2023 MISSOURI USA WRESTLING

CADET & JUNIOR NATIONAL TEAM Fargo, ND

Thank you for your interest in participating on the Missouri National Team. In this packet of information you will find all the important dates, details for qualifying for the team, and cost. The cost of the trip will cover: entry fees, transportation, uniform package, coaching, and meals and lodging at Fargo. The Freestyle and Greco team will leave on Saturday, July 15th. (You will be responsible for your transportation to the departure site, as well as, from the bus drop site to your home when we return). Please fill out all paperwork online with your deposit to hold your potential spot on the team. This deposit and application form has to be returned no later than Friday, June 2nd, 2023. Your balance will be due no later than Friday, June 23, 2023. If you miss these deadlines you will forfeit your spot on the team and it will be assigned to another wrestler.

Cost

One Style-\$1000, if registered prior to May 5th, 2023, after May 5th, 2023 cost will be \$1050. Two Styles-\$1150, if registered prior to May 5th, 2023, after May 5th, 2023 cost will be \$1200.

Fargo Registration will be on front page of Missouri USA Wrestling www.missouriusawrestling.org

All forms will be filled out online.

Event schedule

https://usawrestlingevents.com/event/2300009102/schedule

If you have any question you can contact National Teams Director Reggie Burress at (816) 261-0564 or email burresr@platteco.k12.mo.us

The Fargo Schedule for Cadets and Juniors is as follows. This year Freestyle will be wrestled first followed by Greco. The buses will leave on Saturday, July 15th and head straight to Fargo, ND. Athlete's that are not wrestling Greco will leave for Missouri following Junior Freestyle place matches (Wednesday, July 19th.)

The team will stay at the following Hotel in Fargo Biltmore on Main Hotel & Suites 3800 Main Ave Fargo ND 58103

FREQUENTLY ASKED QUESTIONS

JUNIOR/CADET NATIONALS FARGO ND

- 1. How do I qualify to be considered for Team Missouri at the National Tournament?
 - There are three ways to qualify for the team this year:
- A. The State Champion at the MO USA State FS/GR Championship <u>at the weight and</u> <u>style you competed at in that tournament</u> will be guaranteed one of the four spots that Missouri is allotted per each weight class and style at Fargo.
- B. Claim one of the 3 additional state spots per weight and style by signing up and finishing in the top 3 in a wrestle off if needed.
- C. The following shall serve as automatic qualifiers for Junior & 16U Nationals and shall not count against any roster limit, athletes may compete at **any weight**:

Current year 1st-6th Place at USA Wrestling Regionals (placement must be in the same age and style)

Current year 1st-8th Place at U15 Nationals (placement must be in the same style) Current year 1st-8th Place at UWW Cadet Nationals (placement must be in the same style)

Current year 1st-8th Place at UWW Junior Nationals (placement must be in the same style)

Previous year 1st-8th Place at Junior Nationals (placement must be in the same style)
Previous year 1st-8th Place at 16U Nationals (placement must be in the same style)
Previous year age-level World Team member (must be in the same style)

- 2. Once I have qualified to be on Team Missouri by winning state or placing second at state or I decide I would like to be considered for one of the additional 4 national team spots at each weight and style to go to Nationals what do I need to do? Fill out all the necessary paperwork online and submit it with a \$400.00 deposit to Missouri USA Wrestling.
- 3. What are the deadlines to make my decision? All paperwork (Will be submitted online with registration) and deposits have to be submitted **NO LATER** than Friday, June 2rd, 2023. **(NO EXCEPTIONS) FINAL Payment** is due no later than Friday, June 23rd, 2023. **(NO EXCEPTIONS)** If you miss

this deadline you will lose your spot on the team and the next alternate will be added. (Please note that no payments will be accepted after this date or on the bus before you depart).

- 4. Why are these deadlines so early and no exceptions can be made? We have to have time to get all the uniforms ordered so we can get them back before we depart. We have to secure and finalize travel plans and accommodations as well as making sure we have enough coaching and supervision for all participants.
- 5. If I decide not to attend after I have submitted my deposit can I get my deposit back?

All deposits are non-refundable. We require the deposit because we also have to start paying deposits, and in some instances, we have to prepay for things we use during the trip in full. The deposit helps the organization offset some of the cost we have to pay. Some of the costs we incur are transportation, uniforms, lodging and food during training camps, room and board in Fargo, and the tournament entry fees. Many of these expenses are due before we leave Missouri. The only exception would be if you failed to earn a spot on the team during a wrestle-off then your deposit would be refunded.

6. How much will it cost to attend Freestyle and Greco Nationals? We have changed our fee structure this year to attend Fargo to give incentives to those wrestlers that compete at State, Regional, and National events. The fee structure will be:

COST TO ATTEND JUNIOR/CADET NATIONALS

One Style-\$1000, if registered **prior to May 5th, 2023**, after May 5th, 2023 cost will be \$1050. Two Styles-\$1150, if registered **prior to May 5th, 2023**, after May 5th, 2023 cost will be \$1200.

You will receive the following credits off the price above if you meet the criteria:

- a. \$50 credit for Dual Team member
- b. \$100 credit for a returning All-American (credit only given 1X)
- c. \$50 credit for State Champion (Competing at the weight you won State, \$50 max)
- d. \$50 credit for a Regional, U15, OR UWW National Qualifier (credit only given 1X)
- e. \$300 credit for returning Fargo National All-American who is a Senior in HS (credit only given 1X, item b. will be excluded)

These credits will be refunded back to you with-in five days of your full payment for Fargo. These refunds will begin on July 1st, 2023.

- 7. Athletes must have a profile picture downloaded to their USA Wrestling membership no later than Thursday, June 22rd, 2023. Pictures in the membership system will be used for credentials in Fargo.
- 8. Can my child spend the night in our hotel instead of with the team?

 NO! They are there as part of team Missouri and you have entrusted them into our care. We have nightly team meetings, morning roll call and weigh-ins, etc. Our past success has been built on the team concept. They are there not only to wrestle but also to support their teammates. We feel it is important for them to have the total team experience that they stay with the team at all times. Some years we have had close to 100 wrestlers with us as a team. What may seem a small thing to you and your child has a ripple effect for our coaching staff when trying to make sure we are providing a safe environment for all our wrestlers. We appreciate your cooperation with this!
- 9. Can I take my child with me when he is finished wrestling? Yes, but only after they have been released by the Team Leader or the Head Coach into your care and you have officially signed them out. They also have to officially check out of the hotel. We will not release any wrestler to anyone other than a parent without prior consent!

NATIONAL TEAMS BUS SCHEDULE FOR FARGO

We will have three pick up sites for the trip to Fargo. Please plan to be at all pick-up sites 20 minutes early. If you miss your pick-up site you will need to try and get to the next available site before the bus leaves that pick-up site.

If you are wrestling Freestyle or Greco you will be leaving July 15, 2023.

First Stop-----Saturday, July 15th, Wentzville, MO

Location: Exit 208 Wentzville Parkway to Southeast Outer Road to Rural

King parking lot under the sign.

Time: 6:00 am

Second Stop----Saturday, July 15th, Columbia, MO

Location: Exit 124 Stadium Blvd. NW Corner of the Holiday Inn Select

Time: 8:00 am.

Third Stop-----Saturday, July 15th, Independence, MO

Location: Independence Shopping Center, South of the mall, Dicks Sporting

Goods parking lot. Time: 10:00 am Team will stop and workout on the way to Fargo at Briar Cliff College.

We will stop on the way to eat so the wrestlers will need money for this meal

If you are wrestling <u>Freestyle Only</u> you will be returning Wednesday, July 19th. Wrestlers will call to give you an estimate of when they will be at the drop of location. Greco wrestlers will return on Saturday, July 22nd. Wrestlers will call when leaving Fargo and give the parent an estimated time of arrival at the drop off location.

Missouri USA Wrestling has its own smartphone app. The app will be used to post the daily itinerary, bus schedule between the arena and hotel, & practice times, ect. for the athletes while in Fargo, as well as other news. To get the app you need to go to the App Store or Google Play and download **Stack Team App** onto your smartphone.

Once downloaded you need to:

- 1. Sign-up to **Stack Team App**. You'll be sent an e-mail to confirm your registration.
- 2. Log-in and search for **Missouri USA Wrestling**, then request to become a member.

ITEMS YOU NEED TO BRING

Plenty of work out clothes

Socks/underwear

Wrestling gear (shoes, headgear)

Running shoes

Toiletries (including soap, shampoo, deodorant, toothpaste, toothbrush, etc.)

Appropriate doctor notation on letterhead or prescription pad stating that the skin/medical condition is non-contagious and the required NFHS form for ringworm or any other medical problem that may be a potential issue at the medical/skin check in Fargo.

Alarm Clock

Phone Charger

All Forms will be filled out <u>online</u> during registration. The following forms are for informational purposes.

National Team Form

2023

| Name: | Phone: |
|---|----------------------------------|
| Address: | Email: |
| City: | USA Card #: |
| Zip: | DOB: |
| I plan to wrestle the following weight a | nd style(s) |
| Greco ~ Weight | _ |
| Freestyle ~ Weight | _ |
| Pick up location: Wentzville Columb | bia Kansas City (For Fargo Only) |
| Emergency Contact & Number: | |
| Shirt Size Shorts Size Singlet Size | |

MISSOURI USA WRESTLING CODE OF CONDUCT ATHLETES

Participation in activities of MISSOURI USA WRESTLING for teams organized, sponsored, or sanctioned by MISSOURI USA WRESTLING and competitions, camps, clinics, or appearances for, on behalf of or in representation of MISSOURI USA WRESTLING is an honor and a privilege. In consideration of the foregoing, I acknowledge, understand, and agree to abide by and uphold the spirit of this Code of Conduct, which offers a general guide to my conduct. Therefore, I pledge and agree to the following:

 I will at all times display the conduct expected of me as a representative of MISSOURI USA WRESTLING, act in a sportsmanlike manner consistent with the spirit of fair play and conduct myself in a manner that will not in anyway bring disrespect, or dishonor to either myself, MISSOURI USA WRESTLING, or the athletes or other representatives of MISSOURI USA WRESTLING.

- 2. I will conform to all applicable local, state, and federal laws and regulations, and any rules, regulations, and codes that may be established for competitions, camps, clinics, appearances or other events, programs, and activities in which I participate.
- 3. I will respect the property of others, whether personal or public.
- 4. I will respect members of MISSOURI USA WRESTLING teams and delegations, other teams and delegations, spectators, coaches, trainers, administrators, and officials, and engage in no form of verbal, physical, or sexual harassment, or abuse. I will not engage in any inappropriate behavior with athletes, coaches, trainers, administrators, officials, or volunteers, nor will I use or attempt to use my position to exert undue influence or to seek unfair advantage over others, including athletes.
- 5. I will follow my MISSOURI USA WRESTLING delegation rules including, by way of example, for participation in or attendance at Events, practices, team meetings, travel, accommodations and curfews, official ceremonies, and public relations assignments.
- 6. In addition to the foregoing, but not by way of limitation, the following could result in disciplinary proceedings:
- A. Transporting, possession, or use of alcoholic beverages, illegal drugs, any IOC-banned medication or substances, or any other substances or procedures in violation of the USOC National Anti-Doping Program. Any athlete found to be in violation of this provision will immediately be removed from further participation in this Event and is subject to further disciplinary actions as prescribed below.
- B. The use or possession of tobacco or vapes, or tobacco products.
- C. Any physical damage to facilities, equipment, furnishings, or loss of items in a room where I am lodged, which will be paid for by those individuals assigned to the room in which the damage or loss occurs, including willful destruction of property (including that caused by horseplay, fighting, etc.)
- D. Any act considered being an offense under federal, state, or local laws; or a violation of the applicable rules, regulations, or codes of MISSOURI USA WRESTLING, USA WRESTLING, or the organizer of an Event in which I participate.
- E. Gross misconduct (i.e. inappropriate horseplay, theft, fighting, etc,)

- 7. I realize and understand that if I violate this Code of Conduct I will be subject to disciplinary action in accordance with the disciplinary procedures of MISSOURI USA WRESTLING. I also understand while I am in attendance at an Event, discipline may be imposed by the team or delegation leader or other responsible person(s) at the Event. The consequences of my actions could possibly affect my opportunities to participate for MISSOURI USA WRESTLING and my membership in MISSOURI USA WRESTLING in the future. Disciplinary action could include, but not by way of limitation, any one or more of the following:
- A. Dismissal from a MISSOURI USA WRESTLING delegation.
- B. Expulsion from an Event and being sent home immediately, or other restrictions on activities.
- C. Denial of participation in future Events.
- D. Requirements to issue written or verbal apologies.
- E. Suspension or expulsion from MISSOURI USA WRESTLING or from MISSOURI USA WRESTLING programs and activities.

I recognize that this Code of Conduct does not establish a complete set of rules, which prescribes every aspect of appropriate behavior.

MISSOURI USA WRESTLING

2023 CADET NATIONAL/JUNIOR NATIONAL TOURNAMENT

I have read the code of conduct and understand that I will be held responsible for any violations of this code. Further, I accept any disciplinary measures as deemed appropriate by Missouri USA Wrestling and accept to reimburse Missouri USA Wrestling for any financial responsibilities due to these disciplinary measures.

| | Date |
|------------------------------|------|
| Athlete's Signature | |
| | Date |
| Parent or Guardian Signature | |

2023 CADET NATIONAL/JUNIOR NATIONAL TOURNAMENT

TRANSPORTATION RELEASE

| I hereby give my permission for my child, | | to travel via |
|---|-----------------------|-------------------|
| motor coach with Team Missouri to participate as a member | er of Team Missouri. | Missouri USA |
| Wrestling in connection with the 2023 National Wrestling To | ournaments sponsor | s this trip. In |
| signing this agreement, I hereby release and waive any cla | ims with respect to a | any loss incurred |
| during or in connection with this trip to USA Wrestling, Miss | souri USA Wrestling, | , Inc., or the |
| Officers, Directors, or membership of Missouri USA Wrestl | ing, Inc. | |
| | | |
| | Date | |
| Athlete's Signature | | |
| | | |
| | Date | |
| Parent or Guardian Signature | | |

| of 2 | Signatus of Parentor Granda i Page 1 of 2 | Name | | Style |
|---|---|---|--|-------------------|
| | Signative of Partisipant | Please indicate another person to call in case of emergency | POPPOSE (III I I NO POPPOSE SIGNATURA CONTROLLA CONTROLL | Age-Group |
| | Print Name of Participant | | pían to participate at the listed Event above. | plan t list |
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| - List an) med unk | medical treatment. Exceptions — List any medical procedures that you do not want performed unless specific approval is received: | fryes, please list medication(s) | Birth Date | Phone |
| nd cons | related to such treatment. Adult athletes hereby authorize and consent to emergency | | Zip | State |
| be delay physician efforts w | that treatment of my child will not be delayed, I consent to any medical procedures that the physician believes my child needs, on the understanding that efforts will continue to be made to reach me. I apoce to responsibility for all costs be made to reach me. I apoce to responsibility for all costs. | Presently on any medication? | | City |
| e, needs | If my child, named above, needs medical treatment during this event, it is my wish that the necessary treatment he initiated while offers are being made in contact me. So | Phone | | Address |
| edical pro I treatment permaner eatment. | that the contraded before any medical procedures are begun, unless immediate medical treatment is necessary to save my childs if a or prevent permanent injury, in which event i authorize all necessary treatment. | Family Doctor | | USAW Card# |
| | Check one: | Address | | • |
| e, particu To avoid e of the o r signatur | and even dangerous to the athlete, particularly if the parents cannot be reached immediately. To avoid such delays, the parent/guardian should check one of the options below and endorse the selection with his/her signature. | Policy# | | |
| from the jated by jated by ir permis prove un | Without this signed authorization from the parent duardian, hospitals in many states are obligated by Jaw to delay freatment of a come stant's injury or illness until the parents can be reached by telephone and their permission granted to begin treatment. Such a delay can prove unnecessarily painful | Name of Primary Insurance Company | (Pease Print Ceany) | EVENT NAME |
| of mi | Parent or Guardian of minor must read and complete the following: | MEDICAL CONSENT | USEL Willesselling Analy Form | רוצאר הווו |
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CONSENT AND RELEASE FORM

h consideration for the opportunity to participate at a USA Westling, Sandtoned another Official Champtorist p Event (the Event') the undersigned and hister parent or guardian, if applicable ("Participant") hereby achonomic gost that the "Event' and related and thise and performance, may be televised live and/or videotaped for broadlast, cable cast, frome video entertainment and/or any other use or distribution (collectively. "Ussermation") in a manner not inconsistent with applicable nules or The Unfeel States of Americal Winestling, Association, hereby the states (Association) and brethey consents that USAW, for purposes of USAW and hereby consents that USAW, for purposes of USAW and hereby consents that USAW, for purposes of USAW and hereby consents and orbital events and arbitates, and any preference in national, production company or any other parties with which USAW has agreement to the such purpose, and other their licentees, shall have the right, without any compensation to participant, to use Participant is name, protograph, image, liteness, hotgraphy and accomplishments and displays of wirestling ability in any Ussermation of the Event is a part (provided that none office above shall be used in such fashion or as to constitute an endocrament of any commercial product). Participant agrees, for and on behalf of Participant and Participant's heirs, personal expresentatives, administrations, and Participant's heirs, personal expresentatives, and ministrations, and Participant's heirs, personal expresentatives, and ministrations, and the propriets and levenses from any daminot any nature based upon or arising out of any Ussermation or or other propriets and both by this Consent and Release.

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ASSUMPTION OF RISK, CODE OF CONDUCT & RELEASE OF LIABILITY WAIVER

Signative of Parentor Grandan

Date

IN CONSIDERATION FOR the apportunity to participate in the EVENT described below, PARTICIPA NT acknowledges, agrees and affirms the following:

- The following words used in this document will have the

- A. "EVENT stalmean any USA when thing Sanctoned and/or Official Championning Ewelt."

 B. "USAW" stalmean The United States of America Wresting Association, inc., do.de. USA wiresting, inc., and its directors, office is, members, amplyines, officials, commitmee, click, affiliates, agent and the istocessor and assigness.

 C. "EVENT ORGANIZER" stalmean alonb, tocallogate Englishment of the Committee or any other person one this reports to but forting, conducting, and/or reports to the processor and assigness.

- D "PARTICIPANT" stall meat the stude is predictional vision own persons in nouved in the EVENT and the Astropare is, egally and task, tells, personal representatives and the instruces occors and astropares, stall mean and include any bodily intry, personal in the control of personal in the personal intry personal introducement. Temporary, brain or personal obsolity, personal of the control of the means the introducement.

- F. PROPERTY DANAGES Is all holice damage or extended to the participant of partic
- . By issuing a sanction for the EVENT, US AW is not responsible or liable for the management or conduct of the EVENT, unless US AW has otherwise expressly agreed in writing to serve in such role.
- . PARTICIPANT understands and appreciates the risks of senous injury that may ocour in the sport of wrestling or in the course of preparing for, participating in and travelling to or from the EVENT; and that such activities may involve risks, including PERSONAL INJURY.
- PARTICIPANT knowingly and voluntarily assumes all such risks of LOSS and all legal and financial responsibility there-bre.
- 5. USA Westling (USAW) is committed to providing a safe environment for its members, participants, coaches, officials and volunteers and to prevent abusive conduct and harassment in any form while participanting in the advintees of USAW. USAW promotes good sportsmanship throughout the organization and encourages qualities of including stepped, courteys and tolerance in all members, participants, coaches, officials, staff and volunteers. USAWardworders building strong self-image rangoe less likely targets for abuse or harrassment, similarly, they may be less likely to engage in abuse or to harrass or bully others around them.

To this end, USAWhas established the following guidelines of behavior. All marrhers of the organization, as well as parents, spectators and other invitees are expected to observe and athere to these guidelines, spectators and other invitees are expected to observe and athere to these guidelines.

Here sement and abuse are defined in various courses such as state law, case law, sports organization and professional association pooles of combute and training manulas, compared and pushess workplace documents and humaningfits commission materials. USAWhas not adopted any specific definition of harassment or abuse, thososing instead to definition of harassment or abuse, thososing instead to definition of coperating on the circumstances. As further elaboration of examples given above, the following generally describe conduct that may be considered harassment or abuse:

"Anylimproper or inappropriate comment, action or gesture directed toward a person or group that is related to race, athnicity, national origin, religion, age, gender, sexual orientation disability or other personal characteristic.

-Creating an environment through behavior or course of conduct that is insulting, intimidating, humiliating, demeaning or offensive.

Harassmert usually occurs when one person ergages in abusile behavior or as sents unwarranted power or authority over another, which are iterated or not, and may include, for example, name-calling, threats, belitting, unwelcome advances and requests for exautal troots (as well as undeer pressure to perform or succeed).

Harassmert includes polid abuse.

- Child abuse can include physical contact - or the threat of it—that straticially vauses bodily harm or injury to a child. This may include for example, ithing, straking, kinding, storing, trooting an affecte to wrestle when injured or mandating excessive exercises as a form of purishment. It may also include touching for the purpose of causing sexual arousal or gratification that involves a child, rape, noest, frodling, exhibitionism and sexual exploitation. It may also include chronic attacks on a child self-eatem, such as psychologically destructive behavior consisting or individing, screaming, swearing, radst comments, threatening, staking, hazing and isolating.

- 6. PARTICIPANT releases, waives any claims and promises not to sue the EVENT ORGANIZER and/or USAN with respect to any LISS incurred during or in connection with his/her participation in the EVENT, any activities associated with the EVENT and he conduct and management of the EVENT (Including as marriesall from the negligence of the EVENT ORGANIZER), except any LISS which is the result of gross negligence and/or willful or warron insponduct by the EVENT ORGANIZER. PARTICIPANT wither agrees to hold harm-less and indemnify the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/ from any dainer brought against the EVENT ORGANIZER and/or USAN/
- . Prior to participating in the EVENT, PARTICIPANT shall have the night to inspect the facilities and equipment to be used and, if PARTICIPANT discovers any condition which beather and, if PARTICIPANT discovers any condition which the necessary of the participant will immediately orase EVENT officials to be notified of such conditions and will not participate in the EVENT so long as such conditions and will not participate in the EVENT so long as such conditions. tion exists

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Page 2 of 2

Authorization for Minor Participation in Abuse Prevention Training

I, the undersigned, certify that I am the parent or legal guardian of the below named Minor Athlete). I understand that my permission and authorization is required in order for Minor Athlete to be trained in abuse prevention by taking the U.S. Center for SafeSport Training online (the "Training"). I also understand that Minor Athlete will not be permitted to register, take the Training, or become a member of USA Wrestling, unless I provide my permission by signing this Authorization. In connection with and in consideration of Minor Athlete's participation in the Training, I, on behalf of Minor Athlete and myself, my heirs, personal representative(s) and assign(s) hereby represent and agree as follows: 1) I agree to allow the Minor Athlete to attend and participate in the Training; 2) I authorize the release and disclosure of Minor Athlete's name, training date, national governing body, and other relevant information, as needed, to authorized third parties (e.g., the U.S. Olympic Committee, the U.S. Center for SafeSport, etc.) for the purposes of demonstrating that Minor Athlete has completed the Training; 3) I agree to release USA Wrestling and their respective officers, directors, employees, agents and volunteers from any and all liabilities, damages, losses and/or causes of action (collectively, "Claims") that I may or Minor Athlete may suffer or have, including without limitation, to our persons or property or both, which arise out of, are related to or in connection with, or occur during Minor Athlete's participation in the Training except to the extent any such Claims are caused by the gross negligence or willful misconduct of USA Wrestling; and 4) I agree that this Authorization shall be governed by the laws of the state of Colorado without giving effect to any choice or conflict of law principles, and if any portion of this Authorization is held invalid, the remainder of the Authorization shall continue in full force and effect. I certify that I am 18 years of age or older and the parent or legal guardian of the Minor Athlete. In addition, I certify that I have read, fully understand, and agree to the terms of this Authorization, and I sign it voluntarily with the full knowledge of its significance.

| | Minor Athlete Name |
|-----------|---------------------------------------|
| | Parent or Legal Guardian Printed Name |
| | Parent or Legal Guardian |
| Signature | Date |