



Cadet, Junior, and Women's
Greco-Roman and Freestyle State Championships
Qualifiers for the National Teams

May 14-15, 2016

Arthur Ashe Center
3001 North Boulevard, Richmond, VA 23230

HOTEL INFORMATION

Clarion Hotel-3207 N Boulevard-Richmond, VA 23230-(804) 359-9441
Group Discount Code: VAWA

Attention: The top 3 place finishers from any Cadet/Junior Regional qualify for Fargo, as well as top 3 for FILA Cadets (Cadet Division ONLY). Otherwise this is the only other tournament to qualify you for the National Teams. If you cannot make the tournament and wish to petition on to one of the teams, you must have a written petition on file with the State Chairman accompanied by a check in the amount of \$100 prior to the tournament. The \$100 is non-refundable. The State Chairman and the Coaching Staff will rule on your petition. Do not bother petitioning unless you have a valid reason. (Example: a debilitating injury) Wild Card positions will be filled by competitors who competed in the state championships. The ONLY way to qualify for Nationals is through the state championships, regional championships, and petition.

All Cadets and Juniors intending on competing for the VAWA National Team at the Cadet/Junior National Championships in Fargo, ND must pay a \$250 deposit either a check written to "VAWA" or by Credit/Debit Card at <http://www.totalcamps.com/VAWA>

Wrestlers need to have a red and a blue singlet.

Medical Forms: You must have a "VAWA/VHSL Medical Form" filled out for any skin condition.

CADET/JUNIOR/WOMEN STATES

SATURDAY
8:00-8:30 AM
9:00 AM

May 14:
Registration *Kids/Cadet/Junior Greco-Roman State Championships*
Weigh-in for Kids wrestling BOTH STYLES and Greco only and for Cadet/Juniors wrestling BOTH STYLES or Greco Only. Those wrestling both styles do not have to weigh-in again (**If you withdraw from the Greco Tournament you must weigh-in again for the Freestyle Tournament unless cleared by the tournament medical staff**).

11:00 AM

You must weigh-in when called. No extensions or extra time to make weight.
Kids/Cadet/Junior Greco-Roman State Championships

SUNDAY
8:15 to 8:45 AM
9:00 AM

April 26: *Cadet/Junior/Women Freestyle State Championships*
Registration for FS only wrestlers
Weigh-in for freestyle only. You must weigh-in when called. No extensions or extra time to make weight.

11:00 AM

Freestyle tournament begins and runs until finished.

ENTRY FEES: COST: \$35 for one style or \$45 for both styles if preregistered at <http://www.trackwrestling.com/registration/BasicPreReg1.jsp?tournamentGroupId=233846009> by 12 midnight, Friday, May 13. At the door the cost is \$45 for one style, \$55 for both styles. Make checks payable to VAWA. Each competitor must also have a current USA Wrestling Card (Full Membership) and must present it to weigh-in and compete. <http://www.usawmembership.com/>

If you have problems purchasing or printing your card, contact Corey Beckner interstate64wrestling@gmail.com

CHECKS: Make payable to "VAWA"

ELIGIBILITY: **Junior** - You must be enrolled in grades 9 thru 12 and have only competed in high school for 8 semesters upon entering 9th grade and be a resident of Virginia.

Cadet - You must have been born in 2000 or 2001 and be a resident of Virginia.

ADMISSION: \$7.00 EACH DAY (under 12 & coaches with current USAW Coach Card: admission free)

Coaches must present a current USAW Coach Card to get a floor pass. Before you can purchase a card, an on-line background check is required which may take up to 2 weeks to process. If you did not have one last year, do NOT delay. (Background checks are required every 2 years and costs \$15; USAW cards must be renewed every year and are good from 1Sep through 31Aug. The background check and USAW Coach Card must be purchased on-line at <http://www.usawmembership.com>. If you need assistance, contact Corey Beckner interstate64wrestling@gmail.com

WEIGHTS: Plus 3 pounds allowance for Cadet, Junior and Women's Divisions All competitors will weigh-in in a singlet.
You must wrestle the weight that you wish to qualify for the National Team.

2016 AGE DIVISIONS and WEIGHT CLASSES

JUNIOR

(Men)

Born 9/1/1995 & after,
Plus enrolled in grades 9-12
Two 3-minute periods
30 second rest between periods.
100, 106, 113, 120, 126, 132, 138,
145, 152, 160, 170, 182, 195, 220,
285

CADET/JUNIOR

(Women)

Born 9/1/1995 & after,
Plus enrolled in grades 9-12 or Born in 2000 or 2001
Two 3-minute periods with
30 second rest between periods.
84, 88, 97, 105, 112, 117, 121, 125,
130, 139, 148, 159, 172, 198

CADET

Born 2000-2001
Two 3-minute periods with
30 second rest between periods.
88, 94, 100, 106, 113, 120, 126, 132,
138, 145, 152, 160, 170, 182, 195,
220, 285

BANTAM/INTERMEDIATE/NOVICE/SCHO OGIRL (Girls) Born 2002-2009

Two 2-minute periods with 30 second rest between
periods
MADISON Weights

AWARDS:

1. Medals to the top three places.
2. Outstanding Wrestler Award (each style)
3. Club Championship Award (each style)
4. Joe Pyanoe Sportsmanship Award (each style)

National Team Qualifications

Cadet/Junior National Team (Fargo)

- Top one or two places qualify
- Wild card positions filled by the staff

East Coast Junior Dual Team

- The team will be selected from the applicant pool and performance at the VAWA state championships

Cadet National Dual Team

- The team will be selected from the applicant pool and performance at the VAWA state championships

CONTACT PERSONS:

Andrew Farrar- Tournament Director 919-616-6636
Bill Swink- State Chairman 540-907-5176

Sonny Close- Jr. Director: sonny.close@gmail.com

Larry Allen- Cadet Director:
larryallen5@comcast.net

Sara Bahoura – Women's Director - 650-773-8294

