

Last name:
First name:
Team:
Season:

In order to ensure that the principles of sportsmanship, fair play and mutual respect among players, coaches, officials, and spectators characterize all competition sponsored by the Oregon Soccer Club, the following Code of Conduct has been established. The Oregon Soccer Club expects that all players will maintain a high standard of conduct at all times and will enforce the standard firmly and fairly. This includes any competition or event in which Oregon Soccer Club uniforms are worn by players. The Board of the Oregon Soccer Club is the sole administrative body and is the final authority pertaining to policy and guidelines.

## STANDARD OF CONDUCT

1. Be a Good Sport Whether You Win or Lose. Show a positive attitude toward your teammates, coaches, game officials and spectators watching the game.
2. Respect Officials. Show respect and courtesy to game officials by following their instructions and directions. Refrain from addressing the game officials or commenting on their decisions before, during or after the game.
3. Respect Teammates, Coaches, and Opposing Players. Maintain control of your emotions, avoiding the use of abusive or profane language, taunting or humiliating remarks, and/or gestures and physical assault upon another player at any time. Respect the coaches and players of the opposing team and display sportsmanship at all times. At the conclusion of a game, be humble and generous in victory and proud and courteous in defeat.
a) Behavior: If you are disruptive, disrespectful or otherwise problematic during a game or practice, you will be given a warning. This warning will be clearly stated by the coach, who will identify the specific action that resulted in the warning. If you continue to be disruptive, you will be asked to sit out the remainder of the game/practice, allowing your teammates to play/practice without distraction. You will be expected to remain at the game/practice on the sidelines. At the conclusion of the game/ practice, the coach, you and your parents or guardians will determine a time to discuss the situation. If you are asked to sit out during a game/practice, the playing time policy (see No. 5 below) may be void for your next game and becomes the coach's discretion. If you are asked to sit out two practices in a week, you will not be allowed to participate in the team's third practice of the week and playing time in the next game will at the coach's discretion. Players are expected to attend such games and support their teammates in a positive manner.
b) Attendance: If you are unable to attend a practice or game, the coach or team manager must be notified ahead of time, either by email or phone with an explanation. If you miss a practice without prior notice, the playing time policy may be void for your team's next game.
4. Follow the Rules. Your team, the league and soccer in general all have rules for practices and games. Practices and games are more fun and safe within the rules.

## 5. Playing Time.

a) Recreational teams, including Academy. Players share time on the field equally, as much as possible. Coaches should rotate players to various positions frequently to experience all positions on the field. Players play where the coach places them and understand they will get a chance to play every position, even positions they might not prefer to play.


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b) Competitive teams. Players shall play at least 50\% of each game. Players play at positions assigned at the discretion of the coach. Players should not demand to play or not play certain positions. You must remember that you are playing competitive soccer and the coach will play you where it is best for the team and for your individual development. Because the program goals include improvement of each participant's soccer skills and knowledge, coaches can, when appropriate, use game and practice situations to teach new positions to players. For younger (U11-U12 teams), coaches shall have players play multiple positions in games, for example: offense and defense, over the duration of the season.

I agree to abide by this Player Code of Conduct at all times.

Player Signature: $\qquad$ Date: $\qquad$

Parent Signature: $\qquad$ Date: $\qquad$

