



MICHIGAN USA WRESTLING

Michigan's Leader in Freestyle and Greco-Roman



How to Coach at the Cadet/Junior USAW Freestyle/Greco Nationals

Team Michigan is allotted coaching floor passes. Unlike other tournaments, floor passes cannot simply be purchased in order to get on the floor to coach a son or select club members. Michigan coaches who are allotted floor passes are responsible for coaching Team Michigan members across both age groups (cadets & juniors) and both styles (greco & freestyle). Each coach is assigned a group of wrestlers that he is responsible for through a process of mutual agreement. We prioritize our limited floor pass allotment as follows:

- Must be Bronze Certified.
- Prior communication of interest.
- Assisted the National Team efforts through Training Camp participation and/or National Duals Teams participation.
- Availability to coach both age divisions (cadets & juniors) and both styles (greco & freestyle).
- Availability to supervise team members off the mat as needed.
- Reputation of professional coaching behavior.
- FS/GR coaching experience.

Feel free to discuss any questions with any of the team directors or coaches, or refer to the USAW website www.themat.com.