



# **Okanagan Sun Football**

## **High School Development Camp**

### **Camp Itinerary**

- 8:00am      Camp Sign-in at the Apple Bowl
- 8:45am      Coaches Intro- Camp outline
- 9:00am      Practice #1- 2 hours
- 11:00am    Lunch and clubhouse Open House
- 12:30pm    On-field Install
- 1:00pm      Practice #2- 1 ½ Hours
- 2:30pm      Review Scrimmage rules
- 2:45pm      Scrimmage -All players to get live reps.
- 3:30pm      Camp Closing Remarks From Coach Macauley