HIGH SCHOOL GIRLS HOCKEY

JM/Lourdes falls to West

Post-Bulletin staff

Nicole Nelson notched her first varsity goal, but it wasn't enough to get Rochester John Marshall/Lourdes a win as it fell 3-1 to Mankato West in Big Nine Conference girls hockey at Graham Arena.

West scored a goal in each period. Nelson got her goal in the third period.

The Scarletts outshot John Marshall/Lourdes 44-18. In goal for JML was Michelle Bonapace-Potvin.

"Our girls stepped it up and

came out strong and Michelle played well in net," JM coach Steve Russell said.

JM/L dropped to 1-2 in the Big Nine Conference and finished 1-4 overall. The Rockets are back in action at 1 p.m. Saturday at the Rochester Recreation Center against Owatonna.



Russell

tonna.

came out strong and Michelle played well in net," JM coach Steve Russell said.

JM/L dropped to 1-2 in the Big Nine Conference and finished 1-4 overall. The Rockets are back in action at 1 p.m. Saturday at the Rochester Recreation Center against Owatonna.

JM/L dropped to 1-2 in the Big Nine Conference and finished 1-4 overall. The Rockets are back in action at 1 p.m. Saturday at the Rochester Recreation Center against Owatonna.

tonna.

tonna.

tonna.

Local Sports

HIGH SCHOOL GIRLS BASKETBALL / JM 49, CENTURY 39

JM's Longar arm of the law nabs Century

By Donny Henn

dhenn@postbulletin.com

If all other things are equal, the long arm of Nyor Longar can give the edge to the Rochester John Marshall girls basketball team.

All things were pretty equal between JM and Rochester Century on Tuesday night at the Century gym, until JM's agile 6-foot-2 senior center took control in the last four minutes and led the Rockets to a 49-39 win.



Longar

Longar finished 17 points and 17 rebounds and led JM (1-1) to its first win, while Century (3-1) sustained its first defeat in the Big Nine Conference opener for both teams.

"It's kind of looking like (Longar) is ready to step up and have a big season for us," JM coach Terry Heiderscheit said.

"She scored 17 in our opener (against Woodbury), too. She's working hard out there, and even when some of her shots aren't falling her athleticism is pretty impressive."

Longar helped JM pull away from the stretch as the Rockets outscored Century 8-0 in the last four minutes. Longar returned two offensive rebounds for baskets, had two defensive rebounds, and added a free throw in that stretch.

"(Longar) is either going to make the difference, or Apiew Ojulu is," Century coach Aaron Berg said, referring to JM's 6-foot-1 sophomore forward.

Ojulu also made an impact in the closing minutes, with a pair of rebounds and an important 3-point play with 2:40 remaining. She finished with five points, five rebounds and two blocks.

Century wasn't able to match JM's size and it showed in the Rockets' 43-31 rebounding advantage.

"You hope to hold them down and stay in it, but it's definitely a challenge with our lack of size," Berg said.

JM took its first lead at 12-11 on a pair of free throws by Rachel Stenhaus. The Rockets never relinquished the lead.

JM led 25-19 at halftime and stretched it to 40-26 with a 10-0 run midway through the second half. Three-pointers by Rachel Stenhaus, Alyssa Rushton and Jasenne Dittich helped propel the Rockets.

"We're pretty good shooters from the outside," Heiderscheit said. "We didn't shoot many three-pointers last season, but we can make those."

But Century didn't fold up the tent despite the 14-point deficit with 9:30 remaining. The Panthers pieced together their own 9-0 run to cut JM's lead to 40-37 with five minutes remaining. Katy Scherer started the comeback with a 3-pointer, and Century then capitalized on a series of JM turnovers.

"We tried not to pay attention to the scoreboard at all," Longar said. "We just kept saying don't let down at all."

Lizzie Stenhaus scored for Century with 4:30 remaining to trim JM's lead to 41-39, but that

was as close as the Panthers would get, and the last points they'd score.

Rachel Stenhaus finished with 11 points, 4 rebounds and 3 steals for JM. Senior guard Alyssa Rushton had 10 points, four rebounds and four steals. "Rushton did some nice things out there tonight," Heiderscheit said.

For Century, senior forward Emily Hoyer led with 10 points and 7 rebounds, and junior guard Katy Scherer came off the bench with eight points, four rebounds and three steals.

The game was rather sloppy with the teams almost evenly dividing 38 turnovers.

"Honestly we're averaging 18 to 20 turnovers a game," Berg

noted. "We play that way, but we can usually overcome that. We want to go up and down the court, but JM did a good job of keeping us out of our running game."

Berg said it was a setback for Century, after a 3-0 start, but not altogether disappointing. He still sees a lot of room for improvement, but it's much better than last year's 0-14 start.

"It's a downer because we lost, but on the up side the girls know they can compete with a team of JM's caliber," Berg said.

Heiderscheit likewise saw several things his team must do better, if the Rockets are to contend for the conference and section crowns as expected.

"Less turnovers, better shot

selection," Heiderscheit said. "But I'm happy with our defense. If we hold teams to 39 points we're not going to lose very many."

Both teams are in action again Friday. Century is at Mankato West, and JM is home against Winona.

JM 49, CENTURY 39
JOHN MARSHALL (1-1)

Rachel Stenhaus 11, Apiew Ojulu 5, Nyor Longar 17, Alyssa Rushton 10, Jasenne Dittich 6, Kristi Thelen 0, Ashley Luedke 0, Jeanne Mesley 0, Taylor Thompson 0.

CENTURY (3-1)

Steph Brandt 2, Lizzie Stenhaus 5, Lindsay Brandt 5, Emily Hoyer 10, Jessica Hazelton 7, Katy Scherer 8, Mishawna Lindsay 2, Kelsey Brandt 0.

Free throws: JM 5-10, Century 5-11. **Three-pointers:** JM 4 (Dittich 2, Stenhaus 1, Rushton 1, Century 3 (Hoyer 2, Scherer 1).

Rebounds: JM 43 (Longar 17), Century 31 (Hoyer 7). **Turnovers:** JM 20, Century 19. **Halftime:** JM 25, Century 19.

GIRLS HOCKEY / ROCHESTER ROUNDUP

Mayo turns back JM/Lourdes

Post-Bulletin staff

Rochester Mayo had its hands full with the Rochester John Marshall/Lourdes girls hockey team Tuesday, but the Spartans answered the call in the third period to win 3-2 in the Big Nine Conference game at the Rochester Recreation Center.

Mayo broke up a 2-2 tie in the third when Mary Grace Fleisher scored on an assist from Keri Pickel. The assist came on a face-off won by Pickel.

"We had a goal tonight to play for the win as a team," Mayo coach Jeff Phillips said. "All four lines worked hard each period and contributed toward meeting that goal."

JML coach Steve Russell also liked the way his team played.

"It was a good game; we skated a short bench tonight in order to skate with Mayo," he said. "To keep it as close as it was against a Mayo team was good for us."

Mayo's first goal came from Emma Leof, off assists from Anna Billings and Kelli Anderson. Fleisher scored Mayo's second goal, unassisted. JML's goals both came in the second period. Eleanor Lemish scored, and then Sarah Armstrong scored on an assist from Michaela Antolak.

In goal for Mayo was Jamie Clay, goal for JML was Michelle Bonapace-Potvin. Mayo finished with a 37-12 edge in shots on goal.

Mayo hosts Mankato West at 5:30 p.m. Thursday. JML plays at Austin at 7 p.m. next Tuesday.

EAST 3, CENTURY 2 OT
Strong effort by Panthers
MANKATO — Century just missed picking up its second win of the season.

Mankato East scored a goal in overtime, on the power play, to slip past the Panthers in the Big Nine Conference game.

"We matched up with East really well," Century coach Dan Maitl said. "This game could have gone either way. We had a lot of opportunities — loose pucks just outside the crease. But it was by far one of our better games this year. We lost in overtime, but we got there because we played hard. We've got to learn from this."

Century's goals came from Rachel Wohlford and Lindsey Mills. Mills and Kelly Rosenblad each had an assist.

Century was outshot 39-17. In goal for the Panthers was Liz Maitl.

Century, now 1-8 overall, hosts Lakeville South at 7:30 p.m. Thursday at the Rochester Recreation Center.

BOYS BASKETBALL / CENTURY

Century starts slow, loses

Post-Bulletin staff

FARMINGTON — Rochester Century got off to a rough start and never could catch up as it fell to formidable Farmington 60-47 Tuesday night in non-conference boys basketball.

Farmington scored eight points and had four steals before Century even got a shot off.

"That's a tough way to start a game," said Century coach Joe Ohm, whose team slipped to 0-2. "Once we settled down it was a competitive game and we showed improvement in our half-court defense."

Century trailed 34-27 at intermission.

Century is at Mayo on Thursday.

CENTURY (47)
Nate Krusselbrink 14, Pat Franko 9, Dan Fleissner 8, Marcus Eckert 5, Joel DeGoey 5, Naji Isse 3, Carson Fossum 2, Josh Gentling 2.

Other stats: Krusselbrink 5 rebounds; Dan Fleissner 8 rebounds; Pat Franko 5 rebounds. **FARMINGTON (60)**
Jake Lippert 21, Josh Zitmann 16, Kyle Winkelman 12, Brent Beenen 5, Justin Lavey 4, David Stenge 2.

Other stats: Lippert had 9 rebounds and 5 blocks. **Halftime:** FARM 34, CENT 27. **Free throws:** CENT 10-20, FARM 17-29. **Three-point goals:** CENT 5 (Krusselbrink 2, Fleissner 2, Isse 1), FARM 3 (Lippert 1, Winkelman 1, Lavey 1).

'TIS THE SEASON for CONNECTING.

U.S. Cellular® has a wide selection of popular phones to keep you close with family and friends.



BLACKBERRY® PEARL™
8130 SMARTPHONE
Take Facebook® on the go.

FREE

After \$70 mail-in rebate that comes as a Visa® Debit Card. Requires new 2-yr. agmt. plus \$35.95 voice plan and Smartphone Plan purchases. \$30 act. fee may apply.

Available in Red and Amethyst.



SAMSUNG DELVE™
Full Touch Screen, Mobile E-mail and Mobile Browser

\$9995

After \$50 mail-in rebate that comes as a Visa Debit Card. New 2-yr. agmt. and Premium Mobile Internet Plan required. \$30 act. fee may apply.



MOTOROLA® V20

\$4995

After \$50 mail-in rebate that comes as a Visa Debit Card. New 2-yr. agmt. plus 3-mo. unlimited easy2go™ plan required. \$30 act. fee may apply.

Your Navigator—Get voice-prompted, turn-by-turn directions from any location.



LG UX300
Camera and Bluetooth® Technology

1¢

New 2-yr. agmt. required. \$30 act. fee may apply.

Save over \$150 instantly.

Available in Blue and Silver.

Only from U.S. Cellular,® get Free Incoming Calls, Texts and Pix. Anytime, from anyone.

U.S. Cellular
believe in something better™

Discover the Difference: Put our network, products and customer service to the test for 30 days • Change your calling plan at any time during your service agreement without signing a new contract • Renew your contract and take advantage of new phone pricing before your current contract ends

Let us help you find a location: visit uscellular.com or call 1-888-BUY-USCC

Things we want you to know: Offer valid on plans of \$39.95 per month or higher. New two-year agreement (subject to early termination fee), credit approval and a \$30 activation fee required. See Regulatory Cost Recovery Fee applies; this is not a tax or government-required charge. Additional fees, taxes, terms, conditions and coverage areas apply and vary by plan, service and phone. Use of service constitutes acceptance of the terms of our Customer Service Agreement. See store for details or visit uscellular.com. **30-Day Guarantee:** Customer is responsible for any usage charges incurred prior to return. Phone must be returned undamaged in the original packaging. **Free Incoming Calls for Unlimited Incoming Calls** (depending on promotion) are not deducted from package minutes and are available only when receiving calls in your calling area. **Contract Renewal:** Customers who have completed at least 18 months of a two-year agreement are eligible for promotional equipment pricing. See store for eligibility. **Promotional Phone** subject to change. U.S. Cellular Visa Debit Card issued by MetaBank pursuant to a license from Visa U.S.A. Inc. Allow 10-12 weeks for processing. Card does not have cash access and can be used at any merchant location that accepts Visa Debit Cards. Card valid for 120 days after issued. Unlimited easy2go access plans start at \$9.95 per month. Premium Mobile Internet Plan is \$15.95 per month. Smartphone plans start at \$24.95 per month. Limited-time offer. Trademarks and trade names are the property of their respective owners. ©2008 U.S. Cellular.

LOCAL CALENDAR

TODAY	Marshall (Gage East Elementary), 6:30 p.m.	shall, 7:30 p.m.
College Basketball	Century at Mankato West, 7:30 p.m.	
RCTC women at Warburg JV, 7 p.m.	Century at Mankato West, 6:30 p.m.	
College Wrestling	Girls Hockey	
RCTC at Itasca Dual, at RCTC, 6 p.m.	Mankato West at Mayo (Graham 1), 5:30 p.m.	
THURSDAY	Lakeville South at Century (Graham 1), 7:30 p.m.	
Boys Basketball	Boys Swimming/Diving	
Century at Mayo, 7:30 p.m.	Mayo at Fairbault, 6 p.m.	
Boys Hockey	FRIDAY	
Lourdes at Red Wing, 7 p.m.	Girls Basketball	
Farmington at JM (Rec Center), 7:30 p.m.	Lourdes at Cannon Falls, 7:30 p.m.	
Century at Austin, 7:30 p.m.	Albert Lea at Mayo, 7:30 p.m.	
Gymnastics	Boys Basketball	
Winona at Mayo, John	Winona at John Mar	

GIRLS HOCKEY / ROCHESTER ROUNDUP

Pickel pushes Mayo past Winona on road

Post-Bulletin staff

WINONA — Keri Pickel scored a pair of goals as Rochester Mayo defeated Winona 3-1 on the road in Big Nine Conference girls hockey on Tuesday.

Mary Grace Fleisher had a short-handed goal for the Spartans and she also assisted on Pickel's first goal to open the scoring in the second period.

Kelli Anderson assisted on the short-handed goal.

Pickel's final goal in the third period was a well-settled play.

Anna Billings passed to Makinze Kaczek, who took a hard shot on net, and Pickel was able to tip it past the Winona goalie.

Mayo coach Jeff Phillips said Kaczek "had a breakout night both defensively and offensively."

Mayo outshot Winona 30-12. Jamie Clay had 11 saves in goal for the Spartans.

JM/L 3, AUSTIN 2, OT
Brusewitz scores winner

AUSTIN — John Marshall/Lourdes traveled to Austin and took home a 3-2

Big Nine Conference overtime victory.

Marissa Brusewitz, unassisted, scored the game winner with just 43 seconds remaining in overtime at Riverside Arena.

After a scoreless first period, Austin and JMLoures traded goals in the second period with Katie Armstrong finding the net for the Rockets, assisted by Sarah Armstrong and Michaela Antolak.

The third period was the same story, with the Rockets' goal scored by Nicole Nelson, assisted by Megan Dekutoski.

Out-shot nearly 3-1, junior goalie Michelle Bonapace-Potvin had a stellar game with 55 saves for JM.

"Austin kept trying to come back but the girls kept playing hard and found a way to win in the end," said Rockets coach Steve Russell. "Michelle (Bonapace-Potvin) really kept us in the game."

The victory improves the Rockets' record to 2-7.

They will play host to Dodge County Saturday at the Rochester Recreation Center at 3 p.m.

HIGHLIGHTS AND HEROES

Boys swimming & diving

• **Lukas Matern** won four events to pace Mayo to a 75-45 Big Nine Conference victory over Albert Lea. Matern won the 50 freestyle and 100 backstroke, and was on the winning 200 medley relay and 200 freestyle relay teams.

Boys basketball

• **Kasey Oloff** scored 24 points and **Blake Lea** 20 as Rushford-Peterson outscored Kingsland 70-60. **Tyler Hinle** led Kingsland with 24 points.

• **Brandon Verthein** scored a game-high 26 points and had 14 points over one of four La Crescent players in double figures as the Lancers beat Byron 69-54.

• **Dan McNamara** had 21 points and 13 rebounds as Goodhue shaded Triton 56-52.

DJ Buck was 4-for-4 at the line late in the game to secure the victory.

• **Austin Gilles** scored 16 points and **Drew Swanson** 15 as Lake City defeated Cannon Falls 57-46.

• **Brett Eglad** had 20 points and **Michael Burfield** 19 as Lewiston-Altura toppled St. Charles 58-39.

• **Cole Ostad** had 29 points for P-E 31 in its 34-52 victory over Wabasha-Kellogg.

Ostad also had six rebounds and six steals.

• **Kody Kramer** had 28 points and 11 rebounds as Hayfield pushed to a 75-64 win over Kasson-Mantorville.

• **Jeremy McNamara** scored 24 points and dished out five assists, and **Travis Landrum** had 18 points in guiding Pine Island to a 56-50 win over Zumbrota-Mazeppa. **Drew Paukert** had 20 points for ZM.

• **Ryan Goetzinger** of Caledonia had 16 points and 17 rebounds in the Warriors' 59-47 victory over the Southland Rebels.

Girls basketball

• **Lindsey Olson** had 20 points and eight rebounds as Plainview-Elgin-Millville nipped Wabasha-Kellogg 50-40. **Christina Biesler** scored 18 points for W-K while **Christine Burkhardt** had 17 points and eight rebounds.

• **Anne Lodermeier** scored 18 points as Goodhue defeated Triton 64-40.

• **Hanna Lossey** had 16 points as Kingsland nipped Rushford-Peterson 47-44.

• **Whitney Canton** had 24 points for Pine Island as they went on to win a close 52-49 over the Zumbrota-Mazeppa.

• **Allyssa Strunk** had 14 points for Zumbrota-Mazeppa.

• **Shawna Sperber** scored 22 points and had six steals in Stewartville's 62-41 win over Kenyon-Wanamingo.

• **Jordy Krekling** scored 19 points as eighth-ranked Hayfield improved to 6-0 with a 59-23 victory over Kasson-Mantorville.

• **Erika McRoberts** had 18 points for Byron as it went on to beat La Crescent 45-35 in its 34-52 victory over Wabasha-Kellogg.

Ostad also had six rebounds and six steals.

• **Kody Kramer** had 28 points and 11 rebounds as Hayfield pushed to a 75-64 win over Kasson-Mantorville.

• **Jeremy McNamara** scored 24 points and dished out five assists, and **Travis Landrum** had 18 points in guiding Pine Island to a 56-50 win over Zumbrota-Mazeppa. **Drew Paukert** had 20 points for ZM.

• **Ryan Goetzinger** of Caledonia had 16 points and 17 rebounds in the Warriors' 59-47 victory over the Southland Rebels.

• **Kody Kramer** had 28 points and 11 rebounds as Hayfield pushed to a 75-64 win over Kasson-Mantorville.

• **Jeremy McNamara** scored 24 points and dished out five assists, and **Travis Landrum** had 18 points in guiding Pine Island to a 56-50 win over Zumbrota-Mazeppa. **Drew Paukert** had 20 points for ZM.

• **Ryan Goetzinger** of Caledonia had 16 points and 17 rebounds in the Warriors' 59-47 victory over the Southland Rebels.

• **Kody Kramer** had 28 points and 11 rebounds as Hayfield pushed to a 75-64 win over Kasson-Mantorville.

• **Jeremy McNamara** scored 24 points and dished out five assists, and **Travis Landrum** had 18 points in guiding Pine Island to a 56-50 win over Zumbrota-Mazeppa. **Drew Paukert** had 20 points for ZM.

• **Ryan Goetzinger** of Caledonia had 16 points and 17 rebounds in the Warriors' 59-47 victory over the Southland Rebels.

• **Kody Kramer** had 28 points and 11 rebounds as Hayfield pushed to a 75-64 win over Kasson-Mantorville.

• **Jeremy McNamara** scored 24 points and dished out five assists, and **Travis Landrum** had 18 points in guiding Pine Island to a 56-50 win over Zumbrota-Mazeppa. **Drew Paukert** had 20 points for ZM.

• **Ryan Goetzinger** of Caledonia had 16 points and 17 rebounds in the Warriors' 59-47 victory over the Southland Rebels.

• **Kody Kramer** had 28 points and 11 rebounds as Hayfield pushed to a 75-64 win over Kasson-Mantorville.

BOYS SWIMMING/DIVING

BIG NINE CONFERENCE

Mayo 75, Albert Lea 45

(Mayo winners)
200 medley relay — 1. Mayo (Nick Stenzel, Peter Craig, Lukas Matern, Alex Jones).
200 freestyle — 1. Joe Lund
200 individual medley — 1. Zach Einck
50 freestyle — 1. Matern
Diving — 1. Chris White
100 freestyle — 1. Einck
500 freestyle — 1. Piliers
200 freestyle relay — 1. Mayo (Matern, Craig, Lund, Einck).
100 breaststroke — 1. Craig
400 freestyle relay — 1. Mayo (Lynch, Meyer, Lund, Einck).

BOYS BASKETBALL

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

HIAWATHA VALLEY LEAGUE

La Crescent 69, Byron 54

LA CRESCENT (69)
Brandon Verthein 26, Jordan Erdmann 2, Colin Dingfelder 3, Calvin Walter 16, Mike Olson 2, Calvin Walter 16, Ethan Fernan 3, Craig Nelson 2, James Latzack 15.
BYRON (54)
Evan Morris 5, Zach Swanson 11, Taylor Kunkel 3, Mike McNeil 4, Angel Salamea 2, Ross Fuchs 11, Tyler Kings 6, Tyler Baumhach 12.
Halftime: LAC 43, BYR 28.
Free throws: LAC 2/3, BYR 13/29.
Three-point goals: LAC 5, BYR 11, Dingfelder 1, Walker 2, Fernan 1, BYR 5 (Southwick 1, Taylor Kunkel 1, Ross Fuchs 1).
Notes: La Crescent held a 51-28 rebound advantage.

Lake City 57, Cannon Falls 46

CANNON FALLS (46)

Anthony Jenkins 0, Gabe Rovary 2, Mitch Anderson 8, Brock Johnson 7, Michael Banitt 15, Isaac Peterson 7, Ryan Lindert 2, Cedric Dickie 5, Noah Hendrickson 0.
LAKE CITY (57)
Erick Gentry 8, Austin Gilles 16, Alex Pyle 0, Andrew Pyle 5, Kerby Regelman 2, Travis Bremer 2, Travis Hellman 9, Drew Swanson 15.
Other stats: Gentry 8 rebounds; Gilles 8 rebounds, 4 assists.

Local Sports

TUESDAY'S HIGH SCHOOL RESULTS



Omumundson 12, Chanda Riedemann 2, Maggie Olson 4.
Other stats: Kaylee Burne 10 rebounds, McKenzie Burne 9 rebounds.
Halftime: LO 34, GE 17.
Free throws: GE 6/12, LO 3/4.
3-point goals: GE 0, LO 6 (Rosedahl 4, Omumundson 2).

Lanesboro 54, Houston 21
LANESBORO (51)
Jordan Darling 8, Jamie Darling 10, Yvonne Fries 13.
HOUSTON (21)
Meredith Lee 7, Astrid Runniger 9.
Halftime: Lanesboro 25, Houston 9.

Spring Grove 74, Mabel-Canton 60
SPRING GROVE (74)
Jordan Orlund 13, Kyla Vickerman 18, Rachel Mehus 3, Jacy Anderson 2, Eva Gleason 2, Brooke Johnson 17, Beth Myhre 8, Kaitlyn Berke 9.
MABEL-CANTON (60)
Riley Hanson 5, Mackenzie Gering 15, Dakota Johnson 1, Melissa Hirsch 7, Danielle Allar 3, Cassidy Whelan 5, Kate Horan 17, Jenessa Richardson 3, Lindsay Anderson 4.

Other stats: Kaitlyn Berke 7, 3 steals; Spence 6 steals; Haack 8 rebounds; Oosthoff 8 rebounds; Bialova 6 rebounds.
Halftime: STEW 39, K-W 21.
Free throws: K-W 10/15, STEW 25/37.

Three-point goals: K-W 2 (Ryan 1), STEW 3 (Haack 1, Rainey 1, Spence 1).
Other stats: Rainey 7 rebounds, 7 steals; Spence 6 steals; Haack 8 rebounds; Oosthoff 8 rebounds; Bialova 6 rebounds.
Halftime: STEW 39, K-W 21.

Free throws: K-W 10/15, STEW 25/37.
Three-point goals: K-W 2 (Ryan 1), STEW 3 (Haack 1, Rainey 1, Spence 1).

Cannon Falls 59, Lake City 53
LAKE CITY (53)
Sam Jackson 3, Megan Steered 9, Whitney Flor 19, Erika Menck 16, Megan Roschen 4, Sam Ekblad 2.
CANNON FALLS (59)
Nicole Anderson 8, Ashley Beyer 5, Sam Wolter 9, Katie Schreyer 9, Amanda Rapp 13, Jordan Montgomery 15, Morgan Berg 0.

Other stats: Anderson 3 rebounds, 3 assists, 3 steals; Wolter 4 rebounds; Berg 5 rebounds; Schreyer 4 steals; Rapp 4 rebounds, 4 assists; Montgomery 11 rebounds.
Halftime: CF 24, LC 22.
Free throws: LC 8/10, CF 8/12.

Three-point goals: LC 1 (Stewart 1), CF 11 (Montgomery 4, Banitt 1, Wolter 1, Rapp 3, Montgomery 4).

Notes: Lake City cut a 14-point deficit in the second half to two points with about 10 minutes left, but fell minutes to go. But the Bombers held on late for the victory.

THREE RIVERS CONFERENCE
PEM 50, Wabasha-Kellogg 47
PLAINVIEW-ELGIN-MILLVILLE (50)
Courtney Harrison 1, Kayla Lohrenz 5, Amanda Hirsch 5, Katie Schredl 3, Jessica Rohli 5, Kaylin Wolnes 2, Saale Tents 7, Megan Wiergt 2, Lindsey Olson 20.

Other stats: Olson 7 rebounds, 3 assists.
Halftime: CF 24, LC 22.
Free throws: LC 8/10, CF 8/12.

Three-point goals: LC 1 (Stewart 1), CF 11 (Montgomery 4, Banitt 1, Wolter 1, Rapp 3, Montgomery 4).

Notes: Lake City cut a 14-point deficit in the second half to two points with about 10 minutes left, but fell minutes to go. But the Bombers held on late for the victory.

THREE RIVERS CONFERENCE
PEM 50, Wabasha-Kellogg 47
PLAINVIEW-ELGIN-MILLVILLE (50)
Courtney Harrison 1, Kayla Lohrenz 5, Amanda Hirsch 5, Katie Schredl 3, Jessica Rohli 5, Kaylin Wolnes 2, Saale Tents 7, Megan Wiergt 2, Lindsey Olson 20.

Other stats: Olson 7 rebounds, 3 assists.
Halftime: CF 24, LC 22.
Free throws: LC 8/10, CF 8/12.

Three-point goals: LC 1 (Stewart 1), CF 11 (Montgomery 4, Banitt 1, Wolter 1, Rapp 3, Montgomery 4).

Notes: Lake City cut a 14-point deficit in the second half to two points with about 10 minutes left, but fell minutes to go. But the Bombers held on late for the victory.

THREE RIVERS CONFERENCE
PEM 50, Wabasha-Kellogg 47
PLAINVIEW-ELGIN-MILLVILLE (50)
Courtney Harrison 1, Kayla Lohrenz 5, Amanda Hirsch 5, Katie Schredl 3, Jessica Rohli 5, Kaylin Wolnes 2, Saale Tents 7, Megan Wiergt 2, Lindsey Olson 20.

Other stats: Olson 7 rebounds, 3 assists.
Halftime: CF 24, LC 22.
Free throws: LC 8/10, CF 8/12.

Three-point goals: LC 1 (Stewart 1), CF 11 (Montgomery 4, Banitt 1, Wolter 1, Rapp 3, Montgomery 4).

Notes: Lake City cut a 14-point deficit in the second half to two points with about 10 minutes left, but fell minutes to go. But the Bombers held on late for the victory.

THREE RIVERS CONFERENCE
PEM 50, Wabasha-Kellogg 47
PLAINVIEW-ELGIN-MILLVILLE (50)
Courtney Harrison 1, Kayla Lohrenz 5, Amanda Hirsch 5, Katie Schredl 3, Jessica Rohli 5, Kaylin Wolnes 2, Saale Tents 7, Megan Wiergt 2, Lindsey Olson 20.

Other stats: Olson 7 rebounds, 3 assists.
Halftime: CF 24, LC 22.
Free throws: LC 8/10, CF 8/12.

Three-point goals: LC 1 (Stewart 1), CF 11 (Montgomery 4, Banitt 1, Wolter 1, Rapp 3, Montgomery 4).

Notes: Lake City cut a 14-point deficit in the second half to two points with about 10 minutes left, but fell minutes to go. But the Bombers held on late for the victory.

THREE RIVERS CONFERENCE
PEM 50, Wabasha-Kellogg 47
PLAINVIEW-ELGIN-MILLVILLE (50)
Courtney Harrison 1, Kayla Lohrenz 5, Amanda Hirsch 5, Katie Schredl 3, Jessica Rohli 5, Kaylin Wolnes 2, Saale Tents 7, Megan Wiergt 2, Lindsey Olson 20.

Other stats: Olson 7 rebounds, 3 assists.
Halftime: CF 24, LC 22.
Free throws: LC 8/10, CF 8/12.

Three-point goals: LC 1 (Stewart 1), CF 11 (Montgomery 4, Banitt 1, Wolter 1, Rapp 3, Montgomery 4).

Notes: Lake City cut a 14-point deficit in the second half to two points with about 10 minutes left, but fell minutes to go. But the Bombers held on late for the victory.

THREE RIVERS CONFERENCE
PEM 50, Wabasha-Kellogg 47
PLAINVIEW-

Local Sports

HIGH SCHOOL GIRLS HOCKEY / SERTOMA SHOOTOUT

Dodge County program keeps getting stronger

By Sarah Doty

sdoty@postbulletin.com

Dodge County is hundreds of miles away from Indiana, but girls hockey coach Jeremy Gunderson thinks we might just have a "Hoosiers" team right in our own backyard.

"If you look at the enrollment as far as what we have for kids in a co-op, we are probably smaller than most A teams," said Gunderson about his Dodge County AA girls hockey team. The team is a co-op of Byron, Hayfield, Kasson-Mantorville, Pine Island and Triton, but currently not all those schools have girls on the team.

"We don't have any Triton kids, but yet they count against our co-op, there is no Claremont, Dodge Center, all of our girls are from Kasson-Mantorville except for one from Hayfield and two from Byron."

But they aren't complaining. Although they have a tough conference, it has only proven to make the young program better. Started just 11 years ago, the team has seen significant improvement through the years and currently is 6-3 this season.

With an eighth-grader in the goal, and several seventh-graders scoring for the Wildcats the young team is headed in the right direction.

"We are young," said senior Sara Olson, "but I think a lot of people use young as an excuse, but we aren't going to. We are doing really well, our young girls have stepped up enormously and are doing really well and helping us out, especially our goalie Anna Hunter. She is only an eighth-grader and she is playing really



solid back there and that is a huge help."

But according to Gunderson, being young and playing hockey in Dodge County go hand in hand.

"Our program is young at a youth level, some 7- and 8-year-olds are having to play U-12 so they are five years younger," he said. "So when they come in they have already had to compete against older kids. I think what happens is they have already learned that, 'Hey, it's hockey,' and when everyone has pads on they understand that they are equal on the ice, they know that it's just playing hockey."

There are still things to work on, though, said senior Tara Rasmussen.

"We are smart players, we use the ice, but the most important things that we need to work on are communication and seeing the open people on the ice better."

While there are always things to improve on, Gunderson is happy with the way things are headed.

Monday they defeated Appleton, Wis., 6-2 in the first round of the Sertoma/Home Federal Hockey Shoot Out. They will face Princeton at 5:30 p.m. today at the Four Seasons Arena in Kasson.

Still, relatively early in the season, the Wildcats have hopes of playing as long as possible.

"For the team, I would say winning our first playoff game and making it pretty deep into sections," is their goal, said Olson.

Gunderson believes that his team has the potential to do great things, they just need to continue working.

"The girls are the small-team underdogs that just keep building and getting better. In

• To purchase reprints of photos published in the Post-Bulletin — and many that weren't — go to www.postbulletin.com and look for Capture It

the playoffs we have had Lakeville the last couple years ... but I think now they have seen them for two years and they are starting to compete. It starts in their minds."

Members of the Dodge County Wildcats celebrate a first-period goal by Courtney Quam, third from left, during the team's game Monday against Appleton United at Four Seasons Arena. The Wildcats are the host team for the three-day Sertoma/Home Federal Shoot Out tournament in Kasson and Rochester.

Michèle Jokinen, mjokinen@postbulletin.com

DODGE COUNTY 6, APPLETON 2

First period — 1. DC, Courtney Quam (unassisted) 9:26. Second period — 2. DC, Olson (unassisted) 12:11. 3. DC, Emily Gunderson (Johnson) 10:46. 4. DC, Olson (Rose Johnson, Tara Rasmussen) 6:36. 5. DC, Sara Olson (unassisted) 2:19. Third period — 6. DC, Kourtney Kleber (Quam, Darby Dadds) 9:40. 7. A, Kourtney Bauer (unassisted) 1:08. 8. A, Bauer (unassisted) 0:57.

PRINCETON 2, CENTURY 0

Moral victory for Century
It might not have been a "W" for the Panthers record, but coach Dan Maitl said it was a victory of another sort.

"We would have liked to see a goal or two, but for us to have a 2-0 defeat at this (Sertoma/Home Federal Hockey Shoot Out) tournament is kind of a moral victory."

The Panthers were out-shot 64 to 11, but Maitl said that those numbers don't reflect the actual game.

"We played a pretty good game," he said. "A lot of the shots they took were from out of the box and our defense played pretty well. We are getting better, but we aren't at that level yet."

Century will face Appleton, Wis., Tuesday at 1:15 p.m. at the Four Seasons Arena in Kasson.

In another game in the tournament's Four Seasons bracket, University School of Milwaukee defeated Luverne 2-1 in overtime.

In the tournament's Rec Center bracket, Fond Du Lac/Waupun, Wis. defeated Winona 2-1 in overtime. St. Paul United defeated New Ulm 3-2 in overtime, and Central Wisconsin ripped JML/Lourdes 7-0.



Michèle Jokinen, mjokinen@postbulletin.com

Century's Taylor Knapp (5) and Princeton's Ally McAlpine face off during the Sertoma/Home Federal Shoot Out Monday at Four Seasons Arena in Kasson.



Hannah Nelson of John Marshall/Lourdes looks to pass the puck during Monday's game against the Central Wisconsin Storm. JM/L lost 7-0. Ken Klotzbach, klotzbach@postbulletin.com

HIGH SCHOOL WRESTLING / THE CLASH

Kasson-Mantorville hoping again to be competitive

KoMets were upstarts of 2006 tournament

By Ben Pherson

bpherson@postbulletin.com

KASSON — At The Clash V National Wrestling Duals in 2006, Kasson-Mantorville was the talk of the tournament.

The KoMets didn't pull off any major upsets, but they wrestled great against some of the best teams in the country and ended up finishing third in the Fifth Bracket, or 19th place out of 32 teams.

Later that season, Kasson-Mantorville won the Section One, Class AA title and advanced to the state tournament.

K-M coach Paul Mann is hoping this year's KoMets can pull off a similar feat, starting at this weekend's Clash VII.

The KoMets will have no expectations. In fact, they're one of the tournament's lowest seeds and will open against No. 1 seed Ballard-Huxley of Iowa, which is ranked in the top 10 in the nation. Ballard-Huxley has 10 ranked wrestlers and four returning state champions.

"I'm hoping it will be a lot like when we faced Archbishop Moeller (Ohio) two years ago," Mann said. "We lost by like 30 or 35 points, but we stayed competitive. We just did not let anyone beat us until they earned it."

"I think the point is that we don't want to back down to anyone. If we're going to lose all 14 matches, we're not going to give them a single one."

Mann said three of his current wrestlers were regulars on that team — Garrett Garness, Miles Brannan and Casey Johnson.

While Garness, Brannan and Johnson bring experience to the table,



Jerry Olson, jolson@postbulletin.com

Kasson-Mantorville wrestling coach Paul Mann prepares his wrestlers in a Monday practice for The Clash, which will be held in Rochester Friday and Saturday.

the KoMets are still young. Very young.

Mann's Clash lineup likely will feature four eighth-graders. There currently are only two senior starters (Shelby Deno and Nik Sinclair) and four juniors. The bulk of K-M's lineup will be around for the next few seasons.

Despite the team's youth, the KoMets already have a signature win — they

upset Class A's No. 4-ranked team, Kenyon-Wanamingo, 34-15 on Dec. 18. The KoMets did not surrender a single bonus point against the Knights. While Mann hoped this team would be capable of a win like that late in the season, he definitely wasn't expecting it before the holiday break.

"For as young as they are, they have met every challenge we have put in

front of them," Mann said. "We've got four eighth-graders in there, and we still have a lot to learn. The good thing is they come from a competitive youth program, so they're not used to losing. They've always had that competitive-ness."

That competitive youth program has become the envy of high school coaches all over southeastern Minnesota. And it's the backbone of the K-M program.

The K-M youth program currently has 117 members, which is incredible for a school its size.

Those numbers have translated into success: K-M has won the National Youth Wrestling Association (NYWA) Minnesota state title the past two years.

So how have they done it? Mann, who took over the program in 2004, said it hasn't been easy.

"I think the first thing is that we have three coaches on our high school staff who are very involved in the youth program," Mann said. "We have coaches who are putting in almost double time for next to nothing in pay. You know, the other thing a varsity coach has to do is take ownership in the youth program. Whether it's just walking in the door a few times or whatever. You have to be involved."

Mann and the K-M program also have benefited from some very dedicated parents.

"The hours and time they put in is just amazing," Mann said. "We have parents who are very committed to the program, and that's one of the biggest factors in our success. It's huge. You can have coaches who are dedicated, but they can't do it all. After a few years, they'll be burned out. You have to have parents who are dedicated, too."

The K-M coaches also do a great deal of recruiting at the elementary



THE CLASH VII

What: National high school wrestling duals.

When: Friday and Saturday.

Where: UCR Regional Sports Center.

Tickets: \$25 for an adult all-tournament pass, \$20 for a student all-tournament pass. Single-session tickets are \$10 and \$8.

Up next: The Post-Bulletin will run Clash previews all week leading up to the tournament. In Wednesday's paper, read about Mark Schultz, one of the best American wrestlers ever with an unusual personal story.

level. They run a two-week free clinic before the season starts, and that acts as one of their best recruiting tools.

"The kids can come in, try it, and see if they like it, and it doesn't cost them anything," Mann said. "If they like it, they can sign up. That program has really helped increase our numbers. I think we went from about 85 the year before we started doing that to 110 the first year of the program."

"Then it's a matter of getting the kids to stick with it. We like to emphasize the team aspect, at all levels. Because even if they lose, the team can still win."

Local Sports

HIGH SCHOOL BOYS BASKETBALL / ROTARY/US BANK CLASSIC

Bulldogs will play for championship

By Pat Ruff
pruff@postbulletin.com

For the uninformed, Plainview-Elgin-Millville taking on Stillwater in boys basketball would seem like a large mismatch.

You're talking about a school with 2,888 students (Stillwater), taking on a school of 516.

And on these basketball teams, you're talking about one with a starting lineup that has a 6-foot-8 and a 6-5 starter (Stillwater), taking on a team whose tallest player is 6-4 (sophomore star Cole Olstad).

Finally, in this Rotary/US Bank Holiday Classic semifinal matchup Tuesday at Mayo Civic Auditorium, you're talking about one team being the defending champion (Stillwater), and the other immediately dumped into the losers bracket last year.

Well, it turns out there was a whole lot more to consider with this matchup than those aforementioned facts, because Plainview-Elgin-Millville will be playing in tonight's 6:15 p.m. championship, taking on Apple Valley. The Bulldogs got there with an inspired second half and ultimately a decisive 64-54 win over Stillwater.

Apple Valley downed previously unbeaten Northfield 62-52 in the other semifinal.

Speaking of unbeaten, that still describes P-E-M. The Bulldogs now stand at 7-0, with all of those wins by double digits.

P-E-M is precisely where it had hoped to be at this stage of the season — unbeaten and playing for a Rotary championship.

"We move the ball well, we've got a good motion offense, and we play good man-to-man defense," said P-E-M junior forward Clay Olstad, who on Tuesday was the glue to the Bulldogs' efforts with his skilled and rugged all-around game. "We wanted to be in the (Rotary) championship. We take a lot of pride in representing this area (of the state) the best way we can."

Olstad didn't like the way his team represented itself in the first half against Stillwater. The biggest problem was the way the Ponies were hammering P-E-M on the boards.

Stillwater outboarded the Bulldogs by 18 in the first half, helping it to a 27-26 intermission lead.

After that, though, P-E-M got really serious, putting forth a massive effort in willing itself to its seventh straight win.

"Our defense became a lot better, and with that so did our rebounding," Olstad said.

P-E-M also got a much better performance after intermission from its best scorer, Cole Olstad. Cole, who had entered the night averaging 26 points, had one basket and a total of three points in a nightmarish first half in which he went 1-for-8 from the field.

But, predictably, he righted himself after that and finished with a team-high 18 points. Clay had 16, powerful 5-10 forward Ross Grobe had 15, and slick-ballhandling point guard Andrew Larson had eight.

All of that got the Bulldogs to where they wanted to be, in the Rotary finals. "I was really disappointed with our rebounding and some turnovers in the first half," P-E-M coach Kirk Thompson said. "But I give our kids a lot of credit for staying poised and never giving up."

PLAINVIEW-ELGIN-MILLVILLE (64)
Andrew Larson 8, Chris Conrad 2, Cole Olstad 18, Michael Pick 3, Ross Grobe 15, Clay Olstad 16, Landan Fries 2, Matt Pick 0.

STILLWATER (54)
Ryan Darbury 2, Paul Franklin 16, Jesse George 3, Paxton Hennevis 3, Alex Oran 10, Jake Meier 2, Miles Robinson 1, Adam Habach 13, Mike Heller 4.

Halftime: STILL 27, PEM 26.

Free throws: PEM 27/37, STILL 8/16.

Three-point goals: PEM 3 (Cole Olstad 1, Ross Grobe 1, Clay Olstad 1), STILL 0 (Hennevis 0, Franklin 2).

APPLE VALLEY 62, NORTHFIELD 52

Raiders' first loss of season

Apple Valley dragged into the Rotary tournament with a 2-3 record.

Well, it turns out that record was a tad deceiving.



Plainview-Elgin-Millville's Cole Olstad, left, shoots over Stillwater defenders Tuesday in the Rotary/US Bank Holiday Classic at the Mayo Civic Center Auditorium. At right, Clay Olstad tries to shoot over Stillwater's Ryan Duxbury. P-E-M pulled off the win, 64-54.



Michele Jokinen, mjokinen@postbulletin.com

SCORES, SCHEDULE

ROTARY/US BANK HOLIDAY CLASSIC

BOYS VARSITY

MONDAY

First round at Mayo Auditorium
Apple Valley 65, Mayo 54
Northfield 75, Lourdes 50
Stillwater 60, Century 45
Plainview-Elgin-Millville 82, John Marshall 49

TUESDAY

Semifinals at Mayo Auditorium
Apple Valley 62, Northfield 52
Plainview-Elgin-Millville 64, Stillwater 54
Consolation semis at UCR Sports Center
Mayo 49, Lourdes 45
John Marshall 55, Century 30

TODAY

Seventh place — Lourdes (4-3) vs. Century (4-6), 1:30 p.m., UCR
Fifth place — John Marshall (2-4) vs. Mayo (2-6), 2:15 p.m., UCR
Third place — Northfield (5-1) vs. Stillwater (2-4), 1:45 p.m., Mayo Aud.
First place — Plainview-Elgin-Millville (7-0) vs. Apple Valley (4-3), 6:15 p.m., Mayo Aud.

BOYS B SQUAD

All games at UCR Sports Center

MONDAY

First round
Northfield 51, Mayo 47
Apple Valley 58, Lourdes 50
Century 61, Plainview-Elgin-Millville 53
Stillwater 55, John Marshall 25

TUESDAY

Semifinals
Apple Valley 57, Northfield 53
Century 51, Stillwater 46
Consolation semis
Lourdes 45, Mayo 35
Plainview-Elgin-Millville 63, John Marshall 35

TODAY

Seventh place — Mayo vs. John Marshall, 9:30 p.m.
Fifth place — Lourdes vs. Plainview-Elgin-Millville, 1:15 a.m.
Third place — Northfield vs. Stillwater, 1 p.m.
First place — Apple Valley vs. Century, 2:45 p.m.

"Everybody we lost to is very good," said Apple Valley coach Mike Fritze said. That included the No. 2 ranked team in the state, Henry Bibb.

Well, the Eagles have quickly turned that record around. They now stand at 4-3 after a couple of impressive wins, the latest over previously unbeaten Northfield.

Apple Valley used a speedy transition game led by blazing-fast point guard Varnham Sonie to run past the skilled but slower Raiders.

Northfield gradually peeked away at the Eagles' 33:24 halftime lead, but never was able to completely close it. Then, with about five minutes left in the second half, Apple Valley started to put things away, with guard Mitch Bires leading the way on a 15-6 game-ending scoring run. Bires had seven of those points.

Division I recruit Emmanuel Addo

had 10 points to pace Northfield. Bires and forward Tom Schalk each had 12 for Apple Valley.

NORTHFIELD (52)

Christian Shapley 15, Taylor Shroyer 9, Emmanuel Addo 18, Dan Pengra 5, Zac Worneldorf 3, Alex Blich 2.

APPLE VALLEY (62)

Vernon Sonie 10, Matt Gutcheff 1, Ray Watson 2, Mitch Bires 12, Boomer Hermes 2, Tom Schalk 12, Shane Parks 10, David Bauer 9, Cory Landes 4.

Halftime: AV 32, NORTH 24.

Free throws: NORTH 7/13, AV 22/30.

Three-point goals: NORTH 7 (Shapley 3, Taylor Shroyer 3, Addo 1, AV 4 (Sonie 1, Bires 1, Tom Schalk 2).

CONSOLATION BRACKET

JM 55, Century 30

John Marshall needed that. Century probably did, too, but it's going to have to wait at least one more day to heal its wounds.

After losing to Plainview-Elgin-Millville by 33 on Monday, the Rockets (2-4) did the blasting, dumping Century by 25.

Point guard Nate Miller led the way with 12 points, while Joe Moen had 11 and Zach Smith nine.

JM steadily built on a 25-13 halftime lead.

Century (1-6) got eight points from Nate Krusselbrink.

JOHN MARSHALL (55)

Jordan Stokes 2, Nate Miller 12, Justin Behrke 7, Matt Miller 2, Gueford Mpagashe 4, Joe Moen 11, Robi Ahmed 4, Zach Smith 9, Nate Bartz 2, Storm Solo 2.

CENTURY (30)

Cason Fossum 2, Josh Benson 6, Nate Krusselbrink 8, Marcus Eckert 4, Eric Sheridan 4, Joel DeGoey 2, Dan Peterson 2, Patrick Franks 2.

Halftime: JM 25, CENT 13.

Free throws: JM 9/13, CENT 3/7.

Three-point goals: JM 4 (N. Miller 3, Behrke 1), CENT 5 (Benson 2, Krusselbrink 2, Eckert 1).

Mayo 49, Lourdes 45

Mayo took advantage of its superior size in the second half when it got some excellent production from 6-foot-8 sophomore Michael Iddo.

Iddo scored all 10 of his points after intermission. Mayo led 17-15 at the break.

The Spartans (2-6) were led in scoring by guard Garrett Benson, with 17 points.

Guard Sam Calcagno added 13.

Lourdes (4-3) was paced by guard Tyler Gregusson's 14 points. He hit three 3-pointers. Doug Stupca added 13 and Sean McGrath had 10. Lourdes struggled from the free-throw line, hitting just 14 of 22 shots. It was 6-of-13 in the first half.

Mayo plays John Marshall at 3:15 p.m. today at UCR Regional Sports Center for fifth place. Lourdes plays Century at 1:30 p.m. for seventh.

LOURDES (45)

Tyler Gregusson 14, Nic Jensen 4, Doug Stupca 13, Michael Toulsey 0, Brian Dilling 0, Sean McGrath 10, Alex Knapton 2, Sam Daly 2.

MAYO (49)

Sam Calcagno 13, Garrett Benson 17, Andrew Matsumoto 4, Aaron Aaland 5, Michael Iddo 10, Steve Miller 0, Marcus Franzono 0, Dan Altman 0.

Halftime: MAYO 17, LOURDES 15.

Free throws: LOUR 14/22, MAYO 11/15.

Three-point goals: LOUR 7 (Gregusson 3, Stupca 2, Jensen 1), MAYO 2 (Calcagno 1, Benson 1).

BASKETBALL / COLLEGE

RCTC women win by 71 points

Post-Bulletin staff

MINNEAPOLIS — The unbeaten Rochester Community and Technical College women's basketball team ended 2008 on a high-flying note Tuesday afternoon, routing Hibbing Community College, 105-34.

The win came in the second round of the Minneapolis Tournament.

The 71-point margin of victory was the largest of the year, and the 105 points was the most points scored by the Yellow-jackets so far in a 14-0 season.

On Dec. 12, RCTC defeated Rainy River by 60 points, 97-37. The only other time RCTC reached 100 points was a 104-65 win over Itasca on Dec. 5 in a game played in Grand Rapids.

RCTC put seven players in double figures, led by sophomore Anne Breland with 21 points. She connected on three 3-pointers and grabbed five rebounds.

Nikki Borkhuis added 18 points with four steals; Sam Sikkink netted 15; Maria Gangloff had 14 points and four steals; Amanda Degnan had 12 points and three assists; Tess Milczak scored 11 points; and Chelsea Wand got 11 points and four assists.

RCTC shot 62 percent on 42-of-68, while holding Hibbing to 28 percent (13 of 47).

RCTC had a 40-26 advantage in rebounds and committed 13 turnovers. Hibbing had 31 turnovers.

"We came out with a lot of intensity and played our game," said RCTC coach Steve Huckle.

"We didn't press that much but when we did, it was effective."

"This was a good way to send us in for the rest of our (holiday) break."

The Yellowjackets next play Jan. 7, hosting Fergus Falls at 6 p.m.

Men cruise in 2nd half

MINNEAPOLIS — The Rochester Community and Technical College men

outscored Hibbing 36-24 in the second half to win 79-42 in the Minneapolis tournament.

The Yellowjackets outscored Hibbing 23-6 in the first five minutes of the second half to extend a five-point halftime lead to 22.

RCTC got strong contributions from several players. Kurt Koenig, a sophomore from Waconia, had 15 points and nine rebounds. Josh Hagan, a freshman from Kingsland, scored 15 points and Josh Reynolds, a freshman from John Marshall, had 12 points.

Tyler Speer, a sophomore from Lanesboro, had 10 points, five rebounds, four assists and three steals. Allen McGaha, a freshman from Bolingbrook, Ill., finished with 10 points and five steals. Tyler Drinkall, a sophomore from Rushford-Peterson, grabbed seven rebounds.

RCTC (9-3) opens conference play next Wednesday at home against Fergus Falls.



Breland

HIGH SCHOOL GIRLS HOCKEY / HOLIDAY TOURNAMENTS

Mayo loses narrowly in Schwan Cup semis

Post-Bulletin staff

BLAINE — Eagan popped in two goals in the first period and held on for a 2-1 girls hockey win over Rochester Mayo in the Schwan Cup semifinals Tuesday.

Kait Mason and Molly Sparks scored for Eagan in the first period against Mayo goalkeeper Rebecca Graham, who finished with 26 saves.

Mayo coach Jeff Phillips called it Graham's game of the year in goal.

"She has been working on her game focus and this really showed tonight," he said.

Mayo got on the board in the second period with an unassisted goal by Keri Pickel. The Spartans had 14 shots on Eagan goalie Emily Oltroge.

"Pickel was the obvious force on the ice tonight for Mayo, creating several scoring chances," Phillips said.

"We played a very competitive game against a top-ranked team in AA," Phillips added.

Mayo plays in the third-place game at 4 p.m.

today in Blaine against either Breck or Minnetonka.

SERTOMA SHOOTOUT

NEW ULM 10, JM/LOURDES 1

Rochester no match for New Ulm

New Ulm scored four goals in each of the first two periods and rolled past John Marshall/Lourdes in the Sertoma Shootout.

Kaylen Berle scored four goals and had one assist for New Ulm, and Courtney Kral had one goal and three assists. The line of Berle, Kral and Korinne O'Connor combined for 16 points.

JM/Lourdes' only score was in the second period, with Sarah Armstrong converting a pass from Laura Fisher. Hannah Sahli had 11 saves in her second varsity start at goaltender.

JM/Lourdes plays again today in the final day of the tournament.

APPLETON 4, CENTURY 1

Panthers fall to 1-12

Century allowed two quick goals in the first couple of minutes and couldn't recover against Appleton, Wis., in the second round of the

Sertoma Shootout at Dodge.

Century closed the gap to 2-1 early in the second period on an unassisted goal by Sonia Bakke. But that was the only one of Century's nine shots on goal to reach the net.

Century goalkeeper Liz Maidl was kept busier with 44 saves.

"We didn't come out right away like I thought we should have, but after that we played them tough," Century coach Dan Maidl said. "It was a very physical game."

Century (1-12) plays at 10 a.m. today at Kasson against the loser of Laverne and Worthington.

PRINCETON 3, DODGE COUNTY 1

Hosts fall in semifinals

Princeton reached the championship game of the Shootout's Four Seasons bracket with a 3-1 victory over Dodge County.

Kortney Kleber scored the Wildcats' goal, with an assist from Emily Mundy. Goalie Anna Hunter made 24 saves. Dodge County put 30 shots on goal.

Dodge County will play in the third-place game today at Kasson against either the University School of Wisconsin or MSO Iceberg, also from Wisconsin.



Michele Jokinen, mjokinen@postbulletin.com

Dodge County's Tara Rasmussen keeps her stick on the puck despite being tripped by Princeton's Raelyn Smith Tuesday in Kasson.

Local Sports

HIGHLIGHTS AND HEROES

Boys basketball

• **Michael Burfield** had 16 points and 13 rebounds as Lewiston-Alitara beat Lanesboro 69-58. **Colin Bakke** had 17 points and 9 rebounds for Lanesboro.

• **Austin Case** had 19 points and 10 rebounds and 6 assists as Chatfield topped Kingsland 73-62. **Billy Oeligen** scored 22 points for Kingsland and **Tyler Himle** added 20.

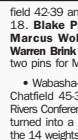
• **Nathan Jensen** scored 27 points and Jordan Jarland added 19 as Fillmore Central defeated Southland 79-50.

Wrestling

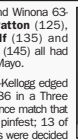
• **Mayo senior Jake Hanson** had a pin at 112 pounds in a match against Northfield for his 100th career victory. The Spartans beat Northfield 10-0.



Case



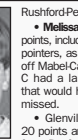
Hanson



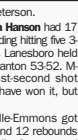
Jarland



Meincke



Meincke



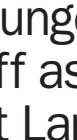
Meincke



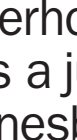
Meincke



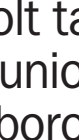
Meincke



Meincke



Meincke



Meincke



Meincke



Meincke



Meincke



Meincke

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER ROUNDUP

Mayo shuts out Owatonna

Post-Bulletin staff

Rochester Mayo played one of its strongest defensive games this season and beat Owatonna 4-0 in a Big Nine Conference girls hockey game Thursday night at Graham Arena.

"We wanted to pressure Owatonna from the start and maintain it through three periods regardless of the score, and the girls did a great job with this tonight," Mayo coach Jeff Phillips said.

Mayo took a 2-0 lead in the first period on goals by Olivia Mewhorter and Anna Billings. Tessa Rud had an assist on Billings' goal.

Mary Grace Fleisher added single goals in the second and third periods for the

Spartans. Courtney Schubauer had an assist on the second period score, which was short-handed, and Billings and Keri Pickel assisted in the third period goal.

The Spartans had a 3-to-1 advantage in shots on goal, 36 to 12. Phillips said that Mayo goalie Rebecca Graham had "another solid night" in securing the shutout.

Emma Leaf played a starring role on defense to help limit Owatonna's shots, the coach added.

"This was a good game for us," Phillips said. "Owatonna is a conference and section rival."

Mayo plays host to Faribault next Tuesday at Graham Arena.

ALBERT LEA 4, JIM/LOURDES 2

Moyer sparks Tigers

Natasha Moyer had a goal and two assists to lead Albert Lea past John Mar-

shall/Lourdes.

The Tigers outshot JML 40-18 and never trailed in the game. The game was tied after one period and Albert Lea went up 3-2 after two periods.

"We just couldn't finish quite a few of our scoring chances and then we took a couple of penalties in the third period and couldn't recover," JML coach Steve Russell said.

"But the girls continue to improve," he added.

Sarah Armstrong and Eleanor Lemish scored for JML. Katie Armstrong assisted on Lemish's goal.

JML (2-12 overall) plays host to Northfield on Saturday at 5:30 p.m. at the Rec Center.



Fleisher



Alexender

HIGH SCHOOL SPORTS / NOTEBOOK

Red Wing coach wins No. 300

RED WING — George Nemanich, in good nature, downplayed the significance of a milestone he reached two weeks ago. "It just says you've been around for awhile," Nemanich said with a chuckle, after the Red Wing boys hockey coach notched career coaching win No. 300 on Dec. 27 with a 5-3 victory against Tartan. "When you've been around awhile you accumulate some wins. It was a neat thing, though. As it got closer, it was fun to sit and think back to all the exciting games we've been involved in and the players we've had."

Nemanich, in his 17th season as Red Wing's head coach, has 303 career victories as the Wings improved to 7-5-0 this season with a 6-3 victory against Prior Lake on Thursday.

He spent three seasons as an assistant for the Wings before taking over for **Jim Pohl**. Nemanich also was an assistant at Totino-Grace and St. Agnes before joining the staff at Red Wing, where he has been for nearly 20 years.

Nemanich has coached six Red Wing teams to the state tournament. The 1997 Wings — led by future Gopher and NHLer **John Pohl** — went unbeaten (28-0) and won Red Wing's only state championship. The Wings were state runners-up in 1996 and 2002.

"Those state tournament teams probably bring the fondest memories," Nemanich said, "but we have played some very exciting regular season games, too. You get those special matchups sometimes ... that's what makes high school hockey so much fun."

— Jason Feldman

BOYS HOCKEY

Alexander among state leaders

Rochester Mayo's **Tom Alexander** has put on some impressive scoring displays this season, and he has been as consistent as anyone in the Spartans' lineup.

The senior's hard work and savvy around the goal has helped him become one of the state's top scorers. Alexander's 27 points (16 goals, 11 assists) put him 14th among all players in the state, according

to stats provided by Pointstreak on mmhockeyclub.com.

Alexander has at least one point in all 12 games for Mayo (8-4-0) this season. He has eight multi-point games and two four-point games.

Alexander has also recorded a pair of hat tricks, including a natural hat trick in the Spartans' 30 victory against rival Century in the third-place game of the Kiwanis/Wells Fargo Festival on Dec. 31.

Mankato West's **Andrew Bruggeman** (20-10-30) is the only other Big Nine Conference player among the top 25 in the state. **Joey Benik** of St. Francis is the state's leading scorer, with 59 points (33 goals, 26 assists) through 14 games.

— Jason Feldman

Century banged up on blue line

At one point in the third period Thursday, Century coach Bruce Frutiger looked at the ice, during a five-on-five situation, and realized his team had five forwards skating.

The two skaters back on defense — brothers **Drew Anderson** and **Tyler Anderson** — are two of the team's top five scorers.

"I don't know if I've ever been in a situation where you look down the bench, you have two (healthy) defensemen and you're scrambling for Nos. 3 and 4," Frutiger said.

The Panthers have held up well in stressful circumstances, though. They snapped a three-game losing skid Thursday with a 4-3 win over Rosemount.

They did it without regular blue-liner **Nick Raehsler** and played part of the game without Raehsler's partner, **Jeff Nagel**. Raehsler was hit hard by a Rosemount player just 10 seconds into the game and suffered a knee injury, the severity of which was unknown after the game. Nagel

injured his wrist and missed some time in the middle of the game, but was able to

return.

Century has played without another regular defenseman, **Connor Fausel**, for the past five games. Fausel suffered a shoulder injury just prior to the Kiwanis/Wells Fargo Festival.

The good news for Century: Regular d-men **Bill Grinde** and **Ryan Knoepke** have played very well and logged a lot of ice time.

"The guys have done well," Frutiger said. "It takes its toll on you and takes you out of a rhythm."

— Jason Feldman

CHEERLEADING

Mayo to resurrect program

It's been several years since Rochester Mayo has had cheerleading, but Nicole Langdon and Jennifer Harrington are out to change that.

"The guys have done well," Frutiger said. "It takes its toll on you and takes you out of a rhythm."

They are in the process of organizing cheerleading for the school for the fall of 2009.

"It just doesn't seem like homecoming without cheerleaders," said Langdon. "We need squads to support our teams."

Langdon has been coaching the Cheer America program for eight years and is a former cheerleader for Lourdes High School and the Rochester Mustangs.

Harrington is a Mayo grad and former Spartans cheerleader.

They will be organizing an informational meeting in the next few weeks and then scheduling a tryout if enough interest is expressed.

Those interested or seeking more information can contact Mayo's activities director **Jeff Whitney** at 328-5560.

— Craig Swalowski

HIGH SCHOOL BASKETBALL / NOTEBOOK

Hungerholt takes off as a junior at Lanesboro

Brett Hungerholt showed some large potential last year.

Then a sophomore, Hungerholt was already 6 feet, 4 inches tall and starting at point guard for the Lanesboro boys basketball team. But he was a decidedly skinny 6-4, and got pushed around a bit.

Hungerholt, though still on the thin side, has shown marked improvement this season, and in good part because he's gotten stronger after a summer of weight lifting. That's allowed him to become a force, upping his scoring average from 13 points per game last season, to 21. Among his baskets have been four dunks his first one in traffic as he knifed between a pair of defenders.

"When he did that, I immediately thought, 'OK, we might really have something now,'" said

Burns coach **John Smith**, who has moved Hungerholt away from point guard to forward.

"Smith hasn't been disappointed."

"As (Hungerholt) has gotten stronger, he's become a lot more aggressive," Smith said.

Still, the Lanesboro coach sees plenty of room for growth from his standout junior, whom he'd like to see become more assertive inside. Part of Smith's optimism comes from Hungerholt being expected to literally grow some more in the next two years. Smith imagines him putting on considerably more weight, and possibly growing upward another inch or two.

"I'm not sure how good he might become," Smith said. "There is a lot of potential to him."



Hungerholt

— **Pat Ruff**

Spring Grove great again

After losing its two biggest guys from last year's Southeast Conference championship team, Spring Grove figured to at least be a different team this season.

It is. But the Lions seem to be just as good, if not better.

Spring Grove, whose tallest starter is 6-foot-4 **Nathan Wiste**, is sailing along with a 7-1 record. That includes a head-turning 32-49 win over powerful Caledonia. The Lions only loss has been to Watkon, Iowa, in their season opener.

Spring Grove is doing it offensively with a bunch of guys who can shoot and get to the basket. Guard **Garrett Gross** leads the way with a 20.4 points per game average, though 6-3 forward **Colin Kurk** (13 points, seven rebounds, six assists) is considered the glue to the team.

"We've got guys whose ball skills are solid and they can shoot," Spring Grove coach **Wade Grinde** said. "We're not tall, but guard play is so important at any level, and that is

definitely our strength."

The Lions score can shoot, and from deep. They have already made 66 3-pointers, and are converting them at a terrific rate of 40 percent.

— **Pat Ruff**

Gold Division is loaded

The Hiawatha Valley League Gold Division in boys basketball is shaping up as one heck of a league.

There are five Gold Division teams with three losses or less, led by Stewartville (8-1) and La Crescent (7-1). The next three all have legitimate hopes of eventually being its champion, though, with Byron at 7-2, Winona Cotter at 6-2 and Rochester Lourdes at 6-3.

La Crescent was dealt its first loss on Tuesday, with Cotter doing the honors, 48-42.

A terrific matchup happens Friday when rivals Byron and Lourdes square off at Lourdes.

— **Pat Ruff**

K-W schedule heats up

The Kenyon-Wanamingo boys basketball team has been practicing for six weeks, but the Knights have played just five games in that span.

"It wasn't by design," K-W coach **Matt Addington** said. "But that's the way it kind of shook out."

The Knights have had a pair of games postponed and they didn't play in a holiday tournament. They did play at a team event in early December. After winning their opener, the Knights have dropped four straight.

"It's frustrating because you need these games to see where you're at," Addington said.

The schedule will get a lot busier in the upcoming weeks. The Knights will be playing up to four games per week several times over the next month.

Addington said that can be a problem because practice time will be limited to once or twice a week.

"As a coach you're always selfishly looking for practice time," he said.

Especially when dealing with a young squad like K-W. The team's top two scorers are sophomores: **Brandon Quam**, who averages 14.5 points a game, and **Brady Anfinson**, who averages 10 points a contest.

— **Guy N. Limbeck**

GIRLS BASKETBALL

Winona all-tourney team

Plainview-Elgin-Millville players **Lindsey Olson** and **Kayla Lehnertz** were among the girls named to the all-tournament team at the 23rd annual Lewiston Auto Warrior Club Holiday basketball tournament at Winona State University.

Other area girls on the all-tournament team included Lewiston-Alitara's **Alyssa Franzen**, Lanesboro's **Yvonne Freese**, Grand Meadow's **Jessica Benson**, Chatfield's **Mackenzie Kerska**, and Renee Pecarina of Winona Cotter.

— **Donny Henn**

COLLEGE WRESTLING / RCTC

Yellowjackets trounce Minn. West

Post-Bulletin staff

Rochester Community and Technical College got three pins and also took advantage of three forfeits as it downed Minnesota West 42-9 on Thursday in Minnesota Community College Conference wrestling.

Nothing the pins for the Yellowjackets were 133-pound **Lee Burg** (24 seconds), 165-pound **Luke Eyrin** (2 minutes) and heavyweight **Tyler Lindhart**.

"We did enough to win the dual, but we are a long way from where we need to be to compete at the national tour-

naments," RCTC coach **Randy Rager** said.

RCTC (4-2) takes on Iowa Central next Thursday at 7 p.m. at RCTC. Iowa Central is the three-time defending national junior college Division I champion. RCTC is ranked third in Division III junior college.

RCTC 42, MINNESOTA WEST 9

125 — **Justin Griffin** (NTF) dec. **Dan Anderson** (S.S. 133) — **Lee Burg** (RCTC) pinned **Jamal McAllister** (24. 141) — **Jose Ayala** (MWW) won by forfeit. 149 — **Jose Zeller** (RCTC) dec. **Randy Hummel** (98. 157) — **Dan Copp** (RCTC) won by forfeit. 165 — **Luke Eyrin** (RCTC) pinned **Bryan Louis** (200. 174)

187 — **Ethan Haskbarr** (RCTC) dec. **Ryan Teal** (72. 184) — **Drew Clark** (RCTC) won by forfeit. 197 — **Parker Brand** (RCTC) won by forfeit. 197 — **Tyler Lindhart** pinned **Brance Phaise**.

"We did enough to win the dual, but we are a long way from where we need to be to compete at the national tour-

naments," RCTC coach **Randy Rager** said.

RCTC (4-2) takes on Iowa Central next Thursday at 7 p.m. at RCTC. Iowa Central is the three-time defending national junior college Division I champion. RCTC is ranked third in Division III junior college.

Nothing the pins for the Yellowjackets were 133-pound **Lee Burg** (24 seconds), 165-pound **Luke Eyrin** (2 minutes) and heavyweight **Tyler Lindhart**.

"We did enough to win the dual, but we are a long way from where we need to be to compete at the national tour-

naments," RCTC coach **Randy Rager** said.

RCTC (4-2) takes on Iowa Central next Thursday at 7 p.m. at RCTC. Iowa Central is the three-time defending national junior college Division I champion. RCTC is ranked third in Division III junior college.

Nothing the pins for the Yellowjackets were 133-pound **Lee Burg** (24 seconds), 165-pound **Luke Eyrin** (2 minutes) and heavyweight **Tyler Lindhart**.

"We did enough to win the dual, but we are a long way from where we need to be to compete at the national tour-

naments," RCTC coach **Randy Rager** said.

RCTC (4-2) takes on Iowa Central next Thursday at 7 p.m. at RCTC. Iowa Central is the three-time defending national junior college Division I champion. RCTC is ranked third in Division III junior college.

BOYS BASKETBALL

BIG NINE CONFERENCE					HIAWATHA VALLEY LEAGUE GOLD DIVISION					Non-conference La Crescent at W				
Conf Overall					Conf Overall					THREE RIVERS				
W	L	W	L		W	L	W	L		W	L	W	L	
Mankato West	4	0	8	1	Stewartville	2	1	8	1					
Austin	3	0	5	1	La Crescent	2	1	7	1					
Owatonna	3	0	5	2	Byron	2	1	7	2					
John Marshall	2	1	3	5	Winona Cotter	2	1	6	2					
Mayo	1	2	3	7	Rochester Lourdes	2	1	6	3					
Winoona	1	2	1	5	Hayfield	1	2	2	5					
Century	1	2	1	8	Kasson-Mantorville	0	3	2	6					
Mankato East	1	3	2	8	BLUE DIVISION									
Faribault	0	3	6	4	Lake City	3	0	6	2					
Albert Lea	0	3	1	8	Dorset	2	1	6	2					
					Goodhue	2	1	4	4					
					Pine Island	2	1	5	3					
					Canon Falls	1	2	6	4					
					Kenyon-Wanamingo	0	1	1	4					
					Zumbrota-Mazepa	0	3	1	7					
Mankato West 58, Mankato East 25					TODAY					THURSDAY				
New Prague 76, Albert Lea 40					Cotter at Hayfield					Cotter at Hayfield				
Northfield 48, Faribault 46					Pine Island at Cannon Falls					Falmouth at Austin 77				
					Byron at Lourdes					Non-conference				
					Stewartville at Kasson-Mantorville					La Crescent at W				
					Kenyon-Wanamingo at Lake City					Leviston-Alta 69				
					Zumbrota-Mazepa at Goodhue					TODAY				

Local Sports

HOCKEY / JM AT HOCKEY DAY MINNESOTA

Outdoor game stirs emotions for JM's Lecy

 By Jason Feldman
jfeldman@postbulletin.com

Scott Lecy was watching the NHL's Winter Classic on New Year's Day when his excitement grew for Rochester John Marshall's appearance on Hockey Day Minnesota.

The Winter Classic features two NHL teams playing a game outdoors; this year was old rivals Chicago and Detroit playing at one of the greatest outdoor stadiums anywhere, Wrigley Field in Chicago.

"I was surprised with the guys from the Blackhawks and Red Wings, how excited they were about it," Lecy said.

Lecy, the head coach of the John Marshall boys hockey team, and his players will get to experience their own Winter Classic at 10 a.m. Saturday.

That's when they are scheduled to face St. Paul Johnson in the opening game of Fox Sports North's Hockey Day Minnesota 2009. The game will be played at the outdoor rink at historic Phalen Park and it

will be broadcast live by FSN, a cable channel that reaches more than two million homes in five states.

It will be a memorable day for JM, as the Rockets will stick around at Phalen Park to watch more high school hockey before heading to the Xcel Energy Center for the 8 p.m. NHL game between the Minnesota Wild and the Anaheim Ducks. That game is the final live game of the day to be aired by FSN.

"Just how FSN does the whole day, it's so cool for our guys," Lecy said. "They'll sit around getting to do this."

"Winning the game, to me, is secondary. Everyone wants to win, but from 7 a.m. when we leave Rochester until we get home at midnight, it's a day that will be a highlight of their

hockey careers and one of the biggest days of their lives."

It's a big day for Lecy, too. As a player at JM, he led the Rockets to their only state championship as a senior in 1977. It's still the only state hockey championship for a Rochester team. He also understands the historical significance of matching up against St. Paul Johnson, a program that has been to 22 state tournaments (most recently, 1995) and won four state championships.

"For the old-time hockey people in Minnesota, they'll probably look at this a little differently than the players," Lecy said, "but I think it will hit (the players) once they get up there and see everything going on."

Gene Sack, Lecy's coach during his high school career, was a St. Paul native. Sack, who died in 2002, coached JM to 315 victories in 22 years.

"To me, you couldn't ask for a better venue than to go up and play in his backyard," Lecy said. "He would have loved it."


Lecy

Big day on Fox Sports North

 By Paul Christian
pchristian@postbulletin.com

Some 20 hours of hockey programming will be on Fox Sports Net North on Saturday, including seven games from five locations, for the third annual Hockey Day Minnesota.

The day includes a game between Rochester John Marshall and St. Paul Johnson — outdoors — at Phalen Park in St. Paul.

The day begins at 9 a.m., and right away FSN plans to show a floor hockey game from Iraq. Throughout the day, soldiers from the state will be interviewed.

During the Wild telecast (8 p.m.), text messages sent by fans during the day will appear on a ticker located along the bottom of the screen.

FSN personalities Anthony LaPanta, Kevin Garg and Ann Carroll will be stationed at Phalen Park while Marney Gellner, Darby Hendrickson and Telly Hughes host from the Xcel Energy Center.

All will appear throughout the day.

Special guests include Rochester's Doug Zmolek, Wild owner Craig Leipold, former Gopher All-American and two-time Olympian Natalie Darwitz and former Duluth East super-

star Dave Shepar.

Hockey Day 2009 schedule

9-10 a.m. — Floor hockey from Iraq: 148th flight Wing (Duluth) vs. 834th Aviation Support Battalion (St. Paul).

10 a.m.-noon — Rochester John Marshall vs. St. Paul Johnson (outdoor) (Phalen Park, St. Paul).

Noon-1:15 p.m. — FSN Live postgame.

12:15-1 p.m. — Hockey Day Minnesota.

1:15-1:30 p.m. — FSN Live pregame.

1:30-1:45 p.m. — White Bear Lake vs. Duluth East (Xcel Energy Center).

2:15-2:45 p.m. — Live conclusion of Minnesota vs. Stillwater (girls) (outdoor) (Phalen Park).

3:45-4:30 p.m. — Hockey Day Minnesota.

4:30-5 p.m. — Gopher Live pregame.

5:30 p.m. — University of Minnesota at St. Cloud.

7:30-8 p.m. — Wild Live pregame.

8:10-10 p.m. — Anaheim Ducks at Minnesota Wild (Xcel Energy Center).

10:30-11 p.m. — Wild Live postgame.

11:15-11:55 p.m. — FSN Live pregame.

11:15 p.m.-1:15 a.m. — Minnesota vs. Stillwater (girls) (outdoor) (Phalen Park), taped.

1:15-1:30 a.m. — FSN Live postgame.

1:30-3 a.m. — AHL, Toronto Marlies at Houston Aeros, taped from Friday.

3-5 a.m. — Wild vs. Ducks, taped.

Local flavor at La Crosse

The Rochester area has six wrestlers on the No. 7 NCAA Division III-ranked University of Wisconsin-La Crosse wrestling team. Here is a look at each.



Matt Maueath, sophomore

The skinny: Rochester Mayo graduate, 149 pounds, 14-2 record, ranked fifth in Division III and finished sixth at nationals last year.

Coach Dave Malecek says: "Matt has turned into a leader for this team. He brings a 100 mph attitude to practice every day and that has been the difference between this year and last. He has a full season under his belt and now can see what it is going to take to win an NCAA title. Matt is also much more coachable this year and looks to get better every day."



Mike Schmitz, freshman

The skinny: Stewartville graduate, originally signed to wrestle with Division I Missouri, 174 pounds, 2-3 record, ranked eighth in Division III.

Coach Malecek says: "Mike has been a welcome addition to our team and family, and I look for him to get better and reach his goals of winning an NCAA title. He has the tools; he just needs to gain the confidence and have the right attitude, and the sky is the limit. He works hard and is very athletic."



Jake Gosch, freshman

The skinny: Kasson-Mantorville graduate, 165 pounds, 7-5 record, not ranked.

Coach Malecek says: "Jake is our typical guy that didn't win a state title but works very hard and he will be very successful in college. He has improved a ton since the start of this year as he has moved up from 165 to 174 and I bet you will see him at 184 next year. He is learning and becoming coachable as the season progresses, and I look for great things from him in the future."



Dan Schulte, junior

The skinny: La Crescent graduate, 174 pounds, 9-5 record, not ranked.

Coach Malecek says: "Dan is one of the most hardnose kids we have and will compete every day. He has been slowed by some injuries. But when healthy, he is tough. Dan is a gamer and I feel good every time he steps on the mat because he will give 100 percent and fight."



Josh Zabel, senior

The skinny: Rochester Mayo graduate, 184 pounds, 25-4 record, ranked sixth in Division III and finished fifth last year at nationals.

Coach Malecek says: "Josh is a real team leader who has had some ups and downs this year but will be ready to go in the end. He is one of the toughest weights at the NCAA, but if anyone can do it, Josh can. He is a great young man who is coachable and loyal and is great to be around."



Brenden Faust, junior

The skinny: Rochester Century graduate, 197 pounds, 1-1 record, not ranked.

Coach Malecek says: "Brenden started the year with a knee injury and has been slow to get back going. Brenden has the skills to be one of the best in the nation, he just needs to train hard every day and continue to be coachable and find ways to win the tight matches."

Rick Dahl, rdahl@postbulletin.com

LOCAL SPORTS / EXTREME WEATHER

Wind chill blows away area slate

The bitter cold made almost a clean sweep of the area sports schedule Thursday night.

The only event known to have survived postponement was Rochester Community and Technical College's dual meet in wrestling with Iowa Central.

Some of Thursday's scheduled games were rescheduled for tonight, others for later this season, some canceled entirely. Here is the list, based on information supplied by the conferences:

ROCHESTER HIGH SCHOOL WRESTLING

Mayo at Markato West, ppd. to Feb. 7.

Marquette East at John Marshall, ppd. to Feb. 10.

Austin at Century, ppd. indef.

HIGH SCHOOL BOYS HOCKEY

Albert Lea at Mayo, ppd. indef.

Winona at John Marshall, ppd. to Jan. 26.

HIGH SCHOOL GIRLS HOCKEY

Mayo at Albert Lea, ppd. to tonight.

John Marshall/Lourdes at Winona, ppd. indef.

Markato West at Century, canceled.

HIGH SCHOOL GYMNASICS

Century at Owatonna, ppd. indef.

Mayo, John Marshall at Austin, ppd. indef.

AREA BOYS BASKETBALL

Hiawatha Valley League

Cannon Falls at Triton, ppd. indef.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Dover/Eyota at Filmore Central, ppd. to Feb. 17.

Three Rivers Conference

Kingland at Walshaw/Kellogg

Local Sports

HIGH SCHOOL GIRLS BASKETBALL / ROCHESTER ROUNDUP

K-M takes Lourdes down to the wire



Nathan Howard, nhoward@postbulletin.com
Mishawna Lindsey of Century tries to grab an inbound pass to Rebekah Aase of Austin during Tuesday's game in Austin. The Packers beat the Panthers 65-49.

Post-Bulletin staff

KASSON — Kasson-Mantorville threw a scare into Rochester Lourdes, before the Eagles made a few free throws in the closing seconds to secure a 41-38 win in a Hiawatha Valley League girls basketball game Tuesday night.

Jessie Wilcken made two free throws with four seconds remaining to clinch the win, and render meaningless a long last-second 3-pointer by K-M's Tessah Schmidt.

"We were playing tired and without a lot of energy," Lourdes coach Myron Gass said. "They did a real nice job on us defensively, as we were not moving well without the ball."

Lourdes junior center Laura Melquist led all scorers with 16 points and was the only player in the game in double figures. Tori Schouweiler and Kamryn Kleber had eight points each for K-M.

The KOMETs had a 5-0 advantage in 3-point goals, but Lourdes shot better overall, 33 percent to 25 percent.

Lourdes (9-2) evened its HVL Gold Division record at 1-1. K-M is 6-5, 0-3 in the HVL Gold.

Lourdes is at Byron on Friday.

LOURDES (41)

Clarke Rieder 8, Mikaela Hofer 2, Aubrey Neumann 0, Danielle Norm 0, Alexa Palen 4, Kristen Luebke 1, Jessie Wilcken 6, Allison Waz 4, Laura Melquist 16.

KASSON-MANTORVILLE (38)

Holly Peterson 3, Autumn Enike 2, Tessah Schmidt 3, Kamryn Kleber 8, Bri Barrett 5, Kayley Erickson 5, Tori Schouweiler 8, Kalia Buck 4, Danyel Hythoecker 0, Sarah Brown 0.

Halftime: LOU 18, KM 17.

Free throws: LOU 9/14, KM 7/11.

Three-pointers: LOU 0, KM 5 (Schouweiler 2, Peterson 1, Barrett 1, Schmidt 1).

JM 50, MANKATO EAST 36

Longer leads with 19 points

MANKATO — John Marshall used its size to its advantage and whipped Mankato East in a Big Nine Conference

game road game.

JM senior center Nytor Longar had a game-high 19 points and seven rebounds, and sophomore Apew Ojulu added 10 points and nine rebounds. Jasmine Dittich had nine rebounds and six points, and Rachel Stenhaus scored 10 for the Rockets.

JM improved to 4-1 in the conference and 7-3 overall; Mankato East is 3-8, 1-4 in the Big Nine.

"We got out of there with a win and that was what we were looking for," JM coach Terry Heiderscheit said. "We have a lot of things we need to improve on, and we need to work better at practice."

JM is at Austin on Friday.

"That is always a tough place," Heiderscheit noted, "we better be ready."

JOHN MARSHALL (50)

Kristi Thelen 0, Rachel Stenhaus 10, Ashley Luedke 4, Apew Ojulu 10, Nytor Longar 19, Alyssa Rushton 1, Jasmine Dittich 6.

Other stats: Dittich 9 rebounds; Ojulu 9 rebounds, 3 assists; Longar 7 rebounds; Stenhaus 4 steals, 3 assists.

MANKATO EAST (36)

Sarah Brown 10, Taylor Homan 9, Luisa Lemos 2, Amira Johnson 4, Madlyn Ziegler 11.

Scout: JM 29, ME 18.

Free throw: JM 8-13, ME 7-12.

Three-point goals: JM 3 (Stenhaus 3, ME 1 (Brooks).

MANKATO WEST 52, MAYO 37

Poor shooting hurts Spartans

MANKATO — Cold shooting made for a long night for Mayo as the Spartans shot just 28 percent in a Big Nine Conference loss to Mankato West.

It was the seventh straight loss for Mayo and dropped the Spartans to 1-9, 1-4 in the conference. West is 4-2, 2-1.

"West played a strong game overall," Mayo coach Angie Meister said. "Their size was a big contributor we got out-bounced, and also we didn't shoot very well."

Mankato West built a 26-18 lead by halftime and stretched

it to 17 in the second half.

Alexa Shirek came off the bench to lead Mayo with 14 points. Liz Mellon had 11 points and five steals. Meister said that sophomore Shyby Johnson played well in a reserve roll.

Mayo is at Winona on Saturday.

MAYO (37)

Amelia Jaglowa 0, Danielle Sommerfeld 4, Alexa Shirek 14, Liz Mellon 11, Sarah Bohlen 2, Shyan Johnson 4, Anna Ryan 2.

MANKATO WEST (52)

Jessica Henke 4, Ashley Verweven 4, Jessica Wacholz 7, Abby Rotherwiler 11, Clarissa Ahlquist 2, Brooke Rosendiel 6, Katie Lauer 11, Brianna Christensen 4, Karlee Zieske 4.

Halftime: MW 26, MAYO 18.

Free throws: MW 9-16, MAYO 3-9.

Three-pointers: MW 0, MW 2 (Wacholz 1, Rotherwiler).

AUSTIN 65, CENTURY 49

Panthers fall in second half

AUSTIN — Austin went on a decisive 21-2 run early in the second half and rallied from a first-half deficit to defeat Century in a Big Nine Conference game.

Century led 25-24 at halftime, and Steph Brandt made a basket with 14:38 to go in the second half for a 28-27 Panthers lead. It was Century's final lead of the game. The Panthers committed 31 turnovers, which fueled Austin's second-half rally.

"We tried to play an up-tempo game," Century coach Aaron Berg said, "but 31 turnovers ... that's unacceptable. We had made it a close game, but in the final nine minutes they took command of the game."

Century is back in action Saturday at home against Owatonna at 7:30 p.m.

CENTURY (49)

Katy Scher 13, Steph Brandt 12, Lindsey Braatz 11, Mallory Cochran 4, Mishawna Lindsey 3, Jessica Hazelton 3, Lizzy Stenhaus 2, Emily Hoyer 1.

AUSTIN (65)

Krista Viehauer 17, Tina Vorpahl 16, Kathryn Gavin 14, Kaylee Luker 7, Hanna Middlebrook 4, Rebekah Aase 4, Meg Brucker 2, Bri Mayer 1, Whitney Henry 0, Ellen Ettinger 0.

Halftime — Century 25, Austin 24.

3-pointers — Century 4-15 (Braatz 3, Lindsey 1).

Austin 4-9 (Vorpahl 2, Middlebrook 1, Viehauer 1).

Free throws — Century 11-18, Austin 11-21.

Rebounds — Century 31 (Stenhaus 6, Austin 41 (Viehauer 11, Gavin 5, Aase 9).

Turnovers — Century 31, Austin 27.

GIRLS BASKETBALL

BIG NINE CONFERENCE

	Conf	Overall
W	L	W
John Marshall	4	1
Austin	4	1
Owatonna	4	1
Albert Lea	3	1
Mankato West	2	1
Century	3	2
Mayo	1	4
Mankato East	1	3
Faribault	1	4
Winona	0	4

TUESDAY

Mankato West 52, Mayo 37
Austin 65, Century 49
John Marshall 50, Mankato East 36
Albert Lea 54, Owatonna 42
Faribault 75, Winona 65

THURSDAY

Mankato West vs. Mankato East at MSU
Red Wing at Winona

HIWATHA VALLEY LEAGUE

GOLD DIVISION

	Conf	Overall
W	L	W
Winona Cotter	3	0
Hayfield	2	1
La Crescent	1	4
Byron	2	0
Rochester Lourdes	1	1
Stewartville	0	2
Kasson-Mantorville	0	3

BLUE DIVISION

	Conf	Overall
W	L	W
Goodhue	2	1
Pine Island	2	1
Kempston-Wanamingo	2	1
Canon Falls	2	1
Zumbina-Mazaga	2	1
Lake City	1	1
Trilon	0	4

Note: Games between Blue and Gold teams are not counted as conference games this season.

TUESDAY

Hayfield 55, Stewartville 49
Lourdes 41, Kasson-Mantorville 38
Winona Cotter 51, La Crescent 42
Canon Falls 54, Kempston-Wanamingo 49
Pine Island 65, Trilon 36

THURSDAY

La Crescent at Stewartville
Trilon at Lake City

FRIDAY

Zumbina-Mazaga at Goodhue
Hayfield at Winona Cotter
Canon Falls at Pine Island
Lake City at Kempston-Wanamingo
Kasson-Mantorville at Stewartville
Lourdes at Byron

THREE RIVERS CONFERENCE

	Conf	Overall
W	L	W
Caledonia	5	0
Dover-Eyota	5	1
Kingsland	4	2
Fillmore Central	4	2
Plainville-Eggen-Milville	3	4
Plainville-Eggen-Milville	3	4
Rushford-Peterson	2	3
Southland	2	4
Levittown-Aurora	1	5
Walshville-Kelliog	1	5

TUESDAY

Caledonia 71, Dover-Eyota 52
Kingsland 60, Plainville-Eggen-Milville 60
Chaffield 57, St. Charles 44
Fillmore Central 38, Southland 22
Rushford-Peterson at Levittown-Aurora

THURSDAY

Chaffield at Rushford-Peterson

FRIDAY

Walshville-Kelliog at Southland
Fillmore Central at St. Charles
Plainville-Eggen-Milville at Dover-Eyota
Kingsland at Chaffield
Levittown at Levittown-Aurora

SOUTHEAST CONFERENCE

	Conf	Overall
W	L	W
LeRoy-Ostrander	5	0
Spring Grove	4	0
Lanesboro	2	3
Grand Meadow	4	1
Mabel-Canton	3	3
Hope Lutheran	2	4
Houston	0	3
Glenville-Emmons	0	5
Lyle/Austin Piacelli	0	4

TUESDAY

Mabel-Canton 50, Hope Lutheran 26
Houston at Alma

THURSDAY

Randolph 61, Lyle/Piacelli 22

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER ROUNDUP

Balanced attack pushes Mayo past Austin

Post-Bulletin staff

Five players scored at least one goal for Rochester Mayo and the Spartans rolled to a 6-2 Big Nine Conference girls hockey victory against Austin on Tuesday at Graham Arena.

Austin opened the scoring in the first period, taking a 2-0 lead, but Mayo closed the gap to 2-1 on a Mary Grace Flesher goal, assisted by Keri Pickel.

Mayo took control for good in the second period, scoring three goals in the period. Melena Nelson scored the unassisted game-tying goal, which was followed by goals from Mackenzie McCormack (assisted by Katie Transrud) and Pickel (from Flesher and Anna Billings).

Flesher scored again in the third period, with an assist from Pickel. Courtney Schubauer capped the scoring with her first goal of the season, assisted by Billings.

"We started a little slow tonight but picked it up toward the end of the first period," Mayo coach Jeff Phillips said. "The line centered by Pickel with Flesher and Billings on the wings had a really good night being in on four of our six points. They have improved steadily as a line this season."

Jamie Clay stopped 11 shots,



Scott Jacobson, sjacobson@postbulletin.com

Mayo goaltender Jamie Clay brushes a rebound away from Austin's Carley Grunewald during second-period action Tuesday at Graham Arena.

as Mayo (9-5) outshot Austin (4-8-2) 48-13. The Spartans play host to Owatonna at 7:30 p.m. Thursday at Graham Arena 1.

ALBERT LEA 5, CENTURY 0
Century drops to 2-13

ALBERT LEA — Madie Passingham had two goals and an assist as Albert Lea blanked Century 5-0 in Big Nine girls hockey on Tuesday.

Lauren Klick added a goal and three assists for Albert Lea and Cara Nelson recorded the shutout for the Tigers.

Albert Lea outshot Century 69-11.

"They move the puck well," Century coach Dan Maidl said. Albert Lea led 2-0 after one period.

"We came out slow in the first

period and picked it up at the end," Maidl said.

Liz Maidl had 64 saves for the Panthers.

Century (2-13) will host Austin on Saturday.

FARIBAULT 6, JM/LOURDES 3
Lemish scores hat trick

FARIBAULT — John Marshall/Lourdes sophomore

Eleanor Lemish scored three goals but it wasn't enough in a Big Nine Conference loss to Faribault.

Lemish gave JM/Lourdes a 1-0 lead in the first period, and she added single goals in the second and third periods. JM/Lourdes trailed 5-2 after two Lemish periods.

Faribault got a big game from sophomore Megan Borglund with four goals.

"We moved the puck well at times; two of our goals were on power plays," JM/Lourdes coach Steve Russell said. "We just had a hard time shutting down Borglund."

Katie Armstrong had two assists, on each of Lemish's first two goals. Sarah Armstrong and Laura Fisher had assists on the third-period score.

Michelle Bonapace-Potvin was in goal for JM/Lourdes and made 26 saves. JM/Lourdes had 11 shots on the Faribault goal.

JM/Lourdes (12, 2-6 in conference) plays host to Albert Lea at 5:30 p.m. Thursday at Graham Arena.

HIGH SCHOOL BOYS BASKETBALL / ROCHESTER ROUNDUP

Rockets edge East in game's final seconds

Post-Bulletin staff

Rochester John Marshall got big games from a couple of unlikely heroes and pushed past Mankato East 62-61 in Big Nine Conference boys basketball Tuesday night.

Forward Joe Moen hit a game-winning layup off a pick and roll with seven seconds left to give JM the win. Moen, generally not much of a scorer, finished with 11 points as well as 11 rebounds.

The Rockets also got a big game from forward Abdi Ahmed. Ahmed, who has also not scored much for JM, had a team-high 17 points. He made three 3-pointers.

"Abdi was tremendous tonight," JM coach Richard Cain said. "He really stroked the ball well and also really hit the boards for us."

Mankato East was led by guard Alex Welter with 27 points. Welter hit seven 3-

pointers.

The game was tight throughout, and the teams were tied at 32 at intermission.

Cain said his Rockets (2-1 Big Nine, 3-5 overall) played with more poise Tuesday.

"We were calmer tonight," he said. Mankato East slipped to 1-2, 2-7.

MANKATO EAST (61)

Brad Dose 0, Alex Welter 27, Jordan Benesh 2, Travis Enter 3, Sam Ostrom 14, James Moore 6, Michael Bontrick 6, Alex Kolstad 5.

JOHN MARSHALL (62)

Jordan Stokes 17, Nate Miller 4, Justin Behrke 5, Matt Miller 3, Joe Moen 11, Abdi Ahmed 17, Guelord Mephisto 0, Zach Smith 15, Storm Solo 0.

Other stats: Moen 11 rebounds.

Halftime: JM 32, ME 32.

Free throws: ME 13-18, JM 5-9.

Three-point goals: ME 9 (Welter 7, Bontrick 2), JM 1 (Ahmed 5, Behrke 1, Stokes 1).

LOURDES 5, K-M 35

Tough defense for Eagles

Lourdes used a strong defensive effort to turn back Kasson-Mantorville in a Hiawatha Valley League action.

The host Eagles held K-M to just 12 points in the first half while taking a 17-point lead at the break.

A minor shoving match broke out between players on both teams in the opening half. Officials had to step in and warn each team, and there were

no flare-ups the rest of the way.

Sean McGrath scored a game-high 19 points as Lourdes improved to 6-3. Sam Daly chipped in with 11 points.

Phil Oertli led the KOMETs with 13 points.

KASSON-MANTORVILLE (35)

Chris Paradise 5, Phil Oertli 13, Drew Hackenmiller 2, Steven Bernards 5, Alex Ek 2.

LOURDES (59)

Tyler Gragson 8, Doug Stupica 19, Alex Kapraun 3, Brian Dilling 8, Sean McGrath 19, Alex Kapraun 2, Shane McGrath 2, Sam Daly 11, Tom Sheehan 3.

Halftime: Lourdes 29, KM 12.

Free throws: KM 10-16, Lourdes 14-29.

Three-pointers: KM 3 (Oertli 2, Peterson 1); Lourdes 3 (Gragson 1, Sheehan 1, McGrath 1).

AUSTIN 68, CENTURY 48

Panthers slowed in second half

Century played a strong first half, and led early in the second half by a point, but Austin's defense proved to be too much and the Packers pulled away for a Big Nine Conference victory at the Century gym.

Century shot 64 percent from the field in the first half and trailed by just three, 32-29, at halftime.

"We played really well in the first half, kept our turnovers down and shot the ball well," Century coach Joe Ohm said. "In the second half they outworked us and caused turnovers, which fueled their offense."

Dan Fleissner led the Panthers with 13 points and three blocked shots, while Joel DeGoey added 10 points and five rebounds.

Century (1-2 Big Nine, 1-8 overall) plays at Owatonna on Friday.

AUSTIN (68)
Connor Gordonson 18, Steven Razzi 13, Marcus Gordonson 12, Will Peltier 7, Chris Jaler 7, Tim Erickson 4, Jamaal Gibson 3, Kevin Lyle 2, J. Fritz 2.

CENTURY (48)
Dan Fleissner 13, Joel DeGoey 10, Marcus Eckert 6, Carson Fossam 5, Josh Gentling 4, Nate Krusseltrink 2, Pat Franko 3, Eric Sheridan 2, Josh Benson 2.

Other stats

Local Sports

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER ROUNDUP

Mayo shuts out Winona; JM/Lourdes, Century lose

Post-Bulletin staff

WINONA — Jamie Clay stopped all 11 shots she faced as Rochester Mayo blanked Winona 3-0 in Big Nine Conference girls hockey on Thursday.



Clay

"I was happy to see Jamie picked up with confidence and make solid saves," Mayo coach Jeff Phillips said.

The Spartans had a goal in each period and from three different players. Mary Grace Fleisher scored in the first period and later added an assist.

Anna Billings scored in the

second period and Keri Pickett scored in the third. Kelly Anderson collected two assists while Chloe Billings and Olivia Mehwhorther added one assist each.

"We had a slow start only getting four shots on net in the first period," Phillips said. "The girls picked up their play in the second and third to ensure the victory."

Mayo faces John Marshall on Saturday at 7:30 p.m. at Graham Arena.

MANKATO WEST 4, JM/LOURDES 0

No. 10-ranked Scarlets roll

MANKATO — John Marshall/Lourdes kept it close for one period against the No. 10 ranked team in Class AA, Mankato West.

JM/Lourdes and West played to a scoreless tie after one period. But the Scarlets busted loose in the second period for three goals.

"We played well, kept 'em at bay for a while," said JM/Lourdes coach Steve Russell. "They just have a couple of really strong players that we couldn't keep up with."

Mankato West had a 38-10 edge in shots on goal, which made for a busy night for JM/Lourdes goalie Michelle Bonapace-Potvin.

JM/Lourdes (4-13) will square off against Mayo at Graham Arena West at 7:30 p.m. Saturday.

MANKATO EAST 2, CENTURY 1

Panthers just miss

Sonia Bakke scored once, but that was all the

scoring Century could manage as it fell to Mankato East 2-1 at Graham Arena.

Century, which fell to 2-14 overall, fell in overtime the last time it met the Cougars.

"It was a good game; we match up well with East," Century coach Dan Maidu said.

East got up 2-0 before Bakke connected in the second period.

The Cougars outshot the Panthers 39-11.

Century plays Mayo on Jan. 29 at Graham Arena.



Bakke

THURSDAY'S HIGH SCHOOL RESULTS

BOYS BASKETBALL

HIAWATHA VALLEY LEAGUE

Kenyon-Wana 55, Hayfield 61

KENYON-WANAMINGO (65)

Andrew Johnson 2, Ben Fletcher 9, Brady Anfinson 10, Ryan Overby 3, Jamie Heier 3, Alex Marang 2, Dan Lewis 3, Nathan Quan 10, Ben Metcalf 8, Brandon Quan 15.

HAYFIELD (65)

Tyler Kessling 3, Bobbie Stephens 6, Clint Fresholt 4, Kody Kramer 9, Tanner Kramer 19, Nathan Conroy 3, Kelly Donnell 8, Ben Pollock 9, Dillon Donnell 0.

Other stats: Pollock 9 rebounds, Kessling 5 assists, 4 steals.

Halftime: HW 35, KW 28.

Free throws: KW 12/16, HW 8/13.

Three-point goals: KW 5 Fletcher 1, Anfinson 1, Overby 1, Lewis 1, B. Quan 3, HW 5 (K. Kramer 2, Stephens 1, T. Kramer 1, Conroy 1).

Notes: Brady Anfinson broke a 60-0 tie with a three-point play and then sealed the victory by hitting two free throws.

THREE RIVERS CONFERENCE

P-E-M 71, Chaffield 95

PLAINVIEW-ELGIN-MILLVILLE (71)

Andrew Larson 8, Chris Connard 3, Cole Ostlad 29, Michael Pick 0, Caleb Krause 0, Rowe Grobe 12, Clay Ostlad 19, Brandon Pless 0.

CHAFFIELD (55)

Eric Thomson 0, Matt Narveson 0, Sam Peterson 2, Nathan Winslow 0, Ryan Stevens 5, Riley Burfield 0, Austin Case 12, Josh LaPente 15, Alex Christenson 0, Nathan Bernard 10.

Other stats: Bernard 8 rebounds, Narveson 5 assists.

Halftime: PEM 36, CHAT 28.

Free throws: PEM 14/20, CHAT 8/19.

Three-point goals: PEM 9 Connard 3, C. Ostlad 4, Co. Ostlad 4, CHAT 3 Case 3.

Caledonia 50, Fillmore Central 47

CALEDONIA (50)

John Gran 5, Mitch Reiser 6, Cole O'Heron 2, Ryan Goetzinger 20, Cody Haugstad 4, Bob Aspegård 6, Ethan Lapham 7.

FILLMORE CENTRAL (47)

Matt Haugstad 4, Jordan Jarland 14, Riley Balli 4, Jordan Aug 5, Nate Jensen 5, Chris Morem 14.

Halftime: Caledonia 24, Fillmore 22.

Free throws: CAL 6/12, FILL 12/22.

Three-point goals: CAL 2 Aspegård 2, F. Ostlad 4, Co. Ostlad 4, CHAT 3 Case 3.

NON-CONFERENCE

Winona Cotter 59, Kingsland 52

KINGSLAND (52)

Anthony Cornell 7, Anthony Landwehr 0, Blake Kordick 8, James Blanchard 0, Tyler Hille 12, Mitchell Tartt 6, Gabe Kohn 4.

WINONA COTTER (59)

John McGarry 5, Mike Sullivan 0, Ryan Eichman 14, Jordan Ostfeldt 4, Sam Vese 5, Joe Conway 21, Joe Welch 0, Kevin Gorman 0, Gus Cochran 0, Tommy Mullen 0.

Other stats: Conway 11 rebounds, 3 blocked shots, 4 assists.

Halftime: KING 24, COTT 24.

Free throws: KING 7/14, COTT 10/19.

Three-point goals: KING 3 Cornell 1, Koe 2, COTT 1, Conway 1.

Spring Grove 82, Coulee Chr. 61

COULEE CHRISTIAN (61)

Christian Pearson 17, Daniel Roroff 6, For the Rabe 15, Mark Katana 23, Sam Pehring 0.

SPRING GROVE (82)

Danison Rostad 17, Garrett Cross 10, Colin Kurk 10, Adel Hundorf 18, Ryan Mehus 6, Aziz Elton 12, Nate Borreson 2, Nate Wale 7.

Halftime: SG 45, CC 23.

Free throws: CC 1-2, SG 5/12.

Three-point goals: CC 4 Pearson 3, Rabe 1, SG 13 Rostad 5, Hundorf 5, Cross 1.

Notes: Spring Grove is 11-1 overall. Coulee is 5-6.

GIRLS BASKETBALL

THREE RIVERS CONFERENCE

Rushford-Peterson 46, Southland 37

SOUTHLAND (37)

Jodie Jansson 17, Hilary Johnson 9.

RUSHFORD-PETERSON (46)

Nate Petz 21, Kaylee Helgeson 12.

Halftime: RP 21, SOUTH 7.

Three-point goals: RP 4 Petz 4.

Free throws: SOUTH 7/13; RP 10/17.

Wabasha-Kellogg 54, L.A. 40

WABASHA-KELLOGG (54)

Sarah Loney 3, Amy Wallerlin 2, Danielle Gemes 0, Nicole Alexander 0, Chris Elie Burkhardt 27, Christina Riester 18, Emily Heil 0, Teresa Burkhardt 0.

Other stats: Burkhardt 8 rebounds.

LEWISTON-AUTUMN (40)

Sarah Pecovinsky 0, Kayla Peterson 0, Angilia Harstad 4, Judy Mundt 15, Brooke Schilling 6, Briana Heim 3, Charayah Rinn 0.



Nathan Howard, nhoward@postbulletin.com

Alex Evan of John Marshall defends the reach of Nate Williamson of Austin during Thursday's meet in Austin. Williamson won a wild 15-13 decision but JM won the dual 37-28.

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

THURSDAY'S HIGH SCHOOL RESULTS

Local Sports

HIGH SCHOOL GIRLS BASKETBALL / ROCHESTER ROUNDUP

Rockets ride big first half to easy win

Century upset by Winona

Post-Bulletin staff

Rochester John Marshall erupted for 42 points in the first half and cruised to a 57-23 win over Albert Lea in a Big Nine Conference girls basketball game Friday night at the JM gym.

JM had more than enough points for the win by halftime, ahead 42-7.

"What a first half," JM coach Terry Heiderscheit said. "Our girls have had good practices and have been working hard to get better."

JM improved to 11-3 overall with its fifth straight win, and leads the Big Nine at 8-1. Albert Lea is 5-10, 3-6 in the conference.



Longar

The Rockets controlled the boards and made six 3-pointers in the first half to take control.

Junior guard Rachel Stenhaus made three 3-pointers and led JM with 17 points. Senior center Nytor Longar had a double-double with 11 points, 12 rebounds and three blocks. Senior forward Alyssa Rushton added 12 points, and sophomore Apiew Ojulu had five rebounds and four steals.

No Albert Lea player had more than five points.

JM has what Heiderscheit calls a "big test" Tuesday with a non-conference game at unranked Edina.

ALBERT LEA (23)

Alyssa Sager 6, Abbey Arends 5, Mikaela Pierson 2, Heather Giesbreck 5, Katie Schou 2, Ashley Peterson 3.

JOHN MARSHALL (17)

Awadia Charles 0, Kristi Thelen 3, Rachel Stenhaus 17, Ashley Lucidie 0, Apiew Ojulu 11, Nytor Longar 10, Alyssa Rushton 12, Jeannine Wesley 0, Jasmine Dittich 1, Morgan Fisher 0, Kari Snow 0, Stephanie Bany 0, Kristina Mileuschny 0, Taylor Thompson 5.

Halftime: JM 42, AL 7.

Free throws: AL 7-12, JM 12-13.

Three-point goals: AL 2 (Arends, Peterson), JM 7 (Stenhaus 3, Rushton 2, Thelen, Thompson).

WINONA 53, CENTURY 45

Winhawks get upset over FTs

WINONA — Rochester Century saw its Big Nine Conference title hopes take a hit with an upset loss on the road.

Free throws were the critical difference in a game which Century led 21-17 at halftime. Winona was able to come back thanks largely to



Loures' Jessie Wilcken is the first to a loose ball and passes to teammate Claire Rieder during Friday's game with Hayfield. The Eagles won 41-36 at Hayfield.

a 20-3 scoring edge at the free throw line.

Winona also feasted on many more free throw attempts, 25 to 7.

"It's tough to win when your opponent shoots 18 more shots at the line," Century coach Aaron Berg said. "We had a difficult time against a tough 3-2 zone; hats off to them."

It was a costly loss for Century (10-5, 6-3) in the conference chase as it fell two full games behind leader John Marshall. Winona (4-8, 2-5) was able to move out of the conference cellar.

Katy Scherer and Emily Hoyer scored nine

points each to lead a typically balanced Century offense. Mallory Cochran had a team-high 10 rebounds, Hoyer had seven, and Scherer six.

Megan Lueck had 15 points and Allison Martin 13 for Winona.

Century is at John Marshall next Friday.

CENTURY (48)

Steph Brandt 6, Katy Scherer 9, Lizette Stenhaus 4, Lindsay Braatz 8, Emily Hoyer 9, Mishanna Lindsey 4, Heather Tally 0, Mallory Cochran 2.

Other stats: Cochran 10 rebounds; Hoyer 7 rebounds; Scherer 6 rebounds; Stenhaus 3 steals.

WINONA (53)

Allison Martin 13, Megan Lueck 15, Hannah Norman 4, Nicky Becker 2, Callie Glenn 6, Shauna Mahoney 6, Brittany Gotsinger 7.

Halftime: W 53, C 45.

Free throws: W 10-11, C 7-10.

Three-point goals: W 2 (Lueck 1, Norman 1), C 1 (Keele 1).

Notes: Hayfield drops to 9-3 overall, while Loures improves to 4-2.

STATE RANKINGS

BOYS' HOCKEY

The Associated Press poll for Minnesota boys' high school hockey, provided by Let's Play Hockey newspaper. First-place votes are in parentheses.

CLASS AA

1. Bloomington Jefferson (5)
2. Edina (4)
3. Centennial
4. Eden Prairie
5. Blaine
6. Duluth East
7. Holy Angels
8. Minnetonka
9. Wayzata
10. Bernice-St. Margaret's
11. Woodbury
12. Hill-Murray
13. Maple Grove
14. White Bear Lake
15. Cretin-Derham Hall
16. Moorhead
17. Eden Prairie
18. Stillwater
19. Hopkins
20. Elk River

CLASS A

1. St. Thomas Academy (5)
2. Little Falls (3)
3. Hermantown
4. Breck
5. Wrenn
6. St. Cloud Cathedral
7. Mankato
8. Alexandria
9. Rochester Lourdes
10. South St. Paul
11. Thief River Falls
12. Hibbing
13. Duluth Marshall
14. International Falls
15. Virginia/MR
16. Red Wing
17. Totino-Grace
18. Maumelle
19. Duluth Denfeld
20. Albert Lea

GIRLS' HOCKEY

The Associated Press poll for Minnesota girls' high school hockey, provided by Let's Play Hockey newspaper. First-place votes are in parentheses.

CLASS AA

1. Roseville (8)
2. Hopkins
3. Stillwater
4. Hill-Murray
5. Edina
6. Minnetonka
7. Centennial
8. Grand Rapids/Greenway
9. Proctor/Hermantown-Marshall School
10. Duluth
11. White Bear Lake
12. Maple Grove
13. Bernice-St. Margaret's
14. Moorhead
15. Eden Prairie
16. Stillwater
17. Hopkins
18. Elk River

CLASS A

1. St. Thomas Academy (5)
2. Little Falls (3)
3. Hermantown
4. Breck
5. Wrenn
6. St. Cloud Cathedral
7. Mankato
8. Alexandria
9. Rochester Lourdes
10. South St. Paul
11. Thief River Falls
12. Hibbing
13. Duluth Marshall
14. International Falls
15. Virginia/MR
16. Red Wing
17. Totino-Grace
18. Maumelle
19. Duluth Denfeld
20. Albert Lea

BOYS' BASKETBALL

The Associated Press poll for Minnesota boys' high school basketball, provided by Let's Play Hockey newspaper. First-place votes are in parentheses.

CLASS AA

1. Roseville (8)
2. Hopkins
3. Stillwater
4. Hill-Murray
5. Edina
6. Minnetonka
7. Centennial
8. Grand Rapids/Greenway
9. Proctor/Hermantown-Marshall School
10. Duluth
11. White Bear Lake
12. Maple Grove
13. Bernice-St. Margaret's
14. Moorhead
15. Eden Prairie
16. Stillwater
17. Hopkins
18. Elk River

CLASS A

1. St. Thomas Academy (5)
2. Little Falls (3)
3. Hermantown
4. Breck
5. Wrenn
6. St. Cloud Cathedral
7. Mankato
8. Alexandria
9. Rochester Lourdes
10. South St. Paul
11. Thief River Falls
12. Hibbing
13. Duluth Marshall
14. International Falls
15. Virginia/MR
16. Red Wing
17. Totino-Grace
18. Maumelle
19. Duluth Denfeld
20. Albert Lea

GIRLS' BASKETBALL

The Associated Press poll for Minnesota girls' high school basketball, provided by Let's Play Hockey newspaper. First-place votes are in parentheses.

CLASS AA

1. Roseville (8)
2. Hopkins
3. Stillwater
4. Hill-Murray
5. Edina
6. Minnetonka
7. Centennial
8. Grand Rapids/Greenway
9. Proctor/Hermantown-Marshall School
10. Duluth
11. White Bear Lake
12. Maple Grove
13. Bernice-St. Margaret's
14. Moorhead
15. Eden Prairie
16. Stillwater
17. Hopkins
18. Elk River

CLASS A

1. St. Thomas Academy (5)
2. Little Falls (3)
3. Hermantown
4. Breck
5. Wrenn
6. St. Cloud Cathedral
7. Mankato
8. Alexandria
9. Rochester Lourdes
10. South St. Paul
11. Thief River Falls
12. Hibbing
13. Duluth Marshall
14. International Falls
15. Virginia/MR
16. Red Wing
17. Totino-Grace
18. Maumelle
19. Duluth Denfeld
20. Albert Lea

MINNESOTA HIGH SCHOOL BOYS BASKETBALL SCORES

Ada-Bonop 54, Fertile-Bethram 34
Adrian 50, Southwest Star 50
Camp 54
Albert Lea 21, St. Cloud Cathedral 55
Annisville 62, Glencoe-Silver Lake 56
Apple Valley 63, Bloomington Jefferson 58
Ashby 72, Brandon/Evanville 48
Austin 63, Mankato East 52
Badger/Greenbush-Middle 56
Barnum 68, The Woods 13
Barnum 68, McGregor 52
Battle Lake 41, Hixson Lutheran 33
Belgrade-Brooklyn-Elyria 59, Eden Valley-Watkins 46
Belle Prairie 67, Jordan 61
Bernice-St. Margaret's 70, North Branch 46
Bethlehem Academy 66, United South Central 44
Big Lake 62, Zimmerman 58
Blackhawk 77, Northtown/Kellier 68
Bloomington Prairie 81, Medford 39
Braham 77, Onamia 26
Breckenridge 85, Staples-Motley 84, 207
Buffalo 62, Monticello 42
Byron 71, Kasson-Mantorville 60
Cannon Falls 77, Zumbrota-Masopha 64
Case Lake-Bena 91, Pine River-Chapman Park 46
Centennial 81, Maple Grove 76
Columbia Heights 62, Innotech 80
Coon Rapids 78, Anoka 76
Cotton 63, Lakeview Christian Academy 54
Cretin-Derham Hall 64, Park (Cot-tage) 54
De La Salle 76, Brooklyn Center 66
Deer River 79, Northland 66
Delano 45, Otovo 44
Duluth Central 69, Hermantown 59
Duluth 66, Eastview 62
Eagle Valley 62, St. John's Prep 64
Eden Prairie 74, Burnsville 46
Edin, Dunwoody Academy 39

Elk River 67, Blaine 60
Farrington 57, Red Wing 12
Forest Lake 81, Little Falls 72, OT
Friday 61, Totino-Grace 50
Gibson/Fairfax-Winthrop 72, Sleepy Eye 55
Goodhue 42, Lake City 39
Goodhue 42, Lake City 39
Grass Lake 57, Marshall County Lutheran 43
Grand Rapids 71, Duluth East 49
Hastings 51, White Bear Lake 44
Henry Sibley 75, Mankato 54
Heritage Christian Academy 59
Hewitt 59
Hill City 58, Bigfork 56
Hills-Bever Creek 66, Edgerton 35
Holy Family Catholic 69, LeSueur-Henderson 49
Hopkins 86, Milwaukee Vincent 86
Howard Lake-Waverly-Winnetka 69, Rockford 47
Jale 79, Hinckley-Finlayson 54
Kimball 65, Holdingford 44
Kittling 62, Century 82, Tri-City 36
Lakewood 73, Bloomington Kennedy 61
Lester 68, Grand Meadow 43
Levee 65, Holy Trinity 60, Con-cordia Academy-Bloomington 34
Levittown 62, Wabasha-Kel-log 59
Litchfield 54, Watertown-Mayer 50
Lyon 65, LeSueur 47, Babbitt 59
Lyon/Austin/Park City, Hope 59
Lyon 65, LeSueur 47, Babbitt 59
Mahomet-Canton 38, LeRoy-Ostrander 30
Mahomet 75, Fosston 61
Mankato West 57, Faribault 40
Maple River 53, St. James 45
Marquette 61
Marquette Christian 57, Bethany Academy 38
Martin City West 59, St. Clair 40
Mesabi Academy 57, Babbitt 59
Embarras 66, OT
Mendota East 68, Town-Soudan 69
Milwaukee Marshall, Wis. 77, St. Paul Arlington 68
Minnetonka Academy 69, St. Paul

HIGHLIGHTS AND HEROES

Boys basketball

• **Tom Giesler** scored 37 points for Stewartville, but it was in a losing cause as La Crescent slipped past the Tigers 74-68 in a key Hiawatha Valley League match up.

• **Brandon Verthein** had 31 points for the Lancers. La Crescent moved to 4-1, 11-1, while Stewartville 34, 10-4.

• **Ryan Giesler**

Newman broke the tie with six seconds to play with his only basket of the night, giving Mabel-Canton a 38-36 win over Le Roy-Ostrander.

• **Michael Burfield** scored his 1,000th career point and finished with 22 on the night to spark Lewiston/Altura past Wabasha-Kellogg 62-59.

• **Jordan Dick** led W-K with 21 points.

• **Brett Hungerholt** scored 21 points to lift Lanesboro to a 68-43 win over visiting Lanesboro.

• **Killian Smith** led the Superkids with 18.

• **Only three** players scored for Goodhue in a 41-39 win over visiting Lake City.

• **Ashton Ered** led the Wildcats with 20 points.

• **Zach Southwick**

did all for Byron in a 71-60 win over Kasson-Mantorville, with 18 points, 6 rebounds, 4 assists and 3 steals.

• **Phil Oertel** paced the HoKets with 22 points.

• **Brady Stier** poured in 26 points to lead Hope/Paoli in a 70-44 victory over Hope Lutheran.

• **Chris Harison** scored 26 of Hope Lutheran's 44 points.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and 6 steals and **Grady Gomer** added 17 points as Grand Meadow handed Lanesboro its first SEC loss 62-55.

• **Whitney Fick** was huge for Lake City with 25 points and 14 rebounds in the Tigers' 50-53 win over Goodhue.

• **Eric Gaudet** paced the Wildcats with 19 points, and **Grace Majerus** had 12 points and 10 rebounds.

• **Nicole Anderson** had 14 points, 4 rebounds and 4 steals for Cannon Falls in a 53-29 win over Zumbrota-Masopha.

• **Freshman Kala Buck** made four free throws in the final 45 seconds to help Kasson-Mantorville come from behind to beat Byron 57-51.

• **Buck** finished with 12 points and 10 rebounds. Teammate **Kaeley Ericksen** led all scorers with 19 points.

• **Kaitlin Keefe** hit a trio of 3-pointers and finished with 15 points as Chatfield defeated Plainview-Elgin-Millville 53-42. The Bulldogs made seven 3-pointers but only eight 2-pointers and were outscored 22-5 at the foul line.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and 6 steals and **Grady Gomer** added 17 points as Grand Meadow handed Lanesboro its first SEC loss 62-55.

• **Whitney Fick** was huge for Lake City with 25 points and 14 rebounds in the Tigers' 50-53 win over Goodhue.

• **Eric Gaudet** paced the Wildcats with 19 points, and **Grace Majerus** had 12 points and 10 rebounds.

• **Nicole Anderson** had 14 points, 4 rebounds and 4 steals for Cannon Falls in a 53-29 win over Zumbrota-Masopha.

• **Freshman Kala Buck** made four free throws in the final 45 seconds to help Kasson-Mantorville come from behind to beat Byron 57-51.

• **Buck** finished with 12 points and 10 rebounds. Teammate **Kaeley Ericksen** led all scorers with 19 points.

• **Kaitlin Keefe** hit a trio of 3-pointers and finished with 15 points as Chatfield defeated Plainview-Elgin-Millville 53-42. The Bulldogs made seven 3-pointers but only eight 2-pointers and were outscored 22-5 at the foul line.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and 6 steals and **Grady Gomer** added 17 points as Grand Meadow handed Lanesboro its first SEC loss 62-55.

• **Whitney Fick** was huge for Lake City with 25 points and 14 rebounds in the Tigers' 50-53 win over Goodhue.

• **Eric Gaudet** paced the Wildcats with 19 points, and **Grace Majerus** had 12 points and 10 rebounds.

• **Nicole Anderson** had 14 points, 4 rebounds and 4 steals for Cannon Falls in a 53-29 win over Zumbrota-Masopha.

• **Freshman Kala Buck** made four free throws in the final 45 seconds to help Kasson-Mantorville come from behind to beat Byron 57-51.

• **Buck** finished with 12 points and 10 rebounds. Teammate **Kaeley Ericksen** led all scorers with 19 points.

• **Kaitlin Keefe** hit a trio of 3-pointers and finished with 15 points as Chatfield defeated Plainview-Elgin-Millville 53-42. The Bulldogs made seven 3-pointers but only eight 2-pointers and were outscored 22-5 at the foul line.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and 6 steals and **Grady Gomer** added 17 points as Grand Meadow handed Lanesboro its first SEC loss 62-55.

• **Whitney Fick** was huge for Lake City with 25 points and 14 rebounds in the Tigers' 50-53 win over Goodhue.

• **Eric Gaudet** paced the Wildcats with 19 points, and **Grace Majerus** had 12 points and 10 rebounds.

• **Nicole Anderson** had 14 points, 4 rebounds and 4 steals for Cannon Falls in a 53-29 win over Zumbrota-Masopha.

• **Freshman Kala Buck** made four free throws in the final 45 seconds to help Kasson-Mantorville come from behind to beat Byron 57-51.

• **Buck** finished with 12 points and 10 rebounds. Teammate **Kaeley Ericksen** led all scorers with 19 points.

• **Kaitlin Keefe** hit a trio of 3-pointers and finished with 15 points as Chatfield defeated Plainview-Elgin-Millville 53-42. The Bulldogs made seven 3-pointers but only eight 2-pointers and were outscored 22-5 at the foul line.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and 6 steals and **Grady Gomer** added 17 points as Grand Meadow handed Lanesboro its first SEC loss 62-55.

• **Whitney Fick** was huge for Lake City with 25 points and 14 rebounds in the Tigers' 50-53 win over Goodhue.

• **Eric Gaudet** paced the Wildcats with 19 points, and **Grace Majerus** had 12 points and 10 rebounds.

• **Nicole Anderson** had 14 points, 4 rebounds and 4 steals for Cannon Falls in a 53-29 win over Zumbrota-Masopha.

• **Freshman Kala Buck** made four free throws in the final 45 seconds to help Kasson-Mantorville come from behind to beat Byron 57-51.

• **Buck** finished with 12 points and 10 rebounds. Teammate **Kaeley Ericksen** led all scorers with 19 points.

• **Kaitlin Keefe** hit a trio of 3-pointers and finished with 15 points as Chatfield defeated Plainview-Elgin-Millville 53-42. The Bulldogs made seven 3-pointers but only eight 2-pointers and were outscored 22-5 at the foul line.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and 6 steals and **Grady Gomer** added 17 points as Grand Meadow handed Lanesboro its first SEC loss 62-55.

• **Whitney Fick** was huge for Lake City with 25 points and 14 rebounds in the Tigers' 50-53 win over Goodhue.

• **Eric Gaudet** paced the Wildcats with 19 points, and **Grace Majerus** had 12 points and 10 rebounds.

• **Nicole Anderson** had 14 points, 4 rebounds and 4 steals for Cannon Falls in a 53-29 win over Zumbrota-Masopha.

• **Freshman Kala Buck** made four free throws in the final 45 seconds to help Kasson-Mantorville come from behind to beat Byron 57-51.

• **Buck** finished with 12 points and 10 rebounds. Teammate **Kaeley Ericksen** led all scorers with 19 points.

• **Kaitlin Keefe** hit a trio of 3-pointers and finished with 15 points as Chatfield defeated Plainview-Elgin-Millville 53-42. The Bulldogs made seven 3-pointers but only eight 2-pointers and were outscored 22-5 at the foul line.

• **Shelly Auseth** pumped in 23 points to pace Kenyon-Wanamingo 53-36.

• **Jessica Benson** had 31 points, 11 rebounds and

Local Sports

HIGH SCHOOL BOYS BASKETBALL / BORDER BATTLE

Plainview-Elgin-Millville loses wild one

Bulldogs drop from unbeaten ranks with four-overtime loss

Post-Bulletin staff

OWATONNA — Plainview-Elgin-Millville dropped its first boys basketball game of the season Saturday afternoon, falling in a wild, marathon affair to perennial Wisconsin power Manitowac Roncalli.

P-E-M fell 90-83 in four over-

times in the Border Battle tournament game. Ten teams were involved in the event, five each from Wisconsin and Minnesota, and each team played one game.

"It was a fun experience and one of the wildest games I've ever been a part of," Bulldogs coach Kirk Thompson said.

P-E-M looked in decent shape to win the game in regulation, up four points with 50 seconds left. However, Cole Ostad was then hit with a technical foul. Roncalli was awarded two free



Clay Ostad

ranked third in state Class AA. "I don't think this loss hurts our confidence any," Thompson

said. "But what we take away from it is that it was a great learning experience."

P-E-M had a terrific shooting game, connecting on 51 percent of its tries. Clay Ostad led the Bulldogs with 29 points, while Ross Grobe added 22. Cole Ostad, who had been averaging 22 points, was held to seven.

Roncalli got a huge game from sharpshooter Ben Stelzer. The sophomore scored 37 points, including hitting eight 3-pointers. Roncalli finished with 11 3-pointers as a team.

Roncalli also made a killing from the free-throw line. It hit 27 of 36 free throws, while P-E-M was 12-for-20.

PLAINVIEW-ELGIN-MILLVILLE (83)
Andrew Larson 12, Chris Conrad 3, Cole Ostad 7, Michael Pick 1, Ross Grobe 22, Clay Ostad 29, Landon Fries 7, Matt Pick 2.
Other stats: Fries 9 rebounds; Clay Ostad 9 rebounds; MANITOWAC RONCALLI (90)
Ben Stelzer 37, Cass 23, Ledina 12.
Other stats:
Halttime: MANIT 28, PEM 27.
Regulation: MANIT 59, PEM 59.
Free throws: MANIT 27-36, PEM 12-20.
Three-point goals: PEM 7 (Clay Ostad 4, Cole Ostad 1, Grobe 1, Fries 1), MANIT 11 (Stelzer 8).

HOCKEY / JUNIOR

Ice Hawks finish strong

Team has now won nine straight

Post-Bulletin staff

BLOOMINGTON, Minn. — The Rochester Ice Hawks scored three third-period goals to earn a 5-1 victory over the Twin Cities Northern Lights on Sunday at the Bloomington Ice Garden.

It was the ninth consecutive victory for the Ice Hawks, who improved to 32-6-0. They have not lost in 2009 (8-0).

Ice Hawks first-year forward Korbj Anderson broke a scoreless tie in the second period, converting a pass from Dirk Foss at the 12:40 mark.

Foss added a goal of his own

short-handed — at the 19:27 mark of the second, giving the Ice Hawks a 2-0 edge heading into the third period.

Rochester John Marshall graduate Adam Wiesner opened the third period with a power-play tally. Fellow Rochester natives Jay Gorman and Bryce Stevens assisted on the goal at the 2:05 mark.

Anderson got his second goal on the power play 12:35 into the third, with Shaun Walters earning the assist. Walters scored the final goal at the 15:21 mark. George Jackson and Morgan Sanchez assisted on the play.

Alex Bjerk earned the win in net for the Ice Hawks. Bjerk recorded 18 saves.

The Ice Hawks held a 47-19 edge in shots on goal.

The Ice Hawks are off this weekend; they return to action on Feb. 6 at the Minnesota Flying Aces.

BOYS HOCKEY

BIG NINE CONFERENCE				
	Conf.	W-L-T	Pts	Overall W-L-T
Albert Lea	4-0-0	8	12-4-0
Fairbault	3-2-0	6	7-8-0
Mankato West	2-1-0	4	10-4-2
Owatonna	2-2-0	4	8-7-1
Roch. Mayo	2-0-0	4	8-7-0
Roch. Century	1-0-0	2	6-10-0
Roch. JM	1-2-0	2	5-12-0
Winona	0-1-0	0	7-8-0
Mankato East	0-4-0	0	4-11-0
Austin	0-3-0	0	0-11-1

* — conference game

SATURDAY
Waseca 3, Austin 3, OT, tie
Fairbault 5, East Grand Forks 2
Minnetonka Academy 5, Mankato West 3
Duluth Marshall 6, Century 1

TUESDAY
"Winona at JM

THURSDAY
"Mankato West at Mayo

"Fairbault at Winona

Owatonna at Albert Lea

Austin at Dodge County

Louises at Mankato East

THURSDAY
"Mayo at John Marshall

"Century at Albert Lea

"Mankato West at Mankato East

Austin at New Ulm

Fairbault at Rogers

AREA INDEPENDENTS

Team

Rochester Lourdes

La Crescent

Dodge County

SATURDAY
Dodge County 4, Winona 1

Delano 3, Lourdes 2

La Crescent at Viroqua (Wis.)

TUESDAY
Lourdes at Mankato East

Austin at Dodge County

LaCrosse Aquinas (Wis.) at La Crescent

Mount Westonville at Lourdes

Minneapolis West at Dodge County

Black River Falls (Wis.) at La Crescent

HIGH SCHOOL GIRLS HOCKEY / MAYO 4, JM/LOURDES 1



John Marshall/Loures goaltender Michelle Bonapace-Potvin makes a good poke check on Mayo's Mary Grace Flesher as she gets around the JM/L defense and in on goal Saturday at Graham Arena.

Scott Jacobson, sjacobson@postbulletin.com

'Team effort' propels Spartans

Post-Bulletin staff

Rebecca Mayo's balanced offense was too much for intracity rival John Marshall/Loures, and the Spartans girls hockey team won its sixth consecutive game, 4-1, at Graham Arena on Saturday.

Keri Pickel put Mayo up 1-0 after one period. Melena Nelson, Mary Grace Flesher and Anna Billings each solved JML goalie Michelle Bonapace-Potvin in the second period to extend the lead to before JML scored its goal, in the second period.

Billings, Flesher and Pickel had one goal and two assists each for Mayo.

"That line is playing really well right now," Mayo coach Jeff Phillips said. "They are very aggressive on the forecheck and once they get puck control, they are moving it really well and creating a lot of scoring chances."

Rebecca Graham stopped 11 of the 12 shots she faced to earn the victory in goal for the Spartans, who outshot JM/Loures 28-12.

"Tonight was really a team effort," Phillips said. "Our defense made some changes at both blue lines and that really



Mayo's Keri Pickel looks back to the slot for an open teammate with Marissa Bruesewitz of John Marshall/Loures in pursuit during a game Saturday at Graham Arena.

made a big difference. It was good to see them take the things we have been working on in practice and apply them in a game."

Phillips said Mayo's third line of Mackenzie McCormack,

Courtney Schubauer and Gabrielle Laues played another strong game, applying a lot of pressure in the offensive zone.

Mayo is back in action Tuesday at Mankato West, in a

game that Phillips said could likely determine the Big Nine Conference champion. West is ranked No. 10 in the state in Class A.

JM/Loures plays at Winona Tuesday.

HIGH SCHOOL BOYS HOCKEY / ROCHESTER ROUNDUP

Mayo defeated by No. 6 Duluth East

Post-Bulletin staff

DULUTH — Duluth East scored the first three goals of a non-conference boys hockey game Saturday and never looked back. Less than 24 hours after being knocked out by Rochester Century, No. 6-ranked East opened a six-goal lead after two periods and defeated Rochester Mayo, 7-3.

Senior forward Max Tardy, East's leading scorer, netched a hat trick in the third period for a five-point game (four goals, one assist).

"We knew Tardy was a quality player," Mayo coach Lorne Grosso said. "He put on a clinic with his poise, stick handling and scoring ability."

Kevin Ouliker's goal — assisted by Jacob Sikema and Brandon Buske — with three minutes to go in the first period was Mayo's only interruption to East's seven goals.

James Powers and Buske scored 55 seconds apart in the third to cap the scoring. Adam Truex assisted on Buske's goal.

"We redeemed ourselves a bit in the third period by outshooting and outscoring East," Grosso said. "We hope this game will be meaningful to us in our final quest for the conference and section seedings."

Jordan Yaggy made 28 saves for Mayo (9-7-0), which was outshot 33-17.

Mayo plays host to Mankato West at Graham Arena 1 on Tuesday at 7:30 p.m.

DULUTH MARSHALL 6, CENTURY 1

Penalties doom Panthers

DULUTH — Rochester Century's quest for a second consecutive victory over a ranked opponent was cut down by their inability to stay out of the penalty box. Duluth Marshall, ranked No. 13 in Class A, scored four power-play goals and one short-handed goal, en route to a 6-1 victory over Century on Saturday.

Century was energized to start, after a 3-2 win over No. 6 Class AA-ranked Duluth East on Friday. The Panthers led Marshall 1-0 after the first period on Joe Faupel's power-play goal, with assists from Tyler Anderson and Bill Grinde.

"It was a good game, we played well, when it was five-on-five," Century coach Bruce Frutiger said.

However, Marshall was 4-for-7 on power-play opportunities — including 4-for-5 over the final two periods — as Century was called for 35 minutes of penalties.

"The first period was an extension of Friday night," Century Frutiger said. "After that we got into penalties and that changed the game. We didn't maintain the discipline I'd like to see."

Dane Morin and Joe Kozlak scored twice each for Marshall, which outshot Century 34-19.

Cam Sellnow made 28 saves for the Panthers, while Willie Paul stopped 18 shots for Marshall.

Century (6-10-0) plays at Albert Lea at 7:30 p.m. Thursday.

DELANO 3, LOURDES 2

Eagles upset on the road

DELANO — Rochester Lourdes outshot Delano nearly two-to-one, but Delano's Tyler Heinonen scored on a power play with 2:02 to play in the third period as the Tigers stunned No. 9-ranked Lourdes.

Lourdes (10-5-0) never led in a game in which it outshot Delano 37-21.

Kirk Grangroth put the Tigers (5-8-2) on the board first, scoring at 5:20 of the first period.

Taylor Funk tied the score for Lourdes just 1:44 into the second period, with an assist from Phil Bray. Delano answered, though, when Heinonen scored an unsanctioned goal at 11:07 of the second.

Cole Peterson's unsanctioned goal just less than six minutes into the third tied the score 2-2, but Heinonen converted on a late power play for the winning goal.

Physical play boiled over for both teams in the third period as Delano had one player ejected for fighting, while Lourdes was called for one five-minute fighting major and a 10-minute misconduct for checking from behind. In all, the teams combined for 66 penalty minutes on 17 penalties.

Nick Heimer made 18 saves for the Eagles, who suffered their fourth loss of the season by two goals or less.

Lourdes is back in action Tuesday at Mankato East.

SWIMMING / BOYS

Shorthanded Century stays competitive

Post-Bulletin staff

MINNEAPOLIS — Rochester Century competed well against the best in the state, despite missing a few key swimmers on Saturday.

The Panthers finished 10th in the Class AA True Team state meet at the University of Minnesota Aquatic Center.

Century received top 5 performances from four individuals and a relay team.

Alex Cox had the Panthers' top swim of the day, as he placed second in the 500 freestyle. The junior took the best seed time into the event and finished in 4:49.53, just three seconds behind winner Chris Satterwaite of Edina.

Cox had a fourth-place finish in the 200 freestyle, as well, finishing in 1:47.15. He was also a member of the Panthers' second-place 200 freestyle relay team. The Panthers finished the event in 1:30.48. Mickey Stevens, Chris Freeman and Mark Strom were the other members of the team.

Freeman placed third in two events — the 200 IM

(1:59.69) and 100 backstroke (54.72).

Strom placed fifth in the 500 freestyle (5:01.80) and sixth in the 200 IM (2:03.56).

Strom while Stevens finished fifth in the 100 breaststroke (1:02.81).

Century finished with 1,156½ points, 15½ points back of ninth-place Anoka.

Edina breezed to the team championship with 2,060 points, while Minnetonka was second with 1,943. Edina won six of the 12 events, while third-place finisher Rosemount won three.

STATE TRUE TEAM MEET

Team results

1. Edina 2,060; 2. Minnetonka 1,943; 3. Rosemount 1,774½; 4. Blairwood 1,580½; 5. Stillwater Area 1,526; 6. Eastview 1,413; 7. Maple Grove 1,390½; 8. Engle 1,369½; 9. Anoka 1,172; 10. Rochester Century 1,156½; 11. Northfield 1,139; 12. Croton-Denham Hall 1,100½.

BASKETBALL / BOYS

Woodbury threesome hurts Rockets

Post-Bulletin staff

Woodbury's trio of Bo Schiffer, Sam Swanson and Ernest Dorsett was too much for Rochester John Marshall to handle down the stretch, and JM fell 64-52 in a non-conference boys basketball game Saturday at JM.

Schiffer (21 points), Dorsett (17) and Swanson (14) combined for 52 of the Royals' 64 points.

"Woodbury's strong defense along with strong shooting from Schiffer, Dorsett and Swanson hurt us down the stretch," JM coach Richard Cain said.

JM trailed by just one point at half time and was down by just two points with eight minutes to go.

Zach Behnke Smith led the Rockets with 18 points, scoring 13 of those in the second half. Justin Behnke and Abdi Ahmed scored nine each for the Rockets (4-10).

JM plays at Rochester Century at 7:30 p.m. Tuesday.

WOODBURY 64, JM 52

WOODBURY (64)
Ernest Dorsett 17, Brent Kallman 2, Bo Schiffer 21, Sam Swanson 14, Nick Quicksell 6, Tami Johnson 4.

JOHN MARSHALL (52)

Mohammed Thurman 0, Jordan Stokes 5, Nate Miller 2, Justin Behnke 9, Matt Miller 3, Joe Moen 6, Abdi Ahmed 9, Gustaf Mogapatho 0, Mikal Gonyea 0, Kirby Resnick 0, Robert Marshall 0, Zach Smith 18, Ryan Rushton 0, Louis Heimerman 0, Nate Barto 0.

Halftime: Woodbury 27, JM 26.

Free throws: Woodbury 12-18, JM 6-8.

Three-point goals: Woodbury 6 (Schiffer 21, Swanson 14, Dorsett 17, JM 6 (Smith 18, Ahmed 9, Moen 6).

Local Sports

GIRLS BASKETBALL / AUSTIN 55, ROCHESTER MAYO 32

Packers capitalize on Mayo mistakes

Post-Bulletin staff

AUSTIN — Turnovers and poor shooting doomed Rochester Mayo in a 55-32 loss to Austin Thursday in Big Nine Conference girls basketball.

Mayo committed 22 turnovers, many in the first half as Austin rolled to a 25-10 lead. "We had a hard time scoring from the beginning," Mayo coach Angie Meister said. "We started out playing good defense, but could not put the ball in."

It was the 12th straight loss for Mayo, now 1-14 overall and 1-8 in the Big Nine. Austin improved to 11-5, 7-3 in the conference.

"We got outplayed physically by a tough Austin team," Meister said. "We have had a couple of good, competitive games in this last week, so we were disappointed in our play."

Mayo didn't have any players in double figures. Danielle Sommerfeldt led with six points. Anna Hirsig led the Spartans with seven rebounds.



Scott Jacobson, sjacobson@postbulletin.com

Mayo's Liz Mellon dribbles through traffic Thursday night at Austin.

Mayo is home against Faribault tonight.
MAYO (32)
 Amelia Japowka 4, Danielle Sommerfeldt 6, Anna Hirsig 2, Liz Mellon 4, Sarah Bollen 2, Julie Miller 4, Anna Hirsig 2, Shaylan Johnson 2, Anna Ryan 5, Lauren Uhl 2.
 Other stats: Hirsig seven rebounds.

AUSTIN (55)
 Hanna Middlebrook 4, Kaycee Lukes 0, Rebekah Aase 6, Kristina Vorpal 11, Kathryn Gavin 12, Whitney Henry 5, Bri Mayer 2, Robin Arjes 2, Krista Verhauser 13.
Halftime: AUST 25, MAYO 10
Free throws: MAYO 6-15, AUST 9-13
Three-point goals: MAYO 0, AUST 4 (Verhauser 2, Henry 1, Vorpal 1).

GIRLS HOCKEY

BIG NINE STANDINGS

	W	L	T	W	L	T
Mankato West	13	0	18	3	0	
Mayo	12	1	0	15	6	0
Faribault	9	5	0	12	9	1
Owatonna	8	3	0	11	8	0
Albert Lea	6	9	0	9	13	0
Austin	4	7	1	7	9	3
Winona	4	9	1	4	10	1
Adairsville	4	8	0	5	14	0
Mankato East	2	9	0	3	18	0
Century	0	19	0	2	17	0

THURSDAY, JAN. 29

Albert Lea 5, Faribault 1
 Mankato West 6, Mankato East 0
 Maple Grove 6, Owatonna 1
 Rochester Mayo 7, Rochester Century 0

SATURDAY, JAN. 31

Winona at Mankato East
 Farmington at Owatonna
 Austin at Rochester John Marshall/Lourdes
 Dodge County at Rochester Century

AREA BOYS BASKETBALL STANDINGS

BIG NINE CONFERENCE

	W	L	W	L
Mankato West	13	0	14	1
Austin	12	1	9	2
Owatonna	11	2	10	4
Faribault	10	3	4	9
Mayo	9	4	5	9
Winona	8	4	5	8
John Marshall	4	4	5	10
Century	1	6	2	13
Mankato East	1	7	2	13
Albert Lea	0	7	1	13

TODAY

Mankato West at Albert Lea
 Austin at Winona
 Mayo at Faribault
 Owatonna at Mankato East

THURSDAY

St. Charles 47, Dover/Eyota 45
 Plainview/Elgin-Mill 85, Wabasha/Kellogg 35
 Rushford/Petersen 59, Kingsland 58
 California 62, Southland 50

TODAY

Lewistown/Altura at St. Charles
 Chaffield at Fillmore Central

SOUTHEAST CONFERENCE

	W	L	W	L
Spring Grove	9	0	12	1
Lanesboro	6	2	7	5
LeRoy/Oshtemo	5	3	7	5
Mabel/Canton	5	3	6	6
Lyle/Austin/Paceville	4	3	7	5
Houston	4	3	5	7
Geniville/Emmons	2	6	3	7
Hope Lutheran	0	8	1	12
Grand Meadow	0	9	1	13

THURSDAY

Zumbrota/Mazeppa 69, Kasson-Man 56
 TODAY
 Zumbrota/Mazeppa at Pine Island
 Goodhue at Triton
 Byron at La Crescent
 Hayfield at Kasson-Manorville

GIRLS HOCKEY / ROCHESTER

Spartans blank Century

Post-Bulletin staff

Rochester Mayo scored three times in the first period and went on to blank Century 7-0 in Big Nine Conference girls hockey on Thursday.

Alyssa Weise and Mary Grace Flesher both scored a pair of goals for the Spartans. Those two players along with Tessa Rud, on the power play, scored in the first period to give Mayo the quick advantage.

"The Mayo girls played well tonight," Spartans coach Jeff Phillips said. "All four lines moved the puck well and created good scoring opportunities."

Mayo controlled play, outshooting Century 51-14. Jamie Clay had the shutout in goal for Mayo, her second shutout of the season. Liz Matild had 44 saves for Century (2-17 overall, 0-10 in Big Nine).

Keri Pickel and Emma Leof also scored goals for Mayo. No one had more than one assist for Mayo. Kayla Fjeldstad earned her first varsity point, assisting on Weise's second goal.

Mayo, which improved to 15-6 overall and 12-1 in the Big Nine, hosts Mankato East on Tuesday at Graham Arena.

National signing day will be televised



TV/RADIO • PAUL CHRISTIAN
 pchristian@postbulletin.com

Years and years ago, it wasn't even conceivable that one of the TV networks would ever carry the NFL Draft.

Now it's one of the highest-rated shows of the year on ESPN.

Likewise, national college football signing day. The idea of televising a bunch of high school seniors announcing their college intention was far fetched indeed.

Not any more. The national signing day is Wednesday and the Big Ten Network will air a national signing day special from 4 p.m. to 5 p.m.

Among the studio guests are host Dave Revsine, Big Ten Tonight analysts Gerry DiNardo, Chris Martin, former University of Minnesota coach Glen Mason and Scout.com national recruiting expert Allen Trieu.

All 11 Big Ten schools will be analyzed and presumably judged as to how they stack up against the other conference schools.

The special will re-air at 10:30 p.m. Wednesday and 8 a.m. and 4 p.m. Friday.

Meanwhile, for the fourth year in a row, ESPN will headline a comprehensive studio show, from 9 a.m. Wednesday to 6 p.m. That's nine hours, up from seven a year ago.

Tom Luginbill, national director of recruiting for ESPN Scouts Inc., is the special ESPN analyst.

Several players ranked by the ESPN150, a nationwide ranking of top prep football prospects compiled by ESPN Scouts Inc., are expected to announce their college decision live during the show.

In addition, ESPN2 will televise a special hour-long edition of College Football Live at 1 p.m., with host Kevin Negandhi, who will be joined in studio by ESPN college football analyst and Heisman Trophy winner Andre Ware, former Clemson head coach Tommy Bowden and Tom McShay of Scouts Inc. The network will then simulcast ESPN's coverage from 2 p.m. to 4:30 p.m., along with ESPN360.com.

Beginning at 11 a.m., ESP-

NEWS will provide updates every 10 and 40 minutes past the hour. There will also be some elements of National Signing Day on SportsCenter and First Take.

And if you get the CBS College Sports Network, it will have five hours of coverage, from 10 a.m. to 11 a.m. and from 2 p.m. to 6 p.m.

There will also be coverage all day on MaxPreps.com.

CBS College Sports Network features hosts Adam Zucker and CBS Sports' Tracy Wolfson, along with football recruiting expert Tom Lemming, college football analyst and former Notre Dame All-American Aaron Taylor and former University of Tennessee coach Phil Fulmer.

Trev Alberts reports live from St. Thomas Aquinas High School (Ft. Lauderdale, Fla.), the nation's consensus top ranked prep football team in 2008, where several players will announce live their college selections.

Around the tube

• Fox Sports Net North and WFTC will televise five Minnesota Twins spring training games.

FSN North will televise three games, starting March 14 against the Florida Marlins. It also has a 6 p.m. game March 26 against Cincinnati and March 30 against Tampa Bay.

Since WFTC is not available locally on Charter Communications, FSN North will simulcast the March 15 game against the Yankees and March 29 against St. Louis.

Dick Bremer (play-by-play) and Bert Blyleven (analyst) will serve as the announcers. • Tennis hall of famer Jimmy Connors will be the lead analyst during the Tennis Channel's coverage of the U.S. Open in September.

Most recently, he worked as part of the British Broadcasting Company's coverage of Wimbledon. He has not appeared in a televised tennis booth for a U.S. network since 1991. Connors is a five-time U.S. Open champion.

Paul Christian is a Post-Bulletin sports writer. He writes a weekly Friday column dealing with TV and radio sports and can be reached at pchristian@postbulletin.com.

A column on the Super Bowl TV coverage on NBC runs Saturday.

Messaging phone sale!

Spend less. Message more.

BlackBerry® Pearl™
 8130 Smartphone
Pocket powerhouse
\$1999
 Buy any phone \$19.99 or higher
GET 3 FREE!
 BlackBerry Pearl 8130, \$119.99 2-yr. price - \$100 mail-in rebate debit card.
 Each requires a voice plan with email feature, or email plan.

LG enV™
 Texting machine
 Verizon Wireless
 3G Exclusive
OUR LOWEST PRICE!
\$4999
 \$99.99 2-yr. price - \$50 mail-in rebate debit card.

BlackBerry Curve™
 8330 Smartphone
Inbox to go
\$7999
 \$149.99 2-yr. price - \$70 mail-in rebate debit card.
 Requires a voice plan with email feature, or email plan.

LG Voyager™
Sleek multitasker
 Verizon Wireless
 3G Exclusive
\$7999
 \$129.99 2-yr. price - \$50 mail-in rebate debit card. Requires a Nationwide Plan.

All phones require new 2-yr. activation.

Get Unlimited Messaging to Anyone on Any Network in America.
 On Nationwide Select Plans starting at \$59.99 monthly access. With a new 1- or 2-yr. Agmt. (Activation fees, taxes & other charges apply.)
 Messaging not available everywhere in Nationwide Area.

Call more people. Use zero minutes.
 Alltel is now part of Verizon Wireless, creating America's Largest Mobile to Mobile Calling Family. Over 80 million strong.

Call 1.877.2BUY.VZW Click verizonwireless.com Visit any store

Qwest Wireless Customers! Come in now to any Verizon Wireless Communications Store and upgrade to the latest in wireless phones.
Offer not available at Authorized Retailer locations.

VERIZON WIRELESS COMMUNICATIONS STORES

ROCHESTER 1190 16th St. S.W. 507-252-9955
 Apache Mall 507-282-1133

BUSINESS CUSTOMERS
1-800-VZW-4BIZ

In Collaboration with
Alcatel-Lucent

AUTHORIZED RETAILERS Equipment prices, models & return policy vary by location. Authorized Retailers may impose additional equipment related charges, including cancellation fees.

FARIBAULT Wireless World 507-331-8255
OWATONNA Wireless World 507-214-8255
ROCHESTER Z Wireless 20th St. 507-206-4141
 41st St. NW 507-208-4554

Verizon Wireless now available at Apache Mall

BEST BUY

*Our Surcharges (incl. Fed. Univ. Sec. of 9.5% of interstate & intl'l telecom charges (varies quarterly), 7C Regulatory & 85C Administrative/line/mo. & others by area) are not taxes (details: 1-888-684-1888); gov't taxes & our surcharges could add 9%-33% to your bill. Activation fee/line: \$35.
 IMPORTANT CONSUMER INFORMATION: Subject to Customer Agmt., Calling Plan, rebate form & credit approval. Up to \$175 early termination fee/line & other charges. Certain Alltel customers not joining Verizon Wireless. Mobile to Mobile available to Verizon Wireless customers now; most Alltel customers Feb. 17, see alltel.com for updates & eligibility. Offers and coverage, varying by service, not available everywhere. Device capabilities: Add'l charges & conditions apply. Rebate debit card takes up to 6 weeks & expires in 12 months. Voyager is a trademark of Plantronics, Inc. used under license by Verizon Wireless. Limited-time offers. While supplies last. Network details and coverage maps at verizonwireless.com. © 2009 Verizon Wireless.

Local Sports

BOYS BASKETBALL / ROCHESTER ROUNDUP

Mayo's Andrew Matsumoto splits the Albert Lea defense during first-half action Tuesday at McNish Gymnasium.

Scott Jacobson, sjacobson@postbulletin.com



Mayo hammers Albert Lea

Post-Bulletin staff

This was one the Rochester Mayo boys basketball team knew it should win, matched up against struggling Albert Lea on Tuesday at McNish Gymnasium.

The Spartans won, all right, pounding the Tigers 70-41 behind a monster game from guard Andrew Matsumoto.

The senior, who is generally a light scorer, was anything but against Albert Lea as he poured in 22 points. And that wasn't all. He also grabbed 11 rebounds and handed out two assists.

The win upped Mayo's record to 5-4 in the Big Nine and 7-9 overall. Albert Lea is 0-9, 1-15.

"We got off to a quick start and played well as a team by moving the ball around on the offensive end," Mayo coach Shaun Lang said.

Mayo also got 13 points from Dan Allman and 12 from Sam Calcagno.

ALBERT LEA (43)
Brandon Ahti 0, Aaron Klatt 2, Alik Smed 4, Sean Templeman 10, Josh Elendrain 4, Cameron Solie 0, Woody Dahl 2, Colby Stroh 9, Silas Randall 2, Cody Hoenisch 0.

MAYO (70)
Sam Calcagno 12, Garrett Benson 3, Ty Quatt 0, Steve Miller 4, Keaton Wendrich 4, Nick Bhaskaran 0, Andrew Matsumoto 22, Michael Franzoze 6, Marcus Franzoze 0, Evan Morris 4, Christian Johnson 0, Aaron Rickard 0, Ian Hathaway 2, Dan Allman 13, Cody Gallaher 2.

Other stats: Matsumoto 11 rebounds, 2 assists.
Halftime: MAYO 38, AL 17.
Free throws: AL 9-10, MAYO 21-28.
Three-point goals: AL 2, MAYO 3.

WINONA 47, JM 40

No balance for JM

John Marshall got a solid outing from Zach Smith, but not much from anybody else.

That spelled defeat for the Rockets, who also were hurt by some poor free-throw shooting — just 9 of 18 from the line.

"Zach played a decent game, but there wasn't much help from our other players out there," JM coach Rich Cain said.

Smith, a 6-foot-5 forward, scored 17 points. The only other JM player in double figures was Abdi Ahmed with 11.

Winona rode nice balance, with three players scoring at least eight points. It also rode a nice size advantage over the Rockets.

"(Winona) played well together; they were more patient than us," Cain said.



Scott Jacobson, sjacobson@postbulletin.com

Mayo's Dan Allman ducks under the Albert Lea defense of Alik Smed, left, and Sean Templeman for a layup.



Jerry Olson, jolson@postbulletin.com

JM forward Abdi Ahmed releases a driving shot in traffic against Winona.

The Rockets slipped to 4-5, 5-11. Winona is 5-5, 6-9.

WINONA (49)
Chad Peterson 11, Joe Zimbric 2, Tom Blacklock 3, Alex Brown 13, John Schaevel 4, Mark Blacklock 6, Alex Mene 8.

JOHN MARSHALL (47)
Jordan Stokes 0, Nate Miller 5, Matt Miller 0, Joe Moon 0, Abdi Ahmed 11, Guelford



Jerry Olson, jolson@postbulletin.com

John Marshall forward Zach Smith pulls down a rebound during the Rockets' game with Winona on Tuesday night.

Mayaagaze 0, Zach Smith 17, Ryan Rushton 3, Nate Bartz 4.

Halftime: WIN 19, JM 14.
Free throws: WIN 10-20, JM 9-18.
Three-point goals: WIN 1 (Blacklock), JM 3 (N. Miller 1, Smith 1, Rushton 1).

WEST 61, CENTURY 31

Tale of two halves

MANKATO — For one half, Century played as well as it had all year. The Panthers were within two points of the state's No. 1-ranked Class AAA team, Mankato West.

Then came the second half. The Panthers slipped and the Scarlets started playing as well as they can, blistering with their shooting and hounding Century with their pressure defense. That led to Mankato West outscoring Century 41-13 in the second half.

"The first half, we rebounded well and did all the little things — taking care of the ball, playing really good defense and playing with good energy," Century coach Joe Ohm said.

Century was led by center Dan Fleissner with 11 points. Nobody else was in double figures. Mike Richter led Mankato West with 18 points.

Century is 2-7 in the Big Nine and 2-13 overall. West is 10-0, 16-1.

CENTURY (31)
Cassidy Johnson 0, Josh Benson 5, Nick Bease 0, Nate Krusselbrink 4, Marcus Eckert 3, Erik Sperling 0, Joe Callstrom 0, Eric Sheridan 0, Josh Gentling 0, Dan Fleissner 11, Patrick Franko 2, Bryce Duncan 2, Mike VerDune 2, Aar Marveng 2.

MANKATO WEST (61)
Ben Dobson 1, Preston Brunz 3, Mac Gulick 3, Derrick Catlyssay 4, Des Sparrs 3, Ethan Trapp 7, Aaron Richter 6, Alex Hassie 2, Mike Richter 18, Andrew Saltsf 12.

Halftime: MW 20, CENT 18.
Free throws: CENT 3-12, MW 13-21.
Three-point goals: CENT 2 (Benson 1, Eckert 1), MW 2 (Trapp 1, Gulick 1).

OWATONNA 8, JM/LOURDES 2

Rockets fall again to Huskies

OWATONNA — John Marshall/Lourdes played one of the better defensive games of the season but still came up on the short end of an 8-2 score with

OWATONNA. Owatonna scored two goals in the first period and had a 4-1 lead after two periods, and beat JM/Lourdes for the second time this season. The Huskies won the earlier meeting, 7-0.

JM/Lourdes coach Steve Russell said his team played better this time, especially on defense. Senior Hannah Sahli had her best game in goal, he said.

Owatonna finished with a 33-17 advantage in shots on goal. Sarah Armstrong scored on a pass from Laura Fisher in the second period for JM/Lourdes. Nicole Nelson had a third-period goal on assists from Kelly Bier and Katie Armstrong.

GIRLS BASKETBALL / ROCHESTER ROUNDUP

Spartans have winning streak

Mayo avenges loss to Albert Lea

Post-Bulletin staff

ALBERT LEA — It's been a challenging season for the Rochester Mayo girls basketball team, but suddenly the Spartans are onto something good: A winning streak.

Mayo won its second straight game 61-55 over Albert Lea in Big Nine Conference action Tuesday night. The Spartans avenged a 14-point loss to Albert Lea in mid-December.

Mayo improved to 3-14 overall and 3-8 in the conference, and pulled out of the Big Nine basement, replaced by Faribault (2-8).

The Spartans built a five-point lead by halftime and held a

narrow lead most of the second half. Mayo put the game away at the free-throw line, and finished with a 25-14 scoring edge there.

"We out-rebounded them (36-23) and that was the opposite from the last time we played them," Mayo coach Angie Meister said. "That was the difference in the game, that and making our free throws."

Liz Mellon powered Mayo with 21 points, making 10 of 12 free throws. Alexa Shirek had six points and 10 rebounds, and Danielle Sommerfeldt had nine points and eight rebounds.

"We really tried to take care of the ball and take our time on offense," Meister said. "We showed more discipline and were waiting for better shots."

Mayo hosts Century on Friday night.

MAYO (61)
Annelia Jagowka 7, Danielle Sommerfeldt 9, Alexa Shirek 6, Liz Mellon 21, Sarah Bohlen 4, Anna Hirsig 5, Lauren Ush 9.

ALBERT LEA (55)
Alyssa Sager 18, Morgan Stadheim 15, Abby Arends 6, Mikaela Pierson 2, Katie Schow 11, Lina Howe 3.

Other stats: Sager 10-13 from the line.
Halftime: MAYO 29, AL 24.
Free throws: MAYO 25-34, AL 14-21.

Three-point goals: MAYO 4 (Jagowka 1, Mellon 3), AL 5 (Stadheim 1, Schow 3, Howe 1).

CENTURY 54, WEST 35

Braatz scores 19 points

Lindsay Braatz made three 3-pointers and scored a season-high 19 points to pace Century in a Big Nine Conference win.

Century defeated West for the second time this season and the Panthers improved to 8-3 in the Big Nine and 12-6 overall. West is 10-6, 7-4 in the conference.

Century coach Aaron Berg said it was a tale of two halves for his team, which led 23-17 at halftime.

"The girls came out strong

and played a complete defensive game," Berg said. "We struggled shooting in the first half (29 percent), but stuck with our plan and got some shots to fall later."

Jessica Hazelton and Mallory Cochran had six rebounds each to help Century to a 28-23 rebounding edge. Emily Hoyer added six steals, four rebounds and five points.

Century's next game is Friday night at Mayo.

MANKATO WEST (35)
Erin Doyle 5, Abby Rotherbuehler 10, Brooke Rosensteel 5, Kalle Lauer 10, Biranna Christiansen 2, Karlee Zielke 2.

Other stats: Team rebounds 23.
CENTURY (54)
Brittany Mieser 0, Steph Brandt 9, Katy Scherer 4, Lizzie Sternhaug 7, Katie Lindahl 0, Lindsay Braatz 19, Emily Hoyer 5, Mahana Lindsey 4, Heather Tally 0, Taylor Wells 0, Jessica Hazelton 0, Mallory Cochran 6, Eden Krynanski 0, Maggie Pumper 0.

Other stats: Hazelton 6 rebounds, Hoyer 4 rebounds, 6 steals, Cochran 6 rebounds, 3 steals, Brandt 3 steals, Braatz 3 steals, Team rebounds 25.

Halftime: CENT 23, MW 17.
Free throws: MW 8-11, CENT 7-16.

Three-point goals: MW 3 (Doyle 1, Rotherbuehler 2), CENT 5 (Braatz 3, Brandt 1, Sternhaug 1).

JM 62, WINONA 44

Inside play too much

WINONA — John Marshall bounced back nicely from its loss to Century on Friday as it blitzed Winona in Big Nine Conference action.

The Rockets did it behind torrid shooting from forward Apiew Ojulu. The sophomore had 22 points on 11-of-13 shooting on two-point baskets.

Fellow inside player Lona added 18 rebounds, 13 points, and Alyssa Rushton had 14 points and seven assists.

"The kids did a nice job tonight," JM coach Terry Heiderscheidt said. "They worked the ball well and got some good looks for the big kids inside. And our defense did a nice job pressuring them in the first half."

JM (9-2 Big Nine, 13-4 overall) was never threatened in the game, and led 31-16 at halftime.

Winona slipped to 5-7, 6-10.

JOHN MARSHALL (62)
Ashley Luedde 2, Apiew Ojulu 22, Nytor Longar 18, Taylor Bly 9, Alyssa Rushton 14, Jasmine Dittich 6.

Other stats: Longar 13 rebounds, Ojulu 11-13 2-point shots, Rushton 7 assists, Dittich 5 assists.

WINONA (44)
Allison Martin 5, Megan Lueck 17, Hannah Norman 10, Collie Gerns 2, Shanaa Mahoney 10.

Halftime: JM 31, WIN 16.
Free throws: JM 1-2, WIN 10-15.

Three-point goals: JM 1 (Rushton), WIN 2 (Martin, Lueck).

ADAPTIVE FLOOR HOCKEY / RAIDERS

Raiders romp to win

Post-Bulletin staff

Andrew Watts had six goals and one assist as the Rochester Raiders beat Minneapolis South 11-1 at home on Tuesday in adaptive floor hockey.

Connor Jones had two goals and one assist for the Raiders; Kyle Parker had one goal and two assists; and Ben Jordan and Nicole Mock both had one goal and one assist.

Nate Sorenson had 47 saves in goal for Rochester. The Raiders had 48 shots. The six assists marked a season high.

"It was a real team effort tonight," assistant coach Wayne Pollock said.

Pollock said Parker, Wade Kuiper and Brandon Pollock all had strong games on defense.

The Raiders (4-1) will host Hudson, Wis., next Tuesday.

GIRLS HOCKEY / ROCHESTER ROUNDUP

Mayo makes the most of its chances

Spartans score eight goals on 27 shots in win

Post-Bulletin staff

MANKATO — Rochester Mayo scored eight times on 27 shots and breezed to an 8-1 Big Nine Conference victory over Mankato East.

"We played a solid game," Mayo coach Jeff Phillips said. "We wanted to support the puck well and create good scoring chances in the offensive zone."

The girls were patient and did that well."

Mayo put the game away in the first period, scoring four times. Mary Grace Fleisher scored two of her three goals in the first, and Olivia Mehwhorter and Keri Pickel scored once each.

Cortney Schubauer and Pickel scored again in the second. Fleisher completed her hat trick three minutes into the third and Alyssa Weiss capped

the scoring with a goal at the 5:15 mark.

Anna Billings had three assists for Mayo. Chloe Billings, Melena Nelson, Weise, Fleisher, Makinze Kazeck, Mackenzie McCormack, Gabriel Laures and Sam Carlson had one assist each.

Jamie Clay topped 14 shots to pick up the victory for Mayo. Mayo (16-6-0) plays at Austin at 7:30 p.m. on Thursday.

OWATONNA 8, JM/LOURDES 2

Rockets fall again to Huskies

OWATONNA — John Marshall/Lourdes played one of the better defensive games of the season but still came up on the short end of an 8-2 score with

OWATONNA. Owatonna scored two goals in the first period and had a 4-1 lead after two periods, and beat JM/Lourdes for the second time this season. The Huskies won the earlier meeting, 7-0.

JM/Lourdes coach Steve Russell said his team played better this time, especially on defense. Senior Hannah Sahli had her best game in goal, he said.

Owatonna scored two goals in the first period and had a 4-1 lead after two periods, and beat JM/Lourdes for the second time this season. The Huskies won the earlier meeting, 7-0.

JM/Lourdes coach Steve Russell said his team played better this time, especially on defense. Senior Hannah Sahli had her best game in goal, he said.

Owatonna finished with a 33-17 advantage in shots on goal. Sarah Armstrong scored on a pass from Laura Fisher in the second period for JM/Lourdes. Nicole Nelson had a third-period goal on assists from Kelly Bier and Katie Armstrong.

Owatonna scored two goals in the first period and had a 4-1 lead after two periods, and beat JM/Lourdes for the second time this season. The Huskies won the earlier meeting, 7-0.

JM/Lourdes coach Steve Russell said his team played better this time, especially on defense. Senior Hannah Sahli had her best game in goal, he said.

Owatonna finished with a 33-17 advantage in shots on goal. Sarah Armstrong scored on a pass from Laura Fisher in the second period for JM/Lourdes. Nicole Nelson had a third-period goal on assists from Kelly Bier and Katie Armstrong.

Owatonna scored two goals in the first period and had a 4-1 lead after two periods, and beat JM/Lourdes for the second time this season. The Huskies won the earlier meeting, 7-0.

JM/Lourdes coach Steve Russell said his team played better this time, especially on defense. Senior Hannah Sahli had her best game in goal, he said.

Owatonna scored two goals in the first period and had a 4-1 lead after two periods, and beat JM/Lourdes for the second time this season. The Huskies won the earlier meeting, 7-0.

LOCAL CALENDAR

TODAY

Men's College Basketball

RTC at Anoka-Ramsey, 8 p.m.

Women's College Basketball

RTC at Anoka-Ramsey, 6 p.m.

High School Girls Basketball

John Marshall at Mankato West, 7:30 p.m.

High School Boys Basketball

Mankato West at John Marshall, 6:30 p.m.

Hastings at Century, 7:30 p.m.

High School Wrestling

Mayo at Austin, 7 p.m.

Plainville-Elgin-Millville at John Marshall, 6:30 p.m.

John Marshall at Faribault, 7 p.m.

Century at Albert Lea, 7 p.m.

High School Boys Hockey

Loures at Faribault, 7:30 p.m.

Austin at Mayo (Graham Arena 1), 7:30 p.m.

High School Girls Hockey

Mayo at Austin, 7:30 p.m.

Faribault at John Marshall/Loures (Recreation Center), 5:30 p.m.

High School Boys Swimming/Diving

John Marshall at Albert Lea, 6 p.m.

Winona at Century (John Marshall), 6 p.m.

FRIDAY

High School Boys Basketball

Loures at Kasson-Mantorville, 7:30 p.m.

High School Girls Basketball

Kasson-Mantorville at Loures, 7:30 p.m.

Century at Mayo, 7:30 p.m.

High School Boys Swimming/Diving

Owatonna at Mayo, 6 p.m.

Local Sports

AREA BOYS BASKETBALL SCORING LEADERS

BIG NINE CONFERENCE

Team	Games	Pts	Avg
Conner Gunderson	14	263	18.8
Conner Gunderson	14	153	10.9
Will Fellen	14	120	8.6
Steven Ruz	14	77	5.5
Ti Fritz	14	74	5.3

Team	Games	Pts	Avg
Nate Krusinski	14	143	10.2
Cody Johnson	15	50	10.0
Dan Friesner	15	138	9.2
Alex Marang	16	48	8.0
Marcus Eckert	15	76	5.1

Team	Games	Pts	Avg
Zach Smith	16	294	18.4
Abdi Ahmed	16	157	9.8
Justin Behrke	13	117	9.0
Nate Miller	16	112	7.0
Joe Moen	16	101	6.3

Team	Games	Pts	Avg
Garrett Benson	16	212	14.4
Sam Calagione	16	112	9.4
Aaron Aland	16	114	9.0
Michael Ito	16	101	7.6
Andrew Matsunoto	16	75	6.9

Team	Games	Pts	Avg
Alex Walter	15	156	10.4
Sam Onomura	15	150	10.0
Mike Bontrouth	15	102	6.8

Team	Games	Pts	Avg
Ray Teatout	14	169	12.1
Preston Brunz	16	160	10.0

Team	Games	Pts	Avg
Alex Mene	14	161	11.5
Chad Peterson	14	114	8.1
Eric Kraft	11	79	7.2
Alex Brown	17	2	8.5
Mark Blacklock	13	106	8.2

Team	Games	Pts	Avg
Zach Southwick	15	212	14.1
Angel Tsanamas	15	145	9.7
Evon Morris	15	120	8.0
Ross Rudis	15	105	7.0
Taylor Kunkel	14	95	6.8

Team	Games	Pts	Avg
Isaac Peterson	10	142	14.2
Mich Anderson	10	112	11.2
Cedric Dick	10	110	11.0
Michael Benitt	10	88	8.8
Ryan Underdahl	10	57	5.7

Team	Games	Pts	Avg
Joe Conway	18	296	16.4
Jordan Ousefort	18	212	11.8
Joe Walsh	18	154	8.6
Ryan Eichman	17	108	6.4
Sam Verbe	12	63	5.3

Team	Games	Pts	Avg
Goodhue Wildcats	18	351	19.5
Austin Erie	18	252	14.0
Dan McNamara	18	172	9.6
DJ Buck	18	127	7.1

Team	Games	Pts	Avg
Kody Kramer	17	223	13.1
Tanner Kramer	17	196	11.5
Ben Pollock	17	148	8.7
Bobbie Stephens	17	135	7.9
Tyler Krokling	17	133	7.8

Team	Games	Pts	Avg
Chris Paradise	18	230	12.8
Phil Oertl	18	191	10.6
Steven Deffald	18	119	6.6
Drew Anderson	18	111	6.2
Aaron Bernards	18	90	5.0

Team	Games	Pts	Avg
Brandon Quim	13	168	12.9
Brady Anfinson	13	141	10.8
Ben Fletcher	13	101	7.8
Nathan Quam	13	86	6.6
Andrew Johnson	13	51	3.9

Team	Games	Pts	Avg
Sean McGrath	15	240	16.0
Sam Odey	15	152	10.1
Tyler Gregerson	15	123	8.2
Doug Stupica	15	80	5.3

Team	Games	Pts	Avg
Brandon Verthuis	16	362	22.6
Calvin Walter	16	211	14.8
James Laczurik	16	238	9.8
Jordan Edmond	16	67	4.2
Colin Deffald	16	46	2.9

Team	Games	Pts	Avg
Andrew Swanson	16	178	11.1
Austin Gills	16	167	10.4
Justin Grimley	15	148	9.9
Trevi Helman	16	128	7.7
Joe Beck	16	55	6.9

Team	Games	Pts	Avg
Brandon Verthuis	16	362	22.6
Calvin Walter	16	211	14.8
James Laczurik	16	238	9.8
Jordan Edmond	16	67	4.2
Colin Deffald	16	46	2.9

Team	Games	Pts	Avg
Andrew Swanson	16	178	11.1
Austin Gills	16	167	10.4
Justin Grimley	15	148	9.9
Trevi Helman	16	128	7.7
Joe Beck	16	55	6.9

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Team	Games	Pts	Avg
Maya Grace Flesher	21	122	5.8
Keri Pickett	15	15	3.0
Anna Billings	5	16	3.2
Alyssa Weiss	10	7	1.7
Melissa Nelson	8	8	1.0
Kelli Anderson	4	7	1.8
Emilia Leif	3	6	2.0
Tessa Paul	2	4	2.0
Olivia Newthorpe	3	2	0.7
Elise Billings	1	1	1.0
Mackenzie McCormack	2	2	1.0
Courtney Schubauer	3	1	0.3
Gabriel Laures	0	2	0.0
Sam Carlson	0	1	0.0
Kayla Feistad	0	1	0.0
Katie Tringrud	0	1	0.0

Local Sports

HIGH SCHOOL / NOTEBOOK

Sahli steps in for injured Bonapace-Potvin

Rockets have shown steady improvement

Last week, shortly before the Rochester John Marshall/Lourdes girls hockey team was to take on Dodge County, the Rockets learned that star goalie **Michelle Bonapace-Potvin** would miss the game due to a knee injury.

So **Hannah Sahli** stepped up. Sahli, now a senior, didn't even come out for hockey until last season. And she had only played goalie once before, strapping on the goal-tending stick would be a relatively easy adjustment.

"Hannah plays softball, which is one of the reasons why we asked her to consider playing in net ... she already knew how to catch," JM/Lourdes coach **Steve Russell** said. "She is also naturally strong on her stick, so wielding a goal-tending stick would be a relatively easy adjustment."

After the Sertoma Shootout, Sahli went back to being a skater for the Rockets.

But with Bonapace-Potvin out — a strained MCL will keep her out of the lineup for the remainder of the season — Sahli is back in net for the Rockets.

"Hannah improves every time she is on the ice and is gradually becoming more comfortable in her new role," Russell said. "At the beginning of the year, I think Hannah had a person goal of scoring her first high school goal. The team's main goal for the remainder of the season is to get Hannah Sahli a win before she finishes her high school hockey career."

The Rockets have shown steady improvement this season, and they turned in another solid performance Saturday against Austin. In the 5-1 loss to the Packers, JM/Lourdes allowed just 14 shots on goal. In a previous game against Austin on Dec. 16,

the Rockets allowed more than 50 shots on goal.

"The play of two freshmen — **Hannah Nelson** and **Laura Fisher** — on defense allowed us to move sophomore **Sarah Armstrong** up to wing, and she has become the team's leading scorer," Russell said.

In the past, Russell said the team has sometimes played passively, knowing that Bonapace-Potvin could make many saves. But now the Rockets are more aggressive.

"We're playing tighter gaps in the neutral zone and not giving up our blue line so easily," Russell said. "This has resulted in more play in the other team's side of the ice. We are allowing more goals lately, but the team as a whole is playing much better hockey."

The Rockets (6-18) have two regular-season games remaining — against Mankato East on Saturday and against Albert Lea on Tuesday.

— Ben Pershon

GIRLS BASKETBALL

Becker back for Caledonia

The Caledonia girls basketball team's perfect 19-0 record is all the more impressive considering the Warriors won nine of those games without the services of one of their top players, senior guard **Laquita Becker**.

Becker, a 5-foot-4 senior guard, developed a stress fracture in her foot at the end of December.

"She played in games against Kingsland (Dec. 23) and La Crescent (Dec. 26) on it and then had it checked because it was bothering her," Caledonia coach **Scott Sorenson** explained. "They found it was fractured so she has been sidelined."

The good news for the Warriors is that Becker has been able to return. She played in the last two games against Southland and St. Charles and scored 9 and 18 points.

Becker has been an integral part of Caledonia's last two Section One, Class AA championship teams. Last season she led the team in steals and was third in assists.

This season she is averaging 5 points per game for the high-scoring and balanced Warriors.

Caledonia is five games away completing an unbeaten regular season, but it won't be easy. The Warriors are home tonight against Kingsland (12-4), and are at Dover-Eyota (18-1) on Tuesday for a game that will decide the Three Rivers Conference champion.

— Donny Henn

RUNNING

Noska commits to UMD

Prior to Hilary Noska's third appearance in a state high school cross-country meet, Rochester Mayo coach **Brett Carroll** called her "the best we've had" in the Mayo girls program.

Now Noska will get to see how she matches up with some of the best in the country. This week, the Mayo senior signed a letter of intent to compete in women's cross-country, and track and field for the University of Minnesota-Duluth.

The deep and talented Bulldogs cross-country team finished eighth at the NCAA Division II national championships last fall. They were led by freshman **Morgan Place**, who earned All-America status by placing seventh in the nation.

Noska is a three-time all-state cross-country runner for Mayo, placing in the top 25 at the state meet as a freshman, sophomore and junior. She placed 11th as a freshman, 16th as a sophomore and 24th as a junior. She has spent much of the past two seasons battling through lingering pain from a stress fracture suffered during her sophomore track and field season.

Noska also served as the Spartans' captain in both cross-country and track and field.

She is one of the top distance runners — in the 1,600 and 3,200 — in the

Big Nine Conference and Section 1AA during the track season.

— Jason Feldman

FOOTBALL

JM combination to WSU

The running and blocking combination of Rochester John Marshall's **Drew Meyer** and **Richard Lilla** will continue the next four years.

Both JM seniors have signed to play football at Winona State. Meyer, a 205-pound halfback, ran for over 1,000 yards this season and was a two-year starter.

Lilla, 6-foot-3, 265-pounds, was a rare three-year starter at JM. Offensively, he was a tackle.

Lilla ranks as one of the top offensive linemen JM has had in years. He's big, mobile (about 4.9 in the 40) and intelligent.

Winona State also signed Owatonna star tight end **Kyle Melcher**, as well as Winona quarterback **Joe Zimbric**.

Zach Krueger, a Kasson-Mantorville offensive lineman, will play at Waldorf (Iowa) College. Teammate **Drew Austin**, a wide receiver, will play at Rochester Community and Technical College.

— Pat Ruff

Lourdes' Kapraun injured

Rochester Lourdes endured a significant loss Saturday when sixth-man

Alex Kapraun, a 6-foot-2 sophomore, injured his knee in a loss to Plainview-Elgin-Millville.

Kapraun, who had been a team-leading 14-for-27 on 3-pointers, is expected to miss the next 4-6 weeks.

The timing was tough, with Lourdes (10-7 overall, 5-2 in the Hiawatha Valley

League) about to begin a tough stretch. Beginning Saturday, the Eagles host formidable Holy Family Catholic, are at 10-5 Byron on Tuesday, then host 12-4 Stewartville on Feb. 13.

— Pat Ruff

GIRLS SOCCER

Byron pair to play in college

Two Byron girls soccer players will continue their careers at the college level in the fall.

Mackenzie Trom signed a letter of intent to play at Division II Augustana in Sioux Falls, S.D.

Kayla Kramer has been invited to walk on at Division I Wisconsin-Green Bay.

"They should both have a chance to make an impact in college," Byron coach **Marc Stangler** said. But the coach noted they must bide their time and be able to adjust to the college game.

Trom ended her high school career as Byron's all-time leading goal scorer with 59. She also had 34 assists in her four-year varsity career. She was All-Hiawatha Valley League three times and was first-team all-state twice.

"She's very strong with both legs," Stangler said. "Coming off of surgery last year she could still fly the ball 60 yards, which is awesome."

Kramer led the Bears in goals as a junior and senior. She ended her career with 54 goals. She was all-conference twice and two-time all-state honorable mention. She lettered three times.

"Kayla's a real athlete," Stangler said. "She's big, she's strong and she's fast. She has breakout years."

— Guy N. Linbeck



Sahli



Noska



Lilla



Trom



Kramer



Kapraun

HIGH SCHOOL BOYS BASKETBALL / ROCHESTER ROUNDUP



Scott Jacobson, sjacobson@postbulletin.com

John Marshall's **Nathan Bartz** is knocked to the ground, while teammate **Robert Marshall** battles for a rebound against two Mankato West players on Thursday.

Century wins, JM falls

Post-Bulletin staff

Sophomore **Nick Beise** hit a 3-pointer with 26 seconds remaining to lift Rochester Century past Hastings 57-36 in non-conference boys basketball on Thursday.

Beise's clutch shot gave the Panthers a 57-35 lead.

Hastings hit one of two free throws with 19 seconds to play to pull within a point. Century then had a turnover.

But the Panthers had a defensive stop to seal the victory.

"I was impressed with the way our players handled the pressure of a close game during the stretch," Century coach **Joe Ohm** said. "Players stepped up and hit some shots."

Nate Krusselbrink paced a balanced Century attack with 14 points. Freshman **Ater Mayang** had 13 points, seven rebounds and three steals. Dan Fleissner added 11 points and six rebounds.

The game was tied 33-33 at the half.

"We played much better on defense in the second half holding them to 23 points, forcing them into some tougher shots," Ohm said. "Our guys (made) some big plays in a very physical game."

Century is now 3-13.

HASTINGS (56)

Guille 3, Hill 2, Clanton 3, LoCursiere 3, Gordon 6, Ryan 7, Gensler 8, Morjeau 24.

Other stats: Gordon 3 steals.

CENTURY (57)

Carson Foster 5, Nick Beise 5, Nate Krusselbrink 14, Marcus Eckert 0, Josh Gentling 7, Dan Fleissner 11, Patrick Franko 2, Ater Mayang 13.

Other stats: Mayang 7 rebounds, Fleissner 6 rebounds, Eckert 5 assists.

Halftime: Hastings 33, CENT 33.

Free throws: Hastings 10-19, CENT 4-6.

Three-point goals: Hastings 6 (Guille 1, Clanton 1, LoCursiere 1, Ryan 1, Morjeau 2), CENT 5 (Foster 1, Beise 1, Krusselbrink 2, Gentling 1).

WEST 62, JM 42

Rockets tumble in second Rochester John Marshall hung with the top-ranked team in Class AAA for a half, but Mankato West's big men proved to be too much down the stretch.

"I thought we played good, solid defense early on," JM coach **Richard Cain** said, "but in the second half their big guys started outrebounding us."

West's balance also caused

trouble for the Rockets. Three Scarletts scored in double figures, led by guard Ray Teahout's 18.

JM hung with West for most of the first half, but a late spur by the Scarletts gave them a 36-25 halftime lead.

"We did hang with them pretty good in the first half," Cain said.

"We didn't allow them to get out and run. They made good, tough shots."

JM (4-6 Big Nine Conference, 5-12 overall) was led by Zach Smith and Nate Bartz, with 10 points each.

West improved to 11-0 and 17-1.

MANKATO WEST (62)

Preston Brunl 5, Tyler Nibbe 1, Derrick Catryasee 2, Ethan Tramp 10, Aaron Richter 6, Ray Teahout 18, Mike Richter 12, Andrew Sathoff 5.

JOHN MARSHALL (42)

Michael Thomas 2, Jordan Stokes 2, Nate Miller 2, Joe Moen 2, Abdi Ahmed 6, Robert Marshall 5, Zach Smith 10, Nate Bartz 10.

Halftime: West 36, JM 25.

Free throws: West 12-19, JM 6-9.

Three-point goals: West 6 (Tramp 2, Teahout 4), JM 4 (Stokes 1, Ahmed 1, Marshall 1, Smith 1).

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER ROUNDUP

Mayo girls blank Packers

Post-Bulletin staff

Rochester Mayo got off to a fast start and went on to beat Austin 5-0 in Big Nine Conference girls hockey on Thursday.

Keri Pickel scored 19 seconds into the game and the Spartans were never threatened. Mary Grace Fleisher assisted on the first goal and scored the next two for Mayo.

Fleisher scored in the first period, assisted by Makinze Kazek, and added an unassisted goal in the second period.

Olivia Mewhorter scored on the power play, assisted by Keri Pickel and Anna Billings. Sam Carlson tallied Mayo's last goal and her first varsity goal off of Gabby Laures' no-look pass from her knees.

Mayo outshot the Packers 38-23. Rebecca Graham had the shutout in goal for the Spartans.

"She has been working hard in practice to refine a couple of aspects of her game and it paid off tonight," Mayo coach **Jeff Phillips** said. "Defensively our goal was to control our slot and cut down on chances in that area. The girls did a great job with that."

Mayo plays North Metro at 3:30 p.m. on Saturday in Brooklyn Park.

WEST 8, CENTURY 2

Panthers start busy stretch Rochester Century started a stretch of five games in seven days with a solid effort in a Big Nine Conference loss to

STANDINGS

BIG NINE CONFERENCE

	Conf.			Overall		
	W	L	T	W	L	T
Mankato West.....	15	1	0	20	3	0
Mayo.....	14	1	0	17	6	0
Owatonna.....	10	3	0	13	9	0
Faribault.....	10	5	0	13	9	1
Winona.....	6	9	1	6	10	1
Albert Lea.....	6	10	0	9	14	0
Austin.....	5	9	1	8	11	3

THURSDAY

Faribault 8, John Marshall/Lourdes 4

Mankato West 8, Rochester Century 2

Rochester Mayo 5, Austin 0

FRIDAY

Rochester Century at Albert Lea

SATURDAY

Winona at Mankato West

Faribault at Owatonna

John Marshall/Lourdes at Mankato East

Rochester Century at Austin

Rochester Mayo at North Metro

Mankato West, the No. 9-ranked team in Class A.

Megan Skinner scored her first varsity goal for the Panthers, and Rebecca Lorusio also scored. Dana Olofin and Alyssa Shubert each had an assist.

Senior goalie Liz Mault stopped 59 of the 67 shots she faced.

"We played very well. The first time we played West they dominated the whole game," Century coach **Dan Mault** said. "Thursday we scored a couple, played rough and tough, and West wasn't shooting from right in front of the net."

The Panthers (2-20) continue their busy late-season schedule today with a game at Albert

Lea, followed by a game at Austin on Saturday. Century plays host to Winona on Tuesday, followed by an opening-round section tournament game on Wednesday.

FARIBAULT 8, JM/L 4

Falcons' Bergland scores 4 John Marshall/Lourdes got off to a good start but couldn't hold the momentum and lost to Faribault in a Big Nine Conference game at the Recreation Center.

JM/Lourdes led 2-1 after one period, on two goals by Sarah Armstrong.

But Faribault bounced back with four goals in the second period, and went up 5-2 early in the third.

JM/Lourdes trimmed the lead to 5-4 on a power play goal by Nicole Nelson, and a Marissa Brueswitz score on a pass from Hannah Nelson.

Faribault put it away with three late goals. Megan Bergland had four goals for Faribault, and JM/Lourdes coach Steve Russell said "we had a hard time shutting her down."

Russell said defenseman Megan Dekutoski played a strong game with 10 or 11 shots defended.

"It was a game of momentum, and Faribault got the momentum a couple of times on us," said Russell. "Otherwise, it was a good, back-and-forth hockey game."

It was Faribault's second win over JM/Lourdes this season. JM/Lourdes (5-18) is at Mankato East at 1 p.m. Saturday.



Armstrong



Graham



Skinner

MINNESOTA JUNIOR HOCKEY LEAGUE

STANDINGS

G	W	L	OTL	SOL	Pts
Lumberjacks	38	34	2	0	70
Ice Hawks	38	32	6	0	64
Owls	38	23	13	0	48
Mustangs	38	22	14	1	46
No. Lights	38	18	17	2	39
Flying Aces	38	16	20	2	34
Crusaders	40	11	23	5	19
Wildcats	40	12	22	6	21
Lakers	39	9	29	1	18

SATURDAY, JAN. 31

Northern Lights 5, Mustangs 3

Lumberjacks 5, Wildcats 3

Flying Aces 4, Lakers 2

SUNDAY, FEB. 1

Owls 4, Northern Lights 3

Lumberjacks 5, Wildcats 3

Lakers 7, Flying Aces 1

TODAY

Northern Lights at Wildcats

Ice Hawks at Flying Aces

Owls at Crusaders

Lumberjacks at Mustangs

Crusaders at Lakers

Ice at Flying Aces

Mustangs at Wildcats

Owls at Northern Lights

Lumberjacks at Mustangs

Crusaders at Lakers

Ice Hawks at Flying Aces

Mustangs at Wildcats

Owls at Northern Lights

Lumberjacks at Mustangs

Crusaders at Lakers

Jacob Simons, Owls . . . 32 20 52

Local Sports

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER ROUNDUP

Bruesewitz, Sahli spark JM/Lourdes

Post-Bulletin staff

MANKATO — Marissa Bruesewitz scored three goals and had an assist as Rochester John Marshall/Lourdes defeated Mankato East 5-1 in Big Nine Conference girls hockey on Saturday. Hannah Sahli had 15 saves in goal to post her first varsity victory for JM/L. She just started playing goalie over the holiday break and has had to replace injured Michelle Bonapace-Potvin, who is out the rest of the season with a knee injury.

"She only allowed one goal on 15 shots," JM/L coach Steve Russell said. "That's decent for many goalies."

Mankato East led 1-0 after one period before JM/L rallied. Sarah Armstrong who had a goal and an assist, tied the game in the second period. Bruesewitz then scored two goals 12 seconds apart to put JM/L up 3-1.

Bruesewitz, who now has nine goals, completed her hat trick in the third

period. Kelsey Grinhaus also added a goal.

JM/L controlled play and outshot the Cougars 48-15.

"They wanted to get that first win for Hannah," Russell said. "Everybody contributed to the win today."

JM/L (6-18 overall) is at Albert Lea on Tuesday at 7:30 p.m. in the team's final regular-season game.

NORTH METRO 4, MAYO 1

Pickel nets lone goal

Mayo played the North Metro Stars strong most of the game before falling 4-1 in a non-conference play Saturday.

Mayo led 1-0 in the first period when Keri Pickel scored a goal on assists from Mary Grace Fleisher and Anna Billings.

North Metro tied the game later in the first period and the score stayed even until the third period. North Metro broke the tie with a short-handed and power-play goal with inside of 10 minutes to play.

Mayo then allowed an empty net goal in the closing minute.

"They are a top team in the state that

we skated with for two and a half periods," Mayo coach Jeff Phillips said. "We had a couple of breakdowns on some things we have been working on and that hurt us in the end. It was a good game to prep us for the section playoffs that start next Friday."

North Metro outshot the Spartans 34-22. Rebecca Graham had 30 saves in goal for Mayo.

The Spartans play at Owatonna on Tuesday at 7:30 in the final game of the regular season.

AUSTIN 5, CENTURY 0

73 more saves for Maill

AUSTIN — Catherine Wagner scored a pair of goals and Austin outshot Century 78-8 during a 5-0 Big Nine Conference victory on Saturday.

Liz Maill had 73 saves for the Panthers just one day after making 61 stops in a 6-0 loss to Albert Lea.

Audrey DeVries needed to make just eight saves for the Packers to record the shutout.

Abby Gallaher, Alex Larson and Ashley Arhart also scored goals for Austin.

Century drops to 2-22 with the loss.

Mayo is No. 2 seed

Rochester Mayo is the No. 2 seed for the Section One, Class AA girls hockey tournament, which starts this week.

The other two Rochester teams, John Marshall/Lourdes and Century, were seeded eighth and ninth and meet Wednesday at 7 p.m. at the Rec Center.

Dodge County (15-7) is No. 6. Mayo is 17-7.

Lakeville South (17-7-1) got the top seed. Lakeville North (16-8-1) is No. 3 and Farmington (15-8-2) is No. 4.

SECTION 1AA PLAYOFFS

PLAYIN GAME

WEDNESDAY, FEB. 11

No. 8 Rochester John Marshall/Lourdes at No. 9 Rochester Century, 7 p.m. (Rec Center)

QUARTERFINALS

FRIDAY, FEB. 13

JM/Lourdes-Century winner at No. 1. Lakeville South, 7:30 p.m.

No. 5 Owatonna at No. 4 Farmington, 7 p.m.

No. 6 Dodge County at No. 3 Lakeville North, 7:30 p.m.

SEMINALS

TUESDAY, FEB. 17

5 and 8 p.m. at Four Seasons Arena in Owatonna

FINALS

SATURDAY, FEB. 21

Semifinals winners, 3 p.m. at Four Seasons Arena in Owatonna

HOCKEY / JUNIOR

Ice Hawks romp, face leader next

Post-Bulletin staff

BLOOMINGTON, Minn. — The Twin Cities Northern Lights provided little resistance for the Rochester Ice Hawks on Saturday.

The Ice Hawks rolled to their 11th consecutive victory, blasting the Northern Lights 10-1 on Sunday at the Bloomington Ice Garden.

The Ice Hawks received goals from seven different players — Ricky Litchfield, Kirby Anderson (two), Bryce Stevens (two), Dirk Foss, Adam Wiesner (two), Robby Dahl and Brandon Rohrig.

Danny Grady had three assists, while Wiesner added two.

Alex Bjerk picked up the win in goal for the Ice Hawks. He recorded 29 saves.

While the victory was impressive, the Ice Hawks also received some bad news over the weekend. The league-leading Granite City Lumberjacks swept a two-game series against the Wisconsin Mustangs. The Lumberjacks lead the Ice Hawks by six points in the Minnesota Junior Hockey League standings. The Lumberjacks and Ice Hawks will play a two-game set Friday and Saturday at the Rochester Recreation Center.

The Ice Hawks improved to 34-6-0 with Sunday's victory.

Ice Hawks honored

A pair of Ice Hawks were honored by the M.J.H.L. Bjerk was named the league's goalie of the month for January, and Foss was named the defensive player of the month.

Bjerk, a Roseau, Minn., native was a perfect 7-0 in his starts during January. He carried a 242 goals-against average and a .901 saves percentage. Overall this season, Bjerk is 18-4 with a 2.08 GAA and a .921 saves percentage.

"Alex keeps us in every game, plain and simple, coach Nick Fatis said. "His numbers don't always show what he's done for us, but he's always there to make the big saves in crucial moments."

Foss, an Elk River, Minn., native, scored five goals and added nine assists in helping the Ice Hawks go 8-0 in January. After 36 games, Foss had 12 goals and 38 points.

"Dirk is as slick with the puck as any player I've coached in the past 10 years," Fatis said. "He's gained weight over the season and has been a beast in the gym, and I think he can be a top-six defenseman at the Division III level pretty quick when he's given a chance."

HOCKEY / BOYS

Eagles again lose by one

Post-Bulletin staff

Rochester Lourdes outshot Albert Lea nearly two-to-one, but the No. 16-ranked Eagles came up on the short end of a boys hockey game against a Section One, Class A rival.

Lourdes lost one-goal game for the fourth time this season, falling to the Tigers 3-2, despite outshooting Albert Lea 36-19.

Blake Adams put Albert Lea (15-7-0 overall) on the board first, beating Lourdes goalie Nick Heimer during a 6:54 of the second period for a 1-0 lead.

That lead lasted less than two minutes, though, as Alex Kurth answered at 8:48 mark for the Eagles (13-7-0), with assists from Dan Johnson and Nick Schoeberl.

Tyler Prihoda put the Tigers up for good, 2-1, when he scored 5:25 into the third period. Casey Marka scored an unassisted goal to extend the lead to 3-1 with just 2:44 to play.

Cole Peterson pulled Lourdes within one again just 40 seconds later on a goal assisted by Taylor Funk and Matt Roth, but the Eagles couldn't get another one past Tigers goalie John Wroslon (34 saves).

Lourdes continues a stretch of games that will influence seeding for the Section IAA tournament, when it plays host to Northfield tonight. Defending section champion Mankato West comes to Rochester on Thursday.

HIGH SCHOOL SWIMMING AND DIVING / ALL-CITY MEET

Kiel, Bachman continue record-setting frenzy

Post-Bulletin staff

Brian Kiel and Kendrick Bachman continued their assault on pool and state records on Saturday during the All-City Meet in boys swimming and diving.

Kiel had an all-time state best time during the meet and had plenty of help from his talented teammates as Century won the three-team affair with 771 points. Mayo was second with 525 and John Marshall was third with 513.

Century won nine of the 12 events. Kiel had a hand in four victories and was part of three pool records in the meet held at John Marshall. The senior's most dominating performance came in the 100-yard backstroke. Kiel set a state record with a winning time of 49.15.

Kiel also set a pool mark by winning the 200 individual medley in 1:50.14.

The Century boys 400 freestyle relay of Chris Freeman, Mark Strom, Alex Cox and Kiel set a pool mark of 3:14.89. That was a second and a half faster than the pool mark they had set in the event earlier in the week.

Bachman won the 100 butterfly with a pool-record time of 51.52. The John Marshall senior also won the 100 breaststroke in 57.94.

Cox, an all-time state best in the 500 freestyle, also had a pair of individual victories. Cox, like Kiel, was also on a pair of winning relay teams.

Mickey Stevens (50 freestyle) and Dennis Draper (100 freestyle) also had individual wins for Century.

Diver Chris White had Mayo's lone victory.

ALL-CITY MEET

(Saturday at John Marshall)

TEAM SCORES

Century 771, Mayo 525, John Marshall 513

INDIVIDUAL EVENTS

(Top 3 finishers)

200 medley relay: 1. Century (Brian Kiel, Mickey Stevens, Chris Freeman, Mark Strom) 1:39.64 (pool record); 2. John Marshall 1:45.49; 3. Century 2:04.32

200 freestyle: 1. Alex Cox (C) 1:47.37; 2. Freeman (C) 1:52.27; 3. Tanner Nimke (C) 1:54.30

200 individual medley: 1. Kiel (C) 1:50.14 (pool record); 2. Strom (C) 2:08.26; 3. Erik Nielsen (C) 2:08.46

50 freestyle: 1. Stevens (C) 22.06; 2. Dennis Draper (C) 23.22; 3. Jim Asakami (JM) 23.26

Diving: 1. Chris White (M) 22.00; 2. Austin Cook (M) 32.00; 3. Connor Garrett (JM) 35.00

100 butterfly: 1. Kendrick Bachman (JM) 51.52 (pool record); 2. Asakami (JM) 56.14; 3. Eliot Lynch (M) 58.07

100 freestyle: 1. Draper (C) 50.50; 2. Nimke (JM) 51.81; 3. Garrett (M) 55.92

200 freestyle: 1. Cox (C) 4:50.11; 2. Freeman (C) 4:51.61; 3. Strom (C) 5:13.65

200 freestyle relay: 1. Century (Stevens, Draper, Stephanie Charlier, Cori) 1:33.77; 2. Century 1:39.51; 3. Mayo 1:41.43

100 backstroke: 1. Kiel (C) 49.15 (pool, state record); 2. Norbert Oring (C) 1:01.73; 3. Eliot Lynch (M) 1:05.47

100 breaststroke: 1. Bachman (JM) 57.94; 2. Stevens (C) 1:02.79; 3. Nielsen (C) 1:08.04

400 freestyle relay: 1. Century (Freeman, Strom, Cox, Kiel) 3:14.89 (pool record); John Marshall 3:28.18; 3. Century 3:39.73



Scott Jacobson, sjacobson@postbulletin.com

Spectators watch as Mayo's Chris White dives during an exhibition as part of the All-City swimming and diving meet Saturday afternoon at John Marshall. White finished in first place in the regular competition held earlier in the day.

3. Nielsen (C) 1:08.04

400 freestyle relay: 1. Century (Freeman, Strom, Cox, Kiel) 3:14.89 (pool record); John Marshall 3:28.18; 3. Century 3:39.73

COLLEGE MEN'S BASKETBALL / RCTC

Showdown game looms Wednesday

Post-Bulletin staff

WORTHINGTON

Rochester Community and Technical College used a balanced attack to outscore Minnesota West 92-76 in men's junior college basketball on Saturday.

The win boosts the Yellowjackets to 8-1 in the Southern Division of the MCAC and sets up a showdown on Wednesday when RCTC plays at league leader Minneapolis. Minneapolis is 8-0 in league play.

Josh Reynolds had 17 points to lead RCTC against Minnesota West and was one of four Yellowjackets in double figures.

"It was a good team effort," RCTC coach Brian LaPlante said. "We had good balance."

Kurt Koenig, Josh Hagan and Tyler Drinkall all scored 12 points for RCTC and Trevor Larson had nine points.

COLLEGE WOMEN'S BASKETBALL / RCTC

Yellowjackets strong on defense

Post-Bulletin staff

WORTHINGTON, Minn.

As good as the Rochester Community and Technical College women's basketball team's offense is, its defense might be even better.

The unbeaten Yellowjackets continued with their swarming defense style Saturday, and it carried them to a dominating 85-50 Minnesota Community College Conference win over Minnesota West.

RCTC, ranked No. 1 in the country and now 29-0, created 20 Minnesota West turnovers.

"Our defensive pressure really wore on them," RCTC coach Steve Huckle said. "Our

defense has been just outstanding lately. Our defense feeds our offense."

RCTC was led offensively by sophomore guard Sam Sikkink with 23 points and five assists. The Rochester John Marshall graduate was 3-for-3 from 3-point distance and 6-for-6 from the free-throw line.

Anne Breland had 15 points, eight rebounds, four assists and three steals. She was 3-for-3 from 3-point range. Tess Milczark added 12 points and six rebounds; and Chelsea Wand had 10 points, six rebounds, four assists and three steals.

HIGH SCHOOL RESULTS

BOYS BASKETBALL

NON-CONFERENCE

Lake City 71, Kingsland 45

LAKE CITY (71)

Eliot Grimsley 13, Austin Gillen 14, Alex Pyle 4, Andrew Pyle 3, Kerby Riganan 2, Travis Bremer 3, Travis Hellman 3, Drew Swanson 5, Zach Braker 5, Joe Beck 7.

KINGSLAND (45)

Anthony Cornett 2, Blake Koskela 13, James Baarsch 4, Tyler Himle 7, Mitchell Tart 4, Jack Schmidt 2, Gabe Kohn 4, Billy O'Brien 5, Mitchell Padden 4.

Other states: Barab 4 rebounds, 2 Ben Pollock 4.

NON-CONFERENCE

Farmington Central 70, Hayfield 63

Hayfield (63)

Tyler Kierling 6, Robbie Stephens 18, Kody Kramer 21, Tanner Kramer 8, Kelly Donnan 2, Ben Pollock 4.

Other states:

Dillon Weiler 6, Jordan Jarland 29, Riley Bant 8, Jordan Aug 5, Nathan Jensen 11, Chris Mores 11.

NON-CONFERENCE

Hayfield 63, Farmington Central 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

Hayfield: 63, Farmington Central: 70

WRESTLING

BIG NINE CONFERENCE

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

Mayo 41, Mankato West 27

HIGH SCHOOL RESULTS

(See Tuesday's P8 for John Marshall dual results)

ARMSTRONG INVITATIONAL

First round: Apple Valley 56, Robbinsdale Armstrong 6

Eastview 53, Fairbairn 21

Maple Grove 44, Goodhue 22

Woodbury 44, Osseo 24

Second round

Apple Valley 74, Woodbury 6

Eastview 44, Maple Grove 18

Fairbairn 51, Goodhue 30

Wednesday, February 11, 2009

HIGH SCHOOL BASKETBALL / GIRLS

Caledonia proves its mettle against No. 10 Dover-Eyota

No. 3-ranked Warriors lead start to finish, now 21-0

By Donny Henn

dhenn@postbulletin.com

EYOTA — What's so tough about playing against the highest-scoring girls basketball team in southeastern Minnesota?

"It's not what seems like the obvious answer according to someone who would know."

Caledonia displayed its potent and well-balanced offense in a key 79-70 win over Dover-Eyota on Tuesday before a big crowd at the D-E gym.

"It's their defense; they play very scrappy all the time," Dover-Eyota's Jodi Batzel said.

Caledonia, ranked No. 3 in Class AA, improved to 21-0 overall.

The Warriors also secured at least a share of their second straight Three Rivers Conference title, at 18-0 in the TRC with two conference games remaining.

Tenth-ranked Dover-Eyota (19-2) had its 11-game winning streak snapped and lost to Caledonia for the second time this season. Caledonia won a Jan. 6 meeting in Caledonia, 71-52.

"Of course I'm disappointed," D-E coach Brian Harris said.

"This was our chance to knock off a top-notch team, and we didn't do it."

Caledonia led from start to finish, and by as many as 20 in the second half, before Dover-Eyota made a valiant comeback and got as close as seven points in the final minute.

Caledonia sophomore guard Amber Sorenson made four free throws and scored a basket inside in the last 45 seconds to help the Warriors seal it.

"We did so much better against (Caledonia) than the last time," Batzel said. "We got behind again, but we didn't give

up this time."

Batzel scored her 1,000th career point at the end of the first half, grabbing her own missed shot and returning it for a layup at the buzzer.

"That was great to get it, but it was still heartbreaking to lose," said Batzel, who finished with 21 points.

It was D-E's best moment in a first half which was otherwise dominated by Caledonia, which led 45-32.

Caledonia's aggressive pressure defense caused many of D-E's 13 turnovers in the first half, and the Warriors cashed in for quick baskets the other way.

Caledonia punished the Eagles from the outside and inside, with six 3-pointers and four put-back baskets following offensive rebounds.

Five Caledonia players made 3-pointers in the first half, with two by senior Laquita Becker.

"We have decent shooters," Caledonia coach Scott Sorenson said. "You can never plan on hitting 3-pointers, but we were on tonight."

As for the offensive boards, Aly Meyer took care of that. The 5-foot-11 first-year starter scored 11 of her game-high 20 points in the first half, including three offensive rebounds she converted for points.

Their offensive rebounds was the difference in the game," Harris said. "They're not big, but they're definitely the quickest and strongest team we've played."

Libby Augedahl (15), Cassie Gran (14), Sorenson (12) and Becker (10) also scored in double figures for Caledonia, which is the two-time defending Section 1AA champion.

Coach Sorenson said the key to his team's success is experience. Nine players including four starters were on last year's team, which finished 28-4 but lost in the first round at state the second straight year.

Meyer and Sorenson both said they're not looking too far ahead yet.

"We're confident," Meyer said. "But we don't want to get overconfident."

"We're just playing one game at a time, and keep working to get better," Sorenson said. "This is a group that has been to the threshold a couple of times."

"They're hungry."



Batzel

"Of course I'm disappointed. This was our chance to knock off a top-notch team, and we didn't do it."

— Brian Harris, Dover-Eyota girls basketball coach

HIGH SCHOOL GIRLS HOCKEY / ROCHESTER MAYO



Ken Klotzbach, klotzbach@postbulletin.com

Rochester Mayo seniors Alyssa Weise, left, and Melena Nelson are two of Mayo's most consistent players. The co-captains have provided a young team with a great deal of leadership this season.

Senior leadership

Weise, Nelson have helped guide young squad

By Ben Pherson

bpherson@postbulletin.com

It was easy for Big Nine Conference and Section One, Class AA girls hockey teams to look past Rochester Mayo this season.

After all, the Spartans had graduated their second consecutive outstanding class of seniors. Two years ago, the Spartans had four players who went on to play Division III hockey. After last season, three more players advanced to play college hockey.

With just two seniors on the roster this season — Melena Nelson and Alyssa Weise — the Spartans were expected to suffer their most significant dropoff in recent history.

"The last two years, nobody looked past those senior classes," Mayo coach Jeff Phillips said. "We lost those two big groups, and this is our smallest senior class. People expected us to drop off, but it hasn't happened. And I think (Nelson and Weise) are a big reason why."

Nelson and Weise, the team's co-captains, are two of Mayo's most consistent players. They skate on a line together, along with freshman Olivia Mewhorter, and have provided the leadership required to guide a young team.

"They've provided a ton of leadership," Phillips said. "Their work ethic

and off-ice leadership has been huge for us, especially because we're so young. Half our team is ninth grade or younger, so their leadership has been very important."

Nelson has 16 points so far this season, including eight goals and eight assists. Weise has 11 goals and seven assists.

Phillips said he started seeing leadership qualities in Weise and Nelson in the offseason. His only two seniors led the team in off-ice workouts last spring.

"I didn't always see leaders in them, partly I think because they were overshadowed by some of those great players we've had the last two years," Phillips said. "They've never really had to step up until now. They've definitely stepped up and done well in that leadership role."

Nelson said becoming a leader didn't happen overnight.

"It was definitely a gradual thing," she said. "You start out the same as everyone else, then gradually people start looking up to you as a leader. I think people look up to seniors in general because of experience."

Phillips said becoming a leader didn't happen overnight.

"It was definitely a gradual thing," she said. "You start out the same as everyone else, then gradually people start looking up to you as a leader. I think people look up to seniors in general because of experience."

Phillips said becoming a leader didn't happen overnight.

Phillips said becoming a leader didn't happen overnight.

fairly comfortable early on in their newfound roles.

"Nara Higano was a very good leader and role model, and I know I learned from her," Weise said. "You could really talk to her and she was open to talking to anyone."

Weise, Nelson and the rest of the Spartans (18-7) will enter this week's Section 1AA playoffs as the No. 2 seed. They host No. 7 Winona at 7:30 p.m. Friday in the opening round.

Phillips said his team is capable of playing a perfect game right now. "We're close," he said. "We're just hoping to peak at the right time. The top four teams in the section, anyone of them could win. It's not necessarily the best team that's going to win. It's the team that's playing the best."

Weise and Nelson said leading Mayo to the state tournament is the ultimate goal. And a late-season Big Nine Conference loss to Mankato West — their first Big Nine loss in more than three seasons — has provided added motivation for the playoffs.

"Right away, we said, let's forget about it and look at the big picture. Our No. 1 goal is to get to state, and the conference was (secondary)," Nelson said.

"That loss was going to happen; we couldn't keep the streak going forever," Weise said. "It'd be so awesome to get to state. Being seniors, knowing that we had a big part in leading them to state, that would be the best feeling."

Phillips said his team is capable of playing a perfect game right now. "We're close," he said. "We're just hoping to peak at the right time. The top four teams in the section, anyone of them could win. It's not necessarily the best team that's going to win. It's the team that's playing the best."

Phillips said his team is capable of playing a perfect game right now. "We're close," he said. "We're just hoping to peak at the right time. The top four teams in the section, anyone of them could win. It's not necessarily the best team that's going to win. It's the team that's playing the best."

Phillips said his team is capable of playing a perfect game right now. "We're close," he said. "We're just hoping to peak at the right time. The top four teams in the section, anyone of them could win. It's not necessarily the best team that's going to win. It's the team that's playing the best."

Phillips said his team is capable of playing a perfect game right now. "We're close," he said. "We're just hoping to peak at the right time. The top four teams in the section, anyone of them could win. It's not necessarily the best team that's going to win. It's the team that's playing the best."

Page C5: Section 1AA preview

ROCHESTER QUARTERBACKS CLUB / 2009 HALL OF FAME CLASS

Quarterbacks Club announces new Hall members

By Bob Brown

sports@postbulletin.com

The Rochester Quarterbacks Club 2009 Hall of Fame class has a strong coaching flavor to it.

Of the four newest inductees, three are still coaching. They are Lorne Grosso (Mayo High boys hockey), Steve Fritz (University of St. Thomas men's basketball) and Laurie Trow Kelly (Northern Arizona women's basketball). The fourth inductee is onetime Rochester High and University of Minnesota tennis great Dave Healey.

The winner of the 2009 Ben Sternberg Award is former Rochester Park Board president Roy Watson.

The selections were announced this week by the Quarterbacks Club. The five individuals will be honored at the 19th annual Rochester Quarterbacks Club Hall of Fame ceremony on April 20 at Mayo Civic Auditorium.

Grosso is the only head boys hockey coach Mayo has ever had. He came to Mayo in 1966 when the school opened and after 42 years he is closing in on his 600th coaching win.

The only high school hockey coach in Minnesota with more wins is Willard Ikola of Edina, who retired with 616. Grosso has taken nine Mayo teams to state tournaments. He also coached boys tennis at Mayo for 15 years.



Watson



Grosso

Fritz

Trow Kelly

Healey

Fritz transferred from Blooming Prairie to Lourdes for his senior year and averaged 24.5 points a game to lead the Eagles to a 24-0 record and the 1967 state Catholic basketball championship. He has been at the University of St. Thomas since then, first as a player, then as an assistant coach and now as the head basketball coach. In his 29 years as head coach his teams have carved out a 532-238 record and he has been selected Minnesota Intercollegiate Conference coach of the year 13 times. His 2008-2009 team is 21-0 and ranked No. 1 in the country in NCAA Division III.

Trow Kelly is also connected to St. Thomas. After a brilliant basketball career at John Marshall, where she averaged about 16 points and 10 rebounds a game over the 1987-88 and 1988-89 seasons, she went on to St. Thomas and became one of the top Division III players in the country.

In her senior season (1992-93), she was voted National Player of the Year after averaging more than 26 points per game. After a five-year stint as head coach at

New York's Binghamton University she went on to Northern Arizona where she has been the head coach for the last six years.

Healey, a 1955 graduate of Rochester High, is one of the best tennis players to come out of Rochester. He won state high school singles titles in 1953, 1954 and 1955 and went on to the University of Minnesota where he played No. 1 singles for three years.

Sternberg Award winner Roy Watson made his mark on several sports fronts in Rochester. Most notably, he served as the president of the Rochester Park Board from 1969 to 1981.

The Roy Watson Sports Complex in northwestern Rochester is named after him. The Sternberg Award is named after longtime Rochester Quarterbacks Club president Ben Sternberg and goes to an individual who has made a mark in the Rochester sports community.

Bob Brown is a former sports editor for the Post-Bulletin.

Up next in... Sports



Thursday

All the stats ...

Catch our weekly report on statistical leaders in high school basketball, hockey and wrestling.



Friday

Intra-city rivalry

JM tries to make it two in a row over Century in boys hockey, after winning on Jan. 13.



Saturday

MnJHL showdown

The Ice Hawks host the league-leading Granite City Lumberjacks Friday at the Rec Center.

HIGH SCHOOL RESULTS

BOYS BASKETBALL

HIAWATHA VALLEY LEAGUE

Winona Coter 65, Hayfield 52

HAYFIELD (52)

• **Travis Kreking**, 11, Evan Bungum 11, Bobby Stephens 11, Chris Freeland 10, Devin Lantz 10, Kody Kramer 6, Tanner Kramer 1, Kelly Dennis 4, Ben Pollock 11.

WINONA COTER (65)

John Ehlinger 0, John McGarry 8, Bo Boyer 0, Mike Sullivan 0, Ryan Eichman 8, Jordan Ossafort 14, Sam Werle 2, Joe Conway 20, Joe Walsh 6, Kevin Kuehn 2, Josh Beier 2, Wes Brekke 0, Tommy Mullen 0, Gus Cochran 3.

Other states: Cockey 12 rebounds, 7 assists, 5 blocks; Eichman 11 rebounds.

Hayfield: HW 25, WC 10.

Free throws: HW 14/18, WC 6/10.

Three-point goals: HW 6, WC 11.

Rebounds: HW 25, WC 10.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

Points: HW 14, WC 11.

Rebounds: HW 14, WC 11.

Assists: HW 14, WC 11.

Blocks: HW 14, WC 11.

Steals: HW 14, WC 11.

Turnovers: HW 14, WC 11.

Minutes: HW 14, WC 11.

LEWISTON-AULTURA (59)

Travis Weaver 2, Cole Kukowski 2, Brett Eggen 10, Michael Burfield 28, Clint Neim 7.

Other states: Burfield 11 rebounds, 8 blocks, 5 steals.

Hayfield: RP 29, LA 26.

Free throws: RP 7/16, LA 19/27.

Three-point goals: RP 8, LA 4.

Rebounds: RP 29, LA 26.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Goodhue 76, Z-M 50

GOODHUE (76)

Eddie Gaudin 18, Courtney Hirsch 6, Nikki Ryan 2, Grace Majors 12, Ann Doherty 4.

Other states: Burfield 11 rebounds, 8 blocks, 5 steals.

Hayfield: RP 29, LA 26.

Free throws: RP 7/16, LA 19/27.

Three-point goals: RP 8, LA 4.

Rebounds: RP 29, LA 26.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Assists: RP 8, LA 4.

Blocks: RP 8, LA 4.

Steals: RP 8, LA 4.

Turnovers: RP 8, LA 4.

Minutes: RP 8, LA 4.

Points: RP 8, LA 4.

Rebounds: RP 8, LA 4.

Local Sports

BOYS HOCKEY / ROCHESTER ROUNDUP

Mayo boosts its Big Nine title hopes

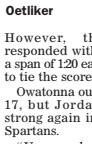
Post-Bulletin staff

Rochester Mayo weathered Owatonna's storm at the beginning of the third period, then rallied to enhance its chances of a Big Nine Conference championship and, more importantly, the No. 1 seed in the Section 1AA playoffs.

Tom Alexander scored the game-winning goal on a wrap-around with 2:49 remaining in the third period. Drew Block added a nice-looking one-timer from Rick Weber in the final minute to lift Mayo past Owatonna 4-2 in a Big Nine boys hockey game at Graham Arena on Tuesday.

"This was a well-played game by both teams," said Lorne Grosso, who picked up his 588th victory as Mayo's coach. "When we work hard, we play effectively."

Mayo (6-0 Big Nine, 14-7 overall) did not give up the first two periods, keeping the Huskies (2-4-0, 10-9-1) off the scoreboard for the first 34 minutes.



Oettiker

However, the Huskies responded with two goals in a span of 1:20 early in the third to tie the score.

Owatonna outshot Mayo 26-17, but Jordan Yaggy was strong again in goal for the Spartans.

"Yaggy played a great game," Grosso said, "and Weber has added some scoring punch to our forward lines."

Weber fed Block across the slot for the one-timer with 33 seconds to go in the game to cap the scoring. Weber had three assists in the game, while Alexander, Fisher, Kevin Oettiker and Myles Flott each had one.

Mayo is back in action Thursday at Fairbairn.

CENTURY 7, WINONA 2

Panthers perfect in Big Nine — Rochester Century kept its hopes of a perfect Big Nine Conference season alive and reached the .500 mark overall for the first

time since Dec. 29.

The Panthers scored four second period goals and held the momentum to best Winona and improve to 5-0-0 in the Big Nine and 10-10-0 overall.

Century's leading scorer, Cory Kautz, had a big night. Kautz had three assists, including one on the tying goal and one on the winning goal.

He also scored twice in the third period to cap a five-point game.

Jordan Martini (two goals, one assist) and D. J. Anderson (three assists) also had multiple-point games for the Panthers.

Joe Faupel, Connor Faupel and Thomas Lund added a goal each for Century, while Tyler Anderson had one assist.

Goalie Cam Sellnow stopped 21 shots to pick up the victory. Century outshot the Winhawks (2-4-0, 10-11-1), 30-23.

The Panthers are back in action Thursday against John Marshall in a conference game at the Rec Center.

ALBERT LEA 6, JM 2

Rockets play well in third — Rochester John Marshall received goals from senior Alex Peterson and sophomore Zach Ewing, but the Rockets couldn't recover from a four-goal deficit after two periods.

The Panthers are back in action Thursday against John Marshall in a conference game at the Rec Center.

Zach Johnson, Reed Miller, Darryn Liedl and Nate Polansky each had one assist for JM (2-5-0 Big Nine, 7-15-0 overall).

Defenseman Casey Marka had a hat trick for Albert Lea, which led 5-1 after two periods.

The Tigers (7-1-0, 16-7-0) outshot JM, 36-19. Rockets goalie Bryan King made 32 saves.

JM is back in action Thursday, when it faces Rochester Century in a Big Nine Conference game at 7:30 p.m. at the Rec Center.

The Junior Varsity team started out the day by competing against eight other teams in the middle school division. Kenyon-Wanamingo, Blaine Bound, Centennial Middle School, White Bear Lake A, White Bear Lake B, Valley Middle School, Roseville, and St. Andrew Catholic. After games were tied, the JV team had a 1st place win, outscoring their opponents by more than 24 points. The team is coached by Josh and Lindsay Busby.

The varsity team concluded the day by competing against four other schools (Duluth East, Princeton, DeLaSalle, LacQui Parle) in the Large AA division. The team tied for 1st place with Lac Qui Parle, outscoring their opponents by more than 20 points. After breaking the scores down by criteria, the varsity team finished 2nd overall. The team is coached by Bill and Sharon Tice.

In other quarterfinal games Friday, No. 6 Dodge County plays at No. 3 Lakeville North; No. 4 Farmington hosts No. 5 Owatonna; and No. 1 Lakeville South hosts the JM/Lourdes vs. Century winner.

ALBERT LEA 8, JM/L 3

Rockets fall in finale —

ALBERT LEA — Rochester John Marshall/Lourdes had trouble in its last regular season girls' hockey game of the year, falling 8-3 to Albert Lea on Tuesday in Big Nine Conference action.

JM/Lourdes, which was holding back a number of players — many of them sick — in preparation for tonight's Section One, Class AA playoff game with Century, trailed 7-1 after the second period.

The Rockets' goals came from Hope Hoffman, Breanna Englund and Michaela Antolak. It was Hoffman's first varsity goal.

Albert Lea finished with a 33-20 edge in shots on goal.

JM/Lourdes (6-19) plays Century in the first round of the playoffs at 7 p.m. at Graham Arena.

WINONA 4, CENTURY 0

Winhawks ended its regular season with another lopsided loss.

The Panthers (2-22 overall) were outshot 73-4.

Century plays John Marshall/Lourdes at 7 p.m. tonight at Graham Arena in the first round of the Section One, Class AA playoffs.

Youth Athletics



The SMV 14-1 team team took third place at Southern Minnesota Volleyball's Frostbite Festival on Jan. 17-18.

BASEBALL

• The Rochester Youth Baseball Association is still accepting registrations for our 2009 season. Please register by mail by March 1st to ensure your spot. Be sure to visit our web site (www.nybam.com) for additional registration information along with our annual newsletter.

Depending on the weather, tryouts for 5th through 8th grade Majors are scheduled for the week of April 13. Tryouts for 4th grade Majors will be held the week of April 20th. An email and postcards with tryout information will be sent to players grades 4th through 8th. Please contact your league commissioner listed on the RYBA web page, if you have any questions. RYBA is in need of sponsors for the upcoming 2008 season. Please contact Mike Young at 282-9065 or myyoung504@charter.net if you are interested. Cost is \$200 per team.

SWIMMING

• On Jan. 24-25, Med-City Aquatics swimmers traveled to Elk River for a jets meet. Here is a summary of the swims.

• Haley Ahart swam her first 100 IM, 50 backstroke just missing a B cut, and dropped 3 seconds off her best 100 free.

• Kate Bohm dropped 5 seconds in her 100 back taking first in her division and scratching a B cut on the way, dropped 3 seconds in her 50 fly, 50 free and 50 back grabbing B cuts in the free and back, dropped 30 seconds in her 500 free adding yet another B cut, and shaved 0.07 second off in her 100 IM.

• Alana Buntrock dropped 2 seconds in her 200 IM and 100 back placing 1st in the backstroke and picking up State cuts in both events; she swam to another State cut in her first 1650; dropped over 3 seconds in her 200 free with yet another B cut; she also dropped 1 second in her 100 fly and 0.37 second in her 50 free.

• Julia Cima swam her first 100 IM, dropped 7 seconds in her 50 back, and 1 second in her 50 free.

• William Cima swam his first 50 fly, dropped 6 seconds in his 50 free grabbing a new B cut, 3 seconds in his 100 breast and 2 seconds in his 100 back.

• Emily Clark dropped 2 seconds in her 200 free placing 3rd in her division and picking up a B cut, and she sliced 0.33 seconds off her 50 free.

• Madeleine DeLong dropped over 10 seconds in her 100 free and got a new B cut, took over 10 seconds off her best 50 breast with another B cut, swam her first 50 fly, just missing a B time, and dropped 5 seconds in her 50 free adding another B cut to the list.

• Drew Hellickson shaved 3 off his 50 breast, cut over a second off his 100 free and got a B time and took 1st in his division, dropped another 1 second off his 50 free also with a B cut, and cut over 4 seconds off his 100 breast grabbing his first BB cut.

• Meghan Lowe swam in her first meet and took 1st in her division in the 200 IM and 200 breast and captured 3rd in both the 100 free and 100 back. She shaved a B cut in the IM, free and back, and just missed a B cut in the breaststroke.

• Ben Schriebe swam 100% best times. He swam his first 50 fly, dropped 2.5 seconds in his 50 free, cut over 6 seconds off his 100 breast with a new B cut, and took over 3 seconds off his 100 back.

• Jilly Schrike cut almost 3 seconds off her 100 free clinching a new BB cut, 1 second off her 50 fly with a new B cut, 5 seconds off her 100 IM swimming another BB cut, and over 8 seconds off her 100 free adding another BB cut to the pile. She also swam to a new B cut in her first 500 free.

• Ally Schneider shaved 0.37 seconds off her 50 back, dropped 2 seconds off both her 50 free and 50 fly, 5 seconds off her 100 breast, and sliced 16 seconds off her 200 free. She picked up BB cuts in her 50 free, 100 breast, 50 fly, and 200 free.

• Allison Schumacher swam a BB cut her first 1650 and an A cut in her first 200 back and had almost 100% best times. She cut 7 seconds off her 200 IM grabbing a new State cut, almost 6 seconds off her 200 fly, 3 seconds off her 100 back with a new A cut, 2 seconds off her 100 fly and dropped over 4 seconds off her 100 breast for another State cut.

• Abby Tierney also had almost 100% best times and swam her first 500 free. She cut 2 seconds off her 100 free, shaved almost 0.5 seconds off her 50 fly, 50 back and 100 breast, dropped 1.5 seconds in her 100 IM, and over 8 seconds in her 200 free. She clinched B cuts in her 100 and 200 free.

• Paige Tierney also almost had 100% best times. She sliced 14 seconds off her 200 free, took 1st in her division, and swam a BB cut. She shaved almost 0.5 seconds off her 100 back, 100 fly, and 100 free to pick up another BB cut in the free. She dropped almost 5 seconds in her 200 breast, dropped almost 8 seconds off her 200 free, and chopped off almost 12 seconds in her 100 breast.

• Evelyn Torcher took 6 seconds off her 200 free, shaved 0.06 seconds off her 100 breast, and was just off her best in the 100 fly and 50 free.

• Erikas VanDeusen dropped 8 seconds in her 100 free, took off a little over a second off her best 50 breast and grabbed a new B time; and dropped 4 seconds in her 50 fly.

• Hanneke VanDeusen also almost swam 100% best times. She dropped 6 seconds in her 100 free, 5 seconds in her 100 back, and 100 IM, cut 11.5 seconds off her 50 fly, and shaved a little of her 50 free and 50 back.

• Willemijn VanDeusen almost swam 100% best times also. She dropped almost 3 seconds in her 50 Backstroke, just missing a new BB time, took 5 seconds off her 100 fly, shaved a half a second of her 50 breast and 50 free, took 4 seconds off her 100 back and 100 free and a clutch new BB time in the free, and sliced almost 6 seconds off her 200 free adding another BB time.

• Christian Vornwald swam his first 500 free just missing a B time and swam his first 200 free. He dropped 8 seconds in his 100 free, shaved almost 0.5 seconds off his 50 back, 6 seconds off his 50 breast and 100 back and got a new A in his both events, dropped 3.5 seconds off his 100 IM adding another B cut, and cut 10 seconds off his 100 breast.

• Jenna Willemsen swam her first 500 free. She dropped 3 seconds in her 100 back and 4 seconds in her 50 breast taking first in her division.

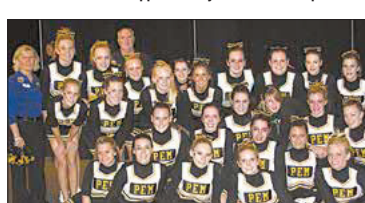
Individual results Rochester South's Zach Schmidt placed 13th and David Butler placed 33rd. Rochester Girls Anne Burnes placed 31st.



The John Marshall fifth-grade girls won the RYCBY city playoffs Jan. 31. Front row: Annalise Meier, Grace Dokken, Breanna Goetz, Kate Vinski. Back row: Jenna Shirley, Jenna Milligan, Nicole Fautsch, Katelyn Pribe, Samantha Kreps. Coaches: Pete Dokken, Chad Goetz, Kent Milligan.



The Plainview-Elgin-Millville junior varsity cheer team took first place at the State Cheer Competition Jan. 31. The team outscored its opponents by more than 24 points.



The Plainview-Elgin-Millville varsity cheer team tied for first place at the State Cheer Competition Jan. 31.



The Holy Spirit Catholic School sixth-grade team took first in the Rochester Catholic Schools Basketball Tournament on Jan. 24. Front row: Adam Hannan, Connor Gregson, Zach Hillman, Paul Valley, Thomas Fox. Back row: Coach Tim Valley, Nixon Hillesheim, Spencer Berning, Zachary Roecker, Anthony Sather, Carter Warfield, Daniel Burriss, Coach Tim Burriss.



The Senior and Pre-Professional Companies of the Rochester Dance Company performed a scene from BDO's original production, "Teen Age Wasteland" at the Eagles Cancer Telethon Jan. 18. Front row: Morgan Velthuis, Marissa Utz, Miriam Huettner, Hannah Camfield, Emilie Clifford. Second row: Samantha Strubel, Britta Logghead, Taylor Nelson, Kirsten Schowalter, Bahly Birdseye. Third row: Ashley Fink, Stephanie Marquardt, Amanda Bodensteler, Melanie Jensen, Beatrice Huston, Katie House.



The Xtreme Storm Senior Team from Rebel Xtreme Inc. took first at the Spirit of America Championships Jan. 17. The all-star cheerleading groups at the competition were from South Dakota, Wisconsin, Iowa, Illinois and Minnesota. The Rebel All-Stars have cheerleading teams that compete throughout the year. The Xtreme Storm Senior team, for grades 12 and under, will be traveling to UCA Nationals in March.

GIRLS HOCKEY / ROCHESTER ROUNDUP

Mayo ends regular season with solid win

Post-Bulletin staff

OWATONNA — Rochester Mayo is headed to the post-season on a high note.

The Spartans capped their regular season with a 3-1 victory over Section One, Class AA rival Owatonna at Four Seasons Centre on Tuesday.

Mayo, which takes the No. 2 seed into the Section 1AA quarterfinals on Friday, never trailed against Owatonna, which is the No. 5 seed.

Alyssa Weise scored at 14:09 of the first period, with an assist from Makinzee Kazeck, for a 1-0 lead.

Owatonna's Marley Hunt tied the score just less than four minutes into the second period, but Mayo's Mary Grace Fleisher and Keri Pickel responded with a goal each in the final 9:40 of the period to seal the victory. Emma Leof, Pickel and Fleisher each had one assist.

Owatonna (14-10) outshot Mayo 30-26, but Jamie Clay made 29 saves for the Spartans (18-7-0).

"The girls came out and played with intensity through all three periods," Mayo coach Jeff Phillips said. "All four lines played a regular shift and contributed. It was a good team effort tonight that will take us into our first section game Friday night."

Mayo plays host to seventh-seeded Winona in a section

tournament quarterfinal at 7:30 p.m. Friday at Graham Arena.

In other quarterfinal games Friday, No. 6 Dodge County plays at No. 3 Lakeville North; No. 4 Farmington hosts No. 5 Owatonna; and No. 1 Lakeville South hosts the JM/Lourdes vs. Century winner.

ALBERT LEA 8, JM/L 3

Rockets fall in finale —

ALBERT LEA — Rochester John Marshall/Lourdes had trouble in its last regular season girls' hockey game of the year, falling 8-3 to Albert Lea on Tuesday in Big Nine Conference action.

JM/Lourdes, which was holding back a number of players — many of them sick — in preparation for tonight's Section One, Class AA playoff game with Century, trailed 7-1 after the second period.

The Rockets' goals came from Hope Hoffman, Breanna Englund and Michaela Antolak. It was Hoffman's first varsity goal.

Albert Lea finished with a 33-20 edge in shots on goal.

JM/Lourdes (6-19) plays Century in the first round of the playoffs at 7 p.m. at Graham Arena.

WINONA 4, CENTURY 0

Winhawks ended its regular season with another lopsided loss.

The Panthers (2-22 overall) were outshot 73-4.

Century plays John Marshall/Lourdes at 7 p.m. tonight at Graham Arena in the first round of the Section One, Class AA playoffs.

BASKETBALL

• The Rochester Community Youth Basketball Association has scheduled a series of RYBA Youth Nights at high school and college games in Rochester.

Admission is free to all RYBA players when they're accompanied by an adult or coach and are wearing their RYBA jersey.

RCTC vs. Milwaukee Tech (Women), URC Regional Sports Center, February 13, 5:00 p.m.

RCTC vs. Milwaukee Tech (Men), URC Regional Sports Center, February 13, 7:00 p.m.

Austin at Century, February 13 (7:30).

Winona at Mayo (girls), February 17 (Varsity starts at 7:30).

Owatonna at JM (girls), February 20 (Varsity starts at 7:30).

Fairbairn at Century (boys), February 20 (Varsity starts at 7:30).

Albert Lea at John Marshall (Boys), February 27 (Varsity starts at 7:30).

CHEERLEADING

• It was a great day at the State Cheer Competition on January 31 for our PEM JV and varsity cheerleaders. The day started with Seniors Tessa Holst and Ashley Rollins singing the National Anthem with an auditorium filled with thousands of spectators.

Five of our PEM cheerleaders were among the 13 recipients by the MCCA Honor of Excellence for their leadership and outstanding academic achievements (GPA 3.6 or higher). These cheerleaders included Ashley Rollins, Polly Toogood, Amy Lyons, Emily Mattuska, and Tessa Holst.

The Junior Varsity team started out the day by competing against eight other teams in the middle school division. Kenyon-Wanamingo, Blaine Bound, Centennial Middle School, White Bear Lake A, White Bear Lake B, Valley Middle School, Roseville, and St. Andrew Catholic. After games were tied, the JV team had a 1st place win, outscoring their opponents by more than 24 points. The team is coached by Josh and Lindsay Busby.

The varsity team concluded the day by competing against four other schools (Duluth East, Princeton, DeLaSalle, LacQui Parle) in the Large AA division. The team tied for 1st place with Lac Qui Parle, outscoring their opponents by more than 20 points. After breaking the scores down by criteria, the varsity team finished 2nd overall. The team is coached by Bill and Sharon Tice.

NORDIC SKIING

• Dan Luetmer, Tom Shellum, Riley Mason, Ian Torchia and Peter Luetmer, all members of the Rochester Nordic ski team, competed in the 26K Pre-Birkbe cross country ski race on February 7 in Hayward, Wis. Dan and Tom finished 6th and 11th in the 15-18 age group with times of 1:43:30 and 1:53:52, respectively.

Riley and Ian finished 2nd and 3rd in the 12-14 boys age group with times of 1:36:04 and 1:44:40, respectively. Peter, the youngest participant in the race (11 years old), finished in 2:40:58.

SLALOM SKIING

• Members of the Rochester High School Slalom Ski Team competed in the 34th Annual Welch Village High School Alpine Invitational on January 30. Twenty-two high school teams from Minnesota and Wisconsin competed in the one day event.

In varsity boys team results, Rochester South finished in 7th place and Rochester North finished the day in 14th place. In varsity girls results, Rochester Girls finished in 8th place.

Overall, 167 boys and 124 girls competed in this annual event. In

How to submit items

Youth Athletics runs Wednesdays in the Post-Bulletin. Most photos and articles are contributed through youth sports organizations; please contact them with questions. Other inquiries may be made to Ken Hanson at kenhanson@postbulletin.com or 281-7468.

Due to the volume of photos we typically receive in February and March, it might take two weeks or more before your photo is published.

JUNIOR HOCKEY / ROCHESTER 3, GRANITE CITY 1

Bjerk, Ice Hawks don't disappoint

Rochester tops league-leading Lumberjacks

By Ben Pherson

bpherson@postbulletin.com

Alex Bjerk was a busy man Friday night.

Peppered with 40 shots, the Rochester Ice Hawks first-year net-minder had a hard time catching his breath after Friday's Minnesota Junior Hockey League showdown against the Granite City Lumberjacks.

But Bjerk had plenty of energy when it counted. And that was good news for the Ice Hawks.

Bjerk turned away 39 shots and the Ice Hawks scored a pair of power-play tallies in a 3-1 victory over the league-leading Lumberjacks.



Bjerk

For coach Nick Fatis, the victory was sweet. But seeing the Rochester Recreation Center packed with fans — 2,276 was the official announced attendance — was even sweeter.

"It's a great feeling," Fatis said. "It's hard to put it

into words. We're so blessed to have these great fans here in Rochester. It's crazy, 10 years ago we were playing in front of 20 fans if we were lucky. Now we've got this place full."

Bjerk was at his best in the second period; he turned away 12 shots, most of which came on four separate Lumberjacks power plays.

"Alex was pretty sharp," Fatis said. "I never say it was Alex's best game, because he's always getting better, and I've never seen him have a bad game."



Scott Jacobson, sjacobson@postbulletin.com

Ice Hawks forward Adam Wiesner plays the puck between a pair of Granite City Lumberjacks defenders as he gains the offensive zone Friday night at the Rochester Recreation Center. The Ice Hawks earned a 3-1 victory over the league-leading Lumberjacks in front of 2,276 fans.

Bjerk said playing in front of a packed Rec Center was a thrill. Though he said he didn't need any added motivation for the showdown with the Lumberjacks, who are still four points ahead of the Ice Hawks in the MJHL standings.

"You could just feel the intensity in the locker room before the game," Bjerk said. "We were focused. The Lumberjacks are a good team, but I feel like we're the better, deeper team."

Asked to pick a standout from

Friday's win, Fatis said he couldn't. "Everyone, top to bottom, played well," Fatis said. "And that's what you want. It's how we have to play to beat a team like that."

This was the 12th consecutive victory for the Ice Hawks. The loss

snapped a 17-game winning streak for the Lumberjacks.

The teams will meet again at 7:05 tonight at the Rec Center. Fatis said tonight's game is even more important. "If we lose (tonight), then (Friday) doesn't mean anything," Fatis said. "We have to come ready to play again, for all three periods."

The Ice Hawks opened the scoring Friday when Robby Dahl netted a power-play goal 3:09 into the first period. Dahl jammed in a rebound off a Brandon Rohrig shot from the point.

Two minutes later, the Ice Hawks scored their second goal — again on the power play. This time it was Danny Grady, who scored on a two-on-one breakaway with a pass from Shaun Walters.



Hurd

The Lumberjacks answered 7:12 into the first, but they didn't get another shot past Bjerk.

"This is a big win, and it feels really good," Bjerk said. "I don't mind being busy like that, especially when I have great defense in front of me like I did (Friday)."

After a scoreless second period, the Ice Hawks added an insurance goal 11:29 into the third. Dirk Foss finished off a pass from Ryan Hurd for the game's final goal.

Rochester converted 2 of 5 power-play chances, while the Lumberjacks went 0-for-8 with the man advantage.

The Ice Hawks improved to 35-6-0 overall, while the Lumberjacks dropped to 36-3-0-2.

Page D5: Summary, standings

GIRLS HOCKEY / SECTION ONE, CLASS AA QUARTERFINALS



Scott Jacobson, sjacobson@postbulletin.com

Rochester Mayo's Keri Pickel, No. 7, is congratulated by teammate Anna Billings, No. 10, following Pickel's third goal Friday during the Section One, Class AA playoffs at Graham Arena. Pickel scored four goals to lead Mayo in a 7-1 win over Winona.

No. 2-seeded Spartans leave Winona in a real Pickel

Junior scores four goals as Mayo romps in tourney opener

Post-Bulletin staff

Keri Pickel scored four goals as Rochester Mayo, the No. 2 seed in the Section One, Class AA girls hockey tournament, breezed in its post-season opener Friday night, crunching Winona 7-1 in the section quarterfinals.

The victory earned the Spartans (19-7) a spot in Tuesday's semifinals. They'll play No. 3 seed Lakeville North (17-8-1), a 1-0 winner over Dodge County in another of Friday's four quarterfinal games.

Mayo started the scoring in the second period as Pickel scored, assisted by Molly Grace Fleisher and Tessa Rud.

The next goal was by Alyssa Weise, assisted by Olivia Mewhorter.

Winona scored first in the second period to go 2-1. Then Mayo scored three goals in 43 seconds in the second period to go up 5-1.

Fleisher started it off, followed by Pickel and Weise; all three goals were unassisted.

Pickel, a junior forward, scored the sixth and seventh goals for Mayo in the third period.

Rebecca Graham was in goal, turning back 13 shots. Mayo put 36 shots on the Winona goalie.

"This was a good start to the playoffs for Mayo," coach Jeff Phillips said. "We wanted to come out and play our game through all three periods and we did. The girls capitalized on their opportunities and put the puck away."

"Keri stepped up her game tonight and played with a lot of confidence. It was nice to see all her hard work pay off."

"Our defensive play was good tonight as well. Our defense played solid for all three periods."

Winona, the No. 7 seed, ended its season with a record of 7-12-1.

Mayo has the 8 p.m. game Tuesday.

Page D4: JM/Lourdes eliminated

Owatonna state champs will hold reunion



LOCAL SPORTS NOTEBOOK • GUY LIMBECK
glimbeck@postbulletin.com

It was 20 years ago that Owatonna won its first two straight state championships in boys basketball.

Those teams will be honored in a reunion today.

The Indians, as they were known back then, won state titles in Class AA in 1989 and 1990 when Minnesota still had just two classes in basketball. Coached by Len Olson, Owatonna produced one of the better teams to ever come out of Section One. The team was led by 6-foot-9 Chad Kolander, who later would play for the Minnesota Gophers under coach Clem Haskins.

Olson said many of the players from those two teams will return for the event.

"Most of them still live in Minnesota," he said.

A video will be shown at the Owatonna High gym from 5:30-6:30 p.m. A boys basketball game between Owatonna and Woodbury will follow and then a social event will be held at the Owatonna Eagles Club after the game. "We're looking forward to it," Olson said.

Owatonna defeated Mayo in the Section One finals in both 1989 and 1990 to reach the state tournament. I covered the 1989 section title game and the Mayo Civic Center was jammed to the rafters to watch Owatonna win 55-50 and advance to the state tournament for the first time since 1994.

"It was a packed house," Olson

recalls. "They said there were 5,400 people there and it was the largest crowd ever at the Civic Center."

Owatonna had little trouble beating Mayo 55-28 in 1990 to earn a return trip to state and eventually defend its state crown. The Indians followed with a third state trip to state in 1991, beating No. 2 Red Wing in the section before another huge Civic Center crowd. Owatonna, minus Kolander, was defeated at state that year, however.

A former Saint Mary's University of Minnesota women's hockey player died in a plane crash

Thursday evening outside Buffalo, N.Y. Made-line Linn Loftus was one of 44 passengers aboard Continental Airlines Flight 3407. Everyone aboard the plane was killed.

Loftus, 24, of Parsippany, N.J., was a marketing major who played on the SMU women's hockey team in Winona from 2004 to 2006. Loftus was also instrumental in starting the Cardinal Athletic Council, which represents student athletes and is active in community service projects.

Blake Kangas, a Century grad, is currently assistant baseball coach at Feather River College, a two-year school in Quincy, Calif. Kangas is a hitting and

catching coach.

Kangas will travel across the country to take a summer job. He will also be an assistant coach with the Bourne Braves of the Cape Cod League, which is considered the best collegiate summer league.

The Braves are located in Monument Beach, Maine. The Braves open the season on June 12.

• • •

Winona State volleyball coach Connie Mettelle has resigned because of health issues. Mettelle, who spent season seasons as the Warriors' coach, was a passenger in a vehicle driven by Winona State football coach Tom Sawyer that was struck by a drunk driver in December of 2005. Mettelle was in a coma for three weeks following the accident. But she returned and coached the Warriors for three more seasons before making her decision to step down.

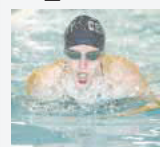
Mettelle, 41, had a 94-133 mark at WSU. She will be replaced by former Minnesota-Crookston coach Dave Simon.

• • •

University of Minnesota football signee Jeff Wills from Lackawanna Junior College played in Rochester against RTC in last fall's North Star Bowl. Wills was listed at 6-foot-6 and 350 pounds when he played in the bowl game here, but the Gophers list him at 6-7 and 375 pounds. Gophers coach Tim Brewster said Wills is closer to 400 pounds and "he may be one of the biggest humans I've ever been around."

Guy N. Limbeck's Local Sports Notebook regularly runs on Tuesdays and Saturdays. He can be reached at glimbeck@postbulletin.com

Up next in... Sports



Monday

Hit the pool

The Big Nine Conference boys swimming and diving meet is Saturday in Faribault.



Tuesday

Really rocking

We look ahead to a big bouldering event coming to Rochester.



Wednesday

Section semifinals

Four teams, including Rochester Mayo, bid for berths in the Section 1AA title game in Wednesday's semifinals.

Local Sports

GIRLS HOCKEY / SECTION 1AA QUARTERFINALS

Dodge County nearly mulls upset

Post-Bulletin staff

LAKEVILLE — Dodge County gave Lakeville North a serious scare before falling 1-0 in double overtime in the Section One, Class AA girls hockey quarterfinals Friday.

Dodge County was the No. 6 seed, while Lakeville North was seeded third. "We played with them," Dodge County coach Jeremy Gunderson said. "Lakeville North had a lot of shots on net (62), but not many quality chances."

Dodge County had a chance to win the game in the first overtime, but had a shot hit the pipe. In the second overtime it just missed a quality breakaway shot.

Lakeville North (17-8) scored with 2:54 left in the second overtime.

The Panthers outshot Dodge County 62-28. In goal for Dodge County was Anna Hunter.

The Wildcats finished 17-8 overall.

"We had a good year and played over and beyond expectations," Gunderson said. "Every kid got better."

LAKEVILLE S. 13, JM/LOURDES O Top seeds play like it

LAKEVILLE — When seeds were drawn for the Section 1AA tournament, several teams had similar records. Lakeville South got the No. 1 seed.

Friday night, in its first tournament game, the Cougars looked deserving of that seed, smacking Rochester John Marshall/Lourdes 13-0.

Four players — Sam Moore, Kate Wahlin, Amber Bauman and Ari Reid — scored two goals each. Mara Post had a goal and three assists. Jessica Larkin, Angela Schlieske, Hannah



Scott Jacobson, sjacobson@postbulletin.com

Mayo's Mackenzie McCormack tries to get to a rebound in front of the Winona goal during the Spartans' game Friday at Graham Arena. Mayo won 7-1; see story on Page D1.

Brown and Callen Naasz scored the other goals.

Post is Lakeville's leading scorer this season with 16 goals and 15 assists; Moore has 14 goals.

South roared to a 7-0 lead before the end

of the first period. The score was 11-0 after two periods.

JM/Lourdes managed just four shots on goal. Lakeville South put 43 on Hannah Sahli. She was playing in place of Michelle Bonapace-Potvin, who missed the last eight games after sur-

taining a season-ending injury.

JM/Lourdes, the No. 8 seed, ended up 7-20. South takes an 18-1 record into Tuesday's semifinal game with No. 4 Farmington (16-8-2), which won 7-3 over Owatonna (14-12).

BOYS BASKETBALL / ROCHESTER ROUNDUP

Lourdes makes it five wins in one week

Post-Bulletin staff

Rochester Lourdes has had quite an impressive stretch, and it continued Friday with a 62-55 win over formidable Stewartville.

The win put the Eagles all alone in first place in the Hiawatha Valley League Gold Division, with a 9-2 mark. Winona Cotter is next at 8-3, followed by La Crescent (7-3) and Stewartville (6-5).

Including the Stewartville game, Lourdes played five games in seven days, and won all of them.

"I'm really proud of our kids," Lourdes coach Jim Daly said. "They have been really resilient."

The Eagles got a huge game from forward Sean McGrath. The senior totaled 33 points, including hitting three 3-pointers. Junior forward Sam Daly also had a large impact, with 11 points and 10 rebounds. Daly, who was coming off an arm injury, made two key 3-pointers down the stretch.

"I'm proud of the way Sam fought through that injury," Jim Daly said. "He was tough and strong enough to do it."

It was the second time in as many

meetings that Lourdes was able to beat Stewartville, which is 15-5 overall.

The Tigers were led by Tom Gislser with 14 points. Mike Orte added 12 and Derek Robey 10.

STEWARTVILLE (55)
Mike Orte 32, Isaac Tapp 2, Derek Robey 10, David French 12, Tom Gislser 14, Chad Harris 2, John Gislser 5.

Other stats: Stewartville 19 rebounds.

LOURDES (62)
Tyler Gregson 5, Nic Jensen 5, Michael Tousey 4, Brian Dilling 4, Sean McGrath 33, Sam Daly 11.

Other stats: Lourdes 24 rebounds; Daly 10 rebounds.

Free throws: STEW 6-10, LOUR 17-28.

Three-point goals: STEW 5 (Orte, Gislser 1), LOUR (McGrath 3, Daly 2).

MANKATO WEST 50, Mayo 38

Nice showing by Spartans

MANKATO — For the second time this season, Mayo gave top-ranked Mankato West a terrific game. But for the second time, it wasn't enough to get the Spartans a win against the 18-1 Scarletts.

Mayo fell 50-38 in the Big Nine Conference affair.

"It was a close game from the start until the last 26 minutes," Mayo coach Shaun Lang said. "But (West) is a veteran team and they know how to win these games."

Mayo got another solid game from guard Andrew Matsumoto, with 12 points. Garrett Benson added 10 and Sam Calcagno eight. Mayo slipped to

6-8, 11-1 with the loss.

Mayo trailed 18-14 at halftime, after just missing a 3-point attempt at the buzzer.

West was led by guards Derrick Catryss and Ray Teacout, with 11 points apiece. The Scarletts are unbeaten in the Big Nine at 12-0.

Matsumoto

MAYO (8)
Sam Calcagno 8, Garrett Benson 10, Steve Miller 2, Andrew Matsumoto 12, Evan Morris 0, Dan Allman 2, Michael Izzo 4.

Other stats: MANKATO WEST (50)

Preston Brund 4, Derrick Catryss 11, Ethan Trapp 7, Ray Teacout 11, Mike Richter 7, Andrew Sathoff 10.

Other stats: Mayo 18, MW 14-16.

Free throws: MAYO 8-10, MW 14-16.

Three-point goals: MAYO 2 (Benson 2), MW 2 (Teacout 1, Trapp 1).

AUSTIN 68, CENTURY 53

Packers keep rolling

AUSTIN — Century played one of its better games of the season, but it still wasn't nearly enough against a team as sturdy as Austin.

The Packers moved to 11-1 in the Big Nine Conference with the 68-53 win. Austin is 15-3 overall. Century slipped to 2-10, 3-16.

"We played pretty aggressive defense, and in the half court played it really

well," Century coach Joe Ohm said.

But their press hurt us. They pressed the whole game and their guards are quick and athletic. They had too many transition buckets. But Austin is really good. They're 11-1 for a reason."

Century trailed just 24-20 at intermission. Back-to-back 3-pointers by Austin in the middle of the second half took Century out of contention.

The Panthers got a big game from junior forward Dan Fleissner, with 15 points, six rebounds and four blocked shots. Ater Manyang had nine points, seven rebounds and three steals.

Austin was led by senior forward Marcus Gunderson with 18 points.

CENTURY (53)
Carson Fossum 0, Cody Johnson 10, Nick Beise 3, Nate Krusatsch 9, Marcus Eckert 0, Dan Fleissner 15, Patrick Franko 7, Ater Manyang 9.

Other stats: Century 6 rebounds, 4 blocks; Johnson 5 rebounds, 4 assists; Manyang 7 rebounds, 3 steals.

AUSTIN (68)
Will Feltell 11, Connor Gunderson 14, T. Fritz 6, Steve Rizz 2, Marcus Gunderson 18, Chris Jahr 14, Kevin Lyle 3.

Other stats: Austin 20, CENT 20.

Free throws: CENT 4-8, AUST 8-12.

Three-point goals: CENT 7 (Johnson 2, Krusatsch 3, Fleissner 2), AUST 2 (C. Gunderson 2).

NON-CONFERENCE

P-E-M 84, John Marshall 0

103 — PEM won by forfeit. **122** — PEM won by forfeit. **119** — PEM won by forfeit. **125** — PEM won by forfeit. **130** — PEM won by forfeit. **135** — PEM won by forfeit. **140** — PEM won by forfeit. **145** — PEM won by forfeit. **150** — PEM won by forfeit. **155** — PEM won by forfeit. **160** — PEM won by forfeit. **165** — PEM won by forfeit. **170** — PEM won by forfeit. **175** — PEM won by forfeit. **180** — PEM won by forfeit. **185** — PEM won by forfeit. **190** — PEM won by forfeit. **195** — PEM won by forfeit. **200** — PEM won by forfeit.

103 — Tyler Desrosier (C) pinned Taylor Bartelston 2:36. **145** — Justin Viss (C) msj, dec. Dylan DePuy 14-10. **152** — Justin Buss (C) tech, fall. Shane Schuster 18-3. **160** — Tony Becker (LARP) dec. Blake DePuy 14-10. **171** — Juan Gomez (C) tech, fall. Cody Ellinghousen 15-4, 189 — Logan Braun (LARP) won by forfeit. **215** — Michael Bell (C) pinned Alex Huff 3:35. **285** — Jon Farrell (C) won by forfeit.

Dover-Eyota, 57, Wabasha-Kellogg, 21

103 — Ben Boynton (C) pinned Mark Roemer 3:27. **112** — Logan Otono (DE) pinned Andrew Stromness 2:50. **119** — Ethan Loftis (DE) won via forfeit. **125** — Jack Hawkins (WV) dec. Sonny Koneski 7:0. **130** — David Luere (WV) pinned Joe Renken 3:26. **135** — Brandon Boynton (DE) pinned Jethro Roemer 2:57. **140** — Garrett Laker (DE) pinned Blair Plebschaker 5:1. **145** — Jon Anderson (DE) won via forfeit. **152** — Jake Krogstad (DE) pinned Dylan Braun 3:30. **160** — Tyler Albers (DE) dec. Scott Klees 5:3. **171** — Tim Peters (DE) won via forfeit. **189** — Brandon Goss (WV) pinned Zac Littlefield 4:15. **215** — Cody Allen (DE) pinned Josh Atken 1:50. **285** — Hoss Roemer (WV) pinned Adam Hammel 3:14.

WRESTLING

BIG NINE CONFERENCE

Owatonna 53, Mayo 9

103 — Nick Schiffer (OT) won by forfeit. **112** — Scott Sumner (OT) dec. Jake Hansen 5:1. **119** — Chase Michalek (OT) pinned Collin Koster 3:12. **125** — Blake Patton (M) dec. Blaine Scott 2:05. **130** — Adam Kubak (OT) won by forfeit. **135** — Hector Milan (OT) msj, dec. Marcus Wolf 11:1. **140** — Zach Schreiner (OT) msj, dec. Aaron Martinson 10:0. **145** — Warren Brink (M) dec. Taylor Hedberg 12:9. **152** — Mike Minke (M) dec. Aaron Thomas 2:1. **160** — Jeremy Dargul (OT) won by forfeit. **171** — Jordan Generer (OT) dec. Zach Hank 2:1. **189** — Dalton Henderson (OT) dec. Jake Minkie 8:7. **215** — Cody Johnson (OT) pinned Corey Black 3:22. **285** — Casey Dem (OT) won by forfeit.

HIWATHA VALLEY LEAGUE

Pine Island 56, Goodhue 18

103 — Sam McPhail (PT) dec. Kyle Drethelm 14:7. **112** — Charlie Dicker (OT) pinned Mitchell Kuskon 3:32. **119** — Brandon Arndt (PT) dec. Mitchell Brewer 7:1. **125** — Eric Newman (PT) msj, dec. Tyler Levold 17:3. **130** — Brian Turner (PT) pinned Cody Levold 2:35. **135** — Mike Lerman (PT) msj, dec. Ty Steadson 10:0. **140** — Roman Nordstrom (PT) pinned Sergio Jimenez 1:17. **145** — Bryant Weis (PT) pinned Justin Simmons 5:7. **152** — Aaron Byrnes (PT) pinned Mike Austin 1:06. **160** — Jesse Donahue (PT) won by forfeit. **171** — David Korkke (PT) won by forfeit. **189** — Ben McPhail (PT) won by forfeit. **215** — Brady Vetha (OT) pinned Corey Soback 1:49. **285** — Luke O'Reilly (OT) won by forfeit.

THREE RIVERS CONFERENCE

OMLAK 56, FOLMC 21

103 — Matt Jones (FC) won by forfeit. **112** — Noah Schlee (GM) won by forfeit. **119** — Lucas Roe (GM) won by forfeit. **125** — Tyler Jennings (GM) tech, fall. Ben Grant. **130** — Nico Anderson (FC) won by forfeit. **135** — Brock Lampan (FC) won by forfeit. **140** — Tim Orner (FC) msj, dec. Bill Johnson 13:11. **145** — Cory Menier (GM) dec. Jacob Prinson 9:4. **152** — Caleb Lundstrom (GM) won by forfeit. **160** — Neil Kutschke (GM) won by forfeit. **171** — Mitch Wolf (GM) won by forfeit. **189** — Carter Brandt (GM) pinned David Berg 1:52. **215** — Jacob Hansen (GM) pinned Darren Hill 4:48. **285** — Scott Wilson (GM) pinned Jamie Thomas 2:50.

CHATHAM 44, LARP 23

103 — Matt Jones (LARP) msj, dec. Alex Alfieri 8:13. **112** — Justin Theodor (LARP) pinned Cody By 1:35. **119** — Nate Marshall (LARP) msj, dec. Jake Pierce 10:0. **125** — Tanner Clement (C) pinned Tucker Spoltz 1:54. **130** — Zach Curry (C) dec. Chris Boeske 12:9. **135** — Nick Haffner (C) dec. Cedric Spoltz 9:4. **140**

103 — PEM won by forfeit. **112** — PEM won by forfeit. **119** — PEM won by forfeit. **125** — PEM won by forfeit. **130** — PEM won by forfeit. **135** — PEM won by forfeit. **140** — PEM won by forfeit. **145** — PEM won by forfeit. **150** — PEM won by forfeit. **155** — PEM won by forfeit. **160** — PEM won by forfeit. **165** — PEM won by forfeit. **170** — PEM won by forfeit. **175** — PEM won by forfeit. **180** — PEM won by forfeit. **185** — PEM won by forfeit. **190** — PEM won by forfeit. **195** — PEM won by forfeit. **200** — PEM won by forfeit.

P-E-M 73, Southland 6

103 — PEM won by forfeit. **112** — PEM won by forfeit. **119** — PEM won by forfeit. **125** — PEM won by forfeit. **130** — PEM won by forfeit. **135** — PEM won by forfeit. **140** — PEM won by forfeit. **145** — PEM won by forfeit. **150** — PEM won by forfeit. **155** — PEM won by forfeit. **160** — PEM won by forfeit. **165** — PEM won by forfeit. **170** — PEM won by forfeit. **175** — PEM won by forfeit. **180** — PEM won by forfeit. **185** — PEM won by forfeit. **190** — PEM won by forfeit. **195** — PEM won by forfeit. **200** — PEM won by forfeit.

P-E-M 73, Southland 6

103 — PEM won by forfeit. **112** — PEM won by forfeit. **119** — PEM won by forfeit. **125** — PEM won by forfeit. **130** — PEM won by forfeit. **135** — PEM won by forfeit. **140** — PEM won by forfeit. **145** — PEM won by forfeit. **150** — PEM won by forfeit. **155** — PEM won by forfeit. **160** — PEM won by forfeit. **165** — PEM won by forfeit. **170** — PEM won by forfeit. **175** — PEM won by forfeit. **180** — PEM won by forfeit. **185** — PEM won by forfeit. **190** — PEM won by forfeit. **195** — PEM won by forfeit. **200** — PEM won by forfeit.

P-E-M 73, Southland 6

103 — PEM won by forfeit. **112** — PEM won by forfeit. **119** — PEM won by forfeit. **125** — PEM won by forfeit. **130** — PEM won by forfeit. **135** — PEM won by forfeit. **140** — PEM won by forfeit. **145** — PEM won by forfeit. **150** — PEM won by forfeit. **155** — PEM won by forfeit. **160** — PEM won by forfeit. **165** — PEM won by forfeit. **170** — PEM won by forfeit. **175** — PEM won by forfeit. **180** — PEM won by forfeit. **185** — PEM won by forfeit. **190** — PEM won by forfeit. **195** — PEM won by forfeit. **200** — PEM won by forfeit.

P-E-M 73, Southland 6

103 — PEM won by forfeit. **112** — PEM won by forfeit. **119** — PEM won by forfeit. **125** — PEM won by forfeit. **130** — PEM won by forfeit. **135** — PEM won by forfeit. **140** — PEM won by forfeit. **145** — PEM won by forfeit. **150** — PEM won by forfeit. **155** — PEM won by forfeit. **160** — PEM won by forfeit. **165** — PEM won by forfeit. **170** — PEM won by forfeit. **175** — PEM won by forfeit. **180** — PEM won by forfeit. **185** — PEM won by forfeit. **190** — PEM won by forfeit. **195** — PEM won by forfeit. **200** — PEM won by forfeit.

BASKETBALL / GIRLS

Stenhaus's shot sparks Century

Post-Bulletin staff

Lizzie Stenhaus's 3-point basket with just over a minute remaining lifted Rochester Century to a 58-55 win over Austin in a Big Nine Conference girls basketball game Friday night at the Century gym.

Century took advantage of Austin's foul trouble and also 26 turnovers by the Packers.

Century improved to 15-6 overall and 11-3 in the Big Nine, and the Panthers took over sole possession of second place in the conference. Austin is 14-0, 10-4 in the Big Nine.

"The girls put us in a position to win and were able to capitalize," Panthers coach Aaron Berg said. "Lizzie hit a big 3 when we needed it most, a clutch shot."

"Heads-up defense and good ball control really came through when we needed it most."

Stenhaus finished with 15 points, Lindsay Braatz scored 13, and Katy Scherer added 12 to pace a balanced Century attack. The Panthers had a 35-32 rebounding edge and had fewer turnovers with 15.

Tina Vorpahl powered Austin with 17 points, and Rebekah Aase had nine points and 10 rebounds.

"The calls went against us and we just had too many turnovers," Austin coach Gary Peterson said.

"We had a two-point lead late in the game and were going to run the spread offense, but then we turned the ball over. We had our chances in the final minute, but the turnovers just killed us."

Both teams return to action Tuesday. Century is at Owatonna, and Austin is at John Marshall to meet the conference-leading Rockets.

AUSTIN (55)
Tina Vorpahl 17, Rebekah Aase 8, Hanna Middleton 6, Kathryn Gawn 6, Krista Viehauer 6, Kaycee Lukes 4, Ben Mayer 3, Meg Brucker 2, Joelle Brody 2.

Other stats: Austin 32 (Aase 10), RC 35.

Rebounds: AUST 28, RC 15. **Fouled out:** AUST, Vorpahl, Viehauer, Middleton; RC, Hazelton.

Free throws: AUST 25, RC 27.

Three-point goals: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).

Other stats: Century 15, Lindsay Braatz 13, Katy Scherer 12, Mahana Lindsey 9, Malory Cochran 5, Emily Hoyt 3, Heather Tally 1, Jessica Hazelton 0.

Free throws: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).

Other stats: Century 15, Lindsay Braatz 13, Katy Scherer 12, Mahana Lindsey 9, Malory Cochran 5, Emily Hoyt 3, Heather Tally 1, Jessica Hazelton 0.

Free throws: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).

Other stats: Century 15, Lindsay Braatz 13, Katy Scherer 12, Mahana Lindsey 9, Malory Cochran 5, Emily Hoyt 3, Heather Tally 1, Jessica Hazelton 0.

Free throws: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).

Other stats: Century 15, Lindsay Braatz 13, Katy Scherer 12, Mahana Lindsey 9, Malory Cochran 5, Emily Hoyt 3, Heather Tally 1, Jessica Hazelton 0.

Free throws: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).

Other stats: Century 15, Lindsay Braatz 13, Katy Scherer 12, Mahana Lindsey 9, Malory Cochran 5, Emily Hoyt 3, Heather Tally 1, Jessica Hazelton 0.

Free throws: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).

Other stats: Century 15, Lindsay Braatz 13, Katy Scherer 12, Mahana Lindsey 9, Malory Cochran 5, Emily Hoyt 3, Heather Tally 1, Jessica Hazelton 0.

Free throws: AUST 17-26, RC 18-31.

Three-point goals: AUST 3-9 (Middlebrook 2, Meyer 1, RC 4-14 (Braatz 3, Stenhaus 1).