



DH



DANA HILLS DOLPHINS FOOTBALL ACADEMY

LINEMAN / 4 VERT SKILLS CAMP

For Athletes Grades 6-8

Thursdays
6:00pm to 7:30pm

Session 1: Jan 14 to Feb 21

Session 2: Feb. 28 to Mar. 28

Session 3: Apr. 11 to May 2

Location: DHHS Upper Field

FREE for All Participants

STRENGTH & SPEED CAMP

For Athletes Grades 7-8

Tuesdays and Wednesdays
6:00pm to 7:30pm

Session 1: Jan 14 to Feb 21

Session 2: Feb. 25 to Mar. 28

Session 3: Apr. 9 to May 1

Location: DHHS Weight Room (303)

Voluntary Cost: \$200 per session or \$20 per day

Register online at <https://www.dhfootball.com/speedclinic>

For more information, please contact: Brad Carter, Defensive Coordinator at bradcarter80@gmail.com

GO DANA!