

## ADAM CLAY'S BOY'S & GIRL'S SOCCER CAMP

**Director:** Adam Clay

**Date:** July 17-20

**Grades:** 1st - 8th (Day) & 4th - 12th (Residential/Commuter)

**Time:** 9:00 a.m. – 9:00 p.m. (day camp 9am-4pm)

**Price:** \$350 residential (all meals included), \$275 commuter full day (lunch & dinner), \$210 day camp (lunch only)

**Day Camp Details:** The day camp will focus on learning the proper ball skills as well as learning the mental and tactical side of how to play the game properly.

**Residential/Commuter Camp Details:** Designed for travel level soccer players with a camp focus on the individual's developmental needs; while also experiencing tactical and technical training based around the varied systems of play used at the high school and college levels. We also offer a specialized program and discounts for middle school and high school varsity and junior varsity teams that choose to do specific team training and compete as a team during organized camp competition.

**\*Both Camps will have college or professional coaches in charge of each group** with college soccer players assisting. Camp's also include pool time and other fun activities.



## For More Info or to Register

### Please Contact:

#### Penn State Harrisburg Athletics

777 W. Harrisburg Pike | Phone: 717-948-6744

Middletown, PA 17057 | Fax: 717-948-6777

E-Mail: [hbgathletics@psu.edu](mailto:hbgathletics@psu.edu)

Athletics Website: [athletics.hbg.psu](http://athletics.hbg.psu)

## CAMPS OVERVIEW



This summer, Penn State Harrisburg is offering summer camps for both boys and girls across six sports. The school will be conducting the camps under the leadership of its head coaches. Penn State Harrisburg is offering a variety of packages, including overnight and commuter programs, some of which include meal options, as well as full day and half day outings, depending on the sport chosen. Aspects of each sport will be covered, including skill-building, game situations and sportsmanship.

- **Penn State University employees receive a 10% discount.**
- **Scholarships up to 50% off are available if your family qualifies for the "Free and Reduced Meal Program."**
- **Two or more participants from the same immediate family are eligible for a 10% discount.**
- **Two or more participants from the same sports team/club are eligible for a 10% discount.**
- **You must contact us at [hbgathletics@psu.edu](mailto:hbgathletics@psu.edu) or call 717-948-6744 to receive these scholarship/discount codes.**
- **For camp information or questions, please contact [hbgathletics@psu.edu](mailto:hbgathletics@psu.edu) or call 717-948-6744.**



Meals provided at Stacks Market

# PENN STATE<sup>®</sup> HARRISBURG



## 2016

## Summer Sports Camps



## FEATURED CAMPS:

- \*Adam Clay's Soccer Camp
- \*Penn State Harrisburg Girls' Basketball Camp
- \*Don Friday's Boys' Basketball Camp
- \*Penn State Harrisburg Tennis Academy
- \*Penn State Harrisburg Baseball Camp
- \*Tonya Dengler's Softball Camp
- \*Penn State Harrisburg Speed, Agility, and Conditioning Boot Camp

## DON FRIDAY'S BOYS' BASKETBALL CAMP

**Director:** Don Friday  
**Dates:** June 19—22 & June 26—29  
**Grades:** 1st—8th & 5th—12th  
**Time:** 8:45 a.m. - 8:45 p.m.



**Price:** \$370 residential (all meals included), \$290 commuter full day (lunch & dinner), \$230 (commuter part day (lunch only))

Penn State Harrisburg's head men's basketball coach Don Friday brings together outstanding coaches and educators to participate at the college's basketball facility. Campers will receive individual attention with an emphasis on improving fundamental skills. Players come in all ages, sizes and abilities. Sessions are structured to meet each camper's individual needs, regardless of skill level.



## LEARN 2 LEAD GIRLS' BASKETBALL CAMP

**Director:** Ross Patrick  
**Date:** July 25-28  
**Grades:** 1st—8th  
**Time:** 9:00 a.m.- 4:00 p.m.  
**Price:** \$235 (lunch included)



A girls' basketball camp that is more than just basketball drills and skill development on the court. At "Learn 2 Lead" your daughter will learn about building relationships among teammates, coaches, and parents. We have guest speakers that will challenge your daughter to become a better student, sibling, and person all adding up to a well rounded basketball player and teammate. Do you have a desire for your daughter to improve her LEADERSHIP IQ as well as her BASKETBALL IQ, then this is the camp! Come learn how to win on and off the court at Penn State Harrisburg's "Learn 2 Lead" girls basketball camp!

## TOTAL TENNIS TRAINING "LITTLE LIONS"

**Director:** Becky Cecere  
**Dates:** June 13—17 & June 27—July 1  
**Grades:** 4th-8th  
**Time:** 9:00 a.m. - 12:00 p.m.  
**Price:** \$130



Tennis Academy for Little Lions is designed for all players who have the desire to learn the game, as well as those more advanced players who have had some instruction. For the novice player, fundamentals, mechanical techniques and introductions to footwork and court sense will be taught. For the advanced player, technical and tactical improvement, speed and footwork, shot selection and offense/defense will be highlighted.

## TOTAL TENNIS TRAINING "FUTURE NITTANY LIONS"

**Director:** Becky Cecere  
**Dates:** June 20—24 & July 11—15  
**Grades:** 6 -12  
**Time:** 9:00 a.m. - 12:00 p.m.  
**Price:** \$150



Tennis Academy is designed for the older or higher level player who is looking to join the high school tennis team and/or perhaps play in college. The focus will be on technical improvement, speed and footwork training, shot selection, offense-defense, as well as strengthening basic tennis fundamentals. Information on the expectations for high school and college play will be discussed, as well as an overview of college recruiting and how the collegiate game differs from the high school experience.

## TONYA DENGLE'S SOFTBALL DAY CAMP

**Director:** Tonya Dengler  
**Date:** June 27 — July 1  
**Grades:** 1st — 8th  
**Time:** 9:00 a.m. - 3:00 p.m.  
**Price:** \$ 210 (lunch included) \$170 (bring lunch)



Instructed by Penn State Harrisburg head coach Tonya Dengler and staff, campers will participate in a variety of drills and activities to improve fundamental skills as well as teach sportsmanship, leadership and teamwork. Daily instruction focuses on the development of skills including throwing, batting, pitching, fielding and base running. Campers will receive individual instruction, play team games and face live competition daily.

## PENN STATE HARRISBURG BASEBALL CAMP

**Director:** Ryan Bown  
**Date:** July 11-14 (Rain Date July 15)  
**Grades:** 1st — 12th  
**Time:** 9:00 a.m. - 4:00 p.m.  
**Price:** \$200 (lunch included)



Participants will learn fundamentals as taught by Penn State Harrisburg head coach Ryan Bown, assistant coaches and Penn State Harrisburg student-athletes. All facets of baseball will be covered, including hitting, throwing, fielding, pitching, catching, base running, bunting, game situations and more. Campers will receive individual instruction while participating in drills, games and live competition.



## SPEED, AGILITY, AND CONDITIONING BOOT CAMP

**Director:** Danielle Lynch  
**Dates:** July 13 - July15  
**Grades:** 1st — 8th  
**Time:** 9:00 a.m. - 1:00 p.m.  
**Price:** \$115



Coach Lynch's Youth Fitness Boot Camp is a three day camp that promotes confidence, athletic development, and general fitness in a fun and supportive manner. Each day, campers participate in a variety of exercises, activities, and games that are aimed at improving their overall strength, speed, balance, agility, and endurance. Campers will receive individual attention with an emphasis on improving the fundamental skills associated with athletics. Sessions are structured to meet each campers individual needs, regardless of skill level. All campers will receive a snack each day as well as a camp t-shirt.