

**May 12, 2016**

**To: KC Stars High School Hockey Families**

**From: Jim Krueger**

I want to first off thank all those who have reached out to me with all your kind words and with such enthusiasm. I'm excited to get this started and glad there is some excitement on the other side as well.

There have been a few questions that have come my way and I want to hopefully help shed some light on those.

### **Fall-Winter Practices**

Practices will be run with both JV and Varsity teams on the ice together. The days, times and frequencies are still being decided on. My game plan is to utilize the ice time as best as possible to ensure we have a full team on the ice at each practice.

I am looking at 6-8 practices each month, depending on what is on the upcoming schedule for both teams. So if the Varsity has the weekend off and the JV has 2 games the JV might be on the ice 2 times that week while the Varsity skates just once. One day we might work with just the defenseman while the next we work with the forwards. Goalies will usually be on the ice for every practice.

Our practice times have not been set yet, but we are looking at utilizing the ice earlier on in the evening. However I am not ruling out the later ice times as I know a few of you have mentioned that has been the norm over the past few seasons. It is something we can discuss and do what is best and available for us as a whole.

### **Summer Ice Sessions**

I will be holding an 8 week practice session this summer on Wednesdays from 7:00-8:15pm June 8<sup>th</sup>-July 27<sup>th</sup>. This will be once a week at KCIC and will focus on the skills vital in the way hockey is played today. We will focus on puck movement drills with minimal body contact. There will be plenty of time to check once September rolls around. I want to keep everyone healthy and introduce them to the pace of hockey I am going to instill.

### **Summer meeting**

We will have a meeting June 8<sup>th</sup> right before the first night of the summer session. I will be happy to answer questions anyone may have. I will also give some insight to identify the direction I am looking to take this program in.

In the meantime feel free to reach out to me even if it is just to introduce yourself. You will find that I am a big communicator and want everyone in the know as much as possible.

I look forward to meeting everyone and am already bored without hockey so I'm ready to get the season underway.

Thank you,

Jim Krueger